

Sportsmen List

Name	Age	Profession	Height	Weight	Professional	Gender
Ivan	25	Programmer	1.80	75.0	true	M
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Bench Press	10	4	80.0	false	A	
Deadlift	8	3	100.0	false	A	
Treadmill	15	3	0.0	true	B	

Name	Age	Profession	Height	Weight	Professional	Gender
Alexandra	30	Footballer	1.70	65.0	false	F
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Squats	12	4	60.0	false	A	
Lunges	15	3	20.0	false	B	
Leg Press	10	3	100.0	false	A	

Name	Age	Profession	Height	Weight	Professional	Gender
Dmitry	22	Student	1.75	68.0	false	M
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Push-ups	20	3	0.0	false	B	
Jump Rope	60	5	0.0	true	C	
Lat Pulldown	12	3	50.0	false	B	

Name	Age	Profession	Height	Weight	Professional	Gender
Maria	28	Manager	1.65	60.0	true	F
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Treadmill Run	10	5	0.0	true	B	
Rowing Machine	10	3	0.0	true	C	
Kettlebell	15	3	16.0	false	B	
Swings						

Name	Age	Profession	Height	Weight	Professional	Gender
Sergey	35	Analyst	1.82	80.0	false	M
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Bench Press	8	4	90.0	false	A	
Lat Pulldown	12	3	70.0	false	B	
Leg Press	15	3	100.0	false	B	

Name	Age	Profession	Height	Weight	Professional	Gender
Olga	26	Lawyer	1.68	58.0	true	F
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Elliptical Trainer	15	5	0.0	true	C	
Goblet Squats	12	3	12.0	false	B	
Rowing Machine	15	3	0.0	true	C	

Name	Age	Profession	Height	Weight	Professional	Gender
Nikolay	40	Engineer	1.78	85.0	true	M
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Chest Fly	12	4	15.0	false	A	

Name	Age	Profession	Height	Weight	Professional	Gender
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Seated Row	10	3	80.0	false	B	
Leg Press	15	4	90.0	false	A	

Name	Age	Profession	Height	Weight	Professional	Gender
Elena	23	Teacher	1.60	55.0	false	F
Exercises						
Exercise Name	Reps	Sets	Weight	Is Timed	Difficulty	
Jump Rope	60	5	0.0	true	C	
Bodyweight	15	4	0.0	false	B	
Squats						
Shoulder Press	10	3	10.0	false	B	