



## Lowering the Mainsail

### **HELM:**

- “Ready to Lower the Main!”
  - slows the boat
  - steers head to wind

### **CREW:**

- Cockpit
  - ensures main hatch is closed
  - hardens mainsheet
  - eases boomvang & cunningham
- Forward
  - goes forward & stands by the topping lift (if topping lift is at the mast)
  - hardens topping lift as soon as mainsheet & boomvang are eased
  - prepares to flake the sail at the luff
  - “Ready Forward!”
- Cockpit
  - as soon as crew is clear of boom
  - eases mainsheet
  - “Ready!”

### **HELM:**

- “Lower the Main!”

### **CREW:**

- works together to lower and flake the main only at the luff
- once the sail is down, the mainsheet is hardened & the sail is flaked starting at the leech, moving forward to the luff