

# Pre-intermediate Polish wordlist

## File 1

### Vocabulary Banks

#### DESCRIBING PEOPLE

**bald** *adj* /bɔːld/  
**beard** *adj* /bɪəd/  
**big** *adj* /bɪg/  
**blue** *adj* /bluː/  
**clever** *adj* /'kleɪvə/

**curly** *adj* /'kɜːli/  
**extrovert** *n* /'ekstrəvɜːt/

**fat** *adj* /fæt/  
**friendly** *adj* /'frendli/  
**fun** *adj* /fʌn/

**funny** *adj* /'fʌni/  
**generous** *adj* /'dʒenərəs/  
**hard-working** *adj* /hɑːd 'wɜːkɪŋ/  
**height** *n* /haɪt/  
**kind** *adj* /kaɪnd/  
**lazy** *adj* /'leɪzi/  
**long** *adj* /lɒŋ/  
**mean** *adj* /miːn/  
**moustache** *adj* /mə'staːʃ/  
**nice** *adj* /naɪs/  
**overweight** *adj* /,əʊvə'weɪt/  
**quiet** *adj* /'kwaɪət/  
**red** *adj* /red/  
**serious** *adj* /'sɪəriəs/  
**short** *adj* /ʃɔːt/  
**shy** *adj* /ʃaɪ/

**slim** *adj* /slɪm/  
**straight** *adj* /streɪt/  
**stupid** *adj* /'stjuːpɪd/  
**talkative** *adj* /'tɔːkətɪv/  
**tall** *adj* /tɔːl/  
**thin** *adj* /θɪn/  
**unfriendly** *adj* /ʌn'frendli/  
**unkind** *adj* /,ʌn'kaɪnd/

He's **bald**. He's got no hair.  
 He has a **beard** and a moustache.  
 In the UK women often wear **big** hats at weddings.  
 She has big **blue** eyes.  
 He is very **clever**. He is quick at learning and understanding things.  
 She has **curly** red hair.  
 He's such an **extrovert**. He loves it when everyone looks at him.  
 My dog is quite old, and a bit **fat**.  
 The students at my college are very **friendly**.  
 A person who is **fun** is a person who you have a good time with.  
 A person who is **funny** makes you laugh.  
 A person who likes giving people things is **generous**.  
 She never stops. She is so **hard-working**.  
 He's medium **height** and very thin.  
 Thank you for the present – you are very **kind**.  
 A person who doesn't want to work is **lazy**.  
 She has **long** straight hair.  
 He's not very nice. He can be quite **mean**.  
 He has a beard and a **moustache**.  
 He's a very **nice** person.  
 He's quite short and a bit **overweight**.  
 She is really **quiet**. She doesn't say much.  
 She has curly **red** hair.  
 He is very **serious**. He doesn't like to have fun.  
 He's quite **short** and a bit overweight.  
 She's **shy**, so she finds it hard to talk to people she doesn't know.  
 He's very tall and **slim**.  
 She has long **straight** hair.  
 Don't they know anything? They are so **stupid**!  
 A person who talks a lot is **talkative**.  
 He's very **tall** and slim.  
 He's medium height and very **thin**.  
 Nobody wants to spend time with him because he's so **unfriendly**.  
 Don't be so **unkind**. It's not nice.

łysy  
 broda  
 duży  
 niebieski  
 bystry  
 kręcony  
 ekstrawertyk  
 gruby  
 przyjacielski  
 fajny  
 zabawny  
 szczodry  
 pracowity  
 wzrost  
 uprzejmy  
 leniwy  
 długi  
 złośliwy  
 wąsy  
 miły  
 z nadwagą  
 cichy  
 rudy  
 poważny  
 niski  
 nieśmiały  
 szczupły  
 proste  
 głupi  
 rozmowny  
 wysoki  
 szczupły  
 nieprzyjazny  
 niemiły

## Things you wear

belt	n	/bɛlt/
boots	pl n	/bu:t/
bracelet	n	/'breɪslət/
cap	n	/kæp/
cardigan	n	/'kɑ:dɪgən/
carry	v	/'kæri/
coat	n	/kəʊt/
dress	n	/dres/
dress	v	/dres/
earrings	pl n	/'ɪərɪŋz/
gloves	pl n	/glʌvz/
hat	n	/hæt/
jacket	n	/'dʒækɪt/
jeans	pl n	/dʒi:nz/
leggings	pl n	/'legɪŋz/
necklace	n	/'neɪkləs/
ring	n	/rɪŋ/
sandals	pl n	/'sændlɪz/
scarf	n	/skɑ:f/
shirt	n	/'ʃɜ:t/
shoes	pl n	/'ʃu:z/
shorts	pl n	/'ʃɔ:ts/
skirt	n	/'skɜ:t/
socks	pl n	/'sɒks/
suit	n	/'su:t/
sweater	n	/'swetə/
tie	n	/taɪ/
tights	pl n	/'taɪts/
top	n	/tɒp/
tracksuit	n	/'træksu:t/
trainers	pl n	/'treɪnəz/
trousers	pl n	/'traʊzəz/
T-shirt	n	/'ti:ʃɜ:t/
wear	v	/weə/

I wear a **belt** to keep my trousers up.  
 She wears **boots** when it rains.  
 She wears a **bracelet** on her arm every day.  
 I wear a **cap** when I play tennis.  
 I need my **cardigan** – it's too cold!  
 I **carry** an umbrella everywhere. It rains a lot.  
 I always wear a **coat** when I go out.  
 I usually wear a **dress** to work.  
 I **dress** my daughter every day for school.  
 These are big **earrings**! They nearly touch your shoulder.  
 Some people wear **gloves** when they ski.  
 Where's my **hat**? It's cold outside!  
 I don't always wear a suit but I do wear a **jacket**.  
 I prefer black **jeans** to blue ones.  
**Leggings** are a popular alternative to trousers.  
 I like your **necklace**. Is it new?  
 I'm married, so I wear a **ring**.  
 He wears **sandals** to the beach.  
 A **scarf** can help to keep you warm.  
 I wear a white **shirt** to work most days.  
 I have got 20 pairs of **shoes**.  
 I play tennis in **shorts** and a T-shirt.  
 My dad doesn't like me wearing a short **skirt**.  
 Do you wear **socks** with sandals?  
 I don't always wear a **suit** but I do wear a jacket.  
 I wear a **sweater** to go jogging because it's so cold.  
 Many men in England wear a **tie** to work.  
 I prefer to wear **tights** under a skirt.  
 That's a nice **top**.  
 I wear a **tracksuit** before a football game.  
 I don't like **trainers**. I prefer shoes.  
 Most of my **trousers** are black.  
 I wear a **T-shirt** and shorts to the beach.  
 They **wear** the same clothes nearly every day.

pasek  
 kozaki, botki  
 bransoletka  
 czapka  
 sweter rozpinany  
 nosić (przy sobie)  
 płaszcz  
 sukienka  
 ubierać  
 kolczyki  
 rękawiczki  
 kapelusz  
 marynarka  
 dżinsy  
 legginsy  
 naszyjnik  
 obrączka  
 sandały  
 szalik, apaszka  
 koszula  
 buty  
 krótkie spodenki  
 spódnica  
 skarpety  
 garnitur  
 sweter  
 krawat  
 rajstopy  
 bluzka  
 dres  
 buty sportowe  
 spodnie  
 koszulka z krótkim  
 rękawem  
 nosić (na sobie)

## Useful words and phrases

appearance	n	/ə'piərəns/
artist	n	/'ɑ:tɪst/
carpet	n	/'kɑ:pɪt/
compatible	adj	/'kəm'pætəbl/
divorced	adj	/dɪ'vɔ:st/
experiment	n	/'ɪks'perɪmənt/
famous	adj	/'feɪməs/
get on well with		/get ɒn wel wɪð/
go on a date		/gəʊ ɒn ə deɪt/
guy	n	/gaɪ/

Write a description of his **appearance** and personality.  
 Look at the painting by the British **artist** David Hockney.  
 There is a red **carpet** on the floor.  
 Perhaps Holly could find me a guy who is more **compatible**.  
 I am a **divorced** dad of three.  
 In our **experiment**, single people ask their mother and their best friend to help them meet a partner.  
 Mr and Mrs Clark made clothes for **famous** people.  
 I'm friendly and I **get on well with** most people.  
 Charlotte will **go on a date** with each man.  
 Perhaps Holly could find me a **guy** who is more compatible.  
 wygląd  
 artysta, artystka  
 dywan  
 odpowiedni  
 rozwiedziony  
 eksperyment  
 sławny  
 być z kimś w dobrych  
 stosunkach  
 pójść na randkę  
 chłopak, facet

<b>infidelity</b> <i>n</i>	/ˌɪnfɪ'deləti/	The cat is a symbol of <b>infidelity</b> .	niewierność, zdrada
<b>living room</b> <i>n</i>	/ˈlɪvɪŋ ru:m/	What pictures do you have on the wall in your <b>living room</b> ?	salon
<b>painting</b> <i>n</i>	/ˈpeɪntɪŋ/	Look at the <b>painting</b> by the British artist David Hockney.	obraz
<b>partner</b> <i>n</i>	/ˈpɑːtnə/	She lives in Brighton and she doesn't have a <b>partner</b> at the moment.	partner
<b>personality</b> <i>n</i>	/ˌpɜːsə'næləti/	Write a description of his appearance and <b>personality</b> .	osobowość
<b>position</b> <i>n</i>	/pə'zɪʃn/	The <b>position</b> of the couple in the painting is unusual.	umiejscowienie, pozycja
<b>poster</b> <i>n</i>	/ˈpəʊstə/	I have an unusual <b>poster</b> on the wall in my bedroom.	plakat
<b>pregnant</b> <i>adj</i>	/ˈpregnənt/	I am <b>pregnant</b> , and the baby is due in May.	w ciąży
<b>relationship</b> <i>n</i>	/rɪ'leɪʃnʃɪp/	What was David Hockney's <b>relationship</b> with Mr and Mrs Clark?	związek, relacja
<b>sense of humour</b> <i>n</i>	/sens əv 'hju:mə/	I think I have a good <b>sense of humour</b> . I make lots of people laugh.	poczucie humoru
<b>separated</b> <i>adj</i>	/ˈsepəreɪtɪd/	I am <b>separated</b> from my wife.	w separacji
<b>single</b> <i>adj</i>	/ˈsɪŋɡl/	This week's <b>single</b> person is Charlotte Ramirez.	osoba stanu wolnego, singiel
<b>smile</b> <i>n</i>	/smaɪl/	I prefer tall men who have a nice <b>smile</b> .	uśmiech
<b>sociable</b> <i>adj</i>	/ˈsəʊʃəbl/	I'm quite friendly and <b>sociable</b> .	towarzyski
<b>symbol</b> <i>n</i>	/ˈsɪmbl/	The open window is a <b>symbol</b> of the love between them.	symbol, znak
<b>unusual</b> <i>adj</i>	/ʌnˈjuːʒəl/	The position of the couple in the painting is <b>unusual</b> .	nietypowy, dziwny
<b>vase</b> <i>n</i>	/vɑːz/	There's a table, and a <b>vase</b> with flowers it.	wazon
<b>What does she look like?</b>	/wɒ dʌz ʃi lʊk laɪk/	<b>What does she look like?</b> She's tall and slim with brown hair.	Jak ona wygląda?
<b>What is she like?</b>	/wɒt ɪz ʃi laɪk/	<b>What is she like?</b> She's really nice and friendly.	Jaka ona jest?

## More words in File 1

<b>classical music</b> <i>n</i>	/klæsɪkl 'mjuːzɪk/	I like men who are into literature and <b>classical music</b> .	muzyka klasyczna (poważna)
<b>fashion</b> <i>n</i>	/ˈfæʃn/	He loves <b>fashion</b> . He buys new clothes every week.	moda
<b>painter</b> <i>n</i>	/ˈpeɪntə/	Do you have a favourite <b>painter</b> ?	malarz, malarka
<b>prefer</b> <i>v</i>	/prɪ'fɜː/	I <b>prefer</b> tall men who have a really nice smile.	preferować
<b>relax</b> <i>v</i>	/rɪ'læks/	What clothes do you wear when you want to <b>relax</b> at the weekend?	zrelaksować się
<b>wedding</b> <i>n</i>	/ˈwedɪŋ/	In the UK, women often wear big hats at a <b>wedding</b> .	ślub, wesele
<b>world</b> <i>n</i>	/wɜːld/	I want to travel around the <b>world</b> .	świat

## File 2

### Vocabulary Banks

#### HOLIDAYS

<b>basic</b> <i>adj</i>	/ˈbeɪsɪk/	We stayed in hostels, which were <b>basic</b> but clean.	podstawowy, o niskim standardzie
<b>beautiful</b> <i>adj</i>	/ˈbjuːtɪfl/	For our last four days we went to Ko Chang, a <b>beautiful</b> island.	piękny
<b>book flights online</b>	/bʊk flaɪts ˌɒnˈlaɪn/	I usually <b>book flights online</b> because it's cheaper than using a travel agent.	rezerwować loty przez internet
<b>buy souvenirs</b>	/baɪ ˌsuːvə'nɪəz/	I <b>buy souvenirs</b> for my family when I'm on holiday.	kupować pamiątki
<b>cloudy</b> <i>adj</i>	/ˈklaʊdi/	It was very <b>cloudy</b> with no sun at all.	pochmurny, zachmurzony
<b>comfortable</b> <i>adj</i>	/ˈkʌmfɪtəbl/	The hotel is really <b>comfortable</b> . I sleep well every night.	wygodny, komfortowy

<b>crowded</b> <i>adj</i>	/ˈkraʊdɪd/	<i>There were people everywhere. The streets were <b>crowded</b>.</i>	zatłoczony, tłumny
<b>delicious</b> <i>adj</i>	/dɪˈlɪʃəs/	<i>The food was <b>delicious</b>. I loved it.</i>	pyszny, bardzo smaczny
<b>dirty</b> <i>adj</i>	/ˈdɜːti/	<i>We checked out of the hotel because the rooms were so <b>dirty</b>.</i>	brudny
<b>disgusting</b> <i>adj</i>	/dɪsˈɡʌstɪŋ/	<i>The food was <b>disgusting</b>. I couldn't eat it.</i>	obrzydliwy, wstrętny
<b>foggy</b> <i>adj</i>	/ˈfɒɡi/	<i>It was so <b>foggy</b> I couldn't see anything.</i>	mglisty
<b>go abroad</b>	/ɡəʊ əˈbrɔːd/	<i>I prefer to <b>go abroad</b> on holiday.</i>	wyjechać za granicę
<b>go away for the weekend</b>	/ɡəʊ əˈweɪ fə ðə ˈwiːkˈend/	<i>I like to <b>go away for the weekend</b> to the countryside.</i>	wyjechać na weekend
<b>go by car / bus / plane / train</b>	/ɡəʊ baɪ kɑː / bʌs / pleɪn / treɪn/	<i>I prefer to <b>go by car</b> because I don't like public transport.</i>	podróżować samochodem / samolotem / pociągami
<b>go camping</b>	/ɡəʊ ˈkæmpɪŋ/	<i>I would rather <b>go camping</b> than stay in a hotel.</i>	jechać na kemping / biwak
<b>go for a walk</b>	/ɡəʊ fər ə ˈwɔːk/	<i>Where can you <b>go for a walk</b> near where you live?</i>	iść na spacer
<b>go on holiday</b>	/ɡəʊ ɒn ˈhɒlədeɪ/	<i>Where did she <b>go on holiday</b>?</i>	jechać na wakacje
<b>go out at night</b>	/ɡəʊ aʊt ət ˈnaɪt/	<i>Where do you <b>go out at night</b>?</i>	wyjść z domu wieczorem
<b>go sightseeing</b>	/ɡəʊ ˈsaɪtsiːɪŋ/	<i>I like to <b>go sightseeing</b> on holiday.</i>	zwiedzać
<b>go skiing / walking / cycling</b>	/ɡəʊ ˈskiːɪŋ / ˈwɔːkɪŋ / ˈsaɪklɪŋ/	<i>I often go on holiday in the winter to <b>go skiing</b>.</i>	jeździć na nartach / spacerować / jeździć na rowerze
<b>go swimming / sailing / surfing</b>	/ɡəʊ ˈswɪmɪŋ / ˈseɪlɪŋ / ˈsɜːfɪŋ/	<i>I like to <b>go swimming</b> in the sea when I'm on holiday.</i>	pływać / żeglować / surfować
<b>have a good time</b>	/hæv ə ɡʊd ˈtaɪm/	<i>How was the party? Did you <b>have a good time</b>?</i>	dobrze się bawić
<b>helpful</b> <i>adj</i>	/ˈhelpfl/	<i>Everyone was really friendly and <b>helpful</b>.</i>	pomocny
<b>hire a bicycle / skis</b>	/ˈhaɪər ə ˈbaɪsaɪkl / skiːz/	<i>I'll <b>hire skis</b> when I go on my skiing trip, as I don't have my own.</i>	wypożyczyć rower / narty
<b>lovely</b> <i>adj</i>	/ˈlʌvli/	<i>The weather was <b>lovely</b> and the beaches were wonderful.</i>	śliczny, piękny
<b>luxurious</b> <i>adj</i>	/lʌɡˈʒʊəriəs/	<i>It's really expensive and <b>luxurious</b>.</i>	luksusowy
<b>noisy</b> <i>adj</i>	/ˈnɔɪzi/	<i>I couldn't sleep because it was so <b>noisy</b>.</i>	głośny
<b>nothing special</b>	/nʌθɪŋ ˈspeʃl/	<i>There was <b>nothing special</b> about the hotel. It could be anywhere in the world.</i>	nic specjalnego
<b>rent an apartment</b>	/rent ən əˈpɑːtmənt/	<i>We're going to <b>rent an apartment</b> in Budapest for a week.</i>	wynająć mieszkanie
<b>spend money / time</b>	/spend ˈmʌni / taɪm/	<i>My dad doesn't like to <b>spend money</b>, so he hates going on holiday.</i>	wydawać pieniądze / spędzać czas
<b>stay in a hotel / at a campsite / with friends</b>	/steɪ ɪn ə ˈhəʊtel / ət ə ˈkæmpsait / wɪð frendz/	<i>I prefer to <b>stay in a hotel</b> when I go on holiday.</i>	w hotelu / na kempingu / u przyjaciół
<b>sunbathe</b> <i>v</i>	/ˈsʌnbetð/	<i>We <b>sunbathe</b> on the beach every day.</i>	opalać się
<b>sunny</b> <i>adj</i>	/ˈsʌni/	<i>I like to go on holiday to <b>sunny</b> places.</i>	słoneczny
<b>take photos</b>	/teɪk ˈfəʊtəʊz/	<i>We like to <b>take photos</b> of all our friends.</i>	robić zdjęcia
<b>uncomfortable</b> <i>adj</i>	/ʌnˈkʌmfɪtəbl/	<i>The bed was really <b>uncomfortable</b>. I couldn't sleep.</i>	niewygodny, niekomfortowy
<b>unfriendly</b> <i>adj</i>	/ʌnˈfrendli/	<i>The people were really <b>unfriendly</b>. I didn't like them at all.</i>	nieżyczliwy, nieprzyjazny
<b>unhelpful</b> <i>adj</i>	/ʌnˈhelpfl/	<i>The waiter was very <b>unhelpful</b>. He didn't explain any of the dishes.</i>	niezbyt pomocny
<b>very windy</b> <i>adj</i>	/veri ˈwɪndi/	<i>It was <b>very windy</b>. I lost my hat.</i>	bardzo wietrzny
<b>warm</b> <i>adj</i>	/wɔːm/	<i>Although it was November, it was a <b>warm</b> night.</i>	ciepły

## Useful words and phrases

<b>alright</b> <i>adj</i>	/ɔːlˈraɪt/	<i>It wasn't awful or nice – it was just <b>alright</b>.</i>	w porządku
<b>announce</b> <i>v</i>	/əˈnaʊns/	<i>At 11 o'clock they will <b>announce</b> the results.</i>	ogłosić
<b>argue</b> <i>v</i>	/ˈɑːɡjuː/	<i>We <b>argue</b> about everything.</i>	kłócić się
<b>aristocrat</b> <i>n</i>	/ˈæɪrɪstəkræt/	<i>She was the granddaughter of Count Maurice de Bendor, a rich <b>aristocrat</b>.</i>	arystokrata

<b>atmosphere</b> <i>n</i>	/ˈætməsfɪə/	The hotel is wonderful, and has a very friendly <b>atmosphere</b> .	atmosfera
<b>awful</b> <i>adj</i>	/ˈɔːfl/	It was <b>awful</b> ! We argued about everything.	okropny, straszny
<b>break up</b> <i>v</i>	/breɪk ˈʌp/	We decided to <b>break up</b> .	zerwać, zakończyć związek
<b>disaster</b> <i>n</i>	/dɪˈzɑːstə/	If you're with the wrong person, a holiday can be a <b>disaster</b> .	katastrofa
<b>election</b> <i>n</i>	/ɪˈlekʃn/	Where can the people see the <b>election</b> results?	wybory
<b>fall in love</b>	/fɔːl ɪn lʌv/	Did they <b>fall in love</b> on their first date?	zakochać się
<b>fantastic</b> <i>adj</i>	/fænˈtæstɪk/	We rented an apartment with a <b>fantastic</b> view of the canals.	fantastyczny, wspaniały
<b>feel sorry</b>	/fiːl ˈsɔːri/	I <b>feel sorry</b> for her. It's not a good situation.	współczuć komuś
<b>flirt</b> <i>v</i>	/flɜːt/	They were really friendly and Mia started to <b>flirt</b> with one of the boys.	flirtować
<b>historical</b> <i>adj</i>	/hɪˈstɒrɪkl/	Is there a famous <b>historical</b> photo that you admire?	historyczny
<b>horrible</b> <i>adj</i>	/ˈhɒrəbl/	The food was <b>horrible</b> . I couldn't eat it.	potworny, obrzydliwy
<b>hostel</b> <i>n</i>	/ˈhɒstl/	We stayed in a <b>hostel</b> , which was basic but clean.	hostel
<b>in a hurry</b>	/ɪn ə ˈhʌri/	She was going very fast because she was <b>in a hurry</b> .	spieszyć się
<b>madly</b> <i>adj</i>	/ˈmædli/	They were <b>madly</b> in love.	szalenie
<b>marry</b> <i>v</i>	/ˈmæri/	He hoped that she would <b>marry</b> well, perhaps a member of a royal family.	wyjąc za mąż, ożenić się
<b>nervous</b> <i>adj</i>	/ˈnɜːvəs/	Some people were smiling, but others were tense and <b>nervous</b> .	nerwowo
<b>news photographer</b> <i>n</i>	/njuːz fəˈtɒɡrəfə/	Look at the photo which <b>news photographer</b> Tom Pilston took in 2008.	fotoreporter
<b>perfect</b> <i>adj</i>	/ˈpɜːfɪkt/	The place is <b>perfect</b> .	perfekcyjny, doskonały
<b>property</b> <i>n</i>	/ˈprɒpəti/	Maurice de Bendor owned a lot of <b>property</b> in Paris and Monaco.	majątek, posiadłość
<b>questionnaire</b> <i>n</i>	/ˌkwestʃəˈneə/	In pairs, interview your partner with the holiday <b>questionnaire</b> .	kwestionariusz, ankieta
<b>rebel</b> <i>n</i>	/ˈrebl/	She was a <b>rebel</b> and she hated school.	buntownik
<b>romantic</b> <i>adj</i>	/rəʊˈmæntɪk/	The food wasn't very good, but the restaurant was <b>romantic</b> .	romantyczny
<b>royal</b> <i>adj</i>	/ˈrɔɪəl/	He hoped that she would marry well, perhaps a member of a <b>royal</b> family.	królewski
<b>screen saver</b> <i>n</i>	/skriːn ˈseɪvə/	Do you have a photo as the <b>screen saver</b> on your computer?	wygaszacz ekranu
<b>terrible</b> <i>adj</i>	/ˈterəbl/	The apartment was <b>terrible</b> – really uncomfortable and dirty.	okropny, beznadziejny
<b>wonderful</b> <i>adj</i>	/ˈwʌndəfl/	The weather is <b>wonderful</b> .	wspaniały, cudowny

## More words in File 2

<b>article</b> <i>n</i>	/ˈɑːtɪkl/	Read the beginning of a newspaper <b>article</b> .	artykuł (w gazecie)
<b>brake</b> <i>n</i>	/breɪk/	Quickly, she put her foot on the <b>brake</b> to stop the car.	hamulec
<b>communist</b> <i>n</i>	/ˈkɒmjənɪst/	In 1968 she was a <b>communist</b> .	komunista, komunistka
<b>democracy</b> <i>n</i>	/dɪˈmɒkrəsi/	All the students were fighting for peace and <b>democracy</b> .	demokracja
<b>demonstration</b> <i>n</i>	/ˌdemonˈstreɪʃn/	She was a leader in the <b>demonstration</b> .	demonstracja
<b>emotional</b> <i>adj</i>	/ɪˈməʊʃənl/	When Obama made his speech they all became quiet and <b>emotional</b> .	poruszający, uczuciowy
<b>fight for</b> <i>phr v</i>	/faɪt fɔː/	All the students decided to <b>fight for</b> democracy.	walczyć (za coś, o coś)
<b>happy ending</b> <i>n</i>	/ˈhæpi ˈendɪŋ/	I prefer books and films that have a <b>happy ending</b> .	szczęśliwe zakończenie
<b>Hispanic</b> <i>adj</i>	/hɪˈspænɪk/	I watched his victory through the faces of all these people, African, <b>Hispanic</b> , Chinese, white.	Latynos, Latynoska
<b>peace</b> <i>n</i>	/piːs/	All the students were fighting for <b>peace</b> and democracy.	pokój
<b>planet</b> <i>n</i>	/ˈplænɪt/	There was only one place to be on the <b>planet</b> that night – and I was there.	planeta
<b>politics</b> <i>n</i>	/ˈpɒlətɪks/	She wasn't interested in <b>politics</b> .	polityka



<b>shoulders</b> <i>pl n</i>	/ˈʃəʊldəz/	She was sitting on a friend's <b>shoulders</b> .	barki, ramiona
<b>speech</b> <i>n</i>	/spi:tʃ/	When Obama made his <b>speech</b> they all became quiet and emotional.	przemówienie
<b>sympathize</b> <i>v</i>	/ˈsɪmpəθaɪz/	Who do you <b>sympathize</b> with most, Joe or Mia?	solidaryzować się
<b>tense</b> <i>adj</i>	/tens/	Some people were <b>tense</b> and nervous.	spięty
<b>victory</b> <i>n</i>	/ˈvɪktəri/	I was watching Obama's <b>victory</b> through the faces of all these people.	zwycięstwo
<b>vote</b> <i>n</i>	/vəʊt/	Have a class <b>vote</b> to decide which ending to listen to.	głosowanie

## File 3

### Useful words and phrases

<b>adopt</b> <i>v</i>	/əˈdɒpt/	Sometimes we <b>adopt</b> words from foreign languages, like barista or latte.	adoptować, przyjmować
<b>ages</b> <i>pl n</i>	/eɪdʒɪz/	I haven't heard from you in <b>ages</b> !	wieki
<b>arrivals</b> <i>n</i>	/əˈraɪvlz/	Let's meet at <b>arrivals</b> when you get here.	przyloty (hala przylotów)
<b>baggage drop-off</b> <i>n</i>	/ˈbæɡɪdʒ drɒp ɒf/	Take your bag to the <b>baggage drop-off</b> .	odprawa bagażu
<b>baggage reclaim</b> <i>n</i>	/ˈbæɡɪdʒ rɪkleɪm/	Collect your bag from <b>baggage reclaim</b> .	odbiór bagażu
<b>barista</b> <i>n</i>	/bəˈrɪstə/	The <b>barista</b> said our coffees will be ready soon.	barista
<b>board</b> <i>v</i>	/bɔ:d/	You can have a shower before you <b>board</b> your flight.	wejść na pokład
<b>brunch</b> <i>n</i>	/brʌntʃ/	The word <b>brunch</b> (breakfast + lunch) first appeared in 1896.	brunch (posiłek jadany wczesnym przedpołudniem)
<b>check-in desk</b> <i>n</i>	/ˈtʃek ɪn desk/	Let's go to the <b>check-in desk</b> first and leave our bags.	stanowisko odprawy
<b>connecting flight</b> <i>n</i>	/kəˈnektɪŋ flaɪt/	We have to wait in the airport lounge for our <b>connecting flight</b> .	lot z przesiadką
<b>customs</b> <i>n</i>	/ˈkʌstəmz/	<b>Customs</b> checked my bag this time.	urząd celny
<b>delayed</b> <i>adj</i>	/dɪˈleɪd/	Our flight is <b>delayed</b> , so we'll have to wait here for another hour.	opóźniony
<b>departures</b> <i>n</i>	/dɪˈpɑ:tʃəz/	Someone in <b>departures</b> asked me where I was travelling to.	odloty (hala odlotów)
<b>emoticon</b> <i>n</i>	/ɪˈməʊtɪkɒn/	That <b>emoticon</b> represents a smiling face.	emotikon
<b>facilities</b> <i>pl n</i>	/fəˈsɪlətɪz/	All good airports have excellent <b>facilities</b> for business people.	infrastruktura, udogodnienia
<b>fix a day</b>	/fɪks ə deɪ/	Then we can <b>fix a day</b> and a time to meet.	ustalić dzień
<b>gadget</b> <i>n</i>	/ˈɡædʒɪt/	My smartphone is my favourite <b>gadget</b> .	gadżet
<b>gastropub</b> <i>n</i>	/ˈɡæstrəʊpʌb/	Let's have dinner at that new <b>gastropub</b> . I hear the food is excellent.	pub – restauracja
<b>gate</b> <i>n</i>	/geɪt/	<b>Gate 11</b> is this way – let's go!	wyjście
<b>google</b> <i>v</i>	/ˈɡu:ɡl/	If I want to learn more about something, I'll <b>Google</b> it.	wyszukać w internecie
<b>latte</b> <i>n</i>	/ˈlɑ:teɪ/	Can I please have a skinny <b>latte</b> ?	latte (kawa z mlekiem)
<b>lift</b> <i>n</i>	/lɪft/	I've got too many bags. Where is the <b>lift</b> ?	winda
<b>nightmare</b> <i>n</i>	/ˈnaɪtmeə/	For many people airports are a <b>nightmare</b> .	koszmar
<b>passengers</b> <i>pl n</i>	/ˈpæsɪndʒəz/	Munich airport helps to keep <b>passengers</b> entertained with a 60-seat cinema.	pasażerowie
<b>passport control</b> <i>n</i>	/ˈpɑ:spɔ:t kɒntrəʊl/	Have you got your passport? We are about to go through <b>passport control</b> .	kontrola paszportowa
<b>perhaps</b> <i>adv</i>	/pəˈhæps/	I have a conference there next month and I thought <b>perhaps</b> we could meet.	być może, możliwe
<b>ringtone</b> <i>n</i>	/ˈrɪŋtəʊn/	The <b>ringtone</b> on your phone is very annoying!	dźwięk dzwonka
<b>road rage</b> <i>n</i>	/rəʊd reɪdʒ/	Do you ever experience <b>road rage</b> when you're driving?	agresywne zachowania kierowców
<b>security</b> <i>n</i>	/sɪˈkjʊərəti/	I always feel nervous when I go through <b>security</b> .	kontrola bezpieczeństwa, ochrona
<b>signs</b> <i>pl n</i>	/saɪnz/	Look at the airport <b>signs</b> .	znaki (oznaczenia)

smartphone <i>n</i>	/'smɑ:t'fəʊn/	Now that I have a <b>smartphone</b> , I don't use a computer as much as I used to.	smartfon
terminal <i>n</i>	/'tɜ:mɪnəl/	Which <b>terminal</b> do we leave from?	terminal
text <i>v</i>	/tekst/	Do you prefer to <b>text</b> or call your friends?	wysłać SMS
toy boy <i>n</i>	/'tɔɪ bɔɪ/	He's much younger than his girlfriend – he's a <b>toy boy</b> .	mężczyzna znacznie młodszy od swojej partnerki
trolley <i>n</i>	/'trɒli/	Let's get a <b>trolley</b> . These bags are heavy.	wózek
tweet <i>v</i>	/twi:t/	He uses his phone to <b>tweet</b> updates for his friends and family.	zamieszczać krótkie wpisy (od serwisu Tweeter)
Wi-Fi <i>n</i>	/'waɪ faɪ/	Does this hotel have free <b>Wi-Fi</b> ? I need to check my email.	sieć bezprzewodowa

## More words in File 3

conference <i>n</i>	/'kɒnfərəns/	I have a <b>conference</b> there next month and I thought perhaps we could meet.	konferencja
definite <i>adj</i>	/'defɪnət/	I don't have any <b>definite</b> plans for the future.	konkretny, określony
exotic <i>adj</i>	/ɪg'zɒtɪk/	Who do you think is going to do a photo shoot in an <b>exotic</b> place?	egzotyczny
ex-partner <i>n</i>	/eks 'pɑ:tənə/	Who do you think is going to see an <b>ex-partner</b> ?	były partner
location <i>n</i>	/ləʊ'keɪʃn/	It is a beautiful <b>location</b> .	miejsce
mime <i>v</i>	/maɪm/	Try to <b>mime</b> the word.	wyrazić coś za pomocą pantomimy (bez słów)
non-governmental organization <i>n</i>	/nɒn ˌɡʌvnməntl ɔ:ɡənə'zeɪʃn/	A <b>non-governmental organization</b> doesn't work for the government.	organizacja pozarządowa
nowadays <i>adv</i>	/'naʊədeɪz/	It's a thing which we use for everything <b>nowadays</b> .	teraz, obecnie
paradise <i>n</i>	/'pærədaɪs/	Singapore airport is <b>paradise</b> for flower lovers.	raj
photo shoot <i>n</i>	/'fəʊtəʊ ʃu:t/	Who do you think is going to do a <b>photo shoot</b> in an exotic place?	sesja zdjęciowa
predictions <i>pl n</i>	/prɪ'dɪkʃnz/	What <b>predictions</b> can you make about the future?	przewidywania
reservation number <i>n</i>	/'rezə'veɪʃn nʌmbə/	Thank you for booking with easyJet. Your <b>reservation number</b> is: I5CS2L.	numer rezerwacji
rooftop <i>n</i>	/'ru:ftɒp/	This hotel has a swimming pool on the <b>rooftop</b> .	dach (budynku)
travel arrangements <i>pl n</i>	/'trævl ə'reɪndʒmənts/	I can't tell you when I arrive because I don't know my <b>travel arrangements</b> yet.	szczegóły dotyczące podróży

## File 4

### Vocabulary Banks

#### HOUSEWORK, MAKE OR DO?

clean the floor	/kli:n ðə flɔ:/	I need to <b>clean the floor</b> . It's very dirty.	umyć podłogę
clear the table	/klɪə ðə 'teɪbl/	We need to <b>clear the table</b> then do the washing up.	posprzątać stół (po posiłku)
do a course	/du ə 'kɔ:s/	I am going to <b>do a course</b> to improve my IT skills.	odbyć szkolenie
do an exam / an exercise / homework	/du ən ɪg'zæm / ən 'eksəsaɪz / 'həʊmwɜ:k/	I'd love to go to the cinema, but I have to stay in and <b>do homework</b> .	zdać egzamin / zrobić ćwiczenie / odrobić pracę domową
do housework	/du 'haʊswɜ:k/	I usually <b>do housework</b> every Sunday.	wykonywać prace domowe
do sport / exercise	/du 'spɔ:t / 'eksəsaɪz/	I don't <b>do sport</b> , but I do go to the gym every week.	uprawiać sport / ćwiczyć
do the ironing	/du ðə 'aɪənɪŋ/	I don't like to <b>do the ironing</b> .	prasować
do the shopping	/du ðə 'ʃɒpɪŋ/	We <b>do the shopping</b> together.	robić zakupy
do the washing	/du ðə 'wɒʃɪŋ/	I <b>do the washing</b> on Mondays.	prać
do the washing up	/du ðə wɒʃɪŋ 'ʌp/	We don't <b>do the washing up</b> . We have a dishwasher.	zmywać
lay the table	/leɪ ðə 'teɪbl/	Can you please <b>lay the table</b> for dinner?	nakrywać stół
make a mistake	/meɪk ə mɪ'steɪk/	Try not to <b>make a mistake</b> .	popęlić błąd

<b>make a noise</b>	/meɪk ə 'nɔɪz/	Your brother is sleeping – try not to <b>make a noise</b> .	hałasować
<b>make a phone call</b>	/meɪk ə 'fəʊn kɔ:l/	Can I use the phone? I need to <b>make a phone call</b> .	zadzwoić
<b>make friends</b>	/meɪk 'frendz/	It can take a while to <b>make friends</b> when you move to a new town.	zaprzyjaźnić się
<b>make lunch</b>	/meɪk 'lʌntʃ/	I don't <b>make lunch</b> . I buy it.	przygotować lunch
<b>make plans</b>	/meɪk 'plænz/	We'll <b>make plans</b> to get a new kitchen soon.	zaplanować
<b>make the beds</b>	/meɪk ðə 'bedz/	I <b>make the beds</b> when everyone has left the house.	posłać łóżko
<b>pick up dirty clothes</b>	/pɪk ʌp dɜ:ti 'kləʊðz/	They never <b>pick up dirty clothes</b> or wet towels from the floor.	pozbierać brudne ubrania z podłogi
<b>put away your clothes</b>	/pʊt əweɪ jɔ: 'kləʊðz/	Can you <b>put away your clothes</b> ? Your room is a mess.	schować ubrania
<b>take out the rubbish</b>	/teɪk aʊt ðə 'rʌbɪʃ/	I <b>take out the rubbish</b> on Wednesday.	wyrzucić śmieci
<b>tidy your room</b>	/taɪdi jɔ: 'rʊm/	Can you <b>tidy your room</b> please?	posprzątać pokój

## SHOPPING

<b>account</b> <i>n</i>	/ə'kaʊnt/	I have an <b>account</b> at the bank.	konto
<b>auction</b> <i>n</i>	/'ɔ:ktʃn/	What did you buy at the <b>auction</b> ?	aukcja
<b>basket</b> <i>n</i>	/'bɑ:skɪt/	Do we need a trolley or a <b>basket</b> ?	koszyk
<b>changing rooms</b> <i>pl n</i>	/'tʃeɪndʒɪŋ rʊmz/	Where are the <b>changing rooms</b> ? I want to try this on.	przymierzalnie
<b>checkout</b> <i>n</i>	/'tʃekʌʊt/	I got to the <b>checkout</b> and then I realised I didn't have enough money.	kasa (w sklepie)
<b>customer</b> <i>n</i>	/'kʌstəmə/	Have you ever had an angry <b>customer</b> in your shop?	klient, klientka
<b>delivery</b> <i>n</i>	/dɪ'lɪvəri/	When is the <b>delivery</b> coming?	dostawa
<b>fit</b> <i>v</i>	/fɪt/	These shoes don't <b>fit</b> . They're too big.	pasować rozmiarem
<b>item</b> <i>n</i>	/'aɪtəm/	There is one <b>item</b> you don't need.	przedmiot
<b>payment</b> <i>n</i>	/'peɪmənt/	How much is the <b>payment</b> ?	płatność
<b>receipt</b> <i>n</i>	/rɪ'si:t/	I didn't have the <b>receipt</b> so I couldn't take the jumper back.	paragon
<b>shop assistant</b> <i>n</i>	/'ʃɒp ə,sɪstənt/	Have you ever had an argument with a <b>shop assistant</b> ?	ekspedient, ekspedientka
<b>size</b> <i>n</i>	/saɪz/	What <b>size</b> do you need? Medium or large?	rozmiar
<b>suit</b> <i>v</i>	/su:t/	That top doesn't <b>suit</b> me. It's the wrong colour.	pasować wyglądem, odpowiadać
<b>take back</b> <i>phr v</i>	/teɪk 'bæk/	I wanted to <b>take back</b> the jumper, but I didn't have the receipt.	zwrócić
<b>trolley</b> <i>n</i>	/'trɒli/	I need to buy a lot. Get me a <b>trolley</b> , please.	wózek
<b>try on</b> <i>phr v</i>	/traɪ 'ɒn/	I'm going to the changing rooms to <b>try on</b> this shirt.	przymierzyć
<b>website</b> <i>n</i>	/'websaɪt/	I know a great <b>website</b> for shopping online.	witryna internetowa

## Useful words and phrases

<b>accidentally</b> <i>adv</i>	/,æksɪ'dentəli/	Have you ever <b>accidentally</b> taken something from a shop without paying?	przypadkowo, nieumyślnie
<b>annoying</b> <i>adj</i>	/ə'nɔɪɪŋ/	Teenagers have <b>annoying</b> habits – but so do their parents!	denerwujący, irytujący
<b>bare feet</b> <i>pl n</i>	/beə fi:t/	I walked out into the street in <b>bare feet</b> and jumped into a taxi!	boso
<b>carer</b> <i>n</i>	/'keərə/	I like being a <b>carer</b> . I enjoy looking after people.	opiekun, opiekunka
<b>carry on</b> <i>phr v</i>	/'kæri ɒn/	They <b>carry on</b> texting when I'm telling them something important.	kontynuować
<b>colleague</b> <i>n</i>	/'kɒli:g/	Have you ever lied to a <b>colleague</b> about your weekend?	kolega, koleżanka, z pracy
<b>depressing</b> <i>adj</i>	/dɪ'presɪŋ/	Why do you think the news is often <b>depressing</b> ?	żałamujący, przygnębiający
<b>details</b> <i>pl n</i>	/'di:teɪlz/	One person in four invents <b>details</b> about their weekend.	szczegóły
<b>dishwasher</b> <i>n</i>	/'dɪʃwɒʃə/	I don't do the washing up because I have a <b>dishwasher</b> .	zmywarka
<b>encourage</b> <i>v</i>	/ɪn'kʌrɪdʒ/	Networking sites may <b>encourage</b> us to invent details about our social lives.	zachęcać
<b>exclusive</b> <i>adj</i>	/ɪk'sklʊ:sɪv/	Lindka Cierach makes very <b>exclusive</b> clothes for women.	ekskluzywny, luksusowy



<b>fancy dress party</b> <i>n</i>	/fænsi 'dres pɑ:ti/	<i>I'm wearing strange clothes because I'm going to a <b>fancy dress party</b>.</i>	bal kostiumowy
<b>fashion designer</b> <i>n</i>	/'fæʃn dɪzajnə/	<i>Lindka Cierach is a <b>fashion designer</b>.</i>	projektant mody
<b>habit</b> <i>n</i>	/'hæbɪt/	<i>Do you have an annoying <b>habit</b>?</i>	nawyk
<b>high heels</b> <i>pl n</i>	/haɪ 'hi:lz/	<i>Have you ever fallen over because you were wearing very <b>high heels</b>?</i>	wysokie obcasy
<b>illusion</b> <i>n</i>	/ɪ'lu:ʒn/	<i>People can create an <b>illusion</b> of who they want to be.</i>	złudzenie
<b>jealous</b> <i>adj</i>	/'dʒeləs/	<i>Some people lie because they don't want to make their friends <b>jealous</b>.</i>	zazdrosny
<b>massage</b> <i>n</i>	/'mæsɑ:ʒ/	<i>Who gives their mother a <b>massage</b>?</i>	masaż
<b>remote</b> <i>n</i>	/rɪ'məʊt/	<i>They always pick up the <b>remote</b> and change the channel.</i>	pilot zdalnego sterowania
<b>reputation</b> <i>n</i>	/,repju'teɪʃn/	<i>What <b>reputation</b> do teenagers have?</i>	reputacja
<b>situation</b> <i>n</i>	/,sɪtʃu'eɪʃn/	<i>Sometimes the <b>situation</b> is just boring.</i>	sytuacja
<b>social life</b> <i>n</i>	/'səʊʃl laɪf/	<i>Have you ever invented details about your <b>social life</b>?</i>	życie towarzyskie
<b>social networking</b> <i>n</i>	/səʊʃl 'netwɜ:kɪŋ/	<i><b>Social networking</b> sites make people spend more time on the computer.</i>	sieci społecznościowe
<b>survey</b> <i>n</i>	/'sɜ:vɪ/	<i>The <b>survey</b> has shown that 25% of people have very exciting weekends.</i>	ankieta, badanie
<b>tell the truth</b>	/tel ðə 'tru:θ/	<i>Do you always <b>tell the truth</b> about what you did at the weekend?</i>	mówić prawdę
<b>wedding dress</b> <i>n</i>	/'wedɪŋ dres/	<i>She designed Sarah Ferguson's <b>wedding dress</b>.</i>	suknia ślubna

## More words in File 4

<b>chic</b> <i>adj</i>	/ʃi:k/	<i>They are so <b>chic</b>, and their sense of colour is so natural to them.</i>	stylowy
<b>click</b> <i>v</i>	/kɪk/	<i><b>Click</b> on that button there.</i>	klikać
<b>dyslexic</b> <i>adj</i>	/dɪs'leksɪk/	<i>When I was at school I had problems reading because I was <b>dyslexic</b>.</i>	dyslektyk
<b>fashion sense</b> <i>n</i>	/'fæʃn sens/	<i>She always dresses well – she has a really good <b>fashion sense</b>.</i>	wyczucie stylu
<b>kill</b> <i>v</i>	/kɪl/	<i>Those shoes will <b>kill</b> your feet!</i>	zabić, zniszczyć
<b>price</b> <i>n</i>	/praɪs/	<i>Did you get a good <b>price</b>?</i>	cena
<b>proceed</b> <i>v</i>	/prə'si:d/	<i>Please <b>proceed</b> to passport control.</i>	przejsć dalej
<b>roll your eyes</b>	/rəʊl jɔ:r 'aɪz/	<i>Don't <b>roll your eyes</b> when I ask you to do something!</i>	przewracać oczami
<b>sewing</b> <i>n</i>	/'səʊɪŋ/	<i>The only things I enjoyed there were art and <b>sewing</b>.</i>	szycie

## File 5

### Vocabulary Banks

#### DESCRIBING A TOWN

<b>boring</b> <i>adj</i>	/'bɔ:rɪŋ/	<i>The new part of town is quite <b>boring</b>.</i>	nudny
<b>castle</b> <i>n</i>	/'kɑ:sl/	<i>The <b>castle</b> is in the centre of the old town.</i>	zamek (budynek)
<b>cathedral</b> <i>n</i>	/kə'thi:drəl/	<i>The <b>cathedral</b> is very popular with tourists.</i>	katedra (budynek)
<b>church</b> <i>n</i>	/tʃɜ:tʃ/	<i>The <b>church</b> has beautiful colourful windows.</i>	kościół
<b>clean</b> <i>adj</i>	/kli:n/	<i>The river is very <b>clean</b> and there are a lot of fish in it.</i>	czysty
<b>crowded</b> <i>adj</i>	/'kraʊdɪd/	<i>There were people everywhere. It was really <b>crowded</b>.</i>	tłoczno
<b>dangerous</b> <i>adj</i>	/'deɪndʒərəs/	<i>It can be <b>dangerous</b> at night so walk with someone else.</i>	niebezpieczny
<b>department store</b> <i>n</i>	/dɪ'pɑ:tmənt stɔ:/	<i>You can find everything you want in the <b>department store</b>.</i>	dom towarowy, sklep
<b>empty</b> <i>adj</i>	/'empti/	<i>Many of the shops are <b>empty</b>. Nobody has any money.</i>	pusty
<b>exciting</b> <i>adj</i>	/'ɪk'saɪtɪŋ/	<i>The city is <b>exciting</b>. There is so much to do.</i>	ekscytujący
<b>interesting</b> <i>adj</i>	/'ɪntrestɪŋ/	<i>The museum was very <b>interesting</b>. I want to go again.</i>	interesujący
<b>market</b> <i>n</i>	/'mɑ:kɪt/	<i>The <b>market</b> sells great fresh fish.</i>	rynek

<b>modern</b> <i>adj</i>	/ˈmɒdn/	The building is very <b>modern</b> and everything else is old. It looks strange.	nowoczesny
<b>mosque</b> <i>n</i>	/mɒsk/	The <b>mosque</b> is the biggest in Europe.	meczet
<b>museum</b> <i>n</i>	/mjuˈzi:əm/	I like the national <b>museum</b> the best. You learn so much about the country.	muzeum
<b>noisy</b> <i>adj</i>	/ˈnɔɪzi/	All the cars make it very <b>noisy</b> .	hałaśliwy
<b>old</b> <i>adj</i>	/əʊld/	There are so many beautiful <b>old</b> buildings.	stary
<b>palace</b> <i>n</i>	/ˈpæləs/	The royal family lived in the <b>palace</b> .	pałac
<b>polluted</b> <i>adj</i>	/pəˈlu:tɪd/	The factories and cars make it very <b>polluted</b> .	zanieczyszczony
<b>quiet</b> <i>adj</i>	/ˈkwaɪət/	It's a small town and quite <b>quiet</b> .	cichy
<b>safe</b> <i>adj</i>	/seɪf/	It's very <b>safe</b> . There is never any trouble.	bezpieczny
<b>shopping centre</b> <i>n</i>	/ˈʃɒpɪŋ sentə/	The <b>shopping centre</b> has over 200 shops.	centrum handlowe
<b>statue</b> <i>n</i>	/ˈstætʃu:/	There is a <b>statue</b> of the king in the square.	statua, posąg
<b>temple</b> <i>n</i>	/ˈtempl/	The <b>temple</b> is visited by many religious tourists.	świątynia
<b>town hall</b> <i>n</i>	/taʊn ˈhɔ:l/	The local government meet in the <b>town hall</b> .	ratusz

## Useful words and phrases

<b>abbreviations</b> <i>pl n</i>	/əˈbri:vi'eɪʃnz/	<b>Abbreviations</b> , like BFN (bye for now), are becoming more popular.	skrót
<b>accident</b> <i>n</i>	/ˈæksɪdɪnt/	I hit another car and had a bad <b>accident</b> .	wypadek
<b>anxious</b> <i>adj</i>	/ˈæŋkʃəs/	If you drink too much coffee it can make you feel <b>anxious</b> .	zaniepokojony
<b>average</b> <i>adj</i>	/ˈævərɪdʒ/	The <b>average</b> speed of cars in New York City is 15 km/h.	średni, przeciętny
<b>body</b> <i>n</i>	/ˈbɒdi/	Skin covers the outside of a person's <b>body</b> .	ciało
<b>bones</b> <i>pl n</i>	/bəʊnz/	This vitamin is important for strong <b>bones</b> and a healthy immune system.	kości
<b>brain</b> <i>n</i>	/breɪn/	It seems that computer games stimulate the <b>brain</b> .	mózg
<b>characters</b> <i>pl n</i>	/ˈkærəktəz/	Twitter only allows you to use 140 <b>characters</b> .	znaki
<b>diet</b> <i>n</i>	/ˈdaɪət/	My <b>diet</b> is so unhealthy. I eat junk food all the time.	dieta
<b>feel frustrated</b>	/fi:l fraˈstreɪtɪd/	Do you <b>feel frustrated</b> when you're behind people who are walking slowly?	być sfrustrowanym
<b>illnesses</b> <i>pl n</i>	/ˈɪlnəsɪz/	Drinking coffee may help to prevent some <b>illnesses</b> like diabetes and Parkinson's disease.	choroby
<b>immediately</b> <i>adj</i>	/ɪˈmi:diətli/	People feel frustrated when an internet page does not open <b>immediately</b> .	natychmiast
<b>immune system</b> <i>n</i>	/ɪˈmju:n sɪstəm/	This vitamin is important for strong bones and a healthy <b>immune system</b> .	układ odpornościowy
<b>impatient</b> <i>adj</i>	/ɪmˈpeɪfnt/	People get very <b>impatient</b> because they think they're wasting time.	niecierpliwy
<b>inhabitants</b> <i>pl n</i>	/ɪnˈhæbɪtənts/	Which city had the friendliest and most polite <b>inhabitants</b> ?	mieszkańcy
<b>irritable</b> <i>adj</i>	/ˈɪrɪəbl/	Do you get <b>irritable</b> if you sit for an hour without doing anything?	poirytowany
<b>lifestyle</b> <i>n</i>	/ˈlaɪfstaɪl/	My <b>lifestyle</b> is too unhealthy. I need to exercise.	styl życia
<b>on time</b>	/ɒn ˈtaɪm/	We aren't going to arrive <b>on time</b> .	na czas
<b>patient</b> <i>adj</i>	/ˈpeɪfnt/	People aren't as <b>patient</b> as they were in the past.	cierpliwy
<b>polite</b> <i>adj</i>	/pəˈlaɪt/	Which city had the friendliest and most <b>polite</b> inhabitants?	uprzejmy, grzeczny
<b>prevent</b> <i>v</i>	/prɪˈvent/	Several studies show that drinking coffee helps to <b>prevent</b> some illnesses.	zapobiegać
<b>save time</b>	/seɪv ˈtaɪm/	These stories are for busy parents who need to <b>save time</b> .	oszczędzać czas
<b>several</b> <i>det</i>	/ˈsevrəl/	<b>Several</b> studies show that drinking coffee helps to prevent some illnesses.	kilka
<b>stimulate</b> <i>v</i>	/ˈstɪmjuleɪt/	It seems that computer games <b>stimulate</b> the brain.	pobudzać
<b>stories</b> <i>pl n</i>	/ˈstɔ:riz/	These are shorter versions of traditional <b>stories</b> .	opowieści, historie

<b>stressed</b> <i>adj</i>	/strest/	We spend more time than ever sitting in our cars, feeling <b>stressed</b> .	zestresowany
<b>traditional</b> <i>adj</i>	/trə'dɪʃənəl/	These are shorter versions of <b>traditional</b> stories.	tradycyjny
<b>traffic</b> <i>n</i>	/'træfɪk/	Our cars are faster, but the <b>traffic</b> is worse, so we drive more slowly.	ruch (uliczny)
<b>unwell</b> <i>adj</i>	/ʌn'wel/	I feel <b>unwell</b> . I'm not going to work.	chory
<b>verdict</b> <i>n</i>	/'vɜːdɪkt/	Do you agree with the travel survey's <b>verdict</b> that London has the best nightlife?	orzeczenie
<b>waste time</b>	/'weɪst taɪm/	I don't watch much TV because I don't like to <b>waste time</b> .	tracić czas

## More words in File 5

<b>architecture</b> <i>n</i>	/'ɑːkɪtektʃə/	Which city has the best <b>architecture</b> ?	architektura
<b>change</b> <i>n</i>	/tʃeɪndʒ/	If you are given too much <b>change</b> , do you tell the shop assistant?	reszta (wydawana w sklepie)
<b>continent</b> <i>n</i>	/'kɒntɪnənt/	Think about your country or <b>continent</b> . Which cities are the best?	kontynent
<b>culture</b> <i>n</i>	/'kʌltʃə/	Europe's big cities offer travellers a huge variety of <b>culture</b> .	kultura
<b>frightening</b> <i>adj</i>	/'fraɪtnɪŋ/	What's the most <b>frightening</b> film you've ever seen?	przerażający
<b>generous</b> <i>adj</i>	/'dʒenərəs/	Who's the most <b>generous</b> person in your family?	współczujący
<b>keyring</b> <i>n</i>	/'kiːrɪŋ/	I bought a <b>keyring</b> of the Eiffel Tower as a souvenir.	breloczek
<b>nightlife</b> <i>n</i>	/'naɪtlaɪf/	London has the best public parks and the best <b>nightlife</b> .	życie nocne
<b>scientific</b> <i>adj</i>	/'saɪəntɪfɪk/	The tests were not very careful or <b>scientific</b> .	naukowy, fachowy
<b>sunscreen</b> <i>n</i>	/'sʌnskriːn/	You should wear <b>sunscreen</b> so you don't get burnt.	filtr przeciwsłoneczny

## File 6

### Vocabulary Banks

#### OPPOSITE VERBS

<b>arrive</b> <i>v</i>	/ə'raɪv/	What time does the train <b>arrive</b> at the station?	przyjechać
<b>borrow</b> <i>v</i>	/'bɒrəʊ/	Can I <b>borrow</b> some money? I'll pay you back tomorrow.	pożyczać (od kogoś)
<b>break</b> <i>v</i>	/breɪk/	How did you <b>break</b> your glasses?	złamać
<b>buy</b> <i>v</i>	/baɪ/	I don't like renting. I want to <b>buy</b> a house.	kupić
<b>catch</b> <i>v</i>	/kætʃ/	I need to <b>catch</b> the next train.	łapać
<b>fail</b> <i>v</i>	/feɪl/	Did he <b>fail</b> the exam?	oblać
<b>find</b> <i>v</i>	/faɪnd/	Why can you never <b>find</b> your keys?	znaleźć
<b>finish</b> <i>v</i>	/'fɪnɪʃ/	I'll come back and <b>finish</b> the job tomorrow.	skończyć
<b>forget</b> <i>v</i>	/fə'get/	Sorry, I always <b>forget</b> people's names.	zapominać
<b>get</b> <i>v</i>	/get/	Do you think you'll <b>get</b> a good job in the future?	dostać
<b>learn</b> <i>v</i>	/lɜːn/	Are you going to <b>learn</b> a new language next year?	uczyć się
<b>leave</b> <i>v</i>	/liːv/	Please <b>leave</b> a message if I don't answer the phone.	zostawić
<b>lend</b> <i>v</i>	/lend/	Can you <b>lend</b> me five dollars?	pożyczać (komuś)
<b>lose</b> <i>v</i>	/luːz/	They'll <b>lose</b> the match. They're terrible players.	przegrać
<b>mend</b> <i>v</i>	/mend/	Can you <b>mend</b> my shirt? The button fell off.	naprawić
<b>miss</b> <i>v</i>	/mɪs/	Did we <b>miss</b> the train? When is the next one?	nie zdążyć (na coś)
<b>pass</b> <i>v</i>	/pɑːs/	My parents will be so happy if I <b>pass</b> the exam.	zdać
<b>pull</b> <i>v</i>	/pʊl/	Push the door, don't <b>pull</b> it.	ciągnąć
<b>push</b> <i>v</i>	/pʊʃ/	<b>Push</b> the door, don't pull it.	pchać
<b>receive</b> <i>v</i>	/rɪ'siːv/	Did you <b>receive</b> my email?	otrzymać
<b>remember</b> <i>v</i>	/rɪ'membə/	Do you usually <b>remember</b> to give it back?	pamiętać

repair v	/rɪ'peə/	I need to ask someone to <b>repair</b> my computer. It doesn't work.	naprawić
sell v	/sel/	I want to <b>sell</b> my car and buy a new one.	sprzedać
send v	/send/	I need to <b>send</b> an email to John before the end of the day.	wysłać
start v	/stɑ:t/	What time does it <b>start</b> ?	zacząć się
stop v	/stɒp/	Please <b>stop</b> making so much noise.	przestać (coś robić)
teach v	/ti:tʃ/	I'm going to China to <b>teach</b> English.	uczyć (kogoś)
turn off phr v	/tɜ:n 'ɒf/	<b>Turn off</b> the light. I want to get some sleep.	wyłączyć
turn on phr v	/tɜ:n 'ɒn/	Can you <b>turn on</b> the TV? There's something I want to watch.	włączyć
win v	/wɪn/	I hope we'll <b>win</b> this match.	wygrać

## Useful words and phrases

alarm clock n	/ə'la:m klɒk/	Were you sleeping when the <b>alarm clock</b> rang this morning?	budzik
album n	/'ælbəm/	He recently went to New Orleans to record an <b>album</b> of 15 songs.	album
constantly adv	/'kɒnstəntli/	I am someone who is <b>constantly</b> expecting a plane to drop on my head.	stale, ciągle
episode n	/'epɪsəd/	Which <b>episode</b> of House M.D. is your favourite?	odcinek (serialu)
expect v	/'ɪk'spekt/	If you're an optimist you <b>expect</b> good things to happen.	spodziewać się
get engaged	/get ɪn'geɪdʒd/	They fell in love and decided to <b>get engaged</b> .	zareczyć się
impress v	/'ɪm'pres/	I want to <b>impress</b> them and get the job.	zaimponować
interpretation n	/'ɪn,tɜ:prɪ'teɪʃn/	I read a book about the <b>interpretation</b> of dreams.	interpretacja
list n	/'lɪst/	Write the words in the <b>list</b> in the right columns.	lista
long distance adj	/'lɒŋ 'dɪstəns/	The <b>long distance</b> relationship first cooled and then ended.	długi, długotrwały
optimist n	/'ɒptɪmɪst/	Are you an <b>optimist</b> or a pessimist?	optymista
owl n	/aʊl/	Were you frightened of the <b>owl</b> ?	sowa
passionate adj	/'pæʃənət/	Laurie is a talented musician and is <b>passionate</b> about the blues.	mocno zainteresowany
patient n	/'peɪʃnt/	You're going to listen to a psychoanalyst talking to a <b>patient</b> .	pacjent, pacjentka
pessimist n	/'pesɪmɪst/	Dr House, from the hit TV series House M.D., is famous for being a <b>pessimist</b> .	pesymista
psychoanalyst n	/'saɪkəʊ'ænəlɪst/	You're going to listen to a <b>psychoanalyst</b> talking to a patient.	psychoanalityk
record v	/re'kɔ:d/	He recently went to New Orleans to <b>record</b> an album of 15 songs.	nagrać
series n	/'sɪəri:z/	Even after seven <b>series</b> of House M.D. he still feels pessimistic about it.	seria/serie
strangers pl n	/'streɪndʒəz/	Complete <b>strangers</b> come up to him in the street and say 'Cheer up, mate!'	nieznajomi
success n	/sək'ses/	Laurie never thought that House M.D. was going to be a <b>success</b> .	sukces
talented adj	/'tæləntɪd/	Like Dr House, Laurie is also a <b>talented</b> musician.	utalentowany
towel n	/'taʊəl/	Can I borrow a <b>towel</b> for the shower?	ręcznik

## More words in File 6

Definitely (not).	/'defɪnətli (nɒt)/	Do you want to go out tonight? ~ <b>Definitely</b> . I'm so bored!	Zdecydowanie (nie).
I doubt it.	/aɪ daʊt ɪt/	Is it open? ~ <b>I doubt it</b> . It's very late.	Wątpię w to.
previous adj	/'pri:vɪəs/	Do you want to go back to the <b>previous</b> version?	poprzedni
Probably (not).	/'prɒbəbli (nɒt)/	I don't think so. <b>Probably not</b> .	Prawdopodobnie (nie).
version n	/'vɜ:ʒn/	Do you want to go back to the previous <b>version</b> ?	wersja



## File 7

### Vocabulary Banks

#### VERB FORMS

(don't) mind doing	/('dʌnt) maɪnd 'du:ɪŋ/	<i>I <b>don't mind doing</b> the cooking but I hate washing up.</i>	nie mieć nic przeciwko robieniu czegoś
decide to go	/dɪ'saɪd tə 'gəʊ/	<i>Where did you <b>decide to go</b> on holiday?</i>	postanowić wyjechać
enjoy reading	/ɪn'dʒɔɪ 'ri:dɪŋ/	<i>I <b>enjoy reading</b>. I read a book a week.</i>	lubić czytać
feel like cooking	/fi:l laɪk 'kʊkɪŋ/	<i>I <b>feel like cooking</b> fish tonight.</i>	mieć ochotę na gotowanie
finish tidying	/fɪnɪʃ 'taɪdɪŋ/	<i>Can you <b>finish tidying</b> your room?</i>	skończyć sprzątać
forget to turn off	/fə'get tə tɜ:n 'ɒf/	<i>Don't <b>forget to turn off</b> the light.</i>	zapomnieć wyłączyć
go on working	/gəʊ ɒn 'wɜ:kɪŋ/	<i>I'm tired. I don't know how long I can <b>go on working</b>.</i>	kontynuować pracę
hate being	/heɪt 'bi:ɪŋ/	<i>I <b>hate being</b> old. I want to be young again.</i>	nienawidzić być
hope to see	/həʊp tə 'si:/	<i>I <b>hope to see</b> you at the weekend.</i>	mieć nadzieję zobaczyć
learn to drive	/lɜ:n tə 'draɪv/	<i>I want to <b>learn to drive</b>. I hate walking!</i>	uczyć się prowadzić
like having	/laɪk 'hævɪŋ/	<i>I <b>like having</b> my dog. He's so friendly.</i>	lubić mieć (być zadowolonym z posiadania czegoś)
love getting up	/lʌv 'getɪŋ ʌp/	<i>I <b>love getting up</b> early and doing as much as possible.</i>	uwielać wstawać
need to go	/ni:d tə 'gəʊ/	<i>I <b>need to go</b> to the shop. We haven't got any milk.</i>	musieć iść
offer to help	/'ɒfə tə 'help/	<i>The shop assistant was not friendly, and didn't <b>offer to help</b>.</i>	oferować pomoc
plan to get married	/plæn tə get 'mæɪrɪd/	<i>We <b>plan to get married</b> next year.</i>	planować wziąć ślub
pretend to be ill	/prɪ'tend tə bi 'ɪl/	<i>Did you ever <b>pretend to be ill</b> so you didn't have to go to school?</i>	symulować chorobę
promise to pay	/'prɒmɪs tə 'peɪ/	<i>I <b>promise to pay</b> you back later.</i>	obiecać zapłacić
remember to bring	/rɪ'membə tə 'brɪŋ/	<i><b>Remember to bring</b> your laptop. The computer is broken.</i>	pamiętać o zabraniu
spend time talking	/spend taɪm 'tɔ:kɪŋ/	<i>My family live far away, so I <b>spend time talking</b> to them on the phone.</i>	spędzać czas na rozmowie
start raining	/stɑ:t 'reɪnɪŋ/	<i>When did it <b>start raining</b>?</i>	zacząć padać (o deszczu)
start to rain	/stɑ:t tə 'reɪn/	<i>When did it <b>start to rain</b>? It's so wet out there.</i>	zacząć padać (o deszczu)
stop making	/stɒp 'meɪkɪŋ/	<i><b>Stop making</b> so much noise!</i>	przestać robić
try to get	/traɪ tə 'get/	<i>I'll <b>try to get</b> it but there might not be any left.</i>	postarać się (coś) zdobyć
want to catch	/wɒnt tə 'kætʃ/	<i>I <b>want to catch</b> the 12.30 train.</i>	chcieć zdążyć (na coś)
would like to buy	/wəd laɪk tə 'baɪ/	<i>I <b>would like to buy</b> a car but I don't have the money.</i>	chcieć kupić

### Useful words and phrases

ambitions <i>pl n</i>	/æm'bɪʃnɪz/	<i>Her parents will want to know about your <b>ambitions</b>.</i>	ambicje
breathe <i>v</i>	/bri:ð/	<i>If you want to sing well you need to learn to <b>breathe</b> correctly.</i>	oddychać
controversial <i>adj</i>	/ˌkɒntrə'vɜ:ʃl/	<i>Don't talk about <b>controversial</b> subjects like religion and politics.</i>	kontrowersyjny
engine <i>n</i>	/'endʒɪn/	<i>The <b>engine</b> on my car doesn't work. I need a new car.</i>	silnik
firmly <i>adv</i>	/'fɜ:mli/	<i>When they greet you at the door shake the father's hand <b>firmly</b>.</i>	mocno
full moon <i>n</i>	/ˌfʊl 'mu:n/	<i>Happiness is kissing someone you love at night under a <b>full moon</b>.</i>	pełnia księżyca
good for your health	/gʊd fɔ: jɔ: helθ/	<i>Singing is <b>good for your health</b>.</i>	dobry dla zdrowia
greet <i>v</i>	/gri:t/	<i>When they <b>greet</b> you at the door shake the father's hand firmly.</i>	przywitać
magical <i>adj</i>	/ˈmædʒɪkl/	<i>There's something <b>magical</b> about making something from nothing.</i>	magiczny

necessary *adj* /'nesəsəri/  
 notice *n* /'nəʊtɪs/  
 obligatory *adj* /ə'blɪɡətəri/  
 opinion *n* /ə'pɪnjən/  
 permitted *adj* /pə'mɪtɪd/  
 punctual *adj* /'pʌŋktʃuəl/  
 read music /ri:d 'mju:zɪk/

revise *v* /rɪ'vaɪz/  
 rhythm *n* /'rɪðəm/  
 service *n* /'sɜ:vɪs/  
 stay friends /steɪ frendz/

survive *v* /sə'vaɪv/

tactic *n* /'tæktɪk/

weak *adj* /wi:k/

It isn't **necessary** to read but it helps.  
 What does that **notice** mean?  
 It isn't **obligatory** to stay. Let's go home.  
 If they ask you for your **opinion**, be honest.  
 It isn't **permitted**. It's against the rules.  
 It's very important to be **punctual** at a first meeting.  
 You need to know how to **read music** to be able to sing well.

I need to **revise** for my exam.  
 I love the **rhythm** of the music.  
 The **service** here is excellent.  
 Do you think it is difficult to **stay friends** with an ex-boyfriend?  
 Then I had to do some tests to see if I could **survive** in different situations.  
 Asking them what your partner was like as a child is a brilliant **tactic**.  
 No father likes a **weak** handshake!

konieczny  
 zawiadomienie  
 obowiązkowy  
 opinia  
 dozwolony  
 punktualny  
 czytać nuty  
 powtarzać materiał  
 rytm  
 obsługa  
 pozostać w dobrych stosunkach  
 przetrwać, przeżyć  
 taktyka  
 słaby

## More words in File 7

incredibly *adv* /ɪn'kredəbli/  
 intensive *adj* /ɪn'tensɪv/  
 phrasebook *n* /'freɪz bʊk/  
 subtitles *pl n* /'sʌbtartlɪz/  
 use your hands /ju:z jɔ: həndz/

It's an **incredibly** difficult language to learn.  
 I did a one-month **intensive** course in Spanish.  
 You mustn't use a dictionary or **phrasebook**.  
 Do you enjoy films with **subtitles**?  
 You mustn't **use your hands** or mime.

niewiarygodnie  
 intensywny  
 rozmówki  
 napisy (do filmu)  
 używać rąk

## File 8

### Vocabulary Banks

#### GET

get a job /get ə 'dʒɒb/  
 get a message /get ə 'mesɪdʒ/  
 get a newspaper /get ə 'nju:zpeɪpə/  
 get a present /get ə 'preznt/

get a ticket /get ə 'tɪkɪt/  
 get an email /get ən 'i:meɪl/  
 get angry /get 'æŋɡrɪ/  
 get better /get 'betə/

get colder /get 'kəʊldə/  
 get divorced /get dɪ'vɔ:st/

get fit /get 'fɪt/  
 get home /get 'həʊm/  
 get lost /get 'lɒst/  
 get married /get 'mæɪrɪd/  
 get nervous /get 'nɜ:vəs/  
 get on well with /get ɒn 'wel wɪð/

get to school /get tə 'sku:l/  
 get to work /get tə 'wɜ:k/  
 get up *phr v* /get 'ʌp/  
 get worse /get 'wɜ:s/

I want to **get a job** when I finish school.  
 Did you **get a message** from him?  
 I went to **get a newspaper** this morning.  
 I need to **get a present** for my mum. It's her birthday next week.

You need to **get a ticket** before you get on the bus.  
 I **get an email** from my mum every week.  
 I try not to **get angry** but it happens.  
 I hope I **get better** next week. I want to go back to work.

Is it going to **get colder** next week?  
 Why did you **get divorced**? – I didn't get on with my wife.

I want to **get fit**. I'm so fat.  
 I **get home** at 5.00 p.m. most days.  
 We **get lost** every time you drive!  
 We are going to **get married** next year.  
 I **get nervous** before tests.  
 I **get on well with** my wife's parents.

I **get to school** at 8.00 a.m. every morning.  
 I **get to work** at 9.00 a.m. every morning.  
 What time do you **get up** in the morning?  
 Why did my mark **get worse**?

dostać pracę  
 otrzymać wiadomość  
 kupić gazetę  
 kupić prezent  
 kupić bilet  
 dostać wiadomość e-mail  
 zezłościć się  
 poprawić się  
 ochłodzić się (o pogodzie)  
 rozwieść się  
 nabrać formy  
 iść do domu  
 zgubić się, zablądzić  
 wyjść za mąż, ożenić się  
 zdenerwować się  
 być w dobrych stosunkach z (kimś)  
 iść do szkoły  
 iść do pracy  
 wstawać  
 pogorszyć się

## CONFUSING VERBS

borrow money from somebody	/bɒrəʊ 'mʌni frəm sʌmbədi/	I'll need to <b>borrow money from</b> my parents. I don't have enough.	pożyczyć pieniądze od kogoś
bring your dictionary / something back from holiday	/brɪŋ jɔ: 'dɪkʃənri / 'sʌmθɪŋ bæk frəm 'hɒlədeɪ/	<b>Bring your dictionary</b> to class next week, please.	przynieść słownik / przywieźć coś z wakacji
carry a bag / a baby	/kæri ə 'bæg / ə 'beɪbi/	I <b>carry a bag</b> to work every day.	nosić torbę / dziecko
earn a salary / money	/ɜ:n ə 'sæləri / 'mʌni/	She's a student but she has a part-time job to <b>earn money</b> .	zarabiać pieniądze
find your glasses / a job	/faɪnd jɔ: 'glɑ:sɪz / ə 'dʒɒb/	I hope I'll <b>find a job</b> soon.	znaleźć okulary / pracę
hope that something good will happen / to do something	/həʊp dət 'sʌmθɪŋ gʊd wɪl 'hæpən / tə də 'sʌmθɪŋ/	This year has been terrible. I <b>hope that something good will happen</b> soon.	mieć nadzieję, że zdarzy się coś dobrego / zrobić coś
know somebody well / something	/nəʊ sʌmbədi 'wel / 'sʌmθɪŋ/	I <b>know something</b> about her that is quite surprising.	znać kogoś dobrze / wiedzieć coś (o kimś)
lend money to somebody	/lend 'mʌni tə sʌmbədi/	I always <b>lend money to</b> you and you never give it back.	pożyczyć pieniądze komuś
look at a photo / your watch	/lʊk ət ə 'fəʊtəʊ / jɔ: 'wɒtʃ/	<b>Look at your watch.</b> We're going to be late!	patrzeć na zdjęcie / zegarek
look for your glasses / a job	/lʊk fɔ: jɔ: 'glɑ:sɪz / ə 'dʒɒb/	Shall I help you <b>look for your glasses</b> ?	szukać okularów / pracy
look happy / about 25 years old	/lʊk 'hæpi / əbaʊt twenti ,faɪv jɜ:z 'əʊld/	You don't look 30. You <b>look about 25 years old</b> .	wyglądać na szczęśliwego / wyglądać na około 25 lat
look like your mother / a model	/lʊk laɪk jɔ: 'mʌðə / ə 'mɒdl/	You <b>look like your mother</b> , not your father.	wyglądać jak własna matka / modelka
lose your glasses / a match	/lu:z jɔ: 'glɑ:sɪz / ə 'mætʃ/	What's the matter? Did you <b>lose your glasses</b> ?	zgubić okulary / przegrać mecz
meet somebody for the first time / at 11 o'clock	/mi:t sʌmbədi fɔ: ðə fɜ:st 'taɪm / ət r'levn ə 'klɒk/	Let's <b>meet at 11 o'clock</b> outside the school.	spotkać się z kimś po raz pierwszy / o godzinie 11
miss the bus / a class	/mɪs ðə 'bʌs / ə 'kla:s/	We're a bit late. Did we <b>miss the bus</b> ?	spóźnić się na autobus / lekcję
say something to somebody / sorry / hello	/seɪ 'sʌmθɪŋ tə sʌmbədi / 'sɒri / hə'ləʊ/	<b>Say hello</b> to Colin for me.	powiedzieć coś do kogoś / przeprosić (kogoś) / powitać (kogoś)
take an umbrella / your children to school	/teɪk ən ʌm'brelə / jɔ: 'tʃɪldrən tə sku:l/	You should <b>take an umbrella</b> because it's going to rain.	zabrać parasol / zabrać dzieci do szkoły
tell somebody something / a lie / a joke	/tel sʌmbədi 'sʌmθɪŋ / ə 'laɪ / ə 'dʒəʊk/	Do you think it's ever OK to <b>tell a lie</b> ?	powiedzieć coś komuś / kłamstwo / dowcip
wait for a bus / for a long time	/weɪt fɔ:ɪ ə 'bʌs / fɔ:ɪ ə lɒŋ 'taɪm/	I'm going to <b>wait for a bus</b> . It's too far to walk.	czekać na autobus / długo
watch TV / a match	/wɒtʃ ,ti: 'vi: / ə 'mætʃ/	Let's <b>watch TV</b> . There's a good movie on.	oglądać telewizję / mecz
wear clothes / jewellery	/weə 'kləʊðz / 'dʒu:əlri/	I'm not allowed to <b>wear jewellery</b> to work.	nosić ubrania / biżuterię
win a prize / a match / a medal	/wɪn ə 'praɪz / ə 'mætʃ / ə 'medl/	Do you <b>win a prize</b> or is it just for fun?	zdobyc nagrodę / wygrać mecz / zdobyć medal

## Useful words and phrases

advantage <i>n</i>	/əd'vɑ:ntɪdʒ/	The <b>advantage</b> of not having a car is that it saves a lot of money.	zaleta
avoid <i>v</i>	/ə'vɔɪd/	This seems an easy one – go, but try to <b>avoid</b> her where possible.	unikać
blizzard <i>n</i>	/'blɪzəd/	A <b>blizzard</b> is a very bad storm with snow and strong winds.	zamieć śnieżna

<b>calmly</b> <i>adv</i>	/ˈkɑːmli/	'Do you think for one moment,' she said <b>calmly</b> , 'that I could come to your home while Héloïse is there?'	spokojnie
<b>century</b> <i>n</i>	/ˈsentʃəri/	In what <b>century</b> do you think the story takes place?	wiek
<b>change your mind</b>	/tʃeɪndʒ jɔː maɪnd/	If you start planning for the big day, it will make things worse if you then <b>change your mind</b> .	zmienić zdanie
<b>circumstances</b> <i>pl n</i>	/ˈsɜːkəmstænsɪz/	Are there any <b>circumstances</b> in which you think it's OK to tell a lie?	okoliczności
<b>completely</b> <i>adv</i>	/kəmˈpliːtli/	I can trust you <b>completely</b> .	całkowicie
<b>cyclone</b> <i>n</i>	/ˈsaɪklən/	A <b>cyclone</b> is a very strong wind that moves in a circle.	cyklon
<b>deeply in love</b>	/ˈdiːpli ɪn lʌv/	I am <b>deeply in love</b> with her, but is this too soon?	bardzo zakochany
<b>detective</b> <i>n</i>	/dɪˈtektɪv/	A <b>detective</b> helps to solve crimes.	detektyw
<b>difficult to get on with</b>	/ˈdɪfɪkəlt tə get ˈɒn wɪð/	I find her sister really <b>difficult to get on with</b> .	(osoba), z którą ciężko się dogadać
<b>dreamily</b> <i>adv</i>	/ˈdriːmli/	The girl looked out the window <b>dreamily</b> .	sennie
<b>drunk</b> <i>adj</i>	/drʌŋk/	He had too much wine and was <b>drunk</b> .	pijany
<b>earthquake</b> <i>n</i>	/ˈɜːθkweɪk/	What were they doing when the <b>earthquake</b> struck?	trzęsienie ziemi
<b>flood</b> <i>n</i>	/flʌd/	A <b>flood</b> is when there is too much water in a river and it comes onto the streets or fields.	powódź
<b>forest fire</b> <i>n</i>	/fɒrɪst ˈfaɪə/	A <b>forest fire</b> is a big fire which can destroy many trees and houses.	pożar lasu
<b>go for it</b>	/ˈgəʊ fɔːr ɪt/	You clearly love this girl and I think you should <b>go for it</b> .	podjąć próbę (zrobienia czegoś)
<b>have second thoughts</b>	/hæv sekənd ˈθɔːts/	It's normal to <b>have second thoughts</b> about the big decisions we make.	przemyśleć coś jeszcze raz
<b>impulse</b> <i>n</i>	/ˈɪmpʌls/	It was an <b>impulse</b> , but now I'm having second thoughts.	impuls
<b>it's worth</b>	/ɪts ˈwɜːθ/	In my opinion, I don't think <b>it's worth</b> making problems at work.	warto
<b>keep in touch</b>	/kiːp ɪn ˈtʌtʃ/	You can always <b>keep in touch</b> with colleagues on your phone.	być w kontakcie (z kimś)
<b>masterfully</b> <i>adv</i>	/ˈmɑːstəfəli/	'Vivienne,' said Hartley, <b>masterfully</b> . 'You must be mine.'	władczo
<b>monsoon</b> <i>n</i>	/mɒnˈsuːn/	A <b>monsoon</b> is when it rains very heavily for three months or more.	monsun
<b>once in a lifetime</b>	/wʌns ɪn ə ˈlaɪftaɪm/	Maybe this is a <b>once in a lifetime</b> moment for her.	raz w życiu
<b>risk</b> <i>v</i>	/rɪsk/	Should I go, and <b>risk</b> having arguments all the time?	ryzykować
<b>scream</b> <i>v</i>	/skriːm/	You <b>scream</b> like a baby.	krzyczeć
<b>separate</b> <i>adj</i>	/ˈseprət/	Should I suggest <b>separate</b> holidays this year?	osobno
<b>storm</b> <i>n</i>	/stɔːm/	A blizzard is a very bad <b>storm</b> with snow and strong winds.	burza
<b>suburbs</b> <i>pl n</i>	/ˈsʌbɜːbz/	I don't live in the city centre – I live in the <b>suburbs</b> .	przedmieścia
<b>suggest</b> <i>v</i>	/səˈdʒest/	Should I <b>suggest</b> separate holidays this year?	sugerować
<b>suspicious</b> <i>adj</i>	/səˈspɪʃəs/	Hartley was <b>suspicious</b> that Vivienne loved another man.	podejrzliwy
<b>tram</b> <i>n</i>	/træm/	Then he left the office and took a <b>tram</b> to Broadway.	tramwaj
<b>trust</b> <i>v</i>	/trʌst/	He's very honest, and I completely <b>trust</b> him.	ufać, wierzyć
<b>tsunami</b> <i>n</i>	/suːˈnɑːmi/	A <b>tsunami</b> is a very large wave in the sea.	tsunami
<b>whisper</b> <i>v</i>	/ˈwɪspə/	<b>Whisper</b> the answer to me, so no one can hear.	szeptać

## More words in File 8

<b>angrily</b> <i>adv</i>	/ˈæŋɡrəli/	They answered the phone <b>angrily</b> .	ze złością
<b>desperate</b> <i>adj</i>	/ˈdespərət/	I'm <b>desperate</b> . Should I phone her now and tell her? What should I do?	zdesperowany
<b>feature</b> <i>n</i>	/ˈfiːtʃə/	Read three problems from a weekly <b>feature</b> in a British newspaper.	artykuł
<b>get advice</b>	/get ədˈvaɪs/	Send us your problem and you will <b>get advice</b> from our readers.	otrzymać poradę



<b>ground</b> <i>n</i>	/graʊnd/	An earthquake is when the <b>ground</b> suddenly shakes very strongly.	ziemia
<b>helpline</b> <i>n</i>	/'helplaɪn/	If you call a telephone <b>helpline</b> , you will have to wait a long time.	pomoc telefoniczna
<b>honeymoon</b> <i>n</i>	/'hʌnɪmuːn/	The Swedish couple went on a three month world trip for their <b>honeymoon</b> .	miesiąc miodowy, podróż poślubna
<b>hyperactive</b> <i>adj</i>	/,haɪpər'æktɪv/	There will be a <b>hyperactive</b> five-year-old in the seat behind you.	nadpobudliwy
<b>lazily</b> <i>adv</i>	/'leɪzɪli/	They got up <b>lazily</b> .	leniwie
<b>marathon</b> <i>n</i>	/'mærəθən/	My wife is running her first <b>marathon</b> in London.	maraton
<b>matter</b> <i>n</i>	/'mætə/	This is a very important <b>matter</b> .	kwestia
<b>obtain</b> <i>v</i>	/əb'teɪn/	Did you <b>obtain</b> a visa?	uzyskać
<b>route</b> <i>n</i>	/ruːt/	Mark their <b>route</b> on the map.	trasa
<b>seriously</b> <i>adv</i>	/'sɪəriəsli/	He takes his job very <b>seriously</b> .	poważnie
<b>smoke</b> <i>n</i>	/sməʊk/	The streets were full of <b>smoke</b> .	dym
<b>weekly</b> <i>adj</i>	/'wi:kli/	Read three problems from a <b>weekly</b> feature in a British newspaper.	cotygodniowy

## File 9

### Vocabulary Banks

#### ANIMALS

<b>bat</b> <i>n</i>	/bæt/	Have you ever seen a <b>bat</b> at night?	nietoperz
<b>bear</b> <i>n</i>	/beə/	I saw a <b>bear</b> when I was on holiday in Canada.	niedźwiedź
<b>bee</b> <i>n</i>	/biː/	There is a <b>bee</b> in that flower.	pszczoła
<b>bird</b> <i>n</i>	/bɜːd/	A parrot is a kind of <b>bird</b> that can talk like a human.	ptak
<b>bull</b> <i>n</i>	/bʊl/	<b>Bull</b> fighting is popular in Spain.	byk
<b>butterfly</b> <i>n</i>	/'bʌtəflaɪ/	That <b>butterfly</b> is very beautiful.	motyl
<b>camel</b> <i>n</i>	/'kæml/	The <b>camel</b> lives in dry, hot places.	wielbłąd
<b>chicken</b> <i>n</i>	/'tʃɪkɪn/	The <b>chicken</b> laid two eggs.	kurczak
<b>cow</b> <i>n</i>	/kaʊ/	The milk of a <b>cow</b> is very popular.	krowa
<b>crocodile</b> <i>n</i>	/'krɒkədɪl/	We saw a <b>crocodile</b> in the water when we were in northern Australia.	krokodyl
<b>dolphin</b> <i>n</i>	/'dɒlfɪn/	The <b>dolphin</b> is the friendliest animal in the sea.	delfin
<b>elephant</b> <i>n</i>	/'elɪfənt/	We saw a big <b>elephant</b> on safari in Africa.	słoń
<b>fly</b> <i>n</i>	/flaɪ/	That <b>fly</b> is very annoying.	mucha
<b>giraffe</b> <i>n</i>	/dʒə'reɪf/	I really enjoyed seeing the <b>giraffe</b> at the zoo.	żyrafa
<b>goat</b> <i>n</i>	/ɡəʊt/	My uncle has cows, sheep, and a <b>goat</b> on his farm.	koza
<b>horse</b> <i>n</i>	/hɔːs/	There is a field with a white <b>horse</b> in it behind our house.	koń
<b>jellyfish</b> <i>n</i>	/'dʒelɪfɪʃ/	It hurts when a <b>jellyfish</b> stings you.	meduza
<b>kangaroo</b> <i>n</i>	/'kæŋɡə'ruː/	The <b>kangaroo</b> is an Australian animal.	kangur
<b>lion</b> <i>n</i>	/'laɪən/	The <b>lion</b> is often called the king of the jungle.	lew
<b>monkey</b> <i>n</i>	/'mʌŋki/	Is that a <b>monkey</b> up in the trees?	małpa
<b>mosquito</b> <i>n</i>	/mə'ski:təʊ/	Is that a <b>mosquito</b> bite on your arm?	komar
<b>mouse</b> <i>n</i>	/maʊs/	There's a <b>mouse</b> in the kitchen. Get it out!	mysz
<b>pig</b> <i>n</i>	/pɪɡ/	A <b>pig</b> is quite an intelligent animal.	świnia
<b>rabbit</b> <i>n</i>	/'ræbɪt/	My daughter has a pet <b>rabbit</b> .	królik
<b>shark</b> <i>n</i>	/ʃɑːk/	I don't like to swim in the sea because I'm scared I'll see a <b>shark</b> .	rekin
<b>sheep</b> <i>n</i>	/ʃiːp/	Jumpers are made from the wool of <b>sheep</b> .	owca
<b>snake</b> <i>n</i>	/sneɪk/	We saw a <b>snake</b> , but it wasn't a dangerous one.	wąż

<b>spider</b> <i>n</i>	/ˈspaɪdə/
<b>tiger</b> <i>n</i>	/ˈtaɪɡə/
<b>whale</b> <i>n</i>	/weɪl/

There is a large <b>spider</b> in the bathroom.	pająk
A <b>tiger</b> is a beautiful animal with black and orange stripes.	tygrys
The blue <b>whale</b> is the biggest animal in the world.	wieloryb

## Useful words and phrases

<b>abnormal</b> <i>adj</i>	/æbˈnɔːml/
<b>aggressive</b> <i>adj</i>	/əˈɡresɪv/
<b>allergic</b> <i>adj</i>	/əˈlɜːdʒɪk/
<b>bark</b> <i>v</i>	/bɑːk/
<b>bite</b> <i>v</i>	/baɪt/
<b>brain</b> <i>n</i>	/breɪn/
<b>complicated</b> <i>adj</i>	/ˈkɒmplɪkeɪtɪd/
<b>cure</b> <i>n</i>	/kjʊə/
<b>drug</b> <i>n</i>	/drʌɡ/
<b>effective</b> <i>adj</i>	/ɪˈfektɪv/
<b>float</b> <i>v</i>	/fləʊt/
<b>fur coat</b> <i>n</i>	/fɜː kəʊt/
<b>guinea pig</b> <i>n</i>	/ˈɡɪni pɪɡ/
<b>insects</b> <i>pl n</i>	/ˈɪnsekt/
<b>keep still</b> <i>v</i>	/kiːp stɪl/
<b>logical</b> <i>adj</i>	/ˈlɒdʒɪkl/
<b>lottery</b> <i>n</i>	/ˈlɒtəri/
<b>memory</b> <i>n</i>	/ˈmeməri/
<b>overcome</b> <i>v</i>	/ˌəʊvəˈkʌm/
<b>panic</b> <i>n</i>	/ˈpænik/
<b>phobia</b> <i>n</i>	/ˈfəʊbiə/
<b>placebo</b> <i>n</i>	/ˈpləːsiːbəʊ/
<b>poisonous</b> <i>adj</i>	/ˈpɔɪzənəs/
<b>safari</b> <i>n</i>	/səˈfɑːri/
<b>shore</b> <i>n</i>	/ʃɔː/
<b>shout</b> <i>v</i>	/ʃaʊt/
<b>sting</b> <i>n</i>	/stɪŋ/
<b>suck</b> <i>v</i>	/sʌk/
<b>sweat</b> <i>v</i>	/swet/
<b>therapy</b> <i>n</i>	/ˈθerəpi/

A phobia is a very strong and <b>abnormal</b> fear or dislike of something.	nienormalny
What would you do if a large <b>aggressive</b> animal ran towards you?	agresywny
Are you <b>allergic</b> to any animals?	uczulony
Sometimes our neighbour's dog will <b>bark</b> all night.	szczekać
Did the snake <b>bite</b> you?	ugryźć
The drug causes changes to part of the <b>brain</b> used in learning and memory.	mózg
Which do you think makes the sufferers' lives most <b>complicated</b> ?	skomplikowany
Doctors have found a <b>cure</b> for people with phobias.	lek
There is a <b>drug</b> that can help people to overcome their phobias.	lekarstwo
The new drug could be used to make this therapy more <b>effective</b> .	skuteczny
I would <b>float</b> in the water and pretend to be dead.	dryfować
What would you do if someone offered to buy you a <b>fur coat</b> ?	futro
David Loosmore would happily be a <b>guinea pig</b> for the pill.	królik doświadczalny
Are there any animals or <b>insects</b> you are really afraid of?	owady
I would <b>keep still</b> and look it straight in the eyes.	zachować spokój
Number the expressions in what you think is the most <b>logical</b> order.	logiczny
If I won a lot of money in the <b>lottery</b> , I would buy a house.	loteria
The drug causes changes to part of the brain used in learning and <b>memory</b> .	pamięć
There is a drug that can help people to <b>overcome</b> their phobias.	przezwyciężyć
They often feel <b>panic</b> when they go out and only feel safe at home.	panika
People with this <b>phobia</b> are terrified of spiders.	fobia
The people who took the pill felt less afraid than those who took a <b>placebo</b> .	placebo
What would you do if a <b>poisonous</b> snake bit you on the leg?	jadowity
If you went on a <b>safari</b> , what animal would you most like to see?	safari
What would you do if you were in the sea quite near the <b>shore</b> when you saw a shark?	brzeg
I would <b>shout</b> 'down' at it several times.	krzyczeć
I would rub the <b>sting</b> with a towel to clean it.	ukąszenie
I would <b>suck</b> the bite to get the poison out.	ssać
Getting on the plane is hard and when the plane takes off I start to <b>sweat</b> .	pocić się
The normal treatment for people with phobias is exposure <b>therapy</b> .	terapia

<b>tie</b> <i>v</i>	/taɪ/	I would <b>tie</b> something, e.g. a scarf on my leg above the bite.	zawiazać
<b>treatment</b> <i>n</i>	/ˈtri:tmənt/	The normal <b>treatment</b> for people with phobias is exposure therapy.	postępowanie
<b>vinegar</b> <i>n</i>	/ˈvɪnɪɡə/	I would wash the sting with <b>vinegar</b> or sea water.	ocet
<b>wave</b> <i>v</i>	/weɪv/	I would <b>wave</b> my hand to make it go out.	pomachać
<b>More words in File 9</b>			
<b>backwards</b> <i>adv</i>	/ˈbækwədz/	I would put my hands in my pockets and walk slowly <b>backwards</b> .	wstecz
<b>balcony</b> <i>n</i>	/ˈbælkəni/	I get very nervous if I go up high, for example on a <b>balcony</b> on the 20th floor.	balkon
<b>cancer</b> <i>n</i>	/ˈkænsə/	He injured his foot playing football and he later became ill with <b>cancer</b> .	nowotwór, rak
<b>captain</b> <i>n</i>	/ˈkæptɪn/	His father was a <b>captain</b> in the British army.	kapitan
<b>organization</b> <i>n</i>	/ˌɔ:ɡənəɪˈzeɪʃn/	Are you a member of a club or <b>organization</b> ?	organizacja
<b>pockets</b> <i>pl n</i>	/ˈpɒkɪts/	I would put my hands in my <b>pockets</b> and walk slowly backwards.	kieszenie
<b>primary school</b> <i>n</i>	/ˈpraɪməri sku:l/	My seven-year-old son goes to <b>primary school</b> .	szkoła podstawowa
<b>public speaking</b> <i>n</i>	/ˈpʌblɪk spi:kɪŋ/	The actor Harrison Ford has been afraid of <b>public speaking</b> all his life.	występy publiczne
<b>reggae</b> <i>n</i>	/ˈreɡeɪ/	Bob Marley (1945–1981) is often called the father of <b>reggae</b> .	reggae
<b>respected</b> <i>adj</i>	/rɪˈspektɪd/	His eldest son Ziggy is a very <b>respected</b> reggae musician.	szanowany
<b>retire</b> <i>v</i>	/rɪˈtaɪə/	I want to <b>retire</b> at 65.	przejsć na emeryturę
<b>secondary school</b> <i>n</i>	/ˈsekəndri sku:l/	My 14-year-old daughter goes to <b>secondary school</b> .	szkoła średnia
<b>top floor flat</b> <i>n</i>	/tɒp flɔ: flæt/	Do you live in a <b>top floor flat</b> ?	mieszkanie na ostatnim piętrze

## File 10

### Useful words and phrases

<b>base</b> <i>v</i>	/ˈbeɪs/	Did you <b>base</b> your design on something else?	oprzeć (na czymś)
<b>behaviour</b> <i>n</i>	/brɪˈheɪvjə/	Everything he does is spoiled by his attitude and his bad <b>behaviour</b> .	zachowanie
<b>biology</b> <i>n</i>	/baɪˈɒlədʒi/	<b>Biology</b> usually studies humans, animals, or plants.	biologia
<b>board game</b> <i>n</i>	/ˈbɔ:d geɪm/	‘Monopoly’ is a popular <b>board game</b> .	gra planszowa
<b>bullet-proof vest</b> <i>n</i>	/ˈbʊlɪt pru:f vest/	The <b>bullet-proof vest</b> is used by the police all over the world.	kamizelka kuloodporna
<b>cash machine</b> <i>n</i>	/kæʃ məˈʃi:n/	The <b>cash machine</b> wasn’t invented until 1967.	bankomat
<b>chemistry</b> <i>n</i>	/ˈkemɪstri/	<b>Chemistry</b> helps us understand what things are made of.	chemia
<b>design</b> <i>v</i>	/dɪˈzaɪn/	To <b>design</b> a new building, you need to draw a plan that shows how to make it.	zaprojektować
<b>discover</b> <i>v</i>	/dɪˈskʌvə/	Scientists are still trying to <b>discover</b> a cure for cancer.	odkryć
<b>disposable</b> <i>adj</i>	/dɪˈspəʊzəbl/	How many <b>disposable</b> nappies are used every day?	jednorazowy
<b>focus</b> <i>n</i>	/ˈfəʊkəs/	In which sentence is the <b>focus</b> more on the dishwasher?	skupienie
<b>fundamental</b> <i>adj</i>	/ˌfʌndəˈmentl/	They said it had 52 <b>fundamental</b> errors including taking too long to play.	podstawowy
<b>geography</b> <i>n</i>	/dʒɪˈɒɡrəfi/	<b>Geography</b> is the study of humans and the world.	geografia
<b>hair drier</b> <i>n</i>	/heə ˈdraɪə/	I need a <b>hair drier</b> to dry my hair.	suszarka do włosów
<b>hammer</b> <i>n</i>	/ˈhæmə/	Tins used to be opened with difficulty using a knife and a <b>hammer</b> .	młotek

<b>information technology</b> <i>n</i>	/ˌɪnfə'meɪʃn tek,nɒlədʒi/	<b>Information technology</b> is the study of computing.	informatyka
<b>invent</b> <i>v</i>	/ɪn'vent/	I have lots of ideas of things I'd like to <b>invent</b> .	wynaleźć
<b>invention</b> <i>n</i>	/ɪn'venʃn/	Mrs Graham's <b>invention</b> is called Tipp-Ex today.	wynalazek
<b>logo</b> <i>n</i>	/'ləʊgəʊ/	The Nike <b>logo</b> is world-famous.	logo
<b>marks</b> <i>pl n</i>	/mɑ:ks/	I didn't use to study a lot but got good <b>marks</b> .	oceny
<b>material</b> <i>n</i>	/mə'tɪəriəl/	What was special about the <b>material</b> Stephanie Kwolek invented?	materiał
<b>maths</b> <i>n</i>	/mæθs/	I'm not good with numbers so I don't like <b>maths</b> .	matematyka
<b>nappies</b> <i>pl n</i>	/'næpi:z/	How many disposable <b>nappies</b> are used every day?	pieluchy
<b>novel</b> <i>n</i>	/'nɒvl/	The film was based on a famous <b>novel</b> .	powieść
<b>physical education</b> <i>n</i>	/'fɪzɪkl ˌedʒu'keɪʃn/	<b>Physical education</b> is sport at school.	wychowanie fizyczne
<b>physics</b> <i>n</i>	/'fɪzɪks/	Many people think <b>physics</b> is the hardest subject at school.	fizyka
<b>president</b> <i>n</i>	/'prezɪdnt/	The company <b>president</b> saw the game and took it home to try it.	prezes
<b>psychology</b> <i>n</i>	/saɪ'kɒlədʒi/	Like Holmes, House uses his knowledge of <b>psychology</b> to solve cases.	psychologia
<b>religious education</b> <i>n</i>	/'rɪlɪdʒəs ˌedʒu'keɪʃn/	<b>Religious education</b> is an important part of school in many countries.	religia
<b>report</b> <i>n</i>	/'rɪpɔ:t/	When you were at school did you get a <b>report</b> at the end of every year?	świadectwo
<b>science</b> <i>n</i>	/'saɪəns/	Chemistry, biology, and physics are all <b>science</b> subjects.	nauki ścisłe
<b>starting point</b> <i>n</i>	/'stɑ:tɪŋ pɔɪnt/	The internet was the <b>starting point</b> for so many technologies.	początek
<b>subjects</b> <i>pl n</i>	/səb'dʒektz/	Did you study any other <b>subjects</b> at primary or secondary school?	przedmioty (w szkole)

## More words in File 10

<b>arithmetic</b> <i>n</i>	/ə'riθmətɪk/	Kenneth is good at <b>arithmetic</b> .	arytmetyka
<b>attitude</b> <i>n</i>	/'ætɪtju:d/	Everything he does is spoiled by his <b>attitude</b> and his bad behaviour.	postawa
<b>author</b> <i>n</i>	/'ɔ:θə/	Ken Follett is the best-selling <b>author</b> of The Pillars of the Earth.	autor
<b>choice</b> <i>n</i>	/tʃɔɪs/	Too much <b>choice</b> is making us feel unhappy and dissatisfied.	wybór
<b>compulsory</b> <i>adj</i>	/kəm'pʌlsəri/	Education is <b>compulsory</b> until 18 or 19 in many countries.	obowiązkowy
<b>confuse</b> <i>v</i>	/kən'fju:z/	It is easy to <b>confuse</b> him.	wprawiać w zakłopotanie
<b>confusion</b> <i>n</i>	/kən'fju:zn/	He got lost in the <b>confusion</b> .	zamieszanie
<b>curious</b> <i>adj</i>	/'kjʊəriəs/	He is so <b>curious</b> . He wants to know everything.	ciekawski
<b>decision</b> <i>n</i>	/dɪ'sɪzn/	Do you ever worry about making the wrong <b>decision</b> ?	decyzja
<b>decisive</b> <i>adj</i>	/dɪ'saɪsɪv/	Do you know anybody who is very <b>decisive</b> ?	stanowczy
<b>disorganized</b> <i>adj</i>	/dɪs'ɔ:gənəɪzd/	I used to be very <b>disorganized</b> , for example I often left my books at home.	źle zorganizowany
<b>dissatisfied</b> <i>adj</i>	/dɪs'sætɪsfaid/	Too much choice is making us feel unhappy and <b>dissatisfied</b> .	niezadowolony
<b>educate</b> <i>v</i>	/'edʒukeɪt/	Teachers try to <b>educate</b> students.	edukować
<b>education</b> <i>n</i>	/'edʒu'keɪʃn/	I enjoyed <b>education</b> after primary school.	edukacja
<b>elect</b> <i>v</i>	/'ɪlekt/	Who did you <b>elect</b> to do the task?	wybierać
<b>flowery</b> <i>adj</i>	/'flaʊəri/	Helen must learn not to use such <b>flowery</b> language.	kwiecisty
<b>imagination</b> <i>n</i>	/'ɪmædʒɪ'neɪʃn/	He has a really good <b>imagination</b> and is so good at thinking up stories.	wyobrażnia
<b>indecisive</b> <i>adj</i>	/'ɪndɪ'saɪsɪv/	I'm quite <b>indecisive</b> so I find it hard to make decisions.	mało stanowczy, niezdecydowany
<b>nickname</b> <i>n</i>	/'nɪkneɪm/	Did you use to have a <b>nickname</b> ?	przezwyśko



<b>opt</b> v	/ɒpt/	Which one did you <b>opt</b> for?	zdecydować się
<b>options</b> pl n	/'ɒpʃnz/	We have so many <b>options</b> that making a decision is stressful.	możliwości
<b>possibilities</b> pl n	/'pɒsə'bɪlətɪz/	Deciding which TV channel to watch is difficult when there are so many <b>possibilities</b> .	możliwości
<b>researcher</b> n	/'riːsɜːtʃə/	A <b>researcher</b> has discovered that too much choice makes us feel unhappy.	badacz, badaczka
<b>same sex school</b> n	/seɪm seks 'skuːl/	Who didn't like being at a <b>same-sex school</b> ?	szkoła wyłącznie męska lub żeńska
<b>spoil</b> v	/spɔɪl/	Don't let your bad behaviour <b>spoil</b> your good marks.	zepsuć, zmarnować

## File 11

### Vocabulary Banks

#### EXPRESSING MOVEMENT

<b>across</b> prep	/ə'krɒs/	The bank is just <b>across</b> the road.	naprzeciwko, po drugiej stronie
<b>along</b> prep	/ə'lɒŋ/	We went for a walk <b>along</b> the street.	wzdłuż
<b>come back</b> phr v	/kʌm 'bæk/	He's leaving, and he doesn't know if he'll <b>come back</b> .	wrócić
<b>down</b> prep	/daʊn/	She went <b>down</b> the steps five minutes ago.	w dół, do dołu
<b>get off</b> phr v	/get 'ɒf/	<b>Get off</b> the bus at the railway station.	wysiąść
<b>Go away!</b> phr v	/gəʊ ə'weɪ/	<b>Go away!</b> I don't want to speak to you.	Odejdź!
<b>go back</b> phr v	/gəʊ 'bæk/	I'm tired. Can we <b>go back</b> home now?	wracać
<b>in</b> prep	/ɪn/	What sports can you see <b>in</b> the photos?	na, w
<b>into</b> prep	/'ɪntə/	I just need to go <b>into</b> the shop for something.	do
<b>out</b> prep	/aʊt/	I certainly can't go <b>out</b> for a wild night during the week.	na zewnątrz
<b>out of</b> prep	/aʊt ɒv/	Go <b>out of</b> the shop and cross the road.	z, ze
<b>over</b> prep	/'əʊvə/	Go <b>over</b> the bridge and turn left.	przez, ponad, powyżej
<b>past</b> prep	/pɑːst/	It's <b>past</b> the church and next to the post office.	za
<b>round / around</b> prep	/raʊnd / ə'raʊnd/	They went for a run <b>around</b> the lake.	wokół / dookoła
<b>run away</b> phr v	/rʌn ə'weɪ/	When she was a child, she once tried to <b>run away</b> from home.	uciekać
<b>run off</b> phr v	/rʌn 'ɒf/	The man tried to <b>run off</b> when he saw the policeman.	uciekać
<b>through</b> prep	/θruː/	I go <b>through</b> the tunnel every day.	przez
<b>towards</b> prep	/tə'wɔːdz/	Walk <b>towards</b> the lake and you can see my house on the right.	w kierunku
<b>under</b> prep	/'ʌndə/	The car went <b>under</b> the bridge.	pod
<b>up</b> prep	/ʌp/	Go <b>up</b> the steps and turn right.	do góry, w górę

#### PHRASAL VERBS

<b>be over</b> phr v	/bi 'əʊvə/	The match will <b>be over</b> at about 5.30 p.m.	skończyć się
<b>call back</b> phr v	/kɔːl 'bæk/	He's out. Could you <b>call back</b> later?	zadzwoń ponownie
<b>come on</b> phr v	/kʌm 'ɒn/	<b>Come on!</b> Let's go.	no, proszę
<b>fill in</b> phr v	/fɪl 'ɪn/	Could you <b>fill in</b> this form?	wypełnić
<b>find out</b> phr v	/faɪnd 'aʊt/	I want to <b>find out</b> about hotels in Madrid.	dowiedzieć się
<b>get on with</b> phr v	/get 'ɒn wɪð/	I don't <b>get on with</b> Anna. She's really annoying.	lubić kogoś, mieć z kimś dobre stosunki
<b>get up</b> phr v	/get 'ʌp/	I <b>get up</b> at 10.00 a.m. every morning.	wstawać
<b>give back</b> phr v	/ɡɪv 'bæk/	When can you <b>give back</b> that book you borrowed?	oddać
<b>give up</b> phr v	/ɡɪv 'ʌp/	I need to <b>give up</b> smoking.	rzucić
<b>go away</b> phr v	/gəʊ ə'weɪ/	I want to <b>go away</b> for the weekend. I need a break.	odejść, wyjechać
<b>go out</b> phr v	/gəʊ 'aʊt/	Let's <b>go out</b> to a restaurant tonight.	wyjść
<b>look after</b> phr v	/lʊk 'ɑːftə/	My sister said she would <b>look after</b> Jimmy for me today.	opiekować się

<b>look for</b> <i>phr v</i>	/ˈlʊk fɔː/	Can you help me <b>look for</b> my key? I've lost it!	szukać
<b>look forward to</b> <i>phr v</i>	/lʊk ˈfɔːwəd tə/	I <b>look forward to</b> seeing you soon.	oczekiwać, czekać
<b>look up</b> <i>phr v</i>	/ˈlʊk ʌp/	You should <b>look up</b> words you don't know in the dictionary.	wyszukać
<b>pay back</b> <i>phr v</i>	/peɪ ˈbæk/	Did I <b>pay back</b> the money I borrowed from you?	oddać pieniądze
<b>pick up</b> <i>phr v</i>	/pɪk ˈʌp/	<b>Pick up</b> these clothes from the floor.	podnieść
<b>put away</b> <i>phr v</i>	/pʊt əˈweɪ/	Your room is a mess. Can you <b>put away</b> your clothes?	odłożyć
<b>put on</b> <i>phr v</i>	/pʊt ˈɒn/	It's bedtime – go and <b>put on</b> your pyjamas.	założyć (ubranie)
<b>sit down</b> <i>phr v</i>	/sɪt ˈdaʊn/	Please, <b>sit down</b> and relax.	usiąść
<b>stand up</b> <i>phr v</i>	/stænd ˈʌp/	It's polite to <b>stand up</b> when your manager comes in.	wstać
<b>take back</b> <i>phr v</i>	/teɪk ˈbæk/	I think I'll <b>take back</b> these jeans I bought. They're too small.	zwrócić
<b>take off</b> <i>phr v</i>	/teɪk ˈɒf/	Could you <b>take off</b> your boots, please?	zdyć (ubranie)
<b>throw away</b> <i>phr v</i>	/θrəʊ əˈweɪ/	Don't <b>throw away</b> that letter!	wyrzucić
<b>try on</b> <i>phr v</i>	/traɪ ˈɒn/	I'm going to <b>try on</b> these jeans.	przymierzyć
<b>turn down</b> <i>phr v</i>	/tɜːn ˈdaʊn/	<b>Turn down</b> the music! It's very loud.	sciszyć
<b>turn off</b> <i>phr v</i>	/tɜːn ˈɒf/	There's nothing on. Shall I <b>turn off</b> the TV?	wyłączyć
<b>turn on</b> <i>phr v</i>	/tɜːn ˈɒn/	Could you <b>turn on</b> the TV? There's a good movie on.	włączyć
<b>turn up</b> <i>phr v</i>	/tɜːn ˈʌp/	<b>Turn up</b> the TV! I can't hear.	pogłośnić
<b>write down</b> <i>phr v</i>	/raɪt ˈdaʊn/	<b>Write down</b> my address or you might forget it.	zapisać

## Useful words and phrases

<b>athletics</b> <i>n</i>	/æθˈletɪks/	Running is an <b>athletics</b> event.	lekkoatletyka
<b>bad loser</b> <i>n</i>	/bæd ˈluːzə/	My brother is a really <b>bad loser</b> .	osoba, która nie umie przegrywać
<b>baseball</b> <i>n</i>	/ˈbeɪsbɔːl/	They are called umpires in tennis and <b>baseball</b> .	baseball
<b>basketball</b> <i>n</i>	/ˈbɑːskɪtbɔːl/	In <b>basketball</b> you have to throw the ball through a ring with a basket.	koszykówka
<b>beat</b> <i>v</i>	/biːt/	England <b>beat</b> Germany 5–1.	pokonać
<b>blame</b> <i>v</i>	/bleɪm/	Don't <b>blame</b> your defeat on the referees.	obwiniać
<b>boxing</b> <i>n</i>	/ˈbɒksɪŋ/	<b>Boxing</b> is a fight, usually between two men.	boks
<b>coach</b> <i>n</i>	/kəʊtʃ/	My tennis <b>coach</b> has really helped me improve my game.	trener
<b>contract</b> <i>n</i>	/ˈkɒntrækt/	Luciano Gaucci announced that the player's <b>contract</b> would not be renewed.	kontrakt
<b>cycling</b> <i>n</i>	/ˈsaɪklɪŋ/	I usually go <b>cycling</b> at the weekend.	jazda na rowerze
<b>defeat</b> <i>n</i>	/dɪˈfiːt/	Don't blame your <b>defeat</b> on the referees.	przegrana
<b>dehydrated</b> <i>adj</i>	/ˌdiːhaɪˈdreɪtɪd/	We're making him drink water because he's becoming <b>dehydrated</b> .	odwodniony
<b>dignity</b> <i>n</i>	/ˈdɪɡnəti/	The hardest lesson to learn in sport is how to lose with <b>dignity</b> .	godność
<b>disqualify</b> <i>v</i>	/dɪsˈkwɒlɪfaɪ/	They will <b>disqualify</b> you if you try to cheat.	dyskwalifikować
<b>false start</b> <i>n</i>	/ˈfɔːls ˈstɑːt/	Jon Drummond was disqualified for a <b>false start</b> .	falstart
<b>fool</b> <i>n</i>	/fuːl/	He also called the umpire 'an incompetent <b>fool</b> '!	głupiec
<b>football</b> <i>n</i>	/ˈfʊtbɔːl/	In <b>football</b> you have to kick the ball into a goal.	piłka nożna
<b>football club</b> <i>n</i>	/ˈfʊtbɔːl klʌb/	But Jung-Hwan also played for the Italian <b>football club</b> Perugia.	klub piłkarski
<b>furious</b> <i>adj</i>	/ˈfjʊəriəs/	He became <b>furious</b> and shouted 'You cannot be serious!' at the umpire.	wściekły
<b>golf</b> <i>n</i>	/ɡɒlf/	In <b>golf</b> you have to get a small ball into a hole far away.	golf
<b>handball</b> <i>n</i>	/ˈhændbɔːl/	<b>Handball</b> is like football but you use your hands, not your feet.	piłka ręczna
<b>hockey</b> <i>n</i>	/ˈhɒki/	I play <b>hockey</b> at school.	hokej
<b>incompetent</b> <i>adj</i>	/ɪnˈkɒmpɪtənt/	He also called the umpire 'an <b>incompetent</b> fool'!	niekompetentny
<b>insult</b> <i>v</i>	/ɪnˈsʌlt/	He tried to <b>insult</b> the referee.	obrażać

<b>intention</b> <i>n</i>	/ɪn'tenʃn/	I have no <b>intention</b> of paying a salary to somebody who has ruined Italian football.	zamiar, intencja
<b>motor racing</b> <i>n</i>	/'məʊtə reɪsɪŋ/	Formula 1 is a famous <b>motor racing</b> event.	wyścigi (samochodowe)
<b>opponent</b> <i>n</i>	/ə'pəʊnənt/	Don't refuse to shake hands with your <b>opponent</b> .	przeciwnik
<b>referee</b> <i>n</i>	/ˌrefə'reɪ/	A <b>referee</b> or umpire is an official who makes the players obey the rules.	sędzia
<b>refuse</b> <i>v</i>	/rɪ'fjuːz/	Don't <b>refuse</b> to shake hands with your opponent.	odmawiać
<b>rugby</b> <i>n</i>	/'rʌɡbi/	<b>Rugby</b> doesn't have a round ball and you have to throw it backwards.	rugby
<b>score a goal</b> <i>v</i>	/skɔːr ə ɡəʊl/	How was the match? Did you <b>score a goal</b> ?	strzelić bramkę
<b>skiing</b> <i>n</i>	/'skiːɪŋ/	<b>Skiing</b> holidays are popular in winter.	narciarstwo
<b>tennis</b> <i>n</i>	/'tenɪs/	In <b>tennis</b> you have to hit the ball over a net.	tenis
<b>umpire</b> <i>n</i>	/'ʌmpaɪə/	A referee or <b>umpire</b> is an official who makes the players obey the rules.	sędzia
<b>volleyball</b> <i>n</i>	/'vɒlɪbɔːl/	<b>Volleyball</b> is often played on a beach.	siatkówka
<b>windsurfing</b> <i>n</i>	/'wɪndzɜːfɪŋ/	You need a strong wind to go <b>windsurfing</b> .	windsurfing

## More words in File 11

<b>bunker</b> <i>n</i>	/'bʌŋkə/	The <b>bunker</b> in golf is full of sand.	przeszkoda (na polu golfowym)
<b>buzz</b> <i>n</i>	/bʌz/	The <b>buzz</b> of being 'live' on the radio is really wonderful.	podniecenie, podekscytowanie
<b>coincidence</b> <i>n</i>	/kəʊ'ɪnsɪdəns/	It was a <b>coincidence</b> that both boys were called 'Jim' by their new parents.	zbieg okoliczności
<b>concentrate</b> <i>v</i>	/'kɒnsntreɪt/	I can't <b>concentrate</b> with that music on.	koncentrować się
<b>energetic</b> <i>adj</i>	/ˌenə'dʒetɪk/	I feel awake and <b>energetic</b> in the morning.	pełen energii
<b>goal</b> <i>n</i>	/ɡəʊl/	In football you have to kick the ball into a <b>goal</b> .	bramka
<b>hole</b> <i>n</i>	/həʊl/	The aim of golf is to get a small ball into a small <b>hole</b> .	dziura
<b>identical</b> <i>adj</i>	/aɪ'dentɪkl/	When Jim Lewis was six years old, he discovered that he had an <b>identical</b> twin brother.	identyczny
<b>lap</b> <i>n</i>	/ləp/	This is a short race – only one <b>lap</b> .	okrążenie
<b>match point</b> <i>n</i>	/ˌmætʃ 'pɔɪnt/	It's <b>match point</b> to Murray.	piłka meczowa
<b>net</b> <i>n</i>	/net/	In tennis you have to hit the ball over a <b>net</b> .	siatka
<b>penalty</b> <i>n</i>	/'penəlti/	Hand ball! That must be a <b>penalty</b> .	rzut karny
<b>season</b> <i>n</i>	/'siːzn/	It depends on the <b>season</b> . I find I need much more sleep in the winter.	pora roku
<b>serve</b> <i>v</i>	/sɜːv/	In tennis it's important to learn how to <b>serve</b> the ball skilfully.	serwować
<b>track</b> <i>n</i>	/træk/	The marathon finishes on the <b>track</b> in the stadium.	bieżnia
<b>twin</b> <i>n</i>	/twin/	When Jim Lewis was six years old, he discovered that he had an identical <b>twin</b> brother.	bliźniak
<b>World Cup</b> <i>n</i>	/ˌwɜːld 'kʌp/	England won the Rugby <b>World Cup</b> in 2003 by beating Australia in the last minute of the match.	Puchar Świata

## File 12

### Useful words and phrases

<b>arrest</b> <i>v</i>	/ə'rest/	He arrived at his local police station and said 'Please <b>arrest</b> me again!'	areszt
<b>build connections</b>	/bɪld kə'nekʃnz/	Gossip can be a positive thing when people use it to <b>build connections</b> with other people.	budować związki, relacje
<b>feel guilty</b>	/fiːl 'ɡɪlti/	Sometimes we might <b>feel guilty</b> if we gossip about other people.	, būntudata vanczuć się winnym
<b>genes</b> <i>pl n</i>	/dʒiːnz/	McAndrew believes that gossiping is in our <b>genes</b> .	geny
<b>gossip</b> <i>n, v</i>	/'ɡɒsɪp/	Who do people most often <b>gossip</b> about?	plotka, plotkować

<b>in general</b>	/ɪn ˈdʒenrəl/	<b>In general</b> , men share gossip with their wives or girlfriends, not their male friends.	generalnie, ogólnie
<b>kettle</b> <i>n</i>	/'kɛtl/	Put the <b>kettle</b> on. I need a cup of tea.	czajnik
<b>local</b> <i>adj</i>	/'ləʊkl/	The dog had run away and gone to the <b>local</b> railway station.	miejscowy
<b>microchip</b> <i>n</i>	/'maɪkrəʊtʃɪp/	Thanks to a <b>microchip</b> in its neck, they discovered that its name was Diesel.	mikrochip
<b>microwave</b> <i>n</i>	/'maɪkrəweɪv/	She said she left the dinner in the <b>microwave</b> .	kuchenka mikrofalowa
<b>nanny</b> <i>n</i>	/'næni/	We have a <b>nanny</b> to look after our children.	niania, opiekunka
<b>neighbour</b> <i>n</i>	/'neɪbə/	He left the dog with a <b>neighbour</b> .	sąsiad
<b>pass on</b> <i>phr v</i>	/pɑːs ˈɒn/	Research has shown that people were happy to <b>pass on</b> good news about their friends.	przekazywać (informacje)
<b>pleasure</b> <i>n</i>	/'pleʒə/	McAndrew believes that we feel <b>pleasure</b> when we share interesting information.	przyjemność
<b>pottery</b> <i>n</i>	/'pɒtəri/	I made a vase in my <b>pottery</b> class.	ceramika
<b>prison</b> <i>n</i>	/'prɪzn/	He was freed early from <b>prison</b> on the condition that he promised to live with his parents.	więzienie
<b>private life</b> <i>n</i>	/'praɪvət laɪf/	To gossip is to talk about other people, especially their <b>private life</b> .	życie prywatne
<b>robber</b> <i>n</i>	/'rɒbə/	The <b>robber</b> took all our money and jewellery.	złodziej
<b>security guard</b> <i>n</i>	/sɪ'kjʊərəti ɡɑːd/	Lewis was a <b>security guard</b> and Springer was a deputy sheriff.	ochroniarz
<b>selection</b> <i>n</i>	/sɪ'lekʃn/	Here is our <b>selection</b> of last week's true stories.	wybór
<b>slippers</b> <i>pl n</i>	/'slɪpəz/	I wear <b>slippers</b> , not shoes, inside the house.	kapcie
<b>social skill</b> <i>n</i>	/'səʊʃl skɪl/	McAndrew says that gossiping is a <b>social skill</b> , and we need to learn to do it well.	umiejętność społeczna
<b>supper</b> <i>n</i>	/'sʌpə/	What shall we eat for <b>supper</b> ?	kolacja