

The Poor Person's Guide To Security

Who Am I?



A close-up photograph of a black combination lock with four dials, resting on a dark laptop keyboard. The lock's shackle is visible on the left, and its body is positioned vertically. The laptop keyboard is partially visible in the background, showing keys like 'delete' and the right arrow key. The lighting is dramatic, with strong highlights and shadows.

The Agenda

1 GRC

2 The Boring Bits

3 Next Steps

GRC



POLICE

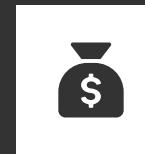
VisualEvolution



Security Is A Balancing Act



You Need To Do
Your Job



We Don't Have
Any More Money



You Need A
Strategy



You Can't Have
Anymore
Resources



Make Everything
More Secure



They Take Your
Stapler



We Need This
Yesterday

The Boring Bits

Keeping It Simple



Develop A Strategy

The Strategy Should Tell
The Story Of What, Why &
How



Choose A Framework

CIS Controls - Practical,
Straight Forward & Well
Documented



Perform A Gap Analysis

Simple & Straight Forward
Approach To Work Out
Where You Stand



Develop A Roadmap

The Outcome From The Gap
Analysis Will Drive The
Roadmap



PREPARE THE

"STRATEGY"

Developing A Strategy

- Why There Is A Need For A Security Strategy?
- What Are You Going To Do?
- How Does The Strategy Align To The Business?
- What Are The Risks?
- How Long Will It Take To Achieve?
- How Will The Strategy Be Measured?



The Language Of Risk

1 Identify The Risk

What Assets Are Critical To The Business?

2 Assess The Risk

What Are The Threats & Consequences?

3 Mitigate The Risk

Can The Risk Be Reduced Or Transferred?

4 Accept The Risk

Is The Risk At An Acceptable Level?

Basic

1 Inventory and Control of Hardware Assets

2 Inventory and Control of Software Assets

3 Continuous Vulnerability Management

4 Controlled Use of Administrative Privileges

5 Secure Configuration for Hardware and Software on Mobile Devices, Laptops, Workstations and Servers

6 Maintenance, Monitoring and Analysis of Audit Logs

Foundational

7 Email and Web Browser Protections

8 Malware Defenses

9 Limitation and Control of Network Ports, Protocols, and Services

10 Data Recovery Capabilities

11 Secure Configuration for Network Devices, such as Firewalls, Routers and Switches

12 Boundary Defense

13 Data Protection

14 Controlled Access Based on the Need to Know

15 Wireless Access Control

16 Account Monitoring and Control

Organizational

17 Implement a Security Awareness and Training Program

18 Application Software Security

19 Incident Response and Management

20 Penetration Tests and Red Team Exercises



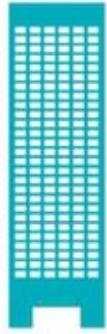
Implementation Group 1

An organization with limited resources and cybersecurity expertise available to implement Sub-Controls



Implementation Group 2

An organization with moderate resources and cybersecurity expertise to implement Sub-Controls



Implementation Group 3

A mature organization with significant resources and cybersecurity experience to allocate to Sub-Controls

CIS CONTROLS

An IG1 organisation is small to medium-sized with limited cybersecurity expertise to dedicate toward protecting IT assets and personnel.

Sub-Controls selected for IG1 should be implementable with limited cybersecurity expertise and aimed to thwart general, non-targeted attacks.

Inventory and Control of Hardware Assets



- **Control 1.4**

Maintain an accurate and up-to-date inventory of all technology assets with the potential to store or process information. This inventory shall include all assets, whether connected to the organisation's network or not.

- **Control 1.6**

Ensure that unauthorised assets are either removed from the network, quarantined or the inventory is updated in a timely manner.

Inventory and Control of Software Assets



- **Control 2.1**

Maintain an up-to-date list of all authorised software that is required in the enterprise for any business purpose on any business system.

- **Control 2.6**

Ensure that unauthorised software is either **removed** or the inventory is updated in a timely manner.

- **Control 2.2**

Ensure that only software applications or operating systems currently supported and receiving vendor updates are added to the organisation's authorised software inventory. Unsupported software should be tagged as unsupported in the inventory system.

- **Control 2.9**

The organisation's application **whitelisting software must ensure that only authorised, digitally signed scripts** (such as *.ps1, *.py, macros, etc.) **are allowed** to run on a system.

Continuous Vulnerability Management



- Control 3.4

Deploy automated software update tools in order to ensure that the operating systems are running the most recent security updates provided by the software vendor.

- Control 3.5

Deploy automated software update tools in order to ensure that third-party software on all systems is running the most recent security updates provided by the software vendor.

Controlled Use Of Administrative Privileges



- Control 4.2

Before deploying any new asset, **change all default passwords** to have values consistent with administrative level accounts.

- Control 4.3

Ensure that **all users with administrative account access** **use a dedicated or secondary account for elevated activities**. This account should only be used for administrative activities and not Internet browsing, email, or similar activities.

Secure Configuration For Hardware and Software On Mobile Devices, Laptops, Workstations and Servers



- Control 5.1

Maintain documented security configuration standards for all authorised operating systems and software.

Maintenance, Monitoring and Analysis of Audit Logs



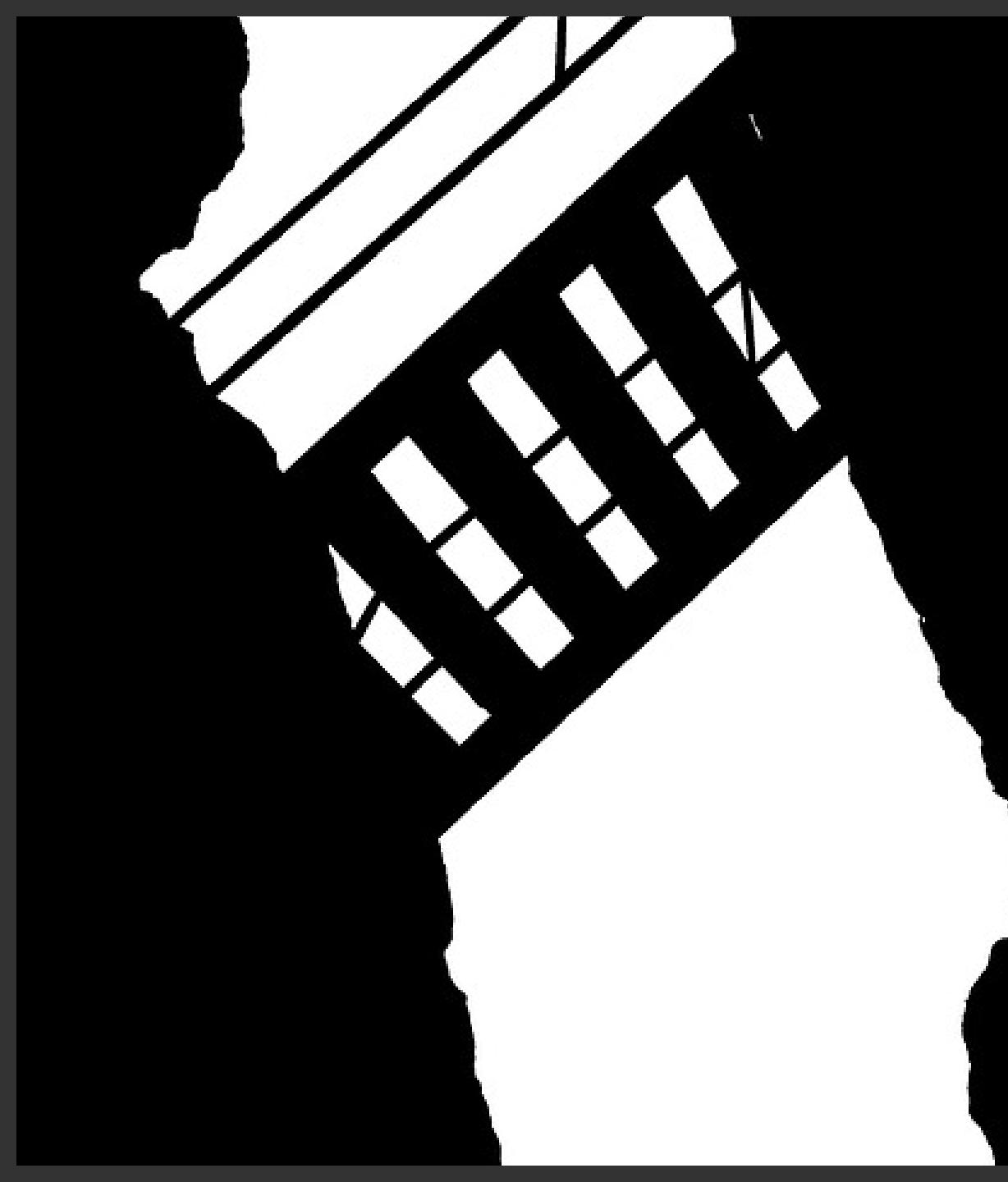
- Control 6.2

Ensure that local **logging has been enabled** on all systems and networking devices.

Australian Privacy



- Control 21.1
Privacy requirements applicable to the organisation **have been identified**
- Control 21.2
The organisation has defined what it considers personal information in the context of its business activities
- Control 21.3
There is a point of contact (person or role) to whom privacy issues could be reported



Performing A Gap Analysis

- Be Honest - It doesn't matter if the results are bad. It is NOT a reflection on YOU
- Keep It Evidenced Based - If it isn't documented it isn't happening
- Measuring Stick - Use the gap analysis to measure your progress
- This Is Just The Start - The gap analysis will help drive the roadmap

An aerial photograph showing a winding asphalt road through a dense forest of green coniferous trees. The road curves back and forth across the frame, with a rocky stream bed visible on the right side.

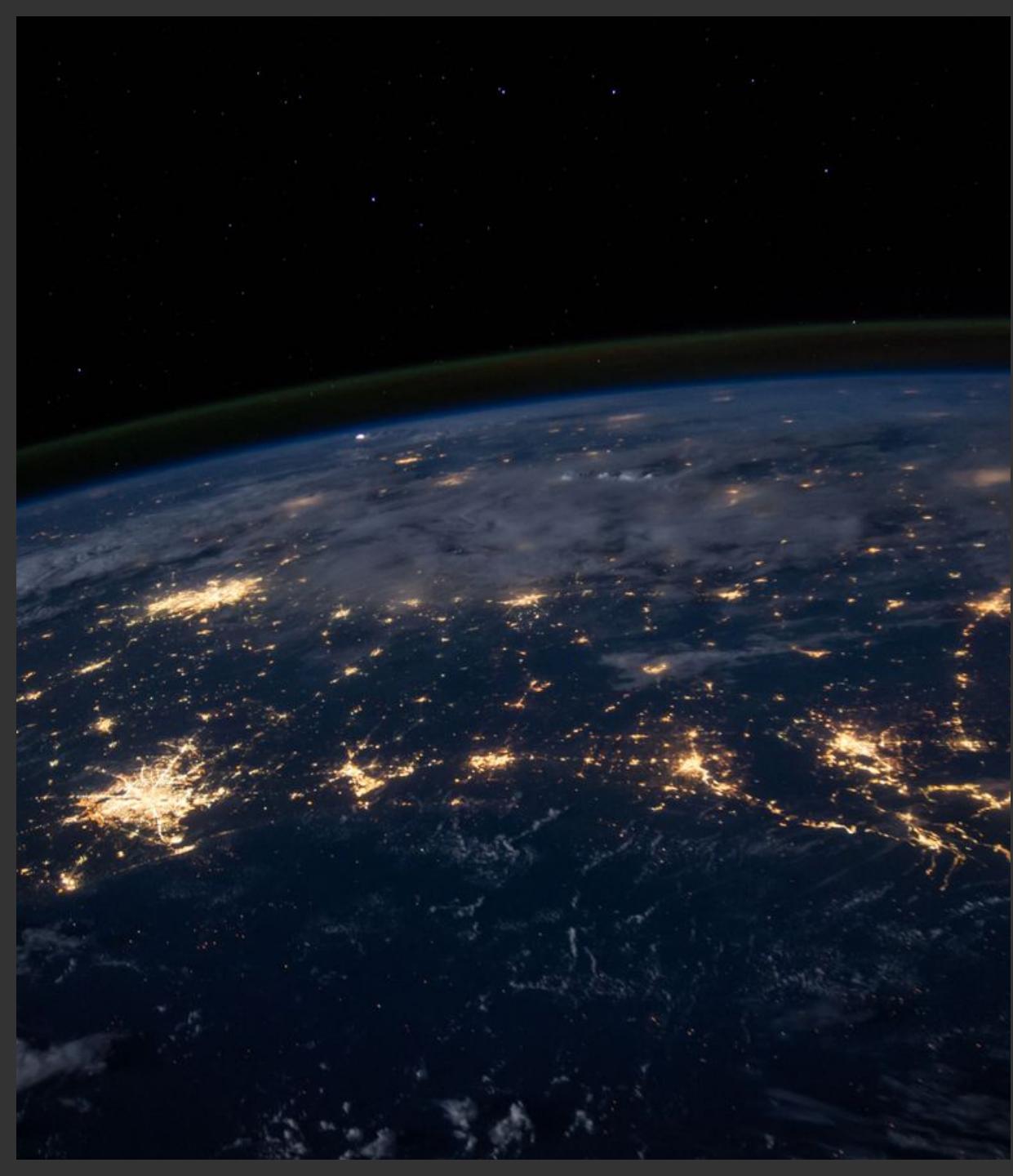
Developing A Roadmap

- Keep It Simple & Realistic
- Don't Take On More Than You Can Handle
- Take Your Time
- Prioritise What Is Most Important



Security Awareness - Users Are Your Friends

- Find A Topic That Resonates With Them
- Talk To Them On A Human Level
- Listen First To Understand
- Make Security Fun

A nighttime satellite view of Earth from space, showing city lights and auroras.

Embrace OpenSource

- NMap (Network Scanner)
- Wazuh (SIEM)
- GoPhish (Phishing Framework)
- pfSense (Firewall)
- OpenVAS (Vulnerability Scanner)
- OPSI (OS / Patch Management)
- Security Onion (All In One)
- OSSIM (A Bit Of Everything)
- OpenCanary - (Honeypot)

Key Takeaways

- Slow & Steady Wins The Race
- Keep It Simple
- Don't Re-Invent The Wheel
- Doing Something Is Better Than Doing Nothing





TAKING THE
NEXT STEP



github.com/panz05/securityinabox



- Modified CIS Initial Assessment Tool For IG1
- Cyber Security Strategy Template
- Cyber Security Roadmap & Project Plan Template
- Security Risk Management Template
- Risk Register Template
- IT Asset Management Policy Template
- Vulnerability & Patch Management Policy Template
- Audit & Logging Plan Template
- Australian Privacy Policy Template
- Asset Security Hardening Policy Template
- Acceptable Use Policy Template
- Privileged Access Policy Template

“The Way To Get Started Is
To Quit Talking And Begin
Doing.” – Walt Disney

Thank You