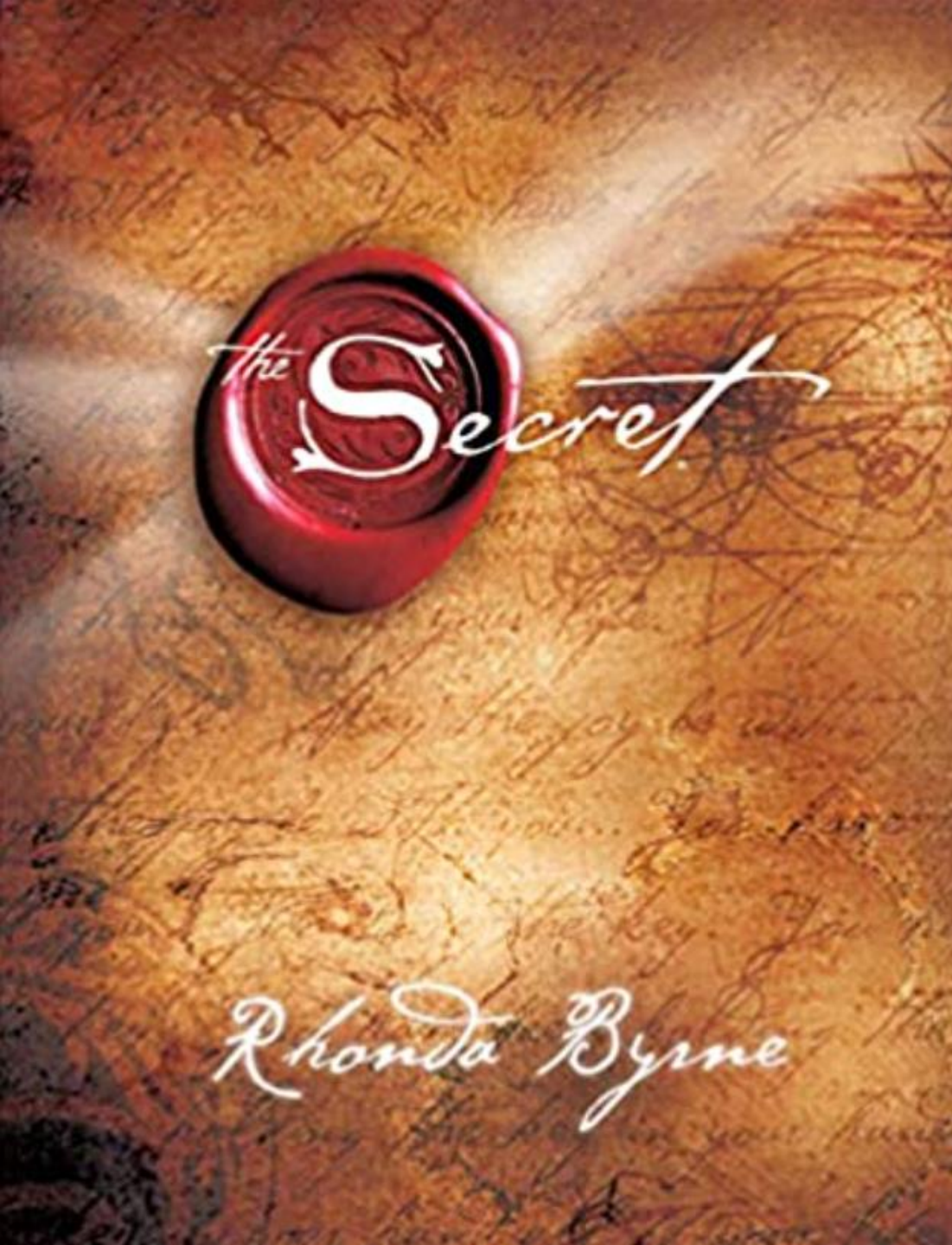




*The* **S**ecret<sup>™</sup>



# **The Secret**

*- Rhonda Byrne*

**Beyond Words Publication**

*Atria Books*

*New york*

## About the author - *Rhonda Byrne*

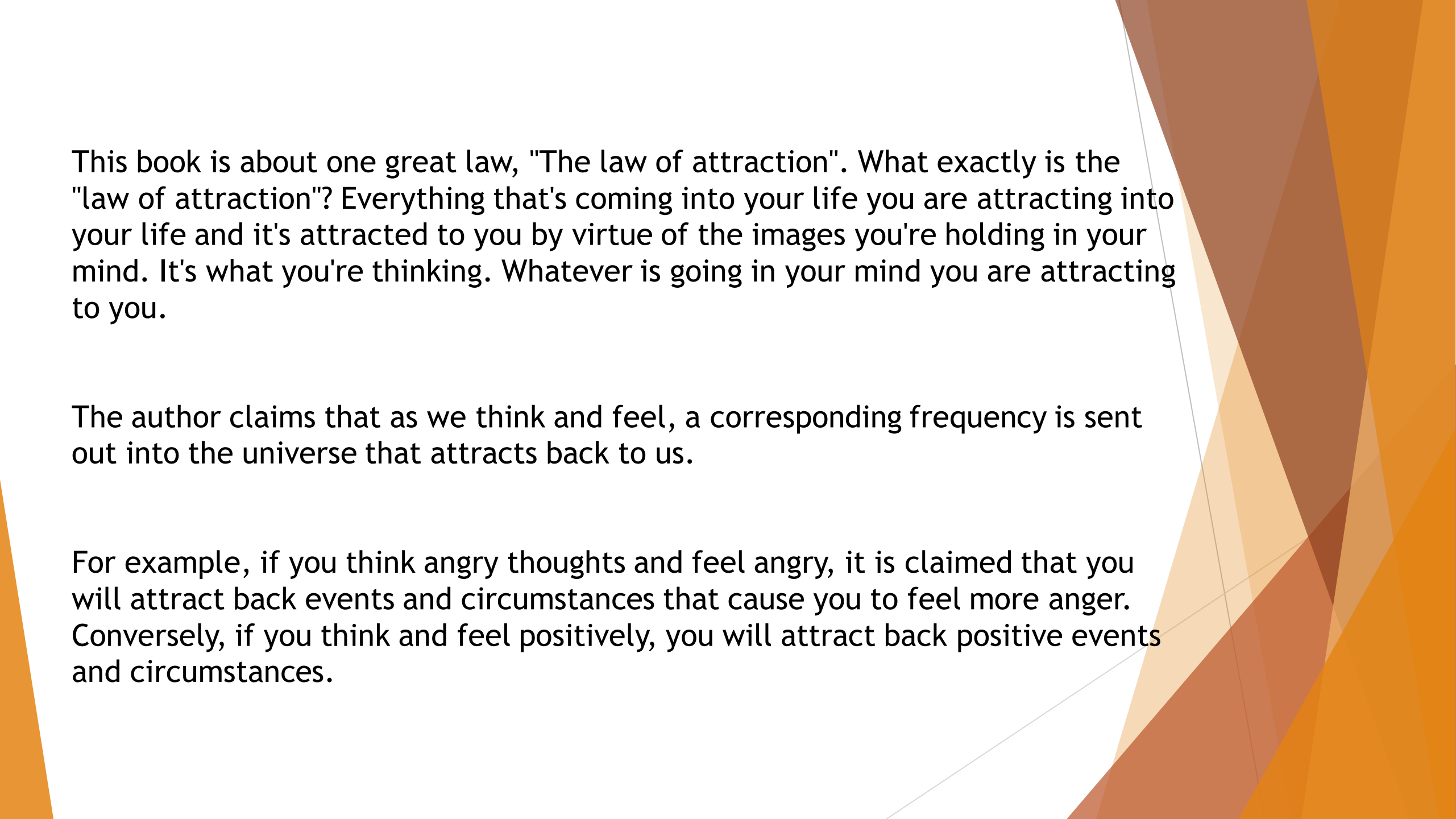


Rhonda Byrne is an Australian television writer and producer, best known for her new thought works, *The Secret* a book and a film by the same name. By 2007 the book had sold almost 4 million copies, and the DVD had sold almost 2 million copies. In 2007, Byrne was listed among Time Magazine's list of 100 people who shape the world. She wrote several sequels to the book, including *The Power*, *The Magic* and *Hero*, as well as other books that relate to *The Secret*.



# About this book

- The Secret is an inspirational book
- Released in 2006
- Over 4 million copies sold by 2007
- The book has been translated into 50 languages
- The book contains around 198 pages
- This book is one of the best self help books



This book is about one great law, "The law of attraction". What exactly is the "law of attraction"? Everything that's coming into your life you are attracting into your life and it's attracted to you by virtue of the images you're holding in your mind. It's what you're thinking. Whatever is going in your mind you are attracting to you.

The author claims that as we think and feel, a corresponding frequency is sent out into the universe that attracts back to us.

For example, if you think angry thoughts and feel angry, it is claimed that you will attract back events and circumstances that cause you to feel more anger. Conversely, if you think and feel positively, you will attract back positive events and circumstances.

# Important lessons from the book

**One of the strongest rules in life is the law of attraction.**

**The law of attraction only works when you think in positives, not negatives.**

**To manifest your dreams, you must ask, believe, and then receive.**

The Secret **encourages people to really visualize their goals clearly in order to attract what they want.**

Overall, it's a good read that can help you to reach your goals and feel less stressed in the process

An open book with a dark red cover and a yellow bookmark is shown against a white background. The pages are aged and yellowed. The words "THANK YOU" are printed in a large, bold, black serif font across the center of the two pages. The word "THANK" is on the left page and "YOU" is on the right page.

**THANK YOU**