# A Translation of the New Edition of the Suśrutasaṃhitā Jason Birch Dominik Wujastyk Andrey Klebanov Draft of 18th November 2021 © Jason Birch and Dominik Wujastyk The New Ecusin transport of 18th November 2021 © Jason Birch and Dominik Wujastyk Praft of 18th November 2021 © Jason Birch and Dominik Wujastyk Praft of 18th November 2021 Praft of 18th

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### **Abstract**

The Suśruta Project is producing a new Sanskrit text edition of the Su-śrutasaṃhitā based on the early Nepalese manuscripts. As we gradually transcribe and edit the manuscripts, we are producing this new translation of the classic work.

 $_{\rm 1}$   $\,$  MS Kathmandu KL 699, MS Kathmandu NAK 1-1079, and MS Kathmandu NAK 5-333.

# **Contents**

The manuscripts and editions used	in	the	V	ulę	gate	e	lit	io	ns	by	y `	Yā-	
davaśarman Trivikrama Ācārya													5
The sources of the 1915 edition													5
The sources of the 1931 edition													5
The sources of the 1938 edition													6
Evaluation													7
The 1939 edition									. ,.	,		<b>.</b>	8
For the Bhānumatī									1				8
For the Suśrutasaṃhitā													10
Evaluation													10
Features of the manuscript transmiss:	ior	ı											12
Palaeographical features		٠,											12
Palaeographical features								•					12
Sūtrasthāna, adhyāya 1													13
Sūtrasthāna, adhyāya 2													20
Literature				•			•	•		•		•	<b>2</b> 0
Sūtrasthāna, adhyāya 28													21
Kalpasthāna, adhyāya 1													22
Literature													22
Manuscript notes													23
Translation													24
[Threats to the king]													24
Uttaratantra, adhyāya 16 (17 in the vu	alg	ate	)										33
Literature													33
Translation													33
[Complications]													42
[Characteristics of the probe]													43
[Complications]													43
Uttaratantra, adhyāya 38													45

Abbreviations	52
Index of Manuscripts	54
References	55
Glossary On digital critical editions	<b>68</b> 67
4	
4	
,	

# Kalpasthāna, adhyāya 1

The first chapter of the Kalpasthāna of the *Suśrutasaṃhitā* addresses the topic of protecting a king from those who would assassinate him using poison. The king's kitchen is presented as the site of greatest vulnerability. The staff in the kitchen must be vetted carefully and watched for signs of dissimulation. The description of the body-language that tells a poisoner (verses 18–25) are engaging and vivid. These verses are closely parallel in sense to a passage in the *Arthaśāstra* that says,

The signs of a poisoner, on the other hand, are as follows: dry and dark look on the face, stuttering speech, excessive perspiration and yawning, trembling, stumbling, looking around while speaking, agitation while working, and not remaining in his place.<sup>50</sup>

Next, the text discusses the signs of poison in toothbrushes, in food, drink, massage oil and other items that are likely to come into physical contact with the king. In passages that are again paralleled in the *Arthaśāstra* the work describes how poisoned food kills insects and crackles in a fire, flashing blue and the reactions of various birds to poison are described.<sup>51</sup>

The work then moves on to the various symptoms experienced by the king after being poisoned, and remedies appropriate to each case. Poison exhibits characteristic signs when added to milk and other drinks.<sup>52</sup> Further forms of poisoning, their symptoms and treatments are described and finally the king is advised to live amongst trusted friends and to protect his heart by drinking various ghee compounds. He should eat the meat and soup made from various animals, including peacock, mongoose, alligator, deer. The chapter ends with the description of an emetic.

### Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.<sup>53</sup> Translations

<sup>50</sup> *Arthaśāstra* 1.21.8 (Kangle 1969: 1, 30), translation by Olivelle (2013: 97).

<sup>51</sup> Cf. *Arthaśāstra* 1.21.6, *ibid.*, Olivelle (2013: 96).

<sup>52</sup> Cf. *Arthaśāstra* 1.21.6 again.

<sup>53</sup> HIML: IA, 289–290.

of this chapter since 2000 have appeared by Wujastyk (2003: 131–139), P. V. Sharma (1999–2001: 3, 1–15), and Srikantha Murthy (2000–2).<sup>54</sup>

More recently, a discussion of the fourth chapter of this section in the light of the Nepalese manuscripts was published by Harimoto.<sup>55</sup> After a close comparative reading of lists of poisonous snakes, Harimoto concluded that, "the Nepalese version is internally consistent while the [vulgate] editions are not." Harimoto showed how the vulgate editions, had been adjusted textually to smooth over inconsistencies, and gave insights into these editorial processes.<sup>56</sup>

### Manuscript notes

• MS Kathmandu NAK 5-333 has foliation letter numerals, for example on f. 323a, that are similar to MS Cambridge Add. 1693,<sup>57</sup> dated to 1165 ce noted in Bendall's chart of Nepalese letter-numerals Bendall 1883: Lithograph V, after p. 225

For a bibliography of translations to 2002, including Latin (1847), English (1877), Gujarati (1963) and Japanese (1971), see HIML: IB, 314–315.

<sup>55</sup> Harimoto 2011: 101–104.

The two editions that Harimoto noted, Su 1938 and Su 1889, present identical texts.

<sup>57</sup> Scan at cudl.lib.cam.ac.uk/view/MS-ADD-01693/1.

### **Translation**

- 1–2 And now I shall explain the procedures for safeguarding food and drink, as were declared by the Venerable Dhanvantari.<sup>58</sup>
  - 3 Divodāsa, the king of the earth, was the foremost supporter of religious discipline and virtue. With unblemished instruction he taught his students, of whom Suśruta was the leader.<sup>59</sup>

# [Threats to the king]

- 4–5 Evil-hearted enemies who have plucked up their courage, may seek to harm the king, who knows nothing of it. He may be assailed with poisons by or by his own people who have been subverted, wishing to pour the poison of their anger into any vulnerability they can find.<sup>60</sup>
  - 6 Therefore, a king should always be protected from poison by a physician.
  - 7 The racehorse-like fickleness of men's minds is well known. And for this reason, a king should never trust anyone.<sup>61</sup>
  - 58 MS H adds in the margin अथ खलु वत्स सुश्रुतः "Now begins Vatsa Suśruta." This phrase has been copied here by the scribe from the beginning of the *Suśrutasaṃhitā* chapter in the *sūtrasthāna* on the rules about food and drink (1.46.3 (Su 1938: 214)). The scribe presumably felt, not unreasonably, that this section had common subject matter with the present chapter. Further, SS 1.46.3 is the only place in the Nepalese transmission of the *Suśrutasaṃhitā* that names Dhanvantari and integrates him into the narrative of the *Suśrutasaṃhitā* as the teacher of Suśruta.
    - The mention of Dhanvantari here is the only other time in the Nepalese transmission that this authority is cited as the source of Ayurvedic teaching, and the unique occurrence of this actual phrase, "as was declared by the Venerable Dhanvantari." See the discussion by Klebanov (2021a: 28–32), who concludes that the earliest recoverable recension of the *Suśrutasaṃhitā* may have had the phrase only at this point and not elsewhere in the work. See the further discussion by Birch, Wujastyk, Klebanov, Parameswaran, et al. (2021).
  - 59 This is a quite different statement from the vulgate which has Dhanvantari as the teacher, and calls him the Lord of Kāśī (kāśipati) (Su 1938: 559). Dalhaṇa followed the vulgate but explicitly noted the reading before us with small differences: दिवोदासः क्षितिपतिस्तपोधर्मश्रुताकरः "Divodāsa, the king of the earth, was a mine of traditions about discipline and virtue."
  - 60 Verses about the use of Venemous Virgins as a weapon do not appear in the Nepalese manuscripts. Cf. Wujastyk 2003: 81 f., 132. This material is present in the commentary of Gayadāsa.
  - 61 The verb  $\sqrt{\text{s}}$  vas is conjugated as a first class root in the Nepalese manuscripts.

- 8–11 He should employ a doctor in his kitchen (*mahānasa*) who is respected by experts, who belongs to a good family, is orthodox, sympathetic, not emaciated, and always busy.
- 12–13 The kitchen should be constructed at a recommended location and orientation. It should have a lot of light,<sup>62</sup> have clean utensils and be staffed by men and women who have been vetted.<sup>63</sup>
- 17–18ab The chefs, bearers (*voḍhāra*), and makers of boiled rice soups and cakes and whoever else might be there, must all be under the strict control of the doctor.<sup>64</sup>
- 18cd–19ab An expert knows people's body language (*ingita*) through abnormalities in voice, movement and facial expression. He should be able to identify a poisoner by the following signs.
  - Wanting to speak, he gets confused, when asked a question, he never arrives at an answer, and he talks a lot of confused nonsense, like a fool. He laughs for no reason, cracks his knuckles and scratches at the ground. He gets the shakes and glances nervously from one person to another. His face is drained of colour, he is grimy (*dhyāma*) and he cuts at things with his nails.<sup>65</sup> A poisoner goes the wrong way and is absent-minded.
    - I shall explain the signs to look for in toothbrush twigs, in food and drink as well as in massage oil (abhyanga) and combs (avalekhana); in dry rubs (utsādana) and showers, in decoctions (kaṣāya) and massage ointment (anulepana); in garlands (sraj), clothes, beds, armour and ornaments; in slippers and footstools, and on the backs of elephants and horses; in nasya (snuff), inhaled smoke (dhūma), eye make-up (añjana), etc., and any other things which are commonly poisoned. Then, I shall also explain the remedy.
      - 28 Flies or crows or other creatures that eat a poisonous morsel (*bali*) served from the king's portion, die on the spot.
      - 62 We read महच्छुचि: with the Nepalese manuscripts and against the vulgate's महच्छुचि. We understand शुचिस् as a neuter noun meaning "light" following Apte (1992: 1050a).
      - 63 Verses detailing the ideal staff are omitted in the Nepalese manuscripts. Cf. Su 1938: 560; Wujastyk 2003: 132.
      - 64 The word सौपोदनैकपूपिक "chefs for the boiled rice soups and cakes" is grammatically interesting. The term सूपोदन (as opposed to sūpaudana) is attested in the *Bodhāyanīya-gṛhyasūtra* 2.10.54 (Shastri 1920: 68). More pertinently, perhaps, सूपोदन is attested in the Bower Manuscript, part II, leaf 11r, line 3 (Hoernle 1893–1912: vol. 1, p. 43).
      - 65 The word ध्याम is glossed by Dalhana (in a variant reading) as someone who is the colour of dirty clothes 5.1 (Su 1938: 560).

Cf. Arthaśāstra 1.21.8.

- 29 Such food makes a fire crackle violently, and gives it an overpowering colour like a peacock's throat.
- 30–33 After a chukar partridge looks at food which has poison mingled with it, its eyes are promptly drained of colour; a peacock pheasant drops dead. A koel changes its song and the common crane rises up excitedly.<sup>66</sup> It will excite a peacock and the terrified parakeet and the hill myna screech. The swan trembles very much, and the racket-tailed drongo churrs.<sup>67</sup> The chital deer sheds tears and the monkey releases excrement.<sup>68</sup>
- Vapour rising from tainted food gives rise to a pain in the heart, it makes the eyes roll, and it gives one a headache.<sup>69</sup>
- 35, 36cd In such a case, an errhine and a collyrium that are costus, lāmajja grass (*lāmajja*), spikenard (*nalada*) and honey (*madhus*);<sup>70</sup> a paste of sandalwood on the heart may also provide relief.<sup>71</sup>
  - 66 The verb अर्च्छित "rises up" is a rare form best known from epic Sanskrit (see Oberlies 2003: 212, §7.6.1). The transmitted form क्रोञ्च is obviously a colloquial version of Sanskrit क्रौञ्च. Commenting on 1.7.10 (Su 1938: 31), Dalhaṇa interestingly gives the colloquial versions of several Sanskrit bird names, even singling out pronunciation in the specific location of Kāṇyakubja. For क्रौञ्च he says that people pronounce it कुरञ्ज and कोंचि. The form कोञ्च is found in Pāli (see Cone 2001: 731, who notes that Ardhamāgadhī has the same form). Elsewhere, Dalhaṇa calls the bird क्रौञ्चर, क्रौञ्च, and कैचर (1.46.105 (Su 1938: 223), 6.31.154 (Su 1938: 684) and (6.58.44 (Su 1938: 790) respectively).
  - 67 Dalhaṇa seemed confused about the racket-tailed drongo (भृङ्गराज). He called it a generic drongo (भ्रमरक), a word that can also mean "bee," (Dave 1985: 62), and then said that it is like the black drongo (धूम्याट) (for a nice explanation of this name, see Dave 1985: 62–63) and that people call it "the king of birds."
  - 68 MS Kathmandu KL 699 reads bull (বৃষभ) for Chital deer (पृषत). The latter may perhaps be mistaken for the former in the Newa script, although the reading of MS Kathmandu KL 699 is hard to read at this point.
  - 69 "Tainted" translates उपक्षिप्त. The word's semantic field includes "to hurl, throw against," and especially "to insult verbally, insinuate, accuse." The commentator Dalhaṇa glossed the term as, "spoiled food given to be eaten" (विदूषितस्यान्नस्य भोक्तुं दत्तस्य), but he noted that some people read "उखाक्षिप्त" or "thrown into a pan." Other translators have commonly translated it as "served," perhaps influenced by Dalhaṇa's "given (दत्त)."
  - 70 The vulgate supplies another phrase and verb at this point that is not present in the Nepalese transmission, but that makes the text flow more easily.
  - 71 Singh and Chunekar (1972: 350) discussed the difficulties in identifying লামজ, a plant cited more often in the *Suśrutasaṃhitā* than in the *Carakasaṃhitā*; Dalhaṇa adopted the common view that it is a type of *uśīra* or vetiver grass. The grammatical

- Held in the hand, it makes the hand burn, and the nails fall out. In such a case, the ointment (pralepa) is beautyberry ( $\acute{s}y\bar{a}m\bar{a}$ ), velvet-mite (indragopa), soma and water-lily (utpala).<sup>72</sup>
- 38–39 If he eats that food, through inattention or by mistake, then his tongue will feel like a pebble  $(aṣṭh\bar{\imath}l\bar{a})$  and it will lose its sense of taste. It stings and burns, and his saliva  $(\acute{s}le\lq{s}man)$  dribbles out.<sup>73</sup> In such a case, he should apply the treatment recommended above for vapour  $(b\bar{a}\lq{s}pa)$ , and what will be stated below under "toothbrush twigs".<sup>74</sup>
  - On reaching his stomach, it causes stupor  $(m\bar{u}rcch\bar{a})$ , vomiting, the hair stands on end, there is distension, a burning feeling and an impairment of the senses.<sup>75</sup>
  - 41 In this case, vomiting must quickly be induced using the fruits of emetic
    - neuter form मधुस् "sweetness" of the Nepalese manuscripts is less common than neuter मधु "honey, sweetness, liquorice."
  - 72 "Beautyberry" (Callicarpa macrophylla Vahl.) is one identification of त्र्यामा, but vaidyas and commentators have different ideas about the plant's identity (see Singh and Chunekar 1972: 410; Warrier et al. 1994–6: 1: 334; Nadkarni 1954: #420).
    - On translating इन्द्रगोप as "velvet-mite," see Lienhard 1978. Dalhaṇa's remarks show that he had a reading इन्द्रागोपा before him, and he tries to explain इन्द्रा and गोपा as separate plants. But he also says that some people read इन्द्रगोप.
    - Dalhaṇa curiously parses the name सोमा (f.) out of the compound; this feminine noun is almost unknown to Ayurvedic literature. Some dictionaries and commentators consider it a synonym for गुडूची, others for ब्राह्मी or चन्द्रतरु. Dalhaṇa also mentions that some people think the word refers to the soma creeper (सोमलता), which might explain his choice to take the word as feminine. But the compounded word is far more likely to be सोम (m.), the well-known mystery plant (see Wujastyk 2003: 76–78, 125). If this can be taken as rue (Ruta graveolens, L.), as some assert, one can point to a pleasing passage in Dioscorides where rue plays an antitoxic role: "...it is a counterpoison of serpents, the stinging of Scorpions, Bees, Hornets and Wasps; and it is reported that if a man be anointed with the juice of the Rue, these will not hurt him; and that the serpent is driven away at the smell thereof when it is burned; insomuch that when the weasel is to fight with the serpent she armeth herself by eating Rue, against the might of the serpent" (cited from Wren 1956: 262; not found in Osbaldeston and Wood 2000).
  - The word সন্ত্রীলা is normally feminine. The Nepalese manuscripts read it with a short अ- ending. Gayadāsa noticed that some manuscripts read সন্ত্রীল with a short -अ ending (MS Bikaner RORI 5157, f. 5v:7–8) and Dalhana reproduced his observation. The vulgate reading "from his mouth (चास्यात्)" is more obvious (lectio facilior), but is not attested in the Nepalese manuscripts.
  - 74 Poisoned toothbrushes are discussed in verses 48 ff. below.
  - 75 I translate मूर्च्छा in the light of the metaphors discussed by Meulenbeld (2011), that include thickening and losing consciousness.

- nut (madana), bitter gourd ( $al\bar{a}bu$ ), red gourd ( $bimb\bar{\imath}$ ), and luffa ( $kos\bar{\imath}-tak\bar{\imath}$ ), taken with milk and watered buttermilk (udasvit), or alternatively with rice-water.
- Reaching the intestines ( $pakv\bar{a}\acute{s}aya$ ), it causes a burning feeling, stupor, diarrhoea, thirst, impairment of the senses, flatulence ( $\bar{a}\acute{t}opa$ ) and it makes him pallid and thin.
- In such a case, purgation with the fruit of indigo  $(n\bar{\imath}l\bar{\imath})$ , together with ghee, is best. And 'slow-acting poison antidote  $(d\bar{\imath}s\bar{\imath}vis\bar{\imath}ari)$ ' should be drunk with honey and curds (dadhi).<sup>76</sup>
- When poison is in any liquid substances such as milk, wine or water, there are various streaks, and foam and bubbles form.
- And no reflections are visible or, however, if they can be seen once more, they are distorted, fractured, or tenuous and distorted too.<sup>77</sup>
- Vegetables, soups, food and meat are soggy and tasteless. They seem to go stale suddenly, and they have no aroma.
- 47 All edibles lack aroma, colour or taste. Ripe fruits rapidly rot  $(pra\sqrt{kuth})$  and unripe ones ripen.<sup>78</sup>
- When a toothbrush twig has poison on it, the bristles are corroded and the flesh of the tongue, gums and lips swells up.<sup>79</sup>
- Then, once his swelling is lanced, one should rub (*pratisāraṇa*) it with fire-flame bush flowers (*dhātakīpuṣpa*), jambul (*jambū*), mango stones (*āmrāsthi*) and chebulic myrobalan (*harītakī*) fruit mixed with honey.<sup>80</sup>
- 50 Alternatively, the rubbing (*pratisāraṇa*) can be done with either the roots of sage-leaved alangium (*aṅkolla*), the bark of blackboard tree

76 The 'slow-acting poison' is discussed at 5.2.25 ff. (Su 1938: 565).

- 77 Both Nepalese witnesses read distorted (vikṛta) twice, which is tautologous. In the first occurrence both read विकृता without proper termination. One might read the sandhi in the second occurrence as or not distorted (vāvikṛtā), but this gives no better sense. The scribe of MS Kathmandu NAK 5-333, apparently the original hand, added in the margin the alternate reading "double (yamalā)" as in the vulgate. Perhaps the scribe too was troubled by the tautology. It is also evidence that he was aware of a witness with variant readings similar to the vulgate. We emend for grammar but retain the lectio difficilior.
- 78 The root  $\sqrt{3}$  equivariant, putrify, rot" is apparently known only from its few uses in the Suśrutasaṃhitā.
- 79 Gayadāsa and Dalhaṇa point out that "enclosure of a tooth (दन्तवेष्ट)" and "flesh of the tooth (दन्तमांस)" have the same meaning (2.16.14–26 (Su 1938: 331–332)).
- 80 This recipe is different from the vulgate.

I'm still unhappy about this

Mention this in the introduction as an example of the scribe knowing the vulgate

fn about sadyas+

- (saptachada) or siris seeds (śirīṣamāṣaka).81
- One should give advice about a poisoned tongue-scraper or mouthwash (*kavala*) in the same way as for a toothbrush twig.
- Massage oil that has been laced with poison is slimy, thick and discoloured.
  - When the massage oil has been contaminated with poison, boils arise, pain, a discharge  $(sr\bar{a}va)$ , inflammation of the skin, and sweating. And the flesh  $(m\bar{a}msa)$  splits open.
- In such a case, sandalwood, Indian rose-bay (tagara), sostus, and vetiver grass (uśīra), bamboo leaves (veṇupatrikā), heart-leaved moonseed (somavallī) and calamine (amṛtā), white clitoria (śvetā), sacred lotus (padma), and Indian barberry (kālīyaka) should be made into an ointment (anulepana) for the patient, who has been sprinkled with cold water. That is also recommended as a drink with the juice and leaves of wood apple (kapittha). 84
  - In the case of a dry rub (*utsādana*), a shower (*parīṣeka*), an infusion, a massage ointment (*anulepana*), or in beds, clothes, or armour, the physician should understand that it is the same as for massage (*abhyaṅga*).85
- When a comb has poison in it, the hair falls out, the head aches and blood oozes from the follicles (*kha*) and lumps (*granthi*) appear on the head. In such a case, one should repeatedly apply an ointment of black earth soaked with bear's bile, <sup>86</sup> ghee, beautyberry (*śyāmā*), <sup>87</sup> black creeper (*pālindī*) and amaranth (*taṇḍulīyaka*). Good alternatives are

Bear's bile instead of deer's bile.

- 81 The spelling of the name अङ्कोल varies अङ्कोट, अङ्कोठ, अङ्कोल (Singh and Chunekar 1972: 5); Dalhaṇa notes that the form अङ्कोल is a colloquialism (1.37.12 (Su 1938: 161)). The sentence is awkward and we have emended शिरीषमाषक to be a plural, as in the vulgate, rather than the ablative singular of the Nepalese witnesses. We follow Dalhaṇa in interpreting the compound to refer to the distinctive bean-like siris seeds, rather than to mung beans (माषक) (5.1.50 (Su 1938: 562)).
- 82 The feminine स्फोटा for "boils" is unattested.
- 83 Some say तगर is Indian valerian, but there remain many historical questions about the ancient and regional identities of this plant (see, e.g., Singh and Chunekar 1972: 173-174)[334]avs.
- This compound could be interpreted as "wood apple juice and cassia cinnamon (*patra*)." Note that this recipe is differs from that of the vulgate, which requires urine.
- 85 See verse 52 above.
- 86 Dalhaṇa comments here that 'bile is that fluid which goes along inside the tube attached to the liver' (कालखण्डलग्रनलिकामध्यगतजलं पित्तम्) 5.1.57 (Su 1938: 562).
- 87 See note **72**.

- either the fluid extract of cow-dung, or the juice of jasmine  $(m\bar{a}lat\bar{\iota})$ , the juice of woodrose  $(m\bar{u}sikakarn\bar{\iota})$ , or household soot.<sup>88</sup>
- If either massage oil for the head, or a helmet for the head, in a wash, turban, or garlands that are contaminated with poison, then one should treat it in the same way as a comb.
- 60–61 When face make-up is poisoned, the face becomes dark and has the symptoms found with poisoned massage oil. It is covered with spots (kaṇṭaka) that are like lotus-spots (padminīkaṇṭaka).<sup>89</sup> In this case, the drink is honey and ghee, and the ointment (pralepa) is sandalwood with ghee, curds (payasyā), honey, verbena (phañjī), scarlet mallow (bandhu-jīva) and hogweed (punarnavā).<sup>90</sup>

Elephants and the like become ill and they dribble saliva. And the rider gets spots (*sphoṭa*) and a discharge on his scrotum, penis, and rectum. In this case, one prescribes the same therapy as for poisoned massage oil for both the rider and the mount.

When there is poison in snuff (*nasya*) or smoke, the symptom (*linga*) is blood coming out of the apertures of the head (*kha*), a headache, a flow of mucus (*kapha*) and impairment of the senses.

In such a case, ghee of cows etc., boiled up with their milk and atis roots (*ativisā*), is prescribed, with henna (*madayantikā*), as a cold drink

or errhine.

- 65cd–66 Flowers lose their fragrance and colour, and wilt. On smelling them, he gets a headache and his eyes fill with water. In this case, the treatment is what was proposed above for vapour  $(b\bar{a}spa)$  and that which is traditional for face make-up.
  - 88 The plant identifications in this passage follow Dalhaṇa's glosses, although he noted a difference of opinion on the identity of mouse-ear (mūṣikakarṇī). Singh and Chunekar 1972: 317; Sivarajan and Balachandran 1994: 23–25 discussed this issue well. The expression धूमो वागारसंज्ञितः '...or the smoke termed "house" ' is commonly interpreted by translators and in Ayurvedic dictionaries as 'household soot,' and this does seem to be the meaning, in context. The term was comprehensively discussed by Meulenbeld (2008: 443).
  - See the description of this condition at 2.13.40 (Su 1938: 323), where the skin on the face is characterized as having pale circular patches that are itchy and have spots.
  - 90 The common plant-name पुनर्नवा is read as पुनर्णवा in both Nepalese witnesses. This unusual form is technically-speaking legal according to Pāṇini 8.4.3, but is not attested in published texts. पुनर्णवा is found rarely in some other Nepalese manuscripts such as the *Brahmayāmala* (a.k.a. *Picumata*, 44.81, transcription thanks to Shaman Hatley), and elsewhere (e.g., in Gaṇapatiśāstrī 1920–5: 20, where it is the name of a constellation.

punarṇṇavā in the N & K MSS

śrita for śrta 67–68 When it is in ear-oil, there is degeneration in the ear, and painful swelling. There is also a discharge from the ear and in such a case it needs to be irrigated (*pratipūraṇa*) promptly with ghee and honey. Extracted juice (*svarasa*) of wild asparagus (*bahuputrā*) and very cold juice of white cutch tree (*somavalka*) are also recommended as something good.<sup>91</sup>

explain

- When poison is mixed in with eye make-up (añjana), he gets tears and rheum (upadeha), with a burning feeling, pain, faulty vision (dṛṣtivi-bhrama), and possibly even blindness.<sup>92</sup>
- 70–71 In this case, one must immediately drink ghee and have it also in an eyewash (*tarpaṇa*) with long pepper (*māgadha*). One should have an eye ointment (*añjana*) of the juice of periploca of the woods (*meṣaśṛṅga*) and have the extract (*niryāsa*) of three-leaved caper (*varuṇa*), wood apple (*kapittha*) and periploca of the woods (*meṣaśṛṅga*) and the flower of marking-nut tree (*bhallātaka*).

Medical difference from Sharma.

Because of poisoned slippers there will definitely be a swelling, numbness  $(sv\bar{a}pa)$ , a discharge  $(sr\bar{a}va)$  and an outbreak of spots (spho ta) on the feet. One should clean  $(pra\sqrt{s\bar{a}dh})$  footstools together with slippers.

Ornaments lose their lustre, and they do not shine as they used to. They damage their respective locations with burning, sepsis  $(p\bar{a}ka)$ , and fissuring  $(avad\bar{a}rana)$ .<sup>93</sup>

One should apply the stated procedure for massage oil (abhyaṅga) to poisoned slippers and ornaments.

- 75cd–76 In the case of the affliction (*upasarga*) by poison which has been described above, starting from 'vapour' and ending with 'ornaments,' the physician should observe the side-effects (*upadrava*) and then prescribe the therapy called the Great Fragrance (*mahāsugandha*) antidote, which I shall describe.<sup>94</sup>
- 77–78ab He should prescribe it in drinks, liniments (*ālepana*), errhines (*nasya*),

example where the vulgate clarifies that these should be used separately; appears to be a gloss inserted into the vulgate text.

<sup>91</sup> The syntax of the Nepalese version is slightly unclear, but the vulgate has smoothed out the difficulties.

<sup>92</sup> The term translated as "faulty vision" could also mean "rolling eyes."

<sup>93</sup> The reading अवदारुण in MS Kathmandu KL 699 is not attested elsewhere in Sanskrit literature. On "sepsis" for पाक, see Wujastyk 2003: xlv–xlvi.

This antidote is indeed described later, in dramatic terms, at 5.6.14–27 (Su 1938: 581). A recipe with eighty-five ingredients including cow's bile, it is praised as chief of all antidotes, one that can drag the patient back from the very jaws of death, from even the poisonous fangs of Vāsuki.

and in eye ointment ( $a\tilde{n}jana$ ). Also, he should use sharp purgatives and emetics. If bleeding is present, he should have the indicated veins pierced.

- 78cd–79ab If either purging nut  $(m\bar{u}$ ,  $sik\bar{a})$  or a fern  $(ajaruh\bar{a})$  is tied on to the King's wrist, then all food that is mixed with poison will be rendered free of poison. 95
  - 79cd–80 He should always keep his heart protected (*hṛdayāvaraṇa*) when amongst people who are not his friends. <sup>96</sup> Before eating he should drink the kinds of ghee called 'Invincible' and 'Immortal'. <sup>97</sup> He should drink ghee (*sarpiṣ*), honey, curds (*dadhi*), milk (*payas*), or cold water.
    - 81 He should consume monitor lizard, peacock, mongooses, chital deer (*pṛṣata*), and blackbuck (*hariṇa*) too, that destroy poison, and their juices.
    - 82 As discerning person should add well-crushed black creeper ( $p\bar{a}li-nd\bar{\iota}$ ), 98 liquorice (madhuka), and sugar to the meats of monitor lizard ( $godh\bar{a}$ ), mongoose and blackbuck (harina) too.
    - 83 Add sugar and atis root (ativiṣā) to peacock flesh, together with ginger (mahauṣadha) And for meat from a chital deer (pārṣata), he should add long peppers (pippalī), with ginger (mahauṣadha).
    - 84ab A cold neem broth with honey and ghee is wholesome too.
    - 84cd A discerning person should partake of hard and soft foods that counteract poison.<sup>99</sup>
      - 85 If poison might have been drunk, a person who has protected his heart should make himself vomit using long pepper, liquorice, honey, sugar,
      - 95 In early Ayurvedic literature, the plant স্তান্ধর is mentioned only here and its identity is unknown. It may be a fern of the Nephrodium family, according to Singh and Chunekar (1972:7). Dalhaṇa (5.1.78 (Su 1938: 563)) cited a description of the two plants from the little-known authority Uśanas (HIML: IA, 660 et passim) that described স্তান্ধর as a white root with spots on it that looks like collyrium when it is split; when drunk with sandalwood it causes poison to be digested.
      - 96 The Carakasaṃhitā described 'protecting the heart' as drinking several sweet, oily drinks to surround the heart and keep it safe (6.23.46 (Ca. 1941: 574)). Dalhaṇa explained it as taking a number of anti-toxic medicines, including those listed in the present passage, in order to cover or hide (সভাবন) the heart 5.1.79–81 (Su 1938: 563).
      - 97 These ghee compounds are described in later chapters: see 5.2.47–49 (Su 1938: 566) and 5.6.13 (Su 1938: 581).
      - 98 Or some say turpeth.
      - 99 On this expression, Yagi, T. 1994. A Note on bhojya- and bhakṣya-. In: A Study of the Nīlamata. Aspects of Hinduism in Ancient Kashmir. Y. Ikari (ed.).

The two uses of prāpta are hard to translate. prāptāḥ — kṣipram is an example of the vulgate banalizing the Sanskrit text to make sense of a difficult passage.

√vyadh not √vedh (also elsewhere and for the ears), causative optative.

opposite of the vulgate Same as As 1.8.89 (As 1980: 79).

Medical difference.

sugarcane juice and water.

The first chapter in the Kalpas.

# Uttaratantra, adhyāya 38

# **Introductory remarks**

**Summary of the Content** The chapter talks about various diseases of the female reproductive system and, in doing so, combines both aspects that go into a representation of diseases in āyurvedic literature: signs, symptoms and pathogenesis ( $nid\bar{a}na$ ), on the one hand, and medical treatment ( $cikits\bar{a}$ ), on the other. In chapters of the Uttaratantra, these two aspects are sometime dealt with in two different chapters  $X-vij\bar{n}\bar{a}n\bar{i}ya$  and X-pratiṣedha. There are, however, many examples where this distinction is not made.

**Placement of the Chapter** While in  $Su\ 1938$  the current chapter is found at the end of the section on paediatrics ( $Kum\bar{a}ratantra$ , or  $Kum\bar{a}rabhrtya$  as this section is styled in K), in the Nepalese version, this is chapter 6.58, and it is chapter 23 of an entirely different section, namely, the  $K\bar{a}y\bar{a}cikits\bar{a}$ .

Several things are noteworthy in this regard:

• In the placement of the vulgate, this chapter follows upon 6.37 *Grahotpatti* (6.35 in the Nepalese version), a chapter that talks about the origination of nine planetary deities? (*graha*) that are responsible for all children's diseases described in previous chapters of the *Kumāratantra*. In this way, the current chapter retains the general focus on the child bearing (*kaumārabhṛtya*), but, at the same time, marks a change to a distinct, less mystical approach to the topic at hand (that could originate in a cultural milieu different from that of the preceding 11 chapters). Dalhaṇa (Su 1938: 668b) explains how the chapter fits its context in the following way:

It is appropriate that for the sake of treating the disorders of the female reproductive system (yonivyāpat), the chapter called Countermeasures Against Disorders of the Female Reproductive System (yonivyāpatpratiṣedha) (SS.6.38) is taught immediately after the chapter called Origination of Planetary Deities (grahotpatti) (SS.6.37). It is because (1) there is an explicit mention of the word "yoni" in the statement "born in the womb (yoni) of animal and human" (in SS.6.37.13bc) and because (2) the

disorders of the female reproductive system (*yonivyāpat*) are the causes for the inborn disorders of children.<sup>160</sup>

- In the placement of the Nepalese version, *Yonivyāpatpratiṣedha* is preceded by 6.56 *Mūtrāghātapratiṣedha* (6.58 in Su 1938) and 6.57 *Mūtrakṛcchrapratiṣedha* (6.59 in Su 1938), two chapters dealing with the diseases of the urinary tract. The current chapter carries on with the topic of diseases that affect genitalia. In its Nepalese version, the chapter opens with two verses that explain the reasons for treating the particular set of diseases. These lack any reference to the inborn disorders of children (*kumārajanmavikāra*) mentioned by Dalhaṇa, and instead highlights the importance of curing female diseases for the satisfaction of male partner.
- SS.1.3 in both Su 1938 and the Nepalese version lists the chapter at the place, where it is found in the vulgate (Cf. S.1.3.37ab: *naigameṣacikitsā ca grahotpattiḥ sayonijāḥ*).
- Parallel chapters in the *Aṣṭāṅgasaṃgraha* and the *Aṣṭāṅgaḥṛḍayasaṃ-hitā* form a part of the *Śalyatantra* (not ) section of each text.

**Parallels** The current chapter is parallel in its content to *Aṣṭāṅga-saṃgraha* 6.38 and 6.39 as well as *Aṣṭāṅgaḥṛḍayasaṃhitā* 6.33 and 6.34 (*Guhyarogavijñāna* and *Guhyarogapratiṣedha* respectively).

A close literary parallel to the first part of the chapter is found in *Mādhavanidāna* (MN) 62, or at least its version printed in. The readings of the MN as it stands now usually side with the vulgate version rather than with the Nepalese. In addition to the basic text, there are several valuable pointers made in the *Madhukośa*, an early commentary on the MN. This part of the text is authored by Śrīkaṇṭhadatta, who was most like a direct student of Vijarakṣita. The latter wrote the first part of the *Madhukośa*, up to chapter 32, and, what is more, can be dated to the second half of the 11th – first half of the 12th centuries (Meulenbeld 1974: 22–26).

Another most interesting parallel is found in Carakasamhitā 6(Ci).30.

<sup>160</sup> Palhaṇa on SS.6.38.1: grahotpattyadhyāyanantaraṃ 'tityagyoniṃ mānuṣaṃ ca' iti vacanena yoner nāmasaṃkīrtanāt kuṃārajanmavikārakāraṇatvāc ca, yonivyāpaccikitsitārthaṃ yonivyāpatpratiṣedhādhyāyārambho yujyate [...]/

### **Translation**

- And now I shall explain the countermeasures against disorders of the female reproductive system (*yonivyāpat*). 161
- 2 Since for good men, a woman is the most pleasurable thing, therefore a physician should diligently attend to the diseases located in the female reproductive system (*yoni*), because he is entirely devoted to it (that is, to curing these diseases) for the sake of (people's) happiness.<sup>162</sup>
- A corrupted female reproductive system (yoni) cannot consume semen ( $b\bar{\imath}ja$ ), and therefore, the woman cannot take a fetus (that is, become pregnant). She gets severe prolapses ( $ar\acute{s}as$ ), abdominal lump (gulma) and similarly many other diseases (roga).

**Philological Notes** The first two verses (2 and 3) in the Nepalese version are written in a classical variety of the *upajāti* metre:

In content, they are only approximately parallel to three hemistichs in *anuṣṭubh* metre found in Su 1938. The latter verses lack the apologetic explanation concerning the reasons for this chapter being taught.

4 Humours (doṣa), wind ( $v\bar{a}ta$ ), etc., corrupted due to faulty medical treatment ( $mithyopac\bar{a}ra$ ), <sup>163</sup> sexual activity, fate, and also defects (doṣa)

<sup>161</sup> On this broad understanding of the term *yoni*, see Das 2003: pp. 572–5

<sup>162</sup> As our translation indicates, the sentence construction does not allow an unambiguous identification of who or what is the referent of the pronoun *tad* in the compound form *tadadhīna* 'devoted to it.' Our current understanding is that *tad* refers to the 'most pleasurable thing' mentioned in pāda a. It could, however, also refer to 'them,' that is, the 'good men.'

<sup>163</sup> In our translation of the compound <code>mithyopacāra</code>, we decided for the technical meaning of the term <code>upacāra</code>, that is, 'medical application' or 'treatment'. The combination <code>mithyā + upa-√car</code> is attested several times in medical literature. At least once, at CS Vi.3.38, it is given an explicit commentarial gloss (by Cakrapāṇidatta): "<code>mithopacaritān iti asamyak cikitsitān"</code>. In the SS (Su 1938), it is used once in Ut.18.30, where it refers specifically to the wrong application of ? (<code>tarpaṇa</code>) and ? (<code>putapāka</code>), both of which are mentioned in the previous verse. Another use of the compound in a seemingly conforming meaning is found in a citation from Bhoja's text quoted by Gayadāsa at SS Ni.5.17: "śvitraṃ tu dvividhaṃ proktaṃ doṣajaṃ vraṇajaṃ tathā/ tatra mithyopacārād dhi vraṇasya vraṇajaṃ smṛtam // ...". In contrast to this, the parallel verse in Su 1938 = CS Ci.30.7 = MN 62.1 reads <code>mithyācāra</code> 'wrong conduct'. All commentators (Cakra-

of menstrual blood ( $\bar{a}rtava$ ) and semen ( $b\bar{\imath}ja$ ), produce various diseases in the female reproductive organ (yoni). These 20 diseases are taught here distinctly and one by one along with their treatment ( $bhe\underline{s}aja$ ), causes (hetu) and signs (cihna).

Philological Notes The Nepalese version of the SS continues here with 3 hemistichs in classical *upajāti* metre (see the syllabic pattern above). On the other hand, Su 1938 contains two complete verses (4 hemistichs) in the *anuṣṭubh*. Three final hemistichs are found verbatim in CS Ci.30.7cd–8. It is very likely that the these verses were borrowed from the CS into SS (and not the other way around), because CS Ci.30.7cd = SS Ut.38.5ab says that the 20 kinds of diseases were already taught in the Collection of Diseases (*rogasaṃgraha*). In the context of the SS, this reference does not make any sense and is left uncommented by Dalhaṇa. In case of the CS, however, Cakrapāṇidatta explains that this reference points back to CS Sū.19, a chapter that does, in fact, lists all the diseases dealt with in later sections of the text. 20 diseases of female reproductive system (*yoni*) as mentioned in Sū.19.3.

The above three hemistichs in *anuṣṭubh* are also repeated in MN 62.1–2ab. Given that all following verses stem from the SS, it is likely that MN 62.1–2ab too was incorporated into the text from the SS (and not its original location in the CS).

- 5.1 Because of wind  $(v\bar{a}ta)$ , female reproductive organ (yoni) becomes:
  - 1. ? (udāvartā),
  - 2. called Infertile (vandhyā), and
  - 3. Sprung (plutā),
  - 4. Flooded (pariplutā), and
  - 5. Windy (vātalā).
- 5.2 And because of choler (*pitta*), occur:
  - 1. With bloodloss (raktakṣayā),
  - 2. Vomiting (*vāminī*), and
  - 3. Causing a Fall (sraṃsanī),

pāṇidatta on the CS, Śrīkaṇṭhadatta on the MN, and Ḍalhaṇa on the SS) explain that the wrong conduct stands here specifically for unwholesome diet. The parallel in AH Ut.33.28 = AS Ut.38.34 plainly reads <code>duṣtabhojana</code> 'corrupted food' instead.

- 4. Child-murderess (putraghnī), and also
- 5. Bilious / Choleric (*pittalā*).
- 6.1 And because of phlegm (*kapha*) occur:
  - 1. Extremely Excited (atyānandā),
  - 2. Protuberant (*karninī*), and
  - 3. & 4. two (*caraṇī*), and
    - 5. other Phlegmatic (*śleṣmalā*).
- 6.2 And similarly there are other (kinds of morbid female reprodctive system) involving all *doṣas*:
  - 1. Impotent (śaṇḍī),
  - 2. With testicles (andīnī),
  - 3. two Huge (mahatī),
  - 4. With a needle-like opening (sūcīvaktrā),
  - 5. (sarvātmikā).

**Philological Notes** Verses 5 and 6 consist of four hemistichs written in a kind of *triṣṭubh* metre — that is, of eight unequal *pāda*s containing 11 syllables each — and correspond to six hemistichs in *anuṣṭubh* in Su 1938 (Ut.38.6cd–9cd). By the standards of classical Sanskrit prosody, the metre in all four hemistichs is irregular. However, considering the wide range of metrical variations of the *triṣṭubh* permissible in Epic Sanskrit, the concerned verses can be considered to fall well within metrical norm. Based on the metrical analysis of a large sample of *triṣṭubh* passages in the *Mahā-bhārata*, Fitzgerald (2009: 108) postulated the following general metrical structure:

Table 2: Summary of table 3 in Fitzgerald 2009.

 syllable nr. | 1 | 2,3,4 | 5,6,7 | 8,9,10 | 11

 | x | ra ( 
$$\cup$$
  $\cup$  ), ma ( $\cup$   $\cup$  ) | bha (  $\cup$   $\cup$  ), ra (  $\cup$   $\cup$  ), sa (  $\cup$   $\cup$  ) | ra ( $\cup$   $\cup$  ) | x

Our verses scan:

Table 3: Metrical structure of vss. Ut.38.5–6 in the Nepalese version of the *Suśrutasaṃhitā*.

Following Fitzgerald's hypothesis (F-2009 p 99) formulated explicitly with regard to the *Mahābhārata* that "the more variable a *triṣṭubh* passage of the Mbh is, the older it is likely to be", one may speculate that the current passage in the Nepalese version may go back to an ancient textual layer that, at the time when the hyparchetype of the Nepalese version was produced, was not yet fully "Sanskritized" and harmonized with the surrounding passages. Alternatively and, perhaps, less likely, vss. 5–6 of the Nepalese version could have been composed as an attempt to harmonize the text of the SS — that is, to recast the list of diseases originally written in *anustubh* into *triṣṭubh*.

Note that so far we have not come across any other examples of non-Classical metres used either in Su 1938 or in the Nepalese version.

- 7 The Retaining (*udāvartā*) releases foamy menstrual blood (*rajas*) with difficulty. One should know the Infertile (*vandhyā*) to have no menstrual blood (*ārtava*), and the? (*utplutā*) as being constantly painful. In case of the Flooded (*pariplutā*), there is extreme lust for the villagers' duty (sexual intercourse).
- 8 The Windy  $(v\bar{a}tal\bar{a})$  is hard, stiff, afflicted by stabbing and pricking pain. In all four former types, there are painful sensations  $(vedan\bar{a})$  associated with the wind (anila).
- The one, of which the blood diminises with burning pain, is called With Bloodloss ( $lohitakṣay\bar{a}$ ). The Vomiting ( $v\bar{a}min\bar{\iota}$ ), flooded with menstrual blood (rajas) would eject semen ( $b\bar{\iota}ja$ ), even if it is on its way.
- The Causing Fall (*prasraṃsanī*), agitated and giving birth with difficulty, perishes. The Child-Murdress (*putraghnī*) destroys well established embryo with flows of blood (*rakta*).
- The Choleric ( $pittal\bar{a}$ ) is intensely afflicted by burning sensation ( $d\bar{a}ha$ ) and inflammation ( $p\bar{a}ka$ ). And in all four former kinds one should add signs of choler (pitta).
- (Extremely Excited  $(aty\bar{a}nand\bar{a})$ ) engages in villagers' duty, because she gets extremely excited and cannot obtain satisfaction. But in the case of  $?(karnin\bar{i})$ , out of phlegm  $(\acute{s}lesman)$  and menstrual blood  $(\bar{a}srk)$  a lump  $(karnik\bar{a})$  arrises in the ?(yoni).
- During sexual intercourse, ?  $(caran\bar{\imath})$  is first, she surpasses the man. And because of frequent excessive practice, becaus of that the semen  $(b\bar{\imath}ja)$  does not stay there.

- Phlegmatic (*śleṣmalā*) female reproductive organ (*yoni*) is slimy, it is itchy and very cold. And in all four former types one should add signs of phlegm (*kapha*).
- The breast of ? ( $\underline{sand\bar{\imath}}$ ) are without female reproductive fluid ( $\bar{a}rtava$ ), and during sex, it (that is,  $\underline{sand\bar{\imath}}$ ) is rough to the touch. And the ? ( $\underline{yoni}$ ) of a young woman, taken by a man with a large penis, may become ? ( $\underline{and\bar{a}n\bar{\imath}}$ )
- 16 (*mahāyoniḥ*) is expanded and (*sūcīvaktrā*) is extremely closed. The one connected with all humours (*doṣa*)

## **Abbreviations**

Ah 1939 Kumṭe, Aṇṇā Moreśvara, Navare, Kṛṣṇaśāstrī, and Parādkar,

Hariśāstrī (1939) (eds.), श्रामद्वाग्भटविरचितम् अष्टाङ्गहृदयम्, श्रामद-रुणदत्तविरचितया सर्वाङ्गसुन्दराख्यया व्याख्यया, हेमाद्रिप्रण्1तया आयुर्वेद-रसायनाह्वया ट्1कया च समुल्लसितम् = The Astāngahṛidaya (6th edn., Muṃbayyām: Nirṇayasāgara Press), ark:/13960/t3tt6967d.

Anup Anup Sanskrit Library (n.d.).

AS Asiatic Society (n.d.).

As 1980 Ațhavale, Anamta Dāmodara (1980) (ed.), Aṣṭāṅgasaṅgrahaḥ.

Śrīmad Vṛddhavāgbhaṭaviracitaḥ Induvyākhyāsahitaḥ (Puṇe: Maheśa Anaṃta Āṭhavale, Śrīmad Ātreya Prakāśanam), ark:/

13960/t9773bb9z.

Bhela 1921 Mookerjee, Ashutosh and Ananta Krishna Shastri, Ved-

antabisharad (1921) (eds.), *The Bhela Samhita. Sanskrit Text* (Calcutta: University of Calcutta), ark:/13960/t3sv3157j; Based on two copies made of the Thanjavur codex unicus (MS Thanjavur TMSSML 10773, Burnell 1880: 63–4, P. P. S.

Sastri 1933: #11085).

Bhela 2000 Krishnamurthy, K. H. (2000), Bhela-saṃhitā. Text with English

Translation, Commentary and Critical Notes (Haridas Ayurveda

Series, 8; Varanasi: Chaukhambha Visvabharati).

BL British Library (n.d.).

Ca. 1941 Ācārya, Yādavaśarma Trivikrama (1941) (ed.), महर्षिणा पुनर्व-

सुनोपदिष्टा, तच्छिष्येणाग्निवेशेन प्रण्1ता, चरकदृढबलाभ्यां प्रतिसंस्कृता च-रकसंहिता, श्र्1चक्रपाणिदत्तविरचितया आयुर्वेदद्1पिकाव्याख्यया संवलिता (3rd edn., Mumbayyāṃ: Nirnaya Sagara Press), URL, accessed

01/01/2018.

HIML Meulenbeld, Gerrit Jan (1999–2002), A History of Indian

Medical Literature, 5 vols. (Groningen: E. Forsten), ISBN:

9069801248.

KL *Kaiser Library* (n.d.).

MW Monier-Williams, Monier, Leumann, E., Cappeller, C., et al. (1899), A Sanskrit–English Dictionary Etymologically and Philologically Arranged, New Edition (Oxford: Clarendon Press); 1970 reprint.

NAK National Archives of Kathmandu (n.d.).

NCC Raghavan, V. et al. (1949–), New Catalogus Catalogorum, an Alphabetical Register of Sanskrit and Allied Works and Authors, 39 vols. (Madras University Sanskrit Series; Madras: University of Madras); v.1: revised edition, 1968.

NGMCP (2014), 'Nepal-german Manuscript Cataloguing Project. Online Title List and Descriptive Catalogue', Universität Hamburg and Deutsche Forschungsgemeinschaft, URL.

RORI Rajasthan Oriental Research Institute (n.d.).

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# **Index of Manuscripts**

The numbers after the comma refer to pages in this document.

Bikaner RORI 5157 27 Kathmandu NAK 1-1079 2
Cambridge Add. 1693 23 Kathmandu NAK 5-333 2, 23, 28
Kathmandu KL 699 2, 26 Thanjavur TMSSML 10773 52

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## Glossary

caraṇī 49	añjana	morsel 25
mahāyoniḥ <mark>51</mark>	eye make-up <b>25, 31</b>	bamboo leaves
sarvātmikā 49	eye ointment 31f	veņupatrikā <mark>2</mark> 9
sūcīvaktrā 51	aṅkolla	bandhujīva -
?	sage-leaved	scarlet mallow 30
aṇḍānī 51	alangium 28	bāṣpa
caraṇī 50	anulepana	vapour 26f, 30
karṇinī 50	massage ointment	bearers
putapāka 47	25, 29	vodhāra 25
ṣaṇḍī 51	ointment 29	beautyberry
tarpaṇa 47	apertures of the head	śyāmā 27, 29
udāvartā 48	kha 30	bhallātaka
utplutā 50	arśas	marking-nut tree 31
yoni 50f	prolapses 47	bheṣaja
	ārtava	treatment 48
abdominal lump	female	bhramaraka
gulma 47	reproductive fluid	drongo 26
abhyaṅga	51	bhṛṅgarāja
massage 29	menstrual blood	racket-tailed
massage oil 25, 31	48, 50	drongo 26
affliction	āsṛk	bīja
upasarga 31	menstrual blood 50	
ajaruhā	aṣṭhīlā	semen 47f, 50 bilious / choleric
fern 32	pebble 27	•
ајеуа	atis root	pittalā 49
invincible 32	ativiṣā 32	bimbī
alābu	atis roots	red gourd 28
bitter gourd 28	ativiṣā 30	bitter gourd
ālepana	ativiṣā	alābu 28
liniments 31	atis root 32	black creeper
amaranth	atis roots 30	pālindī 29, 32
taṇḍulīyaka 29	āṭopa	black drongo
āmrāsthi	flatulence 28	dhūmyāṭa 26
mango stones 28	atyānandā	blackboard tree
amṛtā	extremely excited	saptachada 29
calamine 29	49f	blackbuck
amṛta	avadārana	hariṇa 32
immortal 32	fissuring 31	blood
้ ลทุฝุลิทเิ	avalekhana	rakta 50
? 51	combs 25	body language
aṇḍ <u>ī</u> nī	<b>,</b>	iṅgita 25
with testicles 49	bahuputrā	bull
anila	wild asparagus 31	vṛṣabha <mark>26</mark>
wind 50	bali	burning sensation

dāha 50	yonivyāpatpratiṣedha	drongo
· ·	45	bhramaraka 26
calamine	curds	drstivibhrama
amṛtā 29	dadhi 28, 32	faulty vision 31
caraṇī	payasyā 30	dry rub
@ 49		utsādana 29
? 50	dadhi	dry rubs
cassia cinnamon	curds 28, 32	utsādana 25
	dāha	dūṣīviṣāri
patra 29	burning sensation	slow-acting poison
cāsyāt from his mouth az	50	antidote 28
from his mouth 27	dantamāṃsa	unidate 20
causes	flesh of the tooth 28	emetic nut
hetu 48	dantaveșța	madana 28
causing a fall	enclosure of a tooth	enclosure of a tooth
sraṃsanī 48	28	dantaveșța 28
causing fall	datta	errhines
prasraṃsanī 50	given 26	nasya 31
chebulic myrobalan	decoctions	extract
harītakī 28	kaṣāya 25	niryāsa 31
child bearing	defects	extracted juice
kaumārabhṛtya 45	doṣa 47	svarasa 31
child-murderess	dhātakīpuṣpa	extremely excited
putraghnī 49	fire-flame bush	atyānandā 49f
child-murdress	flowers 28	
putraghnī 50	dhūma	eye make-up
chital deer	inhaled smoke 25	añjana 25, 31
prṣata 26	dhūmyāṭa	eye ointment
chital deer	black drongo 26	añjana 31f
pṛṣata 32	dhyāma	eyewash
choler	grimy 25	tarpaṇa 31
pitta 48, 50	discharge	faulty medical
choleric	srāva 29, 31	treatment
pittalā 50	diseases	
cihna		mithyopacāra 47
signs 48	roga 47 disorders of the female	faulty vision
clean		dṛṣtivibhrama 31
pra√sādh 31	reproductive system	female reproductive
collection of diseases	yonivyāpat 45ff	fluid
rogasamgraha 48	distorted	ārtava 51
combs	vikṛta 28	female reproductive
	doșa	organ
avalekhana 25	defects 47	yoni 48, 51
countermeasures	humours 47	female reproductive
against disorders of	humours 51	system
the female	double	yoni 47f
reproductive system	yamalā 28	fern
	69	
	,	

ajaruhā <mark>32</mark>	chebulic	dhūma <b>25</b>
fire-flame bush flowers	myrobalan 28	intestines
dhātakīpuṣpa <mark>28</mark>	heart protected	pakvāśaya 28
fissuring	hṛdayāvaraṇa 32	invincible
avadāraņa 31	heart-leaved moonseed	ајеуа <mark>32</mark>
flatulence	somavallī 29	irrigated
āṭopa <b>2</b> 8	henna	pratipūraņa 31
flesh	madayantikā 30	, ,
māṃsa <b>2</b> 9	hetu	jambū
flesh of the tooth	causes 48	jambul 28
dantamāṃsa 28	hogweed	jambul
flooded	punarnavā 30	jambū <mark>28</mark>
pariplutā 48, 50	honey	jasmine
follicles	madhus 26	mālatī 30
kha 29	hṛdayāvaraṇa	
from his mouth	heart protected 32	kālīyaka
cāsyāt 27	huge	indian barberry 29
<i>y</i>	mahatī 49	kaṇṭaka
garlands	humours	spots 30
sraj 25	doṣa 51	kapha
ghee	humours	mucus 30
sarpiș 32	doṣa 47	phlegm 49, 51
ginger		kapittha
mahauṣadha 32	immortal	wood apple 29, 31
given	amṛta 32	karṇikā
datta 26	impotent	lump 50
godhā	śaṇḍī 49	karṇinī
monitor lizard 32	inborn disorders of	? 50
graha	children	protuberant 49
planetary deities?	kumārajanmavikāra	каṣāyа
45	46	decoctions 25
grahotpatti	indian barberry	kāśipati
origination of	kālīyaka 29	lord of kāśī 24
planetary deities 45	indian rose-bay	kaumārabhṛtya
granthi	tagara 29	child bearing 45
lumps 29	indigo	kavala
great fragrance	nīlī 28	mouthwash 29
mahāsugandha 31	indragopa	kha
grimy	velvet-mite 27	apertures of the
dhyāma 25	infertile	head 30
gulma	vandhyā 48, <u>5</u> 0	follicles 29
abdominal lump 47	inflammation	kitchen
r 17	pāka 50	mahānasa 25
hariṇa	iṅgita	koṣītakī
blackbuck 32	body language 25	luffa 28
harītakī	inhaled smoke	kumārajanmavikāra

inborn disorders of	mahauṣadha	māṣaka 29
children 46	•	mușuku 29 mūrechā
Ciliaren 40	ginger 32	
lāmajja grass	mahāyoniḥ	stupor 27 mūṣikā
lāmajja 26	@ 51 mālatī	purging nut 32
lāmajja		mūṣikakarṇī
lāmajja grass 26	jasmine 30	mouse-ear 30
liṅga	māṃsa flesh 29	woodrose 30
symptom 30		woodfose 30
liniments	mango stones <i>āmrāsthi</i> 28	nalada
ālepana 31		spikenard 26
liquorice	marking-nut tree	nasya
madhuka 32	bhallātaka 31 māṣaka	errhines 31
lohitaksayā	•	snuff 30
with bloodloss 50	mung beans 29	nasya
long pepper	massage	snuff 25
māgadha 31	abhyanga 29	nīlī
long peppers	massage oil	indigo 28
pippalī 32	abhyanga 25, 31	niryāsa
lord of kāśī	massage ointment	extract 31
kāśipati 24	anulepana 25, 29 meat from a chital deer	numbness
lotus-spots		svāpa 31
padminīkaṇṭaka 30	<i>pārṣata</i> 32 menstrual blood	, -
luffa		ointment
koṣītakī 28	ārtava 48, 50 āsṛk 50	anulepana 29
lump	rajas 50	pralepa 27, 30
karņikā 50	meṣaśṛṅga	or not distorted
lumps	periploca of the	vāvikṛtā 28
granthi 29	woods 31	origination of planetary
	milk	deities
madana	payas 32	grahotpatti 45
emetic nut 28	mithyopacāra	
madayantikā	faulty medical	padma
henna 30	treatment 47	sacred lotus 29
madhuka	monitor lizard	padminīkaṇṭaka
liquorice 32	godhā 32	lotus-spots 30
madhus	morsel	painful sensations
honey 26	bali 25	vedanā 50
māgadha	mouse-ear	pāka
long pepper 31 mahānasa	mūṣikakarṇī 30	inflammation 50
kitchen 25	mouthwash	sepsis 31
	kavala 29	pakvāšaya
mahāsugandha		intestines 28
great fragrance 31	mucus	pālindī
mahatī	kapha 30	black creeper 29, 32
huge 49	mung beans	pariplutā

flooded 48, 50	pratisāraṇa	sacred lotus
parīṣeka	rub <u>2</u> 8	padma <b>2</b> 9
shower 29	rubbing 28	sage-leaved alangium
pārṣata	prolapses	aṅkolla 28
meat from a chital	arśas 47	saliva
deer 32	protuberant	śleșman 27
patra	karṇinī 49	ṣaṇḍī -
cassia cinnamon 29	pṛṣata	? 51
payas	chital deer 26	śaṇḍī
milk 32	chital deer 32	impotent 49
payasyā	punarnavā	saptachada
curds 30	hogweed 30	blackboard tree 29
pebble	purging nut	sarpiș
aṣṭhīlā 27	mūṣikā 32	ghee 32
periploca of the woods	putapāka	sarvātmikā
meṣaśṛṅga 31	? 47	@ 49
phañjī	putraghnī	scarlet mallow
verbena 30	child-murderess 49	bandhujīva 30
phlegm	child-murdress 50	semen
kapha 49, 51	erma mararess go	bīja 47f, 50
śleșman 50	racket-tailed drongo	sepsis
phlegmatic	bhṛṅgarāja 26	pāka 31
śleșmalā 49, 51	rajas	shower
pippalī	menstrual blood 50	parīșeka 29
long peppers 32	rakta	side-effects
pitta	blood 50	upadrava 31
•		•
choler 48, 50	raktakṣayā	signs
pittalā	with bloodloss 48	cihna 48
bilious / choleric	red gourd	siris seeds
49	bimbī 28	śirīṣamāṣaka 29
choleric 50	retaining	śirīṣamāṣaka
planetary deities?	udāvartā 50	siris seeds 29
graha 45	rheum	śleșmalā
plutā	upadeha 31	phlegmatic 49, 51
sprung 48	roga	śleșman
pra\/kuth	diseases 47	phlegm 50
rot 28	rogasaṃgraha	saliva 27
pra√sādh	collection of	slow-acting poison
clean 31	diseases 48	antidote
pralepa	rot	dūṣīviṣāri 28
ointment 27, 30	pra√kuth 28	snuff
prasraṃsanī	rub	nasya 25
causing fall 50	pratisāraņa <mark>2</mark> 8	snuff
pratipūraņa	rubbing	nasya 30
irrigated 31	pratisāraņa 28	soma creeper

_	_	
somalatā 27	eyewash 31	velvet-mite
somalatā	three-leaved caper	indragopa 27
soma creeper 27	varuṇa 31	veņupatrikā
somavalka	treatment	bamboo leaves 29
white cutch tree 31	bheṣaja 48	verbena
somavallī	1.7.11	phañjī 30
heart-leaved	udaśvit	vetiver grass
moonseed 29	watered buttermilk	uśīra 29
sphoṭa	28	vikṛta
spots 30f	udāvartā	distorted 28
spikenard	? 48	voḍhāra
nalada <mark>26</mark>	retaining 50	bearers 25
spots	upadeha	vomiting
kaṇṭaka 30	rheum 31	vāminī 48, 50
sphoṭa 30f	upadrava	vṛṣabha
sprung	side-effects 31	bull 26
plutā 48	upasarga	. 11
sraj	affliction 31	water-lily
garlands 25	uśīra	utpala 27
sraṃsanī	vetiver grass 29	watered buttermilk
causing a fall 48	utpala	udaśvit 28
srāva	water-lily 27	white clitoria
discharge 29, 31	utplutā	śvetā 29
stupor	? 50	white cutch tree
mūrcchā <mark>27</mark>	utsādana	somavalka 31
sūcīvaktrā	dry rub 29	wild asparagus
@ 51	dry rubs 25	bahuputrā 31
with a needle-like		wind
opening 49	vāminī	anila 50
svāpa	vomiting 48, 50	vāta 47f
numbness 31	vandhyā	windy
svarasa	infertile 48, 50	vātalā 48, 50
extracted juice 31	vapour	with a needle-like
śvetā	bāṣpa <b>2</b> 6f, 30	opening
white clitoria 29	varuṇa	sūcīvaktrā 49
śyāmā	three-leaved caper	with bloodloss
beautyberry 27, 29	31	lohitakṣayā 50
symptom	vāta	with bloodloss
liṅga 30	wind 47f	raktakṣayā 48
8 3	vātalā	with testicles
tagara	windy 48, 50	ลทุศักทิ 49
indian rose-bay 29	vāvikṛtā	womb
taṇḍulīyaka	or not distorted 28	yoni 45
amaranth 29	vedanā	wood apple
tarpaṇa	painful sensations	kapittha 29, 31
2 45	=0	twoodroso

```
female reproductive
    mūṣikakarṇī 30
                                  reproductive organ
                                  48, 51
                                                                system 45ff
                                                             yonivyāpatpratiṣedha
                                   female
yamalā
                                  reproductive system
                                                                  countermeasures
    double 28
                                                                 against disorders of
                                  47f
yoni
                                   womb 45
                                                                 the female
    ? 50f
                              yonivyāpat
                                                                reproductive system
    female
                                   disorders of the
```

## **Todo list**

Cf. Arthaśāstra 1.21.8	25
I'm still unhappy about this verse	28
Mention this in the introduction as an example of the scribe know-	
 ing the vulgate	28
fn about sadyas+	28
Bear's bile instead of deer's bile	29
punarṇṇavā in the N & K MSS	30
śrita for śṛta	30
explain more	31
Medical difference from Sharma	31
example where the vulgate clarifies that these should be used sep-	
arately; appears to be a gloss inserted into the vulgate text	31
The two uses of prāpta are hard to translate. prāptā $h \rightarrow k$ sipram is	
an example of the vulgate banalizing the Sanskrit text to make	
sense of a difficult passage	32
$\sqrt{\text{vyadh not }\sqrt{\text{vedh (also elsewhere and for the ears)}}$ , causative	
optative	32
opposite of the vulgate Same as As 1.8.89 (As 1980: 79)	32
Medical difference.	32
where is cutting with a knife related to removing bile or phlegm	33
maṣī burned charcoal. Find refs	33
find ref	39
Check out these refs	40
or a dual?	44
@@ xx	48

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