<page>001v</page>

<image>http://gallica.bnf.fr/ark:/12148/btv1b10500001g/f8.image</image>

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<head>For easing the belly</head>

<ab><m><pa>Prunes</pa> of <pl>Saint Antonin</pl></m>, and if you like you can put leaves of <m><pa>malva</pa></m> and <m><pa>viola</pa></m>, adding some <m>sugar</m> and, if you like, some <m><pa>cinnamon</pa></m> for the stomach.</ab>

<ab>Or in a <m><al>chicken</al> broth</m>, add some <m><pa>marshmallow</pa> root</m>. When fresh it is more mollifying.</ab>

<ab>Stirring together <m>cirop de <pa>guindoles</pa> doulces</m> with <m>water</m> and taking some of this in the morning eases the belly.</ab>

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