## SINONASAL DISEASES



Dedicated to the evaluation and care of sinonasal disorders, the Sinonasal Clinic is a unique resource for the community.

Medical experts use state-of-the-art technology to provide a wide range of diagnostic and treatment services.

## The clinic also caters to

- ❖ Allergic rhinitis
- ❖ Headaches
- Nasal blockages
- Nasal polyps
- Obstructive sleep apnea
- Voice related problems

## **Diagnostic services**

The centre offers many tests and services for symptoms of allergies including allergy skin testing.

- Allergy skin testing
- Diagnostic nasal endoscopy
- CT SCAN of paranasal sinuses
- Comprehensive Evaluation of Allergy (when indicated)

## **Treatment**

- Allergy shots
- Allergy drops
- \* Allergy information and education
- Food allergy nutritional counseling

Sinus and nasal disorders are treated with both medications and surgical options for chronic rhinosinusitis and nasal polyposis.

To ensure a comprehensive approach to care for even the most complex sino-nasal disorders a multi-specialty approach is often considered to include other specialists such as:

- Asthma/pulmonology
- Immunology
- Sleep medicine

To make an appointment or learn more about any of the above services at Columbia Hospital - Whitefield, Consult Ear Nose Throat Specialist