<page>020v</page>

<image>http://gallica.bnf.fr/ark:/12148/btv1b10500001g/f46.image</image>

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<id>p020v\_1</id>

<head>To whiten the <bp>face</bp></head>

<ab>Pestle <m><pa>puffball</pa></m> in <m>cistern water</m>, &amp; no other, &amp; wash with this <m>whitened water</m>. This is considered quite exquisit. And I believe that making it from <m><pa>wheat</pa> starch</m> &amp; to use it would be even better.</ab>

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<id>p020v\_2</id>

<head>Against the winds, colic, &amp;c.</head>

<ab><m>Sap squeezed or water <del><ill/></del> distilled from <pa>orange</pa> peel</m> is excellent against the windy colic. <m>Candied peel</m>, too, is excellent for the winds of the <bp>stomach</bp>. And to make a trial of it, having poured <m>foaming wine</m> in a <tl><m>glass</m></tl>, squeeze <m><pa>orange</pa> juice</m> on the <m>wine foam</m>, which proceeds only from vapor &amp; wind, and you will see that the foam will immediately disappear. Also, if you squeeze <m>juice</m> against a <tl>candle</tl> it will burn all the brighter.

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<id>p020v\_3</id>

<head><pa>Skirret</pa> root</head>

<ab>They want to be planted <env>in a very humid place where with such <oc>puys rodier</oc> or fountain one can water it often</env>, for by this method they are tender. Otherwise they make a hard heart inside, which takes from it all its goodness.

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<id>p020v\_4</id>

<head>Against burn</head>

<ab>Pestle an <m><pa>onion</pa></m> with <m>verjuice</m> &amp; leave it to soak like this, then apply it.

Or else, apply <m>black soap</m> on the burn. Experimented.

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<id>p020v\_5</id>

<head>A common saying</head>

<ab>Steeple of <pl>Rodez</pl>, church of <pl>Albi</pl>, bells of <pl>Mende</pl>. However, the bell of <pl>Toulouse</pl> named Cardaillac is held to be one of the most beautiful in <pl>France</pl>, all the more since it weighs two hundred and fifty <fr><ms>quintal</ms></fr>s.

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<id>p020v\_6</id>

<head>A form of regimen</head>

<ab><tmp>Every morning</tmp>, take two or three <m>eggs</m> laid one or two <tmp>days</tmp> ago. Heat them <del>until</del> &amp; do not cook them. Take the <m>yolks</m> well dusted with <m>sugar</m>. And next drink one <ms><bp>finger</bp></ms> of <m>wine</m>. And apart from being nourishing, it makes a good <bp>stomach</bp>.

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