

Pre-intermediate Polish wordlist

File 1

Vocabulary Banks

DESCRIBING PEOPLE

bald adj	/bɔ:ld/	He's bald . He's got no hair.	łysy
beard adj	/bɪəd/	He has a beard and a moustache.	broda
big adj	/bɪg/	In the UK women often wear big hats at weddings.	duży
blue adj	/blu:/	She has big blue eyes.	niebieski
clever adj	/'klevə/	He is very clever . He is quick at learning and understanding things.	bystry
curly adj	'kɜ:li/	She has curly red hair.	kręcony
extrovert n	'ekstrəvɜ:t/	He's such an extrovert . He loves it when everyone looks at him.	ekstrawertyk
fat adj	/fæt/	My dog is quite old, and a bit fat .	gruby
friendly adj	'frendli/	The students at my college are very friendly .	przyjacielski
fun adj	/fʌn/	A person who is fun is a person who you have a good time with.	fajny
funny adj	'fʌni/	A person who is funny makes you laugh.	zabawny
generous adj	/'dʒenərəs/	A person who likes giving people things is generous .	szczodry
hard-working adj	/hɑ:d 'wɜ:kɪŋ/	She never stops. She is so hard-working .	pracowity
height n	/haɪt/	He's medium height and very thin.	wzrost
kind adj	/kaɪnd/	Thank you for the present – you are very kind .	uprzejmy
lazy adj	/'leɪzi/	A person who doesn't want to work is lazy .	leniwy
long adj	/lɒŋ/	She has long straight hair.	długi
mean adj	/mi:n/	He's not very nice. He can be quite mean .	złośliwy
moustache adj	/mə'sta:ʃ/	He has a beard and a moustache .	wąsy
nice adj	/naɪs/	He's a very nice person.	miły
overweight adj	/,əʊvə'weɪt/	He's quite short and a bit overweight .	z nadwagą
quiet adj	/'kwaɪət/	She is really quiet . She doesn't say much.	cichy
red adj	/red/	She has curly red hair.	rudy
serious adj	/'sɪəriəs/	He is very serious . He doesn't like to have fun.	poważny
short adj	/ʃɔ:t/	He's quite short and a bit overweight.	niski
shy adj	/ʃaɪ/	She's shy , so she finds it hard to talk to people she doesn't know.	nieśmiały
slim adj	/slɪm/	He's very tall and slim .	szczupły
straight adj	/streɪt/	She has long straight hair.	proste
stupid adj	/'stju:pɪd/	Don't they know anything? They are so stupid !	głupi
talkative adj	/'tɔ:kətɪv/	A person who talks a lot is talkative .	rozmowny
tall adj	/tɔ:l/	He's very tall and slim.	wysoki
thin adj	/θɪn/	He's medium height and very thin .	szczupły
unfriendly adj	/ʌn'frendli/	Nobody wants to spend time with him because he's so unfriendly .	nieprzyjazny
unkind adj	/,ʌn'kaɪnd/	Don't be so unkind . It's not nice.	niemilý

Things you wear

belt	n	/belt/	I wear a belt to keep my trousers up.	pasek
boots	pl n	/bu:ts/	She wears boots when it rains.	kozaki, botki
bracelet	n	/'breɪslət/	She wears a bracelet on her arm every day.	bransoletka
cap	n	/kæp/	I wear a cap when I play tennis.	czapka
cardigan	n	/'kɑ:dɪgən/	I need my cardigan – it's too cold!	sweter rozpinany
carry	v	/'kæri/	I carry an umbrella everywhere. It rains a lot.	nosić (przy sobie)
coat	n	/kəʊt/	I always wear a coat when I go out.	płaszcz
dress	n	/dres/	I usually wear a dress to work.	sukienka
dress	v	/dres/	I dress my daughter every day for school.	ubierać
earrings	pl n	/'ɪərɪŋz/	These are big earrings ! They nearly touch your shoulder.	kolczyki
gloves	pl n	/glʌvz/	Some people wear gloves when they ski.	rękawiczki
hat	n	/hæt/	Where's my hat ? It's cold outside!	kapelusz
jacket	n	/'dʒækɪt/	I don't always wear a suit but I do wear a jacket .	marynarka
jeans	pl n	/dʒi:nz/	I prefer black jeans to blue ones.	dżinsy
leggings	pl n	/'legɪŋz/	Leggings are a popular alternative to trousers.	legginsy
necklace	n	/'nekləs/	I like your necklace . Is it new?	naszyjnik
ring	n	/rɪŋ/	I'm married, so I wear a ring .	obrączka
sandals	pl n	/'sændlz/	He wears sandals to the beach.	sandały
scarf	n	/skɑ:f/	A scarf can help to keep you warm.	szalik, apaszka
shirt	n	/ʃɜ:t/	I wear a white shirt to work most days.	koszula
shoes	pl n	/ʃu:z/	I have got 20 pairs of shoes .	buty
shorts	pl n	/ʃɔ:ts/	I play tennis in shorts and a T-shirt.	krótkie spodenki
skirt	n	/skɜ:t/	My dad doesn't like me wearing a short skirt .	spódnica
socks	pl n	/sɒks/	Do you wear socks with sandals?	skarpety
suit	n	/su:t/	I don't always wear a suit but I do wear a jacket.	garnitur
sweater	n	/'swetə/	I wear a sweater to go jogging because it's so cold.	sweter
tie	n	/taɪ/	Many men in England wear a tie to work.	krawat
tights	pl n	/taɪts/	I prefer to wear tights under a skirt.	rajstopy
top	n	/tɒp/	That's a nice top .	bluzka
tracksuit	n	/'træksu:t/	I wear a tracksuit before a football game.	dres
trainers	pl n	/'treɪnəz/	I don't like trainers . I prefer shoes.	buty sportowe
trousers	pl n	/'traʊzəz/	Most of my trousers are black.	spodnie
T-shirt	n	/'ti:fɜ:t/	I wear a T-shirt and shorts to the beach.	koszulka z krótkim rękawem
wear	v	/weə/	They wear the same clothes nearly every day.	nosić (na sobie)

Useful words and phrases

appearance	n	/ə'piərəns/	Write a description of his appearance and personality.	wygląd
artist	n	/'ɑ:ttɪst/	Look at the painting by the British artist David Hockney.	artysta, artystka
carpet	n	/'kɑ:pɪt/	There is a red carpet on the floor.	dywan
compatible	adj	/kəm'pætəbl/	Perhaps Holly could find me a guy who is more compatible .	odpowiedni
divorced	adj	/dɪ'veɪst/	I am a divorced dad of three.	rozwiedziony
experiment	n	/ɪk'sperɪmənt/	In our experiment , single people ask their mother and their best friend to help them meet a partner.	eksperyment
famous	adj	/'feɪməs/	Mr and Mrs Clark made clothes for famous people.	sławny
get on well with		/get ɒn wel wɪð/	I'm friendly and I get on well with most people.	być z kimś w dobrych stosunkach
go on a date		/gəʊ ɒn ə deɪt/	Charlotte will go on a date with each man.	pójść na randkę
guy	n	/gaɪ/	Perhaps Holly could find me a guy who is more compatible.	chłopak, facet

infidelity <i>n</i>	/,ɪnfi'deləti/	<i>The cat is a symbol of infidelity.</i>	niewierność, zdrada
living room <i>n</i>	/'lɪvɪŋ ru:m/	<i>What pictures do you have on the wall in your living room?</i>	salon
painting <i>n</i>	/'peɪntɪŋ/	<i>Look at the painting by the British artist David Hockney.</i>	obraz
partner <i>n</i>	/'pɑ:tner/	<i>She lives in Brighton and she doesn't have a partner at the moment.</i>	partner
personality <i>n</i>	/,pɜ:sə'næləti/	<i>Write a description of his appearance and personality.</i>	osobowość
position <i>n</i>	/pə'zɪʃn/	<i>The position of the couple in the painting is unusual.</i>	umiejscowienie, pozycja
poster <i>n</i>	/'pəʊstə/	<i>I have an unusual poster on the wall in my bedroom.</i>	plakat
pregnant <i>adj</i>	/'pregnənt/	<i>I am pregnant, and the baby is due in May.</i>	w ciąży
relationship <i>n</i>	/rɪ'lɛʃnʃɪp/	<i>What was David Hockney's relationship with Mr and Mrs Clark?</i>	związek, relacja
sense of humour <i>n</i>	/sens əv 'hju:mə/	<i>I think I have a good sense of humour. I make lots of people laugh.</i>	poczucie humoru
separated <i>adj</i>	/'sepəreɪtɪd/	<i>I am separated from my wife.</i>	w separacji
single <i>adj</i>	/'sɪŋgl/	<i>This week's single person is Charlotte Ramirez.</i>	osoba stanu wolnego, singiel
smile <i>n</i>	/smail/	<i>I prefer tall men who have a nice smile.</i>	uśmiech
sociable <i>adj</i>	/'səʊʃəbl/	<i>I'm quite friendly and sociable.</i>	towarzyski
symbol <i>n</i>	/'simbl/	<i>The open window is a symbol of the love between them.</i>	symbol, znak
unusual <i>adj</i>	/ʌn'ju:ʒəl/	<i>The position of the couple in the painting is unusual.</i>	nietypowy, dziwny
vase <i>n</i>	/va:z/	<i>There's a table, and a vase with flowers it.</i>	wazon
What does she look like?	/wɒ dəz si lʊk laɪk/	<i>What does she look like? She's tall and slim with brown hair.</i>	Jak ona wygląda?
What is she like?	/wɒt ɪz si laɪk/	<i>What is she like? She's really nice and friendly.</i>	Jaka ona jest?

More words in File 1

classical music <i>n</i>	/klæsɪkl 'mju:zɪk/	<i>I like men who are into literature and classical music.</i>	muzyka klasyczna (poważna)
fashion <i>n</i>	/'fæʃn/	<i>He loves fashion. He buys new clothes every week.</i>	moda
painter <i>n</i>	/'peɪntə/	<i>Do you have a favourite painter?</i>	malarz, malarka
prefer <i>v</i>	/prɪ'fɜ:/	<i>I prefer tall men who have a really nice smile.</i>	preferować
relax <i>v</i>	/rɪ'læks/	<i>What clothes do you wear when you want to relax at the weekend?</i>	zrelaksować się
wedding <i>n</i>	/'wedɪŋ/	<i>In the UK, women often wear big hats at a wedding.</i>	ślub, wesele
world <i>n</i>	/wɜ:ld/	<i>I want to travel around the world.</i>	świat

File 2

Vocabulary Banks

HOLIDAYS

basic <i>adj</i>	/'beɪsɪk/	<i>We stayed in hostels, which were basic but clean.</i>	podstawowy, o niskim standardzie
beautiful <i>adj</i>	/'bju:tɪfl/	<i>For our last four days we went to Ko Chang, a beautiful island.</i>	piękny
book flights online	/buk flaɪts ,ɒn'lain/	<i>I usually book flights online because it's cheaper than using a travel agent.</i>	rezerwować loty przez internet
buy souvenirs	/baɪ ,sʊ:və'nɪəz/	<i>I buy souvenirs for my family when I'm on holiday.</i>	kupować pamiątki
cloudy <i>adj</i>	/'klaudi/	<i>It was very cloudy with no sun at all.</i>	pochmurny, zachmurzony
comfortable <i>adj</i>	/'kʌmftəbl/	<i>The hotel is really comfortable. I sleep well every night.</i>	wygodny, komfortowy

crowded adj	/'kraʊdɪd/	<i>There were people everywhere. The streets were crowded.</i>	zatłoczony, tłumny
delicious adj	/dɪ'lɪʃəs/	<i>The food was delicious. I loved it.</i>	pyszny, bardzo smaczny
dirty adj	/'dɜːti/	<i>We checked out of the hotel because the rooms were so dirty.</i>	brudny
disgusting adj	/dɪs'gʌstɪŋ/	<i>The food was disgusting. I couldn't eat it.</i>	obrzydliwy, wstrętny
foggy adj	/'fɒɡi/	<i>It was so foggy I couldn't see anything.</i>	mglisty
go abroad	/gəʊ ə'b्रɔːd/	<i>I prefer to go abroad on holiday.</i>	wyjechać za granicę
go away for the weekend	/gəʊ ə'wei fə ðə ,wɪk'end/	<i>I like to go away for the weekend to the countryside.</i>	wyjechać na weekend
go by car / bus / plane / train	/gəʊ bər kə:/ bəs/ /pleɪn/ /treɪn/	<i>I prefer to go by car because I don't like public transport.</i>	podróżować samochodem / samolotem / pociągiem
go camping	/gəʊ 'kæmpɪŋ/	<i>I would rather go camping than stay in a hotel.</i>	jechać na kemping / biwak
go for a walk	/gəʊ fər ə wɔːk/	<i>Where can you go for a walk near where you live?</i>	iść na spacer
go on holiday	/gəʊ ɒn 'hɒlɪdeɪ/	<i>Where did she go on holiday?</i>	jechać na wakacje
go out at night	/gəʊ aut ət 'naɪt/	<i>Where do you go out at night?</i>	wyjść z domu wieczorem
go sightseeing	/gəʊ 'saɪtsiːŋ/	<i>I like to go sightseeing on holiday.</i>	zwiedzać
go skiing / walking / cycling	/gəʊ 'skiːŋ/ 'wɔːkɪŋ/ /'saɪklɪŋ/	<i>I often go on holiday in the winter to go skiing.</i>	jeździć na nartach / spacerować / jeździć na rowerze
go swimming / sailing / surfing	/gəʊ 'swimɪŋ/ '/seɪlɪŋ/ /'sɜːfɪŋ/	<i>I like to go swimming in the sea when I'm on holiday.</i>	pływąć / żeglować / surfować
have a good time	/hæv ə god 'taɪm/	<i>How was the party? Did you have a good time?</i>	dobrze się bawić
helpful adj	/'helpfl/	<i>Everyone was really friendly and helpful.</i>	pomocny
hire a bicycle / skis	/'haɪər ə 'baɪsɪkl/ /ski:z/	<i>I'll hire skis when I go on my skiing trip, as I don't have my own.</i>	wypożyczyć rower / narty
lovely adj	/'lʌvlɪ/	<i>The weather was lovely and the beaches were wonderful.</i>	śliczny, piękny
luxurious adj	/lʌg'ʒʊəriəs/	<i>It's really expensive and luxurious.</i>	luksusowy
noisy adj	/'nɔɪzi/	<i>I couldn't sleep because it was so noisy.</i>	głośny
nothing special	/nʌθɪŋ 'speʃl/	<i>There was nothing special about the hotel. It could be anywhere in the world.</i>	nic specjalnego
rent an apartment	/rent ən ə'pɑːtmənt/	<i>We're going to rent an apartment in Budapest for a week.</i>	wynająć mieszkanie
spend money / time	/spend 'mʌni/ taim/	<i>My dad doesn't like to spend money, so he hates going on holiday.</i>	wydawać pieniądze / spędzać czas
stay in a hotel / at a campsite / with friends	/steɪ ɪn ə həʊ'tel/ ət ə 'kæmpsait/ wið frendz/	<i>I prefer to stay in a hotel when I go on holiday.</i>	w hotelu / na kempingu / u przyjaciół
sunbathe v	/'sʌnbɛɪð/	<i>We sunbathe on the beach every day.</i>	opalać się
sunny adj	/'sʌni/	<i>I like to go on holiday to sunny places.</i>	słoneczny
take photos	/teɪk 'fəʊtəʊz/	<i>We like to take photos of all our friends.</i>	robić zdjęcia
uncomfortable adj	/ʌn'kʌmftəbl/	<i>The bed was really uncomfortable. I couldn't sleep.</i>	niewygodny, niekomfortowy
unfriendly adj	/ʌn'frendli/	<i>The people were really unfriendly. I didn't like them at all.</i>	nieżyczliwy, nieprzyjazny
unhelpful adj	/ʌn'helpfl/	<i>The waiter was very unhelpful. He didn't explain any of the dishes.</i>	niezbyt pomocny
very windy adj	/veri 'wɪndi/	<i>It was very windy. I lost my hat.</i>	bardzo wietrzny
warm adj	/wɔːm/	<i>Although it was November, it was a warm night.</i>	ciepły

Useful words and phrases

alright adj	/'ɔːl'rɑːt/	<i>It wasn't awful or nice – it was just alright.</i>
announce v	/ə'naʊns/	<i>At 11 o'clock they will announce the results.</i>
argue v	/'a:gju:/	<i>We argue about everything.</i>
aristocrat n	/'ærɪstəkræt/	<i>She was the granddaughter of Count Maurice de Bédern, a rich aristocrat.</i>

w porządku
ogłosić
kłócić się
arystokrata

atmosphere <i>n</i>	/'ætməsfɪə/	The hotel is wonderful, and has a very friendly atmosphere . It was awful ! We argued about everything. We decided to break up . If you're with the wrong person, a holiday can be a disaster .	atmosfera
awful <i>adj</i>	/'ɔ:fl/	okropny, straszny	
break up <i>v</i>	/breɪk 'ʌp/	zerwać, zakończyć związek	
disaster <i>n</i>	/dɪ'sa:stə/	katastrofa	
election <i>n</i>	/ɪ'lekʃn/	wybory	
fall in love	/fəl ɪn lʌv/	zakochać się	
fantastic <i>adj</i>	/fæn'tæstɪk/	fantastyczny, wspaniały	
feel sorry	/fi:l 'sɔ:ri/	współczuć komuś	
flirt <i>v</i>	/flɜ:t/	flirtować	
historical <i>adj</i>	/hɪ'stɔ:rɪkl/	historyczny	
horrible <i>adj</i>	/'hɔ:rəbl/	potworny, obrzydliwy	
hostel <i>n</i>	/'hɒstl/	hostel	
in a hurry	/ɪn ə 'hʌri/	spieszyć się	
madly <i>adj</i>	/'mædli/	szalenie	
marry <i>v</i>	/'mæri/	wyjść za mąż, ożenić się	
nervous <i>adj</i>	/nɜ:vəs/	nerwowy	
news photographer <i>n</i>	/nju:z fə'tɒgrəfə/	fotoreporter	
perfect <i>adj</i>	/'pɜ:fɪkt/	perfekcyjny, doskonały	
property <i>n</i>	/'prɒpəti/	majątek, posiadłość	
questionnaire <i>n</i>	/,kwestʃə'nneə/	kwestionariusz, ankieta	
rebel <i>n</i>	/'rebl/	buntownik	
romantic <i>adj</i>	/rəʊ'mæntɪk/	romantyczny	
royal <i>adj</i>	/'rɔɪəl/	królewski	
screen saver <i>n</i>	/skri:n 'seɪvə/	wygaszacz ekranu	
terrible <i>adj</i>	/'terəbl/	okropny, beznadziejny	
wonderful <i>adj</i>	/'wʌndəfl/	wspaniały, cudowny	

More words in File 2

article <i>n</i>	/'ɑ:tɪkl/	Read the beginning of a newspaper article .	artykuł (w gazecie)
brake <i>n</i>	/breɪk/	Quickly, she put her foot on the brake to stop the car.	hamulec
communist <i>n</i>	/'kɒmjənist/	In 1968 she was a communist .	komunista, komunistka
democracy <i>n</i>	/dr'mɒkrəsi/	All the students were fighting for peace and democracy .	demokracja
demonstration <i>n</i>	/,demən'streɪʃn/	She was a leader in the demonstration .	demonstracja
emotional <i>adj</i>	/ɪ'məʊʃənl/	When Obama made his speech they all became quiet and emotional .	poruszający, uczuciowy
fight for <i>phr v</i>	/faɪt fɔ:/	All the students decided to fight for democracy.	walczyć (za coś, o coś)
happy ending <i>n</i>	/hæpi 'endɪŋ/	I prefer books and films that have a happy ending .	szczęśliwe zakończenie
Hispanic <i>adj</i>	/hɪ'spænɪk/	I watched his victory through the faces of all these people, African, Hispanic , Chinese, white.	Latynos, Latynoska
peace <i>n</i>	/pi:s/	All the students were fighting for peace and democracy.	pokój
planet <i>n</i>	/'plænɪt/	There was only one place to be on the planet that night – and I was there.	planeta
politics <i>n</i>	/'pɒlətɪks/	She wasn't interested in politics .	polityka

shoulders <i>pl n</i>	/'ʃəuldəz/	<i>She was sitting on a friend's shoulders.</i>	barki, ramiona
speech <i>n</i>	/spi:tʃ/	<i>When Obama made his speech they all became quiet and emotional.</i>	przemówienie
sympathize <i>v</i>	/'simpəθaɪz/	<i>Who do you sympathize with most, Joe or Mia?</i>	solidaryzować się
tense <i>adj</i>	/tens/	<i>Some people were tense and nervous.</i>	spięty
victory <i>n</i>	/'vɪktəri/	<i>I was watching Obama's victory through the faces of all these people.</i>	zwycięstwo
vote <i>n</i>	/vəʊt/	<i>Have a class vote to decide which ending to listen to.</i>	głosowanie

File 3

Useful words and phrases

adopt <i>v</i>	/ə'dɒpt/	<i>Sometimes we adopt words from foreign languages, like barista or latte.</i>	adoptować, przyjmować
ages <i>pl n</i>	/eɪdʒɪz/	<i>I haven't heard from you in ages!</i>	wieki
arrivals <i>n</i>	/ə'rایvlz/	<i>Let's meet at arrivals when you get here.</i>	przyloty (hala przylotów)
baggage drop-off <i>n</i>	/'bægɪdʒ drɒp ɒf/	<i>Take your bag to the baggage drop-off.</i>	odprawa bagażu
baggage reclaim <i>n</i>	/'bægɪdʒ rɪklēm/	<i>Collect your bag from baggage reclaim.</i>	odbiór bagażu
barista <i>n</i>	/bə'rɪstə/	<i>The barista said our coffees will be ready soon.</i>	barista
board <i>v</i>	/bɔ:d/	<i>You can have a shower before you board your flight.</i>	wejść na pokład
brunch <i>n</i>	/brʌntʃ/	<i>The word brunch (breakfast + lunch) first appeared in 1896.</i>	brunch (posiłek jadany wczesnym przedpołudniem)
check-in desk <i>n</i>	/'tʃek in desk/	<i>Let's go to the check-in desk first and leave our bags.</i>	stanowisko odprawy
connecting flight <i>n</i>	/kə'nektɪŋ flایt/	<i>We have to wait in the airport lounge for our connecting flight.</i>	lot z przesiadką
customs <i>n</i>	/'kʌstəmz/	<i>Customs checked my bag this time.</i>	urząd celny
delayed <i>adj</i>	/dɪ'l'eɪd/	<i>Our flight is delayed, so we'll have to wait here for another hour.</i>	opóźniony
departures <i>n</i>	/dɪ'pa:tʃəz/	<i>Someone in departures asked me where I was travelling to.</i>	odloty (hala odlotów)
emoticon <i>n</i>	/ɪ'məutɪkən/	<i>That emoticon represents a smiling face.</i>	emotikon
facilities <i>pl n</i>	/fə'sɪlətɪz/	<i>All good airports have excellent facilities for business people.</i>	infrastruktura, udogodnienia
fix a day	/fɪks ə deɪ/	<i>Then we can fix a day and a time to meet.</i>	ustalić dzień
gadget <i>n</i>	/'gædʒɪt/	<i>My smartphone is my favourite gadget.</i>	gadżet
gastropub <i>n</i>	/'gæstrəʊpʌb/	<i>Let's have dinner at that new gastropub. I hear the food is excellent.</i>	pub – restauracja
gate <i>n</i>	/geɪt/	<i>Gate 11 is this way – let's go!</i>	wyjście
google <i>v</i>	/'gu:gl/	<i>If I want to learn more about something, I'll Google it.</i>	wyszukać w internecie
latte <i>n</i>	/'la:teɪ/	<i>Can I please have a skinny latte?</i>	latte (kawa z mlekiem)
lift <i>n</i>	/lift/	<i>I've got too many bags. Where is the lift?</i>	winda
nightmare <i>n</i>	/'naɪtmɛə/	<i>For many people airports are a nightmare.</i>	koszmar
passengers <i>pl n</i>	/'pæsɪndʒəz/	<i>Munich airport helps to keep passengers entertained with a 60-seat cinema.</i>	pasażerowie
passport control <i>n</i>	/'pa:sɒ:p:t kəntrəʊl/	<i>Have you got your passport? We are about to go through passport control.</i>	kontrola paszportowa
perhaps <i>adv</i>	/pə'hæps/	<i>I have a conference there next month and I thought perhaps we could meet.</i>	być może, możliwe
ringtone <i>n</i>	/'rɪŋtəʊn/	<i>The ringtone on your phone is very annoying!</i>	dźwięk dzwonka
road rage <i>n</i>	/rəʊd reɪdʒ/	<i>Do you ever experience road rage when you're driving?</i>	agresywne zachowania kierowców
security <i>n</i>	/sɪ'kjʊərəti/	<i>I always feel nervous when I go through security.</i>	kontrola bezpieczeństwa, ochrona
signs <i>pl n</i>	/saɪnz/	<i>Look at the airport signs.</i>	znaki (oznaczenia)

smartphone <i>n</i>	/'smɑ:tʃəʊn/	Now that I have a smartphone , I don't use a computer as much as I used to.	smartfon
terminal <i>n</i>	/'tɜ:mɪnl/	Which terminal do we leave from?	terminal
text <i>v</i>	/tekst/	Do you prefer to text or call your friends?	wysłać SMS
toy boy <i>n</i>	/'toɪ bɔɪ/	He's much younger than his girlfriend – he's a toy boy .	mężczyzna znacznie młodszy od swojej partnerki
trolley <i>n</i>	/'trɒli/		wózek
tweet <i>v</i>	/twi:t/		zamieszczać krótkie wpisy (od serwisu Tweeter)
Wi-Fi <i>n</i>	/'wai fi:/		sieć bezprzewodowa

More words in File 3

conference <i>n</i>	/'kɒnfərəns/	I have a conference there next month and I thought perhaps we could meet.	konferencja
definite <i>adj</i>	/'defɪnɪt/	I don't have any definite plans for the future.	konkretny, określony
exotic <i>adj</i>	/ɪg'zɒtɪk/	Who do you think is going to do a photo shoot in an exotic place?	egzotyczny
ex-partner <i>n</i>	/eks 'pɑ:tner/	Who do you think is going to see an ex-partner ?	były partner
location <i>n</i>	/ləʊ'keɪʃn/	It is a beautiful location .	miejsce
mime <i>v</i>	/maɪm/	Try to mime the word.	wyrazić coś za pomocą pantomimy (bez słów)
non-governmental organization <i>n</i>	/nɒn ,gʌvn'mentl ,ɔ:gənənəl'zeɪʃn/	A non-governmental organization doesn't work for the government.	organizacja pozarządowa
nowadays <i>adv</i>	/'naʊədeɪz/	It's a thing which we use for everything nowadays .	teraz, obecnie
paradise <i>n</i>	/'pærədaɪs/	Singapore airport is paradise for flower lovers.	raj
photo shoot <i>n</i>	/'fəʊtəʊ ſu:t/	Who do you think is going to do a photo shoot in an exotic place?	sesja zdjęciowa
predictions <i>pl n</i>	/pri'dɪkʃnz/	What predictions can you make about the future?	przewidywania
reservation number <i>n</i>	/rezo'veɪʃn nʌmbə/	Thank you for booking with easyJet. Your reservation number is: 15CS2L.	numer rezerwacji
rooftop <i>n</i>	/'ru:fтоп/	This hotel has a swimming pool on the rooftop .	dach (budynku)
travel arrangements <i>pl n</i>	/'trævl ə'reɪndʒmənts/	I can't tell you when I arrive because I don't know my travel arrangements yet.	szczegóły dotyczące podróży

File 4

Vocabulary Banks

HOUSEWORK, MAKE OR DO?

clean the floor	/kli:n ðə flɔ:/	I need to clean the floor . It's very dirty.	umyć podłogę
clear the table	/klɪə ðə 'teɪbl/	We need to clear the table then do the washing up.	posprzątać stół (po posiłku)
do a course	/du ə 'kɔ:s/	I am going to do a course to improve my IT skills.	odbyć szkolenie
do an exam / an exercise / homework	/du ən ɪg'zæm / ən 'eksəsaɪz / 'həʊmwɜ:k/	I'd love to go to the cinema, but I have to stay in and do homework .	zdać egzamin / zrobić ćwiczenie / odrobić pracę domową
do housework	/du 'haʊswɜ:k/	I usually do housework every Sunday.	wykonywać prace domowe
do sport / exercise	/du 'spɔ:t / 'eksəsaɪz/	I don't do sport , but I do go to the gym every week.	uprawiać sport / ćwiczyć
do the ironing	/du ðə 'aɪənɪŋ/	I don't like to do the ironing .	prasować
do the shopping	/du ðə 'ʃɒpɪŋ/	We do the shopping together.	robić zakupy
do the washing	/du ðə 'wɒʃɪŋ/	I do the washing on Mondays.	prać
do the washing up	/du ðə wɒʃɪŋ 'ʌp/	We don't do the washing up . We have a dishwasher.	zmywać
lay the table	/leɪ ðə 'teɪbl/	Can you please lay the table for dinner?	nakrywać stół
make a mistake	/merk ə mi'steɪk/	Try not to make a mistake .	popełnić błąd

make a noise	/meɪk ə 'nɔɪz/	Your brother is sleeping – try not to make a noise .	hałasować
make a phone call	/meɪk ə 'fəʊn kɔ:l/	Can I use the phone? I need to make a phone call .	zadzwonić
make friends	/meɪk 'frendz/	It can take a while to make friends when you move to a new town.	zaprzyjażnić się
make lunch	/meɪk 'lʌntʃ/	I don't make lunch . I buy it.	przygotować lunch
make plans	/meɪk 'plænz/	We'll make plans to get a new kitchen soon.	zaplanować
make the beds	/meɪk ðə 'bedz/	I make the beds when everyone has left the house.	posłać łóżko
pick up dirty clothes	/pɪk ʌp dɜ:tɪ 'kləʊðz/	They never pick up dirty clothes or wet towels from the floor.	pozbierać brudne ubrania z podłogi
put away your clothes	/put əwei jɔ: 'kləʊðz/	Can you put away your clothes ? Your room is a mess.	schować ubrania
take out the rubbish	/teɪk aut ðə 'rʌbɪʃ/	I take out the rubbish on Wednesday.	wyrzucić śmieci
tidy your room	/taɪdi jɔ: 'rum/	Can you tidy your room please?	posprzątać pokój

SHOPPING

account <i>n</i>	/ə'kaʊnt/	I have an account at the bank.	konto
auction <i>n</i>	/'ɔ:kʃn/	What did you buy at the auction ?	aukcja
basket <i>n</i>	/'ba:skɪt/	Do we need a trolley or a basket ?	koszyk
changing rooms <i>pl n</i>	/'tʃeɪndʒɪŋ rʊmz/	Where are the changing rooms ? I want to try this on.	przymierzalnie
checkout <i>n</i>	/'tsekaʊt/	I got to the checkout and then I realised I didn't have enough money.	kasa (w sklepie)
customer <i>n</i>	/'kʌstəmə/	Have you ever had an angry customer in your shop?	klient, klientka
delivery <i>n</i>	/dɪ'lɪvəri/	When is the delivery coming?	dostawa
fit <i>v</i>	/fit/	These shoes don't fit . They're too big.	pasować rozmiarem
item <i>n</i>	/aɪtəm/	There is one item you don't need.	przedmiot
payment <i>n</i>	/'peɪmənt/	How much is the payment ?	płatność
receipt <i>n</i>	/rɪ'si:t/	I didn't have the receipt so I couldn't take the jumper back.	paragon
shop assistant <i>n</i>	/'ʃɒp ə,sɪstənt/	Have you ever had an argument with a shop assistant ?	ekspedient, ekspedientka
size <i>n</i>	/saɪz/	What size do you need? Medium or large?	rozmiar
suit <i>v</i>	/su:t/	That top doesn't suit me. It's the wrong colour.	pasować wyglądem, odpowiadać
take back <i>phr v</i>	/teɪk 'bæk/	I wanted to take back the jumper, but I didn't have the receipt.	zwrócić
trolley <i>n</i>	/'trɒli/	I need to buy a lot. Get me a trolley , please.	wózek
try on <i>phr v</i>	/trai 'ɒn/	I'm going to the changing rooms to try on this shirt.	przymierzyć
website <i>n</i>	/'websaɪt/	I know a great website for shopping online.	witryna internetowa

Useful words and phrases

accidentally <i>adv</i>	/,æksɪ'dentəli/	Have you ever accidentally taken something from a shop without paying?	przypadkowo, nieumyslnie
annoying <i>adj</i>	/ə'nɔɪnɪŋ/	Teenagers have annoying habits – but so do their parents!	denerwujący, irytujący
bare feet <i>pl n</i>	/beə fi:t/	I walked out into the street in bare feet and jumped into a taxi!	boso
carer <i>n</i>	/'keərə/	I like being a carer . I enjoy looking after people.	opiekun, opiekunka
carry on <i>phr v</i>	/'kærɪ ɒn/	They carry on texting when I'm telling them something important.	kontynuować
colleague <i>n</i>	/'kɒli:g/	Have you ever lied to a colleague about your weekend?	kolega, koleżanka, z pracy
depressing <i>adj</i>	/dɪ'presɪŋ/	Why do you think the news is often depressing ?	załamujący, przygnębiający
details <i>pl n</i>	/'di:teɪlz/	One person in four invents details about their weekend.	szczegóły
dishwasher <i>n</i>	/dɪʃ'wɒʃə/	I don't do the washing up because I have a dishwasher .	zmywarka
encourage <i>v</i>	/ɪn'kʌrɪdʒ/	Networking sites may encourage us to invent details about our social lives.	zachęcać
exclusive <i>adj</i>	/ɪk'sklju:sɪv/	Lindka Cierach makes very exclusive clothes for women.	ekskluzywny, luksusowy

fancy dress party <i>n</i>	/'fænsi 'dres pa:ti/	I'm wearing strange clothes because I'm going to a fancy dress party . <i>Lindka Cierach is a fashion designer.</i>	bal kostiumowy
fashion designer <i>n</i>	/'fæʃn dɪzainə/	<i>Do you have an annoying habit?</i>	projektant mody
habit <i>n</i>	/'hæbit/	<i>Have you ever fallen over because you were wearing very high heels?</i>	nawyk
high heels <i>pl n</i>	/haɪ 'hi:lz/	<i>People can create an illusion of who they want to be.</i>	wysokie obcasy
illusion <i>n</i>	/ɪ'lju:ʒn/	<i>Some people lie because they don't want to make their friends jealous.</i>	złudzenie
jealous <i>adj</i>	/'dʒeləs/	<i>Who gives their mother a massage?</i>	zazdrośnie
massage <i>n</i>	/'mæsa:ʒ/	<i>They always pick up the remote and change the channel.</i>	masaż
remote <i>n</i>	/rɪ'mo:t/	<i>What reputation do teenagers have?</i>	pilot zdalnego sterowania
reputation <i>n</i>	/,repju'teɪʃn/	<i>Sometimes the situation is just boring.</i>	reputacja
situation <i>n</i>	/,sɪtʃu'eɪʃn/	<i>Have you ever invented details about your social life?</i>	sytuacja
social life <i>n</i>	/'səʊʃl laɪf/	<i>Social networking sites make people spend more time on the computer.</i>	życie towarzyskie
social networking <i>n</i>	/'səʊʃl 'netwɔ:rkɪŋ/	<i>The survey has shown that 25% of people have very exciting weekends.</i>	sieci społecznościowe
survey <i>n</i>	/'sɜ:vəɪ/	<i>Do you always tell the truth about what you did at the weekend?</i>	ankieta, badanie
tell the truth	/tel ðə 'tru:θ/	<i>She designed Sarah Ferguson's wedding dress.</i>	mówić prawdę
wedding dress <i>n</i>	/'wedɪŋ dres/		suknia ślubna

More words in File 4

chic <i>adj</i>	/fi:k/	<i>They are so chic, and their sense of colour is so natural to them.</i>	stylowy
click <i>v</i>	/klɪk/	<i>Click on that button there.</i>	kliknąć
dyslexic <i>adj</i>	/dɪs'leksɪk/	<i>When I was at school I had problems reading because I was dyslexic.</i>	dyslektyk
fashion sense <i>n</i>	/'fæʃn sens/	<i>She always dresses well – she has a really good fashion sense.</i>	wyczucie stylu
kill <i>v</i>	/kil/	<i>Those shoes will kill your feet!</i>	zabić, zniszczyć
price <i>n</i>	/praɪs/	<i>Did you get a good price?</i>	cena
proceed <i>v</i>	/prə'si:d/	<i>Please proceed to passport control.</i>	przejść dalej
roll your eyes	/rəʊl jɔ:r 'aɪz/	<i>Don't roll your eyes when I ask you to do something!</i>	przewracać oczami
sewing <i>n</i>	/'səʊɪŋ/	<i>The only things I enjoyed there were art and sewing.</i>	szycie

File 5

Vocabulary Banks

DESCRIBING A TOWN

boring <i>adj</i>	/'bɔ:riŋ/	<i>The new part of town is quite boring.</i>	nudny
castle <i>n</i>	/'ka:sl/	<i>The castle is in the centre of the old town.</i>	zamek (budynek)
cathedral <i>n</i>	/kə'θi:drəl/	<i>The cathedral is very popular with tourists.</i>	katedra (budynek)
church <i>n</i>	/tʃɜ:tʃ/	<i>The church has beautiful colourful windows.</i>	kościół
clean <i>adj</i>	/kli:n/	<i>The river is very clean and there are a lot of fish in it.</i>	czysty
crowded <i>adj</i>	/'kraʊdɪd/	<i>There were people everywhere. It was really crowded.</i>	tłoczno
dangerous <i>adj</i>	/'deindʒərəs/	<i>It can be dangerous at night so walk with someone else.</i>	niebezpieczny
department store <i>n</i>	/dɪ'pa:tment stɔ:/	<i>You can find everything you want in the department store.</i>	dom towarowy, sklep
empty <i>adj</i>	/'empti/	<i>Many of the shops are empty. Nobody has any money.</i>	pusty
exciting <i>adj</i>	/'ik'saɪtɪŋ/	<i>The city is exciting. There is so much to do.</i>	ekscytujący
interesting <i>adj</i>	/'intrestɪŋ/	<i>The museum was very interesting. I want to go again.</i>	interesujący
market <i>n</i>	/'ma:kɪt/	<i>The market sells great fresh fish.</i>	rynek

modern adj	/'mɒdn/	The building is very modern and everything else is old. It looks strange.	nowoczesny
mosque n	/mɒsk/	The mosque is the biggest in Europe.	meczet
museum n	/mju'zi:əm/	I like the national museum the best. You learn so much about the country.	muzeum
noisy adj	/'nɔɪzɪ/	All the cars make it very noisy .	hałaśliwy
old adj	/'əuld/	There are so many beautiful old buildings.	stary
palace n	/'pæləs/	The royal family lived in the palace .	pałac
polluted adj	/pə'lju:tɪd/	The factories and cars make it very polluted .	zanieczyszczony
quiet adj	/'kwaɪət/	It's a small town and quite quiet .	cichy
safe adj	/'seif/	It's very safe . There is never any trouble.	bezpieczny
shopping centre n	/'ʃɒpɪŋ sentə/	The shopping centre has over 200 shops.	centrum handlowe
statue n	/'stætʃu:/	There is a statue of the king in the square.	statua, posąg
temple n	/'templ/	The temple is visited by many religious tourists.	świątynia
town hall n	/taʊn 'hɔ:l/	The local government meet in the town hall .	ratusz

Useful words and phrases

abbreviations pl n	/ə'bri:vɪ'eɪʃnz/	Abbreviations , like BFN (bye for now), are becoming more popular.	skróty
accident n	/'ækstɪdənt/	I hit another car and had a bad accident .	wypadek
anxious adj	/'æŋkʃəs/	If you drink too much coffee it can make you feel anxious .	zaniepokojony
average adj	/'ævərɪdʒ/	The average speed of cars in New York City is 15 km/h.	średni, przeciętny
body n	/'bɒdi/	Skin covers the outside of a person's body .	cięta
bones pl n	/bəʊnz/	This vitamin is important for strong bones and a healthy immune system.	kości
brain n	/breɪn/	It seems that computer games stimulate the brain .	mózg
characters pl n	/'kærəktəz/	Twitter only allows you to use 140 characters .	znaki
diet n	/'daɪət/	My diet is so unhealthy. I eat junk food all the time.	dieta
feel frustrated	/fi:l frʌ'streɪtɪd/	Do you feel frustrated when you're behind people who are walking slowly?	być sfrustrowany
illnesses pl n	/'ɪlnəsɪz/	Drinking coffee may help to prevent some illnesses like diabetes and Parkinson's disease.	choroby
immediately adj	/ɪ'mi:dɪətlɪ/	People feel frustrated when an internet page does not open immediately .	natychmiast
immune system n	/ɪ'mju:n sistəm/	This vitamin is important for strong bones and a healthy immune system .	układ odpornościowy
impatient adj	/ɪm'peɪʃnt/	People get very impatient because they think they're wasting time.	niecierpliwy
inhabitants pl n	/ɪn'hæbitənts/	Which city had the friendliest and most polite inhabitants ?	mieszkańcy
irritable adj	/'ɪritəbl/	Do you get irritable if you sit for an hour without doing anything?	porytowany
lifestyle n	/'laɪfstaɪl/	My lifestyle is too unhealthy. I need to exercise.	styl życia
on time	/ən 'taɪm/	We aren't going to arrive on time .	na czas
patient adj	/'peɪʃnt/	People aren't as patient as they were in the past.	cierpliwy
polite adj	/pə'lait/	Which city had the friendliest and most polite inhabitants?	uprzemijny, grzeczny
prevent v	/pri'vent/	Several studies show that drinking coffee helps to prevent some illnesses.	zapobiegać
save time	/seɪv 'taɪm/	These stories are for busy parents who need to save time .	oszczędzać czas
several det	/'sevrəl/	Several studies show that drinking coffee helps to prevent some illnesses.	kilka
stimulate v	/'stɪmjuleɪt/	It seems that computer games stimulate the brain.	pobudzać
stories pl n	/'stɔ:riz/	These are shorter versions of traditional stories .	opowieści, historie

stressed adj	/strest/	We spend more time than ever sitting in our cars, feeling stressed .	zestresowany
traditional adj	/trə'dɪʃənl/	These are shorter versions of traditional stories.	tradycyjny
traffic n	/'træfɪk/	Our cars are faster, but the traffic is worse, so we drive more slowly.	ruch (uliczny)
unwell adj	/'ʌn'wel/	I feel unwell . I'm not going to work.	chory
verdict n	/'vɜ:dɪkt/	Do you agree with the travel survey's verdict that London has the best nightlife?	orzeczenie
waste time	/'weɪst taim/	I don't watch much TV because I don't like to waste time .	tracić czas

More words in File 5

architecture n	/'ɑ:kɪtektʃə/	Which city has the best architecture ?	architektura
change n	/'tʃeindʒ/	If you are given too much change , do you tell the shop assistant?	reszta (wydawana w sklepie)
continent n	/'kɒntɪnənt/	Think about your country or continent . Which cities are the best?	kontynent
culture n	/'kʌltʃə/	Europe's big cities offer travellers a huge variety of culture .	kultura
frightening adj	/'fraɪtning/	What's the most frightening film you've ever seen?	przerażający
generous adj	/'dʒenərəs/	Who's the most generous person in your family?	wspaniałomyślny
keyring n	/'ki:rɪŋ/	I bought a keyring of the Eiffel Tower as a souvenir.	breloczek
nightlife n	/'naɪtlایف/	London has the best public parks and the best nightlife .	życie nocne
scientific adj	/'saɪəntɪfɪk/	The tests were not very careful or scientific .	naukowy, fachowy
sunscreen n	/'sʌnskrɪ:n/	You should wear sunscreen so you don't get burnt.	filtr przeciwsłoneczny

File 6

Vocabulary Banks

OPPOSITE VERBS

arrive v	/ə'raɪv/	What time does the train arrive at the station?	przyjechać
borrow v	/'bɒrəʊ/	Can I borrow some money? I'll pay you back tomorrow.	pożyczać (od kogoś)
break v	/breɪk/	How did you break your glasses?	złamać
buy v	/baɪ/	I don't like renting. I want to buy a house.	kupić
catch v	/kætʃ/	I need to catch the next train.	łapać
fail v	/feɪl/	Did he fail the exam?	oblać
find v	/faɪnd/	Why can you never find your keys?	znaleźć
finish v	/'fɪnɪʃ/	I'll come back and finish the job tomorrow.	skończyć
forget v	/fə'get/	Sorry, I always forget people's names.	zapominać
get v	/get/	Do you think you'll get a good job in the future?	dostać
learn v	/lɜ:n/	Are you going to learn a new language next year?	uczyć się
leave v	/li:v/	Please leave a message if I don't answer the phone.	zostawić
lend v	/lend/	Can you lend me five dollars?	pożyczać (komuś)
lose v	/lu:z/	They'll lose the match. They're terrible players.	przegrać
mend v	/mend/	Can you mend my shirt? The button fell off.	naprawić
miss v	/mɪs/	Did we miss the train? When is the next one?	nie zdążyć (na coś)
pass v	/pa:s/	My parents will be so happy if I pass the exam.	zdać
pull v	/pol/	Push the door, don't pull it.	ciągnąć
push v	/puʃ/	Push the door, don't push it.	pchać
receive v	/ri'si:v/	Did you receive my email?	otrzymać
remember v	/ri'membə/	Do you usually remember to give it back?	pamiętać

repair v	/rɪ'peə/	I need to ask someone to repair my computer. It doesn't work.	naprawić
sell v	/sel/	I want to sell my car and buy a new one.	sprzedąć
send v	/send/	I need to send an email to John before the end of the day.	wysłać
start v	/stɑ:t/	What time does it start ?	zacząć się
stop v	/stɒp/	Please stop making so much noise.	przestać (coś robić)
teach v	/ti:tʃ/	I'm going to China to teach English.	uczyć (kogoś)
turn off phr v	/tɜ:n 'ɒf/	Turn off the light. I want to get some sleep.	wyłączyć
turn on phr v	/tɜ:n 'ɒn/	Can you turn on the TV? There's something I want to watch.	włączyć
win v	/wɪn/	I hope we'll win this match.	wygrać

Useful words and phrases

alarm clock n	/ə'la:m klɒk/	Were you sleeping when the alarm clock rang this morning?	budzik
album n	/'ælbəm/	He recently went to New Orleans to record an album of 15 songs.	album
constantly adv	/'kɒnstəntli/	I am someone who is constantly expecting a plane to drop on my head.	stale, ciągle
episode n	/'epɪsəʊd/	Which episode of House M.D. is your favourite?	odcinek (serialu)
expect v	/'ɪk'spekt/	If you're an optimist you expect good things to happen.	spodziewać się
get engaged	/get ɪn'geɪdʒd/	They fell in love and decided to get engaged .	zaręczyć się
impress v	/ɪm'pres/	I want to impress them and get the job.	zaimponować
interpretation n	/ɪn,tɜ:pri'teɪʃn/	I read a book about the interpretation of dreams.	interpretacja
list n	/lɪst/	Write the words in the list in the right columns.	lista
long distance adj	/lɒŋ 'dɪstəns/	The long distance relationship first cooled and then ended.	długi, długotrwały
optimist n	/'ɒptɪmɪst/	Are you an optimist or a pessimist?	optymista
owl n	/aʊl/	Were you frightened of the owl ?	sowa
passionate adj	/'pæsʃənət/	Laurie is a talented musician and is passionate about the blues.	mocno zainteresowany
patient n	/'peɪʃnt/	You're going to listen to a psychoanalyst talking to a patient .	pacjent, pacjentka
pessimist n	/'pesɪmɪst/	Dr House, from the hit TV series House M.D., is famous for being a pessimist .	pesymista
psychoanalyst n	/saɪkəʊ'ænəlist/	You're going to listen to a psychoanalyst talking to a patient.	psychoanalityk
record v	/re'kɔ:d/	He recently went to New Orleans to record an album of 15 songs.	nagrać
series n	/'siəri:z/	Even after seven series of House M.D. he still feels pessimistic about it.	seria/serie
strangers pl n	/'streɪndʒəz/	Complete strangers come up to him in the street and say 'Cheer up, mate!'	nieznajomi
success n	/sək'ses/	Laurie never thought that House M.D. was going to be a success .	sukces
talented adj	/'tæləntɪd/	Like Dr House, Laurie is also a talented musician.	utalentowany
towel n	/'taʊəl/	Can I borrow a towel for the shower?	ręcznik

More words in File 6

Definitely (not).	/'defɪnətlɪ (nɒt)/	Do you want to go out tonight? ~ Definitely . I'm so bored!	Zdecydowanie (nie).
I doubt it.	/aɪ daʊt ɪt/	Is it open? ~ I doubt it . It's very late.	Wątpię w to.
previous adj	/'pri:vɪəs/	Do you want to go back to the previous version?	poprzedni
Probably (not).	/'prɒbəblɪ (nɒt)/	I don't think so. Probably not .	Prawdopodobnie (nie).
version n	/'vɜ:ʒn/	Do you want to go back to the previous version ?	wersja

File 7

Vocabulary Banks

VERB FORMS

(don't) mind doing	/dəʊnt) maɪnd 'du:ɪŋ/	<i>I don't mind doing</i> the cooking but I hate washing up.	nie mieć nic przeciwko robieniu czegoś
decide to go	/dɪ'saɪd tə 'gəʊ/	<i>Where did you decide to go</i> on holiday?	postanowić wyjechać
enjoy reading	/ɪn'dʒɔɪ 'ri:dɪŋ/	<i>I enjoy reading</i> . I read a book a week.	lubić czytać
feel like cooking	/fi:l laɪk 'kʊkɪŋ/	<i>I feel like cooking</i> fish tonight.	mieć ochotę na gotowanie
finish tidying	/fɪ'nɪʃ 'taɪdɪŋ/	<i>Can you finish tidying</i> your room?	skończyć sprzątać
forget to turn off	/fə'get tə tɜ:n 'ɒf/	<i>Don't forget to turn off</i> the light.	zapomnieć wyłączyć
go on working	/gəʊ ɒn 'wɜ:kɪŋ/	<i>I'm tired. I don't know how long I can go on working.</i>	kontynuować pracę
hate being	/heɪt 'bi:ɪŋ/	<i>I hate being</i> old. I want to be young again.	nienawidzić być
hope to see	/həʊp tə 'si:/	<i>I hope to see</i> you at the weekend.	mieć nadzieję zobaczyć
learn to drive	/lɜ:n tə 'drɪv/	<i>I want to learn to drive</i> . I hate walking!	uczyć się prowadzić
like having	/laɪk 'hævɪŋ/	<i>I like having</i> my dog. He's so friendly.	lubić mieć (być zadowolonym z posiadania czegoś)
love getting up	/lʌv 'getɪŋ ʌp/	<i>I love getting up</i> early and doing as much as possible.	uwielbiać wstawać
need to go	/ni:d tə 'gəʊ/	<i>I need to go</i> to the shop. We haven't got any milk.	musieć iść
offer to help	/'ɒfə tə 'help/	<i>The shop assistant was not friendly, and didn't offer to help.</i>	oferować pomoc
plan to get married	/plæn tə get 'mærɪd/	<i>We plan to get married</i> next year.	planować wziąć ślub
pretend to be ill	/pri'tend tə bi 'ɪl/	<i>Did you ever pretend to be ill</i> so you didn't have to go to school?	symulować chorobę
promise to pay	/'prɒmɪs tə 'peɪ/	<i>I promise to pay</i> you back later.	obiecać zapłacić
remember to bring	/ri'membə tə 'brɪŋ/	<i>Remember to bring</i> your laptop. The computer is broken.	pamiętać o zabraniu
spend time talking	/spend taɪm 'tɔ:kiŋ/	<i>My family live far away, so I spend time talking to them on the phone.</i>	spędzać czas na rozmowie
start raining	/sta:t 'reɪnɪŋ/	<i>When did it start raining?</i>	zacząć padać (o deszczu)
start to rain	/sta:t tə 'reɪn/	<i>When did it start to rain?</i> It's so wet out there.	zacząć padać (o deszczu)
stop making	/stɒp 'meɪkɪŋ/	<i>Stop making</i> so much noise!	przestać robić
try to get	/traɪ tə 'get/	<i>I'll try to get</i> it but there might not be any left.	postarać się (coś) zdobyć
want to catch	/wɒnt tə 'kætʃ/	<i>I want to catch</i> the 12.30 train.	chcieć zdążyć (na coś)
would like to buy	/wəd laɪk tə 'baɪ/	<i>I would like to buy</i> a car but I don't have the money.	chcieć kupić

Useful words and phrases

ambitions pl n	/æm'bɪʃnz/	<i>Her parents will want to know about your ambitions.</i>	ambicje
breathe v	/bri:ð/	<i>If you want to sing well you need to learn to breathe correctly.</i>	oddychać
controversial adj	/,kɒntrə'versɪəl/	<i>Don't talk about controversial subjects like religion and politics.</i>	kontrowersyjny
engine n	/'endʒɪn/	<i>The engine on my car doesn't work. I need a new car.</i>	silnik
firmly adv	/'fɜ:mli/	<i>When they greet you at the door shake the father's hand firmly.</i>	mocno
full moon n	/,fol 'mu:n/	<i>Happiness is kissing someone you love at night under a full moon.</i>	pełnia księżyca
good for your health	/gʊd fɔ: jɔ: helθ/	<i>Singing is good for your health.</i>	dobre dla zdrowia
greet v	/gri:t/	<i>When they greet you at the door shake the father's hand firmly.</i>	przywitać
magical adj	/'mædʒɪkl/	<i>There's something magical about making something from nothing.</i>	magiczny

necessary adj	/'nesəsəri/	<i>It isn't necessary to read but it helps.</i>	konieczny
notice n	/'nəutɪs/	<i>What does that notice mean?</i>	zawiadomienie
obligatory adj	/ə'blɪgətɔri/	<i>It isn't obligatory to stay. Let's go home.</i>	obowiązkowy
opinion n	/ə'pɪnjən/	<i>If they ask you for your opinion, be honest.</i>	opinia
permitted adj	/pə'mɪtɪd/	<i>It isn't permitted. It's against the rules.</i>	dozwolony
punctual adj	/'pʌŋktʃuəl/	<i>It's very important to be punctual at a first meeting.</i>	punktualny
read music	/ri:d 'mju:zɪk/	<i>You need to know how to read music to be able to sing well.</i>	czytać nuty
revise v	/rɪ'veɪz/	<i>I need to revise for my exam.</i>	powtarzać materiał
rhythm n	/'rɪðəm/	<i>I love the rhythm of the music.</i>	rytm
service n	/'sɜ:vɪs/	<i>The service here is excellent.</i>	obsługa
stay friends	/steɪ frendz/	<i>Do you think it is difficult to stay friends with an ex-boyfriend?</i>	pozostać w dobrych stosunkach
survive v	/sə'veɪv/	<i>Then I had to do some tests to see if I could survive in different situations.</i>	przetrwać, przeżyć
tactic n	/'tæktɪk/	<i>Asking them what your partner was like as a child is a brilliant tactic.</i>	taktyka
weak adj	/wi:k/	<i>No father likes a weak handshake!</i>	słaby

More words in File 7

incredibly adv	/ɪn'kredəblɪ/	<i>It's an incredibly difficult language to learn.</i>	niewiarygodnie
intensive adj	/ɪn'tensɪv/	<i>I did a one-month intensive course in Spanish.</i>	intensywny
phrasebook n	/'freɪz bʊk/	<i>You mustn't use a dictionary or phrasebook.</i>	rozmówki
subtitles pl n	/'sʌbtაɪtlz/	<i>Do you enjoy films with subtitles?</i>	napisy (do filmu)
use your hands	/ju:z ʃɔ: hændz/	<i>You mustn't use your hands or mime.</i>	używać rąk

File 8

Vocabulary Banks

GET

get a job	/get ə 'dʒɒb/	<i>I want to get a job when I finish school.</i>	dostać pracę
get a message	/get ə 'mesɪdʒ/	<i>Did you get a message from him?</i>	otrzymać wiadomość
get a newspaper	/get ə 'nju:zpeɪpər/	<i>I went to get a newspaper this morning.</i>	kupić gazetę
get a present	/get ə 'preznt/	<i>I need to get a present for my mum. It's her birthday next week.</i>	kupić prezent
get a ticket	/get ə 'tɪkɪt/	<i>You need to get a ticket before you get on the bus.</i>	kupić bilet
get an email	/get ən 'i:meɪl/	<i>I get an email from my mum every week.</i>	dostać wiadomość e-mail
get angry	/get 'æŋgrɪ/	<i>I try not to get angry but it happens.</i>	zezłościć się
get better	/get 'betər/	<i>I hope I get better next week. I want to go back to work.</i>	poprawić się
get colder	/get 'kəuldər/	<i>Is it going to get colder next week?</i>	ochłodzić się (o pogodzie)
get divorced	/get dr'veɪst/	<i>Why did you get divorced? – I didn't get on with my wife.</i>	rozwieść się
get fit	/get 'fɪt/	<i>I want to get fit. I'm so fat.</i>	nabrać formy
get home	/get 'həʊm/	<i>I get home at 5.00 p.m. most days.</i>	iść do domu
get lost	/get 'lɒst/	<i>We get lost every time you drive!</i>	zgubić się, zabłądzić
get married	/get 'mærɪd/	<i>We are going to get married next year.</i>	wyjść za mąż, ożenić się
get nervous	/get 'nɜ:vəs/	<i>I get nervous before tests.</i>	zdenerwować się
get on well with	/get ən 'wel wɪð/	<i>I get on well with my wife's parents.</i>	być w dobrych stosunkach z (kimś)
get to school	/get tə 'sku:l/	<i>I get to school at 8.00 a.m. every morning.</i>	iść do szkoły
get to work	/get tə 'wɜ:k/	<i>I get to work at 9.00 a.m. every morning.</i>	iść do pracy
get up phr v	/get 'ʌp/	<i>What time do you get up in the morning?</i>	wstawać
get worse	/get 'wɜ:s/	<i>Why did my mark get worse?</i>	pogorszyć się

CONFUSING VERBS

borrow money from somebody	/bɒrəʊ ˈmʌni frəm sʌmbədɪ/	I'll need to borrow money from my parents. I don't have enough.	pożyczyc pieniadze od kogoś
bring your dictionary / something back from holiday	/brɪŋ ʃɔ: ˈdɪkʃənri/ 'sʌmθɪŋ bæk frəm ˈhɒldeɪ/	Bring your dictionary to class next week, please.	przynieść słownik/ przywieźć coś z wakacji
carry a bag / a baby	/kæri ə ˈbæg/ ə ˈbeɪbi/	I carry a bag to work every day.	nosić torbę/ dziecko
earn a salary / money	/ɜ:n ə ˈsæləri/ ˈmʌni/	She's a student but she has a part-time job to earn money .	zarabiać pieniadze
find your glasses / a job	/faɪnd ʃɔ: ˈgla:sɪz/ ə ˈdʒɒb/	I hope I'll find a job soon.	znaleźć okulary/ pracę
hope that something good will happen / to do something	/həʊp ðæt ˈsʌmθɪŋ ɡud wil ˈhæpən/ tə də ˈsʌmθɪŋ/	This year has been terrible. I hope that something good will happen soon.	mieć nadzieję, że zdarzy się coś dobrego/ zrobić coś
know somebody well / something	/nəʊ sʌmbədɪ ˈwel/ 'sʌmθɪŋ/	I know something about her that is quite surprising.	znać kogoś dobrze/wiedzieć coś (o kimś)
lend money to somebody	/lend ˈmʌni tə sʌmbədɪ/	I always lend money to you and you never give it back.	pożyczyc pieniadze komuś
look at a photo / your watch	/lʊk ət ə ˈfəʊtəʊ/ ʃɔ: ˈwɒtʃ/	Look at your watch. We're going to be late!	patrzeć na zdjęcie/ zegarek
look for your glasses / a job	/lʊk fɔ: ʃɔ: ˈgla:sɪz/ ə ˈdʒɒb/	Shall I help you look for your glasses ?	szukać okularów/ pracy
look happy / about 25 years old	/lʊk ˈhæpi/ əbaʊt twenti,farv jɜ:z əuld/	You don't look 30. You look about 25 years old .	wyglądać na szczęśliwego/ wyglądać na około 25 lat
look like your mother / a model	/lʊk laɪk ʃɔ: ˈmʌðə/ ə ˈmodl/	You look like your mother , not your father.	wyglądać jak własna matka/ modelka
lose your glasses / a match	/lu:z ʃɔ: ˈgla:sɪz/ ə ˈmætʃ/	What's the matter? Did you lose your glasses ?	zgubić okulary/ przegrać mecz
meet somebody for the first time / at 11 o'clock	/mi:t sʌmbədɪ fɔ: ðə fɜ:st ˈtaim/ ət ɪ'levn ə ˈklɒk/	Let's meet at 11 o'clock outside the school.	spotkać się z kimś po raz pierwszy/ o godzinie 11
miss the bus / a class	/mɪs ðə ˈbəs/ ə ˈkla:s/	We're a bit late. Did we miss the bus ?	spóźnić się na autobus/ lekcję
say something to somebody / sorry / hello	/seɪ ˈsʌmθɪŋ tə sʌmbədɪ/ ˈsɔri/ hə'ləʊ/	Say hello to Colin for me.	powiedzieć coś do kogoś/ przeprosić (kogoś) / powitać (kogoś)
take an umbrella / your children to school	/teɪk ən əm'brelə/ ʃɔ: ˈtʃildrən tə sku:l/	You should take an umbrella because it's going to rain.	zabrać parasol/ zabrać dzieci do szkoły
tell somebody something / a lie / a joke	/tel sʌmbədɪ ˈsʌmθɪŋ/ ə 'laɪ/ ə 'dʒəʊk/	Do you think it's ever OK to tell a lie ?	powiedzieć coś komuś/ kłamstwo/ dowcip
wait for a bus / for a long time	/weɪt fɔ:r ə ˈbəs/ fɔ:r ə lɔŋ ˈtaim/	I'm going to wait for a bus . It's too far to walk.	czekać na autobus / dugo
watch TV / a match	/wɒtʃ ,ti: ˈvi:/ ə ˈmætʃ/	Let's watch TV . There's a good movie on.	oglądać telewizję/ mecz
wear clothes / jewellery	/weə ˈkləʊðz/ 'dʒu:əlri/	I'm not allowed to wear jewellery to work.	nosić ubrania/ biżuterię
win a prize / a match / a medal	/wɪn ə ˈpraɪz/ ə ˈmætʃ/ ə ˈmedl/	Do you win a prize or is it just for fun?	zdobyć nagrodę / wygrać mecz/ zdobyć medal

Useful words and phrases

advantage n	/əd've:n्टɪdʒ/	The advantage of not having a car is that it saves a lot of money.	zaleta
avoid v	/ə'veɪd/	This seems an easy one – go, but try to avoid her where possible.	unikać
blizzard n	/'blɪzəd/	A blizzard is a very bad storm with snow and strong winds.	zamieć śnieżną

calmly <i>adv</i>	/'kɑ:mli/	'Do you think for one moment,' she said calmly , 'that I could come to your home while Héloïse is there?'	spokojnie
century <i>n</i>	/'sentʃəri/	<i>In what century</i> do you think the story takes place?	wiek
change your mind	/tʃeindʒ ʃo: maɪnd/	If you start planning for the big day, it will make things worse if you then change your mind .	zmienić zdanie
circumstances <i>pl n</i>	/'sɜ:kəmstænsɪz/	Are there any circumstances in which you think it's OK to tell a lie?	okoliczności
completely <i>adv</i>	/kəm'pli:tli/	I can trust you completely .	całkowicie
cyclone <i>n</i>	/'saɪklən/	A cyclone is a very strong wind that moves in a circle.	cyklon
deeply in love	/'di:pli ɪn lʌv/	I am deeply in love with her, but is this too soon?	bardzo zakochany
detective <i>n</i>	/drɪ'tektɪv/	A detective helps to solve crimes.	detektyw
difficult to get on with	/'dɪfɪkəlt tə get 'ɒn wið/	I find her sister really difficult to get on with .	(osoba), z którą cięźko się dogadać
dreamily <i>adv</i>	/'dri:mli/	The girl looked out the window dreamily .	sennie
drunk <i>adj</i>	/'drʌŋk/	He had too much wine and was drunk .	pijany
earthquake <i>n</i>	/'ɜ:θkweɪk/	What were they doing when the earthquake struck?	trzęsienie ziemi
flood <i>n</i>	/flʌd/	A flood is when there is too much water in a river and it comes onto the streets or fields.	powódź
forest fire <i>n</i>	/fɔ:rist 'faɪə/	A forest fire is a big fire which can destroy many trees and houses.	pożar lasu
go for it	/'gəʊ fɔ:r it/	You clearly love this girl and I think you should go for it .	podjąć próbę (zrobienia czegoś)
have second thoughts	/hæv sekənd 'θɔ:ts/	It's normal to have second thoughts about the big decisions we make.	przemyśleć coś jeszcze raz
impulse <i>n</i>	/'ɪmpəls/	It was an impulse , but now I'm having second thoughts.	impuls
it's worth	/ɪts 'wɜ:θ/	In my opinion, I don't think it's worth making problems at work.	warto
keep in touch	/ki:p ɪn 'tʌtʃ/	You can always keep in touch with colleagues on your phone.	być w kontakcie (z kimś)
masterfully <i>adv</i>	/'ma:stəfəli/	'Vivienne,' said Hartley, masterfully . 'You must be mine.'	władczzo
monsoon <i>n</i>	/mən'su:n/	A monsoon is when it rains very heavily for three months or more.	monsun
once in a lifetime	/wʌns ɪn ə 'laɪftaɪm/	Maybe this is a once in a lifetime moment for her.	raz w życiu
risk <i>v</i>	/rɪsk/	Should I go, and risk having arguments all the time?	ryzykować
scream <i>v</i>	/skri:m/	You scream like a baby.	krzyczeć
separate <i>adj</i>	/'seprət/	Should I suggest separate holidays this year?	osobno
storm <i>n</i>	/stɔ:m/	A blizzard is a very bad storm with snow and strong winds.	burza
suburbs <i>pl n</i>	/'sʌbɜ:bz/	I don't live in the city centre – I live in the suburbs .	przedmieścia
suggest <i>v</i>	/sə'dʒest/	Should I suggest separate holidays this year?	sugerować
suspicious <i>adj</i>	/sə'spɪʃəs/	Hartley was suspicious that Vivienne loved another man.	podejrzliwy
tram <i>n</i>	/træm/	Then he left the office and took a tram to Broadway.	tramwaj
trust <i>v</i>	/trʌst/	He's very honest, and I completely trust him.	ufać, wierzyć
tsunami <i>n</i>	/su:'na:mi/	A tsunami is a very large wave in the sea.	tsunami
whisper <i>v</i>	/'wɪspə/	Whisper the answer to me, so no one can hear.	szeptać

More words in File 8

angrily <i>adv</i>	/'æŋgrəli/	They answered the phone angrily .	ze złością
desperate <i>adj</i>	/'desprət/	I'm desperate . Should I phone her now and tell her? What should I do?	zdesperowany
feature <i>n</i>	/'fi:tʃə/	Read three problems from a weekly feature in a British newspaper.	artykuł
get advice	/get əd'veɪs/	Send us your problem and you will get advice from our readers.	otrzymać poradę

ground <i>n</i>	/graʊnd/	<i>An earthquake is when the ground suddenly shakes very strongly.</i>	ziemia
helpline <i>n</i>	/'helplɪn/	<i>If you call a telephone helpline, you will have to wait a long time.</i>	pomoc telefoniczna
honeymoon <i>n</i>	/'hʌnimu:n/	<i>The Swedish couple went on a three month world trip for their honeymoon.</i>	miesiąc miodowy, podróż poślubna
hyperactive <i>adj</i>	/,haɪpər'æktyv/	<i>There will be a hyperactive five-year-old in the seat behind you.</i>	nadpobudliwy
lazily <i>adv</i>	/'leɪzɪlɪ/	<i>They got up lazily.</i>	leniwie
marathon <i>n</i>	/'mærəθən/	<i>My wife is running her first marathon in London.</i>	maraton
matter <i>n</i>	/'mætə/	<i>This is a very important matter.</i>	kwestia
obtain <i>v</i>	/əb'teɪn/	<i>Did you obtain a visa?</i>	uzyskać
route <i>n</i>	/ru:t/	<i>Mark their route on the map.</i>	trasa
seriously <i>adv</i>	/'sɪəriəsli/	<i>He takes his job very seriously.</i>	poważnie
smoke <i>n</i>	/sməʊk/	<i>The streets were full of smoke.</i>	dym
weekly <i>adj</i>	/'wi:kli/	<i>Read three problems from a weekly feature in a British newspaper.</i>	cotygodniowy

File 9

Vocabulary Banks

ANIMALS

bat <i>n</i>	/bæt/	<i>Have you ever seen a bat at night?</i>	nietoperz
bear <i>n</i>	/beə/	<i>I saw a bear when I was on holiday in Canada.</i>	niedźwiedź
bee <i>n</i>	/bi:/	<i>There is a bee in that flower.</i>	pszczółka
bird <i>n</i>	/bɜ:d/	<i>A parrot is a kind of bird that can talk like a human.</i>	ptak
bull <i>n</i>	/bul/	<i>Bullfighting is popular in Spain.</i>	byk
butterfly <i>n</i>	/'bʌtəflaɪ/	<i>That butterfly is very beautiful.</i>	motyl
camel <i>n</i>	/'kæml/	<i>The camel lives in dry, hot places.</i>	wielbłąd
chicken <i>n</i>	/'tʃɪkɪn/	<i>The chicken laid two eggs.</i>	kurczak
cow <i>n</i>	/kau/	<i>The milk of a cow is very popular.</i>	krowa
crocodile <i>n</i>	/'krɒkədail/	<i>We saw a crocodile in the water when we were in northern Australia.</i>	krokodyl
dolphin <i>n</i>	/'dɒlfɪn/	<i>The dolphin is the friendliest animal in the sea.</i>	delfin
elephant <i>n</i>	/'elɪfənt/	<i>We saw a big elephant on safari in Africa.</i>	słoń
fly <i>n</i>	/flaɪ/	<i>That fly is very annoying.</i>	muchwa
giraffe <i>n</i>	/dʒə'rɑ:f/	<i>I really enjoyed seeing the giraffe at the zoo.</i>	żyrafa
goat <i>n</i>	/gəʊt/	<i>My uncle has cows, sheep, and a goat on his farm.</i>	koza
horse <i>n</i>	/hɔ:s/	<i>There is a field with a white horse in it behind our house.</i>	koń
jellyfish <i>n</i>	/'dʒelɪfiʃ/	<i>It hurts when a jellyfish stings you.</i>	meduza
kangaroo <i>n</i>	/,kæŋgə'rū/	<i>The kangaroo is an Australian animal.</i>	kangur
lion <i>n</i>	/'laɪən/	<i>The lion is often called the king of the jungle.</i>	lew
monkey <i>n</i>	/'mʌŋki/	<i>Is that a monkey up in the trees?</i>	małpa
mosquito <i>n</i>	/mə'ski:təʊ/	<i>Is that a mosquito bite on your arm?</i>	komar
mouse <i>n</i>	/maʊs/	<i>There's a mouse in the kitchen. Get it out!</i>	mysz
pig <i>n</i>	/pɪg/	<i>A pig is quite an intelligent animal.</i>	świnia
rabbit <i>n</i>	/'ræbit/	<i>My daughter has a pet rabbit.</i>	królik
shark <i>n</i>	/ʃa:k/	<i>I don't like to swim in the sea because I'm scared I'll see a shark.</i>	rekin
sheep <i>n</i>	/ʃi:p/	<i>Jumpers are made from the wool of sheep.</i>	owca
snake <i>n</i>	/sneɪk/	<i>We saw a snake, but it wasn't a dangerous one.</i>	wąż

spider <i>n</i>	/'spaɪdə/	<i>There is a large spider in the bathroom.</i>	pająk
tiger <i>n</i>	/'taɪgə/	<i>A tiger is a beautiful animal with black and orange stripes.</i>	tygrys
whale <i>n</i>	/weɪl/	<i>The blue whale is the biggest animal in the world.</i>	wieloryb
Useful words and phrases			
abnormal <i>adj</i>	/æb'nɔːml/	<i>A phobia is a very strong and abnormal fear or dislike of something.</i>	nienormalny
aggressive <i>adj</i>	/ə'gresɪv/	<i>What would you do if a large aggressive animal ran towards you?</i>	agresywny
allergic <i>adj</i>	/ə'lɛs:dʒɪk/	<i>Are you allergic to any animals?</i>	uczulony
bark <i>v</i>	/ba:k/	<i>Sometimes our neighbour's dog will bark all night.</i>	szczekać
bite <i>v</i>	/baɪt/	<i>Did the snake bite you?</i>	ugryźć
brain <i>n</i>	/breɪn/	<i>The drug causes changes to part of the brain used in learning and memory.</i>	mózg
complicated <i>adj</i>	/'kɒmplɪkeɪtɪd/	<i>Which do you think makes the sufferers' lives most complicated?</i>	skomplikowany
cure <i>n</i>	/kjʊə/	<i>Doctors have found a cure for people with phobias.</i>	lek
drug <i>n</i>	/drʌg/	<i>There is a drug that can help people to overcome their phobias.</i>	lekarstwo
effective <i>adj</i>	/'efektɪv/	<i>The new drug could be used to make this therapy more effective.</i>	skuteczny
float <i>v</i>	/fləʊt/	<i>I would float in the water and pretend to be dead.</i>	dryfować
fur coat <i>n</i>	/fɜː kəʊt/	<i>What would you do if someone offered to buy you a fur coat?</i>	futro
guinea pig <i>n</i>	/'gɪni pɪg/	<i>David Loosmore would happily be a guinea pig for the pill.</i>	królik doświadczalny
insects <i>pl n</i>	/'ɪnsektɪz/	<i>Are there any animals or insects you are really afraid of?</i>	owady
keep still <i>v</i>	/ki:p stil/	<i>I would keep still and look it straight in the eyes.</i>	zachować spokój
logical <i>adj</i>	/'lɒdʒɪkl/	<i>Number the expressions in what you think is the most logical order.</i>	logiczny
lottery <i>n</i>	/'lɒtəri/	<i>If I won a lot of money in the lottery, I would buy a house.</i>	loteria
memory <i>n</i>	/'meməri/	<i>The drug causes changes to part of the brain used in learning and memory.</i>	pamięć
overcome <i>v</i>	/,əʊvə'kʌm/	<i>There is a drug that can help people to overcome their phobias.</i>	przezwyciężyć
panic <i>n</i>	/'pænɪk/	<i>They often feel panic when they go out and only feel safe at home.</i>	panika
phobia <i>n</i>	/'fəʊbiə/	<i>People with this phobia are terrified of spiders.</i>	fobia
placebo <i>n</i>	/plə'si:bəʊ/	<i>The people who took the pill felt less afraid than those who took a placebo.</i>	placebo
poisonous <i>adj</i>	/'poɪzənəs/	<i>What would you do if a poisonous snake bit you on the leg?</i>	jadowity
safari <i>n</i>	/sə'fa:ri/	<i>If you went on a safari, what animal would you most like to see?</i>	safari
shore <i>n</i>	/ʃɔ:/	<i>What would you do if you were in the sea quite near the shore when you saw a shark?</i>	brzeg
shout <i>v</i>	/ʃaʊt/	<i>I would shout 'down' at it several times.</i>	krzyczeć
sting <i>n</i>	/stɪŋ/	<i>I would rub the sting with a towel to clean it.</i>	ukąszenie
suck <i>v</i>	/sʌk/	<i>I would suck the bite to get the poison out.</i>	ssać
sweat <i>v</i>	/swet/	<i>Getting on the plane is hard and when the plane takes off I start to sweat.</i>	pocić się
therapy <i>n</i>	/'θerəpi/	<i>The normal treatment for people with phobias is exposure therapy.</i>	terapia

tie v	/taɪ/	I would tie something, e.g. a scarf on my leg above the bite.	zawiązać
treatment n	/'tri:tment/	The normal treatment for people with phobias is exposure therapy.	postępowanie
vinegar n	/'vīnīgə/	I would wash the sting with vinegar or sea water.	ocet
wave v	/weɪv/	I would wave my hand to make it go out.	pomachać

More words in File 9

backwards adv	/'bækwədz/	I would put my hands in my pockets and walk slowly backwards .	wstecz
balcony n	/'bælkəni/	I get very nervous if I go up high, for example on a balcony on the 20th floor.	balkon
cancer n	/'kænsə/	He injured his foot playing football and he later became ill with cancer .	nowotwór, rak
captain n	/'kæptɪn/	His father was a captain in the British army.	kapitan
organization n	/,ɔ:gə'naizəʃn/	Are you a member of a club or organization ?	organizacja
pockets pl n	/'pɒkɪts/	I would put my hands in my pockets and walk slowly backwards.	kieszenie
primary school n	/'praɪməri sku:l/	My seven-year-old son goes to primary school .	szkoła podstawowa
public speaking n	/'pʌblɪk spi:kɪŋ/	The actor Harrison Ford has been afraid of public speaking all his life.	występy publiczne
reggae n	/'regeɪ/	Bob Marley (1945–1981) is often called the father of reggae .	reggae
respected adj	/rɪ'spektɪd/	His eldest son Ziggy is a very respected reggae musician.	szanowany
retire v	/rɪ'taɪə/	I want to retire at 65.	przejść na emeryturę
secondary school n	/'sekəndri sku:l/	My 14-year-old daughter goes to secondary school .	szkoła średnia
top floor flat n	/tɒp flɔ:fleɪt/	Do you live in a top floor flat ?	mieszkanie na ostatnim piętrze

File 10

Useful words and phrases

base v	/beɪs/	Did you base your design on something else?	oprzeć (na czymś)
behaviour n	/bɪ'heɪvɪə/	Everything he does is spoiled by his attitude and his bad behaviour .	zachowanie
biology n	/baɪ'ɒlədʒi/	Biology usually studies humans, animals, or plants.	biologia
board game n	/'bɔ:d geɪm/	'Monopoly' is a popular board game .	gra planszowa
bullet-proof vest n	/'bulɪt pru:f vest/	The bullet-proof vest is used by the police all over the world.	kamizelka kuloodporna
cash machine n	/kæʃ mæ'ʃi:n/	The cash machine wasn't invented until 1967.	bankomat
chemistry n	/'kemistrɪ/	Chemistry helps us understand what things are made of.	chemia
design v	/dɪ'zain/	To design a new building, you need to draw a plan that shows how to make it.	zaprojektować
discover v	/dɪ'skʌvə/	Scientists are still trying to discover a cure for cancer.	odkryć
disposable adj	/dɪ'spoʊzəbəl/	How many disposable nappies are used every day?	jednorazowy
focus n	/'fəʊkəs/	In which sentence is the focus more on the dishwasher?	skupienie
fundamental adj	/,fʌndə'mentl/	They said it had 52 fundamental errors including taking too long to play.	podstawowy
geography n	/dʒi'ɒgrəfi/	Geography is the study of humans and the world.	geografia
hair drier n	/heə 'draɪə/	I need a hair drier to dry my hair.	suszarka do włosów
hammer n	/'hæmə/	Tins used to be opened with difficulty using a knife and a hammer .	młotek

information technology <i>n</i>	/ɪnfə'meɪʃn tek,nɒlədʒi/	<i>Information technology</i> is the study of computing.	informatyka
invent <i>v</i>	/in'vent/	<i>I have lots of ideas of things I'd like to invent.</i>	wynaleźć
invention <i>n</i>	/in'venʃn/	<i>Mrs Graham's invention is called Tipp-Ex today.</i>	wynalazek
logo <i>n</i>	/ləʊgəʊ/	<i>The Nike logo is world-famous.</i>	logo
marks <i>pl n</i>	/ma:ks/	<i>I didn't use to study a lot but got good marks.</i>	oceny
material <i>n</i>	/mə'tɪəriəl/	<i>What was special about the material Stephanie Kwolek invented?</i>	materiał
maths <i>n</i>	/mæθs/	<i>I'm not good with numbers so I don't like maths.</i>	matematyka
nappies <i>pl n</i>	/'næpi:z/	<i>How many disposable nappies are used every day?</i>	pieluchy
novel <i>n</i>	/'nɒvl/	<i>The film was based on a famous novel.</i>	powieść
physical education <i>n</i>	/'fɪzɪkl ,edʒu'keɪʃn/	<i>Physical education</i> is sport at school.	wychowanie fizyczne
physics <i>n</i>	/'fɪzɪks/	<i>Many people think physics is the hardest subject at school.</i>	fizyka
president <i>n</i>	/'prezɪdənt/	<i>The company president saw the game and took it home to try it.</i>	prezes
psychology <i>n</i>	/saɪ'kɒlədʒi/	<i>Like Holmes, House uses his knowledge of psychology to solve cases.</i>	psychologia
religious education <i>n</i>	/rɪ'lɪdʒəs ,edʒu'keɪʃn/	<i>Religious education</i> is an important part of school in many countries.	religia
report <i>n</i>	/rɪ'pɔ:t/	<i>When you were at school did you get a report at the end of every year?</i>	świadczenie
science <i>n</i>	/'saɪəns/	<i>Chemistry, biology, and physics are all science subjects.</i>	nauki ścisłe
starting point <i>n</i>	/'stɑ:tɪŋ pɔɪnt/	<i>The internet was the starting point for so many technologies.</i>	początek
subjects <i>pl n</i>	/səb'dʒekts/	<i>Did you study any other subjects at primary or secondary school?</i>	przedmioty (w szkole)

More words in File 10

arithmetic <i>n</i>	/ə'rɪθmətɪk/	<i>Kenneth is good at arithmetic.</i>	arytmetyka
attitude <i>n</i>	/'ætɪtju:d/	<i>Everything he does is spoiled by his attitude and his bad behaviour.</i>	postawa
author <i>n</i>	/'ɔ:θə/	<i>Ken Follett is the best-selling author of The Pillars of the Earth.</i>	autor
choice <i>n</i>	/tʃɔ:s/	<i>Too much choice is making us feel unhappy and dissatisfied.</i>	wybór
compulsory <i>adj</i>	/kəm'pʌlsəri/	<i>Education is compulsory until 18 or 19 in many countries.</i>	obowiązkowy
confuse <i>v</i>	/kən'fju:z/	<i>It is easy to confuse him.</i>	wprawiać w zakłopotanie
confusion <i>n</i>	/kən'fju:zn/	<i>He got lost in the confusion.</i>	zamieszanie
curious <i>adj</i>	/'kjʊəriəs/	<i>He is so curious. He wants to know everything.</i>	ciekawski
decision <i>n</i>	/dɪ'sɪʒn/	<i>Do you ever worry about making the wrong decision?</i>	decyzja
decisive <i>adj</i>	/dɪ'saisɪv/	<i>Do you know anybody who is very decisive?</i>	stanowczy
disorganized <i>adj</i>	/dɪs'ɔ:gənaɪzd/	<i>I used to be very disorganized, for example I often left my books at home.</i>	źle zorganizowany
dissatisfied <i>adj</i>	/dɪs'sætɪsfɪəd/	<i>Too much choice is making us feel unhappy and dissatisfied.</i>	niezadowolony
educate <i>v</i>	/'edʒukeɪt/	<i>Teachers try to educate students.</i>	edukować
education <i>n</i>	/,edʒu'keɪʃn/	<i>I enjoyed education after primary school.</i>	edukacja
elect <i>v</i>	/ɪ'lekt/	<i>Who did you elect to do the task?</i>	wybierać
flowery <i>adj</i>	/'flaʊəri/	<i>Helen must learn not to use such flowery language.</i>	kwiecisty
imagination <i>n</i>	/ɪ,mædʒɪ'neɪʃn/	<i>He has a really good imagination and is so good at thinking up stories.</i>	wyobraźnia
indecisive <i>adj</i>	/,ɪndɪ'saisɪv/	<i>I'm quite indecisive so I find it hard to make decisions.</i>	mało stanowczy, niezdecydowany
nickname <i>n</i>	/'nɪkneɪm/	<i>Did you use to have a nickname?</i>	przezwisko

opt v	/ɒpt/	Which one did you opt for?	zdecydować się
options pl n	/'ɒpʃnz/	We have so many options that making a decision is stressful.	możliwości
possibilities pl n	/'pɒsə'bɪlətɪz/	Deciding which TV channel to watch is difficult when there are so many possibilities .	możliwości
researcher n	/'ri:sə:tʃə/	A researcher has discovered that too much choice makes us feel unhappy.	badacz, badaczka
same sex school n	/seɪm sekst 'sku:l/	Who didn't like being at a same-sex school ?	szkoła wyłącznie męska lub żeńska
spoil v	/spoɪl/	Don't let your bad behaviour spoil your good marks.	zepsuć, zmarnować

File 11

Vocabulary Banks

EXPRESSING MOVEMENT

across prep	/ə'krɒs/	The bank is just across the road.	naprzeciwko, po drugiej stronie
along prep	/ə'lɔŋ/	We went for a walk along the street.	wzdłuż
come back phr v	/kʌm 'bæk/	He's leaving, and he doesn't know if he'll come back .	wrócić
down prep	/daʊn/	She went down the steps five minutes ago.	w dół, do dołu
get off phr v	/get 'ɒf/	Get off the bus at the railway station.	wysiąść
Go away! phr v	/gəʊ ə'wei/	Go away! I don't want to speak to you.	Odejdź!
go back phr v	/gəʊ 'bæk/	I'm tired. Can we go back home now?	wracać
in prep	/ɪn/	What sports can you see in the photos?	na, w
into prep	/'ɪntə/	I just need to go into the shop for something.	do
out prep	/aʊt/	I certainly can't go out for a wild night during the week.	na zewnątrz
out of prep	/aʊt ɒv/	Go out of the shop and cross the road.	z, ze
over prep	/'əʊvə/	Go over the bridge and turn left.	przez, ponad, powyżej
past prep	/pɑ:st/	It's past the church and next to the post office.	za
round / around prep	/raʊnd / ə'raʊnd/	They went for a run around the lake.	wokół / dookoła
run away phr v	/rʌn ə'wei/	When she was a child, she once tried to run away from home.	uciekać
run off phr v	/rʌn 'ɒf/	The man tried to run off when he saw the policeman.	uciekać
through prep	/θru:/	I go through the tunnel every day.	przez
towards prep	/tə'wɔ:dz/	Walk towards the lake and you can see my house on the right.	w kierunku
under prep	/'ʌndə/	The car went under the bridge.	pod
up prep	/ʌp/	Go up the steps and turn right.	do góry, w góre

PHRASAL VERBS

be over phr v	/bi 'əʊvə/	The match will be over at about 5.30 p.m.	skończyć się
call back phr v	/kɔ:l 'bæk/	He's out. Could you call back later?	zadzwonić ponownie
come on phr v	/kʌm 'ɒn/	Come on! Let's go.	no, proszę
fill in phr v	/fil 'ɪn/	Could you fill in this form?	wypełnić
find out phr v	/faɪnd 'aʊt/	I want to find out about hotels in Madrid.	dowiedzieć się
get on with phr v	/get 'ɒn wið/	I don't get on with Anna. She's really annoying.	lubić kogoś, mieć z kimś dobre stosunki
get up phr v	/get 'ʌp/	I get up at 10.00 a.m. every morning.	wstawać
give back phr v	/gɪv 'bæk/	When can you give back that book you borrowed?	oddać
give up phr v	/gɪv 'ʌp/	I need to give up smoking.	rzucić
go away phr v	/gəʊ ə'wei/	I want to go away for the weekend. I need a break.	odejść, wyjechać
go out phr v	/gəʊ 'aut/	Let's go out to a restaurant tonight.	wyjść
look after phr v	/lʊk 'a:ftə/	My sister said she would look after Jimmy for me today.	opiekować się

look for phr v	/lʊk fɔ:/	Can you help me look for my key? I've lost it!	szukać
look forward to phr v	/lʊk 'fɔ:wəd tə/	I look forward to seeing you soon.	oczekiwać, czekać
look up phr v	/lʊk ʌp/	You should look up words you don't know in the dictionary.	wyszukać
pay back phr v	/peɪ 'bæk/	Did I pay back the money I borrowed from you?	oddać pieniądze
pick up phr v	/pɪk 'ʌp/	Pick up these clothes from the floor.	podnieść
put away phr v	/put ə'wei/	Your room is a mess. Can you put away your clothes?	odłożyć
put on phr v	/put 'ɒn/	It's bedtime – go and put on your pyjamas.	założyć (ubranie)
sit down phr v	/sit 'daʊn/	Please, sit down and relax.	usiąść
stand up phr v	/stænd 'ʌp/	It's polite to stand up when your manager comes in.	wstać
take back phr v	/teɪk 'bæk/	I think I'll take back these jeans I bought. They're too small.	zwrócić
take off phr v	/teɪk 'ɒf/	Could you take off your boots, please?	zdjąć (ubranie)
throw away phr v	/θrəu ə'wei/	Don't throw away that letter!	wyrzucić
try on phr v	/trai 'ɒn/	I'm going to try on these jeans.	przymierzyć
turn down phr v	/tɜ:n ˈdaʊn/	Turn down the music! It's very loud.	sciszyć
turn off phr v	/tɜ:n ˈɒf/	There's nothing on. Shall I turn off the TV?	wyłączyć
turn on phr v	/tɜ:n ˈɒn/	Could you turn on the TV? There's a good movie on.	włączyć
turn up phr v	/tɜ:n ˈʌp/	Turn up the TV! I can't hear.	pogłośnić
write down phr v	/raɪt 'daʊn/	Write down my address or you might forget it.	zapisać

Useful words and phrases

athletics n	/æθ'letɪks/	Running is an athletics event.	lekkoatletyka
bad loser n	/bæd 'lu:zə/	My brother is a really bad loser .	osoba, która nie umie przegrywać
baseball n	/'beɪsbo:l/	They are called umpires in tennis and baseball .	baseball
basketball n	/'ba:skitbɔ:b:l/	In basketball you have to throw the ball through a ring with a basket.	koszykówka
beat v	/bi:t/	England beat Germany 5–1.	pokonać
blame v	/bleɪm/	Don't blame your defeat on the referees.	obwiniać
boxing n	/'bɒksɪŋ/	Boxing is a fight, usually between two men.	boks
coach n	/kəʊtʃ/	My tennis coach has really helped me improve my game.	trener
contract n	/kɒntrækt/	Luciano Gaucci announced that the player's contract would not be renewed.	kontrakt
cycling n	/'saɪklɪŋ/	I usually go cycling at the weekend.	jazda na rowerze
defeat n	/dɪ'fi:t/	Don't blame your defeat on the referees.	przegrana
dehydrated adj	/,di:haɪ'dreɪtɪd/	We're making him drink water because he's becoming dehydrated .	odwodniony
dignity n	/'dɪgnəti/	The hardest lesson to learn in sport is how to lose with dignity .	godność
disqualify v	/dɪs'kwɒlfɪə/	They will disqualify you if you try to cheat.	dyskwalifikować
false start n	/,fɔ:ls 'stɑ:t/	Jon Drummond was disqualified for a false start .	falstart
fool n	/fu:l/	He also called the umpire 'an incompetent fool '!	głupiec
football n	/'fʊtbɔ:l/	In football you have to kick the ball into a goal.	piłka nożna
football club n	/'fʊtbɔ:l kləb/	But Jung-Hwan also played for the Italian football club Perugia.	klub piłkarski
furious adj	/'fjuəriəs/	He became furious and shouted 'You cannot be serious!' at the umpire.	wściekły
golf n	/gɔlf/	In golf you have to get a small ball into a hole far away.	golf
handball n	/'hændbɔ:l/	Handball is like football but you use your hands, not your feet.	pilka ręczna
hockey n	/'hoki/	I play hockey at school.	hokej
incompetent adj	/in'kɒmpɪtənt/	He also called the umpire 'an incompetent fool'!	niekompetentny
insult v	/ɪn'salt/	He tried to insult the referee.	obrażać

intention <i>n</i>	/ɪn'tenʃn/	I have no intention of paying a salary to somebody who has ruined Italian football.	zamiar, intencja
motor racing <i>n</i>	/'məʊtər reɪsɪŋ/	<i>Formula 1</i> is a famous motor racing event.	wyścigi (samochodowe)
opponent <i>n</i>	/ə'paʊnənt/	Don't refuse to shake hands with your opponent .	przeciwnik
referee <i>n</i>	/,refə'rei:/	A referee or <i>umpire</i> is an official who makes the players obey the rules.	sędzia
refuse <i>v</i>	/rɪ'fju:z/	Don't refuse to shake hands with your opponent .	odmawiać
rugby <i>n</i>	/'rʌgbɪ/	Rugby doesn't have a round ball and you have to throw it backwards.	rugby
score a goal <i>v</i>	/skɔ:r ə ɡoʊl/	How was the match? Did you score a goal ?	strzelić bramkę
skiing <i>n</i>	/'ski:iŋ/	Skiing holidays are popular in winter.	narciarstwo
tennis <i>n</i>	/'tenɪs/	In tennis you have to hit the ball over a net.	tenis
umpire <i>n</i>	/'ʌmpaɪə/	A referee or umpire is an official who makes the players obey the rules.	sędzia
volleyball <i>n</i>	/'vɒlibɔ:l/	Volleyball is often played on a beach.	siatkówka
windsurfing <i>n</i>	/'wɪndsrɔ:fɪŋ/	You need a strong wind to go windsurfing .	windsurfing

More words in File 11

bunker <i>n</i>	/'bʌŋkə/	The bunker in golf is full of sand.	przeszkoda (na polu golfowym)
buzz <i>n</i>	/bʌz/	The buzz of being 'live' on the radio is really wonderful.	podniecenie, podekscytowanie
coincidence <i>n</i>	/kəʊ'ɪnsɪdəns/	It was a coincidence that both boys were called 'Jim' by their new parents.	zbieg okoliczności
concentrate <i>v</i>	/'kɒnsntrreɪt/	I can't concentrate with that music on.	koncentrować się
energetic <i>adj</i>	/,ena'dʒetɪk/	I feel awake and energetic in the morning.	pełen energii
goal <i>n</i>	/goʊl/	In football you have to kick the ball into a goal .	bramka
hole <i>n</i>	/həʊl/	The aim of golf is to get a small ball into a small hole .	dziura
identical <i>adj</i>	/aɪ'dentɪkl/	When Jim Lewis was six years old, he discovered that he had an identical twin brother.	identyczny
lap <i>n</i>	/læp/	This is a short race – only one lap .	okrążenie
match point <i>n</i>	/,mætsʃ 'pɔɪnt/	It's match point to Murray.	pilka meczowa
net <i>n</i>	/net/	In tennis you have to hit the ball over a net .	siatka
penalty <i>n</i>	/'penalti/	Hand ball! That must be a penalty .	rzut karny
season <i>n</i>	/'si:zn/	It depends on the season . I find I need much more sleep in the winter.	pora roku
serve <i>v</i>	/sɜ:v/	In tennis it's important to learn how to serve the ball skilfully.	serwować
track <i>n</i>	/træk/	The marathon finishes on the track in the stadium.	bieżnia
twin <i>n</i>	/twɪn/	When Jim Lewis was six years old, he discovered that he had an identical twin brother.	bliźniak
World Cup <i>n</i>	/,wɜ:ld 'kʌp/	England won the Rugby World Cup in 2003 by beating Australia in the last minute of the match.	Puchar Świata

File 12

Useful words and phrases

arrest <i>v</i>	/ə'rest/	He arrived at his local police station and said 'Please arrest me again!'	areszt
build connections	/bɪld kə'neksʃnz/	Gossip can be a positive thing when people use it to build connections with other people.	budować związki, relacje
feel guilty	/fi:l 'gɪlti/	Sometimes we might feel guilty if we gossip about other people.	, bűntudata vanczuć się winnym
genes <i>pl n</i>	/dʒi:nɪz/	McAndrew believes that gossiping is in our genes .	geny
gossip <i>n, v</i>	/'gɒsɪp/	Who do people most often gossip about?	plotka, plotkować

in general	/ɪn 'dʒenrəl/	<i>In general, men share gossip with their wives or girlfriends, not their male friends.</i>	generalnie, ogólnie
kettle <i>n</i>	'ketl/	<i>Put the kettle on. I need a cup of tea.</i>	czajnik
local <i>adj</i>	'ləʊkl/	<i>The dog had run away and gone to the local railway station.</i>	miejscowy
microchip <i>n</i>	'maɪkroʊtʃɪp/	<i>Thanks to a microchip in its neck, they discovered that its name was Diesel.</i>	mikrochip
microwave <i>n</i>	'maɪkrəweɪv/	<i>She said she left the dinner in the microwave.</i>	kuchenka mikrofalowa
nanny <i>n</i>	'næni/	<i>We have a nanny to look after our children.</i>	niania, opiekunka
neighbour <i>n</i>	'neɪbə/	<i>He left the dog with a neighbour.</i>	sąsiad
pass on <i>phr v</i>	/pa:s 'ɒn/	<i>Research has shown that people were happy to pass on good news about their friends.</i>	przekazywać (informacje)
pleasure <i>n</i>	'pleʒə/	<i>McAndrew believes that we feel pleasure when we share interesting information.</i>	przyjemność
pottery <i>n</i>	'pɒtəri/	<i>I made a vase in my pottery class.</i>	ceramika
prison <i>n</i>	'prɪzn/	<i>He was freed early from prison on the condition that he promised to live with his parents.</i>	więzienie
private life <i>n</i>	'praɪvət laɪf/	<i>To gossip is to talk about other people, especially their private life.</i>	życie prywatne
robber <i>n</i>	'rɒbə/	<i>The robber took all our money and jewellery.</i>	złodziej
security guard <i>n</i>	/sɪ'kjʊərəti ɡa:d/	<i>Lewis was a security guard and Springer was a deputy sheriff.</i>	ochroniarz
selection <i>n</i>	/sɪ'leksʃn/	<i>Here is our selection of last week's true stories.</i>	wybór
slippers <i>pl n</i>	/'slɪpəz/	<i>I wear slippers, not shoes, inside the house.</i>	kapcie
social skill <i>n</i>	/'səʊʃl skil/	<i>McAndrew says that gossiping is a social skill, and we need to learn to do it well.</i>	umiejętność społeczna
supper <i>n</i>	/'sʌpə/	<i>What shall we eat for supper?</i>	kolacja