

Intermediate Plus Polish wordlist

File 1

Vocabulary Banks

ADJECTIVE SUFFIXES

active <i>adj</i>	/ˈæktɪv/	He's a really active person. He does sports every day.	aktywny
addictive <i>adj</i>	/əˈdɪktɪv/	Coffee is really addictive . I need at least three cups a day.	uzależniający
affordable <i>adj</i>	/əˈfɔːdəbl/	Rent is so expensive in Britain. For most people it's just not affordable .	dostępny, przystępny
aggressive <i>adj</i>	/əˈɡresɪv/	My son is so aggressive . He's always fighting people.	agresywny
ambitious <i>adj</i>	/æmˈbɪʃəs/	She's very ambitious . She wants to be a top surgeon.	ambitny
assertive <i>adj</i>	/əˈsɜːtɪv/	It's important to be assertive otherwise you will never get what you want.	asertywny
attractive <i>adj</i>	/əˈtræktɪv/	That car's not very attractive . It's so square.	atrakcyjny
beautiful <i>adj</i>	/ˈbjuːtɪfl/	Those flowers look beautiful .	piękny
bossy <i>adj</i>	/ˈbɒsi/	Stop being so bossy ! You're always telling me what to do.	apodyktyczny
bright <i>adj</i>	/braɪt/	I prefer the bright blue one.	jasny
careful <i>adj</i>	/ˈkeəfl/	She's really careful with money. She never wastes any.	ostrożny
careless <i>adj</i>	/ˈkeələs/	He's really careless . He always breaks things.	nieostrożny
cheerful <i>adj</i>	/ˈtʃɪəfl/	You're always smiling. What makes you so cheerful ?	radosny
childish <i>adj</i>	/ˈtʃaɪldɪʃ/	You need to grow up and stop being so childish .	dziecinny
comfortable <i>adj</i>	/ˈkʌmfətəbl/	I don't care about fashion. I just want to feel comfortable .	wygodny
creative <i>adj</i>	/kriˈeɪtɪv/	I want to work in a creative profession like advertising or design.	kreatywny, twórczy
dangerous <i>adj</i>	/ˈdeɪndʒərəs/	Everyone drives too fast here. The roads are really dangerous .	niebezpieczny
dark <i>adj</i>	/dɑːk/	I wear a lot of dark clothes in the winter.	ciemny
delicious <i>adj</i>	/dɪˈlɪʃəs/	Have you tried that cake? It tastes delicious !	pyszny
desirable <i>adj</i>	/dɪˈzaɪərəbl/	Everyone wants to live there. It's a really desirable part of town.	pożądany
dirty <i>adj</i>	/ˈdɜːti/	The room was so dirty that I asked for a different one.	brudny
easy <i>adj</i>	/ˈiːzi/	The test was really easy . I think I'll get 100%.	łatwy
envious <i>adj</i>	/ˈenviəs/	I'm so envious . I really want one of those cars.	zazdrosny
expensive <i>adj</i>	/ɪkˈspensɪv/	That's too expensive . Can we look for one that costs less?	drogi

glamorous <i>adj</i>	/ˈglæməərəs/	You always look so glamorous . How long does it take you to get ready?	ośniewający
greyish <i>adj</i>	/ˈɡreɪʃ/	It's not black – it's more greyish in colour.	szarawy
healthy <i>adj</i>	/ˈhelθi/	Your diet is really healthy . I eat too much fatty food.	zdrowy
helpful <i>adj</i>	/ˈhelpfl/	The staff were really helpful . They answered all of my questions.	pomocny
hopeful <i>adj</i>	/ˈhəʊpfl/	I'm hopeful I'll get the job, but I won't know until Monday.	pełen nadziei
hopeless <i>adj</i>	/ˈhəʊpləs/	This is hopeless . We'll never get there on time.	beznadziejny
impressive <i>adj</i>	/ɪmˈpresɪv/	His presentation was really impressive . Everyone was listening for the whole hour.	imponujący
impulsive <i>adj</i>	/ɪmˈpʌlsɪv/	Can't you think about things more carefully? You're always so impulsive .	impulsywny
incredible <i>adj</i>	/ɪnˈkredəbl/	The views are incredible . You can see for miles.	niezwykły, niesamowity
lucky <i>adj</i>	/ˈlʌki/	You're lucky I know where we are going.	mający szczęście
luxurious <i>adj</i>	/lʌgˈʒʊəriəs/	They only sell luxurious brands here. You'll find cheaper things at other shops.	luksusowy
moody <i>adj</i>	/ˈmuːdi/	He's so moody . You never know if he's going to be happy, sad, or angry. It's exhausting!	kapryśny
navy blue <i>adj</i>	/ˈneɪvi/	My daughter's school uniform is navy blue .	granatowy
noisy <i>adj</i>	/ˈnɔɪzi/	It's too noisy in here. I can't concentrate on my work.	hałaśliwy, głośny
pale <i>adj</i>	/peɪl/	We're painting the room pale green.	blady, jasny
possessive <i>adj</i>	/pəˈzesɪv/	My girlfriend is really possessive . She doesn't like me talking to other girls.	zaborczy
powerful <i>adj</i>	/ˈpaʊəfl/	He's a rich and powerful businessman.	potężny
profitable <i>adj</i>	/ˈprɒfɪtəbl/	He's really rich. He has a very profitable business.	zyskowny, dochodowy
rebellious <i>adj</i>	/rɪˈbeljəs/	I was really rebellious as a teenager. I never did what my parents wanted.	zbuntowany
reliable <i>adj</i>	/rɪˈlaɪəbl/	It's much less stressful working with reliable people.	solidny, godny zaufania
responsible <i>adj</i>	/rɪˈspɒnsəbl/	My daughter is only 14 but she's very grown up and responsible .	odpowiedzialny
risky <i>adj</i>	/ˈrɪski/	That idea is too risky . You could lose a lot of money.	ryzykowny
selfish <i>adj</i>	/ˈselfɪʃ/	He's so selfish . He never thinks about others.	egoistyczny
sensible <i>adj</i>	/ˈsensəbl/	My daughter is only 14 but she's very grown up and sensible .	rozsądny
sensitive <i>adj</i>	/ˈsensətɪv/	Don't listen to them. You're always so sensitive about other people's opinions.	wrażliwy
sociable <i>adj</i>	/ˈsəʊjəbl/	She's really sociable . She'll talk to anyone.	towarzyski
spacious <i>adj</i>	/ˈspeɪʃəs/	I need a more spacious office. I have too many things for this space.	przestronny
stressful <i>adj</i>	/ˈstresfl/	My work is so stressful at the moment that I just can't relax.	stresujący
stylish <i>adj</i>	/ˈstaɪlɪʃ/	He always wears such stylish clothes. He's so fashionable.	stylowy
successful <i>adj</i>	/səkˈsesfl/	He's one of the most successful actors ever. He has won so many prizes.	odnoszący sukcesy

suitable <i>adj</i>	/ˈsju:təbl/	Can you find me a more suitable room? This one is too noisy.	odpowiedni
useful <i>adj</i>	/ˈju:sfl/	Phones are so useful now. I can do everything I want to on mine.	przydatny
Useful words and phrases			
a wide range of	/ə waɪd reɪndʒ ɒv/	They sell a wide range of beautiful colours with very unusual names.	duży wybór
actual <i>adj</i>	/ˈæktʃuəl/	The image they create in our mind does not necessarily correspond with the actual colour.	rzeczywisty, faktyczny
app <i>n</i>	/æp/	This smartphone app translates while you talk.	aplikacja
associate ... with <i>ph v</i>	/ə'səʊʃieɪt ... wɪð/	Some people may associate the name with a poisonous chemical.	kojarzyć ... z
attract <i>v</i>	/ə'trækt/	Flowers are often brightly-coloured to attract bees and other insects.	przyciągać
average <i>n</i>	/ˈævərɪdʒ/	People with positive initials (such as J.O.Y.) live about four years longer than the average .	średnia
berry red <i>adj</i>	/ˈberi/	Her top is berry red in colour.	ciemnoczerwony, bordowy
beyond <i>prep</i>	/bɪ'jɒnd/	The potential effects of your name go beyond perceptions.	poza, ponad
brand <i>n</i>	/brænd/	What's the name of the brand and model of your computer?	marka
career <i>n</i>	/kə'riə(r)/	I want a career in accounting after I'm qualified.	kariera
certificate <i>n</i>	/sə'tɪfɪkət/	I got a certificate for completing the course.	świadcstwo
chemical <i>n</i>	/ˈkemɪkl/	Arsenic is a poisonous chemical .	substancja chemiczna
comment <i>v</i>	/ˈkɒment/	Please fill out this form at the end of your stay if you would like to comment on your experience.	wypowiedzieć się
commitment <i>n</i>	/kə'mɪtmənt/	He doesn't like commitment . He always has a new girlfriend.	zobowiązanie
commute <i>n</i>	/kə'mju:t/	I have a one-hour commute to work every day.	dojazd do pracy
depressing-sounding <i>adj</i>	/dɪ'presɪŋ 'saʊndɪŋ/	I really don't like it. It's such a depressing-sounding name.	brzmiący przygnębiająco
ebook <i>n</i>	/ˈi:bʊk/	There were ebook readers before the Amazon Kindle, but the Kindle was the first to become popular around the world.	książka elektroniczna
founder <i>n</i>	/ˈfaʊndə(r)/	The founder of the company started it in 1976.	założyciel
full name <i>n</i>	/fʊl neɪm/	My full name is Ruby Alice Rogers.	pełne imię i nazwisko
in control <i>adj</i>	/ɪn kən'trəʊl/	You never panic and seem in control of your life.	pod kontrolą
itself <i>pron</i>	/ɪt'self/	I'd love a car that drives itself .	samodzielnie
light <i>v</i>	/laɪt/	When night fell, the campers decided to light a fire to keep warm.	rozpalić
mint green <i>adj</i>	/mɪnt/	It's an unusual green; kind of a mint green .	miętowy
model <i>n</i>	/ˈmɒdl/	What's the name of the brand and model of your computer?	model
muscle <i>n</i>	/ˈmʌsl/	This exciting exercise machine works nine major muscle groups and gets your heart working in just a few minutes.	mięsień

name after <i>phr v</i>	/neɪm 'ɑ:ftə(r)/	I was named after my grandmother.	dawać komuś imię po kimś
nap <i>n</i>	/næp/	My son is only one year old. He has a two-hour nap every afternoon.	drzemka
old-fashioned <i>adj</i>	/,ɔ:ld 'fæʃənd/	I think some religious names are now quite old-fashioned , for example Angustias or Evaristo.	staromodny
optimistic <i>adj</i>	/,ɒptɪ'mɪstɪk/	She's very optimistic and always looks for the positives.	optymistyczny
ordinary <i>adj</i>	/'ɔ:dnri/	White tigers are much less common than ordinary tigers.	zwyyczajny
overall <i>adv</i>	/,əʊvər'ɔ:l/	Overall , it seems that the best name for males is James, which came near the top in all three categories.	ogólnie rzecz biorąc
powder <i>n</i>	/'paʊdə(r)/	She put the washing powder into the machine.	proszek
preference <i>n</i>	/'prefrəns/	I don't mind, but my preference would be to meet at 1 p.m.	preferencja
pronounce <i>v</i>	/prə'naʊns/	If you know an English word, you may not know how to pronounce it correctly.	wymawiać
restless <i>adj</i>	/'restləs/	He can never focus on anything. He's so restless .	niespokojny
smartphone <i>n</i>	/'smɑ:tʃəʊn/	This smartphone app translates while you talk.	smartfon
subtle shade of	/'sʌtl ʃeɪd ɒv/	This subtle shade of white, which has a slight blueish hint, also gets its name from nature.	subtelny odcień (czegoś)
translate <i>v</i>	/træns'leɪt/	If you don't know an English word, this app can translate it into your own language.	tłumaczyć
wallpaper <i>n</i>	/'wɔ:lpeɪpə(r)/	Arsenic was used to create a colour called Paris Green, which was commonly used in paint and wall-paper .	tapeta
wardrobe <i>n</i>	/'wɔ:drəʊb/	I have a wardrobe full of clothes I never wear.	szafa

More words in File 1

analysis <i>n</i>	/ə'næləsɪs/	Transform your life, your confidence, and your wardrobe with colour analysis .	analiza
bill <i>n</i>	/bɪl/	The bill for dinner was really expensive.	rachunek
bizarre <i>adj</i>	/bɪ'zɑ:(r)/	Famous people often give their children bizarre names.	dziwaczny
call ... for short <i>phr v</i>	/kɔ:l ... fɔ:(r) ʃɔ:t/	My name is Louise, but some people call me Lou for short .	nazywać ... (w skrócie)
catalogue <i>n</i>	/'kætələg/	Few people shop from catalogues now – more buy online.	katalog
caterpillar <i>n</i>	/'kætəpɪlə(r)/	It is named after the wings of the Cabbage White butterfly, so-called because the caterpillars feed on cabbages.	gąsiennica
correspond <i>v</i>	/,kɒrə'spɒnd/	The image they create in our mind does not correspond with the actual colour.	odpowiadać czemuś
crayon <i>n</i>	/'kreɪən/	My children like to colour in pictures using crayons .	kredka
creature <i>n</i>	/'kri:tʃə(r)/	The blue whale is the largest creature in the world.	stworzenie
critical <i>adj</i>	/'krɪtɪkl/	He always finds negatives in people. He's very critical .	krytyczny

each other <i>pron</i>	/i:tʃ 'ʌðə(r)/	<i>They really don't like each other.</i>	nawzajem
gloss <i>adj</i>	/glɒs/	<i>Shall we buy matt or gloss paint?</i>	błyszczący
goddess <i>n</i>	/'gɒdes/	<i>Many gifts were given to the goddess of wealth because people wanted to become rich.</i>	bogini
hypochondriac <i>n</i>	/,haɪpə'kɒndriæk/	<i>I worry about my health, and may be a bit of a hypochondriac.</i>	hipochondryk, hipochondryczka
isolated <i>adj</i>	/'aɪsəleɪtɪd/	<i>I was so far away from everyone that I felt really isolated.</i>	osamotniony
ivory <i>adj</i>	/'aɪvəri/	<i>I would say the colour of her wedding dress was ivory, not white.</i>	kość słoniowa
life expectancy <i>n</i>	/'laɪf ɪk,spektənsi/	<i>The life expectancy is around 80 years in my country.</i>	długość życia
matt <i>adj</i>	/mæt/	<i>Shall we buy matt or gloss paint?</i>	matowy
monument <i>n</i>	/'mɒnjumənt/	<i>Lots of monuments are made of important political people.</i>	pomnik
perception <i>n</i>	/pə'sepʃn/	<i>The perception that he was lazy stayed with him for decades.</i>	pogląd, opinia
persistent <i>adj</i>	/pə'sɪstənt/	<i>I'm really persistent. I don't give up easily.</i>	uparty, nieustępliwy
pine <i>n</i>	/paɪn/	<i>Our new table is made of pine.</i>	sosna
prospects <i>n pl</i>	/'prɒspekt/	<i>His job prospects aren't good. There is too much unemployment.</i>	szanse, widoki (na coś)
puzzle <i>n</i>	/'pʌzl/	<i>The puzzle has over 1,000 pieces.</i>	puzzle
rank <i>v</i>	/ræŋk/	<i>A recent survey asked 6,000 people in the UK to rank common names for men and women in three categories: success, luck, and attractiveness.</i>	uszeregować, sklasyfikować
role model <i>n</i>	/'rəʊl mɒdl/	<i>Which sportsperson from your country do you think is a positive role model?</i>	wzór do naśladowania
scale <i>n</i>	/skeɪl/	<i>In the US, grades are given on a scale from A (excellent) to D (poor).</i>	skala
testing <i>n</i>	/'testɪŋ/	<i>It's had zero accidents in thousands of hours of testing.</i>	testowanie
trend <i>n</i>	/trend/	<i>Trends can look out of date very quickly.</i>	trend
tulip <i>n</i>	/'tju:lɪp/	<i>Black tulips are far more expensive than pink ones.</i>	tulipan
turquoise <i>adj</i>	/'tɜ:kwoɪz/	<i>First produced in 1998, the bright turquoise iMac computer was a huge success for Apple.</i>	turkusowy

File 2

Vocabulary Banks

HOLIDAYS

adaptor <i>n</i>	/ə'dæptə(r)/	<i>I have a two-pin adaptor for use in Germany.</i>	prześciówka, konwerter
brush <i>n</i>	/brʌʃ/	<i>I need a new brush for my hair.</i>	szczotka
climb a mountain	/klaɪm ə 'maʊntən/	<i>Today, we're going to climb a mountain. It's 2,000 metres high so I hope you aren't scared of heights!</i>	wspinać się na górę
comb <i>n</i>	/kəʊm/	<i>My hair is very fine so I only need a comb.</i>	grzebień

flip flops <i>n pl</i>	/flɪp flɒps/	<i>Flip flops</i> make me think of the beach and summer.	klapki japonki
get sunburnt <i>phr v</i>	/get 'sʌnbʊ:nt/	Don't spend too long in the sun or you'll get sun-burnt .	doznać oparzeń słonecznych
go camping <i>phr v</i>	/gəʊ 'kæmpɪŋ/	My children love being outdoors so we're going to go camping this summer.	jechać na biwak
go hiking <i>phr v</i>	/gəʊ 'haɪkɪŋ/	We're really active on holiday. We love to go hiking .	chodzić na piesze wycieczki
go on a (guided) tour	/gəʊ ɒn ə (gaɪdɪd) tʊ:(r)/	Did you go on a guided tour round the castle?	jechać na wycieczkę z przewodnikiem
go on a boat trip	/gəʊ ɒn ə bəʊt trɪp/	We're going to go on a boat trip on the River Thames.	popłynąć łódką na wycieczkę statkiem
go on a cruise	/gəʊ ɒn ə kru:z/	I want to go on a cruise around the Mediterranean this summer.	wyruszać w rejs
go on a package holiday	/gəʊ ɒn ə 'pækɪdʒ 'hɒlədeɪ/	I don't want to go on a package holiday , I want more freedom.	jechać na zorganizowane wczasy
go on a safari	/gəʊ ɒn ə sə'fɑ:ri/	I'm going to go on a safari in Kenya this year.	jechać na safari
go on a trekking holiday	/gəʊ ɒn ə trekɪŋ 'hɒlədeɪ/	We're going to go on a trekking holiday in the Alps.	jechać w wysokie góry na wakacje wędrowne
go sailing <i>phr v</i>	/gəʊ 'seɪlɪŋ/	The lake is great to go sailing on.	jechać na żagle
go scuba-diving / snorkel-ling <i>phr v</i>	/gəʊ sku:bə 'daɪvɪŋ / 'snɔ:kəlɪŋ/	The Red Sea is an amazing place to go scuba-diving .	uprawiać nurkowanie (głębokie/płytkie)
go sightseeing <i>phr v</i>	/gəʊ 'saɪtsi:ɪŋ/	I really want to go sightseeing when we're in Rome.	zwiedzać
go surfing <i>phr v</i>	/gəʊ 'sɜ:fɪŋ/	I used to go surfing every weekend when I was younger. I got really good at it.	uprawiać surfing / wind-surfing / kitesurfing
go waterskiing / skiing <i>phr v</i>	/gəʊ 'wɔ:təski:ɪŋ / 'ski:ɪŋ/	I want to go skiing in the Alps this winter.	jeździć na nartach wodnych / na nartach
guidebook <i>n</i>	/gaɪd bʊk/	The guidebook says this restaurant is good but expensive.	przewodnik (książkowy)
hairdryer <i>n</i>	/ˈheədraɪə(r)/	There's a hairdryer in the hotel room.	suszarka do włosów
have a massage	/hæv ə 'mæsɑ:ʒ/	I feel so relaxed. You should have a massage as well.	mieć masaż
insect repellent <i>n</i>	/ˈɪnsekt rɪpelənt/	I need some insect repellent . I keep getting bitten.	środek odstraszający owady
make-up <i>n</i>	/ˈmeɪkʌp/	My wife never wears any make-up . She gets ready really quickly in the morning.	makijaż
memory card <i>n</i>	/ˈmeməri kɑ:d/	The memory card is full. I'll have to delete some pictures.	karta pamięci
nail scissors <i>n pl</i>	/ˈneɪl sɪzəz/	Have you got any nail scissors ? My nails are getting really long.	nożyczki do paznokci
pack and unpack your bags	/pæk ænd ˌʌn'pæk ʒɔ:(r) bægz/	I always have so many things. I hate having to pack and unpack my bags .	pakować się i rozpakowywać się
phone charger <i>n</i>	/fəʊn 'tʃɑ:dʒə(r)/	Have you seen my phone charger ? My battery is nearly gone.	ładowarka do telefonu
pyjamas <i>n pl</i>	/pə'dʒɑ:məz/	I'm not taking my pyjamas . It will be too hot at night.	pidżama
raincoat <i>n</i>	/ˈreɪnkəʊt/	You'll need your raincoat if you're going to Wales on holiday.	plaszcz przeciwdeszczowy
razor <i>n</i>	/ˈreɪzə(r)/	I need a shave. Have you seen my razor ?	maszynka do golenia
see the sights	/si: ðə saɪts/	I really want to see the sights of London: Big Ben, Buckingham Palace, and Nelson's Column.	zobaczyć atrakcje turystyczne

sunbathe on the beach	/ˈsʌnbet̪ ðn ðə bi:tʃ/	<i>I find it so relaxing when I sunbathe on the beach.</i>	opalać się na plaży
sunscreen <i>n</i>	/ˈsʌnskri:n/	<i>It's 30 degrees today. Don't forget to put sunscreen on the kids.</i>	krem z filtrem przeciwsłonecznym
swimming trunks <i>n pl</i>	/ˈswimɪŋ trʌŋks/	<i>I really don't like swimming trunks. I much prefer shorts.</i>	kąpielówki
swimsuit <i>n</i>	/ˈswimsu:t/	<i>I'm going to the pool. Have you seen my swimsuit?</i>	kostium kąpielowy
toothbrush <i>n</i>	/ˈtu:θbrʌʃ/	<i>The dentist said I need a new toothbrush.</i>	szczoteczka do zębów
toothpaste <i>n</i>	/ˈtu:θpeɪst/	<i>We need more toothpaste. I used the last bit up this morning.</i>	pasta do zębów
towel <i>n</i>	/taʊəl/	<i>I'm going to put this towel on the balcony to dry.</i>	ręcznik
volunteer work <i>n</i>	/ˌvɒləntʃˈtɪə(r) wɜ:k/	<i>I did volunteer work in Africa when I was a student.</i>	wolontariat
wash bag <i>n</i>	/wɒʃ bæɡ/	<i>I've got a toothbrush and razor in my wash bag. I don't need anything else.</i>	kosmetyczka, szaszetka na kosmetyki
watch the sunset	/wɒtʃ ðə ˈsʌnsɛt/	<i>We can watch the sunset at the end of the day from our balcony.</i>	oglądać zachód słońca

SHOPS AND SERVICES

baker's <i>n</i>	/ˈbeɪkə(r)z/	<i>I bought some fresh bread from the baker's.</i>	piekarnia
be out of <i>phr v</i>	/bi aʊt ɒv/	<i>I'm sorry, we're out of light bulbs at the moment, but we should be getting some in soon.</i>	skończyć się, być wyprzedanym
butcher's <i>n</i>	/ˈbʊtʃə(r)z/	<i>Can you buy some chicken from the butcher's?</i>	sklep mięsny
chain store <i>n</i>	/ˈtʃeɪn stɔ:(r)/	<i>You find chain stores like Starbucks everywhere.</i>	sklep należący do sieci handlowej
chemist's (NAmE drug-store) <i>n</i>	/ˈkemɪstz/ (<i>ˈdrʌɡstɔ:(r)/</i>)	<i>Some shops, like a chemist's, should be open 24/7.</i>	apteka, drogeria
close down <i>phr v</i>	/ˈkləʊz daʊn/	<i>A lot of local shops and businesses have been forced to close down because of the recession.</i>	zamykać (firmę), upadać
craft fair <i>n</i>	/kra:ft feə(r)/	<i>Everything at the craft fair is made by hand.</i>	targi rękodzieła
delicatessen (also deli) <i>n</i>	/ˌdelɪkəˈtesn/ (<i>ˈdeli/</i>)	<i>I bought some lovely meat from the delicatessen.</i>	delikatesy
DIY store (NAmE hardware store) <i>n</i>	/ˌdi: aɪ ˈwaɪ stɔ:(r)/ (<i>ˈha:dweə(r) stɔ:(r)/</i>)	<i>I got all the tools I need from the DIY store.</i>	sklep dla majsterkowiczów
dry cleaner's <i>n</i>	/ˌdraɪ ˈkli:nə(r)z/	<i>I got my suit cleaned at the dry cleaner's.</i>	pralnia chemiczna
estate agent's <i>n</i>	/ɪsˈteɪt ˌeɪdʒənts/	<i>I bought my house through the estate agent's on the high street.</i>	agencja nieruchomości
fishmonger's <i>n</i>	/ˈfɪʃmʌŋɡə(r)z/	<i>They have fresh fish every day in the fishmonger's.</i>	sklep rybny
florist's <i>n</i>	/ˈflɒrɪsts/	<i>These flowers were from the florist's in town.</i>	kwiaciarnia
greengrocer's <i>n</i>	/ˈɡri:ŋɡrəʊsə(r)z/	<i>There are some lovely seasonal fruit and vegetables in the greengrocer's.</i>	warzywniak
hairdresser's <i>n</i>	/ˈheədresə(r)z/	<i>At which hairdresser's did you get your hair cut?</i>	fryzjer
health food store <i>n</i>	/helθ fu:d stɔ:(r)/	<i>I buy lots of food from the health food store.</i>	sklep ze zdrową żywnością
hypermarket <i>n</i>	/ˈhaɪpəma:kit/	<i>I hate the hypermarket. It's too big.</i>	hipermarket
jeweller's <i>n</i>	/ˈdʒu:ələ(r)z/	<i>I bought this watch from the jeweller's.</i>	jubiler
launderette <i>n</i>	/ləʊnˈdret/	<i>I need to take this duvet to the launderette to wash it. It's too big to wash at home.</i>	pralnia samoobsługowa

look for <i>phr v</i>	/lʊk fɔ:(r)/	These directions say to look for the old town hall and that the bus stop we need is over the road from there.	szukać
look round <i>phr v</i>	/lʊk raʊnd/	Do you need any help? No, thanks, I just want to look round .	rozwglądać się
market stall <i>n</i>	/'mɑ:kɪt stɔ:l/	This is my favourite market stall in Camden market.	stragan
newsagent's <i>n</i>	/'nju:zeɪdʒənts/	The newsagent's sells newspapers, magazines, and sweets.	kiosk
off-licence <i>n</i>	/'ɒf laɪns/	This wine was from the local off-licence .	sklep monopolowy
open up <i>phr v</i>	/'əʊpən ʌp/	Our first shop has been such a success my business partner thinks we should open up another one.	otwierać
stationer's <i>n</i>	/'steɪʃənə(r)z/	The stationer's will have lots of different coloured paper.	sklep papierniczy
travel agent's <i>n</i>	/'trævl ,eɪdʒənts/	I never go to the travel agent's . I always book my holidays online.	biuro podróży
try on <i>phr v</i>	/'traɪ ɒn/	Is there somewhere I can try on this sweater?	przymierzać (ubranie)

Useful words and phrases

activity <i>n</i>	/æk'tɪvəti/	Seventy-five per cent engage in some kind of sporting activity .	aktywność, zajęcia
aim <i>n</i>	/eɪm/	Even when their main aim is to relax, travellers said that they enjoyed seeing the sights.	cel
arrange <i>v</i>	/ə'reɪndʒ/	I need to arrange accommodation for my trip.	organizować
at the bottom of	/æt ðə 'bɒtəm ɒv/	If you look at the bottom of the list it should be there.	na dole
beauty salon <i>n</i>	/'bju:ti ,sælɒn/	I get my nails done in a local beauty salon .	salon kosmetyczny
boarding pass <i>n</i>	/'bɔ:ɪdɪŋ pɑ:s/	I can't find my boarding pass ! My flight is boarding at 11.00 a.m.	karta pokładowa
communities <i>n pl</i>	/kə'mju:nəti/	The high street was once the heart of communities across the UK.	społeczności
destination <i>n</i>	/,destɪ'neɪʃn/	This holiday destination is popular among all nationalities.	cel podróży
disappear <i>v</i>	/,dɪsə'piə(r)/	More than one-third of the small high street shops have disappeared .	znikać
effort <i>n</i>	/'efət/	You need to make more effort at school. Your teachers say you must try harder.	wysiłek, staranie
engage in <i>phr v</i>	/ɪn'geɪdʒ ɪn/	Seventy-five per cent engage in some kind of sporting activity.	angażować się w coś
free <i>adj</i>	/fri:/	To try to save their high streets, some towns now offer free parking nearby.	darmowy
heart <i>n</i>	/hɑ:t/	The high street was once the heart of communities across the UK.	serce
high street <i>n</i>	/'haɪ stri:t/	To try to save their high street , some towns offer free parking.	główna ulica
history <i>n</i>	/'hɪstri/	I am really interested in the past. That's why I want to study history at university.	historia
illustration <i>n</i>	/,ɪlə'streɪʃn/	A few years later, a friend asked me to do an illustration for her business. She liked what I did and it inspired me to start painting again.	ilustracja

influence <i>v</i>	/ˈɪnfluəns/	How does the place where you live influence what you buy?	oddziaływać, mieć wpływ
keen on <i>adj</i>	/ki:n ɒn/	I am really keen on holidays that offer sporting activities.	chętny do
leave behind <i>phr v</i>	/li:v bɪ'haɪnd/	Please check your room thoroughly and make sure you don't leave behind any personal belongings.	zostawiać
live music	/laɪv 'mju:zɪk/	Others plan to have live music and theatre performances in the town centre.	(muzyka) na żywo
mainly <i>adv</i>	/ˈmeɪnli/	Overall, does she feel mainly positive or mainly negative about her job?	przede wszystkim głównie
nationality <i>n</i>	/ˌnæʃə'næləti/	My nationality is British but my family are from Pakistan.	narodowość
organic <i>adj</i>	/ɔ:ˈgænɪk/	I prefer organic food, even if it is more expensive.	organiczny, ekologiczny
performance <i>n</i>	/pə'fɔ:məns/	The theatre performance takes place in the town centre.	przedstawienie, spektakl
photo frame <i>n</i>	/ˈfəʊtəʊ freɪm/	I need a new photo frame for this picture.	ramka na zdjęcie
repetitive <i>adj</i>	/rɪ'petətɪv/	The job is very repetitive . I do the same thing every day.	monotonny, powtarzający się
replace <i>v</i>	/rɪ'pleɪs/	They're not serving my favourite coffee here any more. I hope they replace it with something similar.	zastępować, zamieniać
reveal <i>v</i>	/rɪ'vi:l/	Hopefully the survey will reveal that consumers are happy with our new product.	ujawniać
struggle <i>v</i>	/ˈstrʌɡl/	Many small shops struggle to make money.	borykać się, mieć trudności
tourism <i>n</i>	/ˈtʊərɪzəm/	These holidays combine volunteer work and tourism .	turystyka
typical <i>adj</i>	/ˈtɪpɪkl/	I look like a typical tourist.	typowy
undisputed <i>adj</i>	/ˌʌndɪ'spju:tɪd/	The beach, for instance, was the undisputed leader among all destinations in the survey.	niekwestionowany
unique <i>adj</i>	/juˈni:k/	Is there a place where it is easy to discover unique and hard-to-find things from the best British sellers?	unikatowy
unwanted <i>adj</i>	/ˌʌn'wɒntɪd/	Second-hand shops sell unwanted products to other people.	niechciany
wooden <i>adj</i>	/ˈwʊdn/	I make wooden signs with clever sayings. 'Champagne is the answer' is one of my most popular signs.	drewniany
workshop <i>n</i>	/ˈwɜ:kʃɒp/	I'd also love a little workshop so that I didn't have to work in my kitchen!	pracownia, warsztat

More words in File 2

admit <i>v</i>	/əd'mɪt/	When something is your fault, you should admit it rather than cover up your mistake.	przyznawać się do czegoś
alcohol <i>n</i>	/ˈælkəhɒl/	People drink more alcohol than usual on holiday.	alkohol
backpack <i>n</i>	/ˈbækpæk/	I'm taking a backpack as my luggage.	plecak
Britons <i>n pl</i>	/ˈbrɪtn/	Britons spend £118 million replacing forgotten holiday items.	Brytyjczycy
car-sharing <i>n</i>	/kɑ:(r) ʃeərɪŋ/	Car-sharing is good for the environment.	wspólne jeżdżenie samochodem
commercial <i>adj</i>	/kə'mɜ:ʃl/	Mother's Day and Father's Day are just commercial opportunities for shops to sell more.	komercyjny, handlowy

conduct v	/kən'dʌkt/	We should conduct a survey to find out the most popular holiday destination.	przeprowadzać
consider v	/kən'sɪdə/	I've never wanted to go scuba-diving before, but I would consider trying it on holiday.	rozważać, brać pod uwagę
couch-surfing n	/kaʊtʃ 'sɜːfɪŋ/	If I went travelling I would try couch-surfing so I didn't have to spend a lot of money on hotels.	couchsurfing, bezpłatne noclegi w czyimś domu
cushion n	/'kʊʃn/	I need a cushion . This chair is so uncomfortable.	poduszka dekoracyjna
eager to soak up	/'iːgə(r) tə səʊk ʌp/	When I go on holiday, I am eager to soak up the history and culture of the place I visit.	chętnie chłonać
extremely adv	/ɪk'striːmli/	Sunbathing is extremely popular with young adults. Almost 50% named it as their favourite holiday activity.	nadzwyczaj, niezwykle
fee n	/fiː/	Websites like homelink.org can arrange this for a small fee .	opłata
frugal adj	/'fruːgl/	I need to be frugal for the rest of the holiday – I've nearly spent all of my money!	oszczędny
globe n	/gləʊb/	People from across the globe visit Paris.	ziemia, glob
glorious adj	/'glɔːriəs/	I'm going to make the most of my last glorious morning in the sun.	cudowny
hand-painted adj	/hænd peɪntɪd/	All the cups and vases are hand-painted .	ręcznie malowany
holidaymakers n pl	/'hɒlədeɪmeɪkə(r)/	A new survey of holidaymakers in Europe and the USA has found that the type of holiday you enjoy most may depend on the country you come from.	wczasowicze
hoses n pl	/həʊz/	As soon as I saw some of the London Fire Brigade's old hoses , I instantly fell in love with them.	wężę strażackie
hotelier n	/həʊ'teliə(r)/	The hotelier who welcomed us was extremely polite.	hotelarz, właścicielka hotelu
orphanage n	/'ɔːfənɪdʒ/	I helped in an orphanage looking after the children.	sierociniec
period n	/'pɪəriəd/	I had a period off work last year.	okres
personalized adj	/'pɜːsənəlaɪzd/	I got a personalized watch for my 18th birthday.	spersonalizowany
pop-up shop n	/pɒp ʌp ʃɒp/	' Pop-up shops ' are quirky, interesting shops that close or change after a few weeks.	„znikający” sklep
pros and cons	/prəʊz ænd kɒns/	We need to think about the pros and cons before we decide.	argumenty za i przeciw
quirky adj	/'kwɜːki/	'Pop-up shops' are quirky , interesting shops that close or change after a few weeks.	dziwaczny
realize v	/'riːəlaɪz/	It took me a while to realize that I couldn't be without her.	zdawać sobie sprawę
recognize v	/'rekəɡnaɪz/	He has changed so much that I didn't recognize him.	rozpoznawać
reverse n	/rɪ'vɜːs/	Put the car into reverse .	wsteczny (bieg)
routine n	/ruː'tiːn/	She follows the same routine every day.	ustalony porządek, rutyna
security screener n	/'skriːnə(r)/	Passengers are most polite to the security security screener .	pracownik ochrony (na lotnisku)
seem v	/siːm/	The numbers seem to be right, but I'm not sure.	wydawać się
stroke n	/strəʊk/	I'd always enjoyed painting, but about ten years ago I had a stroke .	udar
suppose v	/sə'pəʊz/	I suppose he will be late, as usual.	przypuszczać

upmarket <i>adj</i>	/ˌʌpˈmɑːkɪt/	I like upmarket restaurants, but they cost so much.	elegancka restauracja
X-ray <i>n</i>	/ˈeks reɪ/	I had an X-ray to see if my foot was broken.	rentgen

File 3

Vocabulary Banks

PHOTOGRAPHY

behind <i>prep</i>	/bɪˈhaɪnd/	The shop is behind the museum.	za
blurred <i>adj</i>	/ˈblɜːd/	A photo can be blurred if you move when you are taking it.	zamazany
flash <i>n</i>	/flæʃ/	You use flash when you want to take a photo somewhere dark, e.g. indoors or at night.	lampa błyskowa
in front of	/ɪn frʌnt ɒv/	You'll find the post office in front of the cinema.	przed
in the background	/ɪn ðə ˈbækgraʊnd/	You can see their house in the background of the photo.	w tle, na drugim planie
in the bottom right-hand corner	/ɪn ðə ˈbɒtəm raɪt hænd ˈkɔːnə(r)/	That's my sister in the bottom right-hand corner .	w prawym dolnym rogu
in the centre	/ɪn ðə ˈsentə(r)/	My parents are standing in the centre .	w środku
in the distance	/ɪn ðə ˈdɪstəns/	You can see the church in the distance .	w oddali
in the foreground	/ɪn ðə ˈfɔːgraʊnd/	All of the small children are in the foreground .	na pierwszym planie
in the top right-hand corner	/ɪn ðə tɒp raɪt hænd ˈkɔːnə(r)/	That's our house in the top right-hand corner .	w prawym górnym rogu
lens <i>n</i>	/lenz/	With good cameras you can use different lenses, e.g. a wide-angle lens .	obiektyw
on top of	/ɒn tɒp ɒv/	You can see our cat on top of the table.	na (górze)
opposite <i>prep</i>	/ˈɒpəzɪt/	My mum is sitting opposite Colin.	naprzeciwko
out of focus <i>adj</i>	/aʊt ɒv ˈfəʊkəs/	A photo can be out of focus if you move when you are taking it.	nieostry
photocopy <i>n</i>	/ˈfəʊtəʊkɒpi/	A photocopy is a copy of a piece of paper or page in a book made with a special machine.	fotokopia
photogenic <i>adj</i>	/ˈfəʊtəʊˈdʒenɪk/	Photogenic means looking attractive in photos.	fotogeniczny
photograph <i>n</i>	/ˈfəʊtəɡrɑːf/	A photograph is a picture that is taken with a camera.	zdjęcie, fotografia
photographer <i>n</i>	/fəˈtɒɡrəfə(r)/	A photographer is a person who takes photos.	fotograf
photographic <i>adj</i>	/ˈfəʊtəˈɡræfɪk/	I've bought lots of new photographic equipment.	fotograficzny
photography <i>n</i>	/fəˈtɒɡrəfi/	Photography is the skill of taking photos.	fotografika
portrait setting <i>n</i>	/ˈpɔːtrət ˈsetɪŋ/	Many cameras have a portrait setting to use when you want to take a photo of a person.	ustawienie portretowe
zoom in <i>phr v</i>	/zuːm ɪn/	You zoom in when you are far away from something and you want to take a close-up of it.	przybliżać, powiększać

Useful words and phrases

angle <i>n</i>	/ˈæŋɡl/	If you change the angle of your photos you can make them more interesting and unusual.	kąt
anti-social behaviour <i>n</i>	/ˈænti ˈsəʊʃl brɪˈheɪvjə(r)/	The aim of the new rule is to reduce crime and anti-social behaviour in the town centre.	zachowanie antyspołeczne
baby <i>n</i>	/ˈbeɪbi/	She's married and has a six-month-old baby called Mario.	dziecko, niemowlę
babysitter <i>n</i>	/ˈbeɪbɪsɪtə(r)/	Three cinemas in the area have agreed to put on early afternoon sessions so that parents avoid calling the babysitter .	niania
back up <i>v</i>	/ˈbækʌp/	You could back up your photos on a CD-ROM.	robić kopię zapasową
ban <i>v</i>	/bæn/	Police ban teenagers from the centre of the Welsh town of Bangor at night.	zabraniać, zakazywać (wstępu)
buggy <i>n</i>	/ˈbʌɡi/	You see lots of mothers pushing their babies in a buggy .	wózek dziecięcy
child <i>n</i>	/tʃaɪld/	I was an only child so I didn't have as much opportunity to be as naughty as other kids.	dziecko
curfew <i>n</i>	/ˈkɜːfjuː/	The new curfew is in place between 9 p.m. and 6 a.m.	godzina policyjna
data centre <i>n</i>	/ˈdeɪtə ˈsentə(r)/	But this just means your files are in a company's data centre on – guess what? – a whole load of hard drives.	centrum przetwarzania danych
deck <i>n</i>	/dek/	Malaysia Airlines has decided to ban children under 12 years of age from the top deck of its A380 planes.	pokład
deteriorate <i>v</i>	/dɪˈtɪəriəreɪt/	If you store your photos as jpegs the file will actually deteriorate every time you copy or resave it.	pogarszać się
digital <i>adj</i>	/ˈdɪdʒɪtl/	A digital photo lasts forever, right?	cyfrowy
discriminatory <i>adj</i>	/dɪˈskrɪmɪnətəri/	While some have called the decision discriminatory , others agree with it.	dyskryminujący
erase <i>v</i>	/ɪˈreɪz/	One big magnet could erase your drive in an instant.	wykasować
file format <i>n</i>	/faɪl ˈfɔːmət/	If you store your photos as jpegs (the most common file format), the file will actually deteriorate every time you copy or resave it.	format pliku
fine <i>n</i>	/faɪn/	Any person under 16 who is caught in the centre of town without a parent or adult guardian could go to jail for three months or pay a £2,500 fine .	grzywna
flash drives <i>n pl</i>	/flæʃ draɪv/	This is also true for flash drives , memory cards, and the rest. Today's high-tech storage solution is tomorrow's useless floppy disk.	karty pamięci flash
floppy disk <i>n</i>	/ˈflɒpi ˈdɪsk/	This is also true for flash drives, memory cards, and the rest. Today's high-tech storage solution is tomorrow's useless floppy disk .	dyskietka
gunshots <i>n pl</i>	/ˈɡʌnʃɒt/	Films with loud, surprising noises, such as gunshots , are usually not shown.	wystrzay
hard drive <i>n</i>	/hɑːd draɪv/	Back them up on a separate hard drive or CD-ROM.	twardy dysk
in his / her early twenties (=20–23)	/ɪn hɪz / hɜː(r) ˈɜːli ˈtwentɪz/	My son left home in his early twenties .	w wieku dwudziestu paru lat
in his / her late forties (=47–49)	/ɪn hɪz / hɜː(r) leɪt ˈfɔːtɪz/	She finished work in her late forties .	przed pięćdziesiątką

in his / her mid-thirties (= 34–36)	/ɪn hɪz / hɜː(r) mɪd 'θɜːtɪz/	<i>She had children in her mid-thirties.</i>	w wieku ok. 35 lat
jail <i>n</i>	/dʒeɪl/	<i>Any person under 16 who is caught in the centre of town without a parent or adult guardian could go to jail for three months or pay a £2,500 fine.</i>	więzienie, areszt
middle-aged <i>adj</i>	/ˌmɪdl 'eɪdʒd/	<i>I hate being middle-aged. I want to be young again.</i>	w średnim wieku
offline <i>adj</i>	/ˌɒfˈlaɪn/	<i>Major sites like Netflix, Pinterest, and Instagram were knocked offline for almost a whole day.</i>	odłączony od sieci
pensioner <i>n</i>	/ˈpenʃənə(r)/	<i>A pensioner can ride for free on the bus when they are 65.</i>	emeryt, emerytka
perspective <i>n</i>	/pəˈspektɪv/	<i>If you change the angle or the perspective of your photos you can make them more interesting and unusual.</i>	perspektywa
pose <i>v</i>	/pəʊz/	<i>It's better to pose standing up than sitting down.</i>	pozować
pre-teen <i>adj</i>	/ˌpriː ˈtiːn/	<i>I have a pre-teen class; the students are all aged 11 or 12.</i>	dziecko w wieku 11–12 lat
quarrel <i>v</i>	/ˈkwɒrəl/	<i>When I was a teenager I used to quarrel with my sister.</i>	kłócić się
resave <i>v</i>	/riːseɪv/	<i>If you store your photos as jpegs the file will actually deteriorate every time you copy or resave it.</i>	zapisywać ponownie
rules <i>n pl</i>	/ruːl/	<i>The airline's new child rules were causing controversy.</i>	zasady
scooter <i>n</i>	/ˈskuːtə/	<i>Lots of young children go to school on scooters. It's faster than walking.</i>	skuter
screaming <i>adj</i>	/skriːmɪŋ/	<i>In spite of the screaming babies, she managed to enjoy the experience.</i>	krzyczący
subject <i>n</i>	/ˈsʌbdʒekt/	<i>In most photos, the subject is looking at the camera.</i>	fotografowany obiekt
teenager <i>n</i>	/ˈtiːneɪdʒə(r)/	<i>Were you a rebellious teenager?</i>	nastolatek, nastolatka
toddler <i>n</i>	/ˈtɒdlə(r)/	<i>Our toddler has started nursery.</i>	małe dziecko uczące się chodzić
viewer <i>n</i>	/ˈvjuːə(r)/	<i>This can make a photo more interesting – the viewer wants to know what the person is looking at.</i>	oglądający

More words in File 3

affect <i>v</i>	/əˈfekt/	<i>The high costs affect attendance at matches.</i>	mieć wpływ na coś
allow <i>v</i>	/əˈlaʊ/	<i>They won't allow you to park here without a permit.</i>	pozwalać
army <i>n</i>	/ˈɑːmi/	<i>My dad was in the army so my family moved around a lot.</i>	wojsko
astrology <i>n</i>	/əˈstrɒlədʒi/	<i>Do you like astrology? My star sign is Aries.</i>	astrologia
bookworm <i>n</i>	/ˈbʊkwɜːm/	<i>I read so many books. I am a real bookworm.</i>	mól książkowy
branch <i>n</i>	/brɑːntʃ/	<i>I was wearing a pink frilly dress and it got caught in a branch!</i>	gałąź
changeable <i>adj</i>	/ˈtʃeɪndʒəbl/	<i>The weather didn't use to be this changeable.</i>	zmienny
conflict <i>n</i>	/ˈkɒnflɪkt/	<i>I think I'm still someone who avoids conflict. I hate fighting.</i>	konflikt
corridor <i>n</i>	/ˈkɒrɪdɔː(r)/	<i>Her office is at the end of the corridor.</i>	korytarz
creep <i>v</i>	/kriːp/	<i>I tried to creep down the corridor quietly.</i>	skradać się

damage v	/ˈdæmɪdʒ/	Experts disagree about how much damage this can do, but the damage is real.	uszkodzenie
destroy v	/dɪ'strɔɪ/	There are plenty of things that can damage or even destroy those high-tech memories.	niszczyć
discuss v	/dɪ'skʌs/	We should sit down and discuss the situation together.	omawiać
entire adj	/ɪn'taɪə(r)/	This is the first time a town in the UK has banned children from an entire city centre.	cały
fade v	/feɪd/	Over time, memories can fade or disappear.	blaknąć
frilly adj	/ˈfrɪli/	I used to wear a pink frilly dress.	z falbankami
girly adj	/ˈɡɜːli/	I was a good mix between a 'girly' girl and a tomboy.	dziewczęcy
guardian n	/ˈɡɑːdiən/	Any person under 16 who is caught in the centre of town without a parent or adult guardian could go to jail for three months or pay a £2,500 fine.	opiekun
harmful adj	/ˈhɑːmfl/	Some groups of people are trying to stop it because they think it's harmful and unfair.	szkodliwy
headlines n pl	/ˈhedlaɪn/	What do the headlines in the newspapers say?	nagłówki
hide v	/haɪd/	My children always hide from me, but it's easy to find them.	chować się, ukrywać
high-tech adj	/ˌhaɪ ˈtek/	There are plenty of things that can damage or even destroy those high-tech memories.	najnowocześniejszy
magnet n	/ˈmæɡnət/	Before then, one big magnet could erase your drive in an instant.	magnes
mix n	/mɪks/	I eat a healthy mix of fresh vegetables and fruit.	mieszanka
naughty adj	/ˈnɔːti/	I'd say I was a pretty well-behaved child. I wasn't naughty very often.	niegrzeczny, niesforny
obsolete adj	/ˈɒbsəliːt/	Technology becomes obsolete the older it gets.	przestarzały
onto prep	/ˈɒntə/, /ˈɒntu/	The mouse ran onto the table.	na
pavement n	/ˈpeɪvmənt/	Don't ride your bike on the pavement .	chodnik
playground n	/ˈpleɪɡraʊnd/	I don't think teenagers should be allowed in the children's playground .	plac zabaw
portrait n	/ˈpɔːtrət/	Brian Voce is a professional portrait photographer.	portret
preserve v	/prɪˈzɜːv/	It may be too late to save Grandma's photos, but you can still preserve yours.	zachowywać, ocalać
rely v	/rɪˈlaɪ/	Can I rely on you to finish this in time?	polegać na kimś
robberies n pl	/ˈrɒbəri/	In the last year, the area has seen a large number of robberies by young people.	napady rabunkowe
scenery n	/ˈsiːnəri/	Do you prefer taking photos of scenery or portraits of people?	krajobraz
spa n	/spɑː/	I'm having a massage at the spa .	spa
surprising adj	/səˈpraɪzɪŋ/	Films with loud, surprising noises, such as gunshots, are usually not shown.	zaskakujący
tablet n	/ˈtæblət/	I play lots of games and do some emails on my tablet .	tablet
tomboy n	/ˈtɒmbɔɪ/	I was a good mix between a 'girly' girl and a tomboy .	chłopczyca
treat v	/tri:t/	Both parents and some politicians have criticized the rule, which they say treats all young people like criminals.	traktować
turbulence n	/ˈtɜːbjələns/	Later on during the flight we had a lot of turbulence .	turbulencje

unfair <i>adj</i>	/ˌʌnˈfeə(r)/	Some groups of people are trying to stop it because they think it's harmful and unfair .	niesprawiedliwy
well-behaved <i>adj</i>	/ˌwel bɪˈhervd/	I'd say I was a pretty well-behaved child. I wasn't naughty very often.	dobrze wychowany, grzeczny

File 4

Vocabulary Banks

RUBBISH AND RECYCLING

bin <i>n</i>	/bɪn/	Can you empty the bin ? It's full of rubbish.	kosz
bin bag <i>n</i>	/bɪn bæɡ/	We need a new bin bag in the bin.	worek na śmieci
bottle <i>n</i>	/'bɒtl/	I drink a bottle of water with dinner.	butelka
can <i>n</i>	/kæn/	Can I have a can of cola?	puszka
cardboard box <i>n</i>	/'kɑːdbɔːd bɒks/	The cereal is in that cardboard box .	pudełko kartonowe
carton <i>n</i>	/'kɑːtn/	I had a small carton of juice.	kartonik, pojemnik
dustman (also refuse collector, NAmE garbage collector) <i>n</i>	/'dʌstmən/ (/'refjuːs kəˈlektə(r)/, / 'gɑːbɪdʒ kəˈlektə(r)/)	The dustman collects the bins every week.	pracownik firmy wywożącej śmieci
give away <i>phr v</i>	/'ɡɪv əweɪ/	I'm moving house in a few weeks, and I've decided to give away a lot of books and clothes to a charity shop.	oddawać
jar <i>n</i>	/dʒɑː(r)/	Can you open this jar of jam for me, please?	słoik
landfill site <i>n</i>	/'lændfɪl saɪt/	Too much rubbish is buried in the ground in landfill sites .	wysypisko
lid <i>n</i>	/lɪd/	The lid won't open. Can you help?	pokrywka
packet <i>n</i>	/'pækɪt/	Would you like a packet of crisps?	paczka
plastic bag <i>n</i>	/'plæstɪk bæɡ/	I take my own bag so I don't have to use a plastic bag .	torba plastikowa
polystyrene tray <i>n</i>	/ˌpɒliˈstɑɪrɪn treɪ/	The chips came in a polystyrene tray .	tacka styropianowa
reapply <i>v</i>	/ˌriːəˈplaɪ/	You should reapply sunscreen every hour if you have fair skin.	nakładać ponownie
recycle <i>v</i>	/ˌriːˈsaɪkl/	There's a bottle bank at the local supermarket where you can recycle all your glass bottles and jars.	utylizować
repay <i>v</i>	/rɪˈpeɪ/	When are you going to repay them the money you borrowed?	splacać
replay <i>v</i>	/ˌriːˈpleɪ/	They will have to replay the match next Saturday.	rozegrać ponownie
rethink <i>v</i>	/ˌriːˈθɪŋk/	If you're not sure about the project, you should rethink the whole thing.	przemyśleć
reuse <i>v</i>	/ˌriːˈjuːz/	Many supermarkets now charge extra for plastic bags. They prefer customers to have shopping bags which they can reuse .	wykorzystywać ponownie
rubbish (NAmE garbage, trash) <i>n</i>	/'rʌbɪʃ/ (/'gɑːbɪdʒ/ /træʃ/)	Can you empty the bin? It's full of rubbish .	śmieci
sell-by date <i>n</i>	/'sel baɪ deɪt/	How old are they? What's the sell-by date ?	data ważności

take ... away phr v	/ˈteɪk ... əweɪ/	<i>In many countries there are special containers for used glass and cardboard. People then come and take them away to be recycled.</i>	zabierać, wywozić
take out phr v	/ˈteɪk aʊt/	<i>Please could you take out the rubbish? I did it yesterday.</i>	wynosić
throw ... away phr v	/ˈθrəʊ ... əweɪ/	<i>If that pen doesn't work, just throw it away. I hate having pens around that don't work.</i>	wyrzucać
tin n	/tɪn/	<i>I need a tin of tomatoes for the sauce.</i>	puszka
tub n	/tʌb/	<i>There's a tub of ice cream in the freezer.</i>	pudełko, kubek
waste n	/weɪst/	<i>We recycle over 50% of our waste.</i>	odpady
waste-paper basket n	/ˌweɪst ˈpeɪpə bɑːskɪt/	<i>I have a small waste-paper basket in my office.</i>	kosz na śmieci
wrapper n	/ˈræpə(r)/	<i>Don't throw your chocolate wrapper on the floor.</i>	opakowanie, papierek

STUDY AND WORK

apply for a job	/əˈplai fɔː(r) ə dʒɒb/	<i>As soon as I graduate I'm going to apply for a job.</i>	ubiegać się o (pracę)
attend an interview	/əˈtend ən ˈɪntəvjʊː/	<i>I have to attend an interview for a new job on Monday.</i>	uczestniczyć w (rozmowie rekrutacyjnej)
campus n	/ˈkæmpəs/	<i>The main university campus is located around Gower Street.</i>	kampus
dissertation n	/ˌdɪsəˈteɪʃn/	<i>At the end of the course I need to write a 20,000 word dissertation.</i>	praca pisemna
experience n	/ɪkˈspɪəriəns/	<i>I have five years of experience as a lawyer.</i>	doświadczenie
faculties n pl	/ˈfækʌltiz/	<i>We have faculties in Science, Social Science, and Business.</i>	zajęcia
get a job offer	/get ə dʒɒb ˈɒfə(r)/	<i>You might have to attend several interviews before you get a job offer.</i>	dostać ofertę pracy
halls of residence n pl	/ˌhɔːlz əv ˈrezɪdəns/	<i>Many students, particularly first year undergraduates and overseas students, live in halls of residence.</i>	akademiki
have an interview	/hæv ən ˈɪntəvjʊː/	<i>I'm going to have an interview tomorrow.</i>	mieć rozmowę rekrutacyjną
lectures n pl	/ˈlektʃəz/	<i>Students must attend lectures.</i>	wykłady
look out for job vacancies	/lʊk aʊt fɔː(r) dʒɒb ˈveɪkənsɪz/	<i>I'm looking out for job vacancies but there is no work.</i>	szukać ofert pracy
postgraduates n pl	/ˌpəʊstˈgrædʒuəts/	<i>Postgraduates are students who are studying for a Masters or PhD.</i>	magistranci, magistantki, doktoranci, doktorantki
professors n pl	/prəˈfesəz/	<i>UCL has around 4,000 academic and research staff and 650 professors.</i>	profesorowie
qualifications n pl	/ˌkwɒlɪfɪˈkeɪʃnz/	<i>What qualifications do you have that make you right for the job?</i>	kwalifikacje
referee n	/ˌrefəˈriː/	<i>You'll need someone to be your referee and write about how good you are.</i>	osoba wystawiająca referencje
seminars n pl	/ˈseminɑːz/	<i>In seminars students have the chance to discuss topics and ask questions.</i>	seminaria
skills n pl	/skɪlz/	<i>I have the skills to be a mechanic but there is no work.</i>	umiejętności
thesis n	/ˈθiːsɪs/	<i>During a PhD students have to write a doctoral thesis.</i>	praca naukowa

tutor <i>n</i>	/'tju:tə(r)/	Course tutors usually run seminars.	wykładowca, wykładowczyni
undergraduates <i>n pl</i>	/ˌʌndə'grædʒuəts/	Undergraduates usually study for three years for their degree.	studenci, studentki na studiach licencjackich
webinars <i>n pl</i>	/'webɪnɑ:z/	Students can watch webinars rather than attend seminars or lectures.	seminaria internetowe
work as an intern	/wɜ:k æz ən ɪn'tɜ:n/	In the summer I'm going to work as an intern .	pracować jako stażysta
write a CV / covering letter	/raɪt ə ,si: 'vi: / 'kʌvəriŋ 'letə(r)/	It took me hours to write a CV and covering letter , but now I can use them for lots of jobs.	napisać CV i list motywacyjny

Useful words and phrases

A-level <i>n</i>	/'eɪ levl/	Applicants should have qualifications such as an A-level in mathematics or biology.	wiedza na poziomie maturalnym
accurate <i>adj</i>	/'ækjərət/	It's important to be accurate when reporting what others say.	dokładny, precyzyjny
antiques <i>n pl</i>	/æn'ti:k/	He loves everything old. He collects lots of different antiques .	antyki
applicant <i>n</i>	/'æplɪkənt/	The successful applicant will be a bird keeper with at least two years' experience of working with a variety of bird species.	kandydat, kandydatka
automatic <i>adj</i>	/ˌɔ:tə'mætɪk/	Where I come from, it's automatic : at age 11 you get a job.	automatyczny
comedian <i>n</i>	/kə'mi:diən/	The comedian was really funny.	artysta komediowy, artystka komediowa
dangerous chemicals	/'deɪndʒərəs 'kemɪkl/	This is a growing problem because some mobile phone parts contain dangerous chemicals .	niebezpieczne substancje chemiczne
degree <i>n</i>	/dɪ'ɡri:/	If I get a good degree , I'll be able to find an interesting job.	stopień naukowy
delivery service <i>n</i>	/dɪ'lɪvəri 'sɜ:vɪs/	The other job was working with my granddad for a frozen-food delivery service .	usługi dostawcze
demand <i>n</i>	/dɪ'mɑ:nd/	As demand for mobiles and smartphones increases, the problem is going to get even worse.	zapotrzebowanie, popyt
door to door <i>adj</i>	/dɔ:(r) tə dɔ:(r)/	I did two humiliating Saturday jobs. The first was selling vacuum cleaners door to door . I didn't sell a single one.	handel obwoźny, akwizycja
estimate <i>v</i>	/'estɪmeɪt/	I would estimate that the outside wall is about 2.5 metres tall.	szacować
exploit <i>v</i>	/ɪk'splɔɪt/	We must ensure we do not exploit our interns – they should feel that their time with us has been interesting and enjoyable, not stressful and unpleasant.	wykorzystywać
explorer <i>n</i>	/ɪk'splɔɪə(r)/	Sir Ranulph Fiennes is an explorer who has been to the Arctic and climbed many mountains.	odkrywca, odkrywczyni
gravel <i>n</i>	/'grævl/	I have gravel on my drive.	żwi
guarantee <i>n</i>	/,ɡærən'ti:/	There was no guarantee of a contract at the end of the internship.	gwarancja
handle <i>v</i>	/'hændl/	You need to handle this work of art carefully – it's very expensive.	obchodzić się z czymś
ingredients <i>n pl</i>	/ɪn'ɡri:diənts/	Have we got all of the ingredients to make this dish?	składniki

internship <i>n</i>	/ˈɪntɜːnʃɪp/	For many young graduates, starting out in a new career means taking an unpaid internship .	staż
lung <i>n</i>	/lʌŋ/	Some phone batteries contain cadmium, a metal which can cause lung cancer.	płuco
mail <i>n</i>	/meɪl/	My favourite part was going in the lorry to collect the mail from the station.	poczta
management <i>n</i>	/ˈmænɪdʒmənt/	The company does not do well, because the manage-ment is so poor.	zarządzanie
metal <i>n</i>	/ˈmetl/	They contain small quantities of metal such as platinum.	metal
minimum <i>n</i>	/ˈmɪnɪməm/	The ideal candidate will have a minimum of two years' experience.	minimum
parts <i>n pl</i>	/pɑːt/	This is a growing problem because some mobile phone parts contain dangerous chemicals.	części
plastics <i>n pl</i>	/ˈplæstɪk/	The plastics in phones can be melted down to be made into traffic cones.	plastiki
quantities <i>n pl</i>	/ˈkwɒntəti/	They contain small quantities of metals such as platinum, which is used to make jewellery.	ilości
sand <i>n</i>	/sænd/	My shoe was full of sand after going to the beach.	piasek
saucepans <i>n pl</i>	/ˈsɔːspən/	Batteries contain nickel, which can be used to make stainless steel for saucepans .	rondle
second-hand <i>adj</i>	/ˈsekənd hænd/	It's good to recycle and reuse second-hand mobiles.	z drugiej ręki
specialized <i>adj</i>	/ˈspeʃəlaɪzd/	Many phones are then passed to specialized repair centres.	wyspecjalizowany
torch <i>n</i>	/tɔːtʃ/	You should take gloves and a torch with you before going to look in bins.	latarka
unlocked <i>adj</i>	/ˌʌnˈlɒkt/	The door was left unlocked so anyone could go in.	niezamknięty
unpaid <i>adj</i>	/ˌʌnˈpeɪd/	For many young graduates, starting out in a new career means taking an unpaid internship.	nieodpłatny, bezpłatny
unused <i>adj</i>	/ˌʌnˈjuːzd/	What do you think restaurants or supermarkets in your town should do with unused food?	niezużyty
wage <i>n</i>	/weɪdʒ/	Legally, most interns in the UK are entitled to the minimum wage .	płaca
zoo <i>n</i>	/zuː/	He works with elephants in a zoo .	zoo

More words in File 4

bottle bank <i>n</i>	/ˈbɒtl bæŋk/	Don't put wine bottles in the rubbish. We need to take them to the bottle bank .	pojemnik na szkło
brain damage <i>n</i>	/breɪn ˈdæmɪdʒ/	The phone's electrical circuits contain lead, which can cause brain damage .	uszkodzenie mózgu
breadcrumbs <i>n pl</i>	/ˈbredkrʌmz/	Have you been using my laptop? It's covered in breadcrumbs .	okruszki chleba
canoe <i>n</i>	/kəˈnuː/	I took my canoe out to sea.	kanoe
combination <i>n</i>	/ˌkɒmbɪˈneɪʃn/	They call themselves 'freegans' – a combination of the words 'free' and 'vegan'.	połączenie, kombinacja
components <i>n pl</i>	/kəmˈpəʊnənt/	Then components such as the keypad are checked.	składniki, elementy
conservation project	/ˌkɒnsəˈveɪʃn prədʒekt/	I took a gap year and worked on a conservation project in Peru.	ekologiczny, dotyczący ochrony przyrody

convince v	/kən'vɪns/	I was knocking on people's doors to try to convince them to buy something.	przekonywać
council n	/'kaʊnsl/	What could your local council do to make it easier to recycle where you live?	samorząd, rada
cover v	/'kʌvə(r)/	Can you cover the sofa with a blanket? That should make it more comfortable.	zakrywać
disturbing adj	/dɪ'stɜ:bɪŋ/	This is especially disturbing since four million people in Britain can't afford a healthy diet.	niepokojący
do a round	/du ə raʊnd/	Before I got the newspaper delivery job, they asked me to do a round with one of the other workers to see if I was any good.	robić rundę próbną
handler n	/'hændlə(r)/	A fine art mover is seeking to fill a vacancy for the position of Art Handler .	agent, agentka
humiliating adj	/hju:'mɪliətɪŋ/	I did two humiliating Saturday jobs. They were so embarrassing.	poniżający
illustrator n	/'ɪləstreɪtə(r)/	He's a children's book illustrator .	ilustrator, ilustratorka
intern n	/'ɪntɜ:n/	We must ensure we do not exploit our intern – he should feel that his time with us has been interesting and enjoyable, not stressful and unpleasant.	stażysta, stażystka
landlines n pl	/'lændlaɪn/	The rest of the phones are sent to places in Asia and Africa where they are especially needed because there are few landlines .	linie telefoniczne
lead n	/led/	The phone's electrical circuits contain lead , which can cause brain damage.	ołów
melt down phr v	/'melt daʊn/	The plastics in phones can be melted down to be made into traffic cones.	topić
minimum wage n	/'mɪnɪmə 'weɪdʒ/	Legally, most interns in the UK are entitled to the minimum wage .	płaca minimalna
nickel n	/nɪkl/	Batteries contain nickel , which can be used to make stainless steel for saucepans.	nikiel
pocket money n	/'pɒkɪt mʌni/	My dad never gave me a penny of pocket money after the age of 11.	kieszonkowe
PR (public relations) n	/,pi: 'ɑ:(r)/ (/'pʌblɪk rɪ'leɪʃnz/)	In fact, nearly 40% of internships are unpaid, especially in industries such as fashion, PR , media, and politics.	PR (public relations)
release into the soil	/rɪ'li:s 'ɪntə ðə sɔɪl/	If we send all of them to landfill sites, over 130,000 kilos of lead will be released into the soil .	przedostawać się do gleby
retake v	/,rɪ:'teɪk/	If I can get a job, I might not retake my exams.	powtarzać
rigorous adj	/'rɪgərəs/	When a phone arrives at a recycling centre it goes through a rigorous testing process.	rygorystyczny
sell v	/sel/	I did two humiliating Saturday jobs. The first was selling vacuum cleaners door to door.	sprzedawać
shelf-stacker n	/ʃelf stækə(r)/	I worked as a shelf-stacker in a supermarket.	pracownik układający towary na półkach
slave labour n	/,sleɪv 'leɪbə(r)/	The conditions are so bad it's like slave labour .	praca niewolnicza
species n	/'spi:ʃi:z/	The successful applicant will be a bird keeper with at least two years' experience of working with a variety of bird species .	gatunek

stainless steel <i>n</i>	/ˌsteɪnləs 'sti:l/	Batteries contain nickel, which can be used to make stainless steel for saucepans.	stal nierdzewna
unthinkable <i>adj</i>	/ʌn'θɪŋkəbl/	The even greener alternative to recycling seems almost unthinkable : it's to keep your current phone for more than the usual 12 months!	nie do pomyslenia, nie-prawdopodobny
vacancy <i>n</i>	/'veɪkənsi/	I've seen a job vacancy in your department.	wakat
vegan <i>n</i>	/'vi:gən/	They call themselves 'freegans' – a combination of the words 'free' and ' vegan '.	weganin, weganka

File 5

Vocabulary Banks

TELEVISION

be on <i>v</i>	/bi ɒn/	What time will the movie be on ?	być puszczanym (o filmie)
cartoons (<i>also animation</i>) <i>n pl</i>	/kɑ:'tu:nz/ (/ˌæni'meɪʃn/)	My children love watching Disney cartoons .	kreskówki, filmy animowane
chat shows <i>n pl</i>	/'tʃæt ʃəʊz/	Chat shows are just a way for famous people to sell things.	programy typu talk show
commercials (<i>also ad-verts</i>) <i>n pl</i>	/kə'mɜ:ʃlz/ (/'ædvɜ:ts/)	There are commercials nearly every five minutes here.	filmy reklamowe
cooking programmes <i>n pl</i>	/'kʊkəri 'prəʊgræmz/	Cooking programmes often focus on the food of a particular country.	programy kulinarne
current affairs programmes <i>n pl</i>	/'kʌrənt ə'feəz 'prəʊgræmz/	I really enjoy current affairs programmes about world political issues.	programy dotyczące bieżących wydarzeń
documentaries <i>n pl</i>	/'dɒkjʊ'mentri:z/	My son loves watching documentaries , especially about nature.	filmy dokumentalne
drama series <i>n pl</i>	/'dra:mə 'sɪəri:z/	Many drama series are based on famous novels.	filmy kostiumowe
films <i>n pl</i>	/fɪlmz/	I never have time to go to the cinema. I only get to watch films on a plane.	filmy
live sport <i>n</i>	/laɪv spɔ:t/	Often you can only watch live sport on TV if you pay for it.	relacje sportowe na żywo
period dramas <i>n pl</i>	/'pɪəriəd 'dra:məz/	Britain is famous for period dramas such as Downton Abbey.	filmy kostiumowe
quiz shows <i>n pl</i>	/kwɪz ʃəʊz/	I find most quiz shows quite challenging.	teleturnieje
reality shows <i>n pl</i>	/ri'æləti ʃəʊz/	Reality shows like Big Brother are becoming less popular.	programy typu reality show
remote control <i>n</i>	/rɪ'məʊt kən'trəʊl/	Can you pass the remote control ? I want to watch something else.	pilot (zdalnego sterowania)
screen <i>n</i>	/skri:n/	I think the screen needs cleaning. It looks really dirty.	ekran
sitcoms <i>n pl</i>	/'sɪtkɒmz/	Sitcoms make me laugh.	seriale komediowe, sitcomy
soaps <i>n pl</i>	/səʊps/	Soaps are some of the most popular shows in the world.	opery mydlane
speakers <i>n pl</i>	/'spi:kəz/	The speakers give cinema-quality sound.	głośniki
stand <i>n</i>	/stænd/	Now we have a flatscreen TV I think we need a smaller stand for it.	stolik pod telewizor

switch over v	/ˈswɪtʃəʊvə(r)/	Can you switch over to the football?	przełączać
the news n	/ðə njuːz/	I think the news has got worse since it became 24 hours a day.	wiadomości
turn down phr v	/tɜːn daʊn/	Can you turn down the volume? It's so loud.	ściszać
turn off phr v	/ˈtɜːn ɒf/	Turn off the TV before you come to bed.	wyłączać
turn on phr v	/ˈtɜːn ɒn/	My daughter turns on the TV as soon as she gets up.	włączać
turn up phr v	/ˈtɜːn ʌp/	Can you turn up the sound? I can't hear it.	pogłasniać
weather forecast n	/ˈweðə fɔːkɑːst/	The weather forecast constantly changes and is never very accurate.	prognoza pogody

THE COUNTRY

barn n	/bɑːn/	The weather was so bad we put all the animals in the barn .	stodoła
bush n	/bʊʃ/	Look at that bird sitting on top of the bush .	krzak
cliff n	/klɪf/	I love to walk along the cliff near the sea.	klif, urwisko
cockerel n	/ˈkɒk(ə)r(ə)l/	The cockerel is so loud he wakes everyone up in the morning.	kogut
cow n	/kaʊ/	I love the fresh milk we get from our cow .	krowa
farmhouse n	/ˈfɑːmhaʊs/	Our farmhouse is miles from the town.	dom na wsi, zagroda
fence n	/fens/	I have a new fence between mine and my neighbour's garden.	ogrodzenie, płot
field n	/fiːld/	I love looking over the field at the end of my garden.	pole
gate n	/geɪt/	There is a gate to the back garden at the side of my house.	brama, furtka
grass n	/grɑːs/	It's been so hot that the grass is no longer green, it's brown.	trawa
grow v	/grəʊ/	We grow carrots, cabbages, and peas on our farm.	uprawiać
harvest v	/ˈhɑːvɪst/	As a child, I always wanted to help harvest the crops on my parents' farm.	zbierać (plony)
hedge n	/hedʒ/	Look over that hedge at the end of the field.	żywopłot
hens n pl	/henz/	Hens are female chickens.	kury
hill n	/hɪl/	It's not really a mountain. It's smaller – more like a hill .	wzgórze
lambs n pl	/læmz/	Sheep give birth to lambs in the spring.	jagnięta
leaf (pl leaves) n	/liːf/ (/liːvz/)	In the autumn, the leaves change to some amazing colours.	liść
mud n	/mʌd/	The football pitch is more like mud than grass. I blame the rain.	błoto
path n	/pɑːθ/	Walk along the path for five minutes and then turn right.	alejka, dróżka
pick v	/pɪk/	We plant courgettes in May and pick them from July to September.	zbierać
plant v	/plɑːnt/	We plant courgettes in May and pick them from July to September.	sadzić, siać
pond n	/pɒnd/	I have a small pond in my garden with a few fish in it.	staw

rocks <i>n pl</i>	/rɒks/	<i>I loved climbing on and fishing in the rocks when I was a child.</i>	skały
sheep <i>n pl</i>	/ʃi:p/	<i>Sheep give birth to lambs in the spring.</i>	owca, owce
sticks <i>n pl</i>	/stɪks/	<i>We need more sticks for this fire.</i>	patyki, gałęzie
stones <i>n pl</i>	/stəʊnz/	<i>This beach has too many stones. I prefer sandy ones.</i>	kamienie
stream <i>n</i>	/stri:m/	<i>There's a little stream, but it's too small to fish in.</i>	strumień
valley <i>n</i>	/'væli/	<i>The river goes down the mountain and runs along the valley at the bottom.</i>	dolina
wood <i>n</i>	/wud/	<i>It's not really a forest. I'd call it a small wood.</i>	las
Useful words and phrases			
already <i>adv</i>	/ɔ:l'redi/	<i>Do you sometimes re-watch an episode of a series that you've already seen?</i>	już
calendar <i>n</i>	/'kælɪndə(r)/	<i>The calendar says it is 1 May, but the weather doesn't agree.</i>	kalendarz
club <i>n</i>	/klʌb/	<i>They put on activities or meetings every night of the week – singing workshops, the garden club, Zumba, as well as monthly films and occasional quiz nights.</i>	klub
control <i>v</i>	/kən'trəʊl/	<i>Sadly, we can't control the weather.</i>	kontrolować
create <i>v</i>	/kri'eɪt/	<i>How long does it take to create an episode?</i>	przygotowywać, tworzyć
driving licence <i>n</i>	/'draɪvɪŋ laɪsns/	<i>I didn't know you could drive. How long have you had your driving licence?</i>	prawo jazdy
entertain <i>v</i>	/,entə'teɪn/	<i>I like to entertain myself by chatting on the web.</i>	zabawić się, rozerwać się
fictional <i>adj</i>	/'fɪkʃənl/	<i>The Archers, which is about life in a fictional village, was conceived as a way of providing information about new farming methods.</i>	fikcyjny
food shortage <i>n</i>	/'fʊ:tɪdʒ/	<i>There is likely to be a food shortages this year because of the strike.</i>	brak, niedobór
freezer <i>n</i>	/'fri:zə(r)/	<i>Is there any ice cream in the freezer?</i>	zamrażarka
housewife <i>n</i>	/'haʊswaɪf/	<i>My mother doesn't have a job. She is a housewife.</i>	gospodyni domowa
idyllic <i>adj</i>	/'ɪdɪlɪk/	<i>I'll grow all my own food. It will be idyllic and friends will come to stay and tell me how lucky I am to live here.</i>	idylliczny
jump <i>v</i>	/dʒʌmp/	<i>Sales were seen to jump from 20% to 40% after the new product range came out.</i>	skoczyć, zwiększyć się
lately <i>adv</i>	/'leɪtli/	<i>I haven't watched TV at all lately. I've been too busy.</i>	ostatnio
lonely <i>adj</i>	/'ləʊnli/	<i>I became so lonely, I often used to sit in my car and listen to the kind voice of the satnav lady.</i>	samotny
methods <i>n pl</i>	/'meθəd/	<i>It was conceived as a way of providing information about new farming methods.</i>	metoda
move back <i>phr v</i>	/mu:v bæk/	<i>Penny has no plans to move back to London. She wants to stay in the countryside.</i>	przeprowadzić się z powrotem
objective <i>adj</i>	/əb'dʒektɪv/	<i>The news on TV is not objective, as most channels are controlled by the government.</i>	obiektywny
occasional <i>adj</i>	/ə'keɪʒənl/	<i>There are monthly films and occasional quiz nights.</i>	okazjonalny
persuade <i>v</i>	/pə'sweɪd/	<i>Can you persuade her to come?</i>	zmuszać, namawiać

praise <i>n</i>	/preɪz/	<i>I am difficult to please; I only give praise when I think something is exceptional.</i>	pochwała
press <i>v</i>	/pres/	<i>It was just good enough to make me press 'next' every time the episode finished.</i>	naciskać
process <i>n</i>	/'prəʊses/	<i>What's the process for creating a TV programme?</i>	proces
provider <i>n</i>	/prə'vaɪdə(r)/	<i>Netflix is an American provider of on-demand internet streaming media.</i>	dostawca
recently <i>adv</i>	/'riːsntli/	<i>I have been going out a lot recently. I went out every night last week.</i>	ostatnio
regular <i>adj</i>	/'regjələ(r)/	<i>Sixty per cent of adult Britons were regular listeners, and today its listeners number over a million.</i>	regularny
release <i>v</i>	/rɪ'liːs/	<i>When Netflix decided to release the entire 13-episode first season of a TV series in one go, it reminded viewers to watch responsibly.</i>	wydawać, wprowadzać na ekrany
reporter <i>n</i>	/rɪ'pɔːtə(r)/	<i>I work as a reporter for a local newspaper.</i>	reporter, reporterka
rural <i>adj</i>	/'ruərəl/	<i>The rural sights, sounds, and, above all, communities, beat the city any day.</i>	wiejski
shoot <i>v</i>	/ʃuːt/	<i>I don't think I'd ever want to shoot a gun. I think they're very dangerous.</i>	strzelać, wystrzelić
structure <i>n</i>	/'strʌktʃə(r)/	<i>The structure of the show is clearly and cleverly designed for binge consumption.</i>	struktura
struggle <i>v</i>	/'strʌɡl/	<i>The characters struggle for power and influence in Washington.</i>	walczyć
substitute <i>v</i>	/'sʌbstɪtjuːt/	<i>Why don't you substitute one hour of watching TV a day for one hour of exercise?</i>	zamieniać, zastępować
suspense <i>n</i>	/sə'spens/	<i>There's more suspense when you have to wait a week for the next episode.</i>	suspens, napięcie
viewers <i>n pl</i>	/'vjuːə(r)/	<i>Netflix reminded viewers to watch responsibly.</i>	widzowie
wealthy <i>adj</i>	/'welθi/	<i>He's very wealthy. He doesn't need to work.</i>	zamożny
wheat <i>n</i>	/wiːt/	<i>Wheat is one of the main ingredients of beer.</i>	pszenica
yet <i>adv</i>	/jet/	<i>Is there a new TV series that everyone is watching? Have you seen it yet?</i>	jeszcze, już

More words in File 5

a while <i>n</i>	/ə'waɪl/	<i>I have been thinking about getting a new phone for a while.</i>	chwila
acquire <i>v</i>	/ə'kwaɪə(r)/	<i>Traditional shows acquire a buzz as people watch week by week.</i>	nabierać, zyskiwać
acres <i>n pl</i>	/'eɪkə(r)/	<i>I sold my house and bought a big farmhouse with 50 acres of land.</i>	akry
addictive <i>adj</i>	/ə'dɪktɪv/	<i>Coffee is addictive. I could drink it all day.</i>	uzależniający
agricultural <i>adj</i>	/,ægrɪ'kʌltʃərəl/	<i>Fewer people work in the agricultural sector today than in the past.</i>	rolniczy
binge <i>v</i>	/bɪndʒ/	<i>I binge on chocolate nearly every night.</i>	objadać się
cable service <i>n</i>	/'keɪbl 'sɜːvɪs/	<i>Why pay the very expensive monthly cost for cable service when you're only watching three or four shows on as many channels?</i>	telewizja kablowa

cliffhanger <i>n</i>	/ˈklɪfhæŋə(r)/	At the end of nearly every episode, the cliffhanger makes you want to watch the next episode immediately.	scena trzymająca w napięciu
conceive <i>v</i>	/kən'si:v/	The Archers, which is about life in a fictional village, was conceived as a way of providing information about new farming methods.	powstawać, zapoczątkować
congressman <i>n</i>	/ˈkɒŋɡresmən/	He stood for congressman , before going on to become president.	kongresmeni, członkowie Kongresu
debatably <i>adv</i>	/dɪˈbeɪtəbli/	It's not a great show; it's debatably a good one.	dyskusyjnie
deer <i>n pl</i>	/dɪə(r)/	I prefer to see deer when they are safe and peaceful in a park.	jeleń, jelenie
equivalent <i>n</i>	/ɪˈkwɪvələnt/	Eating a croissant is the fat equivalent of eating a burger.	ekwiwalent
exist <i>v</i>	/ɪɡ'zɪst/	Does anything similar exist in your country?	istnieć
fibre <i>n</i>	/ˈfaɪbə(r)/	That cereal must have a lot of fibre in it.	błonnik
fit in <i>phr v</i>	/fɪt ɪn/	Over time, however, Paul has managed to fit in with his new neighbours.	dopasować się, wpasować się
flashback <i>n</i>	/ˈflæʃbæk/	There are no introductory flashbacks , common in traditional series.	retrospekcja
get out of <i>phr v</i>	/get aʊt ɒv/	I had to get out of the taxi as quickly as possible and run for my train.	wysiądać (z samochodu)
guns <i>n pl</i>	/ɡʌn/	I just couldn't pass a group of men with guns , shooting rabbits and deer, without asking them why they would want to do that.	strzelby
involvement <i>n</i>	/ɪnˈvɒlvmənt/	The involvement of the Ministry of Agriculture ended in the 1970s.	zaangażowanie
kids <i>n pl</i>	/kɪd/	In the city, you choose your community. It may be through work, your football team, your kids' school, or your colleagues.	dzieci
Norway <i>n</i>	/ˈnɔ:weɪ/	Sweden and Norway are neighbours.	Norwegia
on-demand <i>adj</i>	/ɒn dɪˈmɑ:nd/	Netflix is an American provider of on-demand internet streaming media.	na żądanie
power <i>n</i>	/ˈpaʊə(r)/	She has a lot of power in the company.	siła, moc, wpływ
precisely <i>adv</i>	/prɪˈsaɪsli/	I want to work out precisely what I owe you. I want to be completely fair.	dokładnie
put on <i>phr v</i>	/pʊt ɒn/	They put on activities or meetings every night of the week.	organizować
rationing <i>n</i>	/ˈræʃənɪŋ/	Rationing of food happened during the world wars.	racjonowanie
routine <i>n</i>	/ruːˈti:n/	My daily routine involves three hours of exercise.	rutyna, czynności codzienne
sense of community	/sens ɒv kəˈmju:nəti/	I'm lucky. I live in a place with a strong sense of community .	poczucie wspólnoty
simplest <i>adj</i>	/ˈsɪmplɪst/	In its simplest form, video is streamed to the user's computer.	najprostszy
sitting <i>n</i>	/ˈsɪtɪŋ/	How many episodes did you usually watch in one sitting ?	za jednym razem
smallholder <i>n</i>	/ˈsmɔ:lhaʊldə(r)/	A smallholder doesn't have much land.	rolnik posiadający mało ziemi

source <i>n</i>	/sɔːs/	According to a 2011 report, Netflix is the biggest source of North American web traffic.	źródło
storyline <i>n</i>	/'stɔːrilain/	I don't think the storyline is very believable.	fabuła
strategy <i>n</i>	/'strætədʒi/	Netflix's strategy was to encourage subscribers to 'binge watch' the show.	strategia
stream <i>v</i>	/stri:m/	Netflix is an American provider of on-demand internet streaming media.	strumień
subscribers <i>n pl</i>	/səb'skraɪbə(r)/	Netflix's strategy was to encourage subscribers to 'binge watch' the show.	subskrybenci
Sweden <i>n</i>	/'swiːdn/	Stockholm is the capital of Sweden .	Szwecja
temptation <i>n</i>	/temp'teɪʃn/	At the end of nearly every episode, the cliffhanger makes the temptation to find out what is going to happen unbearable.	pokusa, chęć
tune in <i>phr v</i>	/tjuːn ɪn/	Students, housewives, and farmers tune in to BBC Radio 4.	śłuchać
unbearable <i>adj</i>	/ʌn'beərəbl/	The temptation to find out what is going to happen is unbearable .	nie do zniesienia
underneath <i>prep</i>	/,ʌndə'niːθ/	On my last night in this country, I sat outside, underneath millions of stars.	pod
vine <i>n</i>	/vaɪn/	Your grape vine looks really healthy.	winorośl
workshop <i>n</i>	/'wɜːkʃɒp/	I attended a workshop on medieval England.	warsztaty, szkolenie

File 6

Vocabulary Banks

DIY AND REPAIRS

batteries <i>n pl</i>	/'bætrɪz/	The remote needs new batteries .	baterie
bricks <i>n pl</i>	/brɪks/	How many bricks do we need for this wall?	cegły
bucket <i>n</i>	/'bʌkɪt/	I need a bucket to wash the windows.	wiadro
change a light bulb / tyre	/tʃeɪndʒ ə laɪt bʌlb / 'taɪə(r)/	I need to change the light bulb . It just went out.	wymieniać żarówkę / oponę
drill <i>n</i>	/drɪl/	I need a drill to hang this picture.	wiertarka
drill a hole in the wall / a piece of wood	/drɪl ə həʊl ɪn ðə wɔːl / ə piːs əv wʊd/	I need to drill a hole in the wall to hang a picture.	wiercić otwór w ścianie / w kawałku drewna
glue <i>n</i>	/gluː/	I need some glue to stick this together.	klej
hammer <i>n</i>	/'hæmə(r)/	Don't hurt your fingers with the hammer .	młotek
handle <i>n</i>	/'hændl/	The handle on the drawer is broken. I can't open it.	uchwyt
ladder <i>n</i>	/'lædə(r)/	I can't go up the ladder . I hate heights.	drabina
light bulb <i>n</i>	/'laɪt bʌlb/	I can't see anything. The light bulb has stopped working.	żarówka
matches <i>n pl</i>	/mætʃɪz/	Have you got any matches to light the fire?	zapalki
nails <i>n pl</i>	/neɪlz/	How many nails are holding this together?	gwoździe
needle and thread	/'niːdl ænd θred/	Have you got a needle and thread to repair my shirt button?	igła z nitką
padlock <i>n</i>	/'pædlɒk/	We need to secure the shed with a padlock .	kłódka

paintbrush <i>n</i>	/'peɪntbrʌʃ/	I bought this paintbrush to decorate with.	pędzel
penknife <i>n</i>	/'pennaɪf/	I always take a penknife camping. It's really useful.	szczyrzyk
pieces of wood	/piːsɪz əv wʊd/	I have lots of pieces of wood for the fire.	kawałki drewna
put up shelves / curtains	/pʊt ʌp ʃelvz / 'kɜːtnz/	I need to drill a hole in the wall to put up shelves .	wieszać półki / zasłony
rope <i>n</i>	/rəʊp/	I need a rope to tie it together.	sznur, lina
screwdriver <i>n</i>	/'skruːdraɪvə(r)/	I put the screws in using a manual screwdriver .	śrubokręt
screws <i>n pl</i>	/skruːz/	I put the screws in using a manual screwdriver.	śruby
Sellotape <i>n</i>	/'seləteɪp/	I wrapped the present using paper and Sellotape .	taśma klejąca
set up a new Wi-fi system / a home cinema system	/set ʌp ə njuː 'waɪ faɪ 'sɪstəm / ə həʊm 'sɪnəmə 'sɪstəm/	I need to set up a new Wi-fi system at home.	zamontować nowy system Wi-Fi / kina domowego
sew a button on a shirt	/səʊ ə 'bʌtn ɒn ə ʃɜːt/	Can you show me how to sew a button on a shirt ? I've never done it!	przyszywać guzik do koszuli
stick together <i>phr v</i>	/stɪk ... tə'geðə(r)/	I broke Mum's favourite vase. If I stick it together carefully with glue, she might never know.	sklejać
string <i>n</i>	/strɪŋ/	I need some string to support this plant.	żyłka, sznurek
tap <i>n</i>	/tæp/	Can you turn on the tap to fill the bucket?	kran
tie two things together (shoelaces / two pieces of string)	/taɪ tuː θɪŋz tə'geðə(r)/ (/'juːleɪsɪz / tuː piːsɪz əv strɪŋ/)	I'd better tie two pieces of string together to make them longer. One piece of string isn't enough.	związywać dwie rzeczy ra- zem (sznurówki / kawałki sznurka)
tiles <i>n pl</i>	/taɪlz/	I've put new tiles around the shower.	płytki, kafelki
torch <i>n</i>	/tɔːtʃ/	Can you pass me the torch ? It's too dark to see.	latarka
wire <i>n</i>	/'waɪə(r)/	This wire should be strong enough to hold the pic- ture.	drut

AT A RESTAURANT

ask for the bill	/ɑːsk fɔː(r) ðə bɪl/	Did you ask for the bill ?	prosić o rachunek
book a table	/bʊk ə 'teɪbl/	What time shall I book a table for?	rezerwować stolik
bowl <i>n</i>	/bəʊl/	I'd like a bowl of cereal for breakfast, please.	miska, miseczka
carry a tray	/'kæri ə treɪ/	It will be easier if you carry a tray with the food on it.	nieść tacę
clear the table	/kliə(r) ðə 'teɪbl/	I'll load the dishwasher if you clear the table .	sprzątać ze stołu
corkscrew <i>n</i>	/'kɔːkskruː/	Where's the corkscrew to open this wine?	korkociąg
cup <i>n</i>	/kʌp/	Can I have a cup of tea?	filiżanka
fork <i>n</i>	/fɔːk/	I can't use chopsticks. Have you got a fork ?	widelec
glass <i>n</i>	/glɑːs/	Can I have a glass of water?	szklanka
jug <i>n</i>	/dʒʌg/	A jug of tap water, please.	dzbanek
knife <i>n</i>	/naɪf/	This knife isn't sharp enough to cut the meat.	nóż
lay the table	/leɪ ðə 'teɪbl/	Can you lay the table ? We're eating in ten minutes.	nakrywać do stołu
leave a tip	/liːv ə tɪp/	The service wasn't very good. Shall we leave a tip ?	zostawiać napiwek
mug <i>n</i>	/mʌg/	Would you like a mug or a cup?	kubek
napkin (also serviette) <i>n</i>	/'næpkɪn/ (/,sɜːvi'et/)	Wipe your hands on the napkin .	serwetka
oil and vinegar	/ɔɪl ænd 'vɪnɪgə(r)/	I love oil and vinegar on my salad.	oliwa i ocet

order food	/ˈɔːdə(r) fuːd/	How long ago did we order our food ?	zamówić jedzenie
plate <i>n</i>	/pleɪt/	Pass me your plate .	talerz
pour the wine	/pɔː(r) ðə waɪn/	Shall I pour the wine or leave people to help themselves?	nalewać wino
recommend a dish	/ˌrekəˈmend ə dɪʃ/	Could you recommend a dish ? I'm not sure what to have.	polecać potrawę
salt and pepper	/sɒlt ænd ˈpepə(r)/	Have you seasoned it with salt and pepper ?	sól i pieprz
saucer <i>n</i>	/ˈsɔːsə(r)/	Can you put the cup on the saucer ?	spodek
send back <i>phr v</i>	/send bæk/	I'm going to send this fish back . It smells funny.	odsylać
serve a table	/sɜːv ə ˈteɪbl/	It's a waiter's job to serve a table and take orders.	obsługiwać stolik
serving dish <i>n</i>	/ˈsɜːvɪŋ dɪʃ/	I'll put the vegetables in a serving dish for people to help themselves.	półmisek
spoon <i>n</i>	/spuːn/	Can I have a spoon for my soup?	łyżka
tablecloth <i>n</i>	/ˈteɪblklɒθ/	They'll have to wash the tablecloth . It's covered in food.	obrus
take orders	/teɪk ˈɔːdəz/	It's a waiter's job to serve a table and take orders .	przyjmować zamówienia
teapot <i>n</i>	/ˈtiːpɒt/	Is there any tea left in the teapot ?	czajniczek na herbatę
teaspoon <i>n</i>	/ˈtiːspuːn/	Did you stir it with the teaspoon ?	łyżeczka
tray <i>n</i>	/treɪ/	I'll put your breakfast on a tray so that you can eat it in bed.	taca
try the wine	/traɪ ðə waɪn/	Would you like to try the wine ?	próbować wina
wine glass <i>n</i>	/ˈwaɪnɡlɑːs/	It's a 250 millilitre wine glass , so don't drink it too quickly.	kieliszek do wina

Useful words and phrases

appliances <i>n pl</i>	/əˈplaɪəns/	Lots of appliances , such as washing machines, break quite quickly.	urządzenia
assemble <i>v</i>	/əˈseɪbl/	You'll need to read the instructions before you try to assemble the table.	montować, składać
bits <i>n pl</i>	/bɪts/	The drawers came in hundreds of bits for me to put together.	kawałki
box of drawing pins	/bɒks əv ˈdrɔːɪŋ pɪnz/	The box of drawing pins is next to the noticeboard.	pudełko pinezek
cashier <i>n</i>	/kæˈʃɪə(r)/	The cashier should be more friendly.	kasjer, kasjerka
cloth <i>n</i>	/klɒθ/	Have you got a cloth to clean the windows with?	ściereczka
counter <i>n</i>	/ˈkaʊntə(r)/	At the newsagent's, you go to the counter to buy a newspaper and they offer to sell you a £1 chocolate bar.	lada
customer service <i>n</i>	/ˈkʌstəmə(r) ˈsɜːvɪs/	Nothing annoys me more than bad customer service .	obsługa klienta
detergent <i>n</i>	/dɪˈtɜːdʒənt/	I'll need a strong detergent to remove this stain.	detergent
drop <i>v</i>	/drɒp/	Mobile phones make our lives easier, but it's so easy to lose or drop them.	upuścić
fix <i>v</i>	/fiks/	I need a stapler to fix these pages together.	umocować, spinać
inappropriate <i>adj</i>	/ˌɪnəˈprəʊpriət/	The way you spoke to her was inappropriate .	nieodpowiedni, niestosowny
lively <i>adj</i>	/ˈlaɪvli/	The atmosphere was lively , with great music and people chatting.	żywiłowy

mark <i>n</i>	/mɑ:k/	I can't get this mark out of my clothes.	ślad, plama
mayonnaise <i>n</i>	/ˌmeɪəˈneɪz/	I don't like how much mayonnaise you always find in sandwiches.	majonez
mop <i>n</i>	/mɒp/	I used a mop to clean up the drink on the floor.	mop
one-way <i>adj</i>	/ˌwʌn ˈweɪ/	The city has a terrible one-way system on its roads.	jednokierunkowy
plug ... into <i>phr v</i>	/plʌg ... ˈɪntə/	If you're with a group of friends and you all want to listen, you need to plug it into a speaker.	podłączyć ... do
practical <i>adj</i>	/ˈpræktɪkl/	I'm not very good at practical tasks. I'm much better with my mind.	praktyczny
pressure <i>n</i>	/ˈpreʃə(r)/	I don't like it when people put too much pressure on me to buy something.	nacisk, presja
publication <i>n</i>	/ˌpʌblɪˈkeɪʃn/	Its catalogue is in more homes than any other publi-cation .	publikacja
reasonable <i>adj</i>	/ˈri:znəbl/	The bill was very reasonable – quite a bit less than in other similar places.	przystoity, rozsądny
remove <i>v</i>	/rɪˈmu:v/	You have to twist the light bulb to remove it.	usuwać
rub <i>v</i>	/rʌb/	For deep scratches, you should rub some toothpaste in first.	wetrzeć, wcierać
sharp <i>adj</i>	/ʃɑ:p/	This knife is not sharp enough to cut my steak.	ostry
spill <i>v</i>	/spɪl/	Did you spill the wine on the carpet?	rozlewać
spray <i>v</i>	/spreɪ/	This is why I hate beauty counters. You walk past and the sales assistants try to spray you with perfume.	pryskać
stain <i>n</i>	/steɪn/	I'll need a strong detergent to remove this stain .	plama
stapler <i>n</i>	/ˈsteɪplə(r)/	I need a stapler to fix these pages together.	zszywacz
strange <i>adj</i>	/streɪndʒ/	Some of the products have strange names.	dziwny
substance <i>n</i>	/ˈsʌbstəns/	This trick works because the waxy substance in the banana skin fills in the scratch.	substancja
tasty <i>adj</i>	/ˈteɪsti/	The service was friendly and helpful, and the food was very fresh and tasty .	smaczny
till <i>n</i>	/tɪl/	I hate it when assistants stand next to the till gossip-ing to each other.	kasa (sklepowa)
trainee <i>n</i>	/ˌtreɪˈni:z/	It's always cheaper to get your hair cut by a trainee .	praktykant, praktykantka
trick <i>n</i>	/trɪk/	This trick works because the waxy substance in the banana skin fills in the scratch.	sztuczka
tweezers <i>n pl</i>	/ˈtwi:zəz/	My wife uses tweezers on her eyebrows.	pęseta
twist <i>v</i>	/twɪst/	You have to twist the light bulb to remove it.	przekręcać, wykręcać
unlikely <i>adj</i>	/ʌnˈlaɪkli/	That was terrible. I'm unlikely to go there again.	mało prawdopodobny
virus <i>n</i>	/ˈvaɪrəs/	I think my computer has got a virus .	wirus
wipe <i>v</i>	/waɪp/	Can you wipe the window? It's filthy!	wycierać
zip <i>n</i>	/zɪp/	The zip on my suitcase broke at the airport.	suwak

More words in File 6

absorb v	/əb'zɔ:b/	You must use uncooked rice, and it will absorb all of the water.	wchłaniać
amateur adj	/'æmətʃə(r)/	There are plenty of cookery competitions where amateur chefs compete, hoping to become professional.	amator, amatorka
amplify v	/'æmplɪfaɪ/	The bowl will amplify the sound from your mobile's speakers.	wzmacniać
armful n	/'ɑ:mful/	She had an armful of clothes to put back.	mnóstwo
aspects n pl	/'æspekt/	Mary Portas – broadcaster, writer, and shopping expert – names some of the most irritating aspects of shopping.	aspekty
biro n	/'baɪrəʊ/	I've only got a biro . The writing won't look very neat.	długopis
bistro n	/'bi:stɹəʊ/	It's a small local bistro I like to eat in.	bistro
bleach n	/bli:tʃ/	Wash them with water and bleach .	wybielacz
broadcaster n	/'brɔ:dkɑ:stə(r)/	He works as a TV broadcaster .	prezenter, prezenterka
broom n	/bru:m/	I need a broom to sweep up this mess.	miotła
drill n	/drɪl/	This is a big job. We'll need a drill .	wiertarka
check out phr v	/'tʃekaut/	Check out this idea from Apartment Therapy.	sprawdzić, zapoznać się
cramped adj	/kræmpt/	There are a lot of tables for the size of the restaurant, so we felt a bit cramped .	ciasny
dropout n	/'drɒpaut/	I was a high school dropout . I left with no qualifications.	wyrzutek
flat-pack adj	/'flæt pæk/	Can you assemble flat-pack furniture?	spakowane na płasko (meble)
gardening n	/'gɑ:dnɪŋ/	Can we go to the garden centre? I want to do some gardening but I need a new spade.	ogrodniczy
get through phr v	/get θru:/	I tried to phone the bank but I wasn't able to get through .	dodzwonić się, połączyć się
hangers n pl	/'hæŋə(r)/	You have to pull the hangers apart to look in, but then they fall onto the floor.	klamerki, spinacze do bielizny
learn a lesson	/lɜ:n ə 'lesn/	Have you ever learned a lesson from a new experience?	nauczyć się, dostać nauczkę
lump n	/lʌmp/	Even worse is when they dump the receipt and the change into your hand in one lump .	kawałek
massive adj	/'mæsɪv/	I feel sick. I just ate a massive bar of chocolate.	ogromny
navigate v	/'nævɪgeɪt/	I just let my satnav navigate for me.	nawigować, pilotować
paraphrase v	/'pærəfreɪz/	You need to paraphrase other people's ideas in your essay, but remember to acknowledge them.	parafrazować
pegs n pl	/pegz/	I need some pegs to hang out the clothes.	klamerki, spinacze do bielizny
pliers n pl	/'plaɪəz/	I need pliers to pull this nail out.	obcęgi
polish v	/'pɒlɪʃ/	Polish the DVD with a soft cloth and it should work.	polerować
pricey adj	/'praɪsi/	It was a bit pricey – the bill was higher than we'd expected.	drogi, kosztowny

rails <i>n pl</i>	/reɪl/	The rails are so full of clothes that you can't even see the sizes.	wieszak, reling
roll of Velcro™	/rəʊl əv 'velkrəʊ/	I bought a roll of Velcro™ to repair my coat.	rolka rzepu
saw <i>n</i>	/sɔː/	I need a saw to chop this wood.	piła
scholarship <i>n</i>	/'skɒləʃɪp/	After the eight weeks, a winner is chosen to receive a six-month scholarship with the Academy of Food & Wine.	stypendium
scratched <i>adj</i>	/skrætʃt/	Is your favourite DVD too scratched to play?	zarysowany, podrapany
self-assembly <i>adj</i>	/,self ə'sembli/	Have you ever been to IKEA or similar stores that sell self-assembly furniture?	do własnego montażu
spanner <i>n</i>	/'spænə(r)/	I need a spanner to adjust my seat.	klucz nastawny
stock <i>n</i>	/stɒk/	We have too much stock for the shop.	zapasy
uncooked <i>adj</i>	/,ʌn'kʊkt/	You must use uncooked rice, and it will absorb all of the water.	niegotowany
washer <i>n</i>	/'wɒʃə/	The tap is dripping. It needs a new washer .	uszczelka
waxy <i>adj</i>	/'wæksi/	This trick works because the waxy substance in the banana skin fills in the scratch.	woskowy

File 7

Vocabulary Banks

PHRASAL VERBS

ask for <i>phr v</i>	/ɑːsk fɔː(r)/	Did you ask for the bill?	prosić o
be away <i>phr v</i>	/bi ə'weɪ/	The boss will be away until the end of next week. He's at a conference in Mexico.	być nieobecny
be back <i>phr v</i>	/bi bæk/	I'm just going to the shops. I'll be back in ten minutes.	wracać
be on <i>phr v</i>	/bi ɒn/	What time will the movie be on ?	być puszczanym / nadawanym
be out of <i>phr v</i>	/bi aʊt ɒv/	I'm sorry, we're out of light bulbs at the moment, but we should be getting some in soon.	skończyć się, być wyprze-danym
break down <i>phr v</i>	/'breɪk daʊn/	Hello? Is that the AA? I'm afraid I've broken down . I'm on the A451...	zepsuć się (o samo-chodzie)
call back <i>phr v</i>	/kɔːl bæk/	He's out, I'm afraid. Could you call back in about half an hour?	oddzwonić
carry out <i>phr v</i>	/'kæri aʊt/	I asked my brother to help me carry out the repairs on my roof.	wykonać, przeprowadzić
check out <i>phr v</i>	/'tʃek aʊt/	Check out this idea from Apartment Therapy.	sprawdzić, zapoznać się
close down <i>phr v</i>	/'kləʊz daʊn/	A lot of local shops and businesses have been forced to close down because of the recession.	zamykać (firmę), upadać
come round <i>phr v</i>	/kʌm raʊnd/	Why don't you come round after class? We could watch the film together.	wpadać, odwiedzać
come up with <i>phr v</i>	/kʌm ʌp wɪð/	I've come up with a really good idea.	wpadać na (pomysł)
end up <i>phr v</i>	/end ʌp/	At the end of the play, all of the audience end up in the same place.	skończyć
fit in <i>phr v</i>	/fɪt ɪn/	Over time, however, Paul has managed to fit in with his new neighbours.	dopasować się, wpasować się

get ... back phr v	/get ... bæk/	<i>I'm sorry, but I'm confiscating your phone. You'll get it back at the end of term.</i>	dostawać z powrotem
get away phr v	/'get əweɪ/	<i>What time can you get away?</i>	wyrwać się, wyjść
give ... away phr v	/gɪv ... ə'weɪ/	<i>If you don't want those clothes, give them away. I'm sure the charity shop would like them.</i>	oddawać
give ... back phr v	/gɪv ... bæk/	<i>That's my book. Give it back.</i>	oddawać, zwracać (coś pożyczonego)
give out phr v	/gɪv aʊt/	<i>When I've finished giving out the exam papers, you can start.</i>	rozdawać
give up phr v	/gɪv ʌp/	<i>I give up. What's the answer?</i>	poddawać się
keep on phr v	/ki:p ɒn/	<i>If you keep on making such a noise I won't read you a story.</i>	kontynuować
look out for phr v	/lʊk aʊt fɔ:(r)/	<i>I'm looking out for job vacancies but there is no work.</i>	szukać
make ... up phr v	/'meɪk ... ʌp/	<i>It's not true. I just made it up.</i>	zmyślać
move back phr v	/mu:v bæk/	<i>Penny has no plans to move back to London. She wants to stay in the countryside.</i>	przeprowadzić się z powrotem
open up phr v	/'əʊpən ʌp/	<i>Our first shop has been such a success my business partner thinks we should open up another one.</i>	otwierać
pass on phr v	/pa:s ɒn/	<i>My aunt passed on all of the special family recipes to her nieces and nephews.</i>	przekazywać
pay ... back phr v	/peɪ ... bæk/	<i>I can only lend you the money if you promise to pay me back next month.</i>	zwracać, oddawać
put ... away phr v	/pʊt ... ə'weɪ/	<i>Please put your toys away. They're all over the floor.</i>	odkładać, sprzątać
put on phr v	/pʊt ɒn/	<i>They put on activities or meetings every night of the week.</i>	organizować
put up phr v	/pʊt ʌp/	<i>I need to drill a hole in the wall to put up shelves.</i>	wieszać, montować
run away phr v	/rʌn ə'weɪ/	<i>Don't run away! I won't hurt you.</i>	uciekać
send ... back phr v	/send ... bæk/	<i>Shall I send this steak back? It's not cooked.</i>	odsyłać
set up phr v	/,set 'ʌp/	<i>I need to set up a new Wi-fi system at home.</i>	montować
switch on / off phr v	/swɪtʃ ɒn / ɒf/	<i>Can you switch on the TV? A programme I want to watch is just starting.</i>	włączać / wyłączać
take ... away phr v	/'teɪk ... əweɪ/	<i>If you take some paracetamol, it'll take the pain away!</i>	odbierać, hamować
take ... out phr v	/teɪk ... aʊt/	<i>Sorry, I can't come tonight. I said I would take my girlfriend out for dinner.</i>	zabierać kogoś gdzieś, wychodzić z kimś
take on phr v	/teɪk ɒn/	<i>They're going to take on ten new interns at Radio London. Why don't we apply?</i>	zatrudniać, przyjmować
take out phr v	/'teɪk aʊt/	<i>Please could you take out the rubbish? I did it yesterday.</i>	wynosić
throw ... away phr v	/'θrəʊ ... əweɪ/	<i>If that pen doesn't work, just throw it away. I hate having pens around that don't work.</i>	wyrzucać
try on phr v	/'traɪ ɒn/	<i>Is there somewhere I can try on this sweater?</i>	przymierzać (ubranie)
turn up phr v	/'tɜ:n ʌp/	<i>He wasn't there, so I waited for another 15 minutes and he still didn't turn up.</i>	pojawiać się
turn up / down / on / off phr v	/tɜ:n ʌp / daʊn / ɒn / ɒf/	<i>Can you turn up the sound? I can't hear it.</i>	pogłasniać / ściszać / włączać / wyłączać

Useful words and phrases

accommodation <i>n</i>	/ə,kəmə'deɪʃn/	<i>His wages may be low, but food and accommodation are provided for free.</i>	zakwaterowanie
afford <i>v</i>	/ə'fɔ:d/	<i>He took a job abroad with an insurance company and earned so much that he could afford to retire aged 37.</i>	stać na coś
anonymous <i>adj</i>	/ə'nɒnɪməs/	<i>Mr Lucky wishes to remain anonymous but I can reveal that he is a Londoner, and is nearly 40.</i>	anonimowy
appeal <i>v</i>	/ə'pi:l/	<i>Everything that appeals to some people in the world needs someone else to produce it.</i>	przemawiać, podobać się
avatar <i>n</i>	/'ævətɑ:(r)/	<i>Players control their avatar to fight monsters or other players.</i>	awatar
bonus <i>n</i>	/'bəʊnəs/	<i>She decided to pass on the money by giving a bonus to a colleague.</i>	premia
box office <i>n</i>	/'bɒks ɒfɪs/	<i>Did you get the tickets from the box office?</i>	kasa biletowa
cancel <i>v</i>	/'kænsəl/	<i>I need to cancel the payment. I've changed my mind.</i>	anulować
charity <i>n</i>	/'tʃærəti/	<i>I give €20 to a cancer charity every month.</i>	dobroczynność
check your balance	/tʃek jɔ:(r) 'bæləns/	<i>Did you check your balance on your account?</i>	sprawdzać saldo
conditions <i>n pl</i>	/'kən'dɪʃnz/	<i>The working conditions are hard. We don't get week-ends off and I only have one day free a month.</i>	warunki
curtain <i>n</i>	/'kɜ:tɪn/	<i>What time does the curtain go up in the theatre?</i>	kurtyna
dedication <i>n</i>	/'dedɪ'keɪʃn/	<i>He was moved by her openness, and her dedication to her shop.</i>	zaangażowanie, poświęcenie
definition <i>n</i>	/'defɪ'nɪʃn/	<i>The project's definition of a 'good' deed is quite open.</i>	definicja
earn <i>v</i>	/ɜ:n/	<i>He took a job abroad with an insurance company because he wanted to earn more.</i>	zarabiać
half time <i>n</i>	/'ha:f 'taɪm/	<i>Let's get a drink at half time.</i>	przerwa w połowie meczu
increase <i>v</i>	/ɪn'kri:s/	<i>Apart from gold, customers may ask for their avatar's skill level to increase, or for a virtual magic sword.</i>	zwiększać, wzrastać
insurance <i>n</i>	/ɪn'fʊərəns/	<i>He took a job abroad with an insurance company and earned so much that he could afford to retire aged 37.</i>	ubezpieczeniowy
interact <i>v</i>	/'ɪntər'ækt/	<i>You stand up and walk through it, and the cast interacts with you.</i>	podejmować interakcję
interval <i>n</i>	/'ɪntəvl/	<i>The interval is only 20 minutes long.</i>	antrakt
invest <i>v</i>	/'ɪn'vest/	<i>I want to invest my money in property.</i>	inwestować
make a deposit	/meɪk ə dɪ'pɒzɪt/	<i>I need to make a deposit into my account.</i>	zdeponować pieniądze
matinee <i>n</i>	/'mætɪnei/	<i>The matinee in the afternoon is much cheaper.</i>	seans popołudniowy
millionaire <i>n</i>	/'mɪljə'neə(r)/	<i>Her businesses were so successful she became a millionaire.</i>	milioner, milionerka
mines <i>n pl</i>	/maɪn/	<i>South Africa has a lot of diamond mines.</i>	kopalne
potions <i>n pl</i>	/'pəʊʃn/	<i>In this video game, you can drink potions to improve your health, or give you special powers.</i>	mikstury
print a receipt	/prɪnt rɪ'si:t/	<i>Did you print a receipt for your records?</i>	drukować paragon, dowód zakupu

programme <i>n</i>	/ˈprəʊgræm/	What does the programme say about the lead actor?	program
quests <i>n pl</i>	/kwest/	The game is made up of lots of different quests .	poszukiwana
ridiculous <i>adj</i>	/rɪˈdɪkjələs/	He thinks it's fashionable, but Steve looks ridiculous in that shirt.	śmieszny, irracjonalny
rob <i>v</i>	/rɒb/	Two men tried to rob the bank but the police caught them.	obrabować
role-playing game	/rəʊl ˈpleɪɪŋ geɪm/	World of Warcraft is a multiplayer role-playing game .	gra fabularna
row <i>n</i>	/rəʊ/	What row are we sitting in?	rząd (np. w teatrze)
stage <i>n</i>	/steɪdʒ/	How far away from the stage are our seats?	scena
stalls / circle <i>n</i>	/stɔːlz / ˈsɜːkl/	We have seats in the stalls – they were good value.	parter / balkon (w teatrze)
thrilling <i>adj</i>	/θrɪlɪŋ/	The thrilling new show Sleep No More is loosely based on Shakespeare's Macbeth.	ekscytujący
transaction <i>n</i>	/trænˈzækʃn/	The biggest transaction I have seen was one person who bought 100,000 pieces of gold, which costs £2,000 to £3,000.	transakcja
virtual reality <i>n</i>	/ˌvɜːtʃuəl riˈæləti/	World of Warcraft is a multiplayer online role-playing game set in the virtual reality fantasy Warcraft universe.	wirtualna rzeczywistość
withdraw cash	/wɪðˈdrɔː kæʃ/	I can't withdraw cash . I haven't got any money left.	wypłacać gotówkę

More words in File 7

chain reaction <i>n</i>	/ˌtʃeɪn riˈækʃn/	I'm enjoying giving the money to someone and they're enjoying the process of giving the money to someone else, so there is this chain reaction of positive feeling.	reakcja łańcuchowa
good deed <i>n</i>	/ɡʊd diːd/	I try to do at least one good deed a day. It's nice to help others.	dobry uczynek
PIN (personal identification number) <i>n</i>	/pɪn (ˈpɜːsənl aɪˌdentɪfɪˈkeɪʃn ˈnʌmbə(r))/	I don't use my card very often and I have forgotten the PIN .	PIN (osobisty numer identyfikacyjny)
stand guard <i>phr v</i>	/stænd ɡɑːd/	Eventually, the police arrived to stand guard over the machine until the bank was able to switch it off remotely.	stać na straży

File 8

Vocabulary Banks

LOOKING AFTER YOURSELF

blow dry <i>v</i>	/ˈbləʊ draɪ/	I don't have time to blow dry my hair in the morning.	suszyć suszarką
buzz cut (crew cut) <i>n</i>	/bʌz kʌt/ (/ˈkruː kʌt/)	I always have a buzz cut . It's nice and cool in the summer.	fryzura na jeża
curled <i>adj</i>	/kɜːld/	I don't like my hair straight. I always have it curled .	zakręcone (włosy)
cut <i>v</i>	/kʌt/	I'm going to have my hair cut before the big day.	ściąć
do (lift) weights	/du (lɪft) weɪts/	I want to do weights to put on some muscle.	podnosić ciężary

do aerobics	/du eə'reʊbɪks/	We do aerobics to music.	ćwiczyć aerobik
do press ups	/du pres ʌps/	Yes, I do press ups every morning – about a hundred of them.	robić pompki
do sit ups	/du sɪt ʌps/	I do sit ups to strengthen my stomach muscles.	robić brzuszki
do spinning	/du 'spɪnɪŋ/	I tried to do spinning but I'm not fit enough.	trenować spinning
do yoga / Pilates	/du 'jəʊgə / pɪ'lɑːtiːz/	Lots of footballers do yoga to stay flexible.	ćwiczyć jogę / pilates
dye <i>v</i>	/daɪd/	I died my hair blonde.	farbować
facial <i>n</i>	/'feɪʃl/	My face feels so fresh after a facial .	zabieg kosmetyczny na twarz
fake tan <i>n</i>	/feɪk tæn/	She wears so much fake tan that she looks orange.	samoopalacz
fringe <i>n</i>	/frɪndʒ/	I think you look better without a fringe .	grzywka
go on a running machine (also treadmill)	/gəʊ ɒn ə 'rʌnɪŋ mə'ʃiːn/ (/tredmɪl/)	I like running outside, so I would never go on a running machine .	ćwiczyć na bieżni treningowej
highlights <i>n pl</i>	/'haɪlaɪts/	I'll have a few blonde highlights to lighten my hair, please.	pasemka
manicure <i>n</i>	/'mænɪkjʊə(r)/	I have a manicure on my nails every week.	manicure
massage <i>n</i>	/'mæsɑːʒ/	I need a massage . My back hurts so much.	masaż
parting <i>n</i>	/'pɑːtɪŋ/	I had a side parting when I was child.	przedziałek
pedicure <i>n</i>	/'pedɪkjʊə(r)/	I have a pedicure regularly in the summer because I wear sandals a lot.	pedicure
in bunches	/ɪn bʌntʃɪz/	My daughter likes her hair in bunches .	kucyki, warkoczki
plaits <i>n pl</i>	/plæts/	My hair looks curly when I take my plaits out.	warkocze
ponytail <i>n</i>	/'pəʊnteɪl/	He puts his long hair in a ponytail .	kitka, kucyk
put ... up <i>phr v</i>	/pʊt ... ʌp/	When it's hot I put my hair up to keep cool.	upinać (włosy)
shave <i>v</i>	/ʃeɪv/	Why did you shave all your hair off?	golić
straightened <i>v</i>	/'streɪtnd/	I don't like my curly hair so I have it straightened .	prostować
stretch <i>v</i>	/stretʃ/	You need to stretch or you'll get an injury.	rozciągać się
trim <i>n</i>	/trɪm/	Don't cut much off. Just give it a trim .	przycinać, przystrzygać
use a cross trainer	/juːs ə krɒs 'treɪnə(r)/	I'm going to use a cross trainer to get fit for my walking holiday.	używać orbitreka
use a rowing machine	/juːs ə 'rəʊɪŋ mə'ʃiːn/	I use a rowing machine for fitness and upper body strength.	używać ergometru (maszyna do treningu wioślarskiego)
use a yoga mat	/juːs ə 'jəʊgə mæt/	Do you use a yoga mat in the class?	używać maty do jogi
use an exercise bike	/juːs æn 'eksəsaɪz baɪk/	I use an exercise bike when it's raining.	używać rowerka treningowego
waxing <i>n</i>	/wæksɪŋ/	I'm not sure about waxing . I've heard it's really painful.	depilacja woskiem

Useful words and phrases

aches and pains	/eɪks ænd peɪnz/	The spa says the heat helps remove impurities from the body and is also good for aches and pains .	różne dolegliwości, bóle
army <i>n</i>	/'ɑːmi/	Which army won a famous victory at Thermopylae?	armia
attacks <i>n pl</i>	/ə'tæk/	What year were the September 11 attacks on New York and Washington, D.C.?	ataki

battlefield <i>n</i>	/'bætlfi:ld/	I went outside and had a look at the battlefield , which covers 3,500 acres of flat countryside near the town of Gettysburg.	pole bitwy
bearable <i>adj</i>	/'beərəbl/	My first feeling is relief. It's deeply freezing – my arms sting immediately – but somehow it's bearable .	do zniesienia
blanket <i>n</i>	/'blæŋkɪt/	It was so cold I wrapped myself in a blanket .	koc
bullet <i>n</i>	/'bʊlɪt/	A bullet from a gun was found at the crime scene.	kula
chill <i>n</i>	/tʃɪl/	The chill in the room made me put on a jumper.	chłód
chronic <i>adj</i>	/'krɒnɪk/	It can help people with chronic pain or skin problems.	chroniczny, przewlekły
client <i>n</i>	/'klaɪənt/	Dino would never say no to a client's request.	klient
construction <i>n</i>	/'kɒn'strʌkʃn/	Construction began in 532 and the building was completed in 537.	budowa
display <i>n</i>	/dɪ'spleɪ/	One interesting thing was a display about the Gettysburg Address.	wystawa
drip <i>v</i>	/drɪp/	I could feel the sweat slowly drip into my eyes.	kapać
equipment <i>n</i>	/'kwɪpmənt/	What exercise equipment have you got at home?	sprzęt
fitness <i>n</i>	/'fɪtnəs/	My fitness is terrible. I need to start running again.	kondycja
gentle <i>adj</i>	/'dʒəntl/	It was quite gentle exercise so I wasn't too tired.	łagodny, spokojny
handkerchief <i>n</i>	/'hæŋkətʃɪf/	She has a handkerchief around her face for protection.	chustka
heaven <i>n</i>	/'hevn/	When I was little, my dad bought me a Union cap and a toy rifle and let me play on the battlefield. I was in heaven .	niebo
humid <i>adj</i>	/'hju:mɪd/	Sitting on the floor, slowly breathing the hot and humid air, I see a thermometer near where the eggs are cooked.	wilgotny
insomnia <i>n</i>	/'ɪn'sɒmniə/	I'm suffering from insomnia . I just can't sleep.	bezsenność
leader <i>n</i>	/'li:də(r)/	Which country was Mustafa Atatürk the leader of?	lider
magic <i>adj</i>	/'mædʒɪk/	I wanted to go back to the magic places of my youth.	magiczny
maintain <i>v</i>	/'meɪn'teɪn/	How do you maintain the condition of your hair?	zachowywać, utrzymywać
mat <i>n</i>	/'mæt/	Inside the sauna, I sat on a mat to stop my legs from burning.	mata
mind and body	/'maɪnd ænd 'bɒdi/	It's so relaxing. It's good for your mind and body .	umysł i ciało
monarchy <i>n</i>	/'mɒnəki/	Which of these countries is not a monarchy today?	monarchia
nostalgia <i>n</i>	/'nɒ'stældʒə/	Shortly after my father died, I was seized with nostalgia for the holidays we had when I was a child.	nostalgia
oven <i>n</i>	/'ʌvn/	I'm going to cook the chicken in the oven .	piekarnik
pity <i>n</i>	/'pɪti/	It is a pity that so much of the town of Gettysburg has been spoiled with ugly tourist shops.	(jaka) szkoda
recharge <i>v</i>	/'rɪ:tʃɑ:dʒ/	I had a weekend of doing nothing so I could recharge .	naładować baterie, zrelaksować się
relief <i>n</i>	/'rɪ'li:f/	My first feeling is relief . It's deeply freezing – my arms sting immediately – but somehow it's bearable.	ulga
request <i>n</i>	/'rɪ'kwest/	Dino would never say no to a client's request .	żądanie, prośba
reward <i>n</i>	/'rɪ'wɔ:d/	There is a £20,000 reward for information leading to the capture of the criminal.	naproda

sauna <i>n</i>	/ˈsɔːnə/	Inside the sauna , I sat on a mat to stop my legs from burning.	sauna
scalp <i>n</i>	/skælp/	As I stand up to look at it, I feel the heat on my scalp and nose.	skóra głowy
thermometer <i>n</i>	/θəˈmɒmɪtə(r)/	Sitting on the floor, slowly breathing the hot and humid air, I see a thermometer near where the eggs are cooked.	termometr
tours <i>n pl</i>	/tɔː(r)/	Guided tours in English are offered several times a day for a small fee.	wycieczki
war <i>n</i>	/wɔː(r)/	During which war was the Battle of Gettysburg fought?	wojna
warning <i>n</i>	/ˈwɔːnɪŋ/	They gave no warning of the attack.	ostrzeżenie
wrap <i>v</i>	/ræp/	I think it's going to be cold today so remember to wrap up warm.	ubrać (się)

More words in File 8

abbey <i>n</i>	/ˈæbi/	Nearly every British monarch has been crowned in Westminster Abbey .	opactwo
aromas <i>n pl</i>	/əˈrəʊmə/	The whole area is beautifully illuminated, with relaxing music, aromas , and gentle lighting.	aromaty
assortment <i>n</i>	/əˈsɔːtmənt/	The all-organic lounge and bar area offers a healthy assortment of snacks and juices.	asortyment, wybór
battle <i>n</i>	/ˈbætl/	During which war was the Battle of Gettysburg fought?	bitwa, bój
binoculars <i>n pl</i>	/bɪˈnɒkjələz/	Through my dad's old binoculars I could clearly see how the Confederate army had started from the town, a mile or so to the north.	lornetka
cannons <i>n pl</i>	/ˈkænən/	Ships used cannons in battle in the past.	armaty
chamber <i>n</i>	/ˈtʃeɪmbə(r)/	I found the chamber really stressful as it was so dark and small.	komnata, sala
civil war <i>n</i>	/ˌsɪvl ˈwɔː(r)/	Which of these countries has not fought a civil war in its history?	wojna domowa
column <i>n</i>	/ˈkɒləm/	In the northwest of the building there is a column with a hole in the middle called the Wishing Column which people think has special powers.	kolumna
crown <i>v</i>	/kraʊn/	Nearly every British monarch has been crowned in Westminster Abbey.	koronować
dome <i>n</i>	/dəʊm/	It was the world's largest cathedral for nearly a thousand years and it is famous for its large dome .	kopuła
festival <i>n</i>	/ˈfestɪvl/	Have you ever been to the Edinburgh Festival ?	festiwal
fizzy <i>adj</i>	/ˈfɪzi/	We think they should ban fizzy drinks.	gazowany
illuminate <i>v</i>	/ɪˈluːmɪneɪt/	The whole area is beautifully illuminated , with relaxing music, aromas, and gentle lighting.	oświetlać, rozświetlać
impurities <i>n pl</i>	/ɪmˈpjʊəreɪti/	The spa says the heat helps remove impurities from the body and is also good for aches and pains.	zanieczyszczenia
make it back to base	/meɪk ɪt bæk tə beɪs/	Two out of every three Confederate soldiers didn't make it back to base .	wracać do bazy

minarets <i>n pl</i>	/ˌmɪnə'ret/	It is surrounded by four tall minarets , each of which is different.	minarety
mosaics <i>n pl</i>	/məʊ'zeɪɪk/	On the second floor, there are beautiful mosaics on the walls.	mozaiki
put up with <i>phr v</i>	/pʊt ʌp wɪð/	There's no wind, and the air is dry. It's easier to put up with than a cold shower.	znosić coś, tolerować
renovate <i>v</i>	/'renəveɪt/	We need to renovate the castle so it will be closed to the public for six months.	odnawiać
restoration <i>n</i>	/ˌrestə'reɪʃn/	Restoration of the church cost millions.	odbudowa, odrestaurowanie
revolution <i>n</i>	/ˌrevə'lʊ:ʃn/	When did the Russian Revolution take place?	rewolucja
rifle <i>n</i>	/'raɪfl/	When I was little, my dad bought me a Union cap and a toy rifle and let me play on the battlefield.	karabin
seize <i>v</i>	/si:z/	It's important to seize the moment sometimes. It's healthy to take a chance every now and then.	chwycić, korzystać z
treatment <i>n</i>	/'tri:tmənt/	I had a really amazing spa treatment called shiatsu.	zabieg
wellbeing <i>n</i>	/'wel bi:ɪŋ/	Your health and general wellbeing is our priority.	dobrze samopoczucie

File 9

Useful words and phrases

(bride)groom <i>n</i>	/('braɪd)gru:m/	The groom was in trouble. He was late to the wedding.	pan młody
acceptable <i>adj</i>	/ək'septəbl/	It's not acceptable to be so late.	akceptowalny
balloons <i>n pl</i>	/bə'lu:n/	It was a friend's birthday and he got some balloons that he didn't want so he gave them to me.	balony
best man <i>n</i>	/ˌbest 'mæn/	My brother was the best man at our wedding.	drużba
bride <i>n</i>	/braɪd/	I'm always the bridesmaid and never the bride .	panna młoda
bridesmaid <i>n</i>	/'braɪdzmeɪd/	I'm always the bridesmaid and never the bride.	drużna
ceremony <i>n</i>	/'serəməni/	The wedding ceremony was too long.	ceremonia, uroczystość
classify <i>v</i>	/'klæsɪfaɪ/	At first, they didn't know how to classify her, and have only recently given a name to her condition.	klasyfikować
cope <i>v</i>	/kəʊp/	Crying helps her to cope with the unhappiness that her memory can cause.	dawać sobie radę
courtyard <i>n</i>	/'kɔ:tjaɪd/	George and the consul were in the courtyard when there was a loud knock at the door.	dziedziniec
curse <i>n</i>	/kɜ:s/	Some people think their skills are not a gift but a curse .	klątwa
except <i>prep</i>	/ɪk'sept/	I don't know anyone's phone number except my own.	z wyjątkiem
explosion <i>n</i>	/ɪk'spləʊʒn/	The explosion could be heard for miles around.	eksplozja
facility <i>n</i>	/fə'sɪləti/	Then bring your friend or loved one to the Story-Corps facility and record your story together.	infrastruktura, udogodnienie
forgetful <i>adj</i>	/fə'getfl/	He's so forgetful . It's a miracle he remembered to come to his own wedding.	zapominalski

horror <i>n</i>	/ˈhɒrə(r)/	As soon as I got there I went to my hotel, opened my suitcase, and to my horror realized that it wasn't mine.	przerażenie
knock <i>n</i>	/nɒk/	George and the consul were in the courtyard when there was a loud knock at the door.	pukanie
loved one <i>n</i>	/lʌvd wʌn/	Then bring your friend or loved one to the StoryCorps facility and record your story together.	ukochany, ukochana
memoirs <i>n pl</i>	/ˈmemwɑːz/	I really enjoy reading my granddad's memoirs .	pamiętniki
memorable <i>adj</i>	/ˈmemərəbl/	The event was really memorable . I'll never forget it.	pamiętny
memorial <i>n</i>	/məˈmɔːriəl/	The statue was built as a memorial to her.	pomnik, memoriał
memorize <i>v</i>	/ˈmeməraɪz/	I'm trying to memorize these for the test.	nauczyć się, zapamiętać
nerve <i>n</i>	/nɜːv/	Then, suddenly, without warning, his nerve failed him.	odwaga, pewność siebie
occur <i>v</i>	/əˈkɜː(r)/	There is a downside to this: painful and unpleasant memories are as vivid as if they had just occurred .	zdarzyć się, wystąpi
oral <i>adj</i>	/ˈɔːrəl/	StoryCorps is an oral history project which provides people of all backgrounds with the opportunity to record, share, and preserve the stories of their lives.	ustny
overnight <i>adj</i>	/ˈəʊvənait/	After another overnight train, I was back just in time for the wedding.	nocny
password <i>n</i>	/ˈpɑːswɜːd/	They sent me a new password for my account yesterday.	hasło
presumably <i>adv</i>	/prɪˈzjuːməbli/	This is presumably the right way. The satnav says so.	przypuszczalnie
priest <i>n</i>	/priːst/	The priest who married us was actually a friend of the family.	ksiądz
recall <i>v</i>	/rɪˈkɔːl/	I can't recall what I was doing yesterday. My memory is so bad.	przypomnieć sobie
rest <i>n</i>	/rest/	I need a rest after that run.	odpoczynek
short-term <i>adj</i>	/ˌʃɔːt ˈtɜːm/	She lost her short-term memory after suffering a stroke.	krótkotrwały
sigh <i>n</i>	/saɪ/	He let out a sigh of relief when he saw the walls of the lonely Chinese city.	westchnienie
total <i>adj</i>	/ˈtəʊtl/	She was a total stranger. They had never met.	całkowity
unforgettable <i>adj</i>	/ˌʌnfəˈgetəbl/	Today has been unforgettable . I'll remember it forever.	niezapomniany
vivid <i>adj</i>	/ˈvɪvɪd/	There is a downside to this: painful and unpleasant memories are as vivid as if they had just occurred.	żywy, wyraźny
wise <i>adj</i>	/waɪz/	I don't think it's wise to continue our trip after you've been so sick.	rozsądny, mądry

More words in File 9

anniversary <i>n</i>	/ˌænɪˈvɜːsəri/	I won't forget our anniversary if you remind me.	rocznica
dilemma <i>n</i>	/daɪˈlemə/	It was a real dilemma . I didn't know what to do.	dylemat
exit <i>n</i>	/ˈeksɪt/	I can't remember which exit it is.	wyjście
hen party <i>n</i>	/ˈhen paɪti/	We went to a spa for the weekend for my hen party .	wieczór panieński
pageboy <i>n</i>	/ˈpeɪdʒbɔɪ/	My little cousin was our pageboy at the wedding.	pazik (towarzyszający panie młodą)

preserve v	/prɪ'zɜ:v/	People want to preserve the stories of their lives for future generations.	zachowywać, ocalać
snap v	/snæp/	If you push her too far, her temper will snap and she'll get really angry.	stracić panowanie nad sobą
stag party n	/stæg pɑ:ti/	The stag party lasted all weekend. All my friends came along.	wieczór kawalerski
telegrams n pl	/'telɪgræm/	He went straight to the club and asked if he had received any telegrams .	telegramy

File 10

Useful words and phrases

apartment (NAme) n	/ə'pɑ:tmənt/	My apartment is on the fourth floor.	mieszkanie
assessment n	/ə'sesmənt/	In continuous assessment it is also much more difficult to stop students from cheating by using other peoples' work from the internet.	ocena
candy (NAme) n	/'kændi/	I don't let my children eat candy .	słodycze
cell phone (NAme) n	/'sel fəʊn/	Can I use your cell phone to call home?	telefon komórkowy
check (NAme) n	/tʃek/	Can we have the check for the meal please?	rachunek
compare v	/kəm'peə(r)/	Did you compare your results with the others?	porównywać
compliment n	/'kɒmplɪmənt/	At first the compliments were nice, but then a New York mum asked me to teach her two-year-old how to talk like me.	komplement
continuous adj	/kən'tɪnjuəs/	In continuous assessment it is also much more difficult to stop students from cheating by using other peoples' work from the internet.	ciągły
contribution n	/,kɒntrɪ'bju:ʃn/	When asked to identify America's worst contribution , 32% of Americans pointed to film and television.	udział
cookie (NAme) n	/'kʊki/	Cookie is the American word for biscuit.	ciastko
digitize v	/'dɪdʒɪtaɪz/	Millions of books have been digitized .	ucyfrowić
earphones n pl	/'ɪəfəʊnz/	Each year, candidates are caught with high-tech devices such as wireless earphones , as well as pens and watches with tiny scanners.	słuchawki zakładane na ucho / do ucha
economy n	/ɪ'kɒnəmi/	The US had the world's biggest economy until it was overtaken by China in 2013.	gospodarka
elevator (NAme) n	/'elɪvətə(r)/	Take the elevator to the twentieth floor.	winda
endurance n	/ɪn'dʒʊərəns/	The exam is almost universally hated for testing endurance rather than intelligence.	wytrzymałość
entrance exam n	/'entrəns ɪg,zæm/	We have to take a three-day-long national university entrance exam .	egzamin wstępny
essay n	/'eseɪ/	The essay question changes every time to reduce cheating.	wypracowanie
faucet (NAme) n	/'fəʊsɪt/	The faucet is broken so I can't wash my hands.	kran
fries (NAme) n pl	/'fraɪz/	I'd like a burger with a side of fries , please.	frytki
garbage (NAme) n	/'gɑ:bɪdʒ/	The bin is full of garbage .	śmieci
gas (NAme) n	/gæs/	Can you fill the car with gas ?	benzyna

high school (NAme) <i>n</i>	/ˈhaɪ sku:l/	After high school I want to go to university.	szkoła średnia
identify <i>v</i>	/aɪˈdentɪfaɪ/	When asked to identify America's worst contribution, 32% of Americans pointed to film and television.	z identyfikować, rozpoznawać
intense <i>adj</i>	/ɪnˈtens/	Most Chinese families have only one child so the pressure on candidates is intense .	silny, intensywny
movie (NAme) <i>n</i>	/ˈmu:vi/	I saw a great movie at the cinema.	film
movie theater (NAme) <i>n</i>	/ˈmu:vi ˈθiətə(r)/	There are no good movies on at the movie theatre .	kino
multiple-choice <i>adj</i>	/ˌmʌltɪpl ˈtʃɔɪs/	I find multiple-choice questions very easy because you can always guess one of the options.	wielokrotnego wyboru
papers <i>n pl</i>	/ˈpeɪpəz/	Please sit quietly while we give out the exam papers .	dokumenty
parking lot (NAme) <i>n</i>	/ˈpɑ:kɪŋ lɒt/	If you see a parking lot , tell me. I need to park the car near here.	parking
restroom (NAme) <i>n</i>	/ˈrestru:m/	The restroom needs to be cleaned. It smells bad.	toaleta
scanners <i>n pl</i>	/ˈskænə(r)/	Each year, candidates are caught with high-tech devices such as wireless earphones, as well as pens and watches with tiny scanners .	skanery
scarce <i>adj</i>	/skeəs/	University places are scarce in China and many students go abroad to study.	rzadki
sidewalk (NAme) <i>n</i>	/ˈsaɪdwɔ:k/	Bikes are not allowed on the sidewalk .	chodnik
sneakers (NAme) <i>n pl</i>	/ˈsni:kəz/	I haven't got my sneakers so I can't go for a run.	tenisówki, buty sportowe
stand in line (NAme)	/stænd ɪn laɪn/	We had to stand in line for the cinema.	stać w kolejce
subway (NAme) <i>n</i>	/ˈsʌbweɪ/	Which subway line do we need?	metro
techniques <i>n pl</i>	/tekˈni:k/	Learning relaxation techniques is a good way of helping with this problem.	techniki
vacation (NAme) <i>n</i>	/veɪˈkeɪʃn/	We're going to Canada for our summer vacation .	wakacje

More words in File 10

awesome <i>adj</i>	/ˈɔ:səm/	In America, people in shops say things like, 'Ma'am, you have been an awesome customer today,' just because I bought some toilet paper.	fantastyczny
cram <i>v</i>	/kræm/	I need to cram for my exam in two days.	kuć, wkuwać (do egzaminu)
creepy <i>adj</i>	/ˈkri:pi/	Hanging a giant flag from your house is a little bit creepy .	straszny
dramatically <i>adv</i>	/drəˈmætɪkli/	The number of candidates who sit the exam has fallen dramatically in recent years, from 10.2 million in 2009 to 9 million this year.	drastycznie
eccentric <i>adj</i>	/ɪkˈsentrɪk/	His behaviour is strange. Some call it eccentric .	ekscentryczny
era <i>n</i>	/ˈɪərə/	I wish I lived in a different era : one in the past, when life was slower.	epoka, era
hoot <i>v</i>	/hu:t/	You are not allowed to hoot your car horn after 10 p.m.	trąbić
invigilator <i>n</i>	/ɪnˈvɪdʒɪleɪtə(r)/	An invigilator makes sure test rooms are fair.	osoba nadzorująca egzamin
overweight <i>adj</i>	/ˌəʊvəˈweɪt/	An increasing number of people are eating too much and becoming overweight .	z nadwagą

prohibit v	/prə'hibɪt/	Some city centres prohibit the drinking of alcohol on the street.	zabraniać
reform v	/rɪ'fɔ:m/	China may not need to reform the gaokao after all – it will reform the rest of us.	reformować
stakes n pl	/steɪks/	The stakes are very high indeed: a place in a top university will almost always lead to a high-paid job after graduation.	stawki