Classical Cosmology

WHAT DO WE KNOW ABOUT THE UNIVERSE?

Several satellites that we have sent there, outside¹, to the empty and cold darkness of space, have provided enough data to prove that any galaxy far away (and not so far away) from us is in a process of getting further away. On top of that, increasing their distance today even faster than yesterday. It could perhaps be due to the fact that the Universe itself sees human beings as a potential plague, and want to avoid us. Or could be because some sort of colossal multidimensional being decided to streach the fabric of spacetime itself, just for fun.

Nonsense apart, nowadays, the most accepted reason why the Universe is pushed apart in an accelerated manner is *Dark Energy*. Ah, wonderful. And what is *Dark Energy*? To explain this is still an open problem²³. But let us first step back more than a century ago, to understand the synthesis of our current understanding of Cosmology.

In 1915, good old Einstein published his theory of *General Relativity* (GR) [1]. The world did not become a better place due to this, but at least we were provided with a ridiculous powerful tool to describe low-energy gravitational events. In the following years after the publication, Friedmann, Hubble, Lemaître [] (among many others) used GR technology to describe the Universe as a whole. Their work set the foundations of what we call today *The Standard Model of Cosmology* (a.k.a. Λ -CDM model) []. This model is good enough to describe our current observations of the Universe. And not only that. If we reversed the observed expansion back to very close the beginning of everything, we could still have a really good description of the events happening in the almost newborn Universe. It has 3 really simple foundations:

- 1. Copernican: Our planet occupies no special position in the Universe.
- 2. *GR* + *Expansion*: Einstein equation describe gravitational dynamics with accuracy at low-energy physics and Hubble's discovery (The expansion of the Universe) in 1929 is correct.
- 3. *Perfect fluidity*: We can assume that all contents in the Universe behave as a perfect fluid.

Of course this model has its flaws, but we leave these downsides for future lines.

At really big scales, Copernican principle holds. No point in space occupies a special position. Wherever you sit at and look at, everything will be more or less the same. In technical words, this implies *homogeneity* and *isotropy*. Good, seems simple. Next step is to find a reliable way to measure distance, hence to be able to describe the geometry of spacetime. This is given by the *line invariant*, which takes the famous *FRLW* form, adequate to describe a Lorentzian signature spacetime with a high degree of symmetry as the one we seem to live in. This can be

¹Plus all evidence collected also from earth surface.

²A really big one. Or a small one?

³As one could say in Spanish, "Un problema nimio". Nimio is an adjective that can be used for both small and big.

written as:

$$ds^{2} = g_{\mu\nu}dx^{\mu}dx^{\nu} = -N^{2}(t)dt^{2} + a(t)^{2}\left(\frac{dr^{2}}{1 - kr^{2}} + r^{2}\left(d\theta^{2} + \sin[\theta]^{2}d\phi^{2}\right)\right),\tag{1}$$

Where N(t) is a lapse function and a(t) is the scale factor that describes the expansion (or contraction) of 3D spacial slices. Before we start talking about the spatial properties of previous line invariant (1), let us first discuss about the lapse function N(t).

This function is in charge of time reparametrization invariance. As we do not want to overcomplicate our computation, the most useful and convienent choices for N(t) are:

- N(t) = 1: This is the choice of *global time*. Add some explanation
- N(t) = a(t): This is the so-called *conformal time* gauge choice. This choice allows the observer to co-move with the expansion of the universe, even in the time coordinate, accounting for any funky effect... Add some explanation

The extra parameter we have not talked about yet is *k*. This has the power to change the topology of the spatial sections. It comes in three different flavours:

- k = 0: A quite boring case. No curvature, where spatial sections of the geometry are *flat*, like \mathbb{R}^3 .
- k = 1: With this value, spatial sections are *closed*, like in \mathbb{S}^3 .
- k = -1: Spatial sections are *open*, as in the hyperboloid \mathbb{H}^3 .

So the line invariant (1) allows us to describe a dynamical universe with different types of spatial curvature. But, what do we do with this tool? How do we get a specific equation(s) that explictly describe the evolution of the universe? It is at this point where Einstein equation have something to say.

AN EQUATION TO RULE THEM ALL

Einstein equation is an *Equation of Motion* (EOM) that captures the universe's dynamics and it is obtained by extremising the Einstein-Hilbert action with respect to variations of the metric $\delta g_{\mu\nu}$, which reads:

$$S[g_{\mu\nu},\phi_i] = \int d^d x \sqrt{-g} \left(\frac{R}{2\kappa_d^2} + \mathcal{L}_{mat}(\phi_i,\partial\phi_i) \right), \tag{2}$$

where \mathcal{L}_{mat} is the matter lagrangian of some fields ϕ_i , coupled to gravity and R is the Ricci scalar, which carries geometrical information. κ_d^2 encodes information about d dimensional Newton's gravitational constant as:

$$\kappa_d^2 = 8\pi G_d = M_{nl}^{2-d},\tag{3}$$

where M_{pl} is the Planck mass for d dimensions. As we are so far working out the classical cosmology scenario, we will stick to d = 4. To obtain Einstein equation, we just have to vary the action (2) with respect to $g_{\mu\nu}$ to obtain:

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = \kappa_4^2 \left(\mathcal{L}_{mat} g_{\mu\nu} - 2\frac{\delta \mathcal{L}_{mat}}{\delta g^{\mu\nu}} \right) = \kappa_4^2 T_{\mu\nu}. \tag{4}$$

The left hand side of (4) condense pure geometry information, while the right hand side stands for matter field contribution. This is packaged inside the *energy-momentum tensor* $T_{\mu\nu}$. As we are under the assumption that the universe is homogenous, isotropic and its content can be described as perfect fluid, the energy-momentum (EM) tensor becomes of the simple form:

$$T_{\mu\nu} = (\rho + p) u_{\mu} u_{\nu} + p g_{\mu\nu}, \tag{5}$$

where $u_{\mu}=(-N,0,0,0)$ is the fluid four-velocity, and (ρ,p) its energy density and pressure. These can be used to describe presureless matter (dust) or relativistic one (radiation), among others. As energy is a conserved quantity, so must be the EM tensor, i.e. $\nabla_{\mu}T^{\mu\nu}=0$.

From the clear relation between geometry and matter content in Einstein equation (4), Wheeler once stated: "Spacetime tells matter how to move; matter tells spacetime how to curve". For the specific FRLW metric (1) with N(t) = 1 (i.e. global time coordinate), the Einstein equation yields two equations as:

$$\frac{\dot{a}^2}{a^2} = \frac{8\pi G_4}{3} \sum_{i} \rho_i - \frac{k}{a^2},\tag{6}$$

$$\frac{\ddot{a}}{a} = -\frac{4\pi G_4}{3} \left(\sum_i \rho_i + 3p_i \right),\tag{7}$$

where $\frac{\dot{a}^2}{a^2}$ is the *Hubble rate H*, which measures the expansion of the universe (static when H=0). These are the *Friedmann equations*.

The first Friedmann equation (6) describes how the rate of expansion of the universe is governed by its content and topology, while the second equation (7) accounts for its accelaration. It is easy to observe that if the universe is expanding and faster everyday, this implies $\left(\sum_i \rho_i + 3p_i\right) < 0$ in eq (7). In order to obtain information about who can be responsible for this behaviour, we need to characterise different types of matter. The *equation of state* is in charge of that, as relates pressure to energy density as $\omega = \frac{p}{\rho}$. Any type of matter with $\omega > -1/3$, will be responsible of any decelerated expansion of the universe. On the other hand, any content with $\omega < -1/3$ will accelerate the expansion⁴. We clearly observe that the universe expands, but there is nothing that we have (yet) detected that can be identify with that equation of state. As the universe is a dark place, and this unknown energy density seems to be the source of accelerated expansion, it has received the famous name of *dark energy*.

But, how can be determine the value of the state parameter for each energy density? Let us derive their values from basic principles:

- In the case we consider non-relativistic matter, the energy density ρ_m will be dominated by the rest mass energy $E = mc^2$, as the momentum, and hence, the exerted pressure are neglegible compare to ρ_m . Thus, to a good approximation, $\omega \simeq 0$.
- For radiation, we are now dealing with relativistic effects. Following the same reasoning as before, the pressure, which is proportional to the velocity $v \approx c$ will be relevant.

⁴Due to the null energy condition [], -1 ≤ ω ≤ 1.

Assuming an isotropic distribution of the pressure accross the three spatial dimensions, this can be described by $\omega = 1/3$.

• Finally, vacuum energy seems to apply a *repulsive* force, making the universe to expand. This is described by a state parameter $\omega = -1$. This value can be observationally constrained by data extracted from *Barionic Accustic Oscillations* (BAO), perturbations of the hot plasma of the early universe, imprinted in the *Cosmic Microwave Background* (CMB). The latest measured value (2018) is $\omega_{\Lambda} = -1.028 \pm 0.031$ [2].

Equipped with this information, we are one step closer to understand the true power of Friedmann equations (6, 7). But one step at a time, cosmic hitchhiker! If the universe is evolving, also the energy density of its content. This is governed by energy conservation. The explicit expression for the covariant derivative of the EM tensor (5) in a FRLW geometry (1) yields:

$$\rho \propto a^{-3(1+\omega)},\tag{8}$$

ADD TABLE!

One of the most interesting features of relation (8) is that ρ_{Λ} is the same yesterday, today and tomorrow. It is not diluted with the spacetime expansion⁵. This can be interpreted as an intrisic property of spacetime itself, which can be captured by an extra EM tensor of the form:

$$T_{\Lambda} = -\rho_{\Lambda} g_{\mu\nu} = -\frac{\Lambda}{\kappa_4^2} g_{\mu\nu},\tag{9}$$

With Λ being a constant. This is the famous *cosmological constant* (CC)⁶, which encodes the information of a non-varying energy density across the expanding cosmos. As this can be interpreted as an intrisic geometrical property, it is perhaps more appropriated to move it to the LHS of Einstein equation (4) as:

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R + \Lambda g_{\mu\nu} = \kappa_4^2 T_{\mu\nu},\tag{10}$$

which is the usual Einstein equation for cosmology.

Now that we have all characters of this (cosmic) piece completely identified, let us come back to the Friedmann equation (6). Accounting for all possible types of energy densities ρ_i , one obtains the following expression:

$$\dot{a}^2 = \frac{8\pi G_4}{3} \left(\frac{\rho_{mat}}{a} + \frac{\rho_{\gamma}}{a^2} + \rho_{\Lambda} a^2 - \underbrace{\frac{3k}{8\pi G_4}}_{+\rho_c} \right),\tag{11}$$

where we have rephrased the curvature contribution in a more appropriated notation. A simple look at expression (11) is enough to realise that it can be casted in a quite familiar conservation equation as T + V = 0, where the potential V(a) correspond the RHS of (11), with opposite sign. If we plot the potential controlling the dynamics of the universe, we see the following:

⁵I wish also my economical capital to behave in this way. No matter what my expenses are, it remains the same. ⁶Yeah, the one that *Albertito* introduced in his equation to obtain a static universe. When Hubble discovered the expansion of the universe in 1929, Einstein remarked that introducing that constant was his bigger mistake. Well, it was a good one, Albert. Thank you!

ADD POTENTIAL HERE

Observe that each of the regions $\{A, B, C\}$ of the potential correspond to radiation, matter and dark energy dominated eras, respectively. Our current observations point to the fact that our universe has entered C region some years ago (around 4×10^9 years ago, as we can see in plot XX ADD plot upstairs about density evolution). We can also see that the gradient of this potential in region C is negative, indicating, an accelerated expansion of the universe, in concordance with observations. It is also important to notice the divergence of the potential V(a) when $a \to 0$, causing a singularity at t = 0 (conventionally chosen). [ref to Hawking and Leimatre] What does this mean? From a classical cosmology point of view, this correponds to the Big $bang^7$. A singular state that we **cannot understand** given the tools at hand (i.e general relativity and classical cosmology) where all content of the universe was compacted to a single point at extremely high temperatures. This should already make us bat an eye. We are trying to apply a classical framework to a system whose energy regime very well requires a quantum description of all the involved forces. It should not then be a surprise that we arrive to singularities in our description if we are using a sledgehammer to crack a nut.

But we cannot be so conformist. If we cannot understand through the lenses of a theory as GR, that may be pointing to the fact that our toolbox lacks some important tools. Before we go to our favorite DIY store to buy those tools, we first need to understand *what* and *how* we want to fix our lack of understanding.

We will describe some of the most fundamental flaws of ΛCDM model in the rest of this notes. Solutions can be found in some of the subsequent notes of this collection.

What is wrong with the Λ -CDM model?

The Hubble tension

The Hubble constant H_0 , which is determined as the ratio between the velocity and the distance to an object in space ($H_0 = v/d$), can be measured in two different fashions:

- One can obtain the velocity of the object (usually a galaxy) by looking at its redshift. For the distance, the most reliable way is to make use of *standard candles*; Type Ia supernovae whose peak luminosity is the same, no matter where they are in the universe. Given the relation between relative and absolute magnitudes (m, M), it is possible to extract the distance to these objects with good accuracy. This method is used to study "close" celestial objects, i.e. not looking back much into the past. The current value for H_0 using this method is $H_0 = 72.3 \pm 1.3 \, km \, s^{-1} Mpc^{-1}$ [2].
- An alternative way to obtain H_0 from observations with our current technology is by studying the CMB, i.e. looking far away in the past. Theoretical predictions for CMB can be obtained by tuning specific parameters in the ΛCDM model, such as curvature, energy densities, etc. One can then compare these predictions to the observations, to decide which one fits best. The best fiting so far yields a H_0 value as $67.4 \pm 0.5 \, km \, s^{-1} Mpc^{-1}$ [3]

As we can see, there is an apparent tension between these two results that technological development has increased over the years. What can the reason be to get two different values on the universe expansion rate at two different eras? Several proposals have been debated, without observational confirmation nor agreement in the community yet (see [4]). In any case, obser-

⁷A given pejorative calificative by those who opposed the proposal that the universe had been in a state with extremely high density, temperature and ridiculous size.

vations point to an existing difference that the standard model cannot (yet) explain.

The cosmological constant problem

A lack of casual contact

To understand this final fundamental issue that the standard model of cosmology cannot explain, we first need to define what to be in *contact*⁸ is.

There is nothing faster than light in the universe []. This imposes an upper bound on the size of a region where two points could have been in casual contact, i.e. information between the points could have travelled in a period of time less or equal than light would have taken to travelled the distance that separates them. This region is called the *light cone*.

ADD light cone figure.

For simplicity in further computations, it is better to describe the propagation of light using the *conformal* time, as:

$$\tau = \int \frac{dt}{a(t)}. ag{12}$$

Masless particles, as photons, follow null geodesic trajectories, which imply $ds^2 = 0$. On top of that, as the universe is isotropic, only the radial coordinate will be relevant for computations. This leaves us with:

$$ds^{2} = a^{2}(\tau) \left[-d\tau^{2} + d\chi^{2} \right] = 0 \longrightarrow \chi(\tau) = \tau_{f} - \tau_{i} = \int_{t_{i}}^{t_{f}} \frac{dt}{a(t)}, \tag{13}$$

where χ is a generic radial coordinate accounting for all possible topologies [].

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⁸Awesome cinematographic piece. Highly recommended to watch.