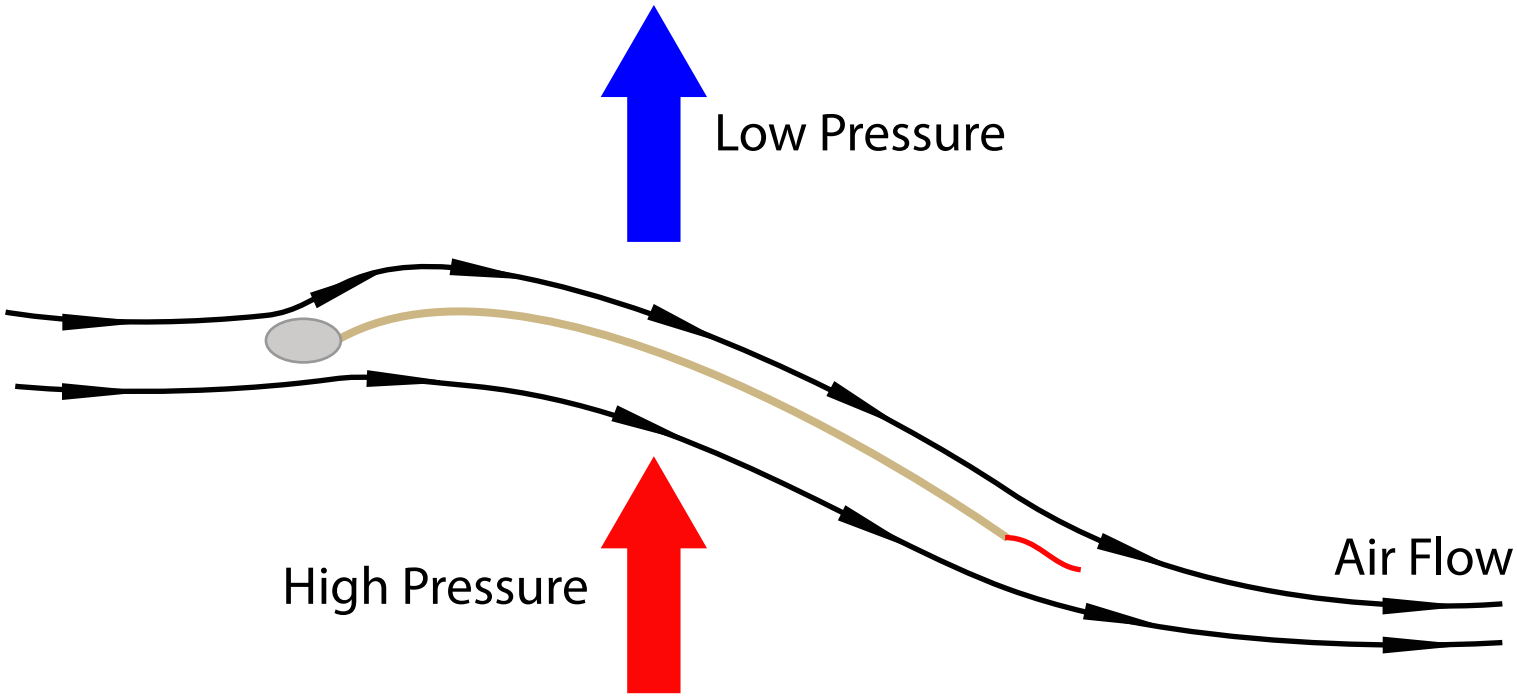
CARPE DIEM
SAIL TRAINING

Bernouli's Principle of Lift

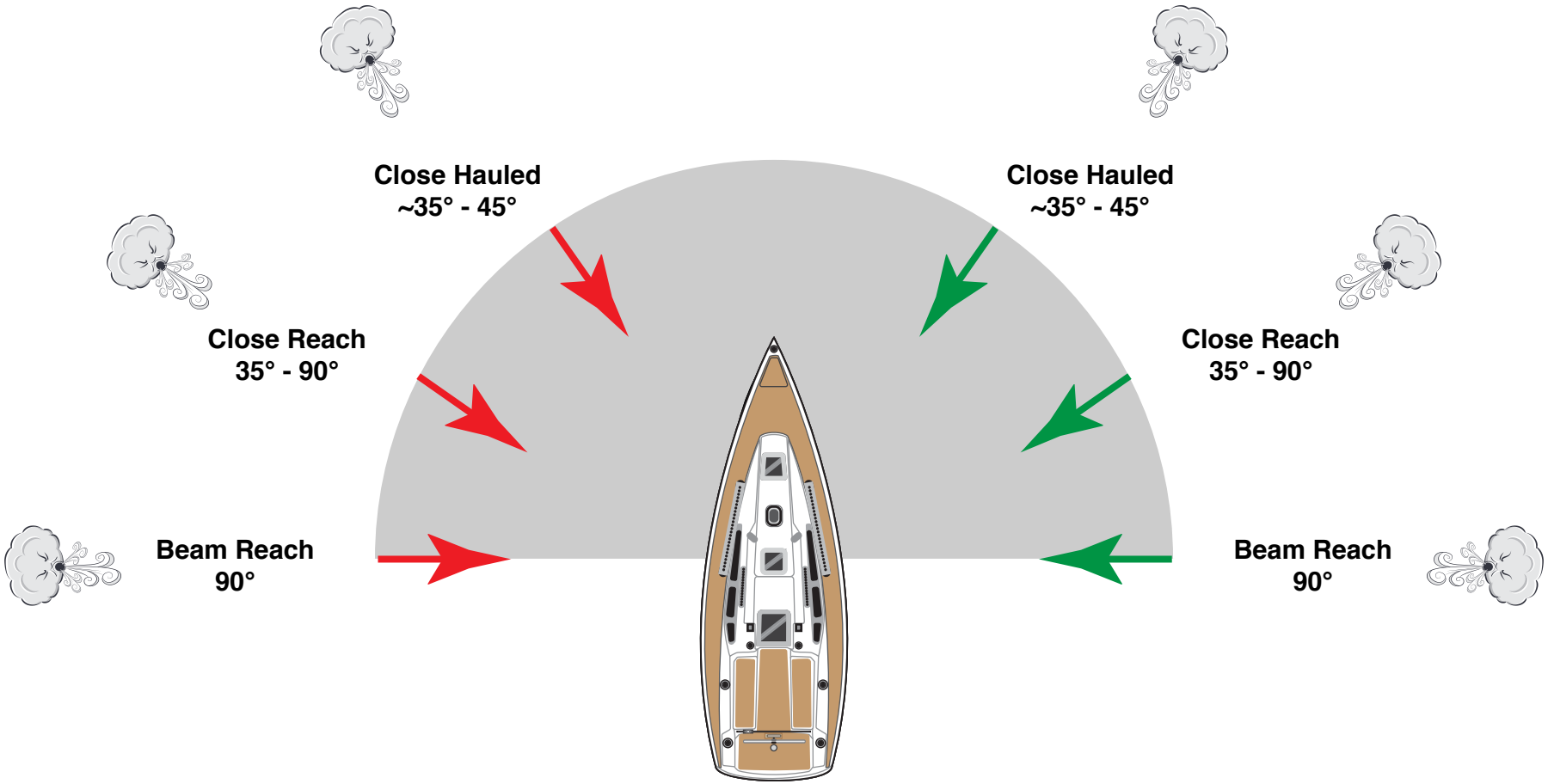


© Carpe Diem Sail Training

YouTube Ep 13: Sail Theory: https://youtu.be/kB2X5_6wrKQ

CARPE DIEM
SAIL TRAINING

Pull Mode

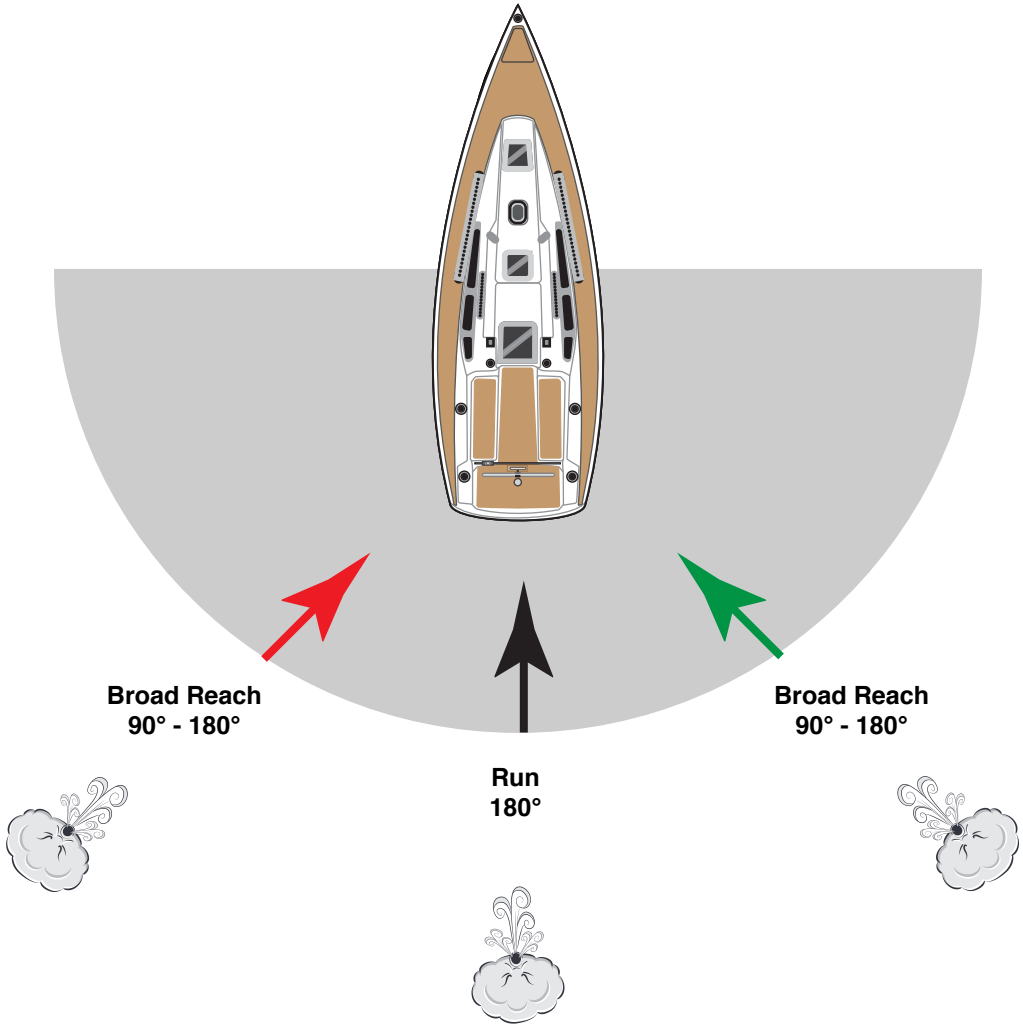


© Carpe Diem Sail Training

YouTube Ep 13: Sail Theory: https://youtu.be/kB2X5_6wrKQ

CARPE DIEM
SAIL TRAINING

Push Mode



© Carpe Diem Sail Training

YouTube Ep 13: Sail Theory: https://youtu.be/kB2X5_6wrKQ