

Walnut Creek Spring Swim Clinic 2015

A great opportunity to improve stroke technique, learn advanced training methods and prepare for spring and summer competition.

When: March 9-26 (12 X 45 minute sessions total)

Where: Woodlands Swim Club in Walnut Creek

Time: 3:45-4:30 group 1
4:30-5:15 group 2

We will do our best to keep siblings in the same time slot but keep in mind that our priority is to place each swimmer in same ability groups to maximize the best instruction for all.

Days: Monday, Tuesday, Wednesday and Thursday

Cost: \$165 per swimmer

Coaches: BRAD HOY, TIM FREEMAN, SAM DIX

There will be a limited number of spots available as each group will have a maximum 7 swimmers per coach. All registration forms must be accompanied with full payment. Groups will be determined by ability and on a first come basis.

We will let you know via e-mail, which group your swimmer will be in once we receive enough applications for a specific ability group.

For more information please e-mail coach Hoy at coachbh@astound.net