

Panithan Sriboriboon

A diet problem

- Polly wonders how much money she must spend on food to get:
 - 1. Energy 2000 kcal
 - 2. Protein 55 g
 - 3. Calcium 800 mg

Food	Serving size	Energy (kcal)	Protein (g)	Calcium (mg)	Price per serving (cents)
Oatmeal	28 g	110	4	2	3
Chicken	100 g	205	32	12	24
Eggs	2 large	160	13	54	13
Whole milk	237 сс	160	8	285	9
Cherry pie	170 g	420	4	22	20
Pork with beans	260 g	260	14	80	19

Serving per day limits

She would not be able to stomach more than serving per day limits

Food	Serving size	Serving per day limits	Energy (kcal)	Protein (g)	Calcium (mg)	Price per serving (cents)	
Oatmeal	28 g	4	110	4	2	3	
Chicken	100 g	3	205	32 12		24	
Eggs	2 large	2	160	13	54	13	
Whole milk	237 сс	8	160	8	285	9	
Cherry pie	170 g	2	420	4	22	20	
Pork with beans	260 g	2	260	14	80	19	

Trail and error is not particular helpful here

To be systematic

The meal order must satisfy serving per day limits:

1. $0 \le X_1 \le 4$ Oatmeal, no more than 4 serving

 $2.0 \le X_2 \le 3$

 $3. 0 \le X_3 \le 2$

 $4.0 \le X_4 \le 8$

 $5.0 \le X_5 \le 2$

6. $0 \le X_6 \le 2$ Pork with beans, no more than 4 serving

	Food	Serving size	Serving per day limits	Energy (kcal)	Protein (g)	Calcium (mg)	Price per serving (cents)
X_1	Oatmeal	28 g	4	110	4	2	3
<i>X</i> ₂	Chicken	100 g	3	205	32	12	24
<i>X</i> ₃	Eggs	2 large	2	160	13	54	13
<i>X</i> ₄	Whole milk	237 сс	8	160	8	285	9
<i>X</i> ₅	Cherry pie	170 g	2	420	4	22	20
<i>x</i> ₆	Pork with beans	260 g	2	260	14	80	19

Energy, protein, and calcium

Requirements for energy, protein, and calcium

1. Energy 2000 kcal
$$\longrightarrow$$
 $100X_1 + 205X_2 + 160X_3 + 160X_4 + 420X_5 + 260X_6 \ge 2000$

2. Protein 55 g
$$4X_1 + 32X_2 + 13X_3 + 8X_4 + 4X_5 + 14X_6 \ge 55$$

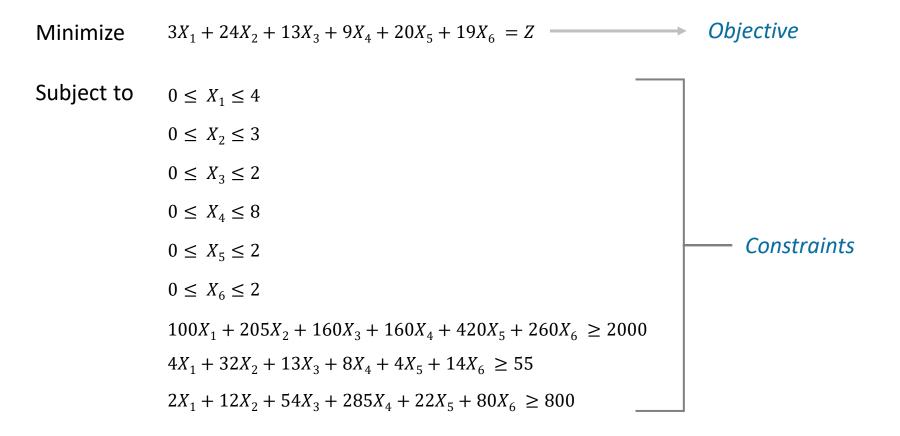
3. Calcium 800 mg
$$\longrightarrow$$
 $2X_1 + 12X_2 + 54X_3 + 285X_4 + 22X_5 + 80X_6 $\geq 800$$

4. Cost
$$3X_1 + 24X_2 + 13X_3 + 9X_4 + 20X_5 + 19X_6 = Z$$

	Food	Serving size	Serving per day limits	Energy (kcal)	Protein (g)	Calcium (mg)	Price per serving (cents)
X ₁	Oatmeal	28 g	4	110	4	2	3
X_2	Chicken	100 g	3	205	32	12	24
<i>X</i> ₃	Eggs	2 large	2	160	13	54	13
<i>X</i> ₄	Whole milk	237 сс	8	160	8	285	9
X ₅	Cherry pie	170 g	2	420	4	22	20
<i>X</i> ₆	Pork with beans	260 g	2	260	14	80	19

Small cost as possible

As data annalist, we consider that she wants to



Her problem known as a "diet problem"

Liner programing