

Intermediate Polish wordlist

File 1

Vocabulary Banks

FOOD AND COOKING

aubergine <i>n</i>	/ˈəʊbəʒiːn/
baked <i>adj</i>	/beɪkt/
beans <i>n pl</i>	/biːnz/
beef <i>n</i>	/biːf/
beetroot <i>n</i>	/ˈbiːtruːt/
boiled <i>adj</i>	/bɔɪld/
cabbage <i>n</i>	/ˈkæbɪdʒ/
cherries <i>n pl</i>	/ˈtʃeriːz/
chicken <i>n</i>	/ˈtʃɪkɪn/
courgette <i>n</i>	/ˈkɔːˈʒet/
crab <i>n</i>	/kræb/
cucumber <i>n</i>	/ˈkjuːkʌmbə/
duck <i>n</i>	/dʌk/
egg <i>n</i>	/eg/
fish <i>n</i>	/fɪʃ/
fried <i>adj</i>	/fraɪd/
fruit <i>n</i>	/fruːt/
grapes <i>n pl</i>	/greɪps/
grilled <i>adj</i>	/grɪld/
lamb <i>n</i>	/læm/
lemon <i>n</i>	/ˈlemən/
mango <i>n</i>	/ˈmæŋɡəʊ/
meat <i>n</i>	/miːt/
melon <i>n</i>	/ˈmelən/
mussels <i>n pl</i>	/ˈmʌslz/
peach <i>n</i>	/piːtʃ/
pear <i>n</i>	/peə(r)/
pepper <i>n</i>	/ˈpepə(r)/
pork <i>n</i>	/pɔːk/
prawns <i>n pl</i>	/prɔːnz/
raspberries <i>n pl</i>	/ˈrɑːzbəriːz/
roast <i>adj</i>	/rəʊst/
salmon <i>n</i>	/ˈsæmən/

You need an **aubergine** for this pasta dish.

I had a **baked** potato with tuna for my lunch.

These **beans** are overcooked.

We always eat roast **beef** on Sundays.

I always put **beetroot** in my salads.

I like to have **boiled** eggs for breakfast.

I don't like the taste of **cabbage**.

Cherries are really delicious.

Chicken is a low-fat meat.

I used a **courgette** in this recipe.

Can I have a **crab** sandwich, please?

I don't like the taste of **cucumber**.

I love **duck** with orange sauce.

I had a fried **egg** for breakfast.

I love oily **fish** like salmon.

Fried bread is too oily for me.

You should eat some fresh **fruit** every day.

Do you prefer red or green **grapes**?

I would like the **grilled** steak, please.

I always order a **lamb** curry at that Indian restaurant.

I always like to have some **lemon** with my fish.

Is there any **mango** in this fruit salad?

My sister doesn't eat **meat** because she's a vegetarian.

This **melon** isn't sweet enough.

We had some delicious **mussels** and chips in Belgium.

I would like a **peach** for dessert, please.

Would you like a **pear** or an apple?

We need one red **pepper** and one onion.

Many people do not eat **pork** in Morocco.

We had **prawns** with lemon juice and garlic.

We had **raspberries** and ice cream.

We always have **roast** potatoes on Sundays.

Oily fish like **salmon** is very good for you.

bakłażan

upieczony, zapiekany

fasola

wołowina

burak

gotowany

kapusta

wiśnie

kurczak

cukinia

krab

ogórek

kaczka

jajko

ryba

smażony

owoc, owoce

winogrona

grillowany

jagnięcina

cytryna

mango

mięso

melon

omulki

brzoskwinia

gruszka

papryka

wieprzowina

krewetki

maliny

pieczony

łosoś

seafood <i>n</i>	/ˈsiːfuːd/
squid <i>n</i>	/skwɪd/
steamed <i>adj</i>	/stiːmd/
tuna <i>n</i>	/ˈtjuːnə/
vegetable <i>n</i>	/ˈvedʒtəbl/

PERSONALITY

affectionate <i>adj</i>	/əˈfekʃənət/
aggressive <i>adj</i>	/əˈɡresɪv/
ambitious <i>adj</i>	/æmˈbɪʃəs/
anxious <i>adj</i>	/ˈæŋkʃəs/
attractive <i>adj</i>	/əˈtræktɪv/
bad-tempered <i>adj</i>	/ˌbæd ˈtempəd/
bossy <i>adj</i>	/ˈbɒsi/
charming <i>adj</i>	/ˈtʃɑːmɪŋ/
clever <i>adj</i>	/ˈklevə(r)/
competitive <i>adj</i>	/kəmˈpetətɪv/
dishonest <i>adj</i>	/dɪsˈɒnɪst/
disorganized <i>adj</i>	/dɪsˈɔːɡənəɪzd/
friendly <i>adj</i>	/ˈfrendli/
generous <i>adj</i>	/ˈdʒenərəs/
hard-working <i>adj</i>	/ˌhɑːd ˈwɜːkɪŋ/
honest <i>adj</i>	/ˈɒnɪst/
imaginative <i>adj</i>	/ɪˈmædʒɪnətɪv/
immature <i>adj</i>	/ɪˈmætʃjʊə(r)/
impatient <i>adj</i>	/ɪmˈpeɪʃnt/
independent <i>adj</i>	/ˌɪndɪˈpendənt/
insecure <i>adj</i>	/ˌɪnsɪˈkjʊə(r)/
insensitive <i>adj</i>	/ɪnˈsensətɪv/
irresponsible <i>adj</i>	/ˌɪrɪˈspɒnsəbl/
jealous <i>adj</i>	/ˈdʒeləs/
kind <i>adj</i>	/kaɪnd/
lazy <i>adj</i>	/ˈleɪzi/
mature <i>adj</i>	/məˈtʃʊə(r)/
mean <i>adj</i>	/miːn/
moody <i>adj</i>	/ˈmuːdi/
obey <i>v</i>	/əˈbeɪ/
offend <i>v</i>	/əˈfend/
opinion <i>n</i>	/əˈpɪnjən/
organized <i>adj</i>	/ˈɔːɡənəɪzd/
outgoing <i>adj</i>	/ˈaʊtgəʊɪŋ/
patient <i>adj</i>	/ˈpeɪʃnt/
quiet <i>adj</i>	/ˈkwaɪət/

My mum loves **seafood**, especially prawns and mussels.
 I ordered fried **squid** for my starter.
Steamed vegetables are very healthy.
 I made a **tuna** salad for my dinner.
 Is an avocado a fruit or a **vegetable**?

owoce morza
 kałamarnica
 gotowany na parze
 tuńczyk
 warzywo

Dogs are friendly and **affectionate** pets.
 He's very **aggressive** and often gets into fights.
 Paul is **ambitious** and studies very hard at school.
 My sister is very **anxious** and is always stressed.
 Darren's new girlfriend is **attractive**.
 Our neighbour is **bad-tempered** so I don't talk to him.
 My husband is **bossy** and tells me what to do.
 Nicola's new boyfriend is **charming** and friendly.
 My sister is **clever** and wants to study medicine.
 I don't play football with Jason – he's too **competitive**!
 I think Jenny is being **dishonest** about her past.
 Our secretary is so **disorganized**.
 Our new neighbour is **friendly**.
 Diane is **generous** and often buys me presents.
 Mary is **hard-working** so she will pass her exams.
 Wendy is so **honest** – she always tells the truth.
 My daughter is **imaginative** and loves stories.
 He's nearly 26 now, but he's still so **immature**.
 Megan is always so **impatient**.
 Karen lives on her own and likes to be **independent**.
 Stuart is **insecure** about the way he looks.
 She asked about his divorce which was **insensitive**.
 Don't go out with Vanessa – she's too **irresponsible**.
 Louise is **jealous** of Pete because he has a great job.
 My wife is **kind** and enjoys helping others.
 Ian never does any housework – he's so **lazy**.
 She's only 12, but she's very **mature** for her age.
 My sister never shares her things – she's really **mean**.
 Our teenage son is **moody** and bad-tempered.
 You should **obey** your parents.
 You should try not to **offend** people.
 What's your **opinion** of the new government?
 Our administrator is really **organized**.
 James is **outgoing** and has many friends.
 You need to be **patient** if you are a driving instructor.
 Anna is so **quiet** – it's hard to talk to her.

przywiązany, kochający
 agresywny
 ambitny
 niespokojny
 atrakcyjny
 wybuchowy
 apodyktyczny
 czarujący, uroczy
 zdolny, bystry
 ambitny
 nieuczciwy
 niezorganizowany
 przyjazny
 hojny, wspiałośmyślny
 pracowity
 uczciwy
 z wyobraźnią
 niedojrzały
 niecierpliwy
 niezależny
 niepewny
 niedelikatny
 nieodpowiedzialny
 zazdrosny
 uprzejmy
 leniwy
 dojrzały
 złośliwy, małostkowy
 kapryśny
 słuchać się, być posłusznym
 obrażać
 opinia, zdanie
 (dobrze) zorganizowany
 otwarty, towarzyski
 cierpliwy
 cichy, małomówny

rebellious <i>adj</i>	/rɪ'beljəs/
reliable <i>adj</i>	/rɪ'laɪəbl/
responsible <i>adj</i>	/rɪ'spɒnsəbl/
self-confident <i>adj</i>	/ˌself 'kɒnfɪdənt/
selfish <i>adj</i>	/'selfɪʃ/
sensible <i>adj</i>	/'sensəbl/
sensitive <i>adj</i>	/'sensətɪv/
shy <i>adj</i>	/ʃaɪ/
sociable <i>adj</i>	/'səʊʃəbl/
spoilt <i>adj</i>	/spɔɪlt/
stubborn <i>adj</i>	/'stʌbən/
stupid <i>adj</i>	/'stju:pɪd/
talkative <i>adj</i>	/'tɔ:kətɪv/
tidy <i>adj</i>	/'taɪdi/
unambitious <i>adj</i>	/ˌʌnæm'bɪʃəs/
unfriendly <i>adj</i>	/ʌn'frendli/
unimaginative <i>adj</i>	/ˌʌnɪ'mædʒɪnətɪv/
unkind <i>adj</i>	/ˌʌn'kaɪnd/
unreliable <i>adj</i>	/ˌʌnrɪ'laɪəbl/
unselfish <i>adj</i>	/ʌn'selfɪʃ/
unsociable <i>adj</i>	/ʌn'səʊʃəbl/
untidy <i>adj</i>	/ʌn'taɪdi/

Julie is **rebellious** and ignores her parents.
Ken is not very **reliable** – he's always late.
Our son is very **responsible** and hard-working.
She's a **self-confident** and sociable child.
Jane is really **selfish** and only ever thinks of herself.
Our teenage daughter is **sensible** so we can trust her.
Helen is always crying – she's really **sensitive**.
I'm **shy** and find it hard to meet new people.
Jack is **sociable** and has lots of friends.
Rachel is **spoilt** – her parents always give her money.
My dad is **stubborn** and never changes his mind.
My parents think that all my friends are **stupid**.
Lucy is very **talkative** – we chatted for hours.
Harry is really **tidy** so his house always looks great.
I was **unambitious** at school so I didn't study much.
I think our new boss is rather **unfriendly**.
The children's story was boring and **unimaginative**.
Don't be **unkind** to your poor brother.
I won't ask Colin for help because he is **unreliable**.
Adam is **unselfish** and always thinks of others.
Chris never comes out with us – he's **unsociable**.
Jim is very **untidy** – his bedroom is a mess.

zbuntowany
solidny
odpowiedzialny
pewny siebie
samolubny
rozsądny
wrażliwy
nieśmiały
towarzyski
rozpieszczony
uparty
głupi
rozmowny
porządny, schludny
bez ambicji
nieżyczliwy, nieprzyjazny
bez wyobraźni
niemiły
niesolidny
bezinteresowny
nietowarzyski
nieporządny, niechlujny

Useful words and phrases

adult <i>n</i>	/'ædʌlt/
arrangement <i>n</i>	/ə'reɪndʒmənt/
attention <i>n</i>	/ə'tenʃn/
bedcovers <i>n pl</i>	/'bedkʌvə(r)z/
boarding school <i>n</i>	/'bɔ:dɪŋ sku:l/
carbohydrates <i>n pl</i>	/kɑ:bəʊ'hɑɪdreɪts/
childhood <i>n</i>	/'tʃaɪldhʊd/
close family <i>n</i>	/kləʊs 'fæməli/
decline <i>n</i>	/dɪ'klaɪn/
depressed <i>adj</i>	/dɪ'prest/
emotional <i>adj</i>	/ɪ'məʊʃənl/
extended family <i>n</i>	/ɪk'stendɪd 'fæməli/
extrovert <i>n</i>	/'ekstrəvɜ:t/
fight <i>v</i>	/faɪt/
fresh <i>adj</i>	/freʃ/
frozen <i>adj</i>	/'frəʊzn/
gang <i>n</i>	/gæŋ/
gathering <i>n</i>	/'gæðərɪŋ/

I think I became an **adult** when I left home.
Have you made an **arrangement** for tomorrow?
I didn't get as much **attention** as my brother when we were children.
I hid from my sister under the **bedcovers**.
I was sent away to **boarding school** when I was 11.
Rice is an important source of **carbohydrates**.
I had a happy **childhood**.
Do you think you have a **close family**?
There is a **decline** in traditional family structures.
After he lost his job he became **depressed**.
She's really **emotional** and often cries.
I have a big **extended family**, including 18 cousins!
My dad is an **extrovert** and loves meeting new people.
My brother always wants to **fight** with me.
I bought some wonderful **fresh** fish today.
Have we got any **frozen** vegetables?
I'm not comfortable with being one of a **gang**.
My parents have arranged a family **gathering**.

dorosły
plany
uwaga, zainteresowanie
narzuta
szkoła z internatem
węglowodany
dzieciństwo
bliska rodzina
rozpad
przygnębiony
uczuciowy
dalsza rodzina
ekstrawertyk
bić się, kłócić się
świeży
mrożony
banda
spotkanie, zjazd

immediate family <i>n</i>	/ɪ'miːdiət 'fæməli/	<i>I have four people in my immediate family.</i>	najbliższa rodzina
innocent <i>adj</i>	/ɪ'nəsnt/	<i>My sister hit me but my mum thought she was innocent.</i>	niewinny
intention <i>n</i>	/ɪn'tenʃn/	<i>His intention is to study hard and go to university.</i>	zamiar
low-fat <i>adj</i>	/ləʊ fæt/	<i>Would you like a low-fat yoghurt?</i>	niskotłuszczowy
mood <i>n</i>	/muːd/	<i>Don't talk to Barry today – he's in a bad mood.</i>	nastrój
newborn <i>adj</i>	/ˈnjuːbɔːn/	<i>That newborn baby is so tiny.</i>	noworodek
no wonder	/nəʊ 'wʌndə(r)/	<i>My parents were always nicer to me so no wonder my sister hated me.</i>	nic dziwnego
only child <i>n</i>	/,əʊnli 'tʃaɪld/	<i>I don't have any brothers or sisters – I'm an only child.</i>	jedynak
prediction <i>n</i>	/prɪ'dɪkʃn/	<i>His prediction is that people will holiday in space.</i>	przewidywanie
promise <i>n</i>	/ˈprɒmɪs/	<i>I made a promise to my father when he died.</i>	obietnica
protein <i>n</i>	/ˈprəʊtiːn/	<i>Meat is a good source of protein.</i>	białko
raw <i>adj</i>	/rɔː/	<i>I hate the taste of raw onions.</i>	surowy
relative <i>n</i>	/ˈrelətɪv/	<i>I'm my mother's closest relative.</i>	krewny
relaxed <i>adj</i>	/rɪ'læksɪd/	<i>My mother is really relaxed and never gets stressed.</i>	zrelaksowany
rivalry <i>n</i>	/ˈraɪvlrɪ/	<i>There is a lot of rivalry between me and my sister.</i>	rywalizacja
share <i>v</i>	/ʃeə(r)/	<i>I share a lot of hobbies with my sister.</i>	dzielić, podzielać
sick <i>adj</i>	/sɪk/	<i>He's been off sick for two weeks.</i>	chory
spicy <i>adj</i>	/ˈspaɪsi/	<i>I love spicy Thai curries.</i>	pikantny
stressed <i>adj</i>	/strest/	<i>Richard works too hard and is always stressed.</i>	zestresowany
suffocate <i>v</i>	/ˈsʌfəkeɪt/	<i>He tried to suffocate me under the bedcovers!</i>	duścić
tension <i>n</i>	/ˈtenʃn/	<i>There was tension at home because our parents argued.</i>	napięcie
value <i>v</i>	/ˈvæljuː/	<i>Now that I am older I really value my parents.</i>	wartość

More words in File 1

alternative therapy <i>n</i>	/ɔːl'tɜːnətɪv 'θerəpi/	<i>Have you tried alternative therapy, like hypnotherapy?</i>	terapia alternatywna
argue <i>v</i>	/ˈɑːɡjuː/	<i>My parents argue but they will never get divorced.</i>	kłócić się
aware <i>adj</i>	/ə'weə(r)/	<i>Are you aware that you are your aunt's only relative?</i>	świadomy
cake <i>n</i>	/keɪk/	<i>I made a chocolate cake for my girlfriend's birthday.</i>	ciasto
carton <i>n</i>	/ˈkɑːtn/	<i>Can you get me a carton of orange juice?</i>	karton
chef <i>n</i>	/ʃef/	<i>My brother is a chef in an Italian restaurant.</i>	szeff kuchni
chocolate <i>n</i>	/ˈtʃɒklət/	<i>Clients receive free chocolate at the end of the night.</i>	czekolada
concentration <i>n</i>	/ˌkɒnsn'treɪʃn/	<i>Blueberries can improve concentration.</i>	koncentracja
container <i>n</i>	/kən'teɪnə(r)/	<i>This is a plastic container for pasta.</i>	pojemnik
creamy <i>adj</i>	/ˈkriːmi/	<i>We ordered pasta in a creamy sauce.</i>	śmietankowy, kremowy
cuisine <i>n</i>	/kwɪ'ziːn/	<i>I love Indian cuisine.</i>	kuchnia
cure <i>n</i>	/kjʊə(r)/	<i>I want to find a cure for my headaches.</i>	lekarstwo
cut down on <i>phr v</i>	/kʌt daʊn ɒn/	<i>I need to cut down on sugar and fat to lose weight.</i>	ogranaczać
decision <i>n</i>	/dɪ'sɪʒn/	<i>Have you made a decision about your holiday yet?</i>	decyzja
dramatic <i>adj</i>	/drə'mætɪk/	<i>The results of the experiment were dramatic.</i>	radikalny
efficiently <i>adv</i>	/ɪ'fɪʃntli/	<i>Food that is high in protein helps your brain to work more efficiently.</i>	sprawnie
endorphins <i>n pl</i>	/ɛn'dɔːfɪnz/	<i>The brain releases endorphins when you eat chocolate.</i>	endorfiny

expert <i>n</i>	/ˈɛkspɜ:t/	My aunt is an expert on Victorian literature.	specjalista
feel a bit down	/fi:l ə bɪt daʊn/	I always feel a bit down after a holiday.	czuć się przybitym
focused <i>adj</i>	/ˈfəʊkəst/	After my morning coffee I feel really focused .	skupiony
food supplement <i>n</i>	/fu:d ˈsʌplɪmənt/	I take a food supplement every day.	suplementy diety
jar <i>n</i>	/dʒɑ:(r)/	Can you pass me that jar of strawberry jam?	słoik
margarine <i>n</i>	/ˌmɑ:dʒəˈri:n/	Do you prefer butter or margarine ?	margaryna
meeting <i>n</i>	/ˈmi:tɪŋ/	I have a meeting with my boss at 10.00 a.m.	spotkanie
mushroom <i>n</i>	/ˈmʌʃru:m/	I'll have a ham and mushroom pizza, please.	grzyb
nightclub <i>n</i>	/ˈnaɪtklʌb/	We went to a nightclub until 2.00 a.m.	klub nocny
public holiday <i>n</i>	/ˌpʌblɪk ˈhɒlədeɪ/	It's a public holiday on Monday so we won't go to work.	święto państwowe
salt <i>n</i>	/sɒlt/	Don't put too much salt on your dinner.	sól
sausage <i>n</i>	/ˈsɒsɪdʒ/	Would you like a sausage or a burger?	kielbasa
steak <i>n</i>	/steɪk/	I ordered steak and chips at the restaurant.	stek, kotlet
sugar <i>n</i>	/ˈʃʊɡə(r)/	I always have sugar in my coffee.	cukier
takeaway <i>adj</i>	/ˈteɪkəweɪ/	We ordered a takeaway pizza.	na wynos
tinned <i>adj</i>	/tɪnd/	I don't like the taste of tinned tuna.	z puszki
violence <i>n</i>	/ˈvaɪələns/	Late night violence can be a problem in some towns.	przemoc
vitamin <i>n</i>	/ˈvɪtəˌmɪn/	There is a lot of vitamin C in oranges.	witamina
weapon <i>n</i>	/ˈwepən/	Chocolate could become a secret weapon in the fight against crime.	broń

File 2

Vocabulary Banks

MONEY

afford <i>v</i>	/əˈfɔ:d/	I can't afford to go on holiday this year.	pozwolić sobie (na coś)
bank account <i>n</i>	/ˈbæŋk əˌkaʊnt/	How much money do you have in your bank account ?	konto bankowe
bill <i>n</i>	/bɪl/	The electricity bill came through the post today.	rachunek
borrow <i>v</i>	/ˈbɒrəʊ/	Can I borrow some money, please?	pożyczyć (komuś)
cash machine <i>n</i>	/kæʃ məˈʃi:n/	I took £30 out of the cash machine .	bankomat
charge <i>v</i>	/tʃɑ:dʒ/	How much do you charge for a haircut?	pobierać opłatę
coin <i>n</i>	/kɔɪn/	I found a 10p coin on the pavement.	moneta
cost <i>v</i>	/kɒst/	These shoes cost £70.	kosztować
credit card <i>n</i>	/ˈkredɪt kɑ:d/	The payment had been taken from my credit card .	karta kredytowa
debt <i>n</i>	/det/	I had a lot of debt when I left university.	dług
earn <i>v</i>	/ɜ:n/	How much do doctors earn in your country?	zarabiać
inherit <i>v</i>	/ɪnˈherɪt/	She will inherit a lot of money when her parents die.	dziedziczyć
invest <i>v</i>	/ɪnˈvest/	You should invest some money in the stock market.	inwestować
lend <i>v</i>	/lend/	Can you lend me £30 until tomorrow?	pożyczyć (od kogoś)
live off <i>phr v</i>	/lɪv ɒf/	I have to live off my parents while I'm at university.	żyć na koszt
live on <i>phr v</i>	/lɪv ɒn/	If I lose my job, I'll have no money to live on .	przetrwąć
loan <i>n</i>	/ləʊn/	I need a loan from the bank to start my own business.	pożyczka

mortgage <i>n</i>	/ˈmɔːɡɪdʒ/
note <i>n</i>	/nəʊt/
owe <i>v</i>	/əʊ/
pay back <i>phr v</i>	/ˈpeɪbæk/
raise <i>v</i>	/reɪz/
salary <i>n</i>	/ˈsæləri/
save <i>v</i>	/seɪv/
take out <i>phr v</i>	/ˈteɪk aʊt/
tax <i>n</i>	/tæks/
waste <i>v</i>	/weɪst/
worth <i>adj</i>	/wɜːθ/

The bank gave me a **mortgage** to buy a house.
 I left a £20 **note** on my desk.
 You **owe** me £10.
 I **pay back** £50 of the loan to the bank every month.
 How much money did you **raise** for the school?
 Lawyers get a good **salary**.
 I try to **save** some money every month.
 I never **take out** more than £50 at a cash machine.
 How much **tax** do you have to pay every month?
 Don't **waste** your money on things you don't need.
 How much is your house **worth**?

hipoteka
 banknot
 być winnym
 zwrócić
 podwyżka
 pensja
 zaoszczędzić
 wypłacić
 podatek
 marnować
 warty

Useful words and phrases

boiling <i>adj</i>	/ˈbɔɪlɪŋ/
boutique <i>n</i>	/buːˈtiːk/
broke <i>adj</i>	/brəʊk/
cheque <i>n</i>	/tʃek/
consecutive <i>adj</i>	/kənˈsekjətɪv/
contract <i>n</i>	/ˈkɒntrækt/
current <i>n</i>	/ˈkʌrənt/
delicious <i>adj</i>	/dɪˈlɪʃəs/
delighted <i>adj</i>	/dɪˈlaɪtɪd/
dyslexia <i>n</i>	/dɪsˈleksiə/
enormous <i>adj</i>	/ɪˈnɔːməs/
exhausted <i>adj</i>	/ɪɡˈzɔːstɪd/
exhaustion <i>n</i>	/ɪɡˈzɔːstʃən/
fantastic <i>adj</i>	/fænˈtæstɪk/
figures <i>n pl</i>	/ˈfɪɡəz/
filthy <i>adj</i>	/ˈfɪlθi/
freezing <i>adj</i>	/ˈfriːzɪŋ/
furious <i>adj</i>	/ˈfjʊəriəs/
gamble <i>n</i>	/ˈɡæmbəl/
go on sale	/ɡəʊ ɒn seɪl/
hilarious <i>adj</i>	/hɪˈleəriəs/
humidity <i>n</i>	/hjuːˈmɪdəti/
infested <i>adj</i>	/ɪnˈfestɪd/
inspire <i>v</i>	/ɪnˈspaɪə(r)/
kayak <i>v</i>	/ˈkaɪæk/
make money	/meɪk ˈmʌni/
millionaire <i>n</i>	/ˌmɪljəˈneə(r)/
paddle <i>n</i>	/ˈpædl/
positive <i>adj</i>	/ˈpɒzətɪv/

It's **boiling** at the moment – 34 degrees Celsius!
 She works in a designer clothes **boutique**.
 I was always **broke** when I was a student.
 I wrote a **cheque** for £300.
 She ran three **consecutive** marathons in 24 hours.
 We signed the **contract**.
 I had to paddle against the **current**.
 The food was **delicious**.
 My parents are **delighted** that I'm getting married.
 My son can't read very well because he has **dyslexia**.
 His house is **enormous** and has six bedrooms.
 I was **exhausted** after the race.
 I suffered from heat **exhaustion**.
 I've had a **fantastic** time here.
 He calculated **figures** in his head.
 John's kitchen is **filthy**.
 The sea was **freezing** so we didn't swim.
 Lyn is **furious** that you didn't invite her to the party.
 Starting my own business was a bit of a **gamble**.
 When will his new book **go on sale**?
 The film was **hilarious** – we laughed so much.
 The **humidity** here is 80 per cent in the summer.
 The river is **infested** with crocodiles.
 I've been listening to music to **inspire** me.
 Why did you agree to **kayak** down the Amazon?
 I want to **make money** from my paintings.
 Jeff became a **millionaire**, but lost most of his money.
 We used a wooden **paddle** to move the boat.
 Did you have a **positive** experience when you went abroad?

wrzący
 butik
 splukany
 czek
 kolejny
 kontrakt, umowa
 prąd
 wyborny
 zachwycony
 dysleksja
 ogromny
 wyczerpany
 przemęczenie
 niesamowity
 cyfry
 obrzydliwy, brudny
 przemarznięty
 wściekły
 zakład
 iść na sprzedaż
 przeżabawny, bardzo śmieszny
 wilgotność
 rojący się (od czegoś)
 zainspirować
 pływać kajakiem
 zarobić pieniądze
 milioner
 wiosło
 pozytywny

put aside <i>phr v</i>	/put ə'saɪd/
recession <i>n</i>	/rɪ'seʃn/
risky <i>adj</i>	/'rɪski/
sponsor <i>v</i>	/'spɒnsə(r)/
starving <i>adj</i>	/stɑːvɪŋ/
suffer <i>v</i>	/'sʌfə(r)/
target <i>n</i>	/'tɑːɡɪt/
terrified <i>adj</i>	/'terɪfaɪd/
tiny <i>adj</i>	/'taɪni/

Every week I **put aside** some money for a holiday.
 Our business lost a lot of money during the **recession**.
 This is a very **risky** trip.
 She asked me to **sponsor** her for a charity programme.
 I was **starving** when I came home from school.
 I really **suffer** in hot weather.
 100 km per day is my **target**.
 Are there any animals that you're **terrified** of?
 My flat is really **tiny** with only two rooms.

odkładać
 recesja, kryzys
 ryzykowny
 zasponsorować
 głodujący
 cierpieć
 cel
 przerażony
 maleńki

More words in File 2

ache <i>n</i>	/eɪk/
ashamed <i>adj</i>	/ə'ʃeɪmd/
bandaged <i>adj</i>	/'bændɪdʒd/
best-seller <i>n</i>	/'best'selə(r)/
burst into tears	/bɜːst 'ɪntə tɪəz/
charity <i>n</i>	/'tʃærəti/
consumer society <i>n</i>	/kən'sjuːmə(r) sə'saɪəti/
cynical <i>adj</i>	/'sɪnɪkl/
door-to-door	/dɔː(r) tə dɔː(r)/
drive someone mad	/draɪv 'sʌmwan məd/
employ <i>v</i>	/ɪm'plɔɪ/
fee <i>n</i>	/fiː/
foot the bill	/fʊt ðə bɪl/
ghost writer <i>n</i>	/'gəʊstrəɪtə(r)/
good cause <i>n</i>	/ɡʊd kɔːz/
gorilla <i>n</i>	/ɡə'rɪlə/
instalment <i>n</i>	/ɪn'stɔːlmənt/
instinctively <i>adv</i>	/ɪn'stɪŋktɪvli/
interest <i>n</i>	/'ɪntrest/
lorry <i>n</i>	/'lɒri/
mechanic <i>n</i>	/mə'kænɪk/
melted <i>adj</i>	/meltɪd/
presenter <i>n</i>	/prɪ'zentə(r)/
prize <i>n</i>	/praɪz/
proud <i>adj</i>	/praʊd/
rough idea <i>n</i>	/rʌf aɪ'dɪə/
salesman <i>n</i>	/'seɪlzmən/
scam <i>n</i>	/skæm/
shopping spree <i>n</i>	/ʃɒpɪŋ spriː/

I have an **ache** in my right arm from playing tennis.
 He felt so **ashamed** that he couldn't read.
 He came to work with a **bandaged** head.
 His autobiography became a **best-seller**.
 When I finished the race I **burst into tears**.
 My sister works for a children's **charity**.
 We live in a **consumer society** where people want new things all the time.
 I'm always very **cynical** about our government.
 I went **door-to-door** trying to sell insurance.
 My parents **drive me mad** with their arguing!
 We **employ** a gardener who comes once a week.
 My lawyer has an hourly **fee** of £150!
 My children use the phone but I **foot the bill**.
 She used a **ghost writer** to write her autobiography.
 I ran a marathon to make money for a **good cause**.
 I saw a big **gorilla** at the zoo.
 I paid back the first **instalment** on my loan.
 He **instinctively** knew what people wanted.
 How much **interest** do you pay on your credit card?
 A big red **lorry** parked outside our house.
 I had to pay the **mechanic** £100 to repair my car.
 There was **melted** chocolate at the bottom of my bag.
 I want to be a TV **presenter** when I grow up.
 I won first **prize** in the competition.
 I was so **proud** of my son when he passed his exams.
 I usually have a **rough idea** about what I spend my money on.
 My brother is a used car **salesman**.
 That email saying we had won some money was a **scam**.
 I always go on a **shopping spree** when I get paid.

ból
 zawstydzony
 obandażowany
 hit, bestseller
 zalać się łzami
 instytucja charytatywna
 społeczeństwo konsumpcyjne
 cyniczny
 od drzwi do drzwi
 doprowadzać kogoś do szału
 zatrudnać
 opłata
 zapłacić rachunek, bulić za
 piszący za kogoś, autor-widmo
 słuszna sprawa
 goryl
 rata
 instynktownie
 odsetki
 ciężarówka
 mechanik
 roztopiony
 prezenter, prezenterka
 nagroda
 dumny
 ogólny pomysł
 sprzedawca
 przekręt
 szal zakupów

store <i>n</i>	/stɔ:(r)/	He works in a grocery store .	sklep
surface <i>n</i>	/'sɜ:fɪs/	I can see my reflection in the surface of the water.	powierzchnia
tape <i>n</i>	/teɪp/	My fingers are bandaged with white tape .	wstążka, tasiemka

File 3

Vocabulary Banks

TRANSPORT

avoid <i>v</i>	/ə'vɔɪd/	Avoid the motorway – there is a huge traffic jam.	ominać, unikać
bus stop <i>n</i>	/'bʌs stɒp/	You can buy a ticket at the bus stop .	przystanek autobusowy
car crash <i>n</i>	/kɑ:(r) kræʃ/	I broke my leg in a car crash last month.	wypadek samochodowy
carriage <i>n</i>	/'kærɪdʒ/	My seat is in carriage F.	wagon
child seat <i>n</i>	/tʃaɪld si:t/	You should buy a child seat for your car.	fotelik dziecięcy
coach <i>n</i>	/kəʊtʃ/	We went on a coach to France.	autokar
cross <i>v</i>	/krɒs/	What's the quickest way to cross a busy city?	przejechać przez
cycle lane <i>n</i>	/'saɪkl leɪn/	It's safer to use a cycle lane when you're on your bike.	ścieżka rowerowa
end up <i>phr v</i>	/end ʌp/	If I get on that bus, I'll end up in the wrong place!	skończyć (źle), doprowadzić kogoś (do robienia czegoś)
get stuck <i>phr v</i>	/get stʌk/	I always get stuck in traffic on my way to work.	utknąć
go over <i>phr v</i>	/gəʊ 'əʊvə(r)/	Don't go over the speed limit.	przekroczyć
lorry <i>n</i>	/'lɒri/	My brother drives a lorry .	ciężarówka
motorway <i>n</i>	/'məʊtəweɪ/	The motorway speed limit is 70 miles per hour.	autostrada
parking fine <i>n</i>	/'pɑ:kɪŋ faɪn/	I left my car on double yellow lines and I got a parking fine .	mandat za złe parkowanie
pedestrian crossing <i>n</i>	/pə,destriən 'krɒsɪŋ/	Children should always use a pedestrian crossing .	przejście dla pieszych
petrol station <i>n</i>	/'petrəl steɪʃn/	I stopped at a petrol station to fill up the car.	stacja benzynowa
platform <i>n</i>	/'plætfɔ:m/	The train leaves from this platform .	peron
roadworks <i>n</i>	/'rəʊdwɜ:ks/	Roadworks are starting on this road next week.	roboty drogowe
run out <i>phr v</i>	/rʌn aʊt/	What will we do if we run out of petrol?	kończyć się, wyczerpywać się
rush hour <i>n</i>	/'rʌʃ aʊə(r)/	The traffic is always bad in rush hour .	godzina szczytu
scooter <i>n</i>	/'sku:tə(r)/	My daughter uses her scooter to get to work.	skuter
seat belt <i>n</i>	/'si:t belt/	You must wear a seat belt in cars in this country.	pas bezpieczeństwa
set off <i>phr v</i>	/set ɒf/	We set off early to avoid the traffic.	wyruszać, wyjeżdżać
speed camera <i>n</i>	/spi:d 'kæməɾə/	There's a speed camera so don't drive too fast.	fotoradar
speed limit <i>n</i>	/'spi:d lɪmɪt/	What's the speed limit on this road?	ograniczenie prędkości
taxi rank <i>n</i>	/'tæksi ræŋk/	There's a taxi rank outside the station.	postój taksówek
traffic jam <i>n</i>	/'træfɪk dʒæm/	Sorry I'm late – there was a terrible traffic jam .	korek
traffic lights <i>n</i>	/'træfɪk laɪts/	Turn right after the traffic lights .	sygnalizacja świetlna
tram <i>n</i>	/træm/	I go to work by tram .	tramwaj
Underground <i>n</i>	/'ʌndəgraʊnd/	I use the London Underground every day.	metro

van <i>n</i>	/væn/
watch / look out!	/wɒtʃ aʊt/lʊk aʊt/
zebra crossing <i>n</i>	/ˌzebrə ˈkrɒsɪŋ/

My uncle is a builder and he has his own **van**.
Look out! You're going to crash!
 It's safest to cross the road at the **zebra crossing**.

furgonetka
 Uwaga! Uważaj!
 pasy, przejście dla pieszych

DEPENDENT PREPOSITIONS

afraid of <i>prep</i>	/ə'freɪd ɒv/
angry with <i>prep</i>	/'æŋɡrɪ wɪð/
apologize to <i>prep</i>	/ə'pɒlədʒaɪz tə/
argue with <i>prep</i>	/'ɑːɡjuː wɪð/
arrive at <i>prep</i>	/ə'raɪv æt/
arrive in <i>prep</i>	/ə'raɪv ɪn/
ask for <i>prep</i>	/ɑːsk fɔː/
belong to <i>prep</i>	/bɪ'lɒŋ tə/
choose between <i>prep</i>	/tʃuːz brɪ'twiːn/
close to <i>prep</i>	/kləʊs tə/
depend on <i>prep</i>	/dɪ'pend ɒn/
different from <i>prep</i>	/'dɪfrənt frɒm/
dream about <i>prep</i>	/driːm ə'baut/
excited about <i>prep</i>	/ɪk'saɪtɪd ə'baut/
famous for <i>prep</i>	/'feɪməs fɔː/
fed up with <i>prep</i>	/fed ʌp wɪð/
fond of <i>prep</i>	/fɒnd ɒv/
frightened of <i>prep</i>	/'fraɪtnd ɒv/
good at <i>prep</i>	/ɡʊd æt/
good for <i>prep</i>	/ɡʊd fɔː/
interested in <i>prep</i>	/'ɪntrəstɪd ɪn/
keen on <i>prep</i>	/kiːn ɒn/
kind to <i>prep</i>	/kaɪnd tə/
laugh at <i>prep</i>	/lɑːf æt/
look forward to <i>prep</i>	/lʊk 'fɔːwəd tə/
married to <i>prep</i>	/'mæɪrɪd tə/
pay for <i>prep</i>	/peɪ fɔː/
pleased about <i>prep</i>	/pliːzd ə'baut/
proud of <i>prep</i>	/'praʊd ɒv/
remind me to <i>prep</i>	/'rɪ'maɪnd mi tə/
rude to <i>prep</i>	/ruːd tə/
scared of <i>prep</i>	/skeəd ɒv/
spend money on <i>prep</i>	/spend 'mʌni ɒn/
tired of <i>prep</i>	/'taɪəd ɒv/
worried about <i>prep</i>	/'wʌrɪd ə'baut/

I'm **afraid of** spiders.
 Are you still **angry with** me?
Apologize to your sister for breaking her hairdryer.
 I always **argue with** my parents.
 We **arrive at** Heathrow at 10.30 a.m.
 What time do you **arrive in** London?
 I want to **ask for** some help with my homework.
 Who does this jacket **belong to**?
 You have to **choose between** these two dresses.
 I'm very **close to** my mum and we speak every day.
 I might go to university next year – it will **depend on** my exam results.
 This house is very **different from** your last one.
 Do you often **dream about** work?
 Are you **excited about** your holiday?
 What's your home town **famous for**?
 I'm **fed up with** tidying away your clothes all the time.
 I'm **fond of** my niece – she's so sweet.
 Are you **frightened of** heights?
 I'm really **good at** maths but I'm useless at history.
 Doing some exercise every day is **good for** you.
 I'm really **interested in** history.
 I'm **keen on** football so I watch it most weekends.
 Please be **kind to** your little brother.
 Don't **laugh at** me when I'm talking.
 I **look forward to** seeing you next week.
 How long have you been **married to** your wife?
 How much did you **pay for** that car?
 Are you **pleased about** the new tax system?
 I'm **proud of** my nephew as he's now a doctor.
 Can you **remind me to** call your grandma tomorrow?
 Don't be **rude to** your father!
 I'm **scared of** the dark.
 I like to **spend money on** good quality food.
 I'm **tired of** working – I need to have a rest.
 I'm **worried about** Jody – she seems really depressed.

bać się
 zły na
 przepraszać kogoś
 spierać się z
 przyjeżdżać do(na)
 przybywać do
 poprosić o
 należeć do
 wybierać między
 blisko
 zależeć od
 inny niż
 śnić o
 podekscytowany czymś
 znany z
 mieć czegoś dość
 lubić kogoś, coś, być zachwyconym
 przerażony czymś
 dobry z
 dobry dla
 zainteresowany czymś
 chętny do
 życzliwy dla
 śmiać się z
 oczekiwać na
 w związku małżeńskim z
 płacić za
 cieszyć się z
 dumny z
 przypomnieć mi
 niegrzeczny wobec
 przestraszony czymś
 wydać pieniądze na
 być czymś zmęczonym
 martwić się o

Useful words and phrases

according to <i>prep</i>	/ə'kɔːdɪŋ tə/	According to the article, women are better at multitasking.	według
adventure <i>n</i>	/əd'ventʃə(r)/	I want an adventure so let's go travelling together.	przygoda
ahead of <i>prep</i>	/ə'hed ɒv/	The car was ahead of the bike.	przed
almost <i>adv</i>	/ˈɔːlməʊst/	I can talk to my wife about almost anything.	prawie
choke <i>v</i>	/tʃəʊk/	Try not to choke on that apple.	udławić się
claim <i>v</i>	/kleɪm/	They claim that women use more words than men.	twierdzić
confusing <i>adj</i>	/kən'fjuːzɪŋ/	The map was confusing and we got lost.	dezorientujący
credible <i>adj</i>	/ˈkredəbl/	This research isn't credible so I don't trust the findings.	wiarygodny
fit <i>v</i>	/fɪt/	They want to fit me with a hearing aid.	wyposażyć
generally <i>adv</i>	/ˈdʒenrəli/	Generally speaking, are women more talkative than men?	na ogół
gossip <i>n</i>	/ˈɡɒsɪp/	Have you got any gossip to share?	plotki
gossip <i>v</i>	/ˈɡɒsɪp/	She likes to gossip with her friends over coffee.	plotkować
hardly <i>adv</i>	/ˈhɑːdli/	We hardly ever go to the cinema any more.	prawie wcale
in fact	/ɪn fækt/	We don't eat out much, in fact , we don't even have takeaways any more.	właściwie
manual <i>n</i>	/ˈmænjuəl/	I need a training manual on how to bring up children.	podręcznik
multitask <i>v</i>	/ˌmʌltɪ'taːsk/	Do you think women can multitask better than men?	wykonywać wiele zadań naraz
permit <i>n</i>	/ˈpɜːmɪt/	Do you have a permit to park here?	zezwolenie
race <i>n</i>	/reɪs/	I won the race .	wyścig
range <i>v</i>	/reɪndʒ/	There is a wide range of products to choose from.	zakres
reach <i>v</i>	/riːtʃ/	When do you think you will reach the station?	dotrzeć, dojechać gdzieś
recorder <i>n</i>	/rɪ'kɔːdə(r)/	They attached a recorder to them to monitor their conversations.	urządzenie do nagrywania
reduce <i>v</i>	/rɪ'djuːs/	Laughing can reduce stress.	zredukować, zmniejszyć
route <i>n</i>	/ruːt/	Which is the best route to the station?	trasa, droga
rush <i>v</i>	/rʌʃ/	I was late so I had to rush to school.	spieszyć się
sceptical <i>adj</i>	/ˈskeptɪkl/	They are sceptical of the belief that women use three times as many words as men.	sceptyczny
slightly <i>adv</i>	/ˈslaɪtli/	Men only use slightly fewer words than women.	nieco
stereotype <i>n</i>	/ˈsteriətaɪp/	The stereotype of British people is that they always talk about the weather.	stereotyp
stereotype <i>v</i>	/ˈsteriətaɪp/	They stereotype women as being better at looking after children.	szufladkować
stick <i>v</i>	/stɪk/	Men usually stick to one subject for longer when they chat.	trzymać się
swap <i>v</i>	/swɒp/	We like to get together and swap opinions.	wymienić
talk about <i>phr v</i>	/tɔːk ə'baʊt/	I like to talk about politics with my friends.	rozmawiać o
tend <i>v</i>	/tend/	Women tend to gossip more than men.	skłaniać się ku
turn around <i>phr v</i>	/ˈtɜːn əraʊnd/	Turn around because you're going the wrong way!	zawrócić
turn red	/tɜːn red/	When the lights turn red you have to stop.	czzerwienić się

whereas <i>conj</i>	/ˌweər'æz/	Women talk about lots of subjects whereas men usually stick to one subject for longer.	podczas gdy
worse <i>adj</i>	/wɜːs/	You should leave now because the traffic is getting worse .	gorszy
More words in File 3			
check-in desk <i>n</i>	/tʃek ɪn desk/	Go straight to the check-in desk at the airport.	stanowisko odprawy
commando <i>n</i>	/kə'mændəʊ/	He was a commando in the British army.	komandos
do your hair	/də ʃɔː(r) heə(r)/	How long does it take to do your hair ?	uczesać się
driving simulator <i>n</i>	/'draɪvɪŋ 'sɪmjuleɪtə(r)/	A British car magazine tested drivers in a driving simulator .	symulator jazdy
illegal <i>adj</i>	/ɪ'liːɡl/	Have you ever done something illegal ?	nielegalny
military precision <i>n</i>	/'mɪlətri prɪ'sɪʒn/	Getting ready for school requires military precision .	wojskowa precyzja
motorboat <i>n</i>	/'məʊtəbəʊt/	My brother bought a motorboat last weekend.	motorówka
nickname <i>n</i>	/'nɪkneɪm/	Did you have a nickname when you were at school?	przezwiśko
mile <i>n</i>	/maɪl/	How long does it take you to walk one mile ?	jedna mila
overground train <i>n</i>	/'əʊvəgraʊnd treɪn/	You should take the overground train from Waterloo.	kolej naziemna
penalty <i>n</i>	/'penəlti/	Their best player missed the penalty .	rzut karny
public transport <i>n</i>	/'pʌblɪk 'trænsپɔːt/	I never use public transport because I love driving.	transport publiczny
publish <i>v</i>	/'pʌblɪʃ/	Will they publish your article in the magazine?	wydać, opublikować
put make-up on	/pʊt meɪk ʌp ɒn/	I need 20 minutes to put make-up on in the morning.	zrobić makijaż
ring road <i>n</i>	/'rɪŋ rəʊd/	Drive round the ring road to get to that part of town.	obwodnica
rucksack <i>n</i>	/'rʌksæk/	I put my lunch box into my rucksack .	plecak
satnav <i>n</i>	/'sætneɪv/	I use my satnav when I go on long journeys.	nawigacja satelitarna
series <i>n</i>	/'sɪəriːz/	Top Gear is a very popular TV series .	serial telewizyjny
silence is golden	/'saɪləns aɪz 'gəʊldən/	I like to spend time in quiet places – silence is golden .	milczenie jest złotem
sleeping tablet <i>n</i>	/'sliːpɪŋ 'tæblət/	I took a sleeping tablet to help me sleep last night.	tabletkę nasenną
stay-at-home dad <i>n</i>	/steɪ æt həʊm dæd/	I'm a stay-at-home dad and my wife works.	tata zajmujący się domem
the Tube <i>n</i>	/ðə tjuːb/	I hate travelling on the Tube .	metro
trivial <i>adj</i>	/'trɪviəl/	My friends talk about trivial things like celebrities.	banalny, przeciętny
valuable <i>adj</i>	/'væljuəbl/	My time is valuable so I don't like to waste it.	cenny, wartościowy

File 4

Useful words and phrases

amazed <i>adj</i>	/ə'meɪzd/	I was amazed by our son's exam results.	zdumiony
amazing <i>adj</i>	/ə'meɪzɪŋ/	The view from our hotel room is amazing .	niezwykły, zdumiewający
basic phrase <i>n</i>	/'beɪsɪk freɪz/	Learn some basic phrases before you travel abroad.	podstawowy zwrot
bored <i>adj</i>	/bɔːd/	I'm bored – let's do something.	znudzony
boring <i>adj</i>	/'bɔːrɪŋ/	This film is really boring .	nużący, nudny
busy <i>adj</i>	/'bɪzi/	I'm afraid the line is busy at the moment.	zajęty
consequence <i>n</i>	/'kɒnsɪkwəns/	Leaving my phone on had an embarrassing consequence .	konsekwencja, rezultat
depressed <i>adj</i>	/dɪ'prest/	She was feeling depressed so she went to her doctor.	przygnębiony

depressing <i>adj</i>	/dɪ'presɪŋ/	<i>I find winter depressing.</i>	przygnębiający
dial <i>v</i>	/'daɪəl/	<i>Can you dial the number for me?</i>	wykręcić numer
disappointed <i>adj</i>	/,dɪsə'pɔɪntɪd/	<i>My parents were disappointed with my exam results.</i>	rozczarowany
disappointing <i>adj</i>	/,dɪsə'pɔɪntɪŋ/	<i>My exam results were a bit disappointing.</i>	rozczarowujący
embarrassed <i>adj</i>	/ɪm'bærəst/	<i>I was embarrassed when I fell over in the town centre.</i>	zakłopotany
embarrassing <i>adj</i>	/ɪm'bærəsɪŋ/	<i>It was embarrassing when my dad decided to dance!</i>	żenujący, kłopotliwy
engaged <i>adj</i>	/ɪn'geɪdʒd/	<i>I tried to call you but the line was engaged.</i>	zajęty
etiquette <i>n</i>	/'etɪkət/	<i>Do you know about mobile phone etiquette?</i>	etykieta, normy
evidence <i>n</i>	/'eɪdɪns/	<i>If at first you don't succeed, destroy all the evidence that you tried.</i>	dowód, dowody
excited <i>adj</i>	/ɪk'saɪtɪd/	<i>I was really excited on the first day of the course.</i>	pasjonujący
exciting <i>adj</i>	/ɪk'saɪtɪŋ/	<i>The action film was really exciting.</i>	ekscytujący
fabulous <i>adj</i>	/'fæbjələs/	<i>She looks fabulous in that dress!</i>	wspaniały, baśniowy
fluently <i>adv</i>	/'flu:əntli/	<i>I can speak Italian fluently.</i>	biegłe
frightened <i>adj</i>	/'fraɪtnd/	<i>I was frightened when I heard that knocking noise.</i>	przeżaszony
frightening <i>adj</i>	/'fraɪtɪŋ/	<i>It's frightening to walk through the woods at night.</i>	przerażający
frustrated <i>adj</i>	/frʌ'streɪtɪd/	<i>I'm really frustrated by our new camera.</i>	sfrustrowany
frustrating <i>adj</i>	/frʌ'streɪtɪŋ/	<i>Using this website is frustrating.</i>	frustrujący
hang up <i>phr v</i>	/'hæŋ ʌp/	<i>Don't hang up until you've heard what I want to say.</i>	odłożyć słuchawkę
instant messaging <i>n</i>	/'ɪnstənt 'mesɪdʒɪŋ/	<i>I use instant messaging to chat to my friends.</i>	komunikator
language barrier <i>n</i>	/'læŋɡwɪdʒ 'bæriə(r)/	<i>For tourists, the language barrier is a real problem.</i>	bariera językowa
leave a message	/li:v ə 'mesɪdʒ/	<i>Please leave a message after the beep.</i>	zostawić wiadomość
link <i>n</i>	/lɪŋk/	<i>I have a strong personal link to Greece.</i>	pociąg, powiązanie
manners <i>n pl</i>	/'mænəz/	<i>Saying please and thank you is good manners.</i>	zachowanie
more exceptions than rules	/mɔ:(r) ɪk'sepʃnz ðæn ru:lz/	<i>There seem to be more exceptions than rules in Russian grammar.</i>	wyjątek potwierdzający regułę
multilingual <i>adj</i>	/,mʌlti'liŋɡwəl/	<i>He's multilingual – he speaks eight languages.</i>	wielojęzyczny
quiet zone <i>n</i>	/'kwaɪət zəʊn/	<i>This is a quiet zone so please turn off your mobile.</i>	strefa ciszy
scene <i>n</i>	/si:n/	<i>I love the car chase scene in the latest James Bond film.</i>	scena
screen saver <i>n</i>	/'skri:n seɪvə/	<i>I have a picture of my children as my screen saver.</i>	wygaszacz ekranu
silent mode <i>n</i>	/'saɪlənt məʊd/	<i>I switch my phone to silent mode during meetings.</i>	tryb cichy
skill <i>n</i>	/skɪl/	<i>She has a skill for languages.</i>	wprawa, umiejętność
tired <i>adj</i>	/'taɪəd/	<i>I'm really tired so I'm going to bed.</i>	zmęczony
tiring <i>adj</i>	/'taɪərɪŋ/	<i>Swimming in the sea is tiring.</i>	męczący
vibrate mode <i>n</i>	/vaɪ'breɪt məʊd/	<i>Switch your phone to vibrate mode at the cinema.</i>	wibracja
voicemail <i>n</i>	/'vɔɪsmeɪl/	<i>Leave a message on my voicemail.</i>	poczta głosowa

More words in File 4

accompany <i>v</i>	/ə'kʌmpəni/	<i>Can I accompany you to the bus stop?</i>	towarzyszyć
Afrikaans <i>n</i>	/,æfrɪ'kɑ:ns/	<i>He lives in South Africa and speaks Afrikaans.</i>	afrykanerski
app <i>n</i>	/æp/	<i>Have you seen the latest app for counting calories?</i>	aplikacja
appropriate <i>adj</i>	/ə'prəʊpɪət/	<i>Do you think your behaviour is appropriate?</i>	odpowiedni
calm <i>adj</i>	/kɑ:m/	<i>You seem very calm about your driving test.</i>	spokojny
Catalan <i>n</i>	/'kætələn/	<i>They speak Catalan and Spanish in Barcelona.</i>	kataloński

criticize v	/ˈkrɪtɪsaɪz/	You should never criticize her cooking.	krytykować
declare v	/dɪˈkleə(r)/	You should not declare what you will and will not eat.	oznajmić
deserve v	/dɪˈzɜːv/	People with you deserve more attention than those at the end of the phone.	zasługiwać
doubt v	/daʊt/	I doubt that he'll get good exam results because he is really lazy.	wątpić
excursion n	/ɪkˈskɜːʃn/	We went on a diving excursion the next day.	wycieczka, wypad
face-to-face adj	/ˌfeɪs tə ˈfeɪs/	I would like to speak to you about this face-to-face .	w cztery oczy
finals n pl	/ˈfaɪnlz/	I'm studying hard for my finals at the moment.	egzaminy końcowe
generate v	/ˈdʒenəreɪt/	I didn't think the competition would generate this amount of media attention.	wytworzyć, wygenerować
Greek adj	/ɡriːk/	I had to learn the Greek alphabet.	grecki
hands-free adj	/ˈhændz friː/	I bought a hands-free set so I can use my phone in the car.	zestaw słuchawkowy
Hebrew n	/ˈhiːbruː/	I learnt some Hebrew when I was young,	hebrajski
helping n	/ˈhelpɪŋ/	She gave me an enormous helping of lasagne.	dokładka
instantly adv	/ˈɪnstəntli/	If you learn some basic phrases it instantly shows that you respect the culture and language.	natychmiast
insulting v	/ɪnˈsʌltɪŋ/	The player was sent off for insulting the referee.	obraźliwy
intimate adj	/ˈɪntɪmət/	They had an intimate conversation in a quiet place.	intymny
invisible adj	/ɪnˈvɪzəbl/	Sometimes I wish I could become invisible .	niewidoczny
island n	/ˈaɪlənd/	He grew up on a small island off the coast of Scotland.	wyspa
knowledge n	/ˈnɒlɪdʒ/	I don't have much knowledge of science, I'm afraid.	wiedza
media attention n	/ˈmiːdiə əˈtenʃn/	The celebrity story received a lot of media attention .	uwaga mediów
megaphone n	/ˈmegəfəʊn/	Use the megaphone so that everyone can hear you.	megafon
nasty adj	/ˈnɑːsti/	Heidi received a nasty email from Carolyn.	okropny
Oriental adj	/ˌɔːriˈentl/	Oriental languages are hard for Europeans to learn.	orientalny
ought v	/ɔːt/	John just called so you ought to call him back.	powinien, powinna, powinno
permission n	/pəˈmɪʃ(ə)n/	Don't post photos of friends without asking their permission .	pozwolenie
reception n	/rɪˈsepʃn/	The reception is really poor and I can't hear what you're saying.	odbiór
robot n	/ˈrəʊbɒt/	I was dancing like a robot !	robot
Roman adj	/ˈrəʊmən/	It's easier to learn a language with Roman letters.	rzymski
scuba dive v	/skuːbə daɪv/	I want to learn to scuba dive when we go to Spain.	nurkować
see sense	/siː sens/	I hope she will see sense and find a better boyfriend.	dostrzec sens
skydiving n	/ˈskaɪdaɪvɪŋ/	I went skydiving when I was in New Zealand.	wykonywać akrobacje spadochronowe
snorkelling n	/ˈsnɔːkəlɪŋ/	I love snorkelling and looking at the fish.	nurkowanie z rurką
stepmother n	/ˈstepmʌðə(r)/	My father married his girlfriend so I now have a stepmother .	macocha
tactless adj	/ˈtæktləs/	It was tactless to say you didn't like his new shirt.	nietaktowny
theory n	/ˈθɪəri/	You need to study the theory to pass the test.	teoria
tip n	/tɪp/	I have a good tip on how to make pasta sauce.	wskazówka
tune n	/tjuːn/	I still try to dance when I hear a salsa tune .	melodia

whole <i>adj</i>	/həʊl/	Have you finished the whole cake already?	cały
You don't have to shout	/ju dəʊnt 'hæf tə ʃaʊt/	You don't have to shout – I can hear you.	Nie musisz krzyczeć
You have to keep your phone on ...	/ju 'hæf tə ki:p jɔ:(r) fəʊn ɒn/	You have to keep your phone on so that I can contact you.	Musisz mieć włączony telefon ...
You must not use your phone ...	/ju məst nɒt ju:s jɔ:(r) fəʊn/	You must not use your phone in the library.	Nie wolno ci korzystać z telefonu ...
If you must take a call ...	/ɪf ju məst teɪk ə kɔ:l/	If you must take a call in the car, use a hands-free set.	Jeśli musisz odebrać telefon ...

File 5

Vocabulary Banks

SPORT

arena <i>n</i>	/ə'ri:nə/	The horse racing competition took place in the arena .	arena
beat <i>v</i>	/bi:t/	Arsenal beat Chelsea 2-0.	pokonać
captain <i>n</i>	/'kæptɪn/	Which player is the captain of your team?	kapitan
circuit <i>n</i>	/'sɜ:kɪt/	There is a Formula 1 circuit in Bahrain.	okrążenie
coach <i>n</i>	/kəʊtʃ/	My dad is a tennis coach .	trener
course <i>n</i>	/kɔ:s/	We went round the 18-hole golf course together.	boisko
court <i>n</i>	/kɔ:t/	There's a tennis court in our local park.	kort, boisko
crowd <i>n</i>	/kraʊd/	There was a huge crowd waiting to get into the stadium.	tłum
draw <i>v</i>	/drɔ:/	We don't want to draw – we want to win the match.	zremisować
eliminate <i>v</i>	/ɪ'lɪmɪneɪt/	We will eliminate their team from the competition.	wyeliminować
fan <i>n</i>	/fæn/	I'm a Manchester United fan .	kibic
get fit	/get fɪt/	I want to lose weight and get fit before my wedding.	nabrać formy
get injured	/get 'ɪndʒəd/	Try not to get injured in the football match.	doznać kontuzji
gym <i>n</i>	/dʒɪm/	I go to the gym every morning for 45 minutes.	siłownia
knock out <i>phr v</i>	/'nɒkaʊt/	Can we knock out their team from the competition?	znokautować
lose <i>v</i>	/lu:z/	They accept money to lose matches.	przegrać
pitch <i>n</i>	/pɪtʃ/	The football pitch was very muddy.	boisko
player <i>n</i>	/'pleɪə(r)/	Who is the best player in your team?	gracz
pool <i>n</i>	/pu:l/	I dived into the pool .	basen
referee <i>n</i>	/,refə'reɪ/	The referee blew his whistle.	sędzia
send off <i>phr v</i>	/'send ɒf/	I think the referee should send off that player.	usunąć (z boiska)
slope <i>n</i>	/sləʊp/	We went really fast down the ski slope .	stok
spectator <i>n</i>	/spek'teɪtə(r)/	I was a spectator at the Wimbledon final this year.	kibic, widz
sports hall <i>n</i>	/spɔ:ts hɔ:l/	You can play basketball in the sports hall .	hala sportowa
stadium <i>n</i>	/'steɪdiəm/	They built a new stadium for Arsenal a few years ago.	stadion
tai-chi <i>n</i>	/,taɪ tʃi:/	I do tai-chi to help me relax.	tai chi
team <i>n</i>	/ti:m/	There are 11 players in a football team .	drużyna
track <i>n</i>	/træk/	I ran twice around the race track .	bieżnia, tor wyścigowy
train <i>v</i>	/treɪn/	How many hours do you train for every day?	trenować
umpire <i>n</i>	/'ʌmpaɪə(r)/	The umpire sent one of the players off the field.	arbitr

warm up	phr v	/ˈwɔːm ʌp/
win	v	/wɪn/
work out	phr v	/ˈwɜːkaʊt/
yoga	n	/ˈjəʊgə/

It's important to **warm up** before you do exercise.
 I really want to **win** this competition.
 I like to **work out** at the gym three times a week.
 I teach Ashtanga **yoga** on Monday evenings.

rozgrzewać
 wygrać, zwyciężyć
 ćwiczyć
 joga

RELATIONSHIPS

be together	/bi tə'geðə(r)/
become friends	/brɪ'kʌm frendz/
break up <i>phr v</i>	/'breɪk ʌp/
classmate <i>n</i>	/'klɑːsmet/
close friend <i>n</i>	/kləʊs frend/
colleague <i>n</i>	/'kɒliːg/
couple <i>n</i>	/'kʌpl/
dump <i>v</i>	/dʌmp/
ex <i>n</i>	/eks/
fall out with	/fɔːl aʊt wɪð/
fancy <i>v</i>	/'fænsi/
fiancé(e) <i>n</i>	/fi'ɒnseɪ/
flatmate <i>n</i>	/'flætmeɪt/

I want us to **be together** forever.
 When did you first **become friends**?
 I find it really hard to **break up** with someone.
 He's a **classmate** of mine – we take maths together.
 Nina is a really **close friend** of mine.
 James is a work **colleague**.
 How long have you and Wendy been a **couple**?
 I'm going to **dump** my boyfriend this evening.
 I had a text message from my **ex** yesterday.
 I never **fall out with** my sister.
 Do you **fancy** anyone in your drama class?
 This is my **fiancée**, Heather.
 Kevin is my **flatmate**.

być razem
 stać się przyjaciółmi
 zerwać
 kolega, koleżanka z klasy
 bliski przyjaciel
 kolega, koleżanka
 para
 zostawić
 byli, była
 pokłócić się z
 podobać się
 narzeczona
 współlokator,
 współlokatorka

get in touch	/get ɪn tʌtʃ/
get married	/get 'mærid/
get on <i>phr v</i>	/get ɒn/
get to know	/get tə nəʊ/
go out together	/gəʊ aʊt tə'geðə(r)/
have a crush on	/həv ə kɹʌʃ ɒn/
have something in common	/həv 'sʌmθɪŋ ɪn 'kɒmən/
lose touch	/luːz tʌtʃ/
mate <i>n</i>	/meɪt/
meet <i>v</i>	/miːt/
partner <i>n</i>	/'pɑːtnə(r)/
propose <i>v</i>	/prə'pəʊz/
romantic <i>adj</i>	/rəʊ'mæntɪk/
split up <i>phr v</i>	/splɪt ʌp/

Please **get in touch** when you are next in town.
 I'd like to **get married** before I'm 30.
 Do you **get on** with your parents?
 I want to **get to know** you.
 How long did you and Nick **go out together**?
 I **have a crush on** my sister's best friend.
 You need to **have something in common** with your partner if the relationship is going to work.
 Don't **lose touch** – let's exchange numbers.
 Nicola's not my girlfriend – she's just a **mate**.
 I find it quite difficult to **meet** new people.
 I live in a small house with my **partner**.
 I want to **propose** to my girlfriend tonight.
 I took her out for a **romantic** meal.
 When did you **split up** with Marco?

nawiązywać kontakt
 ożenić się, wyjść za mąż
 być w dobrych stosunkach
 poznać
 chodzić ze sobą
 bujać się w kimś
 mieć coś wspólnego z
 stracić kontakt
 kumpelka
 poznać
 partner
 oświadczyć się
 romantyczny
 rozstać się

Useful words and phrases

audition	n	/ɔːˈdɪʃn/
award	v	/əˈwɔːd/
barrier	n	/ˈbæriə(r)/
candle	n	/ˈkændl/
commuter	n	/kəˈmjuːtə(r)/
cute	adj	/kjuːt/

The actress was driving to an **audition**.
 They will **award** the title to the winner of the race.
 He raised the **barrier** to let her pass.
 She lit the **candle** in her bedroom.
 She was a frequent **commuter** from London to New York.
 She thought he was really **cute**.

przesłuchanie
 nagroda
 bariera, szlaban
 świeca
 dojeżdżający
 uroczy

exceptionally <i>adv</i>	/ɪk'sepʃənəli/	Usain Bolt can run exceptionally fast.	wyjątkowo
exchange a few words	/ɪks'tʃeɪndʒ ə fjuː wɜːdz/	They always exchange a few words when they see each other.	zamienić kilka słów
fate <i>n</i>	/feɪt/	I knew it was fate that we didn't win the game.	fatum, los
find the courage	/faɪnd ðə 'kʌrɪdʒ/	Try to find the courage to give him your number.	zdobyć się na odwagę
lane <i>n</i>	/leɪn/	The motorway lane was closed.	pas
likely <i>adj</i>	/'laɪkli/	Is it likely that you will pass your exams?	prawdopodobne
lucky charm <i>n</i>	/'lʌki tʃɑːm/	This necklace is my lucky charm .	talizman
opera <i>n</i>	/'ɒprə/	We went to see an Italian opera last night.	opera
operator <i>n</i>	/'ɒpəreɪtə(r)/	He was a tollbooth operator .	operator
ritual <i>n</i>	/'rɪtʃuəl/	He has a ritual that he does before every match.	rytuał
run <i>v</i>	/rʌn/	I want to run a company when I grow up.	prowadzić
shift <i>n</i>	/ʃɪft/	I'm working the day shift at the moment.	zmiana
shoelaces <i>n pl</i>	/'ʃuːleɪsɪz/	Did you tie your shoelaces properly?	sznurówki
short cut <i>n</i>	/'ʃɔːt kʌt/	If you take the short cut you will get there early.	skrót
superstition <i>n</i>	/,suːpə'stɪʃn/	The superstition is that seeing a black cat brings good luck.	przesąd
superstitious <i>adj</i>	/,suːpə'stɪʃəs/	I'm really superstitious so I hate the number 13.	przesądny
sweat <i>v</i>	/swet/	I always sweat a lot when I play tennis.	pocić
their eyes met	/ðeə(r) aɪz met/	Their eyes met across a crowded room.	ich spojrzenia się spotkały
thruway <i>n</i>	/'θruːweɪ/	She came off the thruway and stopped at the tollbooth.	droga ekspresowa
title <i>n</i>	/'taɪtl/	They awarded the title to the real winner.	tytuł
tollbooth <i>n</i>	/'təʊlbuːð/	You have to pay money to cross the bridge via the tollbooth .	punkt pobierania opłat
traffic cone <i>n</i>	/'træfɪk kəʊn/	He put a traffic cone in front of his lane.	pachołek
turn out <i>phr v</i>	/'tɜːnaʊt/	Don't worry – everything will turn out okay.	okazać się
winner <i>n</i>	/'wɪnə(r)/	Who was the winner ?	zwycięzca, zwyciężczyni

More words in File 5

anecdote <i>n</i>	/'ænɪkdəʊt/	He told us a really funny anecdote at the party.	anegdota
celebrity <i>n</i>	/sə'lebrəti/	Have you ever met a celebrity ?	celebryta, sława
cheat <i>v</i>	/tʃiːt/	Why did you cheat in your exams?	oszukiwać, ściągać
extra time <i>n</i>	/,ekstrə 'taɪm/	There were no goals so the match went to extra time .	dodatkowy czas
forum <i>n</i>	/'fɔːrəm/	I like to post my comments on a web forum .	forum
I'm going to tell you about a time when ...	/aɪm 'gəʊɪŋ tə 'tel ju ə'baʊt ə taɪm wen/	I'm going to tell you about a time when I was in a dangerous situation.	Opowiem ci o czasie gdy
probable <i>adj</i>	/'prɒbəbl/	It's probable that the economy won't grow in the next few months.	prawdopodobny
protest <i>v</i>	/prə'test/	You shouldn't protest against the referee's decision.	protestować
quarter-finals <i>n pl</i>	/,kwɔːtə 'faɪnlz/	We got through to the quarter-finals of the competition.	ćwierćfinały
recover <i>v</i>	/rɪ'kʌvə(r)/	How long did it take to recover from the accident?	wyzdrowieć, dojść do siebie
This happened a few years ago ...	/ðɪs 'hæpənd ə fjuː ʒɜːz ə'gəʊ/	This happened a few years ago – I was walking my dog when I heard a gun shot.	Zdarzyło się to kilka lat temu ...
trophy <i>n</i>	/'trəʊfi/	I really hope my team wins a trophy this year.	trofeum

unpopular <i>adj</i>	/ʌn'pɒpjələ(r)/	Football referees are really unpopular in my country.	nielubiany
wax <i>n</i>	/wæks/	This candle is made of wax .	wosk
well-paid <i>adj</i>	/wel peɪd/	Professional footballers are extremely well-paid .	dobrze płatny
When I was younger ...	/wen aɪ wɒz 'jʌŋɡə(r)/	When I was younger I went to swimming lessons every Saturday.	Gdy byłam młodsza / byłem młodszy ...

File 6

Vocabulary Banks

CINEMA

action film <i>n</i>	/'ækʃn fɪlm/	Have you seen that new action film ?	film akcji
actor <i>n</i>	/'æktə(r)/	I want to be an actor so I'm studying drama.	aktor
actress <i>n</i>	/'æktres/	Angelina Jolie is a famous actress .	aktorka
adaptation <i>n</i>	/,ædæp'teɪʃn/	I loved the recent adaptation of Jane Eyre.	adaptacja
animation <i>n</i>	/,ænɪ'meɪʃn/	My children love the animation Peppa Pig.	film animowany
audience <i>n</i>	/'ɔ:diəns/	There weren't many people in the audience .	widownia
based on <i>phr v</i>	/beɪst ɒn/	The film is based on a popular novel.	na podstawie
be on <i>phr v</i>	/bi ɒn/	When will the new series of Downton Abbey be on ?	wyświetlać, być na ekranach
cast <i>n</i>	/kɑ:st/	The film has a very small cast of only five actors.	obsada
comedy <i>n</i>	/'kɒmədi/	We saw a great comedy starring Ben Stiller last week.	komedia
direct <i>v</i>	/də'rekt/	He's an actor but now he wants to direct a film.	reżyserować
drama <i>n</i>	/'dra:mə/	I watched an excellent drama set during the war.	dramat
dub <i>v</i>	/dʌb/	They usually dub American movies into German.	dubbingować
extra <i>n</i>	/'ekstrə/	I was an extra in the recent film about Robin Hood.	statysta, statystka
film <i>n</i>	/fɪlm/	What's your favourite film ?	film
film on location	/fɪlm ɒn ləʊ'keɪʃn/	We want to film on location in India.	kręcić filmu w plenerze
funny <i>adj</i>	/'fʌni/	That new comedy with Ricky Gervais is really funny .	zabawny, śmieszny
historical film <i>n</i>	/hɪ'stɒrɪkl fɪlm/	It was a historical film about the American Civil War.	film historyczny
horror film <i>n</i>	/'hɒrə(r) fɪlm/	She was in a horror film about vampires.	horror
movie <i>n</i>	/'mu:vi/	They use the word movie , not film , in America.	film
moving <i>adj</i>	/'mu:vɪŋ/	That film about the First World War was moving .	wzruszający
musical <i>n</i>	/'mju:zɪkl/	We saw the musical Mamma Mia! in London.	musical
play the part of	/pleɪ ðə pɑ:t ɒv/	I want to play the part of Juliet in the new film.	grać rolę
plot <i>n</i>	/plɒt/	The plot of the film was very complicated.	fabuła
review <i>n</i>	/rɪ'vju:/	The film got a really bad review in the papers.	recenzja
rom-com <i>n</i>	/rɒm kɒm/	I don't like action films. I prefer watching rom-coms .	komedia romantyczna
scary <i>adj</i>	/'skeəri/	I thought that alien film was really scary .	prerażający
science fiction film <i>n</i>	/'saɪəns 'fɪkʃn fɪlm/	He loves science fiction films about aliens.	fantastyka, film science fiction
script <i>n</i>	/skript/	The script was written by an experienced writer.	scenariusz
sequel <i>n</i>	/'si:kwəl/	Will there be a sequel to this film?	kontynuacja
set <i>v</i>	/set/	They set the film in the Italian Alps.	usytuować

shoot on location	/ʃu:t ɒn ləʊ'keɪʃn/	They're going to shoot on location in Mexico.	zdjęcia w plenerze
soundtrack <i>n</i>	/ˈsaundtræk/	I love the soundtrack to this film so I bought the CD.	ścieżka dźwiękowa
special effects <i>n pl</i>	/ˌspeʃl ɪ'fekts/	They spent millions on special effects in this film.	efekty specjalne
star <i>n</i>	/stɑ:(r)/	Keira Knightley is the star of the film.	gwiazda, gwiazdor
studio <i>n</i>	/ˈstju:diəʊ/	It was filmed in a studio in Hollywood.	studio
subtitles <i>n pl</i>	/ˈsʌbtaitlz/	It's a French film so it has English subtitles .	napisy do filmu
thriller <i>n</i>	/ˈθrɪlə(r)/	He starred in a thriller about a political scandal.	thriller
translation <i>n</i>	/trænz'leɪʃn/	The translation of the film took three months.	tłumaczenie
violent <i>adj</i>	/ˈvaɪələnt/	Children shouldn't see violent films.	z przemocą
war film <i>n</i>	/wɔ:(r) fɪlm/	We saw a war film set during the Vietnam war.	film wojenny
western <i>n</i>	/ˈwestən/	That actor was in a western film recently.	western

THE BODY

arms <i>n pl</i>	/ɑ:mz/	He has really strong arms .	ramiona
back <i>n</i>	/bæk/	I hurt my back in a horseriding accident.	plecy
bite <i>v</i>	/baɪt/	Did that dog just bite you?	ugryźć
clap <i>v</i>	/klæp/	Clap your hands!	klasnąć
ears <i>n pl</i>	/ɪəz/	My dog has really big ears .	uszy
eyes <i>n pl</i>	/aɪz/	She has beautiful blue eyes .	oczy
face <i>n</i>	/feɪs/	She has such a pretty face .	twarz
feet <i>n pl</i>	/fi:t/	What size are your feet ?	stopy
fingers <i>n pl</i>	/ˈfɪŋgəz/	You have lovely long fingers .	palce (u ręki)
foot <i>n</i>	/fʊt/	I broke my foot playing football.	stopa
hair <i>n</i>	/heə(r)/	I have long brown hair .	włosy
hands <i>n pl</i>	/hændz/	Are your hands clean?	ręce
head <i>n</i>	/hed/	I had a really big head when I was a baby.	głowa
kick <i>v</i>	/kɪk/	Kick the ball as far as you can.	kopnąć
knees <i>n pl</i>	/ni:z/	I get a lot of pain in my knees when I walk.	kolana
legs <i>n pl</i>	/legz/	That girl has really long legs .	nogi
lips <i>n pl</i>	/lɪps/	He has really thin lips .	wargi
mouth <i>n</i>	/maʊθ/	Keep your mouth closed when you're eating.	usta, buzia
neck <i>n</i>	/nek/	My neck hurts when I work at the computer.	szyja
nod <i>v</i>	/nɒd/	Nod your head if you want to say yes.	skinąć głową, przytaknąć
nose <i>n</i>	/nəʊz/	I have a large nose just like my mother.	nos
point <i>v</i>	/pɔɪnt/	Can you point at the person who stole your money?	wskazanie
shoulders <i>n pl</i>	/ˈʃəʊldəz/	My shoulders hurt from carrying that heavy bag.	barki, ramiona
smell <i>v</i>	/smel/	I can smell garlic.	czuć zapach
smile <i>v</i>	/smaɪl/	She'll smile at you if you smile at her.	uśmiechać
stare <i>v</i>	/steə(r)/	Don't stare at people – it's rude.	gapić się
stomach <i>n</i>	/ˈstʌmək/	My stomach hurts because I ate too much.	brzuch
taste <i>v</i>	/teɪst/	Taste this cake – it's delicious.	próbować, smakować
teeth <i>n pl</i>	/ti:θ/	I brush my teeth twice a day.	zęby
throw <i>v</i>	/θrəʊ/	Throw the ball back to Jason.	rzucić

toes <i>n pl</i>	/təʊz/	Can you fit your toes into those pointy shoes?	palce (u nogi)
tongue <i>n</i>	/tʌŋ/	How far can you stick your tongue out?	język
tooth <i>n</i>	/tu:θ/	I broke a tooth on a hard bread roll.	ząb
touch <i>v</i>	/tʌtʃ/	If you touch the screen it will open the website.	dotykać
whistle <i>v</i>	/ˈwɪsl/	I like to whistle a tune while I do the gardening.	gwizdać

Useful words and phrases

a different side of yourself	/ə ˈdɪfrənt saɪd ɒv ʃɔː'self/	You should show your work colleagues a different side of yourself outside of work.	inna strona ciebie samego / samej
academic <i>adj</i>	/ˌækəˈdemɪk/	He works in an academic setting.	akademicki
alley <i>n</i>	/ˈæli/	In films, New York is full of secret alleys .	alejka
architect <i>n</i>	/ˈɑːkɪtekt/	The building was designed by a famous architect .	architekt
aristocratic <i>adj</i>	/ˌærɪstəˈkrætɪk/	She comes from a wealthy aristocratic family.	arystokratyczny
belief <i>n</i>	/bɪˈliːf/	I have a strong belief that we should look after our parents when they get old.	przekonanie
capacity <i>n</i>	/kəˈpæsəti/	I only use social media in a professional capacity .	charakter
consultant <i>n</i>	/kənˈsʌltənt/	I work as a business consultant .	konsultant, konsultantka
dress up <i>phr v</i>	/dres ʌp/	I like to dress up when we go out for meals.	wystroić się
dye <i>v</i>	/daɪ/	I want to dye my hair blond.	farbować
dyed <i>adj</i>	/daɪd/	She has died red hair.	ufarbowany
essential <i>n</i>	/ɪˈsenʃl/	It's essential to have a good diet if you want to be fit.	podstawa
exhibition <i>n</i>	/ˌeksɪˈbɪʃn/	I want to go to the art exhibition in the town centre.	wystawa, ekspozycja
functional <i>adj</i>	/ˈfʌŋkʃənl/	I wear functional clothes, not fashionable clothes.	funkcjonalny
grow up <i>phr v</i>	/grəʊ ʌp/	I don't want to grow up so I still live with my parents.	dorosnąć
homeless <i>adj</i>	/ˈhəʊmləs/	I gave money to the homeless man at the station.	bezdomny
identify <i>v</i>	/aɪˈdentɪfaɪ/	I identify more with my work than with my private life.	identyfikować się
inhabit <i>v</i>	/ɪnˈhæbɪt/	What kind of people inhabit this land?	zamieszkiwać
institution <i>n</i>	/ˌɪnstɪˈtjuːʃn/	This is a well-known academic institution .	instytucja
intellectual <i>adj</i>	/ˌɪntəˈlektʃuəl/	My aunt is very intellectual – she knows so much.	inteligentny
judge <i>v</i>	/dʒʌdʒ/	It's wrong to judge people by their appearance.	osądzać
mainly for business or career purposes	/ˈmeɪnli fɔː(r) ˈbɪznəs ɔː(r) kəˈrɪə(r) ˈpɜːpəsɪz/	Do you use social networking sites mainly for business or career purposes ?	głównie ze względu na karierę i interesy
nostalgic <i>adj</i>	/nɒˈstældʒɪk/	You are nostalgic for your childhood.	nostalgiczny
nurse <i>n</i>	/nɜːs/	My aunt is a nurse and works in a hospital in London.	pielęgniarka
photograph <i>v</i>	/ˈfəʊtəɡrɑːf/	I would like to photograph this wonderful building.	fotografować
respectable <i>adj</i>	/rɪˈspektəbl/	The area is a home for respectable businesses as well as gangsters.	szanowany
response <i>n</i>	/rɪˈspɒns/	What kind of response did you get to your email?	odpowiedź
servant <i>n</i>	/ˈsɜːvənt/	My aunt was a servant at Buckingham Palace.	służący, służąca
setting <i>n</i>	/ˈsetɪŋ/	The castle was used as a setting for several films.	sceneria
spectacular <i>adj</i>	/spekˈtækjələ(r)/	The building has a spectacular tower.	spektakularny
take yourself too seriously	/teɪk ʃɔː'self tuː ˈsɪəriəsli/	You take yourself too seriously – relax a bit!	traktować siebie zbyt poważnie
transform <i>v</i>	/trænsˈfɔːm/	They will transform this area into a shopping centre.	przekształcić

webcam <i>n</i>	/ˈwebkæm/	<i>I use a webcam to communicate with friends abroad.</i>	kamera internetowa
welcome <i>v</i>	/ˈwelkəm/	<i>We will welcome you here whenever you want to visit.</i>	powitać
well-known person <i>n</i>	/wel nəʊn ˈpɜːsn/	<i>He's a very well-known person – he's on the radio.</i>	znany człowiek
wounded <i>adj</i>	/ˈwuːndɪd/	<i>This was a hospital for wounded soldiers.</i>	ranny
young and carefree	/jʌŋ ænd ˈkeəfriː/	<i>When I was a student I was young and carefree.</i>	młody i beztroski
your other half	/jɔː(r) ˈʌðə(r) hɑːf/	<i>Where did you first meet your other half?</i>	twoja druga połówka

More words in File 6

caricature <i>n</i>	/ˈkærɪkətʃʊə(r)/	<i>The artist drew a caricature of me.</i>	karykatura
class <i>n</i>	/klaːs/	<i>My parents are from the working class.</i>	klasa
dominant <i>adj</i>	/ˈdɒmɪnənt/	<i>That lion looks really aggressive and dominant.</i>	dominujący
escapist <i>n</i>	/ɪˈskeɪpɪst/	<i>I'm a bit of an escapist and like to travel regularly.</i>	eskapista
gangster <i>n</i>	/ˈgæŋstə(r)/	<i>My uncle was a gangster in the mafia.</i>	gangster
go viral	/gəʊ ˈvaɪrəl/	<i>Do you think this video clip will go viral?</i>	stać się elementem marketingu wirusowegoj
ID card <i>n</i>	/aɪˈdiː kɑːd/	<i>Do you have to carry an ID card in your country?</i>	dowód osobisty
identifiable <i>adj</i>	/aɪˌdentɪˈfaɪəbl/	<i>Are you easily identifiable from your passport photo?</i>	rozpoznawalny
interpreter <i>n</i>	/ɪnˈtɜːprɪtə(r)/	<i>They used an interpreter in the meeting.</i>	tłumacz
metropolis <i>n</i>	/məˈtrɒpəlɪs/	<i>New York City is a giant metropolis.</i>	metropolia
pen-name <i>n</i>	/ˈpen neɪm/	<i>The Brontë sisters all used a pen-name.</i>	pseudonim literacki
persist <i>v</i>	/pəˈsɪst/	<i>Our brains persist in using stereotypes.</i>	upierać się, być wytrwałym
prehistoric <i>adj</i>	/ˌpriːhɪˈstɒrɪk/	<i>I can't imagine what it was like in prehistoric times.</i>	prehistoryczny
rigid <i>adj</i>	/ˈrɪdʒɪd/	<i>I don't have any rigid plans for the weekend.</i>	sztywny
Scandinavian <i>adj</i>	/ˌskændɪˈneɪviən/	<i>Have you ever been to a Scandinavian country?</i>	skandynawski
socio-economic <i>adj</i>	/ˈsəʊsiəʊ ˌekəˈnɒmɪk/	<i>Her socio-economic level was clear from her appearance.</i>	socjoekonomiczny
tomb <i>n</i>	/tuːm/	<i>They discovered the tomb of a young pharaoh.</i>	grobowiec
underdog <i>n</i>	/ˈʌndədɒɡ/	<i>I like to support the underdog in competitions.</i>	przegryany
visual projection <i>n</i>	/ˈvɪʒuəl prəˈdʒekʃn/	<i>My photos on Facebook are a visual projection of my life.</i>	projekcja wizualna
vitally <i>adv</i>	/ˈvaɪtəli/	<i>Judging people by their appearance was vitally important in the past.</i>	absolutnie, niezwykle
worldly <i>adj</i>	/ˈwɜːldli/	<i>She doesn't have much worldly experience.</i>	światowy

File 7

Vocabulary Banks

EDUCATION

behave <i>v</i>	/bɪˈheɪv/	<i>Lots of children in this class behave badly.</i>	zachowywać się
boarding <i>adj</i>	/ˈbɔːdɪŋ/	<i>My parents sent me away to boarding school.</i>	z internatem
bring up <i>phr v</i>	/brɪŋ ʌp/	<i>I want to bring up my children in the countryside.</i>	wychowywać
college <i>n</i>	/ˈkɒlɪdʒ/	<i>I went to art college when I left school.</i>	uczelnia, kolegium
compulsory <i>adj</i>	/kəmˈpʌlsəri/	<i>Maths is a compulsory subject – everyone has to do it.</i>	obowiązkowy

do <i>v</i>	/du/	What will you do if you don't pass your exams?	zrobić
educate <i>v</i>	/ˈedʒukeɪt/	I want to educate my children at home.	edukować, uczyć
elementary <i>adj</i>	/ˌelɪˈmentri/	His daughter goes to elementary school.	podstawowy
expel <i>v</i>	/ɪkˈspel/	If you cheat in your exams the teacher will expel you.	wydalenić
fail <i>v</i>	/feɪl/	Why did you fail your chemistry exam?	oblać
grades <i>n pl</i>	/greɪdz/	I want to study medicine, so I need really good grades .	oceny, stopnie
graduate <i>v</i>	/ˈgrædʒueɪt/	When did you graduate from university?	ukończyć
head teacher <i>n</i>	/ˌhedˈti:tʃə(r)/	What's the name of the head teacher at your school?	dyrektor
high school <i>n</i>	/haɪ sku:l/	He's a teacher at a high school in New York City.	szkoła średnia
junior high school <i>n</i>	/ˈdʒuːniə(r) haɪ sku:l/	I went to the same junior high school as my friend.	gimnazjum
kindergarten <i>n</i>	/ˈkɪndəɡɑːtn/	I went to kindergarten when I was three years old.	przedszkolny
learn <i>v</i>	/lɜːn/	I want to learn Russian.	uczyć się, poznać
middle school <i>n</i>	/ˈmɪdl sku:l/	I went to middle school between the ages of 9 and 13.	szkoła ponadpodstawowa
nun <i>n</i>	/nʌn/	I went to a Catholic school and my teacher was a nun .	zakonnica, mniszka
nursery <i>n</i>	/ˈnɜːsəri/	Before they go to school, children can go to nursery .	żłobek
pass <i>v</i>	/pɑːs/	I really want to pass my maths exam this semester.	zdać, zaliczyć
priest <i>n</i>	/priːst/	The church priest visits our school once a week.	ksiądz
primary <i>adj</i>	/ˈpraɪməri/	Children start primary school when they are four or five.	podstawowy
private <i>adj</i>	/ˈpraɪvət/	Her parents paid for her to go to a private school.	prywatny
punish <i>v</i>	/ˈpʌnɪʃ/	Many teachers punish students with extra homework.	karać
pupils <i>n pl</i>	/ˈpjuːplz/	How many pupils are there in your school?	uczniowie, uczennice
religious <i>adj</i>	/rɪˈlɪdʒəs/	I went to a religious school – it was Catholic.	wyznaniowy
results <i>n pl</i>	/rɪˈzʌlts/	Students in this school get really good exam results .	wyniki
revise <i>v</i>	/rɪˈvaɪz/	How many hours did you revise for the biology exam?	powtarzać materiał
secondary <i>adj</i>	/ˈsekəndri/	I started secondary school when I was 11.	szkoła średnia
semester <i>n</i>	/sɪˈmestə(r)/	The autumn semester starts in October.	semestr
state <i>adj</i>	/steɪt/	What are the state schools like in your country?	państwowy
study <i>v</i>	/ˈstʌdi/	What subject will you study at university?	studiować
term <i>n</i>	/tɜːm/	A school term usually lasts about 12 weeks.	rok (szkolny)
twelfth grade <i>n</i>	/twelfθ greɪd/	My older sister is in twelfth grade this year.	klasa maturalna

HOUSES

balcony <i>n</i>	/ˈbælkəni/	There's a great view from our balcony .	balkon
basement <i>n</i>	/ˈbeɪsmənt/	Many houses in Canada have a basement .	suterena, piwnica
ceiling <i>n</i>	/ˈsiːlɪŋ/	We painted the ceiling white.	sufit
chimney <i>n</i>	/ˈtʃɪmni/	We need to clean the chimney before we light the fire.	kominek
city <i>n</i>	/ˈsɪti/	I want to live in a big city like Paris or London.	miasto
cosy <i>adj</i>	/ˈkəʊzi/	Our living room is small, but it's really cosy .	przytulny
country <i>n</i>	/ˈkʌntri/	I live in a small cottage in the country .	wieś
east coast <i>n</i>	/iːst kəʊst/	I live in Aldeburgh, a small town on the east coast .	wschodnie wybrzeże
entrance <i>n</i>	/ˈentrəns/	The entrance to the building is round the back.	wejście
fireplace <i>n</i>	/ˈfaɪəpleɪs/	We have a Victorian fireplace in our living room.	kominek

gate <i>n</i>	/geɪt/	We painted the gate to our garden dark green.	brama
ground floor <i>n</i>	/graʊnd flɔ:(r)/	I don't want to live on the ground floor – it's not safe.	parter
light <i>adj</i>	/laɪt/	We have big windows so our living room is really light .	jasny
made of stone	/meɪd ɒv stəʊn/	Our house is made of stone .	zrobione z kamienia
modern <i>adj</i>	/ˈmɒdɪn/	We have an expensive modern kitchen.	nowoczesny
open fire <i>n</i>	/ˈəʊpən ˈfaɪə(r)/	I love sitting by the open fire in winter time.	otwarty ogień
outskirts <i>n pl</i>	/ˈaʊtskɜ:ts/	I live on the outskirts of Birmingham.	peryferia
path <i>n</i>	/pɑ:θ/	A path leads through our garden to the back door.	alejka, dróżka
patio <i>n</i>	/ˈpætiəʊ/	We have chairs, a table, and a barbecue on our patio .	patio
roof <i>n</i>	/ru:f/	I'll need a ladder to get that football off the roof .	dach
second floor <i>n</i>	/ˈsekənd flɔ:(r)/	We live on the second floor of that apartment block.	drugie piętro
spacious <i>adj</i>	/ˈspeɪʃəs/	Our kitchen is really spacious so we put a table in it.	przestronny
steps <i>n pl</i>	/steps/	You have to go down three steps to get into our garden.	schody
suburbs <i>n pl</i>	/ˈsʌbɜ:bz/	We moved from the city centre to the suburbs .	przedmieścia
terrace <i>n</i>	/ˈterəs/	You can sit outside and sunbathe on the terrace .	taras
top floor <i>n</i>	/tɒp flɔ:(r)/	We live on the top floor and we have great views.	ostatnie piętro
town <i>n</i>	/taʊn/	I was born in a town called Shrewsbury.	miasto
village <i>n</i>	/ˈvɪlɪdʒ/	I grew up in a village in Wales.	wieś, wioska
wall <i>n</i>	/wɔ:l/	There is a wall between the two gardens.	ściana
wooden floors <i>n pl</i>	/ˈwʊdn flɔ:z/	The wooden floors in our dining room look great.	drewniane podłogi

Useful words and phrases

accomplished <i>adj</i>	/əˈkʌmplɪʃt/	He's an accomplished piano player.	znakomity
adore <i>v</i>	/əˈdɔ:(r)/	I adore flowers, especially roses.	uwielbiać
bookcase <i>n</i>	/ˈbʊkkeɪs/	How many books are in that bookcase ?	biblioteczka
competition <i>n</i>	/ˌkɒmpəˈtɪʃn/	I won £500 in a competition !	konkurs
compose <i>v</i>	/kəmˈpəʊz/	Can you compose your own music?	y komponować
co-operate <i>v</i>	/kəʊˈɒpəreɪt/	She refused to co-operate with her parents.	współpracować
determined <i>adj</i>	/dɪˈtɜ:mɪnd/	She was determined that her son would be successful.	zdeteminowany
excel <i>v</i>	/ɪkˈsel/	I'm jealous of Paul – I wish I could excel in everything I do, like him.	celować, wyróżniać się (w czymś)
expect <i>v</i>	/ɪkˈspekt/	We expect you to be number one in your class.	oczekiwać, spodziewać się
extraordinary <i>adj</i>	/ɪkˈstrɔ:dnri/	The school gets extraordinary exam results.	wyjątkowy
fault <i>n</i>	/fɔ:lt/	My dad drives me mad but it isn't really his fault .	wina
forbidden <i>adj</i>	/fəˈbɪdn/	Watching TV was forbidden by her parents.	zabroniony
hang <i>v</i>	/hæŋ/	Can you hang this picture on the wall for me?	powiesić
hug <i>n</i>	/hʌg/	My mum gave me a hug after the concert.	blisko
immigrant <i>n</i>	/ˈɪmɪgrənt/	Her mother is a Bangladeshi immigrant .	imigrant
marks <i>n pl</i>	/mɑ:ks/	She got top marks in her piano exam.	oceny
mixed <i>adj</i>	/mɪkst/	Is your school a mixed school with both boys and girls?	koedukacyjny
motivated <i>adj</i>	/ˈməʊtɪveɪtɪd/	My son motivated himself to succeed in music.	zmotywowany
mystery <i>n</i>	/ˈmɪstri/	Teenagers are a mystery – I don't understand them.	tajemnica
optional <i>adj</i>	/ˈɒpʃənl/	Music is an optional subject at my school.	opcjonalny

orchestra <i>n</i>	/ˈɔːkɪstrə/	<i>I play the violin in the school orchestra.</i>	orkiestra
outstanding <i>adj</i>	/aʊtˈstændɪŋ/	<i>They were outstanding pupils who did really well.</i>	wybitny
overlook <i>v</i>	/əʊvəˈlʊk/	<i>Does your balcony overlook the river?</i>	wychodzi na
perform <i>v</i>	/pəˈfɔːm/	<i>Would you like to perform in front of 500 people?</i>	wykonać
plain <i>adj</i>	/pleɪn/	<i>He used a plain old table in his kitchen.</i>	zwykły
property <i>n</i>	/ˈprɒpəti/	<i>The house will become my property when my brother dies.</i>	własność
punishment <i>n</i>	/ˈpʌnɪʃmənt/	<i>What kind of punishment will you get for being late?</i>	kara
push <i>v</i>	/pʊʃ/	<i>Be careful not to push your children too hard.</i>	pchać, naciskać
remain <i>v</i>	/rɪˈmeɪn/	<i>Do you think this garden will remain beautiful if we move out?</i>	pozostać
resent <i>v</i>	/rɪˈzent/	<i>The girls did not seem to resent their mother.</i>	żyć u urzę
strict <i>adj</i>	/strikt/	<i>My parents won't let me do anything – they're strict!</i>	surowy
tower <i>n</i>	/ˈtaʊə(r)/	<i>There is a large tower on the village church.</i>	wieża
turn the house into	/tɜːn ðə haʊs ˈɪntə/	<i>They decided to turn the house into a hotel.</i>	zamienić dom w
unpainted <i>adj</i>	/ənˈpeɪntɪd/	<i>Our dining table is unpainted.</i>	niemalowany

More words in File 7

as soon as <i>conj</i>	/æz suːn æz/	<i>As soon as Rachel gets a job she'll move out.</i>	tak szybko jak, gdy tylko
choirmaster <i>n</i>	/ˈkwaɪəməːstə(r)/	<i>My uncle is the choirmaster at his local church.</i>	kierownik chóru
controversy <i>n</i>	/kənˈtrɒvəsi/	<i>The book caused great controversy among readers.</i>	kontrowersja, spór
cord <i>n</i>	/kɔːd/	<i>We fixed the picture to the wall with a cord.</i>	sznur
eco-friendly <i>adj</i>	/ˈiːkəʊ ˈfrendli/	<i>We went on an eco-friendly holiday in Greece.</i>	przyjazny dla środowiska
genius <i>n</i>	/ˈdʒiːniəs/	<i>Our neighbour's daughter is a maths genius.</i>	geniusz
hi-tech <i>adj</i>	/ˌhaɪ ˈtek/	<i>They have a really hi-tech TV.</i>	nowoczesny technologicznie
I'd get on with them even better if ...	/aɪd get ɒn wɪð ðəm ˈiːvən ˈbetə(r) ɪf/	<i>I'd get on with my parents even better if I didn't live at home.</i>	Miałbym z nimi lepsze relacje ...
If I came back very late ...	/ɪf aɪ keɪm bæk ˈveri leɪt/	<i>If I came back very late after a night out, I would find my parents still awake and waiting for me.</i>	Gdybym wróciła późno do domu w nocy ...
If I could afford it ...	/ɪf aɪ kəd əˈfɔːd ɪt/	<i>If I could afford it, I wouldn't move out because I like it here.</i>	Gdyby było mnie na to stać ...
If I had the money ...	/ɪf aɪ həd ðə ˈmʌni/	<i>If I had the money, I would move out and rent my own little flat.</i>	Gdybym miała pieniądze ...
If I lived on my own ...	/ɪf aɪ lɪvd ɒn maɪ əʊn/	<i>If I lived on my own, I'd have to pay rent to my landlord.</i>	Gdybym mieszkała sama ...
If it was my place ...	/ɪf ɪt wəz maɪ pleɪs/	<i>If it was my place, I'd be happy to do the cleaning, but it's not.</i>	Gdyby to było moje mieszkanie ...
mission <i>n</i>	/ˈmɪʃn/	<i>Our mission is to make this school more successful.</i>	misja
parenting <i>n</i>	/ˈpeərəntɪŋ/	<i>There is no correct way of parenting, you have to find what works for you.</i>	wychowanie dzieci
prestigious <i>adj</i>	/preˈstɪdʒəs/	<i>He's the leader of a prestigious choir group.</i>	prestżowy
prodigy <i>n</i>	/ˈprɒdədʒi/	<i>They think our son is some kind of prodigy.</i>	wyjątkowy, geniusz
pushy <i>adj</i>	/ˈpuʃi/	<i>A lot of pushy parents put pressure on their kids to get good results.</i>	arogancki, bezczelny
rap <i>n</i>	/ræp/	<i>Have you ever been to a rap concert?</i>	rap (o muzyce)
relativity <i>n</i>	/ˌreləˈtɪvəti/	<i>Who developed the theory of relativity?</i>	względność

single-sex <i>adj</i>	/ˈsɪŋɡl seks/	This is a single-sex school – there are only boys here.	(szkoła) wyłącznie dla chłopców lub dziewcząt
take up <i>phr v</i>	/ˈteɪk ʌp/	I'd like to take up Spanish so that I can go to Argentina for a holiday.	zabierać się za coś, zainteresować się (czymś)
unless <i>conj</i>	/ənˈles/	I won't get into university unless I pass my exams.	chyba że
until <i>conj</i>	/ənˈtɪl/	I won't plan any celebrations until I know the results.	do, dopóki

File 8

Vocabulary Banks

WORD BUILDING

achieve <i>v</i>	/əˈtʃiːv/	What would you like to achieve during your gap year?	osiągnąć
agree <i>v</i>	/əˈɡriː/	Do you agree with me?	zgadzać się
argue <i>v</i>	/ˈɑːɡjuː/	How often do you argue with your parents?	kłócić się
attach <i>v</i>	/əˈtætʃ/	Did you attach the report to your email?	dołączyć
choose <i>v</i>	/tʃuːz/	Which subject will you choose to study?	wybrać
compensate <i>v</i>	/ˈkɒmpenseɪt/	Did they compensate you for the accident?	odszkodowanie
complain <i>v</i>	/kəmˈpleɪn/	I would like to complain to the hotel manager.	narzekać
deliver <i>v</i>	/dɪˈlɪvə(r)/	When will they deliver our new sofa?	dostarczyć, przywieźć
demonstrate <i>v</i>	/ˈdɛmənstreɪt/	I'll demonstrate how to use this new coffee machine.	demonstrować
explain <i>v</i>	/ɪkˈspleɪn/	Can you explain this mathematical formula to me?	wyjaśniać
lose <i>v</i>	/luːz/	Try not to lose your mobile phone!	zgubić
pay <i>v</i>	/peɪ/	I have to pay for the meal now.	płacić
respond <i>v</i>	/rɪˈspond/	I need to respond to this email before I leave.	odpowiadać
sell <i>v</i>	/sel/	I would like to sell my old car.	sprzedawać
succeed <i>v</i>	/səkˈsiːd/	It takes a lot of hard work to succeed in this business.	odnieść sukces

WORK

application <i>n</i>	/ˌæplɪˈkeɪʃn/	Have you looked at John's application for the new job?	wniosek
apply for <i>phr v</i>	/əˈplai fɔː(r)/	Did you apply for that teaching job?	złożyć podanie
be fired	/bi ˈfaɪəd/	I think Jodie is going to be fired tomorrow.	zostać zwolnionym
farmer <i>n</i>	/ˈfɑːmə(r)/	My grandfather was a pig farmer .	rolnik
full-time <i>adj</i>	/ˈfʊl ˈtaɪm/	Is your job full-time or part-time?	pełny etat
lawyer <i>n</i>	/ˈlɔːjə(r)/	I want to be a lawyer when I grow up.	prawnik, prawniczka
musician <i>n</i>	/mjuˈzɪʃn/	Peter is a musician and plays the trumpet in a band.	muzyk
overtime <i>n</i>	/ˈəʊvətaɪm/	How much overtime do you do every month?	nadgodziny
part-time <i>adj</i>	/ˈpɑːt ˈtaɪm/	I want to find a part-time job when I go to university.	na pół etatu
permanent <i>adj</i>	/ˈpɜːmənənt/	I wish I could get a permanent job.	stały
pharmacist <i>n</i>	/ˈfɑːməsɪst/	I plan to be a pharmacist after university.	farmaceut(k)a
promote <i>v</i>	/prəˈməʊt/	I hope they promote me soon.	awansować
promotion <i>n</i>	/prəˈməʊʃn/	Congratulations on your promotion , Dave!	awans
qualifications <i>n pl</i>	/ˌkwɒlɪfɪˈkeɪʃnz/	What kind of qualifications do you have?	kwalifikacje
redundant <i>adj</i>	/rɪˈdʌndənt/	They made 20 people redundant last month.	zbędny, zostać zwolnionym

resign v	/rɪ'zaɪn/	If they don't promote me then I will resign .	złożyć rezygnację
resignation n	/,rezɪg'neɪʃn/	Have you read Lynne's letter of resignation ?	rezygnacja
retire v	/rɪ'taɪə(r)/	I will be 70 when I retire .	przejsć na emeryturę
sack v	/sæk/	If you are caught stealing they will sack you.	wyrzucić (z pracy)
scientist n	/ˈsaɪəntɪst/	I'm a scientist and work in a laboratory.	naukowiec
self-employed adj	/ˌself ɪm'plɔɪd/	I would love to be self-employed and just work for myself.	samozatrudniony
set up phr v	/ˌset 'ʌp/	I want to set up my own company.	założyć
temporary adj	/ˈtempərəri/	This is a temporary job which lasts for three months.	tymczasowy
training course n	/ˈtreɪnɪŋ kɔːs/	There is a training course on time management.	kurs szkoleniowy
translator n	/ˈtrænzˈleɪtə(r)/	She speaks French and works as a translator .	tłumacz, tłumaczka
unemployed adj	/ˌʌnɪm'plɔɪd/	How long have you been unemployed ?	bezrobotny
well-qualified adj	/wel 'kwɒlɪfaɪd/	My brother is well-qualified but he can't get a job.	wysoko wykwalifikowany

Useful words and phrases

analytical adj	/ˌænə'lɪtɪkl/	Do you have an analytical mind?	analityczny
bear v	/beə(r)/	I just can't bear bad service.	znieść
chemist n	/ˈkemɪst/	I picked up the medicine at the chemist .	apтека
compensate v	/ˈkɒmpenseɪt/	How can we compensate you for the bad meal?	zrekompensować
complimentary adj	/ˌkɒmplɪ'mentri/	They offered us complimentary drinks.	gratisowy
crazy adj	/ˈkreɪzi/	Justin is strange – I think he's actually a bit crazy !	szalony
enthusiastic adj	/ɪnˌθjuːzɪ'æstɪk/	Maria is enthusiastic about her new job.	entuzjastyczny
entrepreneur n	/ˌɒntrəprəʊ'nɜː(r)/	Our daughter is a promising young entrepreneur .	przedsiębiorca
express oneself	/ɪk'spres wʌnsɛlf/	It is difficult to express oneself when you get upset.	wyrażać się
faulty adj	/ˈfɔːlti/	This kettle is faulty so I will take it back to the shop.	wadliwy, uszkodzony
flattery n	/ˈflætəri/	People use flattery to get what they want.	pochlebstwo
get a job	/get ə dʒɒb/	I've got no money so I really need to get a job .	dostać pracę
hesitate v	/ˈhezɪteɪt/	Tell them that you will not hesitate to change banks.	wahać się
humorous adj	/ˈhjuːmərəs/	He complained in a humorous way about the service.	dowcipny
impressive adj	/ɪm'presɪv/	His experience is impressive so he should get the job.	imponujący
inspect v	/ɪn'spekt/	The authorities wanted to inspect the cleanliness of the restaurant.	sprawdzić
instinct n	/ˈɪnstɪŋkt/	I have a good instinct about who to trust.	instynkt
lose your temper	/luːz ʃɔː(r) 'tempə(r)/	I lose my temper really easily.	tracić panowanie nad sobą
make it clear	/meɪk ɪt klɪə(r)/	Make it clear you might change to another company.	powiedzieć coś jasno
marketing n	/ˈmɑːkɪtɪŋ/	Gareth works in marketing .	marketing
mental note n	/ˈmentl nəʊt/	Make a mental note of the circumstances.	notatka w pamięci
personally adv	/ˈpɜːsənəli/	BA invited them personally to inspect the airline's catering facilities.	osobiście
pharmacy n	/ˈfɑːməsi/	Can you get some aspirin at the pharmacy for me?	apтека
product n	/ˈprɒdʌkt/	Can I ask you a few questions about your product ?	produkt
profitable adj	/ˈprɒfɪtəbl/	Is your company profitable ?	rentowny, przynoszący zyski
profits n pl	/ˈprɒfɪts/	I shared the profits from the business with my wife.	zyski
properly adv	/ˈprɒpəli/	He loves complaining properly and in writing.	odpowiednio

reject <i>v</i>	/rɪ'dʒekt/	<i>I hope the bank won't reject my application for a loan.</i>	odrzuć
sales <i>n</i>	/seɪlz/	<i>I bought this jumper in the sales and it was reduced by 50 per cent!</i>	wyprzedaż
season <i>n</i>	/'si:zn/	<i>This is the new clothes range for the autumn season.</i>	pora roku
sense <i>n</i>	/sens/	<i>He has a good spatial sense so he became an architect.</i>	wyczucie
share <i>n</i>	/ʃeə(r)/	<i>Investors usually take a share of the profits.</i>	udział
specific <i>adj</i>	/spə'sɪfɪk/	<i>Don't be too specific when you make a complaint.</i>	konkretny
spoil <i>v</i>	/spɔɪl/	<i>Don't spoil your meal by getting into an argument.</i>	zepsuć
swear <i>v</i>	/sweə(r)/	<i>Never shout and swear – it achieves nothing.</i>	przeklinać
threaten <i>v</i>	/'θreɪn/	<i>You should threaten to tell the newspapers.</i>	za(grozić)
waste of time	/weɪst ɒv taɪm/	<i>Screaming and shouting is a complete waste of time.</i>	strata czasu

More words in File 8

admirable <i>adj</i>	/'ædmərəbl/	<i>The way he is coping with the death of his grandfather is admirable.</i>	godny podziwu
bargain <i>n</i>	/'bɑ:gən/	<i>I got a real bargain in town – this dress only cost £10!</i>	okazja
calculate <i>v</i>	/'kælkjuleɪt/	<i>I am able to calculate space and distance.</i>	obliczyć
calculation <i>n</i>	/'kælkju'leɪʃn/	<i>I'm good at maths. I find complex calculations easy.</i>	obliczenie
caring <i>adj</i>	/'keərɪŋ/	<i>I want to work in a caring profession like nursing.</i>	opiekuńczy
catering <i>n</i>	/'keɪtərɪŋ/	<i>I would like to run a catering company.</i>	catering
certain <i>adj</i>	/'sɜ:tn/	<i>I'm not certain if I will come to the party tonight.</i>	pewny
charismatic <i>adj</i>	/'kærɪz'mætɪk/	<i>People like Dan because he's so charismatic.</i>	charyzmatyczny
chief executive <i>n</i>	/'tʃi:f ɪg'zekjətɪv/	<i>I wrote a letter to the chief executive of the company.</i>	dyrektor naczelny
complex <i>adj</i>	/'kɒmpleks/	<i>I'm good at maths. I find complex calculations easy.</i>	złożony
convinced <i>adj</i>	/'kən'vɪnst/	<i>If they are not convinced by the presentation, they won't invest their money.</i>	przekonany
countless <i>adj</i>	/'kaʊntləs/	<i>I've had countless free meals because I complain.</i>	niezliczony
courier <i>n</i>	/'kʊrɪə(r)/	<i>Using a courier service to send this package will be faster.</i>	kurier
creative <i>adj</i>	/'kri'eɪtɪv/	<i>His stories are creative and full of imagination.</i>	kreatywny, twórczy
den <i>n</i>	/den/	<i>The children made a den in the woods where they hid.</i>	nora, kryjówka
doing very well	/'du:ɪŋ 'veri wel/	<i>Helen is doing very well in her new job.</i>	robić coś świetnie, świetnie dawać sobie radę
dreaded <i>adj</i>	/'dredɪd/	<i>After the test, there's the dreaded interview stage.</i>	budzący postrach
eccentric <i>adj</i>	/'ɪk'sentɪk/	<i>Our neighbour is an eccentric old man.</i>	ekscentryk, ekscentryczka
empty-handed <i>adj</i>	/'empti 'hændɪd/	<i>We had to leave the bank empty-handed because they wouldn't lend us the money.</i>	z pustymi rękami
fair <i>adj</i>	/feə(r)/	<i>Is it fair to give money to Katie but not to her sister?</i>	w porządku
finance director <i>n</i>	/'faɪnəns də'rektə(r)/	<i>Anthony is the finance director for the company.</i>	dyrektor finansowy
fumes <i>n pl</i>	/fju:mz/	<i>Horrible fumes are coming out of that old bus.</i>	spaliny
function <i>n</i>	/'fʌŋkʃn/	<i>One function of the product is to open bottles.</i>	funkcja
graphic design <i>n</i>	/'græfɪk dɪ'zaɪn/	<i>He used his art degree to get a job in graphic design.</i>	projektowanie graficzne
hopeless <i>adj</i>	/'həʊpləs/	<i>British people are usually hopeless at complaining.</i>	strasznie, beznadziejnie
imagine <i>v</i>	/'ɪmədʒɪn/	<i>I can't imagine living anywhere else but here.</i>	wyobrażać sobie
improvise <i>v</i>	/'ɪmprəvaɪz/	<i>I don't like to improvise – I prefer to act from a script.</i>	improwizować

initiative <i>n</i>	/ɪˈnɪʃətɪv/	We should hire her – she shows a lot of initiative .	inicjatywa
lobby <i>n</i>	/ˈlɒbi/	I'll meet you in the main lobby of the hotel.	korytarz, hall
look for a job	/lʊk fɔː(r) ə dʒɒb/	When my exams finish, I'll look for a job .	szukać pracy
loyal <i>adj</i>	/ˈlɔɪəl/	Our shop has loyal customers who come here regularly.	lojalny
make it	/meɪk ɪt/	Do you think Philip's company will make it ?	udać się
marketing director <i>n</i>	/ˈmɑːkɪtɪŋ də'rektə(r)/	Who is the marketing director at this company?	szef marketingu
mouldy <i>adj</i>	/ˈməʊldi/	They served mouldy strawberries on the aeroplane.	spleśniały
move on <i>phr v</i>	/muːv ɒn/	Selling my wedding dress helped me move on from my marriage breakdown.	poradzić sobie z czymś, iść dalej
obsessive <i>adj</i>	/əb'sesɪv/	My younger sister is obsessive about the boy band One Direction.	mający obsesję na punkcie czegoś
outlet <i>n</i>	/ˈaʊtlet/	She works in a designer clothing outlet store.	sklep outletowy
practicality <i>n</i>	/ˌpræktɪ'kæləti/	The practicality of the product convinced them to invest money in it.	praktyczność
principle <i>n</i>	/ˈprɪnsəpl/	I find it easy to understand theoretical principles .	zasada
product designer <i>n</i>	/ˈprɒdʌkt dɪ'zaɪnə(r)/	She's a product designer and designed a can opener.	projektant wyrobów
puddle <i>n</i>	/ˈpʌdl/	I slipped in a puddle of water.	kałuża
replica <i>n</i>	/ˈreplɪkə/	He's making a new table that is a replica of Windsor Castle.	replika
rights <i>n pl</i>	/raɪts/	You should know your rights when you complain.	prawa
scratch <i>v</i>	/skrætʃ/	Try not to scratch my mobile phone screen.	porysować
send in a CV	/send ɪn ə ,siː 'viː/	You should send in a CV to that marketing company.	wysłać w CV
slogan <i>n</i>	/ˈsləʊɡən/	Do you have an advertising slogan for your product?	slogan
spatial <i>adj</i>	/ˈspeɪʃl/	You need good spatial awareness to be an architect.	przestrzenny
standards <i>n pl</i>	/ˈstændədz/	This is an unusual drop in your high standards .	standardy
stock market <i>n</i>	/ˈstɒk ,mɑːkɪt/	I want to work on the stock market so I'm going to study finance.	giełda (papierów wartościowych)
successful <i>adj</i>	/sək'sesfl/	He owns a really successful clothing company.	udany, odnoszący sukcesy
theoretical <i>adj</i>	/ˌθɪə'retɪkl/	I find it easy to understand theoretical principles.	teoretyczny
type <i>v</i>	/taɪp/	How fast can you type ?	pisać na komputerze
veil <i>n</i>	/veɪl/	Did you wear a veil on your wedding day?	welon
worthless <i>adj</i>	/ˈwɜːθləs/	His idea for a new product was worthless .	bezwartościowy

File 9

Vocabulary Banks

WORD BUILDING

care <i>n</i>	/keə(r)/	Take care of your teeth or you will have problems.	dbałość
careful <i>adj</i>	/ˈkeəfl/	That drink is hot. Please be careful not to drop it.	ostrożny
carefully <i>adv</i>	/ˈkeəfəli/	Drive carefully so you don't have an accident.	ostrożnie
careless <i>adj</i>	/ˈkeələs/	He is a careless driver. He will cause an accident.	nieostrożny
carelessly <i>adv</i>	/ˈkeələsli/	He carelessly threw away an important document.	niedbale
comfort <i>n</i>	/ˈkʌmfət/	I bought this sofa for comfort , not style.	komfort

comfortable <i>adj</i>	/ˈkʌmftəbl/	The room wasn't great but the bed was comfortable .	wygodny
uncomfortable <i>adj</i>	/ʌnˈkʌmftəbl/	This chair is uncomfortable . I need to buy a new one.	niewygodny
comfortably <i>adv</i>	/ˈkʌmftəbli/	Is everyone sitting comfortably ?	wygodnie
uncomfortably <i>adv</i>	/ʌnˈkʌmftəbli/	The train was uncomfortably hot.	niekomfortowo
fortune <i>n</i>	/ˈfɔːtʃuːn/	He couldn't believe his good fortune when he found \$20.	szczęście, uśmiech losu
fortunate <i>adj</i>	/ˈfɔːtʃənət/	He didn't look when he crossed the road and was fortunate not to have an accident.	mieć szczęście
unfortunate <i>adj</i>	/ʌnˈfɔːtʃənət/	It's unfortunate you couldn't be at the party.	niepomyślny
fortunately <i>adv</i>	/ˈfɔːtʃənətli/	The rain was heavy, but fortunately we had umbrellas.	na szczęście
unfortunately <i>adv</i>	/ʌnˈfɔːtʃənətli/	Unfortunately it rained almost every day.	niepomyślnie, niestety
patience <i>n</i>	/ˈpeɪʃns/	You need a lot of patience to work with children.	cierpliwość
patient <i>adj</i>	/ˈpeɪʃnt/	He is patient and takes his time to explain things.	cierpliwy
impatient <i>adj</i>	/ɪmˈpeɪʃnt/	She is so impatient and won't wait for anything.	niecierpliwy
patiently <i>adv</i>	/ˈpeɪʃntli/	Please wait patiently to board the plane.	cierpliwie
impatiently <i>adv</i>	/ɪmˈpeɪʃntli/	He kept impatiently pressing the bell to get attention.	niecierpliwie
luck <i>n</i>	/lʌk/	Are luck and practice just as important as talent?	szczęście
lucky <i>adj</i>	/ˈlʌki/	He was lucky enough to win the competition.	szczęśliwy
unlucky <i>adj</i>	/ʌnˈlʌki/	Do you know anyone who is particularly unlucky ?	nieszczęśliwy
luckily <i>adv</i>	/ˈlʌkɪli/	Luckily he caught an earlier bus or he might have missed his flight.	szczęśliwie
unluckily <i>adv</i>	/ʌnˈlʌkɪli/	Unluckily for her, she missed her flight.	nieszczęśliwie

Useful words and phrases

adaptor <i>n</i>	/əˈdæptə(r)/	Do you need a travel adaptor if you go abroad?	adapter, przejściówka
alarm <i>n</i>	/əˈlɑːm/	I programmed the alarm on my phone to wake me up.	budzik
blogger <i>n</i>	/ˈblɒɡə(r)/	This blogger has some really interesting views.	blogger
co-ordinated <i>adj</i>	/kəʊˈɔːdɪneɪtɪd/	I'm bad at sports because I'm not very co-ordinated .	skoordynowany
desperate <i>adj</i>	/ˈdespəreɪt/	It was very late and I was desperate to get home.	zdesperowany
device <i>n</i>	/dɪˈvaɪs/	I love my new smartphone – it's a very useful device .	urządzenie
disconnect <i>v</i>	/ˌdɪskəˈnekt/	Disconnect your MP3 player from the computer.	odłączyć
headphones <i>n pl</i>	/ˈhedfəʊnz/	Do you normally listen to music with headphones or with speakers?	słuchawki
hits <i>n pl</i>	/hɪts/	I searched for the new restaurant on Google, but I didn't get any hits .	trafienia
inspector <i>n</i>	/ɪnˈspektə(r)/	The inspector asked to see our train tickets.	inspektor
install <i>v</i>	/ɪnˈstɔːl/	You need to install an update before using this program.	zainstalować
intelligent <i>adj</i>	/ɪnˈtelɪdʒənt/	She's very intelligent . She always does well at school.	inteligentny
keyboard <i>n</i>	/ˈkiːbɔːd/	Do you prefer to use a keyboard with or without a mouse?	klawiatura
memory stick <i>n</i>	/ˈmeməri stɪk/	I save all my work on my memory stick .	nośnik pamięci, pendrive
mistake <i>n</i>	/mɪˈsteɪk/	It's just a small mistake – don't worry so much.	błąd, pomyłka
mouse <i>n</i>	/maʊs/	I bought a new wireless mouse for my computer.	mysz
off button <i>n</i>	/ɒf ˈbʌtn/	I pressed the off button on the TV.	przycisk wyłączania
on button <i>n</i>	/ɒn ˈbʌtn/	I pressed the on button on my laptop.	przycisk włączania

owner <i>n</i>	/ˈəʊnə(r)/	I live in this house but I'm not the owner .	właściciel(ka)
phone charger <i>n</i>	/fəʊn ˈtʃɑːdʒə(r)/	I put my phone charger into a socket.	ładowarka do telefonu
plug <i>n</i>	/plʌɡ/	How many pins do plugs in your country have?	wtyczka
plug <i>v</i>	/plʌɡ/	Plug your computer into the socket.	podłączyć
relevant <i>adj</i>	/ˈreləvənt/	Much of the information is not relevant or useful.	istotny
remote control <i>n</i>	/rɪˈməʊt kənˈtrəʊl/	Where's the remote control for the TV?	pilot
rescue <i>v</i>	/ˈreskjʊː/	We were lucky someone came to rescue us.	ratować
screen <i>n</i>	/skriːn/	My mobile has a large screen and I can watch videos.	ekran
set <i>v</i>	/set/	I set my alarm clock for 7.30 a.m.	nastawiać
socket <i>n</i>	/ˈsɒkɪt/	I put my phone charger into a socket .	gniazdo
solution <i>n</i>	/səˈluːʃn/	A solution to our lack of space would be to move.	rozwiązanie
speaker <i>n</i>	/ˈspiːkə(r)/	Do you normally listen to music with speakers ?	głośnik
stranger <i>n</i>	/ˈstreɪndʒə(r)/	Don't speak to that stranger . It might be dangerous.	obcy, nieznajomy
survey <i>n</i>	/ˈsɜːveɪ/	A recent survey had some disappointing findings.	ankieta, badanie
switch <i>n</i>	/swɪtʃ/	I can't find the switch to turn it on.	przycisk
switch off <i>phr v</i>	/swɪtʃ ɒf/	Switch off your mobile phone, please.	wyłączyć
turn down <i>phr v</i>	/tɜːn daʊn/	Could you turn down the volume? It's too loud.	ściszyć
turn up <i>phr v</i>	/tɜːn ʌp/	Can you turn up the volume? I can't hear it.	pogłośnić
unplug <i>v</i>	/ˌʌnˈplʌɡ/	I always unplug my computer when I have finished.	odłączyć (od prądu)
upset <i>adj</i>	/ʌpˈset/	I'm a bit upset and I don't feel like talking.	zmartwiony
USB cable <i>n</i>	/ˌjuː es ˈbiː ˈkeɪbl/	I'll need a USB cable to transfer the pictures to my computer.	kabel USB
volume <i>n</i>	/ˈvɒljʊːm/	I made the volume on the TV louder.	głośność

More words in File 9

angel <i>n</i>	/ˈeɪndʒl/	She's such an angel , always looking after other people.	anioł
boot <i>n</i>	/buːt/	If the car boot is full, put that bag on the back seat.	bagażnik
common sense <i>n</i>	/ˌkɒmən ˈsens/	Some things are just common sense .	zdrowy rozsądek
elite <i>adj</i>	/ɪˈliːt/	We observed the training of some elite sportsmen.	elitarny
hitchhike <i>v</i>	/ˈhɪtʃhaɪk/	I tried to hitchhike once, but I was unsuccessful.	jeździć autostopem
information overload <i>n</i>	/ˌɪnfəˈmeɪʃn ˈəʊvərləʊd/	She always sends too many emails – it's an information overload .	nadmiar informacji
interruption <i>n</i>	/ˌɪntəˈrʌpʃn/	I need to focus without any interruptions .	przerwa
irritation <i>n</i>	/ˌɪrɪˈteɪʃn/	Information overload is an irritation for many.	irytacja
motorbike <i>n</i>	/ˈməʊtəbaɪk/	I want to ride my motorbike , but I've lost my helmet.	motor
native <i>adj</i>	/ˈneɪtɪv/	I live in London but I'm a native New Yorker.	mieszkaniec, mieszkanka
obscure <i>adj</i>	/əbˈskjʊə(r)/	The internet helps me to find obscure information.	niejasny
phone box <i>n</i>	/ˈfəʊn bɒks/	We don't have a phone box – everyone has a mobile.	budka telefoniczna
preset <i>adj</i>	/ˌpriːˈset/	This app disconnects you from the web at preset times.	nastawić (wcześniej)
productive <i>adj</i>	/prəˈdʌktɪv/	I've had lots of time, but I haven't been productive .	wydajny
rent <i>v</i>	/rent/	I pay \$800 a month to rent my flat.	wynająć
several <i>det</i>	/ˈsevrəl/	They took me to several places.	kilka
shiver <i>v</i>	/ˈʃɪvə(r)/	The cold wind outside made me shiver .	drżeć, dygotać

stroke of luck	/strəʊk ɒv lʌk/	Sometimes not getting what you want is a stroke of luck .	szczęśliwy traf
tank <i>n</i>	/tæŋk/	He opened the tank , and poured the petrol in.	bak
technological <i>adj</i>	/ˌteknəˈlɒdʒɪkl/	I'm not very good with technological problems.	technologiczny
tough <i>adj</i>	/tʌf/	We've been through some tough times, but it's better now.	trudny
tutor <i>n</i>	/ˈtju:tə(r)/	When I was at school, I had a great maths tutor .	korepetytor, korepetytorka
vital <i>adj</i>	/ˈvaɪtl/	The extra practice is vital if we want to win.	ważny
willpower <i>n</i>	/ˈwɪlpaʊə(r)/	It takes a lot of willpower to give up smoking.	siła woli

File 10

Useful words and phrases

accused <i>adj</i>	/əˈkju:zd/	The dock is where an accused person sits in court.	oskarżony
admire <i>v</i>	/ədˈmaɪə(r)/	I really admire Japanese design. It's my favourite.	podziwiać
adopt <i>v</i>	/əˈdɒpt/	We've decided to adopt a child.	adoptować
alibi <i>n</i>	/ˈæləbaɪ/	He had an alibi to prove where he was.	alibi
case <i>n</i>	/keɪs/	Not every criminal case can be solved.	sprawa
commit <i>v</i>	/kəˈmɪt/	Why do people commit crimes?	popęlnić
court <i>n</i>	/kɔ:t/	The man was sentenced in court to life in prison.	sąd
defence <i>n</i>	/dɪˈfens/	He had no defence for his terrible actions.	obrona
deliberately <i>adv</i>	/dɪˈlɪbəɾətli/	Murder is the crime of killing a person deliberately .	celowo
detective <i>n</i>	/dɪˈtektɪv/	He was a detective in the London police force.	detektyw
expression <i>n</i>	/ɪkˈspreʃn/	She was the ideal witness with her expression of honesty and kindness.	wyraz twarzy
guilty <i>adj</i>	/ˈɡɪlti/	She was found guilty of committing a crime.	winny
icon <i>n</i>	/ˈaɪkɒn/	Ronaldo is a football icon .	ikona, symbol
ideal <i>adj</i>	/aɪˈdi:əl/	She was the ideal person for the job.	idealny
identity <i>n</i>	/aɪˈdentəti/	No one is sure of the identity of the murderer.	tożsamość
importance <i>n</i>	/ɪmˈpɔ:tns/	There was no malice in her, and no sense of importance .	znaczenie
intend <i>v</i>	/ɪnˈtend/	They intend to call four witnesses during the trial.	planować
investigation <i>n</i>	/ɪnˌvestɪˈgeɪʃn/	They spent a considerable amount of time and money on the investigation .	dochodzenie, śledztwo
launch <i>v</i>	/lə:ntʃ/	He decided to launch Facebook in 2004.	wprowadzić
mistaken <i>adj</i>	/mɪˈsteɪkən/	I was mistaken for a waitress in the restaurant.	omyłkowo wzięty (za kogoś)
murder <i>v</i>	/ˈmɜ:də(r)/	To murder somebody is a terrible thing.	zamordować
murder <i>n</i>	/ˈmɜ:də(r)/	They had no idea who was responsible for the murder .	morderstwo
murderer <i>n</i>	/ˈmɜ:dərə(r)/	Weeks passed, but the murderer still wasn't caught.	morderca
original <i>adj</i>	/əˈrɪdʒənl/	Wozniak designed the original Apple computers.	pierwotny, początkowy
prisoner <i>n</i>	/ˈprɪznə(r)/	The prisoner had to spend 25 years in jail for murder.	aresztowany(a), więzień, więźniarka
prosecution <i>n</i>	/ˌprɒsɪˈkju:ʃn/	The prosecution intended to call four witnesses.	oskarżyciel
prove <i>v</i>	/pru:v/	They couldn't prove that he committed the murder.	udowodnić

remarkable <i>adj</i>	/rɪ'mɑ:kəbl/
room-mate <i>n</i>	/'ru:mmet/
sensation <i>n</i>	/sen'seɪʃn/
shut down <i>phr v</i>	/'ʃʌtdaʊn/
solve <i>v</i>	/sɒlv/
suspect <i>n</i>	/'sʌspekt/
transfer <i>v</i>	/træns'fɜ:(r)/
trial <i>n</i>	/'traɪəl/
unsolved <i>adj</i>	/,ʌn'sɒlvd/
victim <i>n</i>	/'vɪktɪm/
witness <i>n</i>	/'wɪtnəs/

You must have **remarkable** eyes if you can see that far!

Moskovitz and Zuckerberg were **room-mates**.

She became a worldwide singing **sensation**.

The website was **shut down** by the university.

How did she try to **solve** the mystery?

The police questioned the **suspect** about the murder.

I'll need a USB cable to **transfer** the pictures to my computer.

It was the strangest murder **trial** I have ever attended.

One of the great **unsolved** murder mysteries of all time is that of Jack the Ripper.

She saw Adams on the steps of the **victim's** house.

He was a **witness** to the crime.

niezwykły

współlokator

udowodnić, sensacja

zamknąć

rozwiązać

podejrzany

przenieść

rozprawa, proces

niewyjaśniony

ofiara

świadek

More words in File 10

abolish <i>v</i>	/ə'bɒlɪʃ/
acquit <i>v</i>	/ə'kwɪt/
album cover <i>n</i>	/'ælbəm 'kʌvə(r)/
biological <i>adj</i>	/,baɪə'lɒdʒɪkl/
bloodshot <i>adj</i>	/'blʌdʃɒt/
brutal <i>adj</i>	/'bru:təl/
computer programmer <i>n</i>	/kəm'pjʊ:tə ,prəʊgræmə(r)/
considerable <i>adj</i>	/kən'sɪdərəbl/
cross-examine <i>v</i>	/,krɒs ɪg'zæmɪn/
dazed <i>adj</i>	/deɪzd/
death penalty <i>n</i>	/'deθ penlti/
dock <i>n</i>	/dɒk/
eyesight <i>n</i>	/'aɪsaɪt/
foggy <i>adj</i>	/'fɒgi/
founder <i>n</i>	/'faʊndə(r)/
honesty <i>n</i>	/'ɒnəsti/
iconic <i>adj</i>	/aɪ'kɒnɪk/
kindness <i>n</i>	/'kaɪndnəs/
lamplight <i>n</i>	/'læmplaɪt/
landmark <i>n</i>	/'lændmɑ:k/
malice <i>n</i>	/'mælis/
merchant <i>n</i>	/'mɜ:tʃənt/
monochrome <i>adj</i>	/'mɒnəkrəʊm/
moonlight <i>n</i>	/'mu:nlaɪt/

In England, the death penalty was **abolished** in 1965.

The judge **acquitted** him and he was set free.

You can scroll through the **album covers** on your computer.

Steve Jobs found his **biological** mother in the 1980s.

You look really tired and your eyes are **bloodshot**.

It was one of the most **brutal** murders in history.

Mark Zuckerberg is an American **computer programmer**.

They spent a **considerable** amount of time and money on the investigation.

The lawyer began to **cross-examine** Mrs Salmon.

He stood in the middle of the road, looking **dazed**.

In England, the **death penalty** was abolished in 1965.

The defendant stood in the **dock**, waiting to hear the judge's decision.

The optician tested my **eyesight** yesterday.

A murderer walked the dark, **foggy** streets of London.

Zuckerberg was one of the **founders** of Facebook.

Her **honesty** meant that many people trusted her.

Tower Bridge is an **iconic** landmark in London.

Kindness is his great strength.

The **lamplight** made everything on the street clear.

Tower Bridge is an iconic **landmark** in London.

There was no **malice** in her. She didn't want to hurt anyone.

Merchants were some of the main traders in the past.

It had a 23-inch **monochrome** screen.

The **moonlight** made it a very clear evening.

obalić

uniewinnić

okładka albumu

biologiczny

przekrwiony

brutalny

programista komputerowy

znaczący, znaczny

wziąć w krzyżowy ogień pytań

oszołomiony, otepiały

kara śmierci

ława oskarżonych

wzrok

zamglony

założyciel

uczciwość

symboliczny

życzliwość

światło lampy / latarni

punkt orientacyjny

złośliwość

kupiec, handlowiec

monochromatyczny

światło księżycy

novel <i>n</i>	/ˈnɒvl/	Do you enjoy reading crime novels ?	powieść
panic <i>n</i>	/ˈpænik/	Please stay calm and do not cause a panic .	panikować
plead <i>v</i>	/pli:d/	I understand he intends to plead 'not guilty'.	(nie) przyznawać się do winy
powerless <i>adj</i>	/ˈpaʊələs/	The police seemed powerless to stop the murders.	bezsilny
recent <i>adj</i>	/ˈri:snt/	There has been another recent theory about how it happened.	ostatnio, najnowszy
sample <i>n</i>	/ˈsɑ:mpl/	Cornwell analysed a DNA sample to prove who Jack the Ripper really was.	próbka
silhouette <i>n</i>	/ˌsɪluˈet/	It incorporated Jobs' silhouette with the white Apple logo.	sylwetka
silicon <i>n</i>	/ˈsɪlɪkən/	Silicon is used to manufacture electronic parts.	krzem
slight <i>adj</i>	/slɑ:t/	Her accent isn't very strong. It's a slight accent.	delikatny
spectacles <i>n pl</i>	/ˈspektəklz/	I don't wear spectacles because my eyesight is perfect.	okulary
terrorize <i>v</i>	/ˈterəraɪz/	He terrorized the inhabitants of the city.	sterroryzować
tribute <i>n</i>	/ˈtrɪbjʊ:t/	This logo was designed as a tribute to Steve Jobs.	hołd
Tube map <i>n</i>	/tju:b mæp/	A Tube map isn't an accurate map of London.	mapa metra
well-built <i>adj</i>	/wel ˈbɪlt/	Have you seen how big he is? He's really well-built .	dobrze zbudowany