Pandemia: Default Health Model



October 27, 2022

Introduction

Epidemic models typically represent health using discrete states. In a typical compartmental model, the population is partitioned into subsets, labelled *Susceptible*, *Infected*, *Recovered* and *Dead*. These compartments can then be subdivided, and new compartments added, to produce increasingly complicated models.

This approach runs into difficulties once partial immunity is introduced, since the compartmental label *Recovered* then becomes ambiguous. It runs into further difficulties once multiple strains of the pathogen are introduced, since then the label *Susceptible* becomes ambiguous.

Pandemia therefore dispenses with the compartmental framework altogether, taking an entirely new approach to modelling individual health. In Pandemia, the health of an individual is described by five attributes:

- Strain
- Disease
- Infectiousness
- Immunity (outer layer)
- Immunity (inner layers)

The immune system is represented using layers, with the outer layer determining whether or not an infection is blocked, and the inner layers determining the outcome for infections that are not blocked. A key innovation of Pandemia is that, for each individual, these five attributes are stored as *functions*.

Variables

The value of an attribute at time t is given by evaluating the corresponding function at time t. During a simulation, the following variables store the values of these functions at the current time:

- current_strain
- current_disease
- current_infectiousness
- current_sigma_immunity_failure
- current_rho_immunity_failure

The prefix sigma_ refers to the outer layer, while the prefix rho_ refers to the inner layers.

current_strain

For individual n, the variable

indicates whether or not individual n is infected, and if so with which strain. The variable is an integer, taking values in the range

$$\{-1, 0, 1, 2, \ldots, S-1\}$$

where S denotes the number of strains. If the individual is not infected, then

$$current_strain[n] = -1.$$

We assume that individuals can only be infected with one strain at a time.

current_disease

For individual n, the variable

indicates the extent to which individual n is diseased. The variable is a float, taking values in the range [0,1]. If the individual has no disease, then

$$current_disease[n] = 0.$$

If the individual is dead, then

Values close to 1 represent severe illness, values close to 0 represent mild illness. Values above a threshold represent symptomatic illness, values below the threshold represent asymptomatic illness.

current_infectiousness

For individual n, the variable

current_infectiousness[n]

indicates the extent to which individual n is infectious. The variable is a float, taking non-negative values. If the individual is infected but not infectious, then

$current_infectiousness[n] = 0.$

If the individual is infected, then increasing the value of this variable increases the probability that the individual transmits strain current_strain[n] to other individuals.

current_sigma_immunity_failure

For individual n and strain s, the variable

current_sigma_immunity_failure[n][s]

represents the probability that the immune system of individual n fails to prevent an infection when confronted with strain s. Being a probability, this variable is therefore a float taking values in the range [0,1]. Since this variable stores a failure probability, values closer to 0 represent higher levels of protection.

current_rho_immunity_failure

If an infection has occurred, then sigma immunity has failed and the pathogen has made it past the outer layer of defence. It now confronts a number of internal layers. Each layer has a probability of failing to stop the pathogen, with the outcome of the infection getting progressively worse the deeper the pathogen penetrates. This binary tree structure allows the user to parametrize, for example, the efficacy of a vaccine against symptomatic illness, severe illness and death. If the pathogen passes through all but the last internal layer, which is impenetrable, then the individual experiences the worst possible outcome.

For example, suppose the model is configured in such a way that there are two internal layers. Then, for a given individual, infected with a given strain, there are two possible outcomes. If the first internal layer fails to stop the pathogen, the outcome will be the latter of the two outcomes. If the first internal layer is successful, then the outcome will be the former of the two outcomes. These two outcomes could, for example, be configured to represent mild and severe illness.

More generally, suppose the model is configured in such a way that there are R internal layers (and therefore R possible outcomes). Then, for individual n and strain s, the variable

current_rho_immunity_failure[n][s]

gives an array of probabilities, of length R, corresponding to the *failure* probabilities of each layer. If a pathogen makes it past layer r, then it moves on to face layer r+1, else the individual gets outcome r. Since the last layer is impenetrable, the final entry in this array is always set equal to 0, meaning that the last layer never fails to stop the pathogen. This procedure is completed immediately after infection.

While sigma immunity determines whether or not an infection occurs, with rho immunity determining the outcome of that infection, to understand the outcomes themselves we must discuss the health_presets.

Presets and Updates

Pandemia determines the default response to an infection for each individual, for each strain, in advance of the simulation. In particular, if an individual has been assigned the preset response p, from the set of possible preset responses health_presets, then the object p[r] contains parameters which determine updates for each of the five health attributes described above, corresponding to outcome r.

For example, suppose that our model features two strains and two internal layers. Then the object p[r] may look as follows:

```
rho_immunity_failure:
  [[[[-1, 5, 30], [[1.0, 0.0], [0.25, 0.0], [1.0, 0.0]]],
    [[-1, 5, 30], [[1.0, 0.0], [0.50, 0.0], [1.0, 0.0]]]],
   [[[-1, 6, 30], [[1.0, 0.0], [0.50, 0.0], [1.0, 0.0]]],
    [[-1, 6, 30], [[1.0, 0.0], [0.25, 0.0], [1.0, 0.0]]]]]
sigma_immunity_failure:
  [[[[-1, 5, 30], [1.0, 0.25, 1.0]],
    [[-1, 5, 30], [1.0, 0.50, 1.0]]],
   [[[-1, 6, 30], [1.0, 0.50, 1.0]],
    [[-1, 6, 30], [1.0, 0.25, 1.0]]]]
infectiousness:
  [[[-1, 0, 3, 5], [0.0, 0.0025, 0.0075, 0.0]],
   [[-1, 0, 3, 6], [0.0, 0.0055, 0.0085, 0.0]]]
disease:
  [[[-1, 0, 5], [0.0, 0.2, 0.0]],
  [[-1, 0, 6], [0.0, 0.3, 0.0]]]
strain:
  [[[-1, 0, 5], [-1, 0, -1]],
   [[-1, 0, 6], [-1, 1, -1]]]
```

The numbers in these arrays encode step functions. For example, the pair of arrays [[-1,0,5], [0.0,0.2,0.0]] encodes the step function f given by

$$f(t) = \begin{cases} 0.0 \text{ for } t < 0\\ 0.2 \text{ for } 5 > t \ge 0\\ 0.0 \text{ for } t \ge 5 \end{cases}$$
 (1)

Suppose in the example that individual n has just been infected with strain 0, and that the infection has resulted in outcome r, with p[r] as above. Then the variable current_strain[n] will take the value 0 for the next 5 days, at which time it returns to the value -1, indicating that the individual is no longer infected. The variable current_disease[n] will take the value 0.2 for the next 5 days, at which time it returns to the value 0.0, indicating that the individual has recovered. The variable

current_infectiousness[n] will take the value 0.0025 for the next 3 days, followed by 0.0075 for 2 days, after which time it returns to the value 0.0, indicating that the individual is no longer infectious.

Updates to the sigma and rho immunity variables are more complicated. The immunity variables are updated via the operation of function multiplication. Recall that the immunity functions store probabilities of failure, so the product of such functions give the probabilities of failure for overlapping immune responses, assuming independence.

Suppose in the above example that individual n has no immunity against either strain prior to infection. Assume that the infection with strain 0 occurred at time t. Then, after updating their immunity functions, the component of their sigma immunity function corresponding to strain 0 will be given by the step function

$$[-1, t + 5, t + 30], [1.0, 0.25, 1.0],$$

while the component corresponding to strain 1 will be given by

$$[-1, t + 5, t + 30], [1.0, 0.5, 1.0].$$

In particular, for 25 days following the end of their infection, the probability that their immune system fails to protect against another infection by strain 0 is improved from 1.0 to 0.25, after which it returns to 1.0, representing a loss of immunity. The probability that their immune system fails to protect against an infection by strain 0 is improved from 1.0 to 0.5, after which it returns to 1.0, representing a loss of cross immunity.

Suppose now that at time t+10 individual n is again infected by strain 0. Then between times t+10 and t+15, the three variables describing their current strain, disease and infectiousness will be updated as before. But the component of their sigma immunity function corresponding to strain 0 will now be subject to appropriate multiplication, after which it will be given by the step function

In particular, between times t + 15 and t + 30 there are overlapping immunity responses, so that in order for a third infection to occur by strain 0, the pathogen must overcome the immune response generated by the first infection and the immune response generated by the second infection. Our assumption is that these events are independent, hence the multiplication of probabilities.

Updates to rho immunity are similar, except that these functions are now array-valued, these arrays corresponding to the failure probabilities for each internal layer, so the functions must be multiplied component-wise.

For a preset p and outcome r, while the components of p[r] corresponding to strain, disease and infectiousness are vectors, each containing precisely S functions, where S is the

number of strains, the components corresponding to rho and sigma immunity are matrices, containing precisely $S \times S$ functions, the additional dimension accounting for possibility of cross-immunity, as in the above example.

Transmission

For a location l in region i, we define:

$$p_l := \left(1 - \prod_{m \in l} (1 - f_m)\right)$$

where $m \in l$ means all individuals m currently in location l, with

$$f_m := \omega_m \nu_m \mu(i) \lambda(l) \beta(s_m).$$

Here

- ω_m is the current face mask multiplier associated to individual m, which takes the value 1 if they are not wearing a face mask, and some number smaller that 1 if they are:
- ν_m is the current infectiousness of individual m;
- μ is a multiplier depending on the region i, reflecting for example seasonal changes in transmission that act on the regional level;
- λ is a multiplier depending on the location l, reflecting the fact that some types of location might be less conducive to transmission than others;
- β is a control coefficient depending on the strain s_m that individual m is currently infected with, if any.

For each susceptible individual n in location l, with current face mask multiplier ω_n , the probability that they are exposed at this time is then assumed to be $\omega_n p_l$. If such an individual is exposed, then to determine which strain they are exposed to, we assume the expression

$$\frac{\sum_{\{m\in l: s_m=s\}} f_m}{\sum_{\{m\in l\}} f_m}$$

gives the probability that they are exposed to strain s. Given this exposure, the probability that they are actually infected with strain s is then σ_{ns} , the current sigma immunity of individual n against strain s. The outcome of this infection is then determined by the rho immunity of the individual, according the procedure outlined in the previous subsections.

SIR Rescaling

If the option sir_rescaling is set to True, then the transmission probabilities are rescaled in such a way that approximates the homogeneous mixing of standard compartmental

models. Moreover, this option allows for the activation of a mixing matrix, that can be used to describe mixing between population subgroups, for example age groups.

For example, suppose we have only one region, one location, one strain and no face masks. Suppose that $\nu_m = 1$ if m is infected, with $\nu_m = 0$ otherwise. Denote by N_a the number of people in group a and by h the step size. Then the rescaling factor for the transmission probabilities becomes h/N_a . In particular, denoting by m_{ab} the mixing between groups a and b and by I_b the number of currently infected individuals in age group b, for an individual n in group a(n), we have:

$$p_n = 1 - \prod_b \left(1 - \frac{h\beta m_{a(n)b}}{N_b} \right)^{I_b}$$

$$\approx 1 - \prod_{b \in A} \exp\left(-\frac{h\beta m_{a(n)b}I_b}{N_b} \right)$$

$$= 1 - \exp\left(-\sum_b \frac{h\beta m_{a(n)b}I_b}{N_b} \right)$$

$$= 1 - \exp\left(-h\beta (MI)_{a(n)} \right)$$

where $M_{ab} := m_{ab}/N_b$ is the normalized mixing matrix. This is consistent with a standard compartmental model, since the expected number of new infections in age group a at time t then satisfies the approximation

$$\mathbb{E}\left[\frac{S_a(t+h) - S_a(t)}{h}\right] \approx -S_a(t) \left(\frac{1 - \exp\left(-h\beta(MI(t))_a\right)}{h}\right)$$
$$\approx -\beta S_a(t)(MI(t))_a.$$

In particular, with only one population subgroup we have M=1/N, therefore recovering the first equation

$$\frac{d}{dt}S(t) = -\beta \frac{S(t)I(t)}{N}$$

of the SIR model. With exponentially distributed recovery times, and no reinfection, we recover the remaining equations, and therefore arrive at a stochastic approximation of the SIR model.

With the option sir_rescaling set to True, the default health model is therefore a stochastic individual-based generalization of the SIR model. On the other hand, with the option sir_rescaling set to False, the transmission probabilities are not divided by the number of individuals in each location, meaning that adding susceptible individuals to the location of an infected individual does not dilute the infectiousness of that individual, as it does under the SIR rescaling. For example, if Alice and Bob are riding a bus, and Bob is infectious, then under the SIR rescaling the probability that Alice is infected by Bob decreases if more susceptible people get on the bus. This may not be realistic, so by default the rescaling is set to False.