Coming About (Tacking)

HELM:

- "Ready About?"
  - steers a closehauled course
  - makes sure it's clear to windward before turning

CREW:

- Active sheet (loaded)
  - gets ready to let go or cast off
  - replies "Ready Port/Starboard"
- Lazy sheet (unloaded)
  - gets ready sheet in
  - replies "Ready Port/Starboard"

HELM:

- "Helm's Alee!"
  - ensures it's clear to windward
  - picks landmark at ~90° and turns turns the boat

CREW:

- Active sheet
  - casts sheet off the winch as soon as the sail luffs
- Lazy sheet
  - pulls in and hardens sheet as it crosses the deck and clears the shrouds

HELM:

- Steers boat onto close hauled course, steering to telltales