A Translation of the Nepalese Text of the Suśrutasaṃhitā

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Sūtrasthāna		9
Sūtrasthāna 1: The Origin of Medical Knowledge		11
Literature		. 11
Translation		. 11
Sūtrasthāna 2: The Initiation of a Student		19
Literature		. 19
Translation		. 19
Sūtrasthāna 3: The Table of Contents		21
Literature		. 21
Translation		. 21
Sūtrasthāna 13: On Leeches		23
Literature		. 23
Translation		
Sūtrasthāna 14: On Blood		31
Previous scholarship		. 31
Translation		_
Sūtrasthāna 16: Repairing Pierced Ears		39
Previous literature		
Translation		
Sūtrasthāna 28: Unfavourable Prognosis in Patients with Sores	3	49
Literature		
Translation		

4	Contents
T	

Nidānasthāna	51
Nidānasthāna 1: The Diagnosis of Diseases Caused by Wind Literature	53 53
Śārīrasthāna	61
Śārīrasthāna 2: On Semen and Menstrual Fluid Literature Translation Diagnosis by humours Therapies for menstrual blood During menstruation	63 63 64 66 67
Śārīrasthāna 3: On Conception and the Development of the Embryo Literature	77 77 77
Cikitsāsthāna	85
Cikitsāsthāna 4: On the Treatment of Wind Diseases Literature	87 87 87
Cikitsāsthāna 5: On the Treatment of Serious Wind Diseases Literature	93 93 93
Cikitsāsthāna 15: On Difficult Delivery Literature Translation	-
Kalpasthāna	109
Kalpasthāna 1: Protecting the King from Poison	111

Introduction	11
Literature	2
Manuscript notes	
Translation	
[Threats to the king]	.3
Kalpasthāna 2: Poisonous Plants	:3
Introduction	.3
Literature	.4
Translation	4
The effects of poisons	8
Slow-acting poison	31
The invincible ghee	
Curing the 'slow-acting' poison	6
Kalpasthāna 3: Poisonous Insects and Animals	7
Literature	7
Translation	7
The origin of poison	
Patients beyond help	.3
Kalpasthāna 4: Snakes and Invenomation 14	
Introduction	
Literature	_
The Seven Stages of Toxic Shock	
Translation	-
[The Taxonomy of Snakes]	
[Behaviours]	
[Enumeration of Snakes]	
[Breeding and Gender]	
[Symptoms of snakebite]	
[Summary Verses]	7
Kalpasthāna 5: Therapy for those Bitten by Snakes 15	
Introduction	
Literature	
Translation	
The application of mantras	

Blood letting
Kalpasthāna 6: Beating Drums Introduction
Uttaratantra 171
Uttaratantra 17: Preventing Diseases of the Pupil 173
Literature
Translation
[Complications]
[Characteristics of the probe]
[Complications]
Uttaratantra 38: Diseases of the Female Reproductive System 187
Introduction
Literature
Placement of the Chapter
Parallels
Philological notes
Metrical alterations
The original opening verses
Translation
Uttaratantra 39: On Fevers and their Management [draft] 191
Literature
Remarks on the Nepalese version
Translation
Uttaratantra 65: Rules of Interpretation 205
Literature
Early Sources
The Arthaśāstra
The Yuktidīpikā
Tamil literature
The Visnudharmottarapurāna 207

The Saddanīti	. 208
Āyurvedic literature	. 213
<i>Tantrayukti-</i> inventories	. 219
Earlier Listing	. 220
Later Listing	. 220
Terminology	
1. adhikaraṇa	
2. yoga	. 223
3. padārtha	. 226
Notes on Significant Variants	. 228
Characteristics of the Manuscript Transmission	. 230
Translation	. 231
Editions and Abbreviations	237
Indox of Manuscripts	- 4-
Index of Manuscripts	245
Bibliography	247
2121109147119	-4/
Materia Medica Reference Works	279
Materia Medica	283
Glossary	299

Hello world.



Sūtrasthāna 1: The Origin of Medical Knowledge

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹

Translation

- 1 Now I shall narrate the chapter on the origin of this knowledge.²
- 2 Now, as is well-known, Aupadhenava, Vaitaraṇa, Aurabhra, Puṣkalāvata, Karavīra, Gopurarakṣita, Bhoja, Suśruta and others addressed Lord Divodāsa, king of Kāśi, the best of the immortals, who was in his ashram surrounded by an entourage of sages.³
- 1 HIML: IA, 203-204.
- 2 Dalhaṇa understood the word "knowledge (veda)" as specifically "medical knowledge." He said that the word "longevity" (āyur) had been elided. After this opening statement, later manuscripts and commentaries include the attribution, "as the venerable Dhanvantari stated." The absence of this statement in the early Nepalese manuscripts is highly significant because it removes the outer narrative frame of the Suśrutasaṃhitā (Wujastyk 2013b: 148; Klebanov 2021a: § 3.1.2; Rai 2019; Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021). On the figure of Dhanvatari in medical literature, see HIML: IA 358–361.
- 3 On these persons, see HIML: IA 361–363, 369 ff. The authority Bhoja does not appear in the list as published in the vulgate edition (Su 1931:1), and was not included in HIML amongst "authorities mentioned in the Suśrutasaṃhitā." Meulenbeld gathered textual evidence about Bhoja at HIML: IA 690–691. Klebanov (2021b) has discussed these authors in the context of an anonymous commentary on the Suśrutasaṃhitā that cites them.

- 3 "O Lord, distress arose in our minds after witnessing people thrashing about with cries, assailed by different kinds of pain and injury (*vedanābhighāta*), feeling helpless in spite of having friends, because of diseases arising from the body, the mind and external sources.
- 4 "To quell the illnesses of those who seek happiness and for our own purpose of prolonging life, we desire the science of life (āyurveda) that is being taught. Welfare, both in this world and in the next, depends upon it. Therefore, we have come to the Lord in pupillage."
- The Lord said to them:
 "Welcome to you! My children, all of you are beyond reproach and worthy to be taught.
- 6 "As is well known, Ayurveda is the name of what is said to be the subsidiary part of the Atharvaveda. Before creating people, Svayambhū composed it in hundreds of thousands of verses and a thousand chapters and, after observing the short lifespan and low intelligence of people, he presented it again in eight parts.⁴
- "Surgery, treatment of body parts above the clavicle, general medicine, knowledge of spirits, care of children, and the disciplines of antidotes, rejuvenation and aphrodisiacs.
- 8 "Now, a collection of the characteristics of each component of Āyurveda.
- 9 "Among them, [the component] called surgery has the goal of extracting various grasses, wood, stone, dust, iron (?), soil, bone, hair, nails, discharge of pus, malignant wounds and foreign bodies inside the womb, and of determining the application of surgical instruments, knives, caustics and fire by means of sixty definitions.
- "[The component] named the doctrine of treating body parts above the clavicles has the aim of curing diseases situated above clavicles that is, diseases located in ears, eyes, mouth, nose and so on.
- "[The component] called general medicine has the goal of curing illnesses established in the whole body and [diseases] such as fever, tumour, swelling, hemorrhagic disorders, insanity, epilepsy, urinary diseases, diarrhoea and the like.
- "[The component] called knowledge of spirits is for appeasing demons by pacification rites and making food offerings for those whose minds

⁴ Svayambhū is another name for Brahmā, the creator.

have been possessed by gods, their enemies,⁵ Gandharvas, Yakṣas, demons, deceased ancestors, Piśācas, Vināyakas, ⁶ Nāgas and evil spirits that possess children.

- "[The component] called care of children is for bearing children and purifying defects in a wet-nurse's milk, and curing diseases that have arisen from bad breast milk and demons.
- "[The component] called the discipline of toxicology is for [knowing] the signs of poison from snake and insect bites and for neutralising various combinations of poisons.⁷
- "[The component] called the discipline of rejuvenation is maintaining youth, bringing about a long life and mental vigour and for curing diseases.
- "[The component] called the discipline of aphrodisiacs brings about the increase, purity, accumulation and production of semen for those whose semen is minimal, bad, depleted, and dry [respectively] and for inducing an erection.
- "Thus, this Āyurveda is taught with eight components."
 "Among these [components], tell us which is for whom."
- 18 They said, "After you have conveyed the knowledge of surgery, teach us everything."
- 19 He said, "So be it."
- They then said, "Having considered the view of all of us, when we are unanimous, Suśruta will question you. We too will learn what is being taught to him."
- 21 He said, "So be it."
- "Now, as is well-known, the aim of Āyurveda is eliminating the disease of one who have been assailed by disease and protecting the healthy; Āyurveda is [that knowledge] in which they find a long life, or that by which long life is known. Learn its best component (i.e., surgery),

Dānavas. The insertion marks ($k\bar{a}kapadas$) below the text at this point appears to be by the original scribe.

⁶ The vulgate doesn't have *vināyaka*s but does add *asura*s, probably under the influence of Palhaṇa. Cite Paul Courtright, Ganesha book.

⁷ The scribal insertion marks (crosses) above the line at this point in MS K appear to be in a later hand and their referent is lost in the damaged part of the folio. Although MSS MS Kathmandu NAK 1-1079 and MS Kathmandu NAK 5-333 include spiders $(l\bar{u}t\bar{d})$ and creepy-crawlies $(sar\bar{t}srpa)$ in the list, it does seem that MS K had a shorter list, and the vulgate edition adds rodents $(m\bar{u}sika)$.

- which is being taught in accordance with tradition, perception, inference and analogy.
- "For this component is first, the most important, because it is referred to first; it cures wounds and joins together the most important thing, Yajña's head. For, just as it has been said of old, 'the head that had been cut off by Rudra was joined again by the two Aśvins.'
- "And also, of the eight disciplines of Ayurveda, [surgery] alone is the best because of the quick action of its procedures ($kriy\bar{a}$), its application of blunt instruments, knives, caustics and fire, and it is common to all disciplines.
- "Therefore, [surgery] is eternal, meritorious, leads to heaven, brings renown, bestows a long life, and affords a livelihood.
- 26 "Brahmā said this, 'Prajāpati learned it. From him, the Aśvins. From the Aśvins, Indra. From Indra, I. In this world, I will transmit to those who desire it for the benefit of people.'

[There a verse about this.].8

- For, I (i.e., Brahmā) am Dhanvantari, the first god, the remover of old age, pain and death of mortals.
 - Having understood surgery, the best of the great knowledge systems, I arrived on earth again to teach it here.⁹
- In this context, as far as this discipline is concerned, a human being $(puru \not = a)$ is called an amalgam of the five elements and the embodied soul. This is where procedures $(kriy \bar{a})$ apply. This is the locus. Why?

Because of the duality of the world, the world is twofold: the stationary and the moving. Its nature ($\bar{a}tmaka$) is twofold, depending on the preponderance of Agni and Soma. Alternatively, it can be considered as being fivefold. The multitude of beings in it are fourfold: they are termed "sweat-born, stone-born, caul-born and egg-born". Where they are concerned, the human being is the main thing; others are his

⁸ This is an expansion of the scribe's abbreviation *bha* for *bhavati cātra ślokaḥ* "There is a verse about this" (sometimes plural).

⁹ Note that this verse about the origin of surgery is the first place that the name 'Dhanvantari' is introduced in the Nepalese version of the work. Dhanvantari is here identified with Brahmā, the creator of the world.

¹⁰ See Wujastyk 2004.

¹¹ This fourfold classification of beings is paralleled with closely-related vocabulary in *Bhelasaṃhitā* 4.4.4 (Bhela 2000: 206; Bhela 1921: 81).

support. Therefore, the human being (puruṣa) is the locus.

Diseases are said to be the conjunction of the person and suffering (duḥkha). There are four of them: invasive, bodily, mental and inherent. The invasive ones are caused by an injury. The bodily ones are based on food, caused by irregularities (vaiṣamya) in wind, bile, phlegm and blood.¹²

The mental $(m\bar{a}nasa)$ ones, caused by desire $(icch\bar{a})$ and hatred (dveṣa), include: anger (krodha), grief $(\bar{a}śoka)$, misery (dainya), overexcitement (harṣa), lust $(k\bar{a}ma)$, depression $(viṣ\bar{a}da)$, envy $(\bar{i}rṣy\bar{a})$, jealousy $(as\bar{u}y\bar{a})$, malice $(m\bar{a}tsarya)$, and greed (lobha).

The inherent $(sv\bar{a}bh\bar{a}vika)$ ones are hunger, thirst, old age, death, sleep and those of the temperament (prakrti).

These too are located (adhiṣṭhāna) in the mind and body.

Scarification (*lekhana*), nourishment (*bṛṃḥaṇa*), purification (*saṃśo-dhana*), pacification (*saṃśamana*), diet (*āhāra*) and regimen (*ācāra*), properly employed, bring about their cure.

- Furthermore, food is the root $(m\bar{u}la)$ of living beings as well as of strength (bala), complexion (varna) and vital energy (ojas). It depends on $(\bar{a}yatta)$ the six flavours (rasa). Flavours, furthermore, have substances as their substrate $(\bar{a}\acute{s}rayin)$. And substances are remedies $(o\dot{s}adh\bar{i}-)$. There are two types: stationary $(sth\bar{a}vara)$ and moving $(ja\dot{n}gama)$.
- Of these, there are four types of stationary ones: fruit trees (*vanaspati*), flowering trees (*vṛkṣa*), herbs (*oṣadhi*) and shrubs (*vīrudh*). Amongst these, the "fruit trees" have fruit but no flowers. The "flowering trees" have flowers and fruit. The "herbs" die when the fruit is ripe. "Shrubs"

¹² Note that four humoral substances are assumed here.

¹³ Pāṇini 6.3.132 provides that the final vowel of the noun oṣadhi may be lengthened $(\to oṣadh\bar{\imath})$ under certain conditions. These conditions require that the word be used in a Vedic mantra and not in the nominative. Neither condition is met in this passage, yet the author uses the form $oṣadh\bar{\imath}$. This form is in fact not uncommon in medical literature as well as in epics, purāṇas, smṛtis, and other parts of Sanskrit literature.

¹⁴ Ca.sū.1.71–72 also describes these four types of medicinal plant in similar terms but with slightly differing names: *oṣadhi* is a plant that ends after fruiting, *vīrudh* is a plant that branches out, *vanaspati* is a tree with fruit, and *vānaspatya* is a tree with fruit and flowers.

¹⁵ The MSS agree in reading *phalavantyaḥ* "having flowers" which is grammatically non-standard. This form is also found in the *Viṣṇudharmottarapurāṇa* (1.92.27, 1.92.27 Viṣṇudh.: 56r).

put out shoots.

- As is well known, moving remedies are also of four types: those born in in a caul (*jarāyuja*), those born from eggs (*aṇḍaja*), those born of sweat (*svedaja*), and shoots (*udbhid*). Amongst these, those born in a caul include animals (*paśu*), humans, and wild animals (*vyāla*). Birds, creepycrawlies (*sarīṣṛpa*) and snakes are "born of eggs." Worms (*kṛmi*), small insects (*kunta*) and ants (*pipīlika*) and others are born of sweat. ¹⁶ Shoots include red velvet mites (*indragopa*) and frogs (*maṇḍūka*). ¹⁷|
- In this context, among the stationary remedies, skin (tvak), leaves (patra), flowers (puṣpa), fruits (phala), roots ($m\bar{u}la$), bulbs (kanda), sap ($kṣ\bar{t}ra$), resin ($niry\bar{a}sa$), essence ($s\bar{a}ra$), oil (sneha), and juice extract (svarasa)¹⁸ are useful; among the moving remedies pelt (carman), hair, nails, and blood (rudhira) and so forth.
- 34 And earth products (*pārthiva*) include gold and silver. 19
- The items created by time $(k\bar{a}lakrta)$ are clusters (samplava) as far as wind and no wind $(niv\bar{a}ta)$, heat and shade, darkness and light and the cold, hot and rainy seasons $(vars\bar{a})$ are concerned. The divisions of time are the blink of the eye (nimesa), a trice $(k\bar{a}sth\bar{a})$, minutes $(kal\bar{a})$, three-quarters of an hour $(muh\bar{u}rta)$, a day and night $(ahor\bar{a}tra)$, a fortnight (paksa), a month $(m\bar{a}sa)$, a season (rtu), a half-year (ayana), a year (samvatsara), and yuga (yuga).
- These naturally cause accumulation (*sañcaya*), irritation (*prakopa*), pacification (*upaśama*) and alleviation (*pratīkāra*) of the humours (*doṣa*). And they have practical purposes (*prayojanavat*).

[There are verses about this:]²¹

This fourfold category is taught by physicians as a cause for the agitation and quelling of bodily diseases.²²

¹⁶ The word *kunta*, though marked as "lexical" in most dictionaries, is in fact found in literature, commonly as a compound with *pipīlika*; the compound sometimes seems to be understood a type of ant (*tatpuruṣa* compound) rather than as a pair of insects (*dvandva* compound).

¹⁷ On *indragopa*, see Lienhard 1978.

¹⁸ On juice extract (*svarasa*) see CS 1.1.73, 1.4.7; Dalhana on 4.10.12 (Su 1938: 450).

¹⁹ The flow of concepts in the treatise seems to be interrupted here.

²⁰ These units are presented at 1.6.5 (Su 1938: 24) and discussed by Hayashi (2017: § 59).

²¹ See footnote 8.

²² On the topic of the "group of four," the commentator Dalhana considers them to be "food, behaviour, earthen products and items created by time." He refers to

There are two kinds of invasive diseases. Some certainly²³ affect ($ni\sqrt{pat}$) the mind, others the body. Their treatment (kriyā) is of two kinds too.

- For those that affect the body there is physical (śārīravad) therapy, whereas for those that affect the mind there is the collection (varga) of desirable sensory experiences like sound that bring comfort (sukha).
- 40 Along these lines (*evam*), this brief explanation of the four factors (*catuṣtaya*) is given:
 - human being (*puruṣa*),
 - disease (vyadhi),
 - remedies (oṣadhi),
 - the time for therapies (*kriyākāla*).

In this context,

- from the mention of the word "human," the collection of substances that arise from it, such as the elements, and the particulars (*vikalpa*) of its major and minor parts (*aṅga*) such as skin (*tvak*), flesh (*māṃsa*), ducts (*sirā*), sinews (*snāyu*), bones (*asthi*) and joints (*sandhi*) are meant.
- From the mention of "diseases," all diseases caused by wind, bile, phlegm, congested humours (sannipāta), external factors (āgantu) and inherent factors (svabhāva) are intended (vyākhyāta).
- From the mention of "remedies," there is the teaching of substances, tastes, potencies, post-digestive tastes.
- From the mention of "procedures ($kriy\bar{a}$)," therapies (karman) such as oiling and excision (chedya) are taught.
- From the mention of the word "time," every single teaching about the times for procedures is meant.

[There is a verse about this:]²⁴

the author of the lost commentary entitled $Pa\~njik\=a$, and to Jejjaṭa (HIML: IA, 372–3, 192). In his view, these early commentators do not agree that the fourfold grouping (caturvarga) refers to the quartet of stationary ($sth\=avara$), moving ($ja\~ngama$), earthen products ($p\=arthiva$) and items created by time ($k\=alakṛta$) (Su 1938: 9a).

²³ The text uses an archaic interjection here, ha.

²⁴ See footnote 8.

- This seed of medicine has been declared in brief. Its explanation will be given in one hundred and twenty chapters.²⁵
- There are one hundred and twenty chapters in five sections (*adhyāya*).²⁶ In that regard, having divided them, according to their subject matter, into the Ślokasthāna, the Nidāna, the Śārīra, the Cikitsita and the Kalpa, we shall mention this in the Uttaratantra.²⁷

[There is a verse about this:]²⁸

Someone who reads this eternal proclamation of the King of Kāśī, that was declared by Svayambhu, will have good karma on earth, will be respected by kings and upon death will achieve the world of Śakra.

²⁵ This is the number of chapters in the first five sections of the work, namely the *Sūtra-, Nidāna-, Śārīra-, Cikitsā-* and *Kalpa-sthānas*. These have 46, 16, 10, 40 and 8 chapters respectively. The *Uttaratantra* has 66 chapters.

²⁶ On viṃśa in the sense of "greater by 20" see P.5.2.46 śadantaviṃśateś ca.

²⁷ The end of this sentence reads oddly. The vulgate edition adds an object: "[we shall mention] the remaining topics [in the Uttara]" which smooths out the difficulty, but this is supported in none of the Nepalese MSS. At the start of the Uttaratantra (Su 1938: 1.3–4ab) there is indeed a statement that picks up the point about there being 120 chapters.

²⁸ See footnote 8.

Sūtrasthāna 2: The Initiation of a Student

Literature

HIML: IA, 204; Preisendanz 2007; Wujastyk 2012: 82–83, *et passim*.

Translation

1

Sūtrasthāna 3: The Table of Contents

Literature

Translation

54 ²⁹

Sūtrasthāna 13: On Leeches

a

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of studies on Indian leeches and their application.³⁰

A Persian version of this chapter of the *Suśrutasaṃhitā* was included in *Sikandar Shāh's Mine of Medicine (Ma'din al-<u>shifā'</u> i Sikandar-<u>Sh</u>āhī) composed in 1512 by Miyān Bhūwah b. <u>Kh</u>awāṣṣ <u>Kh</u>ān.³¹*

More recently, Brooks has explored the sense of touch in relation to leeching and patient-physician interactions.³²

Translation

- 1 And now we shall explain the chapter about leeches.
- 2 [3] The leech is for the benefit of kings, rich people, delicate people, children, the elderly, fearful people and women. It is said to be the most gentle means for letting blood.
 - 4 In relation to that, one should let blood that is corrupted by wind, bile or phlegm with a horn, a leech, or a gourd, respectively. Or, each kind can be be made to flow by any of them in their particular way.³³

³⁰ HIML: IA, 209; IB, 324, n. 131.

³¹ Siddiqi 1959: 96–109; Azeez Pasha 1971; Storey 1971: 231–232; HIML: IB, 324, n. 128; Speziale 2019: 8–9.

³² Brooks 2020*a*,*b*; 2021*a*,*b*.

³³ This sentence is hard to construe grammatically, although its meaning seems clear. In place of विशेषस्तु, Cakrapāṇidatta and Dalhaṇa both read विशेषतस्, which helps in-

5 And there are the following about this:

A cow's horn is praised for being unctuous, smooth, and very sweet. Therefore, when wind is troubled, that is good for bloodletting.³⁴

- A horn with a length of seven fingers and a large body the shape of a half moon, should first be placed on the incision. A strong person should suck with the mouth.³⁵
- A leech lives in the cold, is sweet and is born in the water. So when someone is afflicted by bile, they are suitable for bloodletting.³⁶
- 7 A gourd is well known for being pungent, dry and sharp. So when someone is afficted by phlegm it is suitable for bloodletting.
- 8 In that context, at the scarified location one should let blood using a horn wrapped in a covering of a thin bladder, or with a gourd with a flame inside it because of the suction.³⁷
- 9 Leeches are called "jala-ayu-ka" because water (jala) is their life $(\bar{a}yur)$.³⁸ "Home" (okas) means "dwelling;" their home is water, so they are called "water-dwellers (jalaukas)."

terpretation (Su 1939: 95, Su 1938: 55). It is notworthy that the critical syllable $\mbox{\em K}_3$ is smudged or corrected in both MS Kathmandu NAK 1-1079 and in 1-1146, a much later Devanāgarī manuscript.

There is an insertion in the text, printed in parentheses in the vulgate at 1.13.4 (Su 1938: 55) as विशेषतस्तु विस्राव्यं शृङ्गजलौकालाबुभिर्गृह्णीयात्. This insertion is not included in the earlier edition of the vulgate, but is replaced by सिग्धशीतरूक्षत्वात् (Su 1931: 54). Dalhaṇa noted that, "this reading is discussed to some extent by some compilers (निबन्धकार), but it is definitely rejected by most of them, including Jejjhaṭa."

- 34 The vulgate replaced "smooth" with "hot."
- This passage is not found in the vulgate, but it is similar to the passage cited by Palhaṇa at 1.13.8 (Su 1938: 56) and attributed to Bhāluki. Bhāluki was the author of a *Bhālukitantra* that may have predated Jejjaṭa and might even have been one of the sources for the *Suśrutasaṇhitā* (HIML: IA, 689–690 *et passim*). The editor Ācārya was aware of this reading in the Nepalese manuscripts; see his note 4 on 1.13.5 (Su 1938: 55, note 4).
- 36 Note that the particular qualities (*guṇas*) of the leech in this and the following verses counteract the quality of the affliction. See Brooks 2018: 113, table 1.
- 37 There are questions about the wrapping or covering of the horn. Other versions of the text, and the commentator, propose that there may be two coverings, or that cloth may be a constituent. Our understanding of this verse is that the bladder material is used to cover the mouthpiece and then to block it, in order to preserve suction in the horn for a few minutes while the blood is let.
- 38 This is a folk etymology.

There are twelve of them: six are venomous and just the same number are non-venomous.

- 11 Here is an explanation of the venomous ones, together with the therapy:
 - Black (kṛṣṇā)
 - Mottled (*karburā*)
 - Sting-gush (*alagardā*)³⁹
 - Rainbow (*indrāyudhā*)
 - Oceanic (*sāmudrikā*)
 - Cow-praising (*govandanā*)⁴⁰

Among these,

- The one called a Black is the colour of kohl and has a broad head;
- The one called Mottled is like the Indian mottled eel, long with a segmented (*chinna*), humped belly.
- The one called Sting-gush is hairy, has large sides and a black mouth.
- The one called Rainbow is coloured like a rainbow, with vertical stripes.
- The one called Oceanic is slightly blackish-yellow, and is covered with variegated flower patterns.
- The one called Govandana is like a cow's testicles, having a bifurcated appearance on the lower side, and a tiny mouth.

When someone is bitten by them, the symptoms are: a swelling at the site of the bite, excessive itching and fainting, fever, a temperature, and vomiting. In that context the Great Antidote ($mah\bar{a}gada$) should be applied in drinks and liniments ($\bar{a}lepana$), etc.⁴¹ A bite by the Rainbow leech is not treatable. These venomous ones have been explained together with their remedies.

12 Now the ones without venom.⁴²

³⁹ Treating गर्दा as गल्दा and translating as in RV 8.1.20, with Jamison and Brereton (2014:1023, verse 20 and cf. commentary). But if गर्द is to be taken from $\sqrt{\eta}$ then we might have "crying from the sting."

⁴⁰ The manuscripts all read गोवन्दना against the vulgate's गोचन्दना.

⁴¹ Palhaṇa and the vulgate included errhines in the list of therapies, and Palhaṇa added that "etc." indicated sprinkling and immersion too. The "Great Antidote" is described in the Kalpasthāna, at 5.5.61–63ab (Su 1938: 578).

⁴² The translations of the names of these leeches are slightly whimsical, but give a sense of the original; सावरिका remains etymologically puzzling.

- Tawny (kapilā)
- Ruddy (pingalā)
- Dart-mouth (*śankumukhī*)
- Mouse (*mūsikā*)
- Lotus-mouth (pundarīkamukhī)
- Sāvarikā (sāvarikā)

Among these,

- The one called Tawny has sides that look as if they are dyed with realgar and is the colour of glossy mung beans on the back.⁴³
- The one called Ruddy is a bit red, has a round body, is yellowish, and moves fast.
- The one called Dart-mouth is the colour of liver, drinks fast and has a long mouth.
- The one called Mouse is the colour and shape of a mouse and has an undesirable smell.
- The one called Lotus is the colour of mung beans and has a mouth that looks like a lotus.
- The one called Sāvarikā has the colour of a lotus leaf and is eighteen centimetres long. But that one is used when the purpose is an animal.

The non-venomous ones have been explained.

13 Their lands are Yavana, Pāṇḍya, Sahya, Potana and so on.44 Those in

Some scholars have identified the name with modern Bodhan in Telangana (Sircar

⁴³ The compound स्निग्धमुद्भवर्ण्णा is supported by all the manuscript witnesses and is translated here. Nevertheless, the reading of the vulgate, that separates स्निग्धा, f., "slimy" as an adjective for the leech, seems more plausible: "it is slimy and the colour of a mung bean."

This passage is discussed by Karttunen (2015: 109–110, 388–389). At the time of the composition of the *Suśrutasaṃhitā*, Yavana would most likely have referred the Hellenistic Greek diaspora communities in Bactria and India (Law 1984: 136–137; Mairs 2013; 2014). Unproblematically, the Pāṇḍya country is the extreme south-eastern tip of the Indian subcontinent (Schwartzberg, Bajpai, et al. 1978: E8, p. 20 et passim), and Sahya refers to the Western Ghats (Schwartzberg, Bajpai, et al. 1978: D5–7, p. 20 et passim). The vulgate reading "Pautana" is not a known toponymn. Potana was the ancient capital of the Aśmaka Mahājanapada mentioned in Pali sources and in inscriptions at Ajāntā and elsewhere, and identified by Law (1984: 142, 179) and P. Gupta (1989: 18) with Pratiṣṭhāna, modern Paithan on the Godavarī river. The recurring ancient epithet describing the Aśmaka kingdom is that it was on the Godāvarī, and Paithan is flanked to the south west and south east by this river.

particular have large bodies and are strong, they drink rapidly, consume a lot, and are without venom.

- In reference to that, venomous leeches are those originating in decomposing venomous insects, frogs, urine, feces and in polluted water. Non-venomous ones originate in decomposing sacred lotus, blue water-lily, white water-lily, fragrant lotus, pondweed and in pure waters.
- 15 There is a verse on this:

These ones move about in sweet-smelling habitats that abound in water. Tradition teaches that they do not behave in a confused manner or lie in the mud.⁴⁶

- 16 They can be caught with a fresh hide or one may catch them by other means.⁴⁷
- 17 Then these should be put into a large new pot furnished with mud and the water from lakes or wells. One should provide what they need to

1971: 189; Schwartzberg, Bajpai, et al. 1978: E6, p. 14, 140 *et passim*; Sen 1988: 102), but this implausible identification is traceable to a speculative suggestion by Raychaudhuri (1953: 89, n. 5, 143) based on a variant form "Podana" found in some early manuscripts of the *Mahābhārata*: "This name reminds one of Bodhan in the Nizam's dominions," "possibly to be identified with Bodhan."

Dalhaṇa on 1.13.13 (Su 1938: 57) anachronistically identified "Yavana" as the land of the Turks (নুকজ) and "Pautana" as the Mathurā region. He also noted, as did Cakrapāṇidatta (Su 1939: 97), that this passage was not included by some authorities on the grounds that the habitats of poisonous and non-poisonous creatures are defined by other criteria.

- 45 The vulgate on 4.13.14 (Su 1938: 57) includes fish in this list.
- 46 Dalhaṇa on 1.13.14 (Su 1938: 57) discussed why non-venomous leeches would not "behave in a confused manner" (सङ्कीर्णचारिन्), saying that they do not "eat a diet that is contra-indicated because of poison etc." (विषादिविरुद्धाहारभुजः). On the use of the term विरुद्ध in the sense of "incompatible," see 4.23.4 (Su 1938: 485). Dalhaṇa there noted that such foods are explained in the chapter on wholesome and unwholesome foods (हिताहिताध्याय, 1.20 (Su 1938: 94–99)).
- 47 "Fresh hide" (आर्द्रचर्मन्) may suggest that the animal skin still includes meat or blood that is attractive to a leech.

Dalhaṇa on 1.13.15 (Su 1938: 57) quoted "another treatise" (तन्त्रान्तरवचनात्) that said that autumn is the time to collect leeches. He also explained that "other methods" of collecting leeches included smearing a leg or other limb with cream, butter or milk, etc., or using a piece of flesh from a freshly killed animal.

The Nepalese witnesses all read गृहीत्वा "having (been) caught" for the vulgate's गृह्णी-यात् "one may grasp (by other means)." The Nepalese reading is hard to construe and we have emended to the vulgate's reading. eat. One should grind up pondweed, dried meat, and aquatic tubers, and one should give them grass and aquatic leaves to lie on, and every three days water and food. After seven nights one should transfer them to a different pot.

18 And on this:

One should not nurture those that are thick in the middle, that are injured,⁴⁸ or small, those that are not born in the proper habitat, those that will not attach, that drink little or those that are venomous.

- 19 First of all, if the patient has an ailment that is treatable by bloodletting with leeches, get them to sit or lie down. Then, dry any diseased opening with powders of earth and cow-dung.⁴⁹

 Then the leeches, free from impurities, with their bodies smeared with Indian mustard and turmeric, moving about in the middle of a cup of water, should be made to attach to the site of the ailment. Now, for one that is not attaching, one should provide a drop of milk or a drop of blood. Alternatively, one should make some marks with a knife (śas-
- One can know that it is attached when it fixes on, making its mouth like a horse's hoof and hunching its neck. Then, one should cover it with a wet cloth and keep it there.

trapada).⁵⁰ And if it still will not attach, make a different one attach.

- Now, if one knows, from the arising of pricking and itching at the bite, that clean blood is being taken, one should take it off. Then, if it does not release because of the scent of blood one should sprinkle its mouth with powdered rock salt.
- Then one should coat it with rice-grain chaff, rub its mouth with sesame oil and salt and cause it to vomit by holding its tail in the left hand and very slowly rubbing it with the thumb and finger of the right hand in

⁴⁸ Pace Dalhaṇa on 1.13.18 (Su 1938: 57) who glossed परिक्रिष्ट "injured" as अमनोज्ञदर्शन "disagreeable looking."

⁴⁹ Dalhaṇa on 1.13.19 (Su 1938: 57) read अरुजम् (n.), against the vulgate's अरुजः; Cakrapāṇidatta on this verse (Su 1939: 98) read अरुजः. Both commentators specified that the Suśrutasaṃhitā said this procedure should only be applied when there is no wound or opening, for fear of exacerbating the condition. The Nepalese text is saying, differently, that the dessicating powders should be applied to a diseased wound.

⁵⁰ On पद as a "mark," "imprint," or "place of application," cf. 4.1.29 (Su 1938: 399), 5.4.15 (Su 1938: 571), etc. See footnote 445.

the proper direction, as far as the mouth, until it is properly purged.⁵¹ A properly purged leech placed in a goblet of water moves about, wanting to eat. If it sinks down, not moving, it is badly purged; one should make it vomit once again.

A badly purged leech develops an incurable disease called Indrapada.⁵²

One that protects its deflated head with its body, suddenly curls up and makes the water warm is traditionally said to have Indrapada.⁵³

Thus, one should keep such a one as before.⁵⁴

- After observing the proper or improper flow of the blood, one should rub the opening made by the leech with honey.⁵⁵ Alternatively, one may bind it up and smear it with ointments that are astringent, sweet, oily and cold.
- 24 And about this there is the following:

When the leeches have just drunk, one should pour ghee on it. And one should pour on to the blood things that are capable of stopping the blood.

25 Someone who knows habitats, the capture, feeding and bloodletting of leeches is worthy to treat a king.

⁵² At this point, the Nepalese witnesses read इन्द्रपद/इन्द्रापद, but the vulgate reads इन्द्रपद, a term that is found in other texts such as the *Mānasollāsa* 6.641 (vol. 1, 87), where it is a fever affecting fish, and the *Garuḍapurāṇa* 1.147.3 (tr. A Board of Scholars 1957: 2, 425) where it is fever affecting clouds; see further Brooks forthcoming.

⁵³ At this point, witness H, the latest MS, reads इन्द्रपद as before, but the older witnesses K and N have muddled readings, इदमदः and इद्रमदः. The scribes may have been responding to a -पद।-मद confusion about the name of this condition.

⁵⁴ The vulgate includes "well purged" as the object in this sentence, which makes better sense.

⁵⁵ In the Nepalese witnesses, the object of this passage is जलोकामुखम् "the mouth of the leech," that we have interpreted, perhaps freely, as "opening made by the leech." Logically and as transmitted in the vulgate, this passage should be about managing the wound on the patient that has been made by the leech.

Sūtrasthāna 14: On Blood

Previous scholarship

Meulenbeld offered both an annotated summary of this chapter as well as a study specifically on the place of blood in Ayurvedic theory.⁵⁶

Translation

1 Now we shall declare the chapter about blood.

2

- Food is of four types.⁵⁷ It is endowed with six tastes and is made of the five elements.⁵⁸ It has either two or eight potencies, and is endowed with many qualities. ⁵⁹ Chyle (*rasa*) is the most intangible essence of this food that is properly transformed. It is of the nature of fire. Chyle is situated in the heart. From the heart, it enters into the twenty-four arteries—ten upward arteries, ten downward, and four
- 56 HIML: IA, 209–201 and Meulenbeld 1991. Meulenbeld's footnotes on this chapter in HIML: IB, 325 ff. refer often to "Hoernle's note." This appears to be a reference to Hoernle's copious notes to his translation of this chapter (Hoernle 1897: 87–98). Meulenbeld (1990) also discussed Sanskrit veterinary texts in the light of their standard theory of four humours, including blood.
- 57 Dalhaṇa on 1.14.3 (Su 1938: 59) said that the four types of food are those that can be drunk, licked, eaten and chewed (पेयलेह्यभोज्यभक्ष्य). The main text of the Carakasaṃhitā is explicit about these categories at 4.3.4(1) (Ca 1941: 308): पानाशनभक्ष्यलेह्य। "things drunk, eaten, chewed or licked." Yagi (1994) discussed the distinction between भक्ष्य and भोज्य; for further Indological background on foods, see the studies by Olivelle (1995; 2001) and the classic reference works by Achaya (1994; 1998). The long, final adhyāya of the Suśrutasaṃhitā's sūtrasthāna (ch. 46) is a treatise on food in āyurveda.
- 58 Idem, Earth, water, fire, air, space
- 59 Dalhaṇa related these qualities to the twenty standard गुण of āyurveda; see, e.g., their listing by Vāgbhaṭa, translated by Wujastyk (2003b: 207).

sideways—and doing so day after day owing to the reaction of past activities that are caused by the invisible,⁶⁰ it satisfies the entire body, enlivens it, prolongs it,⁶¹ and makes it grow. The motion of the entity that flows throughout the body should be understood by inference. That motion causes deterioration and growth.

With regards to the chyle that flows through all the limbs, humours, body tissues, and impurities of the body, the question arises, "Is it moist or is it fiery?" It is understood to be moist because of its fluidity while flowing⁶² and due to attributes such as mobility, lubrication, enlivening, satisfaction, and supporting.⁶³

- 4 That watery chyle is then reddened after reaching the liver and spleen.
- 5 There are verses about this.

Experts know that blood is the untransformed fluid that is reddened by the pure fire element within the bodies of living beings.

- It is only due to chyle that women's blood called menses exists. It increases from the twelfth year and decreases after the fiftieth year.
- 7 The menstrual blood, however, is called fiery.⁶⁴ That is due to the embryo being fiery and moist.⁶⁵
- 8 Others state that the embryo as constituted of the five elements and the preceptors call it the living blood.
- 9 There are verses about this.

That is because blood exhibits the qualities of earth, etc. such as a fleshy smell, fluidity, redness, pulsation and thinness.

⁶⁰ সহস্ত (unseen): Doing any righteous or unrighteous action produces good merit and demerit respectively. This good merit and demerit are called সহস্ত (invisible) because it cannot be directly known but can only be assumed through logical deduction.

⁶¹ In the sense of prolonging its lifespan

⁶² The vulgate emends अनुसरणे to अनुसरण- against the Nepalese MSS. This is logical because mobility would seem to be one of the attributes. Although it is awkward, we read अनुसरणे as a locative absolute "while flowing."

The duality being discussed here is that of the essential qualities of Fire and of Soma (*agni* and *soma*). See further discussion by Wujastyk (2004) and Angermeier (2021).

⁶⁴ Dalhana commented that this is to distinguish the menstrual blood from regular blood that is gentle.

⁶⁵ Dalhaṇa commented here that the embryo is called such because the menstrual blood is fiery and the semen is gentle (सौम्य). On the fiery/moist distinction (आग्नेय।सौम्य), see Wujastyk 2004; Angermeier 2021.

- Blood is formed from chyle, flesh from blood, lymph from flesh, bone from lymph, marrow from bone, semen from marrow, and progeny from semen.
- 11 There, the essence (chyle) of food and drink is the nourisher of these body tissues.
- 12 There is a verse about this.

A living being should be known as born from chyle. One should diligently preserve⁶⁶ chyle by administering food and drink, being nicely disciplined with food⁶⁷.

- The verbal root *rasa* means movement.⁶⁸ Because it keeps moving day after day, it is called *rasa* (chyle).⁶⁹
- 14 Chyle stays in every body tissue for 2548 ((25*100)+48) *kalās* and nine *kāṣṭhas*. As such, it becomes semen after a month. For women, it becomes menses.
- 15 Here are verses about this.

According to similar and dissimilar treatises, the quantity of kalās in this group⁷⁰ is 18,090.

This is the particular transformation period regarding chyle that lasts for a person with mild fire⁷¹. For a person with developed fire, one should know it to last for the exact same time⁷²

Resembling the expanse of sound, flame, and water, that entity moves along in a minute manner throughout the entire body⁷³.

- 66 All three manuscripts have रक्षेत which is an incorrect form. रक्षेत् is the correct form.
- 67 आहरिण The third case is used. The semantic property of the third case used here is unclear. Unclear regarding if there is any rule in the Aṣṭādhyāyī justifying this usage.
- 68 kunj-1907
- 69 In the list of verbal roots of Pāṇini, the verbal root रस(rasa) means taste and moistening. It does not mean movement.
- 70 duration of chyle in all the body tissues as a whole
- 71 Perhaps this refers to the digestive fire.
- 72 Although the vulgate does not have this verse, there is an argument presented in Palhaṇa's commentary on 1.14.16 (Su 1938:63) that for a person with intense fire, chyle becomes semen after eight days, and for a person with mild fire, chyle becomes semen after a month. Palhaṇa said that this opinion is refuted by Gayadāsa Ācārya in many different ways. Palhaṇa continued that the proper understanding is that for a person with a strong fire, chyle becomes blood in a little less than a month, and for a person with a mild fire, chyle becomes blood in a little more than a month.
- 73 Dalhana comments (Su 1938: 63) that the expanse of sound indicates the sideways

- 17 The aphrodisiac medicines, however, being used like a purgative due to their excessively strong characteristics, evacuate the semen.
- Just as it cannot be said that the fragrance in a flower bud is present in it or not, but accepting that there is the manifestation of existing entities⁷⁴, it,⁷⁵ however, is not experienced only due to its intangibility. That same entity is experienced at another time in the blossomed flower. In the same way regarding children also, the manifestation of semen happens because of the advancement of age⁷⁶. For women, the manifestation is different as rows of hair, menses, etc.
- 19 That very essence of food does not nourish very old people due to their decaying bodies.
- These entities are called body tissues ($dh\bar{a}tu$ -s) because they bear the body⁷⁷.
- Their decay and growth are due to blood. Therefore, I will speak about blood. In that regard: The blood that is foamy, tawny, black, rough, thin, quick-moving, and non-coagulating is vitiated by air. The blood that is dark green, yellow, green, brown, sour-smelling, and unpleasant to ants and flies is vitiated by bile. The blood that is orange, unctuous, cool, dense, slimy, flowing, and resembling the colour of flesh-muscles is vitiated by phlegm. The blood having all these characteristics is vitiated by the combination of all three of them. The blood that is extremely black is vitiated by blood⁷⁸ just as bile. The blood that has the combined characteristics of vitiations of two humours is vitiated by two humours.
- The blood that is of the colour of insect cochineal, not thick, and not discoloured should be understood to be in its natural state.
- 23 I will speak of the types of blood that should be let out in another sec-

movement of chyle, the expanse of flame indicates the upward movement of chyle, and the expanse of water indicates the downward movement of chyle.

⁷⁴ This is the doctrine of pre-existence of the effect (सत्कार्यवाद, satkāryavāda) first propounded by Sāṅkhya philosophers.

⁷⁵ fragrance

⁷⁶ Since chyle becomes semen in a month's time, a question arises "Why then is semen absent in young children?". The reply is given in this passage.

⁷⁷ The etymological meaning of the Sanskrit word धातु (dhātu) is "that which bears [the body]". Thus, the body tissues are called dhātu-s because they bear the body. This means that the body tissues are the elements that make up the body and sustain it.

⁷⁸ Y. T. Ācārya and N. R. Ācārya (Su 1938: 64) quote Cakrapāṇidatta in a footnote: "This is the symptom when the blood vitiated in one part of the body vitiates the blood in another part."

tion.

- Now, I speak of those that should not be let out. The swelling appearing in all the limbs of the body of a weak person that happens due to consuming sour food. The swellings of people with jaundice, piles, large abdomen, emaciation, and those of pregnant women.
- In that regard, one should quickly insert the surgical instrument that is simple, not very close, fine, uniform, not deep, and not shallow.
- One should not insert the instrument into the heart, lower belly, anus, navel, waist, groins, eyes, forehead, palms, and soles.
- 26b In the case of swellings filled with pus, one should treat them in the same way as stated earlier.
- 27-27a There, when the swelling is not pierced properly, when phlegm and air have not been sweated out, after having a meal, and due to thickness, the blood does not ooze out or oozes out less. Here is a verse regarding it.

28ab-cd Blood does not ooze out of humans when in contact with air, passing stool or urine, and when intoxicated, unconscious, fatigued, sleeping, or in cold surroundings.

- 29 That vitiated blood when not taken out increases the disease.
- The blood that is let by an ignorant physician in cases of very hot surroundings, profuse perspiration, and excessive piercing, flows excessively. That profuse bleeding causes the appearance of acute headache, blindness, and partial blindness, or it quickly causes subsequent wasting, convulsions, tremors, hemiplegia, paralysis in a limb, hiccups, coughing, panting, jaundice, or death.
- 31ab-cd The physician should let out the blood when the weather is not very hot or cold, when the patient is not perspiring or heated up, and after the patient has had a sufficient intake of gruel.
- 32ab-cd After coming out properly, when the blood stops automatically, one should know that blood to be pure and drained properly.
- 33ab-cd The symptoms of the proper drainage of blood are the experience of lightness, alleviation of pain, a complete end of the intensity of the disease, and satisfaction of the mind.
- 34ab-cd Defects of the skin, tumours, swellings, and all diseases caused by blood never arise for those who regularly drain their blood.
 - When the blood does not flow out, the physician should rub cardamom and camphor on the opening of the boil with three or four or all among crêpe ginger (Cheilocostus speciosus), butterfly gardenia (Ervatamia

coronaria Stapf), velvet-leaf, deodar, embelia, leadwort, the three spices (black pepper, long pepper, and dry ginger), $\bar{a}g\bar{a}radh\bar{u}ma$, turmeric, sprouts of purple calotropis, and fruit of the Indian beech, according to availability, with excessive salt. By doing so, the blood flows out properly.

When there is an excessive flow of blood, the physician should sprinkle the opening of the boil with dry powders of lodh tree, liquorice, beautyberry, pattāṅga, red chalk, elixir salve, seashell, barley, green gram, wheat, and resin of the Sāla tree, and then press it with the tip of a finger. One should tightly bind it with powdered barks of Sāla, white dammer tree, arjun, white babool, granthi, axlewood, and dhanvana (Camelthorn), or a linen cloth⁷⁹, or vadhyāsita, or bone of cuttlefish, or powdered lac, along with the binding materials mentioned. After the piercing, the physician should pierce it again. The physician should serve cool clothing, food, a dwelling place, a bath, cooling ointments, and plastering. Or, one can cauterize it with heat. Or, as mentioned, one should give a decoction of kākolī, etc. sweetened by sugar and honey to drink. Or, one should consume the blood of black buck, deer, ram, buffalo, rabbit, or pig, accompanied by milk, green gram soup and meat soup⁸⁰. The physician should treat the pains as mentioned.

36a Here are verses about this.

When blood flows out due to the decay of body tissue, fire becomes weak⁸¹ and the wind becomes highly agitated because of that endeavour.

38ab-cd The physician should serve the patient food that is not very cold, light in digestion, unctuous, increases blood, slightly sour or not sour at all.

39ab-cd This is the four-fold method of hindering blood: joining, coagulation, haemostasis. and cauterization.

40ab-cd The astringent substance joins the opening, the cold substance coagulates the blood, the ash stops the blood, and cauterization contracts the blood vessel.

41ab-cd *If the blood does not coagulate, the physician should employ joining.*

⁷⁹ Su 1938: 66 has क्षौमेण वा ध्मापितेन - "with linen reduced to ashes". Presumably, it is this ash that is also referred to in item 40.

⁸⁰ Based on Dalhana's comment as found in Su 1938: 66

⁸¹ This refers to the digestive fire.

	If the blood does not stop by joining the opening then he should employ haemostasis.
42ab-cd	The physician should endeavour by employing these three methods according to the procedure. If these methods are unsuccessful then cauterization is highly desirable.
43ab-cd	If the blood remains impure, the disease does not aggravate. The physician should then make the blood pure ⁸² and not drain blood in excess.
44ab-cd 44ef	Blood is the basis of the body. It is sustained by blood only. Blood is called life. One should therefore save blood.
45ab-cd	If the air in the person who underwent blood-letting is aggravated due to a cold shower, etc., the swelling with pricking pain should be sprinkled with lukewarm clarified butter.



⁸² Dalhaṇa comments (Su 1938: 66) that one should purify the blood again by sedation, etc.

Sūtrasthāna 16: Repairing Pierced Ears

Previous literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁸³ A book on this topic, arising out of the present project, with edition, translation and discussion of the Nepalese transmission is published by Wujastyk, Birch, Klebanov, et al. 2023.

Translation

1 Now we shall expound the method for piercing the ear. 84

The Nepalese version also omits the opening remark on Dhanvantari that appears in subsequent versions of the text. For a discussion of the frame story in the Nepalese version, see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021.

When commenting on this statement, Dalhana (Su 1938:76) and Cakrapānidatta (Su 1939:125) observed that only the ears of healthy people should be pierced, and they quoted the lost authority Bhoja to affirm this: "When piercing the ears of chil-

⁸³ HIML: IA, 211–212317.

⁸⁴ The topic of piercing the ear (kaṛnavyadha) is not discussed in the Carakasaṃhitā (HIML: IB, 326, n. 175), but it is mentioned in some texts that followed the Suśrutasaṃhitā, such as the Kaśāpyasaṃhitā (HIML: IIA, 30). Also, the instrument for piercing the ear is described in the Aṣṭāṅgahṛdayasaṃhitā 1.26.26 (Ah 1939: 321). In the versions of the text known to Dalhaṇa (Su 1938: 76) and Cakrapāṇidatta (Su 1939: 125), the heading of this chapter is "the method of piercing and joining the ear" (कर्णव्यधबन्धविधि), instead of the Nepalese version's "the method of piercing the ear" (कर्णव्यधविधि). The topic of joining the ear (कर्णबन्ध) is discussed in passages 17–20 of the Nepalese version. However, it appears that only subsequent redactors reflected its importance by including it in chapter headings.

- One may pierce a child's ears for the purpose of preserving and decorating. During the bright fortnight, when the child is in the sixth or seventh month, on renowned days, half days, hours and constellations, the physician, with a calming presence, sits the boy, who has received a benediction and the recitation of a blessing, so n the lap of a wetnurse. Then, he should pull the ear with his left hand and pierce straight through with his right hand at a naturally-occurring cleft. For a boy, do the right ear first; for a girl, do the left one. Use a needle on a thin ear; an awl on a thick one. So
- One may know that it was pierced in the wrong place if there is excess blood or too much pain. The absence of side-effects is a sign that it has been pierced in the right place.⁸⁹

dren who are free of disease at these times, their ear flaps and apertures, as well as limbs, increase" (1.16.1 (Su 1938:76)).

Some texts use the adjective कर्ण-वेधनी rather than ॰व्यधनी.

- 85 The causative form व्यथित is known in Classical Sanskrit (Whitney 1885: 166). The compound कृतमङ्गलस्वस्तिवाचनं "who has received a benediction and the recitation of a blessing" is an emendation based on the similar text at 3.2.25 (Su 1938: 346). Cf. also 3.10.8, 24 (Su 1938: 388, 390) that have slightly different formulations.
- 86 The versions of 1.16.3 known to Cakrapāṇidatta (Su 1939:126) and Dalhaṇa (Su 1938:76) have the additional compound कुमारधराङ्के ("on the lap of one who holds the child") after धात्र्यङ्के. The gender of कुमारधर is made clear by Dalhaṇa's gloss "a man who holds the child." Also, both versions add बालक्रीडनकैः प्रलोभ्य ("having enticed with children's toys") to indicate that the child should be tempted with toys to stay on the assistant's lap. According to Dalhaṇa on 1.16.3 (Su 1938:76), the toys include replica elephants, horses, bulls and parrots. Dalhaṇa further mentions that others read भक्ष्यविशेषैर्वा ("or by special treats") before बालक्रीडनकैः, but we see no trace of these small kindnesses in our witnesses.
- 87 The versions of 1.16.3 of Cakrapāṇidatta (Su 1939: 126) and Ḍalhaṇa (Su 1938: 76) add that this naturally-occurring cleft is illuminated by a ray of sunshine (आदित्यकरावभा-सिते).
 - The syntax of this slightly long sentence is unusual because of the dual object तौ "the two (ears)" at the start of the sentence, which is remote from the main verb. The other singular accusatives referring to the ear being pierced are governed by absolutives.
- 88 Dalhaṇa on 1.16.3 (Su 1938: 76) clarifies that the awl is a shoe-maker's knife for piercing leather. He also cites the authority of "the notes of Lakṣmaṇa" (Lakṣmaṇa-ṭippaṇaka) on the issue of the thickness of the needle. The Notes of Lakṣmaṇa is not known from any earlier or contemporary sources and was presumably a collection of glosses on the Suśrutasaṃhitā that was available to Dalhaṇa in twelfth-century Bengal. See Meulenbeld (HIML: IA, 386).
- 89 At this point, MS Kathmandu KL 699 is missing a folio, so the rest of this chapter is

In this context, if an ignorant person randomly pierces a duct there will be fever, burning, swelling, pain, lumps, paralysis of the nape of the neck, convulsions, headache or sharp pain in the ear.⁹⁰

- 5 Having removed the wick (*vartti*) because of the accumulation of humours or an unsatisfactory piercing at that location,⁹¹ he should smear it with barley, liquorice, Indian madder, and the root of the castor oil tree, thickened with honey and ghee. And when it has healed well, he should pierce it again.⁹²
- He should treat the properly-pierced ear by sprinkling it with raw sesame oil. After every three days one should make a thicker wick and do the very same sprinkling.⁹³
- 7 Once the ear is free from humours or side-effects, one should put in a light dilator (*pravardhanaka*) in order to enlarge it enough.⁹⁴
 - constructed on the basis of witnesses MS Kathmandu NAK 5-333 and MS Kathmandu NAK 1-1079.
- 90 This passage is significantly augmented in Cakrapāṇidatta's and Dalhaṇa's versions, to outline the specific problems caused by piercing three ducts called कालिका, मर्मिका and लोहितिका (1.16.4 (Su 1939: 126) and 1.16.5 (Su 1938: 77) respectively). In fact, the order of the problems mentioned in the Nepalese version has been retained in the other versions and divided between each duct. Cakrapāṇidatta's commentary on 1.16.4 (Su 1939: 126) cites several verses attributed to Bhoja on the problems caused by piercing these three ducts in the ear flap: 'लोहितिका, मर्मिका and the black ones are the ducts situated in the earflaps. Listen in due order to the problems that arise when they are pierced. Paralysis of the nape of the neck and convulsions, or sharp pain arise from piercing लोहितिका. Pain and lumps are thought to arise from piercing मर्मिका. Piercing कालिका gives rise to swelling, fever and burning.'
- 91 In addition to these reasons, Dalhaṇa at 1.16.6 (Su 1938:77) added "because of piercing with a painful, crooked and unsatisfactory needle" (क्रिष्टजिह्माप्रशस्तसूचीव्यधात्) and "because of a wick that is too thick" (गाढतरवर्तित्वात्). Dalhaṇa was aware of the reading in the Nepalese version because in his commentary on 1.16.6 (Su 1938:77) he noted that some read "because of the accummulation of humours" rather than "because of piercing with a painful, crooked and unsatisfactory needle or because of a wick that is too thick." On the concept of humoral accumulation (samudāya), see the important analysis by Meulenbeld (1992).
- 92 The description of the drug is ambigious: the word "root" could be taken with each plant, or just with the last. The vulgate reads just "castor oil root" so we assume that is the traditional interpretation.
- 93 Describing ear and nose operations similar to those here, Celsus described the use of a quill (Latin *pinna*) where the Sanskrit authors use a cotton wick (*De Medicina* VII ¶10–11, Spencer 1935–38: 3, 366–367).
- 94 Cakrapāṇidatta on 1.16.6 (Su 1939:127) and Dalhaṇa on 1.16.8 (Su 1938:77) pointed out that the dilator can be made of wood, such as that of the prickly chaff-flower,

- 8 A person's ear enlarged in this way can split in two, either as a result of the humours⁹⁵ or a blow.
 - Listen to me about the ways of joining it can have.
- 9 Here, there are, in brief, fifteen ways of mending the ear flap. They are as follows: Rim-join (nemīsandhānaka), Lotus-splittable (utpalabhedyaka), Dried Flesh (vallūraka), Fastening (āsaṅgima), Cheek-ear (gaṇḍakarṇa), Take away (āhārya), Ready-Split (nirvedhima), Multi-joins (vyāyojima), Door-hinge (kapāṭasandhika), Half door-hinge (ardhakapāṭasandhika), Compressed (saṇkṣipta), Reduced-ear (hīnakarṇa), Creeper-ear (vallīkarṇa), Stick-ear (yaṣṭīkarṇa), and Crow's lip (kākauṣṭha).

In this context, among these,

Rim-join: both flaps are wide, long, and equal.

Lotus-splittable: both flaps are round, long, and equal.

Dried flesh: both flaps are short, round, and equal.

Fastening: one flap is longer on the inside. Cheek-ear: one flap is longer on the outside.⁹⁸

Take-away: the flaps are missing, in fact, on both sides.

Ready-split: the flaps are like a dais (*pīṭha*).

Multi-joins: one flap is small, the other thick, one flap is

equal, the other unequal.

Door-hinge: the flap on the inside is long, the other is small. Half door-hinge: the flap on the outside is long, the other is small.

the neem tree and tree cotton. Dalhaṇa added that it can also be made of lead and should have the shape of the datura flower. The manuscripts have variant readings for लघुप्रवर्धनकमामुञ्जेत् at this point that include a scribal emendation, none of which construe plausibly. It is possible that the unusual verb form आ+√मुच् puzzled the scribes and caused the implausible scribal readings and emendations.

⁹⁵ Dalhaṇa on 1.16.9 (Su 1938: 77) notes that the word दोष here can refer to either a humour, such as wind, as we have understood it, or a disease generated from a humour.

⁹⁶ The Nepalese version uses the word सन्धान to refer to joining a split in an ear flap, which is consistent with the terminology in the verse cited above (8). However, 1.16.10 of Dalhaṇa's version (Su 1938:77) uses the term बन्ध here and at the very beginning of the chapter (i.e., 1.16.1) to introduce the topic of repairing the ear.

⁹⁷ For an artist's impression of these different kinds of joins in the ear flap, see Majno 1975: 290 (reproduced as Figure 3.2 in Wujastyk 2003*b*: 154).

⁹⁸ For an artist's impression of this join, see Majno 1975: 291 (reproduced as Figure 3.3 in Wujastyk 2003*b*: 155).

These ten options for joins of the ear should be bound. They can mostly be explained as resembling their names.⁹⁹ The five from compressed (saṃkṣipta) on are incurable.¹⁰⁰ Among these, "Compressed" has a dry ear canal and the other flap is small. "Reduced ear" has flaps that have no base and have wasted flesh on their edges. "Creeper-ear" has flaps that are thin and uneven. "Stick-ear" has lumpy flesh and the flaps are stretched thin and have stiff ducts. "Crow-lip" has a flap without flesh with compressed tips and little blood. Even when they are bound up, they do not heal because they are hot, inflamed, suppurating, or swollen.¹⁰¹

A person wishing to perform a join of any of these should therefore have supplies specially prepared according to the recommendations of the "Preparatory Supplies" chapter. And in this regard, he should particularly gather to player of fermented liquor, milk, water, fermented rice-water, and powdered earthenware crockery (kapālacūrṇa).

⁹⁹ Cakrapāṇidatta on 1.16.9–13 (Su 1939: 128–129) and Dalhaṇa on 1.16.10 (Su 1938: 77–78) provide examples of how the names of these joins describe their shapes. For example, the rim-join (nemīṣandhānaka) is similar to the join of the rim of a wheel (cakradhārā).

¹⁰⁰ Palhaṇa on 1.16.10 (Su 1938: 77–78) mentions that some do not read the statement that only five are incurable, and they understand the causes of unsuccessful joins given below (i.e., heat, inflammation, suppuration and swelling) as also pertaining to the first ten when they do heal.

¹⁰¹ The version of 1.16.11–13 known to Dalhaṇa (Su 1938: 78) has four verses (रलोक) at this point that are not in the Nepalese manuscripts. The additional verses iterate the types of joins required for ear flaps that are missing, elongated, thick, wide, etc. All four verses were probably absent in the version of the Suśrutasaṃhitā known to Cakrapāṇidatta. He cites the verses separately in his commentary, the Bhānumatī (Su 1939: 128–129), introducing each one as 'some people read' (के चित्पउन्ति). However, in Trikamajī Ācārya's edition of the Sūtrasthāna of the Bhānumatī, the root text is largely identical to the one commented on by Dalhaṇa (Su 1938), even in instances like this where Cakrapāṇidatta's commentary indicates that he was reading a different version of the Suśrutasaṃhitā. See further the discussion on p.?? above.

¹⁰² *Suśrutasaṃhitā* 1.5 (Su 1938: 18–23), probably verse 6 especially, that lists the equipment and medications that a surgeon should have ready.

¹⁰³ The reading in the Nepalese manuscripts of विशेषतश्चाग्रोपहरणीयात् has been emended to विशेषतश्चात्रोपहरेत् to make sense of the list of ingredients, which is in the accusative case. Also, the repetition of अग्रोपहरणीयात् in the Nepalese version suggests that its second occurrence, which does not make good sense here, is a dittographic error.

¹⁰⁴ The term कपालचूर्ण is unusual. Dalhaṇa (Su 1938: 79) defines it as the powder of fragments of fresh earthen pots and Cakrapāṇidatta (Su 1939: 129) as the powder of earth-

Next, having made the woman or man tie up the ends of their hair, eat lightly and be firmly held by qualified attendants, the physician considers the joins and then applies them by means of cutting, splitting, scarification, or piercing. Next, he should examine the blood of the ear to know whether it is tainted or not. If it is tainted by wind, the ear should be bathed with fermented rice-water and water; if tainted by choler, then cold water and milk should be used; if tainted by phlegm, then top layer of fermented liquor and water should be used, and then he should scarify it again.

After arranging the join in the ear so that it is neither proud, depressed, nor uneven, and observing that the blood has stopped, one should anoint it with honey and ghee, bandage each ear with tree cotton and gauze (plota), and bind it up with a thread, neither too tightly nor too loosely. Then, the physician should sprinkle earthenware powder on it and provide medical advice ($\bar{a}c\bar{a}rika$). And he should supplement with food as taught in the "Two Wound" chapter.¹⁰⁶

- One should avoid rubbing, sleeping during the day, exercise, overeating, sex, getting hot by a fire, or the effort of speaking.
- One should not make a join when the blood is too pure, too copious, or too thin. For when the ear is tainted by wind, then it is obstructed by blood, unhealed and will peel. When tainted with choler, is becomes pinched $(g\bar{a}dha)$, septic and red. When tainted by phlegm, it will be stiff and itchy. It has excessively copious suppuration and is swollen. It has a small amount of wasted $(ks\bar{\imath}na)$ flesh and it will not grow. 108
- When the ear is properly healed and there are no complications, one may very gradually start to expand it. Otherwise, it may be inflamed

105 There are syntactic difficulties in this sentence. We have adopted the reading in Dalhaṇa's version (Su 1938: 78), which has च कृत्वा following सुपरिगृहीतं. It is likely that a verb, such as कृत्वा, dropped out of the Nepalese transmission.

107 1.16.17 of Dalhaṇa's version (Su 1938: 79) reads "impure" for the Nepalese "too pure," which would appear to make better medical sense. Emending the text to नाशुद्ध- for नातिशुद्ध- in the Nepalese version would yield the same meaning as Dalhaṇa's version.

enware vessels.

¹⁰⁶ Suśrutasaṃhitā 4.1 (Su 1938: 396–408).

¹⁰⁸ In his edition of Suśrutasaṃhitā, Ācārya (Su 1938: 79 n. 1) includes in parentheses the following treatment for these conditions, which according to a footnote is not found in the palm-leaf manuscript he used: 'One should sprinkle it with raw sesame oil for three days and one should renew the cotton bandage after three days' (आमतैलेन त्रिरात्रं परिषेचयेत्रिरात्राञ्च पिचुं परिवर्तयेत्).

(saṃrambha), burning, septic or painful. It may even split open again.

- Now, massage for the healthy ear, in order to enlarge it.

 One should gather as much as one can the following: a monitor lizard, scavenging and seed-eating birds, and creatures that live in marshes or water, ¹⁰⁹ fat, marrow, milk, and sesame oil, and white mustard oil. ¹¹⁰ Then cook the oil with an admixture of the following: purple calotropis, white calotropis, heart-leaf sida, country mallow, country sarsaparilla, Indian kudzu, liquorice, and hornwort. ¹¹¹ This should then be deposited in a well-protected spot.
- 15 The wise man who has been sweated should rub the massaged ear with it. Then it will be free of complications, and will enlarge properly and be strong.¹¹²
- 16 Ears which do not enlarge even when sweated and oiled, should be scarified at the edge of the hole, but not outside it.¹¹³
- In this tradition, experts know countless repairs to ears. So a physician who is very intent on working in this way may repair them. 114
- 109 For such classifications, see the analyses by Zimmermann (1999) and B. K. Smith (1994).
- 110 Palhaṇa's version of 1.16.19 (Su 1938: 79) includes ghee. However, Palhaṇa's remarks on this passage and Cakrapāṇidatta's on 1.16.18 (Su 1939: 130) indicate that they knew a version of this recipe, perhaps similar to the Nepalese one, that did not include ghee. Palhaṇa also noted that others simply read four oils, beginning with fat and without milk, whereas Cakrapāṇidatta said that some say it is made with four oils and milk.
- 111 The version of of this verse known to Dalhaṇa (vulgate (Su 1938:79)) adds several ingredients to this admixture, including prickly chaff-flower, Withania, milk-white, sweet plants and Indian ipecac. Also, it has beggarweed instead of Indian kudzu. When commenting on 1.16.19, Dalhaṇa (Su 1938:79) noted that some do not read sweet plants and Indian ipecac. Therefore, at his time there were other versions of this recipe circulating, with fewer ingredients, as seen in the Nepalese version.
- 112 For these aims (i.e., healing and enlarging the ear), the text known to Dalhana (Su 1938:79) had an additional verse and a half describing an ointment for rubbing the ear and sesame oil cooked with various medicines for massage. Cakrapāṇidatta (Su 1939:131) did not comment on these verses, nor verse 15 of the Nepalese version, and so the version of the *Suśrutasaṃhitā* known to him may not have included them.
- 113 Dalhaṇa's version of 1.16.23 (Su 1938:79–80) added another hemistich that stated more explicitly that the scarification should not be done on the outside of hole as it will cause derangement.
- 114 After verse 17, the 1938 edition of Ācārya (Su 1938:80) has in parentheses nineteen verses on diseases of the ear lobes, treatments and complications. It is possible that these verses were in some of the witnesses used by Ācārya to construct the text as they occur in other manuscripts, such as MS Hyderabad Osmania 137-3(b). However, Cakrapāṇidatta (Su 1939:132) and Palhaṇa (Su 1938:80) stated that some read

- 18 If an ear has grown hair, has a nice hole, a firm join, and is strong and even, well-healed, and free from pain, then one can enlarge it slowly.¹¹⁵
- Now I shall describe the proper method of making a repair when a nose is severed. First, take from the trees a leaf the same size as the man's nose and hang it on him.
- Next, having cut a slice of flesh (vadhra),¹¹⁶ with the same measurements, off the cheek, the end of the nose is then scarified.¹¹⁷ Then the undistracted physician, should quickly put it back together so that it is well joined.
- Having carefully observed that it has been sewn up properly, he should then fasten it along with two tubes. Having caused it to be raised, the powder of sappanwood, liquorice and Indian barberry should be sprinkled on it.
- The wound should be covered properly with tree cotton and should be moistened repeatedly with sesame oil. Ghee should be given to the man to drink. His digestion being complete, he should be oiled and purged in accordance with the

about the diseases of the ear lobes in this chapter whereas others read about them in the chapter on various treatments (*miśrakacikitsa*) (SS 5.25), which does indeed begin with a discussion of the disease परिपोट. Dalhaṇa went on to say that some believe that these verses were not composed by sages and, therefore, do not read them.

¹¹⁵ The order of verses 17 and 18 is reversed in Dalhana's version (Su 1938: 80).

¹¹⁶ The version of 1.16.28b known to Dalhaṇa (Su 1938: 81) reads "bound, connected (*baddham*)" instead of "slice of flesh (*vadhra*)." This is a critical variant from the surgical point of view. If the slice remains connected, it will have a continuing blood supply. This is one of the effective techniques that so astonished surgeons witnessing a similar operation in Pune in the eighteenth century (see Wujastyk 2003*b*: 67–70).

¹¹⁷ Or 1.16.20 could be mean, '... off the cheek, it is fixed to the end of the nose, which has been scarified.' Unfortunately, the Sanskrit of the Nepalese version is not unambiguous on the important point of whether or not the flap of grafted skin remains connected to its original site on the cheek. However, Dalhana (Su 1938:81) clarified the meaning of the vulgate here by stating that one should supply the word "flesh" when reading "connected," thus indicating that he understood the flesh to be connected to the face.

¹¹⁸ Dalhaṇa noted that the two tubes should be made of reed or the stalk of the leaf of the castor-oil plant (on 1.16.21 (Su 1938:81)). They should not be made of lead or betel nut because the weight will cause them to slip down.

¹¹⁹ The Sanskrit term उन्नामयित्वा in 1.16.21 is non-Pāṇinian.

¹²⁰ For पत्ताङ्ग (sappanwood), there are manuscript variants पत्ताङ्ग (MS Kathmandu NAK 5-333) and पत्तङ्ग (MS Kathmandu NAK 1-1079). Also, MS Kathmandu KL 699 (f. 14r:1) has पताङ्ग in a verse in 1.14 (cf. 1.14.36 (Su 1938:66)). The text known to Dalhaṇa has पतङ्ग (1.16.29 (Su 1938:81)) and this term is propagated in modern dictionaries.

¹²¹ Dalhaṇa glossed अञ्चन as रसाञ्चन, elixir salve (Su 1938: 81).

instructions specific to him. 122

And once healed and really come together, what is left of that slice of flesh (vadhra) should then be trimmed.¹²³ If it is reduced, however, one should make an effort to stretch it, and one should make its overgrown flesh smooth.¹²⁴

122 The expression स्वयथोपदेश is ungrammatical but supported in all available witnesses.

¹²³ The vulgate transmission has lost the word ব্য and replaced it with अर्ध "half," which makes little sense in this surgical context.

¹²⁴ Dalhaṇa accepted a verse following this, 1.16.32 (Su 1938:81), which pointed out that the procedure for joining the nose is similar to that of joining the lips without fusing the ducts. He noted that earlier teachers did not think this statement on the nose and lips was made by sages, but he included it because it was accepted by Jejjaṭa, Gayadāsa and others, although they did not comment on it because it was easy to understand. Cakrapāṇidatta also did not comment on this additional verse (Su 1939: 133).

Sūtrasthāna 28: Unfavourable Prognosis in Patients with Sores

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹²⁵

Goswami studied the commentaries of Dalhana and Cakrapāṇidatta on this and the following adhyāyas up to 32, focussing on the topic of omens (ariṣṭa). He concluded that both authors were influenced by the Indriyas-thāna of the Carakasaṇihitā in their commentaries on this topic. 126

Translation

Thus, living creatures and their strength, complexion (*varṇa*) and energy (*ojas*) are rooted in food. That (food) depends on the six flavours (*rasa*). Thus, the flavours depend on substance (*dravya*), and substances depend on medicinal herbs. There are two kinds of them (herbs): stationary and mobile.¹²⁷

¹²⁶ Goswami 2011.



Nidānasthāna 1: The Diagnosis of Diseases Caused by Wind

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002. 128

Translation

- 1 And now we shall explain the chapter about diagnosis of diseases caused by wind. 129
- Suśruta asks after holding the feet of Dhanvantari who is the foremost of the upholders of righteousness and who emerged with nectar.
- 4 O King!¹³⁰ Divodāsa¹³¹ the best of the orators! Let us know about the naturalized and disordered form of wind, its places in the body and types of the diseases caused by its contamination.

5–9ab On hearing his words, the venerable sage replied that being independent, constant and omnipresent this wind is revealed as self-born and supreme being. It is worshiped by all words and situated in the form of life-force in all beings. It is the cause of origin, continued existence and

¹²⁸ HIML: IA, 234. (Ruben 1954b) studied the wind doctrines in the *Carakasaṃhitā*.

¹²⁹ The present chapter describes the diseases caused by vitiated wind and wind's mixing with other humours. In the medical term it is known as rheumatism.

¹³⁰ H and N both mss read भूपते instead of कौपनैः in the vulgate.

¹³¹ https://doi.org/10.20935/AL2992

destruction of beings. It is unmanifest though manifests in/through action, cold, dry, light in weight, variable, moving horizontally with two attributes i.e., sound and tangibility¹³². Having all chief qualities which are sattva, rajas and tamas but predominated by rajas. It has inconceivable power. It is inducer of humours¹³³ and distinguished in the group of diseases¹³⁴. *It moves quickly, moves again and again,* stays in stomach and intestine.

- 9cd Now, listen to the description of wind which moves inside the body.
 - 10 Unvitiated wind makes possible objects of senses connect with intellect. It maintains a state of equilibrium between the humours, semen/7 fluids? and Gastric fluid and actions done by body, speech and intellect bring to one's right place. 135
 - Just as the five types of bile have been described based on their name, place and their actions, similarly, one type of air is of five types based on name, place, action and diseases.
 - 12 Five types of wind:
 - 1. Vital wind (*prāṇa*)
 - 2. udāna
 - 3. samāna
 - 4. vyāna
 - 5. apāna

above five types of wind remain in their equilibrium and hold the $body^{136}$.

¹³² According to Dalhaṇa, it has power to divide humours, fluids, feces etc. moving inside the body and it is the cause to the disease in the limbs. It carries humours, chyle, semen/7 fluids? and feces further in the body. The wind which is moving outside is holding the earth and body. (सा चास्य शक्तिः शरीरदोषमूत्रपुरीषादिविभागोऽवयवसंस्थानका(क)रणं दोषधातुमलसंवहनादिश्च, शरीराद्बहिस्तु संचरतो धरणीधारणादिः Su 1938:257)

¹³³ Dalhana suggests नेता=प्रेरक (Su 1938:257)

¹³⁴ Dalhana suggests राट्=राजते not राजा

¹³⁵ According to Dalhaṇa, सम्पत्तिः=सम्पन्नता at 1.6.3 (Su1938:23). Dalhaṇa commented that Gayadāsa reads 'इन्द्रियार्थोपसंप्राप्तिंऽ but not written here because of being detailed. (ग-यदासाचार्यस्तु इमं श्लोकं 'इन्द्रियार्थोपसंप्राप्तिऽ इत्यादि कृत्वा पठित, स च विस्तरभयान्न लिखितः) But H and N MSS suggest 'इन्द्रियार्थोपसम्पत्तिः'

¹³⁶ Dalhaṇa suggests स्थान=साम्य, यापयन्ति=धारयन्ति (The manuscripts all read प्राणोदानः स-मानश्च व्यानोपानस्तथैव च . against the vulgate's प्राणोदानौ समानश्च व्यानश्चापान एव च . I think प्राणोदानौ, व्यानापानौ or व्यानश्चापान एव च should be read)

The wind that flows through the mouth is called the vitality (prāṇa), which holds the body. It propels down food inside the stomach and engages with the gastric fluid¹³⁷. Unvitiated Vital wind mostly causes hiccups, asthma etc. diseases.

- The wind which flows upwards in the body, the best among all five winds is called udāna. Singing, speech etc. individual things done by the same wind. Unvitiated udāna wind mostly causes diseases above the collar bone e.g., nose, eyes, head and ears¹³⁸.
- 16–17ab The samāna wind flows in stomach and duodenum. It helps gastric fluids in the digestion of food and separates the substances produced from it e.g., chyle, impurities, urine and feces. Unvitiated samāna wind causes diseases like a chronic enlargement of spleen (gulma), weak digestion, and diarrhea.
- 17cd–18 The vyāna wind moves inside the whole body and circulates chyle and expels sweat and blood outside the body. It helps in the movements of limbs in every way. Contaminated vyāna wind causes all diseases occurring in the body.
- 19–20ab Staying in the abdomen, the apāna wind propels wind of body, feces, urine, semen, womb and menstruation to come out of the body at their proper time. Contaminated apāna wind causes terrible diseases that occur in the bladder and anus.
- 20cd—21ab Contaminated vyāna and apāna wind causes defect of semen and gonorrhea, while simultaneous contamination of all the five winds surely leads to death.
- 21cd-22ab I shall therefore describe all the diseases caused by the contamination of winds staying in the various places of the body.
- 22cd-24ab Contaminated wind in the stomach causes disease like vomiting, loss of consciousness, fainting, thirst, heart-seizure, pain in lateral sides of stomach. It also causes rumbling of the bowels, acute pain, inflated belly, pain while discharging urine and feces, suppression of urine and pain in the loins.
 - 24cd Contaminated wind residing in the ear causes loss of function of the senses.

¹³⁷ Dalhaṇa suggests head, chest, throat and nose as locations of prāṇa. (Sus1938:259) Gayadāsa suggests अग्नि for प्राण.

¹³⁸ Dalhaṇa suggests it also causes diseases like cough etc. (चकारादन्यादिप प्राणोदानौ, व्या-नापानौ कासादीन् करोति .)

throbbing of parts of the body, dryness, numbness, itching, pricking pain, swelling. It being inherent in the flesh of body causes swelling with pain and being inherent with the fat of the body causes swelling with slight pain but do not become wound. 140 Residing in the artery it causes acute pain, contraction and filling up of the artery. 141 It stuns, vibrates and destroys 142 the muscle tissues by residing in the muscle. Residing in the joints it causes pain and swelling. Residing in the bone it causes fracture and dryness of bones which also cause to acute pain and, in the marrow, it dries up marrow which

Residing in the skin, 139 contaminated wind causes discoloration of skin,

- may never be cured. Residing in the semen it causes non-production and distorted production of semen. 143

 30–31ab Contaminated wind moves from the hand, foot, head, then it may be omnipresent or pervade the entire body of men and causes stiffness, convulsion, numbness and acute pain.
- 31cd-32ab Wind (5 types) mixed with other doṣas (bile etc.) in the places mentioned above produces mixed types of pains.
- 34cd-35ab Prāṇa wind surrounded by bile causes vomiting and burning sensation, by phlegm it causes weakness, exhaustion, laziness and bad taste.
- 35cd-36ab Udāna wind surrounded by bile causes loss of consciousness, stupor, dizziness and fatigue, by phlegm it causes absence of perspiration, slowness of digestion, sensation of coldness.
- 36cd–37ab Samāna wind surrounded by bile causes perspiration, a burning sensation, heat and stupor, association with phlegm it causes erection in urine, feces and limbs.
- 37cd-38ab Apāna wind associated with bile causes a burning sensation, heat and the voiding of blood with urine, with phlegm it causes a feeling of heaviness in the lower part of the body and coldness.

¹³⁹ Dalhaṇa and Gayadāsa both suggest त्वक्=रस. Gayadāsa explained that chyle stays in the skin and therefore, in the verse त्वक्थ should be read as रसस्य as we read secondary meaning in the sentences like गङ्गायां घोषः.

¹⁴⁰ The MS H does not read व्रणांश्च रक्तगो ग्रन्थीन् सशूलान् मांससंश्रितः . against the vulgate. (Su 1938: 261).

¹⁴¹ According to Dalhana सिराकुञ्चनं is also known as कुटिला सिरा (Su 1938: 262)

¹⁴² Þalhaṇa and Gayadāsa both suggest the meaning of हन्ति for being not capable of both stretching and contraction. सन्धिगतः संधीन् हन्ति प्रसारणाकुञ्चनयोरसामर्थ्यं करोति (Su 1938: 262) ...

¹⁴³ Dalhaṇa and Gayadāsa both suggest that a distorted production विकृतां प्रवृत्तिम् is too fast, too slow, knotty and discolored.

38cd-39ab Vyāna wind surrounded by bile causes a burning sensation, tossing of the limbs and fatigue, by phlegm it causes stiffening limbs, uddaṇḍaka? and pain in the swelling.

- Persons who are of delicate nature, follow faulty diet and lifestyle, also afflicted with intoxicating drinks, sexual enjoyment, exercise causes vitiation of wind and blood.??
 - Riding elephant, horse and camel, lifting great weights, consuming vegetables which are pungent, hot, sour, alkali and being frequently distressed situation causes contamination of wind.
- 43–44 Blood flowing in the body blocks the passage of contaminated wind which moves quickly in the body. Excessively irritated wind-being contaminated by wind and dominance of wind, it is called वातरक्त Gout¹⁴⁴.
- Vātarakta causes pricking pain, dryness, loos of sensation in the feet. Contaminated Bile mixed with blood causes sharp burning sensation, excessive heat and soft swelling with red color in the feet. Contaminated Phlegm mixed with the blood causes itching in the feet. It makes feet white, cold, dry, thick and hard. All defects ¹⁴⁵ in the blood contaminated by humours (wind, bile, phlegm) manifest their symptoms in the feet.
 - 48 This disease spreads all over the body like rat poison by staying in feet or sometimes hands.
 - Gout spreads in the knee and the skin bursts and starts bleeding makes it incurable. It is mitigatable if it is of a year's old.
- 50–51 When vitiated wind enters in the all arteries it causes quickly convulsions again and again and because of frequent contractions ($\bar{a}k\bar{s}epa$) it is called convulsions ($\bar{a}k\bar{s}epaka$).
- Because in this situation a person often sees darkness and fall, it calls spasmodic contraction (apatānaka) 146 . If wind mixed with phlegm stays excessively in the arteries, it stiffs body like a staff and it is called दण्डापतानकः epilepsy with convulsions. Vitiated wind entered in the arteries and bends the body like a bow, it is called धनुःस्तम्भ Tetanus.

¹⁴⁴ In the medical term वातरक्त is known as Gout. Cakrapāṇi called it आढ्यरोगः Caraka-saṃhitā sū.14.18 and ci.28.66

¹⁴⁵ Gayadāsa suggests सर्वे दुष्टाः शोणितं चापि nominative plural instead of locative singular.

¹⁴⁶ Gayadāsa accepted the Nepalese reading ताम्यते which vulgate does not read. Gayadāsa gives definition of अपतानक as येनापताम्यते means a situation in that a person sees the dark.

When vitiated wind accumulated in the regions of finger, ancle, abdomen, heart, chest, and throat swiftly attack on the group of vain and ligaments, it gets a person's eyes stuck, chin stuns, side breaks and vomiting phlegm he moves inwards like a bow and this situation is known as emprosthotonos (antarāyāma). When vitiated wind attacks on outside ligaments, body of a person will stretch forward like a bow. In this situation, if the chest, hip or thigh break, wise men call it incurable.

- Aggravated phlegm and bile mixed with wind or only vitiated wind causes fourth convulsive disease due to trauma.
- 59 Convulsions due to miscarriage, excessive bleeding, and injury are incurable 147.
- 60–62 When excessively agitated and strong wind flows in the arteries which spread downward, upward, and sideways, it loses the joints and kills the other side of body. The best of physicians calls it paralysis (pakṣāghāta). ¹⁴⁸ Then half of his entire body becomes inefficient and unconscious. Afflicted by wind he suddenly falls or dies.
 - 62.1 Bile integrates with wind causes burning sensation, affliction, and infatuation. When it integrates with phlegm causes coldness, morbid swelling, and heaviness. ¹⁴⁹.
 - A paralysis (*pakṣāghāta*) caused by wind ¹⁵⁰ is curable with most difficulty. It becomes curable when caused by bile and phlegm mix with the wind. It becomes incurable when caused by the loss of bodily constituents.
- Verses from 64–66 are not found in the Nepalese manuscripts. These verses discuss the term spasmodic contradiction (āpatantraka) which is the same as अपतानक. Dalhaṇa commented on ni.1.64-66 (Su 1938:267) that because of having the similar condition in both situations, some scholars do not read the अपतन्त्रक. In the verse ni.1.59 Dalhaṇa commented that the आक्षेपक and अपतानक is same (Su 1938:266) and again

¹⁴⁷ According to Dalhaṇa convulsion (ākṣepaka) is also known as अपतानक (Su 1938:266). He further mentions that even if fortunately, it is cured, it cripples the limb.

¹⁴⁸ In the ca.6.28.55 पक्षाघात is described as monoplegia (ekāṅgaroga). In that case it damages one of the limbs. In the medical terms paralysis (apakṣāghāta) is known as hemiplegia.

¹⁴⁹ This verse is not available in vulgate. It deals with the symptoms when bile and phlegm mix with the wind. It is already discussed in su.2.1.38.

¹⁵⁰ Here the term যুद्धवात suggests the meaning of the wind that is devoid of bile and phlegm.

he suggested that the अपतानक and अपतन्त्रक both are similar condition. Therefore, आक्षेपक, अपतानक and अपतन्त्रक should be the same. Gayadāsa further commented that the Caraka has not read आक्षेपक as अपतानक and therefore described the अपतन्त्रक separately (Su 1938:267).

- 67 This verse also not found in the Nepalese Manuscripts. The verse describes rigidity of neck (*manyāsthambha*). According to Dalhaṇa, rigidity of neck is a prior symptom of spasmodic contradiction.
- 68–72 By speaking very loudly, eating hard foods, excessively laughing and yawning, lifting heavy loads and sleeping in an awkward position, vitiated wind lodges into face painfully and produces spasm of the jawbones (*ardita*) disease. In that case, half of the face and neck become curved, head trembles, speech hindrances, deformity occurs in the eys, eyebrows and cheeks.¹⁵¹ Experts in diseases call this disease spasm of the jaw-bones (*ardita*).
 - 59 Spasm of the jawbones cannot be cured when it stays in a person for three years, who is very weak, stays without blinking, trembles, and constantly speaks gibberish.
 - Arteries of Heel and toes stricken by vitiated wind prevents stretching of thighs. This disease is known as sciatica (*gṛdhrasī*).
 - Arteries which run to the tips of fingers from behind the roots of the upper arm affected by vitiated wind terminates all activities of arms and back. This disease is called paralysis of arms and back (*viśvañci*).

 152
 - 76 Vitiated wind and blood in the joint of knee causes synovitis of knee join (koṣṭukaśīrṣa). In this extremely painful situation, the shape of swelling in knee joints seems like a head of Jackal.
 - Vitiated wind resides in the waist attacks on the arteries of thigh causes limpness ($kha\tilde{n}ja$) and when it attacks on both the thighs a person becomes lame ($pa\dot{n}gu$).
 - 78 A person who trembles at the beginning of walking or walks limping and whose foot joint has become loose is called lathyrism (kalāyakhañja).
 - 79 Vitiated wind residing in the ankle-joint causes pain when one steps on uneven ground. This disease occurs is called বারক্তেক.

¹⁵¹ Dalhaṇa suggests नेत्रादीनाम् इत्यादि शब्दात् भूगण्डादि उपसङ्ग्रहः

¹⁵² Both the MSS N and H read विश्वञ्च instead of the vulgate reading विश्वाची. There is no such word found in other Āyurveda texts.

- 80 Vitiated wind mixed with bile and blood cause burning sensation in feet. It should be declared as burning sensation in feet (*pādadāha*).
- 81 A person whose feet tingle and become insensible due to vitiation of phlegm and wind is called पादहर्ष.
- 82 Vitiated wind lying in the shoulder dries the shoulder joints and it is called अंसशोष. It also bends the arteries of shoulder, and this disease is called अवबाहुक. ¹⁵³
- 83 Vitiated wind singly or mixed with phlegm cover the channel of ears causes deafness.
- Vitiated wind saturated with phlegm covering the arteries which conduct the sound of speech makes a person inactive (*akriya*), dumb (*mūka*). He mumbles (*mimmira*) through the nose and stammers (*gadgad*).¹⁵⁴
- 85 Vitiated wind penetrating into the cheekbones, temporal bones, head and neck causes piercing pain in the ears. It is called ear-ache (karṇaśūla). 155
- 86–87 The pain that arises from the bladder or feces goes down as if it were breaking the rectum and......? is called त्नी, whereas the pain, rising upward from the rectum extending up to the region of the intestines, is called प्रतित्नी.
- Retention of vitiated wind inside abdomen causes distension of the stomach and flatulence and intense pain and rumbling inside, is called tympanites (ādhmāna). Vitiated wind mixed with phlegm causes সুন্যান্যান. It rises in the stomach and causes pain in the heart and sides.
- 90–91 A knotty stone-like tumour caused by wind appearing in the stomach having an elevated shape and stretched upward direction which obstructing the passage of faeces and urine should be known as বানাম্বীলা.

 A tumour of similar shape rose obliquely in the abdomen obstructing the passage of wind, faeces and urine should be known as प्रत्यष्ठीला.

¹⁵³ Dalhaṇa and Gayadāsa both have defined two diseases i.e., अंसशोष and अवबाहुक respectively.

¹⁵⁴ Nepalese Manuscripts read मिर्मिर instead of the Vulgate's reading मिन्मिण. Dictionary of MW suggests the meaning of मिर्मिर = having fixed unwinking eyes which is not relevant to the disease of tongue.

¹⁵⁵ In the medical terms, this disease is known as Otitis.

¹⁵⁶ There's an addition in MS N. नाभेरधस्तात् संजातः संचारी यदि वाऽचलः



Śārīrasthāna 2: On Semen and Menstrual Fluid

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002. ¹⁵⁷ Das (2003: chs 6–8) also studied topics of this chapter and in chapter 13 provided an overview of the conceptual background of ayurveda on the topics discussed in this chapter.

Translation

- 1 We shall now explain the anatomy that is the purification of sperm (*śukra*) and blood (*śoṇita*).
- 3 Semen (*retas*)¹⁵⁸ is incompetent to produce offspring if it is [characterized by] wind, bile, phlegm, blood (śοṇita),¹⁵⁹ decomposition (kuṇapa), clumps (granthi),¹⁶⁰ stinking pus (pūtipūya), low volume (kṣīṇa), urine, or feces.

¹⁵⁷ HIML: IA, 244-246.

¹⁵⁸ The Nepalese version has -रेतांसि "semen" (in the plural) as the subject of the sentence: "seeds are unable to produce offspring...." In the vulgate, -रेतसः is a masculine bahuvrīhi, making "men whose semen has..." the subject of the sentence.

¹⁵⁹ Note that the list begins with the four entities, wind, bile, phlegm and blood, hinting at a four-humour system (see Wujastyk 2000: 485–486).

¹⁶⁰ Modern Establishment Medicine (MEM) understands that normal ejaculate contains coagula which, however, dissolve after about half an hour. But coagula that do not dissolve may sometimes be a sign of an underlying disorder (see, e.g., Lamming and Marshall 1990: 2, 614–615; Cohen 1990).

Diagnosis by humours

4 When the disfunction is caused by wind, there is a colour and a type of pain that typically goes with wind problems. If caused by bile the colour and the pain are typical of bile afflictions. If caused by phlegm the discoloration and suffering are characteristic for phlegm disease. And if caused by blood (śoṇita) there will be a coloration due to blood and a sensation of a bile affliction. Moreover, when caused by blood (rakta) there is the smell of decomposition (kuṇapa). Phlegm with wind causes the appearance of clumps, bile with blood (śoṇita) causes the appearance of foul-smelling pus (pūtipūya). Bile with wind (māruta) cause a weakening of semen. Humoral colligation (sannipāta) causes the smell of urine and feces. 162

Cases of foul-smelling sperm, sperm with clumps, and when it reeks of pus are hard to treat.

However, when sperm contains urine or faeces there is no treatment.¹⁶³

Moreover, seasonal blood ($\bar{a}rtava$) too can become afflicted (upasrsta), seedless ($ab\bar{\imath}ja$) because of the three humours, and blood as the fourth, taken individually, in pairs or triples or all together. ¹⁶⁴

This can also be known by means of the humour, colour and pain. In these cases, that which displays decomposition (kunapa), clumps and the putrid smell of pus is incurable (asadhya). And otherwise it is curable (sadhya).

Among these, the kind which shows decomposition, or coagula, or putrid pus is incurable. The other types, however, can be treated.

6 And there is a verse on this.

An expert should overcome the first three of these sperm pathologies

¹⁶¹ Note that the text mentions both शोणित and रक्त. This raises the question of whether the author considered these to be different, or whether it is an artefact of textual transmission.

¹⁶² The expression "humoral colligation," translating सन्निपात, refers to the simultaneous disorder of three humors at the same time, a condition that is difficult to treat (see Wujastyk 2016: 38 et passim).

¹⁶³ Note that the above characterizations presuppose the direct inspection of an ejaculate. The process of collection is not described in the sources in this chapter.

¹⁶⁴ This translates the text of the oldest surviving witness, N, and the vulgate. But MS H, that normally follows K very closely, has a negative particle, ¬¬, reversing the sense of the sentence.

with special treatments such as unction and sweating, as well as by means of a urethral instillation (uttarabasti). 165

find out about uttarabasti

Therapies by humour

- In that context, when the sperm is of the nature of wind, there is a tisane (āsthāpana) consisting of Bengal quince and Indian kudzu. One may use an oily preparation in the instillations, with well-cooked mahua, grey orchid, deodar, and chir pine. One can also make the patient drink clarified butter cooked with pomegranate, citron fruit, rock salt, a caustic (ksāra), and two kinds of salt.
- 6b When the sperm is of the nature of bile, there is a tisane (āsthāpana) consisting of the cooked milky sap of Malay beechwood and liquorice with milk. One should also apply a paste (kalka) of a white dammer tree and axlewood in the vagina. One should apply an oily enema (anuvāsana) of sesame oil cooked with liquorice; and it should only be applied as an upper enema.¹⁶⁶
 - One should make him swallow ghee cooked with wild sugar cane, common smilax, heart-leaved moonseed, white teak, false daisy, and the five roots.
- 6c When the sperm is of the nature of phlegm, there is a tisane (āsthāpana) consisting of a decoction (kaṣāya) of golden shower tree. And one should also apply an oily enema (anuvāsana) of sesame oil cooked with long pepper, embelia and honey; and it should only be applied as an upper enema. He should be given to drink a ghee cooked with hairy bergenia, white teak, emblic, long pepper, bearded premna, and prickly chaff-flower.
- 3.2.6d And there are verses about this.
- When there is blood in the sperm, the physician should give the person ghee cooked with flowers of the fire-flame bush, catechu, pomegranate, and arjun.

¹⁶⁵ Dalhaṇa on 3.2.6 (Su 1938: 345) noted that "unction and sweating" indicates the "five treatements": वमन, विरेचन, अनिरूह, अनुवासन and उत्तरबस्ति. He noted that the explicit mention of urethral enema in the verse was for the purpose of highlighting its priority. However, a natural reading of the verse does not suggest that these distinctions were in the author's mind.

¹⁶⁶ By specifying "upper enema" the author is clarifying that this is not a rectal enema.

- 3.2.8 When it smells like a corpse, he should drink ghee cooked with the sal group of trees. †When clumps appear, it is cooked with stones, or also in ash from a flame-of-the-forest. 167
 - 9 And also, when it resembles pus, it is treated with items such as phalsa and banyan. When the sperm is deficient it should be treated as was stated before and also as will be described. 168
 - 10 When it looks like feces, he should be made to drink ghee together with leadwort, cuscus grass and devil's dung.
 - 10a In these six cases, the wise person should carry out oleation and succeeding therapies.

10aa From

Therapies for menstrual blood

- For purifying the menstrual blood one should follow the procedure, the last of which is a urethral instillation (*uttarabasti*). 169
 - One should use a paste (kalka) as well as cloths and a salutary lavages ($\bar{a}camana$).¹⁷⁰
 - In case of a bad smell and the appearance of pus, or the appearance of marrow in the blood.
 - 15 He should drink a decoction (*kvātha*) of white sandalwood or a decoction of red sandalwood.¹⁷¹
 - 167 The Nepalese text and translation of this sentence are uncertain. The vulgate text reads, 3.2.8 (Su 1938: 345): ग्रन्थिभूते शटीसिद्धं पालाशे वा ऽपि भस्मिन "If clumps appear, it is cooked with $\acute{s}at$ or in ash from a $pala\~{s}a$." The vulgate edition notes in a footnote that some vulgate manuscripts add an extra line, स्नेहादिश्व क्रमः षद्वेतासु विजानता. The Nepalese manuscripts read this line two verses further down.
 - 168 Dalhaṇa on 3.2.9 (Su 1938: 345) noted that "what was stated before" refers to the स्व-योनिवर्धन section, i.e., Suśrutasaṃhitā 1.15.10 (Su 1938: 69), and that "what will be described" refers to Suśrutasaṃhitā 4.26 (Su 1938: 496), the chapter on weakness and strength (क्षीणबलीय).
 - 169 The "procedure ending with a urethral instillation" probably refers to verse 6 above (see page 65).
 - 170 The word आचमन, normally "sipping water from the palm" is here translated "lavage" following the context and Dalhana on 3.2.13 (Su 1938: 345), who described it as "water for washing the vagina" (योनिप्रक्षालनोदक). This treatment may be intended for the condition mentioned in 12cd, but in the vulgate text there is a preceding half verse stating that the treatment is for the "four disorders of menstrual blood."
 - 171 The name चन्दन may refer to several types of sandalwood; presumably one is meant

14ab When clumps (*granthi*) appear, he should drink velvet-leaf, three heating spices, and Indrajao. 172

- He should drink a a decoction (*niḥkvātha*) that is the extracted juice (*surasa*) of a caustic (*kṣāra*), dried ginger, and devil's dung.
- 24 Thus a man has unblemished semen and a woman has pure menstrual blood.

During menstruation

During the season ($\dot{r}tu$), starting from the first day onwards, the chaste woman ($brahmac\bar{a}rin\bar{\iota}$) foregoes bathing, anointments, ornaments and grooming (vilekhana). She should abstain from sleeping during the day, collyriums, weeping tears ($a\dot{s}rup\bar{a}ta$), massages, cutting her nails, taking showers, laughing, telling stories, hearing too much noise and from exertion.

For what reason? By sleeping during the day, the fetus becomes deaf. To From collyrium he becomes blind. From weeping, his vision is impaired. From bathing and anointing, he becomes badly behaved. From massage with oil he gets a pallid skin disease (kuṣṭha). From cutting the nails he gets ugly nails (kunakha). From smearing an unguent he becomes bald. From habitually exercising in the open air he goes mad. For this reason one should avoid these.

For three days of ritual food, the husband should protect (\sqrt{rak}) the woman. She lies on a layer of halfa grass, and eats a different kind of

here that is different from white sandalwood, i.e., perhaps Pterocarpus santalinus Linn. f. The vulgate has an extra half-śloka here.

¹⁷² On ग्रन्थि, see note 160.

¹⁷³ The word ऋतु "season" in āyurvedic texts can, according to context, refer either to the period of menstruation or else to the period of fecundity following menstruation (Das 2003: 15 ff., note 27, et passim). Dalhaṇa on 3.2.25 (Su 1938: 347) noted that the woman's abstention should last three days from the first appearence of her menses.

¹⁷⁴ On the similar prohibitions relating to a menstruating woman as described in Dharmaśāstra literature, as well as the similar defects accruing from disobedience (see Leslie 1989: 284–287).

¹⁷⁵ Here, the vulgate reads स्वप्नशीलः "he tends to sleep."

¹⁷⁶ On translating কুম্ব in Āyurvedic texts, see Emmerick 1984: 96 ff.

food from the palm of her hand, or from a plate or from a leaf. 177 On the forth day, one should show to the husband the woman who has had a purifying bath, is wearing unstitched clothes, is ornamented and who has chanted a benediction and recited a blessing. 178

What is the reason for that?

26 And there is a verse on this.

A woman has a bath after her period. The type of man she sees after that determines the type of son to whom she will give birth. She may then show her son to her husband.

Next, the priest (*upādhyāya*) should perform the appropriate ritual for producing a son. At the end of the ritual, the expert (*vicakṣaṇa*) should anticipate the following procedure.

Next, after the man has eaten a rice porridge with ghee and milk in the afternoon, having been celibate for a month, at night he should sexually approach the woman who has had a diet rich in oil and mung beans. He then soothes her in a friendly way and he may go to her optionally on the fourth, sixth, eighth, tenth or twelfth day.

¹⁷⁷ This sentence is hard to construe because हविष्यं "ritual food" cannot agree with - भोजिनीं.

¹⁷⁸ See Wujastyk, Birch, Klebanov, et al. 2023: 58 and fn. 167.

9 In case the sperm appears purulent, a mixture of mangrove canon ball in some food leftovers or anything else should be prepared. When the sperm is depleted, one should perform these instructions straight away as soon as they have been explained.

- 10 One should make the patient drink ghee with citra, koshira and hingu by way of an antidote. A wise person should then perform one by one the six oleation processes on his own body.
- 10A By not engaging in sexual activities with women for a long time and similarly through the use of expedients and instruments
- 10B By intense use of astringent, pungent or bitter substances
- 10C Like an acid or a salty, oily or fermented solution, that has just stood somewhere for some time,
- 10D deteriorates both by the effect of time going by and by interaction with yogi's*
- 10E similarly in case of affection of the female system one should prescribe oleation and other similar treatment.
- 10F Precisely as formulated for external use, one could prescribe exactly the same for internal administration as well.
- 10G In case of disease resulting from trouble with Vāyu, then the patient must drink a beverage consisting of clarified butter, prepared with split cedar and Kāśmarya fruit.
- 10H One should prescribe either an intravaginal solution of Payasyā, Kāśmarya fruit, Kṣīravidārī and Udaka sap or lumps drenched in diluted milk.
- 10I A sip from the palm of the hand of Madhukamunga and astringent betel
- 10J Furthermore, in case of trouble caused by bile and in the menstrual cycle.
- 10K The patient should drink milky Kākolī sap and a decoction of Vidārī to which some candied sugar is added
- 10L and one should insert an intravaginal solution of Madhuka flowers and Kāśmarya fruit mixed with sugar cane juice or a paste with santal sap.
- 10M and a pinch of astringent Paan*

- 10N When disease is caused by phlegm, he must drink an astringent sandalwood and acrid Christmas rose solution.
- 100 ... or a paste of young tree sprouts soaked in a plant juice.
- 10P he must lick or sip bits of Tinduka, wood apple, slime apple and sandal powder or Ksandra.
- 10Q Sarjadhava paste should be placed inside the vagina
- 10R a pinch of Ladhra and astringent Tinduka
- 10S In case of clots and lumps in the sperm he should take Sringavera and Pāṭhā to which is added some sandal powder as well as white Surasa.
- 10T One should insert into the vagina a salve* with Kustha and cedar extracts.
- 10U and add just a pinch of something astringent
- 10V in case the sperm is clearly in decomposition, the patient must be prescribed to drink a astringent beverage of Manjista and astringent sandalwood
- 10W or of Kuṭaja fruit, sandalwood and sandal sweetened with sugarcane candy.
- 10% or in case there is obvious pus, this is exactly what the patient should be given
- 10Y and the lady should be prescribed to place inside the vagina a salve of cachou and arjuna
- 10Z and for both a pinch of something astringent is indicated is just right.
- 10A1 in case of*, he should ingest an astringent solution of false black pepper, coral tree and Manjista.
- 10A2 one should introduce into the vagina a paste of Surastastra (?)* and Rocana as well as a salve of Bhadrasriya.
- 10A3 Both must receive just a sip of something astringent.
- 10A4 Here is more.

11

- 12 Generally speaking, at the end of the period one should apply an internal cleansing from menstrual discharge*
- 13 and one should definitely prepare both cotton-plant paste and salutary beverages.
- 14 in case the sperm spreads a foul-smelling stench and definitely when there is blood
- 15 the patient should drink decoctions of sandal or

sandalpaste.*

14AB and in case of lumps and clots in his sperm he should consume a salutary Tryusana with coral swirl fruits.

14A and drink a beverage of acrid dry ginger, Hing and holy basil.

16

23

- 24 That being said, when sperm is not causing disease, even then all of this may serve to purify the female system*
- 25 From the first day onwards* when the period starts, she should shun young celibates, when they are alone, bathing, anointing, decorating and scratching themselves and she should also suppress day-sleep, put collyrium to her eyes, weeping, be frightened or cut her nails, run hither and tither, laugh or speak or listen to lots of talk or exert herself. Why should her partner arrive late during the day? It is claimed that if she puts a collyrium, a child will be born blind, if she is weeping, he will have abnormal vision, by bathing and anointing he will be depressive, by smearing oil on her limbs, he 'll be born a leper, by holding her nail downwards he will be a child with ugly nails, by being continuously busy he will become a restless and troubled character. When she behaves accordingly, she well be the best of future mothers. She should take rest on a layer of Kuśa grass, take Haviśya-food so pure that it is fit for a sacrifice**, eat varied food from the palm of her hand or from a plate made of leaves and she should keep herself then from her husband from the third day onwards. However, on the fourth day, first she should take a ritual, put on a new untorn dress and some jewels, the make an auspicious happy recitation and then confidently hug her husband. What is the purpose of all this?
- 26 Once she has taken a ritual bath after her period, a woman should put eyes on her husband before anyone else.
- 27 Then the priest conducts the rites for procuring a son* and at the end of i, the husband should be seen to closely observe the following.
- 28 In order to beget a male child he should eat both clarified

butter and milk as well as śāli-rice* boiled in water. After observing a month of sexual abstinence, the wife should lubricate herself in oil from the very best Māṣa pulse and he should approach her at night. After gaining her complete trust by gentle words he should then make his move on the fourth, sixth, eighth, tenth and twelfth day (of the cycle)** successively.

- 31 Each month again she should be approached sexually.*
- And when conception has occurred in this way during one of these nights, it is claimed that she should press three or four drop of juice from Lakṣmaṇā, Vaṭaśuṅgā, Sahadevā, Viśvadevānā or any other drug and then administer them in the right nostril if she desires a son and in the left if she wants a girl, and not spit nor sneeze them out.
- 32a Here are some more verses.
- 11cd On top of that those around her want to see her smelling sweet as honey, sparkling like a crystal, agile and active, smooth and sweetly perfumed,
- 12ab bright with splendour equally due to the smell of honey as to the smoothness of oil.
 - 17 It is a token of good health when the menstrual blood is red like a hare's blood or like the shine of red lac and when its colour stains can be removed.
 - 18 Metrorrhagia or abnormal uterine bleeding is diagnosed when there is either excessive bleeding, untimely or irregular bleeding or when symptoms are the opposite of what occurs in a normal menstrual cycle.

 - 20 ... fever, lamenting pain, anaemia*, tiredness and others signs of disturbance of Vāta. A minor concomitant disease may easily set in motion (tarunyā).
- 21cd Because these afflictions have a recurrent character, the woman becomes amenorrhoeic.
 - 22 In such a case a diet is indicated including meat, Kulattha-pulses, sour Tila-seeds, Māsa-beans and whine and

- for drinks (cow)urine, whey and sour curd.
- 23 In case of thin or scanty menses with features that cannot be treated with drugs, other measures indicated in case of uterine metrorrhagia must be taken.
- 29 eṣūttarottaram vidyādāyurārogyameva ca || prajāsaubhāgyamaiśvaryam balam ca divasesu vai ||
- 30 ataḥ paraṃ pañcamyāṃ saptamyāṃ navamyāmekādaśyāṃ ca strīkāmah; trayodaśīprabhrtayo nindyāḥ ||
- 33 When the four ingredients for the embryo are combined, i.e. the right womb to grow in, the right seed to descend from, the propitious life juices to be fed upon and a lucky constellation of stars, according to age-old tradition, the newborn will grow into a child of unshakeable health.
- 34 Conceived and developed in this way, they become beautiful, of noble character and they live a long life. Although, beings sons, they have obligations to fulfil towards their parents, they can take care of these and thus honourably discharge themselves.
- 35 On the one hand there those who claim that it is the Tejas-element which lies at the base of the different types of complexions, on the other there are those who say that it is the colour of the food the mother eats while pregnant that dictates the complexion. The normal complexion of the foetus therefore is fair. But when earth (as a source of food) is the main determining element, complexion will shift tod ark. When a mix of earth and sky are the main elements (in the food), it turns towards the dark bluish. By analogy, some say it is the colour of the food the woman eats while pregnant that fixes the complexion of her offspring. There are arguments in favour of both theories. In so far as in dark, yellow and white (kṛṣṇapītasvetāsu) earths (bhūmisu) snakes, trees, and so on (sarppavṛścikagalagoṇādayaḥ) are essential elements (satvāh), they are black, yellow and white (krsnapītasveta). (uncertain hence in italics) When the Tejas-principle fails, the child is born blind. Similarly, when penetration into the blood of this disturbance results in a newborn with blood-shot red eyes; penetration into the phlegm makes for a

- pale-eyed newborn; penetration into the bile makes for a yellow-eyed baby; penetration into the wind results the in a with eyes that have poor vision.
- 36 Here are some more verses.
- 36a He whose eyes are entered by a pure wind
- 36bj will have oblong downcast eyes, dark or bright.
- 36c When bile with phlegm both are present unsullied in a man's eye
- 36d then in that man's eye the yellow, green and reddish-brown will all light up together.
- 36e when phlegm has shaken off all kinds of bodily secretions from someone's eyes,
- 36f then both irises of that person will light up brightly shining.
- 36g Whenever blood with phlegm move around in a someone's eyes,
- 36h he will appear to have either bluish-dark or blood-shot pupils.
- 36i Just as a lump of ghee melts when placed near a fire, 179
- 36j so a woman's propensity to ovulate glides into receptivity in contact with a man.
- 37 When sperm is divided in the uterus by the wind into two beings, twins are born conditioned by the former good and evil deeds.
- 37.1 When in the mixture there is an excess of male sperm, a fertile woman will create two male children*.
- 37.2 whereas when there is an excess of female semen then similarly the woman engenders two girls. But there is no certainty.*
- 37.3 A child born from a man who has but a poor sperm to give his wife is called asevyah (impotent).*
- 38cd When a man has a fellatio he does not have to doubt his penis will get up erect.*
 - 38 A boy born from a father with poor sperm becomes an asekya.
 - 39 He who is born in a sordid vagina is commonly known as a

¹⁷⁹ Cf. the attempt by Das (2003: 222–241) to identify the *Suśrutasaṃhitā*'s descriptions with the physical processes involved as known to Modern Establishment Medicine, and also the self-contradictions in the ancient āyurvedic medical models.

- Saugandhika. Such a person becomes aroused only after smelling a vagina or a scrotum. *
- 40 When a man first had same-sex anal coitus because of a period of sexual abstinence from women and then turns towards his regular partners* again, he should be known as a Kumbhīka. And now get it right about what an īrṣyakam is:
- 41 somebody who has to watch sexual intercourse of others before being able to his own sexual activities should be known as an īrsyakah.* He who turns towards copulation**
- 42 during the fertile days of the cycle* but out of pure sexual ignorance ejaculates on the breasts of his virgin wife** will create boys who also exhibit feminine character traits.
- 42 see 3.2.41
- 43 If a woman in her fertile days* throws herself at the feet of males around her and she begets a girl, she will also have character traits of a man. ***
- 44 Men who do produce sperm but have a pathology can be identified as āsekya, Sugandhi, Kumbhika or īrṣyaka. Men who do not produce any sperm are called saṇḍha.*
- 45 The sperm ducts that lead the sperm in both groups of men should be (viprakṛtyā) of these (teṣāṃ) (?). This will help instore a slow evolution towards satisfactory erections.
- 46 It is to be expected that what the mother eats will reflect in how children behave both in the uterus and after birth.*
- 47 Now when two women are having sex and somehow succeed in making fit both their sperm contributions then a boneless being is born.
- 48 A woman could even get carried away and reach an orgasm in a dream following her ritual bath. The Vāyu then transporting her fertilized egg into the uterus, results in her belly ...
- 49 ... showing the obvious signs of pregnancy month by month in the pregnant lady.
- 50 In addition, it should be known that monster-like creatures looking like serpents, scorpions and pumpkin-gourd shaped foetus, are born frequently from the womb as a consequence of sins committed.
- 51 When a pregnant woman's wishes are not respected due to a

- deranged condition of the Vāta, the child stands in danger of being born a humpback or (kūnipangur) or dumb,
- 52 and when the parents are atheistic or due to the aggravation of Vāyu are under the effect of misdeeds in former lives, the newborn may develop malformations.
- 53 Due to the scantiness of bodily excretions, itself due to a disabling of Vāyu with respect to processing of food, the foetus, whilst in the womb, produces (almost)* no urine nor stools.
- and because of this dwindling away of the Vāyu in mouth and throat, in the bowels and especially in the small intestine, these all get wrapped up in phlegm resulting in impediment of intestinal transit; moreover the foetus does not weep all the time ...*
- Furthermore, the ups-and-downs of the foetal respiratory movements during its sleep are coordinated with the ups-and-downs of the respiratory movements of the mother.
- 56 The adjustment of the limbs of the body to its bodily constraints, both the appearance and the falling out of teeth, the disappearance of hair from the palms of hands and soles, all of this follows intrinsic laws of nature.
- Men who have uninterruptedly entered one previous existence after another and who have a vast understanding of the scriptures, do remember their own previous births.

 This was the second chapter of the śārīrāsthana.

Śārīrasthāna 3: On Conception and the Development of the Embryo

First draft, by Jan Gerris, 2023-12-19.

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002. ¹⁸⁰ Das (2003: ch 8) also studied topics of this chapter.

Translation

- 1 We are now about to begin to explain how the embryo is conceived, nestles and develops* once it arrives in the body.
- 3 Sperm from the male absorbs heat whereas eggs from the female release heat. With respect to this aspect, the way the different basic elements of matter behave depends on how the elements specifically react with one another and how they form bonds with one another.
- 4 The wind aggravates the heat caused by the bodily frictions during sexual intercourse between husband and wife. Hence heat and wind colligate and displace the sperm towards the

180 HIML: IA, 247-247.

vagina. There it gets combined with the female element, thanks to the matrimonial fusion of agni and saumya, and is confined towards the uterus, its new realm where it is respectfully known by many names and synonymous descriptions such as he who touches, smells, looks and sees, hears, tastes, as the animating principle of all living beings, as he who wanders, observes and witnesses, the creator, he who remains incomprehensible even though eternal. So it claimed. Because of the connection with the divine, the conceptus subsequently makes its entry into the reproductive organs, where it remains exempt from decay, imperishable and to be meditated upon, the soul of all beings that exist, marked by the concomitance of the three states-of-mind, the sattvic, the rajasic and the tamasic, and of the different Devas and Asuras, enraptured as it is by Vāyu.

- 5 When there is an excess of male sperm, boys originate. When there is an excess of the female element, girls. And when there is a balance between both, the sex of the child remains unclear.*
- 6 A boy is conceived when on the first day of the period of twelve days of the cycle* the desire for sexual intercourse is not endlessly postponed. It should not be disregarded that a woman who is definitely pregnant may suffer a miscarriage; a second pregnancy can miscary as well and even in a third gestation, the body can be incomplete either in form or in number of limbs, and both the strength and the life expectancy can be limited. This is the reason why one should avoid three-nightly intervals. There are also patients who do not exhibit produce menstrual periods or have no sperm production and who do not return to normality.* For that reason, if sperm production has to be observed, a man should avoid the habit of three-nightly advances. In such cases, even after having observed there periods of twelve nights, yet there is no ovulation proper.** Some state that these are amenorrhoeic.***
- 7 Here are some more verses.
- 8 Lacking
- 9 As surely as by rule of nature the night-lotus folds its

- leaves, so truly a woman's yoni by law of nature is also closing*.
- 9A The face of a woman becomes swollen, lively and because of transudation moist like that of an elephant, she longs for intimate contact with a man, talks sweetly, her belly drooping and her head let down/uncared for,...
- 9B ... her arms, breasts, hips, loins, thighs, her abdomen around the navel, her bottom and buttocks, all are trembling. And she experiences intense happiness and satisfaction, you can tell her a woman after her courses.
- 10 The Vāyu then guides the mentrual discharge that comes after being heaped up for a month through the two channels towards the opening of the yoni.
- 11 Menstruation becomes a regular feat from twelve years onwards and owing to the natural decay of functions it ends from about fifty years onwards.
- 12 So, if a man desires children, he should have intercourse with his wife during the fertile period of the cycle* and for that particular purpose he should visit her on even days in order to beget a boy and on uneven days for a girl.**
- 13 In this context, fatigue, lassitude, thirst, a feeling of exhaustion in the thighs, flatulence, an arrest of the menses and of sperm from the yoni* with a sensation of shaking heat all suggest that a pregnancy has been obtained very recently.
- 14 Here are some more verses. It is claimed that a typical early sign of pregnancy is the nipples turning darker*, the appearance, on the midline of the abdomen, of a coloured stripe, (resembling hair)** and sudden vomiting.
- 15 Lacking
- 16 From the very beginning of pregnancy the woman should avoid sexual intercourse, exertion, excessive exercise, sleeping by day and waking at night, being terrified, sitting for too long in one position, being all alone, Sneha-krama and other treatments as well as blood-letting at an inappropriate time.
- 17 Lacking
- 18 So then, in the first month a kalala arises. In the second

month a ghana develops that has arisen thanks to blood, ritual oblations and by wind and has become mature with the five essential elements. If there is a lump-like structure, it will be a male. If the structure is oblong or peśī, a girl; if there is a bud-shaped structure or arbbuda, an individual with undifferentiated external sexual features.* In the third month five protrusions (of hands, feet and head) result from the process of development. All limbs and all minor body parts become distinguishable (though still) very minute. In the fourth month all limbs and minor body parts become manifest. In the fifth month all limbs and minor body parts become even more individualized. Owing to the formation of an individualized fetal heart, consciousness becomes a distinct separate constituent which is why during the fourth month, that foetus, from the appearance of that organ onwards, forms desires from (all five) objects of sense. Henceforth the lady becomes the double-hearted (or pregnant) one and she makes her desires known. The two-hearted/pregnant one, (if) disrespected, causes a child to be born who is (kukukūnimsanrm), dwarfish, with eye defects, blind, desires (something) is also that by means of which she can be gratified. Having obtained (to be) pregnant, she causes a son to be born who is really strong and has a long life expectancy.

- 19 And here are some more verses. Indeed that pregnant woman desires (bhoktum) the objects of the senses during the course (of her pregnancy); for fear of injury to the foetus a physician, after having fetched these things, should give any desired object.
- 20 She should give birth to a son endowed with virtues; if the pregnant woman does not obtain (what she desires), he (the foetus?) (or she, the woman?) also becomes equally insecure him-/her-self.
- 21 With respect to all those desires of the senses in which the pregnant mother was slighted, she will give birth to a son who is defective in each of all those same corresponding

senses.

22 A king in an interview with whom a woman during her pregnancy wins and she gives birth to a son who is wealthy and is highly fortunate.*

- 23 A pregnant woman, dressed in fine cloth, wearing silk and other things, gives birth to a charming son decorated (alankā) resinam
- 24 If (she goes) to a hermitage, she brings forth someone who is self-restrained and a stone-pillar of religion, resembling a godhead and begotten in the utmost happiness. Upon seeing someone in a high position designed by birth, she gives birth to a stone-pillar of violence.
- 25 If she feels like eating the flesh of an Iguana (she produces) a son who is drowsy and who has the nature of a killer; by means of beef meat a son who is wild and who is powerful because he is savage in everything.
- 26 When from the pregnant woman (there is a wish for meat of) buffalo a son is produced who has fearful red-eyes and who looks shaggy.
- 27 Lacking
- 28 Hence, she who during her pregnancy considers what people eat, wishes for her offspring the same via the food habits of the body.
- 29 And that which has yet to happen again when the child is growing up, should be such that through divine intervention the pregnant woman should produce it during her pregnancy.
- 30 In the fifth (month of pregnancy) the mindbecomes more and more awakened; in the sixth intelligence (becomes awakened); in the seventh all the limbs and smaller body parts (are in place); if in the eighth (month) the ojas is not stable in that case the child does not live* he is provided with a share (of it) by the demons- so then strong excellent meat should be provided to him; if he is not yet caused to be born in the ninth, tenth, eleventh or twelfth (month), then there is something wrong.
- 31 Furthermore, the umbilical cord is securely fastened to both juice-carrying vessels of the mother and carries the power (energy?) of the essential juice coming from the food of

- the mother and what causes (the baby) to live is the distribution of the life juice,* over all the body parts of the not yet (existing) newborn, from the beginning of conception (?) (niḥṣekān), and over (all) the transportation channels, running in all directions because of that intimate connection of the vessels.
- 32 Mainly, the developments of the foetus are: śaunakasays says that the head develops first because it is at the basis of this (development). Krtavīryasaysit states is the heart (which is at the base) of both intellect and mind. Pārāsa' s son maintains instead that (it is) (deraha?-) of the body. Mārkkandeya presumes that hands and feet are first because they are at the basis of movement in the body of the foetus. Subhūti Gautama claims all the limbs and their smaller subparts develop because of their development because the development of all the moving limbs is irretrievably connected, all turned into one and the same direction (of the thorax) together. At the time of early pregnancy, due to their extreme minuteness, they cannot be perceived, like sprouts of bamboo or seeds of mango. Thus, in the manner mango fruits becomes ripe, or as the shine of the hair of the head, or the way marrow appears in bones, step by step these things are seen more accurately, e.g. as an increase of black colour, and they become gradually apparent as the body (takes shape). Due to their feature of being so subtle, the minuteness of the hair of the head (and other examples) makes the black become apparent in this way; just so the growth of bamboo is also explained. Similarly in the beginning of a pregnancy, precisely because of the minuteness in all limbs and smaller body parts which are present, these are not well perceived (but) because of their increasing degree of blackness they become apparent.
- 33 It is claimed (that this) is not the consequence of any previous or any (bad or) excellent fate but solely because of the minuteness they* are not being observed. In that context we shall explain features in the body that are paternal, maternal, connected with rasa, related to the soul, linked to the quietude of mind and relative to the

essence of being.** Keeping this in mind, the hair of the head, tears, teeth, nails, the hair of beard and moustache, things made of hard substance (cartilage?)*** are brought about as paternal (elements). Muscle, blood, fat, marrow, the heart, the umbilicus (= the placenta?)****, the liver, the spleen, the intestines, the anus are brought about as the soft maternal (elements). The increase in size of the body, the growth of the child and (its) outward appearance, the gain and loss of its erect attitude are caused by the rasa. The senses, consciousness, duration of life and the intensity of pleasure and pain are related to the spiritual element. We shall discuss later the satva-related things. Valour, healthfulness, strength, complexion and prudence depend on the existential disposition.**

- 35 And here is (more). Women who sit down to the gods and Brahmins, have the advantage of a ceremonially pure offspring. They produce children with great qualities. In the opposite case however, they have no qualities.
- 36 The development of the limbs and the smaller anatomical parts progresses precisely all according to its own nature. The development of these limbs and the smaller anatomical parts is dependent upon the qualities and conditions which could not be known of the foetus by religion and could not

be caused by religion.*
This is the third chapter of the śarīra.



Cikitsāsthāna 4: On the Treatment of Wind Diseases

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.¹⁸¹

Translation

- 1 Now we shall describe the treatment of wind diseases. weight
- 3 When the wind enters the stomach, one should sequentially give to the patient, who has vomited, the formulation (*yoga*) with six-units (*ṣaḍ-dharaṇa*), together with tepid water, for seven nights.¹⁸²

182 The vulgate has the reading छर्दियत्वा which means "after making [him] vomit". Thus, vomiting is a part of the treatment. Whereas छर्दित in the H manuscript is ambiguous: vomiting may be part of the treatment or a symptom of the ailment.

The expression "six units" refers to the six ingredients listed in the next passage. Palhaṇa on 4.4.3 (Su 1938: 420) noted that ঘ্ৰমে in this context means a particular weight characterized as equivalent to 21 medium-sized hyacinth beans. P. V. Sharma (1999–2001: 303) proposed that that the formulation contains six ingredients each the weight of a *dharaṇa*. See 4.31.7 (Su 1938: 508) where the term ঘ্ৰমে is defined in terms of other weights. (In epigraphical Sanskrit, a ঘ্ৰমে may be a silver or gold coin (Sircar 1966: 91).)

Aṣṭāṅgaḥṛdayasaṇḥitā 4.21.14 (Ah 1939: 723) is the same verse, mutatis mutandis, but the editor noted (f.n. 6) a variant reading षद्धरण in the commentary of Śrīkaṇṭha. There seems to be some confusion about this expression.

Dalhana also noted that सुखाम्ब ("pleasant water") means "slightly warm water."

¹⁸¹ HIML: IA, 265-266.

- "Six-unit" is traditionally the formulation that is leadwort, Indrajao, velvet-leaf, kutki, Himalayan monkshood, and myrobalan. It cures serious diseases.
- 5 When the wind has entered the abdomen (*pakvāśa*) one should treat it with an oil purge. One should also treat it with cleansing enemas and very salty foods.
- 6 When the wind has entered the bladder, a cleansing enema method should be carried out. And once an inflamed wind is in the ears and the like, a procedure that destroys wind should be done.
- When the wind has reached the skin, flesh, and blood, one should do an oil rub (*abhyaṅga*), apply a poultice (*upanāha*), rubbing (*mardana*) and ointments (*ālepana*). One should also perform blood-letting.¹⁸³
- When the wind has got into the ligaments, joints, and bones, an expert should apply oleation (*sneha*), a poultice (*upanāha*), cauterization (*agnikarma*), binding, and rubbing (*unmardana*).
- 9 When the wind is deep within the bone, then a strong physician should insert a tube $(n\bar{a}d\bar{\iota})$ into the bone, which has been split open by manual agitation $(p\bar{a}nimantha)$, and suck out the wind. 184
- 10ab When the wind has reached the semen, one should perform the treatment for the defects of the semen.¹⁸⁵
- When the wind has reached the whole body, an intelligent person should conquer it by means of immersion, sauna $(kut\bar{i})$, trench sweating $(kars\bar{u})$, blanket sweating (prastara), oil massage, enema, and blood-letting. Or, if is located in a single limb and is stuck there, a

¹⁸³ On the translation of methods of medical touch, such as अभ्यङ्ग and संवाहन, see Brooks 2021b: 122–131. मर्दन, उन्मर्दन mean "pressing or vigorous rubbing." The vulgate includes ducts (sirā) as an added place that wind can enter.

¹⁸⁴ The expression "which is split" could be construed with "wind." The word order is not obvious. Dalhana on 4.4.9 (Su 1938: 420) interpreted पाणिमन्य as the name of a particular awl and described the bone being pierced by this awl so that a double-headed tube can be inserted into the resulting opening. This verse is in *na* vipulā metre.

¹⁸⁵ Palhaṇa comments (Su 1938: 421) that this treatment for the defects of the semen is mentioned [earlier] as the शुक्रशोणितशुद्धि, the purification of the semen and the blood. This is the Śārīrasthāna Ch. 2, शुक्रशोणितिवशुद्धि.

¹⁸⁶ These forms of sweating treatment are described in the *Carakasaṃhitā* (1.14.39–63 (Ca 1941: 90–92)). Regarding blood-letting, Dalhaṇa on 4.4.11 (Su 1938: 421) commented there that because the verse has the plural form सिरामोक्षेः, five blood vessels have to be drained of blood if the wind is not pacified by oil massage, etc.

- thoughtful physician may conquer it with cow-horns. 187
- On the wind having mingled with phlegm, bile, and blood, the physician should treat it with non-hostile remedies. However, on the wind being inactive, the physician should perform blood-letting many times.
- [On the wind being inactive], one should also lick the milk of the *pan-camūlī* accompanied with salt and $??^{188}$ mixed with oil, and one should indeed consume meat soup made sour with fruit. 189
- 14-15 Or, one should consume cereal soup with a good amount of ghee, or the food that is beneficial and that curtails the wind. However, cottony jujube, etc.¹⁹⁰ with a wind-removing remedy combined with all sour substances and with the meat from a water body along with lots of unction, lukewarm¹⁹¹ and salty, is well known as *Sālvala*.
- 16ab For patients with diseases of the wind, one should always apply this $(s\bar{a}lvala)$ as a poultice.
- 16cd-18ab Whether a body part has become contracted or bent, is troubled by a [wind] disease, or has become numb, one should tightly bind it with a long strap made of tree bark, cloth, or wool [after applying the $s\bar{a}lvala$ poultice]. Or, after massaging the affected body part and applying the $s\bar{a}lvala^{192}$ poultice on it, one should insert it into a sack made of the hide of a cat, mongoose, $udra^{193}$, or deer.
 - Vomiting and *nasya* done under the supervision of an expert physician alleviates the wind that has entered the chest, loins, shoulders, or the nape of the neck. *Śirobasti* and blood-letting alleviate the wind situated in the head.
 - 20-21ab In that (*śirobasti*), the oil should be held carefully for a duration of one thousand *mātrās*. Enema (बस्ति) alone curtails the wind that is situated throughout the whole body or in one part. This is just as the wind [curtails] its force.¹⁹⁴

¹⁸⁷ শুদ্ধ "cow-horns" refers to bloodletting by horn; see the description at 1.13.5 (Su 1938: 55).

¹⁸⁸ Āgāradhūma seems to be a plant as seen in Monier Williams' Sanskrit dictionary.

¹⁸⁹ The vulgate reading दिह्यात् (should apply) totally changes the meaning.

¹⁹⁰ For grammatical accuracy, there needs to be a visarga at the end of the word काकोल्यादि.

¹⁹¹ Perhaps सुखोष्णम् is an indeclinable. But, it could also be a grammatical inaccuracy where it should have a *visarga* at the end: सुखोष्णः.

¹⁹² This seems to be the correct spelling as against the unclarity in the earlier verses.

¹⁹³ some aquatic animal

¹⁹⁴ The last four words in H, तस्य वेगम् इवानिलः do not make sense in the context.

Perhaps kalka here could also mean the Terminalia Bellerica (विभीतक).

- Oils, perspiration, oil massage, enema, unctuous purging of the bowels, *śirobasti*, oiling the head, unctuous smoke, gargling with lukewarm water, *nasya*, unctuous paste, milks, meats¹⁹⁵, soups, oils¹⁹⁶, any unctuous substance, unctuous and salty meals that are made sour by fruits, bathing with lukewarm water, massages, saffron, ??, cassia cinnamon, costus, cardamom, crape jasmine, garments made of silk, wool, and fur, soft cotton garments, inner rooms with sunlight, no wind flow, and a soft bed, taking the warmth of fire, and celibacy, etc. are to be collectively employed for patients with wind diseases.
 - One should take *akṣa* quantities of unguent pastes¹⁹⁷ of turpeth,¹⁹⁸ ??, ??, ??, ??, and embelia, a Bengal quince fruit equivalent measure of ??-root and ??, two *pātra* quantities of both *triphalā*-decoction¹⁹⁹ and yogurt, and one *pātra* measure of ghee.²⁰⁰ One should mix these ingredients all at once and cook the mixture properly. This (resultant) is ??-ghee. Unctuous purging of bowels is prescribed for treating wind disorders.²⁰¹ This procedure of making ??-ghee should also be referred for making Asoka tree-ghee and ??-ghee.²⁰²
 - One should collect the wooden logs of the instruments that have been used for a long time for extracting oil from sesame seeds. One should then have them chopped into very tiny pieces and then pound those pieces. Next, one should put them in a big vessel, submerge them in water, and boil them. Thereafter, one should collect the oil from the surface of the water with a goblet or by hand. Thereafter, one should properly cook wind-alleviating herbs with this oil that was effectively

¹⁹⁵ The plural indicates milk and meat from various animals.

¹⁹⁶ This is the second occurrence of the word सेहाः in this sentence. This seems to be an anomaly.

¹⁹⁷ কলে also means an unguent paste. Refer to Apte's dictionary.

¹⁹⁸ In H, perhaps it should have been त्रिवृद् instead of तृवृत्.

¹⁹⁹ त्रिफलारस is here taken to mean a decoction of triphalā.

²⁰⁰ The exact measurements of akṣa and $p\bar{a}tra$ are given in Dalhaṇa's commentary in Su 1938: 422.

²⁰¹ It should be understood here that the unctuous substance to be used for purging the bowels is the ??-ghee.

²⁰² अशोक and रम्यक are the Ashoka and Chinaberry respectively.

cooked.²⁰³ This is the *anutaila* (अनुतैल)²⁰⁴ that is mentioned in wind disorders. It is called *anutaila* because it is produced from tiny oily objects.²⁰⁵

Alternatively, one should burn a great amount of ??-wood on the ground for one night. When the fire gets extinguished the ash should be removed. Then, the ground that is relieved of the fire should be soaked with a hundred pots of oil cooked with ??, ??, and other herbs, and left in that condition for one night. Thereafter, one should take all the earth that is oily 206 in a big vessel and totally cover it with water. 207 The oil that rises up in that vessel should be taken out with both hands and kept nicely covered. Thereafter, one should properly cook that oil for as long as possible 208 with one thousand parts of each of the following—a decoction of wind-alleviating herbs, meat soup, milk, and $k\bar{a}njika^{209}$ —and thus prepare the $sahasra-p\bar{a}ka$ (that which is cooked with thousands). The admixture added to the oil contains the hemavata herbs 210 , herbs of the southern region, Withania, and other wind-alleviating herbs.

While the oil is being cooked, conchshells should be blown loudly, umbrellas should be held, huge drums should be resounded, and whisk fans should be waved.²¹¹ Thereafter, the perfectly cooked oil should be poured into a golden or silver pot and stored. This *sahasra-pāka* is the oil possessing undiminishing potency and is fit for

²⁰³ In H, the word दन्तप्रतीवायं in the compound word वातग्नौषधदन्तप्रतीवायं does not appear to make sense. Perhaps the syllable य should be प, thus making the word प्रतीवापं that refers to an admixture of substances to medicines either during or after decoction. Refer to Monier-Williams's Sanskrit dictionary.

²⁰⁴ The न् should be read ण्.

²⁰⁵ The word अनु in the compound word अनुतैलद्रव्येभ्यः should be read अण्.

²⁰⁶ In H, the word यावन् should have been यावान्.

²⁰⁷ The reading in H, कटाहेभ्यः सिंचेत्, does not make sense here. Thus, we have accepted the vulgate reading कटाहे ऽभ्यासिंचेत् for the translation.

²⁰⁸ The phrase "यावता कालेन राक्नुयात् पक्तुम्" appears as a part of a new sentence in H. But, we should take it to be a part of the earlier sentence for it to make proper sense.

²⁰⁹ Dalhaṇa comments (Su 1938: 423) that the word अम्ल here means কাञ्चिक which is the water drained after boiling rice and is a little fermented. Refer Monier Willams's Sanskrit Dictionary.

²¹⁰ The word should be हैमवताः as in the vulgate. It means "the herbs of the snowy mountains". Dalhaṇa comments (Su 1938: 423) that हैमवताः refers to the herbs that grow in the northern region.

²¹¹ These activities are a symbolic way of showing reverence.

kings.

- Thus, that which is cooked with a thousand parts is called *sahasra-pāka*. One should collect fresh leaves of castor oil tree, ??, ??, weaver's beam tree, Indian beech, ??, and leadwort.²¹² These leaves should be completely pounded along with salt in a mortar. This mixture should be put in a pot filled with oil²¹³. It (pot) should be smeared²¹⁴ with cowdung. Thereafter, the pot should be heated.²¹⁵ This (resultant) is the *patra-lavaṇa* (leaf-salt) that is mentioned in wind disorders.
- In the same way, one should pound the stalks of ?? and eggplants smeared with salt and fill a pot with it.²¹⁶ In that pot, one should add ghee, oil, fat, and marrow. Then, one should smear it²¹⁷ and heat it as earlier. This (resultant) is the *sneha-lavaṇa* (fat-salt) that is mentioned in wind disorders.

Thus ends the fourth chapter on the treatment of wind diseases.



²¹² In H, the ending नाम् should be णाम् due to sandhi.

²¹³ स्नेहघट can also mean a pot filled with ghee

²¹⁴ The H or vulgate do not specify with words that it is the pot to be smeared. But, it is to be understood.

²¹⁵ The word दाहयेत् usually refers to burning, but sometimes it can refer to heating.

²¹⁶ In H, there should be a visarga after লবणा.

²¹⁷ As earlier, the pot should be smeared with cow-dung.

²¹⁸ It is to be understood that all these fresh branches, leaves, fruits, and roots of the herbs should be completely pounded together with salt. The mixture should then be put into a pot filled with oil or ghee. The pot should be smeared with cow-dung and then heated.

Cikitsāsthāna 5: On the Treatment of Serious Wind Diseases

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.²¹⁹

Translation

1 Now we shall describe the treatment of serious wind diseases.

2

- 3 One group says that the blood afflicted by wind (wind-blood) (vātarakta) is of two types: spreading out over a surface (उत्तान) and deep (अवगाढ).²²⁰ However, this is not correct.²²¹ Why? Just as leprosy, after spreading over a surface it (afflicted blood) becomes deeply situated. Therefore, its being of two different types is refuted.
- 4 When the wind is aggravated by fighting a strong person, etc.²²², one's corrupted blood caused by eating heavy or hot food before the last meal is digested blocks the path of the aggravated wind. It then combines with the wind and simultaneously creates pain due to the wind-blood.

²¹⁹ HIML: IA, 266.

²²⁰ Dalhaṇa comments (Su 1938: 424) that उत्तान refers to being situated in the skin and flesh, and अवगाढ refers to being situated internally.

²²¹ In H, the word तन् should be तत्.

²²² These factors that aggravate the wind are mentioned in Nidānasthāna, Ch. 12, text 6.

This [condition] is called wind-blood (*vāta-śoṇita*). At first, it is situated in the hands and feet.²²³ Later, it spreads throughout the body. Its early forms are pricking pain, burning, itching, ulcer, trembling²²⁴, roughness of the skin, pulsation in the blood vessels, tendons, and tubular vessels²²⁵, weakness of the thighs, as well as the sudden appearance of dark brown, tawny, or red spots on the soles of the feet, fingers, ankles, and wrists. The disease becomes fully manifest in the person who does not undertake the means to revert the disease or applies a wrong treatment. Its symptoms have been mentioned. Among them, weakness occurs for the one who does not counter the disease.

- 5 Generally, wind-blood occurs in those who are very delicate, those who eat the wrong foods and enjoy improperly, those who are fat, and even in those who indulge in pleasure.
- In that regard, one should treat the patient who is not degenerating due to wasting of life air, thirst, fever, unconsciousness, dyspnea, trembling, and loss of appetite, is not oppressed by the contraction [of limbs], is strong, composed, and has the means.
- In the treatment, at the beginning itself one should do blood-letting of the wind-affected body part little by little and more than once. That (slow blood-letting) is because of the danger of further aggravation of wind. One should avoid doing blood-letting of the part hardened or weakened by excessive wind.²²⁶ Thereafter, one should make the patient do the remedies of vomiting, etc. If the wind that is mixed [with blood] or separated is very aggravated then one should make him consume aged ghee or goat-milk. Or, [one can give him] half a measure of oil added with an *akṣa* of liquorice and cooked with hare foot uraria²²⁷, or the oil that is sweetened by sugar and honey and cooked with dried ginger and bulrush. Or, one should boil milk with an eight times volume of the decoction of the following herbs: beautyberry, grey orchid, ??, hare foot uraria²²⁸, ??, wild asparagus, ??, and ??. This milk should then be used to cook oil with the admixture of pastes of ??, ??,

²²³ In H, the word तन् should be तत्.

²²⁴ In H, there should not have been the स् after स्तम्भ.

²²⁵ In addition to blood vessels, it would also include the nerves.

²²⁶ In H, the reading अम्लान does not make sense given the context. Therefore, we have accepted the vulgate reading ম্লান for the translation.

²²⁷ Dalhaṇa glosses (Su 1938: 425) śṛgālavinnā as pṛśniparṇī.

²²⁸ According to Dalhaṇa, śṛgālavinnā is pṛśniparṇī.

??, ??, deodar, sweet flag, and ??. This (resultant) should be utilised in drinks, etc. Or, one should use the oil that is cooked with a decoction of wild asparagus, prickly chaff-flower²²⁹, ??, liquorice, giant potato, heart-leaf sida, country mallow, and ??²³⁰, with the admixture of cottony jujube, etc. Or, one should use the heart-leaf sida-oil that is cooked as śatapāka.²³¹ Or, [the affected body part] should be moistened with milk that is boiled with the roots of wind-alleviating herbs, or it should be moistened with sour things.²³² In that regard, five remedies prepared with milk are described. For preparing a poultice, milk should be cooked in ghee, oil, fat, marrow, and dugdha²³³ separately with each of these powdered grains or pulses—barley, wheat, sesame, mung beans, or green gram—that is mixed with unctuous pastes of cottony jujube, purple roscoea, ??, ??, heart-leaf sida, country mallow, hare foot uraria²³⁴, ??, sugar, bulrush²³⁵, ??, and sweet flag. Or, the essence of unctuous fruits²³⁶ can be used as a poultice. Or, a veśavāra²³⁷ prepared from the flesh of a fat *cilicima* fish²³⁸ can be used instead. Or, [one

The webpage https://hindi.shabd.in/vairagya-lshatakam-bhag-acharya-arjun-tiwari/post/117629 says that this verse belongs to the Nitiratna. I could not find this text.

²²⁹ Dalhaṇa glosses (Su 1938: 425) $may\bar{u}raka$ as $ap\bar{a}m\bar{a}rga$.

²³⁰ Dalhana comments (Su 1938: 425) that halfa grass, ??, ??, halfa grass, ??, and ?? are called *trna* (grass).

²³¹ Śatapāka seems to be an oil that is prepared with a hundred parts of some things similar to sahasrapāka that is prepared with one thousand parts of some herbs. Refer Cikitsāsthāna Ch. 4 text 29 for the preparation of sahasrapāka.

²³² Dalhaṇa comments (Su 1938: 425) that the sour things (amla) are ??, Indian jujube, ??-water, etc. Surā is some kind of liquor, sauvīraka is perhaps the fruit of the jujube tree, and tuṣa is perhaps Terminalia Bellerica (विभीतक).

²³³ In the *Suśrutasaṃhitā*, the word for milk is *kṣīra* or *payas* but not *dugdha*. Therefore, the word *dugdha* here can mean the sap of plants or something that is extracted.

²³⁴ śrgālavinnā

²³⁵ For kaśerukā

²³⁶ Palhana comments (Su 1938: 425) that the unctuous fruits mentioned here are sesame, castor, flax, ??, etc.

²³⁷ In H, the reading वैशवारो does not make sense. It should have been वेशवारो, as shown in the vulgate, which is the reading we have accepted here.

Veśavāra is boneless meat minced, steamed, and added with spices, ghee, etc. Refer to 'Ayurveda Medical Dictionary' by Ranganayakulu Potturu.

Perhaps the word वैशवार is an earlier form of the word वेशवार.

²³⁸ H has the compound word नलपीनमत्स्य. नलमीन is a particular fish known as *cilicima* (चिलिचिमः). See *Amarakośa*. Also, if the name is नलमत्स्य then the word पीन (fat) within the name is not according to proper Sanskrit. But, it can be allowed because the word मत्स्य (fish), instead of being a part of the name, can be considered to mean fish in general and thus the word पीन becomes its modifier. Thus, नलपीनमत्स्य can mean "a

can use] the poultice containing Bengal quince-rind²³⁹, crape jasmine, deodar, ??, grey orchid, peas, costus, ??, liquor, yogurt, and whey. Or, [one can use] the ointment prepared by mixing citron, *amla*²⁴⁰, salt, and ghee with honey and horseradish tree-root. Or else, [one can use] the unctuous sesame paste.

When the [condition of wind-blood] has a predominance of bile, the patient should be made to drink a decoction of grapes, ??-fruit, Indian ipecac, liquorice, sandalwood, and white teak. This decoction is sweetened with honey and sugar before consumption. Or, the decoction of wild asparagus, pointed gourd, cassia cinnamon, *triphalā*, ??, and heart-leaved moonseed should be given. [The patient should be administered] ghee that is prepared with sweet, bitter, and astringent [remedies].²⁴¹

[The patient] should be sprinkled with a decoction of ??, lotus stalk, sandalwood, and ?? mixed with goat-milk²⁴², or with rice water that is mixed with milk, sugarcane juice, honey, and sugar, or with whey and sour rice gruel mixed with a decoction of grapes and sugarcane. Or else, [the patient] should be sprinkled with ghee that is prepared with *jīvanīya*²⁴³ or sprinkled with ghee that is purified for one hundred times.

The poultice [to be applied] should be made of rice flour or of the paste of sour rice gruel mixed with ??, ??, scramberry²⁴⁴, ??, ??, turmeric, horned pondweed, sacred lotus, etc. The poultice should be mixed with ghee.

Dalhaṇa says in his comment (Su 1938: 425) that नलमीन is a type of रोहित (rohita). Monier Williams says that rohita is a kind of fish: Cyprinus Rohitaka. Regarding the rohita fish, there is a subhāṣita: अगाधजलसञ्चारी न गर्वं याति रोहितः | अङ्गुष्ठोदकमात्रेण शफरी फर्फरायते || This indicates that rohita is a deep water fish.

fat fish that is a ਜਲ (cilicima)".

²³⁹ The word पेसिका in H should be read पेशिका.

²⁴⁰ Perhaps it could mean vinegar or sour curds. Refer to Monier Williams Sanskrit Dictionary.

²⁴¹ Dalhana comments (Su 1938: 425) that the sweet remedies are cottony jujube, etc., bitter remedies are pointed gourd, etc., and astringent remedies are *triphalā*, etc.

²⁴² The compound word ending with कषायेण is taken to be a bahuvrīhi for अजाक्षीरेण (goatmilk).

²⁴³ Jīvanīya seems to be a group of medicinal herbs. There is an Ayurvedic preparation called jīvanīya-ghrta. Refer to the Āyurvedīya Śabdakośa vol. 1.

²⁴⁴ तालीस should be read तालीश

9 The [condition of wind-blood] with a predominance of blood should be treated in the same way. Also, blood-letting should be done repeatedly.

However, when the [condition of wind-blood] has a predominance of phlegm, the patient should be made to consume a decoction of emblic and turmeric that is sweetened with honey, or a decoction of *triphalā*, or a paste of liquorice, ??, chebulic myrobalan, and ??. He should be made to drink chebulic myrobalan with water mixed with a little urine. He should be sprinkled with oil, urine, salty water, and liquor that are acidic²⁴⁵. Or, he should be sprinkled with a decoction of golden shower tree, etc.

The patient should be massaged with ghee cooked with sour cream, urine, liquor, ??²⁴⁶, liquorice, ??²⁴⁷, and ??.

The poultice should be made of either the paste of white mustard, or the paste of sesame and Withania, or the paste of ??²⁴8, selu plum, and wood apple, or the paste of honey, horseradish tree, and hogweed,²⁴9 or the paste of dry ginger, long pepper, black pepper,²⁵⁰ hare foot uraria, and poison berry.²⁵¹ These five poultices are prepared with salty water. Thus, they have been described.

In case of combined aggravation of two humours or simultaneous aggravation of all three humours, the stated methods of treating those aggravations should be combined.²⁵²

In all [aggravations], one should consume chebulic myrobalan with jaggery. Or, one should have a diet of rice cooked in milk for ten days and should drink a mixture of long peppers crushed in milk, with increasing by five long peppers each night. Then one should reduce them again by the order of five more [each night].²⁵³ In this way, one should

The provisional edition should be modified accordingly.

²⁴⁵ Reading the word सुक्त in H as शुक्त

²⁴⁶ Monier Williams states Rumex Vesicarius for śuktā

²⁴⁷ DCS has this entry: Cryptolepsis buchananii Roem. et Schult. (Surapāla (1988), 453) Decalepis hamiltonii Wight et Arn. (Surapāla (1988), 453)

²⁴⁸ According to V. S. Apte, दारु can mean देवदारु.

²⁴⁹ H has a short अ at the end instead of the long आ.

²⁵⁰ व्योषतिक्ता refers to the group of these three pungent spices. Also see Sūtrasthāna 14.35.

²⁵¹ In H, the Sanskrit syntax does not match up with what the author is trying to say. The name of the fifth paste should also have been in the nominative case, as the other four pastes.

²⁵² It means that the respective methods of treating the aggravation of individual humours should be combined.

²⁵³ In H, the letter ञ্ in भूयञ्च should have been য্.

[reduce] all the long peppers. This is called *Pippalīvarddhamānakam* (Increasing Long Peppers). It indeed cures wind-blood, intense fever, loss of appetite, jaundice, abdominal affection, piles, heavy breathing, cough, wasting disease, weak digestion, and heart disease.

The poultice is a paste of ??, sandalwood, ??, ??, wild asparagus, bulrush,²⁵⁵ ??, ??, liquorice, ??, ??, ??, heart-leaf sida, country mallow, and Holostemma creeper mixed with milk. Or it is a paste of white teak, liquorice, and ?? mixed with ghee and cream. Or it is olibanum cooked with milk that is mixed with ??, ??, ??, liquorice and the group of sweet herbs.

Old ghee that is cooked with emblic and chir pine and sweetened with sugar and honey is for drinking. Old ghee that is cooked with jīvanīya or that is cooked with a decoction of ?? is for sprinkling. Cooked heart-leaf sida oil is for sprinkling, bathing, enema, and eating²⁵⁶. One should eat food preparations made of rice, ??, barley and wheat accompanied with milk, meat soup, or mung beans soup that is not sour. Blood-letting also [should be done]. The treatments of vomiting, purging of bowels, enema, and oily enema should be conducted when the humours are highly aggravated.

13

14 There are verses in this regard.²⁵⁷

There is immediate relief by the application of remedies such as these by which the physicians cure the chronic condition of wind-blood.

- Poultice, sprinkling [oil], plaster, oil massage,²⁵⁸ spacious and comfortable rooms²⁵⁹ with no wind, soft pillows, comfortable beds, and soft massages are recommended in the condition of wind-blood.

 Exercise, mating, anger, eating hot, sour, or salty foods, sleeping
 - Exercise, mating, anger, eating hot, sour, or salty foods, sleeping during the day, and food that is slimy or heavy should be avoided.

²⁵⁴ Perhaps विषमज्वर could mean irregular fever.

²⁵⁵ H has कशेरुका.

²⁵⁶ Perhaps it means that one should eat foods cooked in that oil.

²⁵⁷ The word भवति in H should have been भवन्ति.

²⁵⁸ In H, the part व्यजनानिलाः does not make proper sense in the verse. Emending it to व्यजनानि च could be a consideration, but fanning (व्यजन) a patient with wind-blood is not good, as understood from the recommendation that such a patient should stay in a non-windy room. Therefore, we have accepted the vulgate reading for the first half of this verse.

²⁵⁹ In H, read the स सरणानि as श.

One should treat the person who is affected with spasmodic contraction,²⁶⁰ who does not have droopy eyes and crooked eyebrows, whose fingers have not become rigid, who is not perspiring or trembling, who is not in a state of delirium, who is not bed-ridden,²⁶¹ and who is not restrained externally. There at the beginning itself,²⁶² after rubbing the patient with oil and making him perspire, one should treat him with a strong <code>avapīḍa²⁶³</code> in order to clear his head. Then, the patient should be made to drink filtered ghee that is properly cooked with a decoction of beggarweed and other herbs, sugarcane juice, milk, and yogurt. In that way, the wind does not spread exceedingly.

Thereafter, one should gather wind-alleviating herbs such as deodar, etc. and other constituent parts, along with barley, ??, and horse gram, and the flesh of a freshwater aquatic creature all at one place and prepare a decoction of them. One should take this decoction and mix it properly with sour substances and milk, and then cook the *pratīvāpa*²⁶⁴ of liquorice in this mixture along with ghee, oil, body fat, and bone marrow. This is *trivṛt* that should be recommended in treatments of sprinkling, oil massage, applying a poultice, oral consumption, oily enema, and errhine for patients having spasmodic contractions.

The patient should then be made to sweat by the methods described earlier. If the wind is stronger then the patient should be immersed in [a vessel] filled with lukewarm fluid used for sprinkling (*trivṛt*). Or he should be kept in the hot fireplace of a blacksmith.²⁶⁵ Or else he should be made to sweat by [a mixture of] ??, *veśavāra*, ²⁶⁶ and milk.

Oil cooked with the juice of radish, ??, ??, and ?? should be used in

There,

Dalhana
comments
that deliberation
on avapīda
had been
done earlier
when it
was mentioned.
Find that
description
to know
more details.

²⁶⁰ In H, the reading अपताकिनम् should have been अपतानकिनम्.

²⁶¹ V. S. Apte has खद्मयति. The Āyurvedīya Śabdakośa has the entry खद्मापातिन् which means "one who is inclined to fall from bed." Perhaps the reading in H has an error of the letter या which should have been पा.

²⁶² In H, प्रागैव should have been प्रागेव.

²⁶³ The Āyurvedīya Śabdakośa has the entry अवपीड that means administering an oily paste through the nose. Refer SS Cikitsāsthāna Ch. 40 text 44 for a better understanding of avapīḍa.

²⁶⁴ It refers to an admixture of substances to medicines either during or after decoction. Refer to Monier-Williams's Sanskrit dictionary.

²⁶⁵ H has the reading रथाकारचुल्ल्याम् that means "fireplace shaped like a chariot", but the vulgate reading रथकारचुल्ल्याम् makes more sense here. Thus, we have accepted it.

²⁶⁶ Refer the above text no.7 for *veśavāra*. In H, the syllable ਕੈ should have been ਕੇ.

sprinking, etc. for patients with spasmodic contractions.²⁶⁷ Sour yogurt mixed with black pepper and drunk on an empty stomach alleviates spasmodic contractions. Or else, ghee, oil, body fat, or bone marrow [can be consumed on an empty stomach].

This procedure of treatment thus described is for spasmodic contractions caused only by wind. When mixed humours cause it then the treatment should also be mixed. And when the spasms subside the patient should be given *avapīḍa*-s. One should also consider the fats of cock, crab, black fish, and porpoise.²⁶⁸ Milk prepared with wind-alleviating medicines. Gruel prepared with barley, ??, horse gram, radish, yogurt, ghee, and oil.

One should treat this recurring spasm for ten nights with oil massage, purging of bowels, enemas, and oily enemas. One should also look up the treatment of diseases caused by wind. One should also undertake preventive measures.

One should treat the paralytic (hemiplegic) patient whose limbs are not languid, who is in pain, and who is self-composed. There, at the beginning itself the patient should be massaged with oil and made to sweat. After cleansing the patient with a mild purifier, ²⁶⁹ he should be administered with an oily enema and then a non-oily enema. Then at the appropriate time, he should be treated with special enemas of the brain and the head according to the method prescribed in the treatment of ākṣepaka. ²⁷⁰ Anutaila should be used for massage. ²⁷¹ Sālvala should be used for poultice. ²⁷² heart-leaf sida oil should be used for oily enema. In this way, the unremitting patient should take the treatment for three to four months.

20

22 One should treat the patient with *ardita*²⁷³ who is strong and possesses

Search for the section where the treatment of $\bar{a}k$ se-paka is described.

Make the first letter of sentence capital.

²¹

²⁶⁷ The word तैलम् is not present in H but is present in the vulgate. We have accepted it. 268 H has the reading रसान् which means "juices". It seems unrealistic that juice would be extracted by crushing these whole animals. Vulgate has the reading तसाः instead

be extracted by crushing these whole animals. Vulgate has the reading वसाः instead of रसान् which appears to be the more probable reading. Thus, we have accepted it.

²⁶⁹ According to P. V. Sharma, this refers to mild evacuatives (purgatives).

²⁷⁰ Refer Nidānasthāna 1.50-51 for ākṣepaka.

²⁷¹ For the procedure of preparing anutaila, refer Cikitsāsthāna 4.28.

²⁷² For the procedure of preparing *sālvala*, refer *Cikitsāsthāna* 4.14-15.

²⁷³ Refer Nidānasthāna 1.71-72 for ardita.

the means with the method prescribed in treating wind diseases. The unique thing is the treatment with enemas of the brain and the head, errhine, smoke, poultice, and steam bath through tubes. Then, one should take the great five roots ($pa\tilde{n}cam\bar{u}l\bar{\iota}$) with grass and prepare its decoction in milk mixed with twice the water. Then, the decoction with the milk remaining²⁷⁴ should be brought down [the stove] and filtered. It should then be mixed with a $prastha^{275}$ of oil and again placed over fire and cooked thoroughly. Then, the oil mixed with milk should be brought down [the stove] and then churned after it cools down. This is called $k\bar{s}\bar{\imath}rataila$ that should be used in drinks, etc. for patients with ardita.

- In the diseases of <code>gṛdhrasī</code>, <code>viścañcī</code>, <code>kroṣṭukaśīrṣa</code>, <code>paṅgukalāya</code>, lameness, <code>vātakaṇṭaka</code>, burning sensation in the foot, numbness of the foot, <code>avabāhuka</code>, deafness, and <code>dhamanīvāta</code>, one should pierce the blood vessel as described earlier and, barring the case of <code>avabāhuka</code>, one should look up the treatment for wind diseases.
- 24 However, in the case of *karṇamūla*,²⁷⁶ lukewarm juice of ??²⁷⁷ mixed with liquorice, oil, and salt should be put into the ears.²⁷⁸ Or else one can use goat urine, liquorice, and oil. Or else one can use oil that is cooked with citron, pomegranate, ?? juice, and urine.²⁷⁹ Or else one can use oil that is cooked with sour liquor, buttermilk, and urine. One should also make the patient sweat with a steam bath through tubes. One should also look up the treatment for wind diseases. More will be said later.
- In the case of *tūnī* and *pratitūnī*, one should make the patient drink ghee and salt with hot water. Or else one should administer the powder of long pepper and other herbs with hot water. Or else one should make

²⁷⁴ It means that the water has evaporated.

²⁷⁵ Palhana comments (Su 1938: 425) that a *prastha* is a measure of weight that is equal to 32 *pala-s*.

²⁷⁶ The vulgate has the reading कर्णशूले which appears to be a more credible reading according to the context.

²⁷⁷ পূর্বার appears to be a name of ginger. Refer to the Sanskrit dictionary of Monier Williams.

²⁷⁸ In H, the reading रसैः does not seem to make sense here. Hence we have accepted the vulgate reading रसम्.

²⁷⁹ In H, the word ਹੈਲ should have been ਹੈਲਸ਼ to make proper sense. The vulgate has this reading. Thus we have accepted it.

- the patient drink ghee that is made thick with asafoetida and ??.²⁸⁰ One should also treat the patient with enemas.
- In the case of ādhmāna,²⁸¹ however, one should do avatarpaṇa,²⁸² heating the hands, phalavartikriyā,²⁸³ stimulation of digestion, and [administer] digestives. One should also employ the purging of bowels and enemas. In the case of pratyādhmāna,²⁸⁴ one should employ vomiting, fasting, and stimulation of digestion.
- In the case of aṣṭhīlā and pratyaṣṭhīlā,²⁸⁵ the procedure is that of gulma and internal abscess.
- The beneficial asafoetida, the three pungent spices (long pepper, black pepper, and dry ginger), sweet flag, ?? grains, ??, pomegranate, ??, velvet-leaf, leadwort, ??, rock salt, ??, ??, ??, natron, long pepper root, ??, ??, ??, ?? (juniper berry), and ?? (cumin seeds) should be powdered. This powder should be mixed with a lot of citron juice. Then it should be made into pills each weighing one akṣa. Thereafter the patient of wind disease should consume one pill every morning. This medicine indeed cures gulma, rapid breathing, cough, loss of appetite, heart disease, ādhmāna, pārśvodara, bastiśūla, anāhamūtra, painful piles, plīhodara, and pāṇḍuroga. Also, this medicine is excessively used in cases of tūnī and pratitūnī.
- 29 There are verses in this regard.

The wind that has entered into the body tissues should be correctly understood as either pure or vitiated by humours²⁸⁶ and should be

²⁸⁰ यवक्षार is an alkali prepared from the ashes of burnt green barleycorns. Refer to the Sanskrit dictionary of Monier Williams.

²⁸¹ Refer to *Nidānasthāna* 1.88. V. S. Apte explains it as "swelling of the belly". P.V. Sharma has translated it as flatulence.

²⁸² We are unclear about its meaning. The vulgate has the reading अपतर्पण that means fasting.

²⁸³ The entry फलवर्ति has the meaning "suppository" in the Sanskrit dictionary of Monier Williams. The Cambridge dictionary explains suppository as "a small, solid pill containing a drug that is put inside the anus, where it dissolves easily." Refer to the link https://dictionary.cambridge.org/dictionary/english/suppository. Last accessed 30-Oct-2023.

²⁸⁴ Refer to *Nidānasthāna* 1.89. According to the Sanskrit dictionary of Monier Williams, it is a kind of tympanites or wind-dropsy.

²⁸⁵ Refer to Nidānasthāna 1.90 and 1.91.

²⁸⁶ In H, the reading लक्षणोन्याम्ँश्च does not make sense. Hence I cannot translate it. Perhaps the correct reading could be लक्षणाभ्याञ्च. This would connect with the two con-

- cured accordingly.
- The wind that is accompanied by fat causes a swelling that is painful, hard, and cold. The physician should properly treat it like a treating a swelling.
- When the wind accompanied by phlegm and fat enters the thighs, it causes pain in and immobility of the thighs due to numbness, pain, and fever.
- Also, the thighs become pained, stiff, cold, and do not quiver due to sleep. They become heavy and as if belonging to someone else.²⁸⁷
- That is called ūrūstambha. Others call it āḍhyavāta. In that case, one should drink the ṣaṇḍharaṇa powder with cool water.
- Similarly, consuming the powder of long pepper and other herbs with hot water is beneficial. Or else, one should consume the powder of triphalā with honey and kutki.
- Or else, one should drink the best ?? or ?? with urine. Such a person cures the wind that is afflicted by phlegm and accompanied by fat, as well as heart disease, loss of appetite, gulma, and internal abscess.
 - One should employ salty urine [therapy], sudation, and hard rubbing. One should also apply [the paste of] mustard and?? fruits mixed with urine.²⁸⁸
 - One should eat old ??s, ??, etc. along with uncooked²⁸⁹ flesh of wild animals and unsalted vegetables that are beneficial.
 - When the phlegm and fat become amply reduced one should again employ the treatment of oil massage, etc. for the patient.

ditions of the wind as stated in the verse.

²⁸⁷ In H, the verb वर्तते should have been in the dual. Also, the word आस्थिरौ does not make sense. The vulgate has the sensible reading अस्थिरौ which we have accepted here.

²⁸⁸ The word दिहेत् in H is not a proper Sanskrit word. We have taken its proper form दिह्यात् as given in the vulgate.

²⁸⁹ The vulgate has the reading अपृतैः that means without ghee.

Cikitsāsthāna 15: On Difficult Delivery

Literature

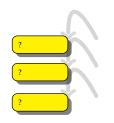
Meulenbeld offered an annotated overview of this chapter on fetal malpresentation and a bibliography of earlier scholarship to 2002.²⁹⁰ Das made observations about the afterbirth (*aparā*) that is mentioned in 4.15.17 (Su 1938: 432).²⁹¹ Selby has explored gyencological narratives in ayurveda.²⁹²

- 1 And now we shall explain the difficult delivery medically treated.
- Nothing else is more difficult than the extraction of a foetus since it has to be performed in the region of vagina, liver, spleen, intestines and the uterus. Actions like pushing up, pulling down, cutting off, incising, removing, pressing and straightening must be done using one hand, without hurting the foetus or the pregnant woman, Therefore, having considered that and obtaining permission, one should proceed with care.
- 4 Eight types of the positions of difficult foetus have earlier been mentioned briefly. Even if, in the natural birth process also the large / wrong way of the head, shoulders or hips of a foetus / child cling firmly in the passage.

²⁹¹ Das 2003: 517.

²⁹² Selby 2005*a*,*b*.

- 5 In the case of a live foetus, the delivering ladies should attempt to deliver it. And, during this process, they should be made to hear the sacred verses repeatedly meant for expulsion of a foetus.
 - 6 O beautiful woman, may the divine nectar and the moon and the sun and Uccaiśravas reside icumbhalakan your house.
 - 7 O lady, may this nectar extracted from the water release this tiny foetus of yours. May the fire, wind, sun and Indra together with the ocean bestow upon you the peace.
- And, as mentioned before (3.10.16-20) the medicine should be administered. In the case of a dead fetus, (the physician) having inserted (his) hand lubricated with the *dhanvaka*, *mrttikā* – soil, the *śālmalī* - the seemul and ghee into the vagina of a woman lying on her back, whose thighs are bent with the elevated waist with the support of the cloth of *cumbhalaka* should take away the fetus. In the case, the fetus coming out with both the thighs, should be stretched out in a normal way. If the fetus has reached with only one thigh, spreading out its other thigh it should be taken out. If the fetus is coming out with its buttocks portion, squeezing the buttocks upward, spreading the thighs it should be taken out. A fetus having come in a transverse position like an oblique (तियेक्चीनस्य ?) iron club, lifting upward its half of the lower part from behind, straightening its half of the upper part, bringing it to the passage of vagina, it should be taken out. The last two positions of the dead fetus cannot be accomplished. Thus, in this state, instrument should be employed / surgery should be undertaken.
- But, the live fetus should not be torn apart in any case. As, the live fetus may kill the mother and self soon.
- Next, assuring safety to the lady, cutting the head of the fetus with the instrument that has disc on the top (मण्डलाग्र) or finger shaped instrument(अङ्गुलिशस्त्र); removing the skull, the fetus should be taken out holding the forceps at its chest and armpit. If the head of the fetus is not separated, the fetus should be drawn out from its orbital regions or cheek (with the forceps); if the shoulders are stuck up in the passage, the fetus should be taken out by cutting its arm / arms at the shoulder region; tearing the abdomen when bloated with wind just like a stretched leather bag used for holding water, casting off the intestine,





the loosened fetus should be taken out. Or else, if its thighs are adhered to the passage, the bones of the thighs should be cut and fetus is removed.

- 13 The fetus is adhered to the passage from whichever its body part, the physician by separating that part should remove the fetus carefully and by all means the woman should be protected.
- For, irritated wind causes different movements of the fetus. In this situation, the wise physician should act intelligently.
- And, the learned physician should not delay even for moment in removing the dead fetus as it kills mother in no time like a breathless animal.
 - If impacted with hip, the hip bones should be cut and then delivered.



Kalpasthāna 1: Protecting the King from Poison

Introduction

The first chapter of the Kalpasthāna of the *Suśrutasaṃhitā* addresses the topic of protecting a king from those who would assassinate him using poison. The king's kitchen is presented as the site of greatest vulnerability. The staff in the kitchen must be vetted carefully and watched for signs of dissimulation. The description of the body-language that tells a poisoner (verses 18–25) are engaging and vivid. These verses are closely parallel in sense to a passage in the *Arthaśāstra* that says,

The signs of a poisoner, on the other hand, are as follow: dry and dark look on the face, stuttering speech, excessive perspiration and yawning, trembling, stumbling, looking around while speaking, agitation while working, and not remaining in his place.²⁹³

Next, the text discusses the signs of poison in toothbrushes, in food, drink, massage oil and other items that are likely to come into physical contact with the king. In passages that are again paralleled in the *Arthaśāstra* the work describes how poisoned food kills insects and crackles in a fire, flashing blue and the reactions of various birds to poison are described.²⁹⁴

The work then moves on to the various symptoms experienced by the king after being poisoned, and remedies appropriate to each case. Poison

²⁹³ *Arthaśāstra* 1.21.8 (Kangle 1965*a*: 1, 30), translation by Olivelle (2013: 97). 294 Cf. *Arthaśāstra* 1.21.6, *ibid.*, Olivelle (2013: 96).

exhibits characteristic signs when added to milk and other drinks.²⁹⁵ Further forms of poisoning, their symptoms and treatments are described and finally the king is advised to live amongst trusted friends and to protect his heart by drinking various ghee compounds. He should eat the meat and soup made from various animals, including peacock, mongoose, alligator, deer. The chapter ends with the description of an emetic.

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.²⁹⁶ Translations of this chapter since Meulenbeld's listing have appeared by Wujastyk (2003*b*: 131–139), P. V. Sharma (1999–2001: 3, 1–15), and Srikantha Murthy (2000–02).²⁹⁷

Manuscript notes

 MS Kathmandu NAK 5-333 has foliation letter numerals, for example on f. 323a, that are similar to MS Cambridge CUL Add.1693,²⁹⁸ dated to 1165 CE.²⁹⁹

²⁹⁵ Cf. *Arthaśāstra* 1.21.6 again.

²⁹⁶ HIML: IA, 289-290.

²⁹⁷ For a bibliography of translations to 2002, including Latin (1847), English (1877), Gujarati (1963) and Japanese (1971), see HIML: IB, 314–315.

²⁹⁸ Scan at cudl.lib.cam.ac.uk/view/MS-ADD-01693/1.

²⁹⁹ See Bendall's chart of Nepalese letter-numerals (Bendall 1883: Lithograph V, after p. 225).

Translation

1–2 And now I shall explain the procedures for safeguarding food and drink, as were declared by the Venerable Dhanvantari.³⁰⁰

3 Divodāsa, the king of the earth, was the foremost supporter of religious discipline and virtue. With unblemished instruction he taught his students, of whom Suśruta was the leader.³⁰¹

[Threats to the king]

- 4–5 Evil-hearted enemies who have plucked up their courage, may seek to harm the king, who knows nothing of it. He may be assailed with poisons by or by his own people who have been subverted, wishing to pour the poison of their anger into any vulnerability they can find.³⁰²
 - 6 Therefore, a king should always be protected from poison by a physician.
 - 7 The racehorse-like fickleness of men's minds is well known. And for this reason, a king should never trust anyone.³⁰³
 - 300 MS H adds in the margin अथ खलु वत्स सुश्रुतः "Now begins Vatsa Suśruta." This phrase has been copied here by the scribe from the beginning of the Suśrutasaṃhitā chapter in the sūtrasthāna on the rules about food and drink (1.46.3 (Su 1938: 214)). The scribe presumably felt, not unreasonably, that this section had common subject matter with the present chapter. Further, SS 1.46.3 is the only place in the Nepalese transmission of the Suśrutasaṃhitā that names Dhanvantari and integrates him into the narrative of the Suśrutasaṃhitā as the teacher of Suśruta.
 - The mention of Dhanvantari here is the only other time in the Nepalese transmission that this authority is cited as the source of Ayurvedic teaching, and the unique occurrence of this actual phrase, "as was declared by the Venerable Dhanvantari." See the discussion by Klebanov (2021a: 28–32), who concludes that the earliest recoverable recension of the *Suśrutasaṃhitā* may have had the phrase only at this point and not elsewhere in the work. See the further discussion by Birch, Wujastyk, Klebanov, Parameswaran, et al. (2021).
 - 301 This is a quite different statement from the vulgate which has Dhanvantari as the teacher, and calls him the Lord of Kāśī (kāśipati) (Su 1938: 559). Dalhaṇa followed the vulgate but explicitly noted the reading before us with small differences: दिवोदासः क्षितिपतिस्तपोधर्मश्रुताकरः "Divodāsa, the king of the earth, was a mine of traditions about discipline and virtue."
 - 302 Verses about the use of Venemous Virgins as a weapon do not appear in the Nepalese manuscripts. Cf. Wujastyk 2003*b*: 81 f., 132. This material is present in the commentary of Gayadāsa.
 - 303 The verb $\sqrt{\text{s}}$ svas is conjugated as a first class root in the Nepalese manuscripts.

- 8–11 He should employ a doctor in his kitchen (*mahānasa*) who is respected by experts, who belongs to a good family, is orthodox, sympathetic, not emaciated, and always busy.
- 12–13 The kitchen should be constructed at a recommended location and orientation. It should have a lot of light,³⁰⁴ have clean utensils and be staffed by men and women who have been vetted.³⁰⁵
- 17–18ab The chefs, bearers $(vodh\bar{a}ra)$, and makers of boiled rice soups and cakes and whoever else might be there, must all be under the strict control of the doctor.³⁰⁶
- 18cd–19ab An expert knows people's body language (*ingita*) through abnormalities in voice, movement and facial expression. He should be able to identify a poisoner by the following signs.
 - Wanting to speak, he gets confused, when asked a question, he never arrives at an answer, and he talks a lot of confused nonsense, like a fool. He laughs for no reason, cracks his knuckles and scratches at the ground. He gets the shakes and glances nervously from one person to another. His face is drained of colour, he is grimy (*dhyāma*) and he cuts at things with his nails.³⁰⁷ A poisoner goes the wrong way and is absent-minded.
 - I shall explain the signs to look for in toothbrush twigs, in food and drink as well as in massage oil (abhyaṅga) and combs (avalekhana); in dry rubs (utsādana) and showers, in decoctions (kaṣāya) and massage ointment (anulepana); in garlands (sraj), clothes, beds, armour and ornaments; in slippers and footstools, and on the backs of elephants and horses; in nasya (snuff), inhaled smoke (dhūma), eye make-up (añjana), etc., and any other things which are commonly poisoned. Then, I shall also explain the remedy.
 - 28 Flies or crows or other creatures that eat a poisonous morsel (bali)



³⁰⁴ We read महच्छुचिः with the Nepalese manuscripts and against the vulgate's महच्छुचि. We understand राचिस् as a neuter noun meaning "light" following Apte (Apte: 1050a).

³⁰⁵ Verses detailing the ideal staff are omitted in the Nepalese manuscripts. Cf. Su 1938: 560; Wujastyk 2003*b*: 132.

³⁰⁶ The word सौपोदनैकपूपिक "chefs for the boiled rice soups and cakes" is grammatically interesting. The term सूपोदन (as opposed to सूपोदन) is attested in the *Bodhāyanīya-gṛhyasūtra* 2.10.54 (Shastri 1920: 68). More pertinently, perhaps, सूपोदन is attested in the Bower Manuscript, part II, leaf 11r, line 3 (Hoernle 1893–1912: vol. 1, p. 43).

³⁰⁷ The word ध्याम is glossed by Dalhaṇa (in a variant reading) as someone who is the colour of dirty clothes 5.1 (Su 1938: 560).

- served from the king's portion, die on the spot.
- 29 Such food makes a fire crackle violently, and gives it an overpowering colour like a peacock's throat.
- 30–33 After a chukar partridge looks at food which has poison mingled with it, its eyes are promptly drained of colour; a peacock pheasant drops dead. A koel changes its song and the common crane rises up excitedly.³⁰⁸ It will excite a peacock and the terrified parakeet and the hill myna screech. The swan trembles very much, and the racket-tailed drongo churrs.³⁰⁹ The chital deer sheds tears and the monkey releases excrement.³¹⁰
- 34cd Vapour rising from tainted food gives rise to a pain in the heart, it makes the eyes roll, and it gives one a headache.³¹¹
- 35, 36cd In such a case, an errhine and a collyrium that are costus, ??, spikenard and honey (*madhus*);³¹² a paste of sandalwood on the heart may also provide relief.³¹³
 - 308 The verb अच्छिति "rises up" is a rare form best known from epic Sanskrit (see Oberlies 2003: 212, §7.6.1). The transmitted form क्रोञ्च is obviously a colloquial version of Sanskrit क्रोञ्च. Commenting on 1.7.10 (Su 1938: 31), Dalhaṇa interestingly gives the colloquial versions of several Sanskrit bird names, even singling out pronunciation in the specific location of Kāṇyakubja. For क्रोञ्च he says that people pronounce it कुरञ्ज and कोंचि. The form कोञ्च is found in Pāli (see Cone 2001: 731, who notes that Ardhamāgadhī has the same form). Elsewhere, Dalhaṇa calls the bird क्रोञ्चिर, क्रोञ्चि, and कैचर (1.46.105 (Su 1938: 223), 6.31.154 (Su 1938: 684) and (6.58.44 (Su 1938: 790) respectively).
 - 309 Dalhana seemed confused about the racket-tailed drongo (भृङ्गराज). He called it a generic drongo (भ्रमरक), a word that can also mean "bee," (Dave 1985: 62), and then said that it is like the black drongo (धूम्याट) (for a nice explanation of this name, see Dave 1985: 62–63) and that people call it "the king of birds."
 - 310 MS Kathmandu KL 699 reads "bull (বৃषभ)" for "Chital deer (पृषत)." The latter may perhaps be mistaken for the former in the Newa script, although the reading of MS Kathmandu KL 699 is hard to read at this point.
 - 311 "Tainted" translates उपिक्षप्त. The word's semantic field includes "to hurl, throw against," and especially "to insult verbally, insinuate, accuse." The commentator Dalhaṇa glossed the term as, "spoiled food given to be eaten" (विदूषितस्यान्नस्य भोक्तं दत्तस्य), but he noted that some people read "उखाक्षिप्त" or "thrown into a pan." Other translators have commonly translated it as "served," perhaps influenced by Dalhaṇa's "given (दत्त)."
 - 312 The vulgate supplies another phrase and verb at this point that is not present in the Nepalese transmission, but that makes the text flow more easily.
 - 313 **sing-1972** discussed the difficulties in identifying লামত্র, a plant cited more often in the *Suśrutasaṃhitā* than in the *Carakasaṃhitā*; Dalhaṇa adopted the common view that

- Held in the hand, it makes the hand burn, and the nails fall out. In such a case, the ointment (*pralepa*) is beautyberry, velvet-mite, soma and blue water-lily.³¹⁴
- 38–39 If he eats that food, through inattention or by mistake, then his tongue will feel like a pebble $(aṣṭh\bar{\imath}l\bar{a})$ and it will lose its sense of taste. It stings and burns, and his saliva $(\acute{s}le਼;man)$ dribbles out.³¹⁵ In such a case, he should apply the treatment recommended above for vapour $(b\bar{a};pa)$, and what will be stated below under "toothbrush twigs".³¹⁶
 - On reaching his stomach, it causes stupor $(m\bar{u}rcch\bar{a})$, vomiting, the hair stands on end, there is distension, a burning feeling and an impairment of the senses.³¹⁷
 - In this case, vomiting must quickly be induced using the fruits of emetic nut, gourd, red gourd, and luffa, taken with milk and watered butter-

- 314 "Beautyberry" (Callicarpa macrophylla Vahl.) is one identification of र्यामा, but vaidyas and commentators have different ideas about the plant's identity (see glossary). On translating इन्द्रगोप as "velvet-mite," see Lienhard 1978. Dalhaṇa's remarks show that he had a reading इन्द्रागोपा before him, and he tries to explain इन्द्रा and गोपा as separate plants. But he also says that some people read इन्द्रगोप. Dalhaṇa curiously parsed the name सोमा (f.) out of the compound; this feminine noun is almost unknown to Ayurvedic literature. Some dictionaries and commentators consider it a synonym for गडची, others for ब्राह्मी or चन्द्रतरु. Dalhaṇa also mentioned that
 - is almost unknown to Ayurvedic literature. Some dictionaries and commentators consider it a synonym for गुड्ची, others for ब्राह्मी or चन्द्रतरु. Dalhaṇa also mentioned that some people think the word refers to the soma creeper (सोमलता), which might explain his choice to take the word as feminine. But the compounded word is far more likely to be सोम (m.), the well-known mystery plant (see Wujastyk 2003b: 76–78, 125). If this can be taken as rue (Ruta graveolens, L.), as some assert, one can point to a pleasing passage in Dioscorides where rue plays an antitoxic role: "...it is a counterpoison of serpents, the stinging of Scorpions, Bees, Hornets and Wasps; and it is reported that if a man be anointed with the juice of the Rue, these will not hurt him; and that the serpent is driven away at the smell thereof when it is burned; insomuch that when the weasel is to fight with the serpent she armeth herself by eating Rue, against the might of the serpent" (cited from Potter: 262; not found in Osbaldeston and Wood 2000).
- 315 The word अष्ठीला is normally feminine. The Nepalese manuscripts read it with a short अ- ending. Gayadāsa noticed that some manuscripts read সন্তাল with a short -अ ending (MS Bikaner RORI 5157, f. 5v:7–8) and Dalhaṇa reproduced his observation. The vulgate reading "from his mouth (चास्यात्)" is more obvious (lectio facilior), but is not attested in the Nepalese manuscripts.
- 316 Poisoned toothbrushes are discussed in verses 48 ff. below.
- 317 I translate मूच्छों in the light of the metaphors discussed by Meulenbeld (2011), that include thickening and losing consciousness.

it is a type of *uśīra* or vetiver grass. The grammatical neuter form मधुस् "sweetness" of the Nepalese manuscripts is less common than neuter मधु "honey, sweetness, liquorice."

milk, or alternatively with rice-water.

Reaching the intestines ($pakv\bar{a}\acute{s}aya$), it causes a burning feeling, stupor, diarrhoea, thirst, impairment of the senses, flatulence ($\bar{a}\acute{t}opa$) and it makes him pallid and thin.

- In such a case, purgation with the fruit of indigo $(n\bar{\imath}l\bar{\imath})$, together with ghee, is best. And 'slow-acting poison antidote $(d\bar{u}s\bar{\imath}vis\bar{a}ri)$ ' should be drunk with honey and curds (dadhi).³¹⁸
- When poison is in any liquid substances such as milk, wine or water, there are various streaks, and foam and bubbles form.
- And no reflections are visible or, however, if they can be seen once more, they are distorted, fractured, or tenuous and distorted too.³¹⁹
- 46 Vegetables, soups, food and meat are soggy and tasteless. They seem to go stale suddenly, and they have no aroma.
- 47 All edibles lack aroma, colour or taste. Ripe fruits rapidly rot $(pra\sqrt{kuth})$ and unripe ones ripen.³²⁰
- When a toothbrush twig has poison on it, the bristles are corroded and the flesh of the tongue, gums and lips swells up.³²¹
- Then, once his swelling is lanced, one should rub (*pratisāraṇa*) it with fire-flame bush flowers jambul, mango stones and chebulic myrobalan fruit mixed with honey.³²²
- Alternatively, the rubbing (*pratisāraṇa*) can be done with either the roots of sage-leaved alangium, the bark of blackboard tree or siris seeds.³²³

318 The 'slow-acting poison' is discussed at 5.2.25 ff. (Su 1938: 565).

- 320 The root $\sqrt{3}$ geq "stink, putrify, rot" is apparently known only from its few uses in the Suśrutasaṃhitā.
- 321 Gayadāsa and Dalhaṇa pointed out that "tooth socket (दन्तवेष्ट)" and "gum (दन्तमांस)" have the same meaning (2.16.14–26 (Su 1938: 331–332)).
- 322 This recipe is different from the vulgate.
- 323 The spelling of the name अङ्कोल varies अङ्कोट, अङ्कोल (GVDB: 5); Dalhaṇa noted that the form अङ्कोल is a colloquialism (1.37.12 (Su 1938: 161)). The sentence is awkward and we have emended शिरीषमाषक to be a plural, as in the vulgate, rather than



Mention this in the introduction as an example of the scribe knowing the vulgate

fn about sadyas+

³¹⁹ Both Nepalese witnesses read विकृत (distorted) twice, which is tautologous. In the first occurrence both read विकृता without proper termination. One might read the sandhi in the second occurrence as or not distorted (vāvikṛtā), but this gives no better sense. The scribe of MS Kathmandu NAK 5-333, apparently the original hand, added in the margin the alternate reading "double (yamalā)" as in the vulgate. Perhaps the scribe too was troubled by the tautology. It is also evidence that he was aware of a witness with variant readings similar to the vulgate. We emend for grammar but retain the lectio difficilior.

- One should give advice about a poisoned tongue-scraper or mouthwash (*kavala*) in the same way as for a toothbrush twig.
- 51cd Massage oil that has been laced with poison is slimy, thick and discoloured.
 - When the massage oil has been contaminated with poison, boils arise, pain, a discharge $(sr\bar{a}va)$, inflammation of the skin, and sweating.³²⁴ And the flesh splits open.
- 53–54 In such a case, sandalwood, crape jasmine, costus, and cuscus grass, bamboo leaves, heart-leaved moonseed and heart-leaved moonseed, white clitoria, sacred lotus, and Indian barberry should be made into an ointment (*anulepana*) for the patient, who has been sprinkled with cold water. That is also recommended as a drink with the juice and leaves of wood apple.³²⁵
 - In the case of a dry rub (*utsādana*), a shower (*parīṣeka*), an infusion, a massage ointment (*anulepana*), or in beds, clothes, or armour, the physician should understand that it is the same as for oil massage (*abhy-aṅga*).³²⁶
- When a comb has poison in it, the hair falls out, the head aches and blood oozes from the follicles (*kha*) and lumps (*granthi*) appear on the head. In such a case, one should repeatedly apply an ointment of black earth soaked with bear's bile, ³²⁷ ghee, beautyberry, ³²⁸ black creeper, and amaranth. Good alternatives are either the fluid extract of cow-dung, or the juice of jasmine, the juice of woodrose, or household soot. ³²⁹

the ablative singular of the Nepalese witnesses. We follow Dalhana in interpreting the compound to refer to the distinctive bean-like siris seeds, rather than to mung beans (5.1.50 (Su 1938: 562)).



³²⁴ The feminine स्फोटा for "boils" is unattested.

³²⁵ This compound could be interpreted as "wood apple juice and cassia cinnamon." Note that this recipe is differs from that of the vulgate, which requires urine.

³²⁶ See verse 52 above.

³²⁷ Dalhaṇa comments here that 'bile is that fluid which goes along inside the tube attached to the liver' (कालखण्डलग्रनलिकामध्यगतजलं पित्तम्) 5.1.57 (Su 1938: 562).

³²⁸ See note 313.

³²⁹ The plant identifications in this passage follow Dalhana's glosses, although he noted a difference of opinion on the identity of woodrose (lit. "mouse-ear").

The expression धूमो वागारसंज्ञितः '...or the smoke termed "house" 'is commonly interpreted by translators and in Ayurvedic dictionaries as 'household soot,' and this does seem to be the meaning, in context. The term was comprehensively discussed by Meulenbeld (2008b: 443). Cf. note 422, p. 143.

If either massage oil for the head, or a helmet for the head, in a wash, turban, or garlands that are contaminated with poison, then one should treat it in the same way as a comb.

60–61 When face make-up is poisoned, the face becomes dark and has the symptoms found with poisoned massage oil. It is covered with spots (kanṭaka) that are like lotus-spots (padminīkanṭaka).³³⁰ In this case, the drink is honey and ghee, and the ointment (pralepa) is sandalwood with ghee, curds, honey, verbena, scarlet mallow and hogweed.³³¹

punarṇṇavā in the N & K MSS

- 62–63ab Elephants and the like become ill and they dribble saliva. And the rider gets spots (*sphoṭa*) and a discharge on his scrotum, penis, and rectum. In this case, one prescribes the same therapy as for poisoned massage oil for both the rider and the mount.
- 63cd–65ab When there is poison in snuff (nasya) or smoke, the symptom (linga) is blood coming out of the apertures of the head (kha), a headache, a flow of mucus (kapha) and impairment of the senses.

 In such a case, ghee of cows etc., boiled up with their milk and Himalayan monkshood, is prescribed, with henna, as a cold drink or er-

rhine.



- Flowers lose their fragrance and colour, and wilt. On smelling them, he gets a headache and his eyes fill with water. In this case, the treatment is what was proposed above for vapour $(b\bar{a}spa)$ and that which is traditional for face make-up.
 - When it is in ear-oil, there is degeneration in the ear, and painful swelling. There is also a discharge from the ear and in such a case it needs to be irrigated (*pratipūraṇa*) promptly with ghee and honey. Extracted juice (*svarasa*) of wild asparagus and very cold juice of white cutch tree are also recommended as something good.³³²
 - 69 When poison is mixed in with eye make-up (añjana), he gets tears and rheum (upadeha), with a burning feeling, pain, faulty vision



³³⁰ See the description of this condition at 2.13.40 (Su 1938: 323), where the skin on the face is characterized as having pale circular patches that are itchy and have spots.

³³¹ The common plant-name पुनर्नवा is read as पुनर्णवा in both Nepalese witnesses. This unusual form is technically-speaking legal according to Pāṇini 8.4.3, but is not attested in published texts. पुनर्णवा is found rarely in some other Nepalese manuscripts such as the Brahmayāmala (a.k.a. Picumata, 44.81, transcription thanks to Shaman Hatley), and elsewhere (e.g., in Gaṇapatiśāstrī 1920–25: 20, where it is the name of a constellation.

³³² The syntax of the Nepalese version is slightly unclear, but the vulgate has smoothed out the difficulties.

Medical difference from Sharma.

example where the vulgate clarifies that these should be used separately; appears to be a gloss inserted into the vulgate text.

(dṛṣtivibhrama), and possibly even blindness.333

- 70–71 In this case, one must immediately drink ghee and have it also in an eyewash (*tarpaṇa*) with long pepper. One should have an eye ointment (*añjana*) of the juice of periploca of the woods and have the extract (*niryāsa*) of three-leaved caper, wood apple and periploca of the woods and the flower of marking-nut tree.
- Because of poisoned slippers there will definitely be a swelling, numbness $(sv\bar{a}pa)$, a discharge $(sr\bar{a}va)$ and an outbreak of spots (sphoṭa) on the feet. One should clean $(pra\sqrt{s\bar{a}dh})$ footstools together with slippers.
 - Ornaments lose their lustre, and they do not shine as they used to. They damage their respective locations with burning, sepsis $(p\bar{a}ka)$, and fissuring $(avad\bar{a}rana)$.³³⁴
- 75ab One should apply the stated procedure for massage oil (*abhyanga*) to poisoned slippers and ornaments.
- 75cd–76 In the case of the affliction (*upasarga*) by poison which has been described above, starting from 'vapour' and ending with 'ornaments,' the physician should observe the side-effects (*upadrava*) and then prescribe the therapy called the Great Fragrance (*mahāsugandha*) antidote, which I shall describe.³³⁵
- 77–78ab He should prescribe it in drinks, liniments ($\bar{a}lepana$), errhines (nasya), and in eye ointment ($a\tilde{n}jana$). Also, he should use sharp purgatives and emetics. If bleeding is present, he should have the indicated veins pierced.
- 78cd–79ab If either purging nut or a fern is tied on to the King's wrist, then all food that is mixed with poison will be rendered free of poison.³³⁶

The two uses of prāpta are hard to translate. prāptāh → kṣipram is an example of the vulgate banalizing the Sanskrit text to make sense of a difficult pas-

√ vyadh not √ vedh (also elsewhere and for the ears), causative optative

sage.

- 333 The term translated as "faulty vision" could also mean "rolling eyes." "Eye make-up" is normally made of Indian barberry.
- 334 The reading अवदारुण in MS Kathmandu KL 699 is not attested elsewhere in Sanskrit literature. On "sepsis" for पाक, see Wujastyk 2003b: xlv–xlvi.
- 335 This antidote is indeed described later, in dramatic terms, at 5.6.14–27 (Su 1938: 581). A recipe with eighty-five ingredients including cow's bile, it is praised as chief of all antidotes, one that can drag the patient back from the very jaws of death, from even the poisonous fangs of Vāsuki. A useful survery of the meanings of उपरां ("affliction") was given by HIML: IB, 332
- 336 In early Ayurvedic literature, the plant अजरुहा is mentioned only here and its identity is unknown. It may be a fern of the Nephrodium family, according to T. B. Singh and Chunekar (GVDB:7). Dalhaṇa, on 5.1.78 (Su 1938: 563), cited a description of the two plants from the little-known authority Uśanas (HIML: IA, 660 et passim) who described अजरुहा as a white root with spots on it that looks like collyrium when it is

He should always guard his heart when amongst people who are not his friends. Before eating, he should drink the kinds of ghee called "Invincible" and "Immortal". He should drink ghee (sarpiṣ), honey, curds (dadhi), milk (payas), or cold water.

- 81 He should consume monitor lizard, peacock, mongoose, chital deer, and blackbuck too, that destroy poison, and their juices.
- 82 As discerning person should add well-crushed black creeper,³³⁹ liquorice, and sugar to the meats of monitor lizard, mongoose and blackbuck too.
- 83 Add sugar and Himalayan monkshood to peacock flesh, together with ginger. And for meat from a chital deer, he should add long pepper, with ginger.
- 84ab A cold neem broth with honey and ghee is wholesome too.
- 84cd A discerning person should partake of hard and soft foods that counteract poison.³⁴⁰
 - 85 If poison might have been drunk, a person who has protected his heart should make himself vomit using long pepper, liquorice, honey, sugar, sugar cane juice, and water.

The first chapter in the Kalpas.

split; when drunk with sandalwood it causes poison to be digested.

³³⁷ The Carakasaṃhitā described "protecting the heart" (हृदयावरण) as drinking several sweet, oily drinks to surround the heart and keep it safe (6.23.46 (Ca 1941: 574)). Dalhaṇa on 5.1.79–81 (Su 1938: 563) explained it as taking a number of anti-toxic medicines, including those listed in the present passage, in order to cover or hide (प्रच्छादन) the heart. Note that the Nepalese version reads the opposite of the vulgate: one should guard one's heart when amongst enemies, not friends. This is far more logical; it is also the reading known to the 1.8.89a (As 1980: 79).

³³⁸ These ghee compounds are described in later chapters: see 5.2.47–49 (Su 1938: 566) and 5.6.13 (Su 1938: 581).

³³⁹ Dalhana on 5.1.82 (Su 1938: 563) equated this with turpeth.

³⁴⁰ On this expression, see Yagi 1994.

Kalpasthāna 2: Poisonous Plants

Introduction

This section begins with several lists of poisonous plants. The Sanskrit names for these plants are mostly not standard or familiar from anywhere in Sanskrit or ethnobotanical literature. It remains a historical puzzle why these particular names are so difficult to interpret. However, we are not the first to encounter these difficulties. In the twelfth century, the learned commentator on the text, Dalhana, remarked,

In spite of having made the greatest effort, it has been impossible to identify these plants. In the Himalayan regions, Kirātas and Śabaras are able to identify them.³⁴¹

Dalhaṇa also recorded variant readings of these poison names from the manuscripts that he consulted of the lost commentary of Gayadāsa (fl. c. ce 1000). The identities of these poisons have been in doubt for at least a thousand years.³⁴² Identifications have in many cases been equally impossible for us today.

One path for exploration in this situation is to attempt to reverseengineer some identifications by considering the known toxic plants of India.³⁴³

³⁴¹ After *Suśrutasaṃhitā, kalpasthāna* 2.5 (Su 1938: 564). From the view of Sanskrit authors, Kirāṭas and Śabaras were tribal peoples. The eleventh-century author Bhikṣu Govinda, however, cast his treatise as a dialogue with a Kirāṭa king called Madana who was a master of the alchemical art (HIML: IIA, 620).

³⁴² See Wujastyk 2003*b*: 80–81.

³⁴³ Valuable reference sources on Indian plant toxicology in general include Pillay 2013; chs. 10, 11 and Barceloux 2008; parts 1.II, 3 and 4.

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.³⁴⁴

Translation

- 1 And now I shall explain what should be known about stationary poisons.³⁴⁵
- 3 It is said that there are two kinds of poisons, stationary (*sthāvara*) and mobile (*jaṅgama*). The former dwells in ten sites, the latter in sixteen places.
- 4 Traditionally, the ten are: root, leaf, fruit, flower, bark, milky sap $(k \circ \bar{\imath} ra)$, pith $(s \bar{\imath} ra)$, resin $(n i r y \bar{\imath} sa)$, the elements $(d h \bar{\imath} tu)$, and the tuber.
- 5 In that context,
 - the eight root-poisons are:346
 - 1. liquorice (?),³⁴⁷
 - 2. sweet-scented oleander,³⁴⁸
 - 3. jequirity,³⁴⁹
 - 4. false daisy,³⁵⁰

- 345 No reference is made to Dhanvantari (see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021). "Stationary" here is a term contrasted with "moving," and signifies plants as opposed to animals and insects.
- 346 Some South Asian plants with poisonous roots that we would have expected to see in this list include *Croton tiglium*, L., *Calotropis* spp., *Citrullus colocynthus* L. Schrad., and *Ricinus communis* L. (CIPP).
- 347 Liquorice eaten in excess can be poisonous, but it is unlikely to be the plant intended here. T. B. Singh and Chunekar (GVDB: 124) noted that the poisonous root mentioned in this passage, "remains to be identified."
- 348 The roots of sweet-scented oleander are highly toxic, as are most parts of the plant (Pillay and Sasidharan 2019).
- 349 Jequirity contains a dangerous toxin called Abrin in its seeds and to a lesser extent in its leaves, but apparently not in its roots or bulb. Abrin is not harmful if eaten, but an infusion of the bruised (not boiled) seeds injected or rubbed in the eyes can be fatal (NK:#6). The dose can be quite small.
- 350 The plant is usually called just *bhangurā* without the prefix *su-* "good." However, there is no reported toxicity associated with *E. prostrata*. The vulgate reads सुगन्धा (snakeroot).

³⁴⁴ HIML: IA, 290-291.

- 5. (?),³⁵¹ and ending with
- 6. leadwort,³⁵²
- 7. country sarsaparilla (?),353 and
- 8. medhshingi,³⁵⁴
- the leaf-poisons include:
 - aconite leaf (?),
 - drum-giver (?),
 - thorn apple, and
 - big thorn apple;
- the fruits of items like: jequirity, marking-nut tree, and poison-altar (?) are
 - kumudavati (kumadavati)ⁱ,
 - reņuka (?)ii,
 - kurūkaka (?)iii,
 - 'little bamboo' (venuka) iv,355,
- 351 This poisonous root cannot at present be securely identified. Similar-sounding candidates include <code>karkaṭaka</code>, <code>karahāṭa</code> (emetic nut), and <code>karaghāṭa</code>, but since this is a prose passage, there would be no reason to alter the word to fit a metre. Monier-Williams et al. (MW: 255) cite an unknown lexical source that equates <code>karaṭa</code> (mn.) with safflower (<code>Carthamus tinctorius</code>, L.), but this plant does not have a poisonous root.
- 352 The roots of both rose and white leadwort are very toxic.
- 353 The text reads masculine *ananta*, which is not a plant name. Gayī's commentary on 5.2.5 (Su 1938: 564) noted a variant reading of feminine *anantā* in place of *gargaraka*, earlier in the compound. But the feminine *anantā*, country sarsaparilla, is not a poisonous plant.
- 354 Meulenbeld (1989: 61, n. 3) argued that our text reads a masculine or neuter noun *vijaya*, which never signifies cannabis. However, unlike the vulgate, the unanimous readings of the Nepalese manuscripts give feminine *vijayā*. Nevertheless, even the feminine form only started to signify *Cannabis sativa* L. after the end of the first millennium (Meulenbeld 1989; Wujastyk 2002; McHugh 2021). The *Sauśrutanighaṇṭu* gives a number of synonyms for *vijayā*, almost none of which have any poisonous parts (Suvedī and Tīvārī 2000: 5.77, 10.143). But one of them, *viṣāṇī* (also *meṣaśṛṅgī*), is sometimes equated with *Dolichandrone falcata* (*DC*.) *Seemann* (ADPS: 518), a plant used as an abortifacient and fish poison (NK: #862). This identification is tenuous.

355 Not poisonous.

i unknown; see?

ii ?; see Piper aurantiacum Wall. (NK: #1924) is not poisonous.

iii ?: see?

iv Bambusa bambos, Druce?; see NK #307

- thorn apple (*karambha*)^v,
- 'big thorn apple' (mahākarambha)^{vi},
- 'pleaser' (nandanā)^{vii},
- 'crow' (kāka) viii,
- the flower-poisons include those of:
 - rattan (*vetra*)^{ix},
 - wild chinchona (kādamba)^x,
 - black pepper $(vall\bar{\imath}ja \rightarrow marica)^{xi}$,
 - thorn apple (*karambha*)^{xii}, and
 - big thorn apple (mahākarambha)^{xiii};
- the seven bark, pith $(s\bar{a}ra)$ and resin $(niry\bar{a}sa)$ poisons are:
 - 'gutboiler' (antrapācaka) xiv,
 - 'blade' (kartarīya)^{xv},
 - wild mustard (saurīyaka)^{xvi},
 - emetic nut ($karagh\bar{a}ța \rightarrow karah\bar{a}ța? \rightarrow madana$) xvii ,
 - thorn apple (*karambha*)^{xviii},
 - wild asparagus ($nandana \rightarrow bahuputr\bar{a}$?) xix , and

v Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

vi Datura metel, L.?; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

vii ?; see?

viii ?; see?

ix Calamus rotang, L.; see AVS 1.330, NK #413

x Anthocephalus cadamba, Mig.; see NK #204

xi Piper nigrum, L.?; see NK #1929; Rā.6.115, Dha.4.85, Dha.2.88

xii Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

xiii Datura metel, L.?; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

xiv unknown; see?

xv unknown; see?

xvi Cleome viscosa, L.? (cf. Rā.4.144); see AVS 2.116, NK #615

xvii Randia dumetorum, Lamk.; see NK #2091

xviiiDatura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

xix Asparagus racemosus, Willd.; see ADPS 441, AVS 1.218, NK #264, IGP 103, IMP 4.2499ff., Dymock 482ff.

- munj grass (*nārācaka*)^{xx};³⁵⁶
- the three milky sap $(k \le \bar{i} r a)$ -poisons are:
 - purple calotropis ($kumudaghn\bar{i} \rightarrow arka?$)^{xxi},³⁵⁷
 - oleander spurge (snuhī)*xii, and
 - 'web-milk' (jālakṣīri)^{xxiii};
- the two element (*dhātu*)-poisons are:
 - 'foam-stone' (phenāśma) xxiv, and
 - orpiment (haritāla) xxv;358
- the thirteen tuber-poisons are:
 - jequirity (*kālakūṭa*)^{xxvi},³⁵⁹
 - wolfsbane (vatsanābha)^{xxvii},

The *Rājanighaṇṭupariśiṣṭa* (9.35) gives *kālakūṭaka* as a synonym for *kāraskara*, or *Strychnos nux-vomica*, L., whose seeds are notoriously poisonous.

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xx Saccharum bengalense, Retz.?; see NK #2184
xxi Calotropis gigantea, (L.) R. Br.; see ADPS 52, AVS 1.341, NK #427, Potter 63
xxii Euphorbia neriifolia, L., or E. antiquorum, L.; see ADPS 448, AVS (2.388), 3.1, NK
#988, IGP 457b
xxiiiunknown; see ?
xxivunknown; see ?
xxv Arsenii trisulphidum; see NK v. 2, p. 20 ff.
xxviAbrus precatorius, L.? Cf. RRS 21.14.; see AVS 1.10, NK #6, Potter 168.
xxviAconitum napellus, L.; see AVS 1.47, NK #42, Potter 4 f.
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³⁵⁶ The bark of wild asparagus (Asparagus racemosus, Willd.) is toxic.

³⁵⁷ The name of this poison, *kumuda-ghnī*, means 'lotus killer'. In Sanskrit literature, the *kumuda* lotus is associated with the moon, since it blossoms by night. Since the sun causes this lotus to close, it is therefore an 'enemy' of the lotus. One of the chief words for the sun, *arka*, is also the name of *Calotropis gigantea*, which indeed has a milky juice which is a violent purgative, poison and abortifacient.

³⁵⁸ Dutt (Dutt: 38–42) conjectured that 'foam-stone' may be impure white arsenic obtained by roasting orpiment.

The much later (perhaps sixteenth century) alchemical *Rasaratnasamuccaya* of pseudo-Vāgbhaṭa (21.14) says that the *kālakūṭa* poison, here translated as 'jequirity', is similar to '*kākacañcu*' or 'Crow's Beak', which is indeed a name for the plant jequirity or *Abrus precatorius*, L., more commonly called *guñjā* (not to be confused with *gañjā*). The black seed-pod is described as having a 'sharp deflexed beak' in botanical descriptions, so the Sanskrit name is quite graphic and appropriate. The poisonous scarlet seeds of *A. precatorius* can have a distinct black dot or tip, which could perhaps be translated '*kāla-kūṭa*', or 'Black Tip'.

- Indian mustard (sarṣapa) xxviii
- leadwort $(p\bar{a}laka \rightarrow citraka)^{xxix}$,
- 'muddy' (kardama)^{xxx}, the
- 'Virāṭa's plant' (vairāṭaka) xxxi,
- nutgrass (*mustaka*)^{xxxii},
- atis root (śṛṅgīviṣa)^{xxxiii}
- sacred lotus (prapundarīka)^{xxxiv},
- radish (mūlaka)^{xxxv},
- 'alas, alas' (hālāhala) xxxvi,
- 'big poison' (mahāviṣa) xxxvii, and
- galls (karkata) xxxviii.360

Thus, there are fifty-five stationary poisons.

6 There are believed to be four kinds of wolfsbane, two kinds of *mustaka*, and six kinds of Indian *sarsapa*. But the rest are said to be unique types.

The effects of poisons

7–10 People should know that root-poisons cause writhing (*udveṣṭana*), ranting (*pralāpa*), and delirium (*moha*), and leaf-poisons cause yawning,

360 Leadwort root is a powerful poison. Nutgrass is tuberous, but non-toxic. Atis has highly toxic tuberous roots. Neither sacred lotus nor galls are toxic. The 'alas, alas' poison (\$halahala\$) is the mythical poison produced from the churning of the ocean at the time of creation: it occurs in medical texts such as the present one, and commentators identify it with one or other of the lethal poisons such as wolfsbane or jequirity. Agrawal (1963: 126) makes the intriguing suggestion that the word \$halahala\$, possibly to be identified with Pāṇini's \$hailihila\$ (P.6.2.38), may be of Semitic origin, although his evidence seems uncertain (Steingass (1930: 1506a) cites Persian \$halahil\$ 'deadly (poison)' as a loan from Sanskrit). KEWA: iii.585 also cites a claim for an Austro-Asiatic origin for the word.

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xxviBrassica juncea, Czern. & Coss.; see AVS 1.301, NK #378
xxixPlumbago zeylanica (indica? rosea?), L.; see Rā. 6.124, ADPS 119, NK #1966, 1967
xxx unknown; see ?
xxxiunknown; see ?
xxxiCyperus rotundus, L.; see ADPS 316, AVS 2.296, NK #782
xxxiAconitum heterophyllum, Wall. ex Royle; see AVS 1.42, NK #39
xxxiNelumbo nucifera, Gaertn.; see Dutt 110, NK #1698
xxxxRaphanus sativus, L.; see NK #2098
xxxuinknown; see Cf. Soḍhalanighantu p.43 (sub bola) = stomaka = vatsanābha
xxxuinknown; see ?
xxxxRiius succedanea, L.; see NK #2136
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writhing, and wheezing (śvāsa).

Fruit-poisons cause swelling of the scrotum, a burning feeling and writhing. Flower-poisons will cause vomiting, distension ($\bar{a}dhm\bar{a}na$) and sleep ($sv\bar{a}pa$).

The consumption of poisons from bark, pith ($s\bar{a}ra$) and resin ($niry\bar{a}sa$) will cause foul breath, hoarseness ($p\bar{a}ru\bar{s}ya$), a headache, and a discharge of phlegm (kapha).³⁶¹

The milky sap $(k \circ \bar{\imath} ra)$ -poisons make one froth at the mouth, cause loose stool, and make the tongue feel heavy.³⁶² The element $(dh \bar{\imath} tu)$ -poisons give one a crushing pain in the chest, make one faint and cause a burning feeling on the palate.

These poisons are classified as ones which are generally speaking lethal after a period of time.

11-17 Symptoms of tuber poisoning

The tuber-poisons, though, are severe. I shall talk about them in detail. With jequirity $(k\bar{a}lak\bar{u}ta)^{xxxix}$, there is numbness and very severe trembling. With wolfsbane $(vatsan\bar{a}bha)^{xl}$, there is rigidity of the neck, and the faeces, and urine become yellow.

With sārṣapa $(s\bar{a}rṣapa)$,³⁶³ the wind becomes defective $(v\bar{a}tavaiguṇya)$, there is constipation $(\bar{a}n\bar{a}ha)$, and lumps (granthi) start to appear. With leadwort $(p\bar{a}laka \rightarrow citraka)^{xli}$, there is weakness in the neck, and speech gets jumbled.³⁶⁴

³⁶¹ At 1.2.6 (Su 1938: 11), Dalhaṇa glosses hoarseness (*pāruṣya*) as *vāgrūkṣatā*, "a rough, dry voice."

³⁶² At 6.54.10 (Su 1938: 773), Dalhaṇa glosses loose stool (*viḍbheda*) as *dravapurīṣatā*, "having liquid stool."

³⁶³ Sārṣapa would normally mean "connected with mustard," and excessive consumption of mustard oil can be harmful. However, the Sauśrutanighaṇṭu (156) gives rakṣoghnā as a synonym for sarṣapā. This can be Semecarpus anacardium, L.f., which has some poisonous parts.

³⁶⁴ The verse in the Nepalese version ends with a plural verb that does not agree with the dual of the sentence subject.

xxxiAbrus precatorius, L.? Cf. RRS 21.14.; see AVS 1.10, NK #6, Potter 168.

xl Aconitum napellus, L.; see AVS 1.47, NK #38, Potter 4 f.

xli Plumbago zeylanica (indica? rosea?), L.; see Rā. 6.124, ADPS 119, NK #1966, 1967

With the one called 'muddy' $(kardama)^{xlii}$, there is a discharge (praseka), the faeces pour out, and the eyes turn yellow. The 'Virāṭa's plant' $(vairāṭaka)^{xliii}$ causes pain in the body and illness in the head. Paralysis of one's arms and legs and trembling are said to be caused by mustaka (mustaka).³⁶⁵

- 15b With great aconite (*mahāviṣa*) one's limbs grow weak, there is a burning feeling and swelling of the belly.³⁶⁶
- 16a With puṇḍarīka (puṇḍarīka), one's eyes go red, and one's belly becomes distended.³⁶⁷
- 16b With mūlaka ($m\bar{u}laka$), one's body is drained of colour and the limbs are paralysed.³⁶⁸
- 17a With hālāhala (*Aconite*), a man turns a dark colour (*dhyāma*), and gasps.³⁶⁹
- With atis root $(\dot{srng\bar{i}vişa})^{xliv}$, one gets violent knots (granthi) and stabbing pains in the heart.³⁷⁰
- 18a With markaṭa (*monkey*), one leaps up, laughs, and bites.³⁷¹
 - 365 The substitution in MS NAK 5-333 affecting 15cd is caused by an eye-skip to the word *viṣeṇa* in 2.17. *Mustaka* commonly refers to Cyperus rotundus, L.; the root is used in āyurveda but is not poisonous. However other dictionaries list *mustaka* amongst serious poisons, for example *Rājanighaṇṭu* (22 v. 42) and *Rasaratnasamuccaya* 16, v. 80. However, its ancient identity is still doubtful.
 - 366 The poisonous root great poison (*mahāviṣa*) is not clearly identifiable, although *viṣa* is commonly aconite. Verse 6 above notes that there are several kinds of aconite.
 - 367 The word puṇḍarīka very commonly means sacred lotus, Nelumbo nucifera, Gaertn. The entire plant is edible and cannot be the poison intended here. T. B. Singh and Chunekar (GVDB: 252) noted that this poison is unidentified and that it is also listed as a poison in *Carakasamhitāci*.23.12.
 - 368 The word *mūlaka* very commonly means the radish, *Raphanus sativus*, L. The root is edible and cannot be the poison intended here. T. B. Singh and Chunekar (GVDB: 317) noted that this poison is unidentified.
 - 369 Identification of *hālāhala* is uncertain. It may simply be a mythical poison, or its specific identity may have been lost over the centuries. Late *nighaṇṭu*s identify it as *stomaka* = *vatsanābha*, i.e., *Aconitum napellus*, L. (*Soḍhalanighantu* p.43). Dalhaṇa on 5.2.17 (Su 1938: 564) interprets our "gasps" as "the man laughs and grinds his teeth." But this gloss is probably displaced and intended to apply to verse 2.18.
 - 370 T. B. Singh and Chunekar (GVDB: 407) noted that *vatsanābha* and *śṛṅgīviṣa* are two different varieties of poisonous Aconites that are difficult to distinguish.
 - 371 T. B. Singh and Chunekar (GVDB: 299) said of markata, "an unidentified vegetable

xlii unknown; see?

xliii unknown; see?

xliv Aconitum heterophyllum, Wall. ex Royle; see AVS 1.42, NK #39





18b-19a Experts have said that one should know that the thirteen highly potent tuber-poisons, which are mentioned here, have ten qualities (*guṇa*). 19b-20a The ten are:

- dry (rūkṣa),
- hot,
- sharp,
- rarified (*sūkṣma*),
- fast-acting,
- pervasive (vyavāyin),
- expansive (vikāsin),
- limpid (viśada),
- light, and
- indigestible.
- 20b Because of dryness, it may cause inflammation of the wind; because of heat it inflames the choler and blood. Because of the sharpness it unhinges the mind, and it cuts through the connections with the sensitive points (*marman*). Because it is rarified it can infiltrate and distort the parts of the body.³⁷²
 - Because it is fast-acting it kills quickly, and because of its pervasiveness it affects one's whole physical constitution (prakrti).³⁷³ Because of its expansiveness it enters into the humour (doṣa)s, bodily constituents $(dh\bar{a}tu)$ s, and even the impurities. Because it is limpid it overflows, and because it is light it is difficult to treat. Because it is indigestible it is hard to eliminate. Therefore, it causes suffering for a long time.
 - Any poison that is instantly lethal, whether it be stationary, mobile, or artificial, will be known to have all ten of these qualities.

Slow-acting poison

25cd–26 A poison that is old or destroyed by anti-toxic medicines, or else dried up by blazing fire, wind, or sunshine, or which has just lost its qualities

poison." Cf. Suvedī and Tīvārī 2000: v.36 for synonyms that lead to the non-toxic jujube tree.

³⁷² We read the active *vikaroti* with Dalhana against the transmitted passive *vikriyeta*, since it must be the parts of the body that are distorted, not the poison.

³⁷³ Dalhaṇa on 5.2.22 (Su 1938: 565) explained this as "takes the form of pervading the whole body (akhiladehavyāptirūpam)."

- by itself,³⁷⁴ becomes a slow-acting poison $(d\bar{u}$, \bar{s} \bar{v} i, \bar{s} a).³⁷⁵ Because it has lost its potency it is no longer perceived. Because it is surrounded by phlegm (kapha) it has an aftermath that lasts for a very long time.
- 27 If he is suffering from this, the colour of his stools changes, he gets sourness and a bad taste with great thirst. Stammering and close to death, wandering about, he may feel faint, giddy, and aroused.³⁷⁶
- 28 If it lodges in his stomach (āmāśaya), he becomes sick because of wind and phlegm; if it lodges in his intestines (pakvāśaya), he becomes sick because of wind and choler. A man's hair and limbs fall away and he looks like a bird whose wings have been chopped off.
- 29a–c If it lodges in one of the body tissues such as chyle (*rasa*), it causes the diseases arising from the body tissues, that have been said to be wrong.³⁷⁷ and it rapidly becomes inflamed on days that are nasty because of cold and wind.
- 29d–31 Listen to its initial symptoms (*liṅga*): it causes heaviness due to sleep, yawning, disjunction (*viśleṣa*) and horripilation (*harṣa*) and a bruising of the limbs (*aṅgamarda*).³⁷⁸ Next, it causes intoxication from food (*annamada*) and indigestion, loss of appetite (*arocaka*), the condition of having a skin disease (*koṭha*) with round blotches (*maṇḍala*),³⁷⁹ dwindling away (*kṣaya*) of flesh, swelling of the feet, hands, and face, the fever called *pralepaka*, vomiting and diarrhoea.³⁸⁰ The slow-acting poison might cause wheezing, thirst and fever, and it might also cause distension of the abdomen.
 - These various disorders are of many different types: one poison may produce madness, while another one may cause constipation $(\bar{a}n\bar{a}ha)$, and yet another may ruin the semen. One may cause emaciation, while

³⁷⁴ Dalhana specified that this refers to the ten qualities that are mentioned above (5.2.26 (Su 1938: 565)).

³⁷⁵ Palhaṇa cited this verse at 1.46.83 (Su 1938: 222) while explaining dūṣīviṣa.

³⁷⁶ Similar symptoms of slow-acting poison are described at 2.7.11–13 (Su 1938: 296) in the context of contamination dropsy (*duṣyodara*). This this may explain why the vulgate inserted reference to this disease at this point.

³⁷⁷ The expression *ayathāyathoktān* "stated to be unsuitable" is hard to understand here, but is clearly transmitted in the Nepalese version.

³⁷⁸ Dalhana 5.2.30ab (Su 1938: 565) glossed "disjunction" as the loss of function of the joints in regard to movement.

³⁷⁹ The last ailment could perhaps be ringworm.

³⁸⁰ The *pralepaka* fever was described by Dalhana, at 6.39.52 (Su 1938: 675), as an accumulation of phlegm in the joints. Its symptoms are described in 6.39.54

- another pallid skin disease (kuṣṭha).
- Something is "corrupted" by repetitively keeping to bad locations, times, foods, and sleeping in the daytime. Or, traditionally, "corrupting poison" (slow-acting poison $(d\bar{u}s\bar{i}-visa)$) is so called because it may corrupt $(d\bar{u}sayet)$ the body tissue $(dh\bar{a}tu)s$.

34- The stages of toxic shock

- In the first shock of having taken a stationary poison, a person's tongue becomes dark brown and stiff, he grows faint, and panics.
- In the second, he trembles, feels exhausted, has a burning feeling, as well as a sore throat. When the poison reaches the stomach $(\bar{a}m\bar{a}\hat{s}aya)$, it causes pain in the chest (hrd).
- In the third,his palate goes dry, he gets violent pain (\dot{sula}) in the stomach $(\bar{a}m\bar{a}\dot{s}aya)$, and his eyes become weak, swollen and yellow.
- In the fourth shock, it causes the intestines and stomach to be exhausted $(s\bar{a}da)$, he gets hiccups, a cough, a rumbling in the gut (antra), and his head becomes heavy too.
- In the fifth he dribbles phlegm (*kapha*), goes a bad colour, his ribs crack (*parśvabheda*), all his humours are irritated, and he also has a pain in his intestines (*pakvādhāna*).
- 39a In the sixth, he loses consciousness and he completely loses control of his bowels.
- 39b In the seventh, there are breaks in his shoulders, back and loins, and he stops breathing.³⁸¹

Remedies for the stages of slow poisoning

- 40 In the first shock of the poison, the physician should make the man, who has vomited and been sprinkled with cold water, drink an antidote (agada) mixed with with honey and ghee.
- In the second, he should make the man who has vomited and been purged drink as before;

³⁸¹ Here at 5.2.24 (Su 1938: 566) Dalhaṇa glossed sannirodha as "complete cessation, i.e., of breath" (sannirodhaḥ samyannirodhaḥ, ucchvāsasya iti śeṣaḥ). The manuscripts all read skanda where skandha must be intended; this confusion is known from Buddhist Hybrid Sanskrit (Edgerton 1953: 2, 608).

(Ca 1941: 574).

- on the third, drink an antidote and a beneficial nasal medicine (nasya) as well as an eye salve ($a\tilde{n}jana$).
- In the fourth, the physician should make him drink an antidote that is salt with a little oil.³⁸²
- In the fifth, he should be prescribed the antidote together with a decoction $(kv\bar{a}tha)$ of honey and liquorice.
 - In the sixth, the cure (siddhi) is the same as for diarrhoea. And in the seventh, he perishes.³⁸³
- In between any one of these shocks, once the above treatment has been done, he should give the patient the following cold gruel $(yav\bar{a}g\bar{u})$ together with ghee and honey, that will take away the poison.
- 45–46 A gruel $(yav\bar{a}g\bar{u})$ made of the following items in a stewed juice $(ni\hbar k v\bar{a}tha)$ destroys the two poisons: luffa gourd, wild celery, well eaf, sunflower, heart-leaved moonseed, myrobalan siris, and selu
 - 382 At 6.52.30 (Su 1938: 769) Dalhana noted that *sindhu* can be interpreted as salt (*saindhava*).
 - 383 The vulgate text here is quite different, recommending that the patient have medicated powder blown up his nose. It may be possible to detect the evolution of the Nepalese अवसीदेत् to the vulgate's अवपीड्यू. The vulgate version is hard to construe, and we see Dalhaṇa struggling to interpret it in his commentary on 5.2.43ab (Su 1938: 566). This sternutatory is, however, recommended in the Nepalese version at 5.5.30ab (Su 1938: 576), for the seventh shock of poisoning by a striped snake (rājimat). It is possible the text migrated from that location to this. Another difference at this point is that the Nepalese version also does not support the vulgate's passage on the crow's foot (kākapada) therapy (Wujastyk 2003b: 145, n. 106). The same is the case at 5.5.24 (Su 1938: 575) and the clear description at 5.5.45 (Su 1938: 577), in neither of which is the therapy supported in the Nepalese version. This therapy seems unknown to the Nepalese transmission. The therapy may have migrated into the vulgate Suśrutasaṃhitā from the Carakasaṃhitā 6.23.66–67
 - 384 At 4.10.8 (Su 1938: 449) Dalhaṇa glossed कोशवती as देवदाली and at 4.18.20 (Su 1938: 472) as कटुकोशातको, vocabulary pointing to Cucumis cylindrica, Cucumis actangula or Luffa echinata. See glossary under luffa.
 - 385 A plant often cited in <code>Suśrutasaṃhitā</code>, but rarely in <code>Carakasaṃhitā</code> (GVDB: 4). Dalhaṇa glossed it here, 5.2.45 (Su 1938: 566), as <code>ajamodā</code>, wild celery, but noted that others consider it to be <code>moraṭa</code>, rajmahal hemp. There is considerable complexity surrounding the identification of <code>moraṭa/mūrvā</code> and related synonyms (GVDB: 314-316). Taking <code>agnika</code> as a short reference to <code>agnimantha</code>, often identified as migraine tree, might be plausible, since that is antitoxic or anti-inflammatory, but such a short reference is not known elsewhere.
 - 386 At 5.2.45 (Su 1938: 566) Dalhaṇa said that this plant has leaves like the *paṭola*, pointed gourd, T. B. Singh and Chunekar (GVDB: 280, 443) argued plausibly that this is a syn-

plum, white siris, the two kinds of turmeric,³⁸⁷ and the two kinds of poison berry,³⁸⁸ hogweed, peas, the three heating spices, the two kinds of Indian sarsaparilla³⁸⁹ and blue water-lily.

onym for *arkapuṣpī*, panacea twiner, as Dalhaṇa also stated in 1.45.120 (Su 1938: 206), and the leaves of Holostemma and Trichosanthes are indeed strikingly similar. The appearance of the plant, a creeper with sun-like flowers, fits the name. But there remains much controversy about the identities of these candidates (e.g., ADPS: 195–198).

³⁸⁷ I.e., turmeric and Indian barberry.

³⁸⁸ I.e., poison berry and yellow-berried nightshade.

³⁸⁹ I.e., country sarsaparilla and black creeper.

The invincible ghee

There is a famous ghee called "Invincible" (*ajeya*). It rapidly destroys all poisons but is itself unconquered. It is prepared with a mash (*kalka*) of the following plants: liquorice, crape jasmine, costus, deodar, peas, Indian madder, cardamom and cherry, cobra's saffron, blue water-lily, sugar, embelia, sandalwood, cassia cinnamon, beautyberry, rosha grass, the two turmerics,³⁹⁰ the two Indian nightshades,³⁹¹ the two kinds of Indian sarsaparilla,³⁹² beggarweed, and heart-leaf sida.

Curing the 'slow-acting' poison

- 50–52 Someone suffering from "slow-acting poison $(d\bar{u}_{\bar{s}\bar{t}vi\bar{s}a})$ " should be well sweated, and purged both top and bottom. Then he should be made to drink the following eminent antidote which removes "slow-acting poison:"
 - Take long pepper, rosha grass, spikenard, lodh tree, cardamom, natron, scented pavonia, red chalk, as well as gold, and pondweed.
 - This antitoxin, taken with honey, eliminates slow-acting poison. It is called the "enemy of slow-acting poison $(d\bar{u}_{\bar{s}\bar{l}}vi_{\bar{s}}\bar{a}ri)$," and it is not prohibited in other situations.
- If there are any other side-effects (*upadrava*), such as fever, a burning feeling, hiccups, constipation (*ānāha*), depletion of the semen, distension, diarrhoea, fainting, skin problems, bellyache (*jaṭhara*), madness, trembling, then one should treat each one in its own terms, using antitoxic medicines.
 - For a prudent person, the slow-acting poison can be cured $(s\bar{a}dhya)$ immediately. It is treatable $(y\bar{a}pya)$ if it is of a year's standing. Other than this, it should be avoided for the person who eats unwholesome things.

³⁹⁰ I.e., turmeric and Indian barberry.

³⁹¹ I.e., poison berry and yellow-berried nightshade.

³⁹² I.e., country sarsaparilla and black creeper.

Kalpasthāna 3: Poisonous Insects and Animals

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.³⁹³

Translation

- 1 And now we shall explain the rule (*kalpa*) that is the required knowledge about mobile poisons.³⁹⁴
- 3 The full explanation about the sixteen carriers (*adhiṣṭhāna*) of the mobile poisons, that have been mentioned by me in brief, will be stated.³⁹⁵
- 4 In that context, they are:³⁹⁶
 - gaze and breath,
 - teeth, nails, and bites
 - urine and faeces,
 - menstrual blood,

- semen,
- tail,
- contact with saliva,
- nipping with the mouth



³⁹³ HIML: IA, 291–292.

³⁹⁴ In contrast to stationary, plant poisons. No reference is made to Dhanvantari (see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021).

^{395 &}quot;Carrier" for base, foundation (*adhiṣṭhāna*) aims to capture the idea that the author will describe the creatures in which poisons inhere.

³⁹⁶ The content of this section is presented as a table, for clarity for the contemporary reader and mindful of the theoretical issues surrounding notational variation, including the "symbolic rewriting" and the modification of "expressive capacities" discussed by Sarukkai (2016: 321 ff). For further discussion, see Wujastyk 2021a: 81–83.

³⁹⁷ This interpretation comes from Dalhana on 5.3.4 (Su 1938: 567), but he reads विशिधित.

(mukhasamdamśā),

- fart (avaśardhita),³⁹⁷
- anus,³⁹⁸
- bones,
- 5 In that context,

- bile,
- bristles (śūka), and
- corpses.

location of the poison	creatures ³⁹⁹
in their breath and gaze	divine snakes
in their fangs	the ones on earth ⁴⁰⁰
in their nails, mouths and fangs	cats, dogs, monkeys, men $(nara)$, 401 crocodiles, frogs, 'cook-fish' $(p\bar{a}kamatsya)$, 402 monitor lizards, cone snails $(\acute{s}amb\bar{u}ka)$, 'poisonous snakes' $(pracal\bar{a}ka)$, 403 geckos $(grhagodik\bar{a})$, 404 four-footed insects and others
in their urine and faeces	lice (kiṭipa), 'flat insects' (picciṭā), 'orange-dwellers' (kaṣāyavāsika), 'pepper snakes' (sarṣapaka), 'angry beetles' (toṭaka), dung beetles (varcaḥkīṭa), and 'pot insects' (kauṇḍinya)
in their semen	mice

³⁹⁸ Dalhana on 5.3.4 (Su 1938: 567) noted this reading.

³⁹⁹ Many of these names are mere dubious placeholders.

⁴⁰⁰ Palhaṇa on 5.3.5 (Su 1938: 567) cited the otherwise unknown authority Sāvitra on the topic of poisonous snakes (HIML: ???, ???).

⁴⁰¹ Probably dittography from the previous word, monkey (*vānara*). But it is supported in both Nepalese witnesses, so it must go back to an earlier exemplar.

⁴⁰² MS KL 699 separates the words पाक and मत्स्य with a daṇḍa, indicating that the scribe thought they were separate terms. Dalhaṇa thought this was a kind of fiery insect (5.3.5 (Su 1938: 567)).

⁴⁰³ *Arthaśāstra* 14.1.14, 23 (Olivelle 2013: 448), where it might also be a chameleon, but the latter are not venomous.

⁴⁰⁴ The scribe of MS NAK 5-333 noted in the margin that some of his sources read गल-गोडिका, which is the name of a snake known also in the *Carakasaṃhitā* and elsewhere in literature. Hemacandra's *Abhidhānacintāmaṇi* (4.364) mentions that गृहगोधिका and गृहगोलिका are synonyms (Rādhākāntā Deva 1876: 691a, sub māṇikyā).

location of the poison	creatures
in their stings (śūla)	scorpions, 'earth scorpions' (viśvambhara), wasps (varaki),405 fish, crabs (ucciṭiṅga), and 'wing-scorpions' (patravṛścika)
in their saliva, nails, urine, feces, blood, semen and fangs	spiders
in the bites of their mouths	flies, wasps (kaṇabha) and leeches
in the bites of their mouths, in their fangs, faces, †, farts, anuses and feces	'speckle-heads' (citraśīrṣa), 'lids' (śārava), 'bellied' (kukṣita), 'wood-enemies' (dārukāri), 'liquors' (medaka), and 'darts' (śārikā).

Table 2: Passage 5, expressed in tabular format.

- 6 The enemies of the king pollute the waters, roads and foodstuffs in enemy territory. The experienced physician, who has learned how to purify things, should clean up those polluted things.
- 7 Polluted water is slimy and smells of tears.⁴⁰⁶ It is covered with froth and covered with streaks. The frogs and fish die, the birds are crazed and, along with the wetland creatures, they wander about aimlessly.
- 8 Men, horses and elephants who swim in it experience vomiting, delusion, fever, swelling and sharp pains.⁴⁰⁷ He should try to purify that

⁴⁰⁵ वरटी is a wasp; वरिक in the Nepalese MSS may be an alternant of this word. Dalhana on 5.3.5 (Su 1938: 568) remarked that some interpreted वरिकमत्स्य as two items, "wasp and fish," others as a single one, "wasp-fish."

⁴⁰⁶ अस normally means "tears," but rarely means "blood."

⁴⁰⁷ On the polysemy of elephant/snake (*nāga*), see Semeka-Pankratov 1979.

- polluted water, after curing their ailments.
- 9 And so, he should burn axlewood and garjan oil tree, as well as corky coral tree, with crimson trumpet-flower tree and small-flowered crape myrtle and weaver's beam tree, and with golden shower tree and white cutch tree. Then he should sprinkle that ash, cold, on the waters.
- And in the same way, putting a handful of the ash in a pot, one may also purify water that one wants.

 If any one of the limbs of cows, horses, elephants, men or women, touch a place on the ground that enemies have spoiled with poison, or a ford or rock or a flat surface, then it swells up and burns and its hair and nails fall out on that place.
 - In that situation, he should grind up country sarsaparilla together with all the aromatic items, with alcoholic drinks. And then he should sprinkle the paths that need to be used with waters mixed with mud.⁴⁰⁹ And if there exists another path, he should go by that.⁴¹⁰
 - When grasses and foods are polluted, people collapse, fall unconscious. And others vomit. They get loose stool (*viḍbheda*) or they die. One should apply to them the therapy as described.
- 14–15 Alternatively, one should wipe various musical instruments with antidotes that remove poison and then play them. What is called the most excellent paste for a musical instrument is certain minerals⁴¹¹ together with gold and sarsaparilla, and a portion of of nutgrass equal to that,

^{408 &}quot;Swells up" translates an unclear reading that was probably शूयित, which may be an irregular form of $\sqrt{2}$, श्वा, श्वि (see Whitney 1885: 175–176).

⁴⁰⁹ Our "alcoholic drinks" translates सुरा. For a discussion of this term at our period see mchu-2021a.

⁴¹⁰ Dalhana on 5.3.12 (Su 1938: 568) cited a similar reading for the fourth pāda, but with a negative particle, "and if there is no other way, one should go by that."

^{411 &}quot;Certain minerals" translates तारावितार, the unanimous reading of the Nepalese witnesses. But the meaning of this expression is not clear and may even refer to plants, like the other ingredients. The vulgate reads तारः सुतारः, which is also not very clear. However, Dalhaṇa on 5.3.14 (Su 1938: 568) identified these as "silver" and "mercury." This is highly unlikely to be a correct understanding of the passage. Historically, mercury is not naturally present in the South Asian peninsula (Watt_{Dict}: 5, 233) and the word पार that Dalhaṇa used is probably a loan-word from Persian (sub paranda, parranda Steingass 1930: 244b). Mercurial compounds are not reliably attested in South Asia until two or three centuries after the composition of the Suśrutasaṃhitā at the earliest. The currently available "śāstric" recension of the Arthaśāstra that is datable to 175–300 CE (Olivelle 2013: 29–31) does not mention mercury (ibid, 534). See further the study by Wujastyk (2013a: 17, et passim).

together with the bile called "brown cow".⁴¹² By the sound of the musical instrument, even terrible poisons that may be present at that place are destroyed.

- 16 If there is smoke or wind that is affected by poison then birds are dazed and fall to the ground. People get coughs, colds, and head illnesses, and acute eye diseases.⁴¹³
- 17 The smoke and air can be purified by putting into the air: lac, turmeric, Himalayan monkshood, and myrobalan, with Himalayan mayapple, costus, cardamom,⁴¹⁴ and peas, and beautyberry.

write footnote: don't repeat ativiṣā; vulgate similar to H.

The origin of poison

- As it is told, the arrogant demon called Kaiṭabha created an obstacle for lotus-born Brahmā, at the very time that he was creating these creatures.⁴¹⁵
- 19 Pitiless Fury took a body and burst out of the mouth of furious Brahmā's store of fiery energy.⁴¹⁶
- 20 He burned that great, thundering, apocalyptic demon. Then, after bringing about the annihilation of that demon, his amazing fiery energy increased.
- And so, there was a sinking down $(vi \circ \bar{a}da)$ of the Daityas. Observing that, it was named "poison $(vi \circ a)$ " because of it's ability to produce a "sinking down."
- 22 After that, the Lord created beings and subsequently made that fury enter into creatures still and moving.
- 23–24 Water that falls from the sky to the earth has no obvious flavour. The savour of the different places it lands on enters into it. In the same way,

⁴¹² सुरेन्द्रगोप and कुरुविन्द are both uncertain, see index. Dalhana's opinion has been followed here, but it seems fair to say that all commentators were guessing.

⁴¹³ The syntax of this verse is somewhat loose; the vulgate has regularized it, smoothing out the difficulties.

⁴¹⁴

⁴¹⁵ At this point, the text seems to make a new beginning to the topic of toxicology, as if starting a new chapter. It is notable that no reference is made here to the famous origin story of poison in the churning of the primal milk ocean; for discussion of the sources of this account, see Bedekar 1967. For reflections on this passage, connecting it with Rudra and the *Śatapathabrāhmaṇa*, see Mānasa-taraṅgiṇī 2019.

^{416 &}quot;Fury" is here anthropomorphised.

- whatever substance a poison reaches, it establishes itself there and by its nature it takes on that substance's savour.⁴¹⁷
- Generally speaking, in a poison, all the qualities are really sharp. For this reason, every poison is known to irritate all of the humours.
- 26 Irritated and afflicted by the poison, they leave their natural functions. Poison does not get digested, so it blocks the breaths.⁴¹⁸
- 27 Breathing is obstructed because its pathway is blocked by phlegm. Even if life continues, a man remains without consciousness.
- Similar to semen, the poison of all angry snakes pervades the whole body, and goes to the limbs like semen because of being stirred up.
- The fang of snakes is like a hook. When it gets there, it sticks inside them. That is why the unagitated poison of a snake is not released.
- 30 Sprinkling with very cold water is traditional for all cases of poisoning, because poison is declared to be extremely hot and sharp.⁴¹⁹
- Poison in insects is slow and not very hot, having a lot of wind and phlegm. So in cases of insect poisoning, sweating is not forbidden.
- 32cd In cases of a strike or a bite, the poison may, of its own accord, stay there.
- 33–35ab tHaving come upon a body,⁴²⁰ in the case of corpses that that have been pierced by a poisoned arrow and bitten by a snake, someone who eats the poisoned flesh of a recent corpse out of carelessness will suffer with illness according to the poison, or even die. And therefore, the flesh of those should not be eaten when they have just died.
 - It is admissable after three quarters of an hour, but without the poisoned arrow and the snakebite.
 - [At this point an Upajāti verse is added in the margin of K but is not fully legible; the version of the text in H is also incomplete and not fully comprehensible.] 421

⁴¹⁷ The scribal emendation in MS Kathmandu NAK 5-333 of नियच्छित to निगच्छित suggests that the scribe had more than one manuscript before him, one of them representing the reading of the vulgate recension.

⁴¹⁸ Probably a reference to the five breaths. Dalhaṇa referred to winds (বার), but this does not seem correct since it is a reference to humours rather than breaths.

⁴¹⁹ The verb पठ् "is declared, read aloud" here could possibly suggest that the author is working within a written, not oral, tradition.

^{420 &}quot;Having come upon" translates प्रख्याप्य, which is hard to interpret unless it is a rare form connected with the sense "to see."

⁴²¹ $M\bar{a}$ dhavanidāna, 69.20–21 (MN₁: 480) has verses that are directly parallel to this section:

darvīkarānām visam āśughāti sarvāni cosne dvigunībhavanti ajīrņapittātapapīditesu bālesu

35.3 †When, in a wound, the poison that is connected with these qualities runs, ...Therefore, not everything that is damaged by poison and eaten causes death.

422

- 35.1 [ślokas in the MSS that aren't in the vulgate. The first line doesn't scan. Witness K adds a part of the start of this in the bottom margin. This material is repeated at 3.39.2 in MS H.]
- 35cd & 36cd One designates a person who has diarrhoea of feces looking like soot (*gṛhadhūma*) with wind,⁴²³ and who vomits foam, as "someone who has drunk poison."
 - 37 Therefore, fire burns a heart that is pervaded by poison. For, having pervaded of its own accord the location of consciousness, it abides.⁴²⁴

Patients beyond help

- Patients who should not be accepted include: those who have been bitten under a peepul tree, in a temple, in a cemetery, at an ant-hill, at dawn or dusk, at a crossroads, under Yama's asterism,⁴²⁵ under the Great Bear and people who have been bitten in lethal spots.
- The poison of cobras kills rapidly. They all gain twice the intensity in those who have indigestion, those who are afflicted by bile or wind, old people, children and the hungry.
- 39.1 In those whose who are mad or intoxicated, or who suffer from anxiety, or who are unable to tolerate its various strengths, it becomes sharp. †...

39.2

vrddhesu bubhuksitesu 20

kṣīṇakṣate mohini kuṣṭhayukte rūkṣe 'bale garbhavatīṣu cāpi

śastrakṣate yasya na raktam eti rājyo latābhiś ca na saṃbhavanti 21. This passage is the only occurrence in the ayurvedic text corpus that relates to the Nepalese version of the <code>Suśrutasaṃhitā</code> at this point. This suggests that Mādhavakara (fl. ca. 700, Bengal) knew and used the Nepalese version.

- 422 At this point, witness H inserts a marginal Indravajrā verse about diseases that afflict immoral women.
- 423 गृहधूम is not a plant in this context pace MW: 362. See the discussion in note 328, p. 118.
- 424 Dalhana said that someone who has died from drinking poison has a heart that cannot be burned because it is pervaded by poison (5.3.37 (Su 1938: 570)). But the sense of the Nepalese MSS is the opposite.
- 425 याम्ये means "southerly" but Dalhana on 5.3.38 (Su 1938: 570) interpreted it as "in Yama's direction" as "under the seventh asterism."

material corresponds to SS.1.45.205ab, where it describes how alcohol affects the body.

- 3.4ocd–3.41 One should reject someone overcome by poison who does not bleed when cut with a knife, where weals do not appear as a result of lashes,⁴²⁶ or where there is no horripilation because of cold water, whose mouth is crooked, whose hair is falling out of his head. A man who is fatigued and those who stammer,⁴²⁷
 - 3.42 one who has a black and red swelling at the site of the bite, with lockjaw, should be avoided. The same goes for someone who has a solid plug emerge from their mouth and someone who has blood running from above and below and
 - 3.43ab The physician should also avoid a person who has fangs that have not fallen out quickly.⁴²⁸

⁴²⁶ Dalhaṇa, on 5.3.40 (Su 1938: 570), glossed लताभिस् "by means of whips," as "when the body is struck by whips."

⁴²⁷ nāsāvasāda & plural sakanthabhangāh

⁴²⁸ The grammatical verb-form परिवर्जियीत "he should avoid," opt., 3rd, sg., is unusual. Renou (1940:10 ff) documented such forms from the *Aitareyabrāhmaṇa* onwards. Oberlies (2003: ¶6.3.3 "Peculiar optative endings", pp. 176–177) showed that the form is well-documented in *manuscripts* of the *Mahābhārata*, but has been edited out of the printed critical edition in almost all cases. Cf. also Kulikov 2006.

The concern about a patient who "has fangs that have not fallen out" is hard to understand. The word देष्ट्रा does not mean human teeth (दन्त). We therefore prefer to interpret this as a patient where the fangs of a venemous creature remain in the bitewound. This requires construing the expression as a bahuvrīhi compound: देष्ट्रा or देष्ट्र + अनिपातः.

Kalpasthāna 4: Snakes and Invenomation

Introduction

The fourth chapter of the Kalpasthāna of the *Suśrutasaṃhitā* addresses the topic of snake bites and snake venom. Unusually for the Nepalese version of the *Suśrutasaṃhitā*, the discussion is framed as a question from Suśruta to the wise Dhanvantari. Suśruta's questions are about the number of snakes, how they are classified, the symptoms of their bites and the pulses or stages of toxic shock experienced by a victim of snakebite and related topics. The taxonomy of snakes is presented in tabular form in Figures 1 and 2.⁴²⁹

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁴³⁰ There also exists an substantial herpetological literature from colonial India as well as more recent studies of snakes in the context of cultural and religious life.

The ophiological literature of the colonial period began in the late nineteenth century with the work of Fayrer, whose publication included striking colour paintings of snakes.⁴³¹ Fayrer provided a biological taxonomy

⁴²⁹ On the idea of notational variants in scientific translation, see Elshakry 2008; Sarukkai 2016; Wujastyk 2021*a*: 81–83.

⁴³⁰ HIML: IA, 292–294. In addition to the translations mentioned by Meulenbeld (HIML: IB, 314–315), a translation of this chapter was included in P. V. Sharma 1999–2001: 3, 35–45. The classic work of Jolly (1951: ¶93) offered a short but accurate overview of Indian toxicology.

⁴³¹ Fayrer 1874, first published in 1872.

of snakes as well as chapters on mortality statistics during the nineteenth century, treatment and effects of poison, and experimental data. Ewart (1878) included descriptions of appearance and behaviour of poisonous snakes and sometimes their local names and reproducing Fayrer's illustrations. Wall (1913: 75–124) provided a useful analysis of the medical effects of snake envenomation in India arranged by the varied symptomology of different snakes. He also discussed the difference between the symptoms of toxicity and fright (69–75) and also the difficulties arising out of uncertainty about the effects of snake-bite (124–126). The *Suśrutasaṃ-hitā* too recognized the emotional and somatic effects of fright (see note 447 below). Wall (1921) provided a wealth of detail of the snakes of Sri Lanka, including line drawings.

Doniger (2015) provided a good survey of snakes as protagonists in religious literature from the *Atharvaveda* through the epics, *Purāṇas* and Buddhist literature. Semeka-Pankratov (1979) traced semiotics of the term *nāga* through Vedic, Pali and Sanskrit literature. Slouber (2016a: 31–33 *et passim*) discussed the *Suśrutasaṃhitā*'s *Kalpasthāna* as a precursor and influence on later Tantric traditions of snake-bite interpretation and therapy. In particular, the Tantric *Kriyākālaguṇottara* text that Slouber presented divided snakes into two basic categories, divine and mundane, as the *Suśrutasaṃhitā* does.⁴³³ But unlike the *Suśrutasaṃhitā*, in the *Kriyākālaguṇottara* the chief taxonomic principle for both groups is the four *varṇas*.

A discussion of this chapter specifically in the light of the Nepalese manuscripts was published by Harimoto.⁴³⁴ After a close comparative reading of lists of poisonous snakes, Harimoto concluded that, "the Nepalese version is internally consistent while the [vulgate] editions are not." Harimoto showed how the vulgate editions had been adjusted textually to smooth over inconsistencies, and gave insights into these editorial processes.⁴³⁵

⁴³² Calling his work a supplement to Fayrer (1874), but also being cited by Fayrer, Ewart 1878 evidently also collected local indigenous knowledge from his "snakeman" (p. 22).

⁴³³ Slouber 2016a: 144-145.

⁴³⁴ Harimoto 2011: 101–104.

⁴³⁵ The two editions that Harimoto noted, Su 1938 and Su 1889, present identical texts.

The Seven Stages of Toxic Shock

A prominent feature the $Su\acute{s}rutasamhit\bar{a}'s$ interpretation of envenomation symptoms is the concept of seven successive stages or pulses (vega) of toxic shock after a bite. This is interestingly coordinated with the $Su\acute{s}rutasamhit\bar{a}'s$ concept of the $kal\bar{a}s$, which are either seven layers of skin that come into existence during embryonic development or seven interstitial tissues that separate the various parts of the body.

Contemporary clinical studies of snake envenomation and treatment do not show any awareness of such a seven-stage symptomology of traditional Indian medicine.⁴³⁷ Exceptionally, the studies by Barceloux and Özbulat et al., do identify and tabulate three stages of envenomation.⁴³⁸ The symptoms of these three stages are mainly characterized by increasing degrees of edema. This differs from the *Suśrutasaṃhitā*'s detailed characterization of changes in skin colour etc.⁴³⁹

Translation

- 1 Now we shall explain the procedure (*kalpa*) that is what should be known concerning the venom in those who have been bitten by snakes.⁴⁴⁰
- 3 Suśruta, grasping his feet, questions the wise Dhanvantari, the expert in all the sciences.

⁴³⁶ The system of the কলা is described at 4.4.4–20 (Su 1938: 355–357). Cf. Mahākośa: 1, 183–184, Śabdasindhu: 227–228, Kutumbiah 1962: 6, HIML: 1, 247–248 and notes. This system of dermal and interstitial কলা was not known to the Carakasaṃhitā as such; rather, the Carakasaṃhitā mentioned six kinds of skin (लच्) (4.7.4 (Ca 1941: 337)), with different names and characteristics, a contradiction discussed by the commentator Cakrapāṇidatta (idem). It appears in later works such as the fourteenth-century Śārngadharasaṃhitā (1.1.60 (P. Śāstrī 1931: 15)).

⁴³⁷ E.g., Ellenhorn 1997; Weinstein et al. 2009; Pillay 2013: 1747–1749; WHO 2019: 19; Mehta and Sashindran 2002; Hamza et al. 2021; A. M. Deshpande et al. 2022.

⁴³⁸ Barceloux 2008: 1017, Table 176.3, and Özbulat et al. 2021: 7, and Table 1, broadly following Barceloux.

⁴³⁹ I am grateful to Prof. Jan Gerris (U. Ghent) and Prof. Jan Tytgat (KU Leuven) for assistance in finding relevant toxicological literature.

⁴⁴⁰ The Sarvāngasundarī, commenting on Aṣṭāngahṛdayasaṃhitā 1.16.17 (Ah 1939: 246), glossed कल्प as प्रयोग.

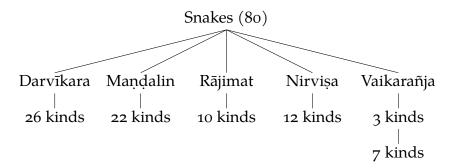


Figure 1: The taxonomy of snakes in the vulgate, 5.4.9–13ab (Su 1938: 571).

4 "My Lord, please speak about the number of snakes, and their divisions, the symptoms of someone who has been bitten, and the knowledge about the toxic reactions of poisoning".⁴⁴¹

[The Taxonomy of Snakes]

On hearing his query, that distinguished physician spoke. "The venerable snakes such as Vāsukī and Taksaka are uncountable."

6–9ab "They are snake-lords who support the earth, as bright as the ritual fire, ceaselessly roaring, raining and scorching. They hold up the earth, with its oceans, mountains and continents. If they are angered, they can destroy the whole world with a breath and a look. Honour to them. They have no role here in medicine.

"The ones that I shall enumerate in due order are those mundane ones with poison in their fangs who bite humans.⁴⁴²

9cd–10 "There are eighty kinds of snakes and they are divided in five ways:

⁴⁴¹ The expression "toxic reactions" translates वेग, which is other contexts may mean "(natural) urge." Here, it is rather the discrete stages or phases of physiological reaction to envenomation. Cf. the symptoms of cobra poisoning described by Wall (1913: 80).

⁴⁴² The next few verses are discussed in detail by Harimoto (2011: 101–104), who shows that in the taxonomy of snakes, the Nepalese version of the *Suśrutasaṃhitā* has greater internal coherence than the vulgate recension.

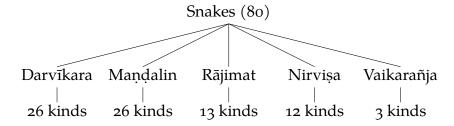


Figure 2: The taxonomy of snakes in the Nepalese version.

Darvīkaras, Maṇḍalins, Rājīmats, and Nirviṣas. And Vaikarañjas that are traditionally of three kinds.⁴⁴³

- "Of those, there are twenty and six hooded snakes, and the same number of Mandalins are known. There are thirteen Rājīmats.444
- "There are said to be twelve Niriviṣas and, according to tradition, three Vaikarañjas.

[Behaviours]

- "If they are trodden on, ill-natured or provoked or even just looking for food, those very angry snakes will bite. And that is said to happen in three ways: serpented (*sarpita*), torn (*darita*) and thirdly without venom (*nirviṣa*). Some experts on this want to add "hurt by the snake's body".445
 - "The physician can recognize the following as "ophidian (*sarpita*)": Where a rearing snake makes one, two or more puncture-marks of its teeth, when they are deep and without much blood, 446 accompanied

Or "There phaṇins and 6 maṇḍalins The same number are known There are 13 Rājīmats.' Or even, "there are 20 Phaṇins and six of them are Maṇḍal-ins." Are really the same as darvīkaras?

⁴⁴³ Harimoto (2011) translated these names as "hooded," "spotted," "striped," "harmless," and "hybrid." Figure 1 shows the taxonomy described in the vulgate text; Figure 2 shows the different and more logical division of the Nepalese version of the *Suśrutasamhitā*.

⁴⁴⁴ The phrasing of this śloka is awkward.

⁴⁴⁵ This might refer to constriction. The phrase reads like a commentarial addition rather than the main text of the *Suśrutasaṃhitā*.

⁴⁴⁶ The word उद्भूत "aroused" was glossed by Dalhaṇa at 5.4.15 (Su 1938: 571) as उन्मोट्य, a word not found as such in standard dictionaries (MW; KEWA; Mahākośa; Apte). Semantic considerations suggest that the word is not related to √muṭ "break" or mūta/mūṭa "woven basket." Perhaps it is related to the Tamil மோடி (mōṭi,) whose meanings include "arrogance, grandeur, display" (DED₂: #5133) or to faintly-documented forms like moṭyate "is twisted" (CDIAL: #10186). Dalhaṇa's उन्मोट्य may



- by a little ring of spots (*cuñcumālaka*),⁴⁴⁷ lead to degeneration, and are close together and swollen.
- Where there are streaks with blood, whether it be blue or white, the physican should recognize that to be "torn (*darita*)," having a small amount of venom.
- 18 The physician can recognize the locations of the bites of a person in a normal state as being free from poison, when the location is not swollen, and there is little corrupted blood.
- 19 The wind of a timid person who has been touched by a snake can get irritated by fear. It causes swelling.⁴⁴⁸ That is "hurt by a snake's body."
- 20 Locations bitten by sick or frightened snakes are known to have little poison. Similarly, a site bitten by very young or old snakes has little poison.
- Poison does not progress in a place frequented by eagles, ⁴⁴⁹ gods, holy sages, spirits, and saints, or in places full of herbs that destroy poison. ⁴⁵⁰

thus mean "twisting up" or "making an arrogant display."

Note that UE "puncture-mark" (more literally, "footprint") is being

Note that $\mbox{\sc TG}$ "puncture-mark" (more literally, "footprint") is being used in the same sense as in 1.13.19 (Su 1938: 57) when describing the marks on the body where a knife scarifies the skin before leeching. See footnote 50.

- 447 The usual dictionary lexeme is चञ्च, not चुञ्च as in the Nepalese witnesses. We translate "spots" following Dalhana and Gayadāsa on 5.4.15 (Su 1938: 571), where they described a group of spots or swellings at the site of the bite. On the history of the word मालक, see Kieffer-Pülz 1996.
- 448 Wall (1913: 69) remarked on the difficulty of separating toxicity symptoms from the psychosomatic effects of terror:

The gravity of symptoms due to fright does not appear to me to be sufficiently recognised, though there is no doubt in my mind that fatal cases from this cause are abundant, especially among the timid natives of this country.

Wall went on to give several case studies in which patients experienced syncope or even died as a result of bites from toxicologically harmless creatures.

449 Palhaṇa on 5.4.21 (Su 1938: 571) identified the सुपर्ण as a गरुड. On the bird called सुपर्ण, Dave (1985: 72 ff, 514) too noted that it may be a synonym for Garuḍa, and in some contexts may refer to the Golden Eagle, Golden Oriole, Lammergeyer, etc. Dave (1985: 199 ff, 492) noted again that the Garuḍa is a mythical bird but may refer to the Himalayan Golden Eagle and other species of eagle. He pointed out that historically, The original physical basis for गरुड as the नागाशी (snake-eater) was most probably the Sea-Eagle who picks up sea-snakes from the sea or sand-beach and devours them on a nearby tree... (Dave 1985: 201).

Dave continued with interesting reference to Srīharṣa's *Nāgānanda*. 450 For "spirits" the Nepalese version has भूत while the vulgate reads यक्ष.

[Characteristic Features of Snakes]

22 Darvīkara snakes are know to have hoods, to move rapidly, and to have rings, ploughs, umbrellas, crosses, and hooks on them.

- Maṇḍalin snakes are known for being large and slow-moving. They are decorated with many kinds of circles. They are like a flaming fire because of their poisons.
- Rājimat snakes are smooth and traditionally said to be, as it were, mottled with multicoloured streaks across and above.

[Classes of Snake]

- Snakes that are shine like pearls and silver, and that are amber and that shine like gold, and smell sweet are traditionally thought of as being of the Brāhmaṇa caste.
- Warrior snakes, however, are those that look glossy and get very angry. The have the mark of the sun, the moon, the earth, an umbrella and bitumen.
- 27 Merchant snakes may traditionally be black, shine like diamond or have a red colour or be grey like pigeons.
- Any snakes that are coloured like a buffalo and a tiger, with rough skin and different colours are known as servants.⁴⁵¹
- All snakes that are variegated (Rājīmats) move about during the first watch of the night. The rest, on the other hand, the Maṇḍalins and the Darvīkaras, are diurnal.⁴⁵²
- 29 Wind is irritated by all hooded snakes; bile by Maṇḍalins and phlegm by those with many stripes.
- Because of the two classes having greater, lesser or equal class, there is the characteristic of irritating two humours.
 - And he will explain the opposing view that is to be known as a result of the non-union of a male and female.⁴⁵³

⁴⁵¹ Presumably "different" from the earlier-mentioned castes.

The sequence of the following three verses is slightly different from the vulgate (5.4.29–31 (Su 1938: 572)).

⁴⁵² The readings of the vulgate, that Rājīmats are active in the early night, the Maṇḍalins in the later night, and Darvīkaras in the day, seem clearer.

⁴⁵³ The sense of the last phrase here is quite different from the vulgate, which says only that "details" will be explained below.

[Enumeration of Snakes]

In that context, here are the Darvīkaras.

- The Black snake (*kṛṣṇasarpa*);
- The Big Black (mahākrsna); 16.
- The Black Belly (kṛṣṇodara); 3. 17.
- The All Black (sarvakṛṣṇa);⁴⁵⁴ 4.
- The White Pigeon (śvetakapota);455
- 6. The Rain Cloud (valāhako);
- The Great Snake (mahāsarpa);
- 8. The Conch Keeper (śamkhapāla);
- The Red Eye (lohitākṣa);
- The Gavedhuka (gavedhuka); 10.
- The Snake Around 11. (parisarpa);
- The Break Hood 12. (khandaphana);
- The Kūkuta (kūkuta); 13.
- The Lotus (padma); 14.
- The Great Lotus 15.

(mahāpadma);

- The Grass Flower (apuspa);
- The Curd Mouth (dadhimukha);
- 18. The Lotus Mouth (pundarīkamukha);
- The Brown Hut Mouth 19. (babhrūkuṭīmukha);
- The Variegated (vicitra); 20.
- The Flower Sprinkle Beauty 21. (puspābhikīrnnābha);
- The Mountain Snake 22. (girisarpa);
- The Straight Snake 23. (rjusarpa);
- The White Rip (*śvetadara*); 24.
- The Big Head (mahāśīrsa); 25. and
- The Hungry Sting (*alagarda*); 26.

Here are the Mandalins 34.2

- The Mirror Ring (ādarśamaṇḍala);
- The White Ring (śvetamandala);
- The Red Ring (raktamandala);
- The Speckled (prsata); 4.
- The Gift of God (devadinna); 5.
- The Pilindaka (pilindaka);
- The Big Cow Snout 7. (vrddhagonasa);
- The Jackfruit (panasaka);

- The Big Jackfruit (mahāpanasaka);
- The Bamboo Leaf 10. (venupatraka);
- The Kid (śiśuka); 11.
- The Intoxicator (madanaka); 12.
- The Morning Glory 13. (pālindaka);
- The Stretch (tantuka); 14.
- The Pale as a Flower 15. (puspapāndu);

⁴⁵⁴ Not in vulgate.

⁴⁵⁵ The vulgate adds The Big Pigeon (mahākapota).

- The Hand Decoration The Six Part (sadanga); The Flame (agnika); (hastābharanaka); 17. The Tatra (tatra);⁴⁵⁶ 18. The Brown (babhru); 23. The Ochre (kasāya); The Mark (citraka); 19. 24. The Khaluşa (khaluşa); The Deer Foot (enīpada).457 25. The Pigeon (pārāvata);
- Here are the Rājīmats.⁴⁵⁸ 34.3
 - The Lotus (puṇḍarīka);
 - The Stripe Speckle (*rājicitra*);
 - The Finger Stripe (angulirāji); 3.
 - The Two Finger Stripe (dvyangulirāji);
 - The Drop Stripe (bindurāji);
 - The Mud (*kardama*);

- The Grass Drier (*tṛṇaśoṣaka*);
- The White Jaw (svetahanu);
- The Grass Flower (darbhapuspa);⁴⁵⁹
- The Red Eye (lohitāksa);460 10.
- The Ringed (cakraka); 11.
- The Worm Eater (kikkisāda); 12.
- Here are the Nirvisas.
 - The Rain Cloud (valāhako);461
 - Thei Snake Flag (ahipatāka);
 - The White Leaf (*śukapatra*);
 - The Goat Swallower (ajagara);
 - The Stimulator (*dīpyaka*);
 - The Ilikinī (*ilikinī*);
 - The Year-Snake (varsāhīka);

- The Two-day (dvyāhika);
- The Milk Flower 9. (ksīrikāpuspa);
- The Flower All (puṣpasakalī); 10.
- The Chariot of Light (jyotīratha);
- 12. The Little Tree (vrksaka);

[Breeding and Gender]

The Vaikarañjas originate out of contrary unions amongst the three 34.5 colours.462 Thus:



⁴⁵⁶ This seems implausible, but otherwise the list of Mandalins would be short.

⁴⁵⁷ The list is short by one item. Perhaps the one of the snakes named in the vulgate, citramandala, gonasa or pingala, should be considered here.

⁴⁵⁸ The following list is one item short. The vulgate text, however, has several names that do not appear in the Nepalese Rājīmat list, for example Sarsapaka and Godhūmaka.

⁴⁵⁹ Also in the Darvīkara list.

⁴⁶⁰ Also in the Darvīkara list.

⁴⁶¹ Also in the Darvīkara list.

- The Mākuli (mākuli);
- The Poṭa Throat (poṭagala);
- 3. The Oil Stripe (*snigdharāji*);

Amongst those, the Mākuli (*mākuli*); is born when a male Black Snake mates with a female Cow Snout (*gonasa*), or the reverse. The Poṭa Throat (*poṭagala*) is born when a male Rājila mates with a female Cow Snout (*gonasa*) or the reverse. The Oily Stripe (*snigdharāji*) is born when a male Black Snake mates with a female Rājimat, or the reverse. Their poison is like that of their father, because it is the superior one out of the two; but others say it is like the mother. Thus eighty of these snakes have been described.

- Amongst them, males have large eyes, tongues and heads. Females have small eyes, tongues and heads. Neuters have both characteristics, and are slow to exert themselves or be angry. 464
- 36 In that context we shall give instruction in a general way about the sign of having been bitten by any of the snakes.

For what reason?

Because poison acts quickly, like a fire with an oblation, a honed sword, or a thunderbolt.⁴⁶⁵ And ignored for even a period of time, it can drag the patient away. There is not even an opportunity to follow the literature.⁴⁶⁶

And when the symptom of being bitten is stated, there will be three ways of treating it because there are three kinds of snake. Therefore we shall explain it in three ways. "For this is good for people who are ill, and it removes confusion and in this very case it prevents all symptoms".⁴⁶⁷

⁴⁶² The word *varṇa* in this chapter normally means "colour" not "class." ("Class is expressed by "jāti.") While *kṛṣṇasarpa* is clearly a colour-type, it is less obvious that *gonasī* is a special colour, and *rājimat* is a group of snakes.

⁴⁶³ The vulgate includes the snake's mouth in this and the next list.

⁴⁶⁴ The reading मन्दचेष्टाक्रोधा is an awkward compound; possibly the original reading was मन्दचेष्टाः + अक्रोधा and sandhi was applied twice.

⁴⁶⁵ Perhaps the image suggested by "a fire with an oblation" is that of the Pravargya, in which a large flame rises suddenly from the ritual fire.

⁴⁶⁶ The idea seems to be that there is no time to consult the verbose āyurvedic teachings. The "extensive meaning of the collection of statements (वाक्समूहार्थविस्तार)" is singled out as one of Āyurveda's virtues in 5.8.142 (Su 1938: 594). Alternatively, perhaps the patient is unable to understand what the doctor is saying to him.

⁴⁶⁷ In the next passage, the symptoms of snake poisoning are indeed explained under

[Symptoms of snakebite]

In this context, the poison of a Darvīkara causes the skin, nails, eyes, mouth, urine, feces, and the bitemark to be black; there is driness, the joints hurt and the head feels heavy; the waist, back and neck feel weak; there is yawning, the voice becomes faint, there is gurgling, paralysis, dry throat, cough, wheezing, and hiccups; the wind goes upwards, the patient convulses with sharp pain, black saliva dribbles out, foam appears, the ducts (*srotas*) are blocked and every kind of pain that is due to wind.⁴⁶⁸

The poison of a Maṇḍalin causes the skin, nails, eyes, teeth, mouth, urine, feces, bitemark to be yellow; there is a desire for cold, a temperature, giving off fumes, 469 a burning feeling, thirst, intoxication, fainting, fever, haemorrhaging (śonitāgamana), and the degeneration of the flesh and fat above and below. There is swelling, suppuration of the bite, metamorphopsia (viparītadarśana), anger caused by the suffering, and every kind of pain that is due to bile. 470

The poison of a Rājīmat causes the skin, nails, eyes, teeth, mouth, urine, feces, and bitemark to be pale; there is a cold fever, the hair stands on end, there is stiffness and swelling of the limbs including the site of the bite. There is a discharge of viscous phlegm, vomiting, itchy eyes, and a rattling sound. The breath is obstructed and there is every kind of pain due to phlegm.

In that context, "someone bitten by a male gazes upwards, by a female horizontally, and by a neuter, downwards." One bitten by a pregnant snake has a pale face and becomes swollen (ādhmāta). One bitten by a

three headings.

⁴⁶⁸ Cf. the similar symptoms of snake venom poisoning by the so-called Brahmin warriors of Harmatelia described by the classical author Diodorus Siculus (fl. ca. 30-60 BCE) (Eggermont 1975: 108).

⁴⁶⁹ The term "giving of fumes (परिधूपायन)" is not in MW: 596 as such, although परिधूपन, परिधूमन and परिधूमायन are cited and referred to the *Suśrutasaṃhitā*. "Giving off fumes (परिधूपन)" is listed at *Suśrutasaṃhitā* 2.6.13 (Su 1938: 291) amongst the symptoms of urinary disease caused by phlegm. The editors note a variant reading परिधूमायन but do not tell us in which manuscript (Su 1938: 291, n. 3). Dalhaṇa on 2.6.13 (Su 1938: 292) glossed परिधूपन as "hot all over (समन्ततस्तापः)" and in our current passage as "hot over the whole body (सर्वाङ्गसन्तापः)" (Su 1938: 573). See also *Mahākośa*: 1, 429: धूमायन "अङ्गानां धुमोद्गमनमिव" citing the *Suśrutasamhitā*.

⁴⁷⁰ Ghosh et al. (2023) describes visual disturbances due to snake envenomation.

recently-delivered snake is afflicted with abdominal pain and urinates with blood. One bitten by a hungry snake craves food. Those bitten by an old snake have delayed and slow reactions. And one bitten by a young snake is fast and keen. One bitten by a non-venomous snake has the characteristic mark of non-poisoning. ⁴⁷¹ Some that are bitten by a blind snake become blind. A constrictor (*ajagara*) is deadly because it swallows, not because of poison.

[toxic reactions]

In that context, all snake toxins have seven toxic reactions. 472

[Darvīkaras] Thus, at the first pulse of the Darvīkaras the poison corrupts the blood. That corrupted blood turns black. Because of that, blackness and a feeling of ants crawling about on the body develop.⁴⁷³ In the second pulse, it corrupts the flesh. That causes extreme blackness and lumps.

In the third, it corrupts the fat. That causes a discharge at the bite, heaviness of the head and an eclipse of the vision.⁴⁷⁴

In the fourth, it penetrates the trunk of the body (*koṣṭha*). From there, it irritates the humors, particularly phlegm. That causes exhaustion and oozing phlegm, and dislocation of the joints.

In the fifth pulse, it penetrates the bones. That causes breaking of the joints, hiccups and burning.

In the sixth pulse, it penetrates the marrow. That causes humours in the seat of fire in the gut $(grahan\bar{\iota})$, heaviness of the limbs, diarrhoea, pain in the heart and fainting.⁴⁷⁵

In the seventh, it penetrates the semen and greatly irritates the vyāna breath $(vy\bar{a}na)$, and causes the phlegm (kapha) to run imperceptibly out

⁴⁷¹ The grammar of अविषलिङ्गम् is not quite right; it should be a masculine or plural bahuvrīhi.

⁴⁷² Cf. the same concept in the context of plants, at 133

⁴⁷³ Strictly, we would expect a dual verb here, instead of the plural of the witnesses.

⁴⁷⁴ Dalhaṇa on 5.4.39 (Su 1938: 574) glossed the last expression as "blockage of the vision (दृष्ट्यवरोध)."

⁴⁷⁵ The "seat of fire in the gut (ग्रहणी)" is an ayurvedic organ in the digestive tract that does not correspond to any specific organ known to contemporary anatomy. For discussion, see *Mahākośa*: v. 1, 304; Meulenbeld 1974*b*: 619; Das 2003: 544–545.

of the tubes (*srotas*). That causes the appearence of mucous (*śleṣman*), breaking of the hips, back and shoulders, impediment to all movements and shortness of breath.

[Mandalins] Thus, at the first pulse of the Mandalins, the poison corrupts the blood. Corrupted by that, it turns yellow. That causes a yellow appearance and a feeling of heat all over (*paridāha*).

In the second pulse, it corrupts the flesh. And that causes the limbs to be very yellow and an extreme feeling of heat all over $(parid\bar{a}ha)$, and swelling at the bite.

In the third, it corrupts the fat. That causes a discharge at the black bite and sweating.

In the fourth, it penetrates as before and brings on fever.

In the fifth, it causes heat in all the limbs.

In the sixth and seventh, it is the same as before.

[Rājīmats] Thus, in the first pulse of the Rājīmats, the poison corrupts the blood. Corrupted by that, it turns yellow. It causes a person to have hair standing on end and a pale appearance.

In the second pulse, it corrupts the flesh. That causes him to become pale and to become extremely benumbed $(j\bar{a}dya)$.

In the third, it corrupts the fat. That causes moistness of the bite and runny eyes and nose.

In the fourth, it is the same as before. After penetrating, it brings on manyāstambha (*stiffness of the neck*) and heaviness of the head.

In the fifth, speech is slurred and there is a cold fever.

In the sixth and seventh, it is the same as before.

[Summary Verses]

40 There are verses on this.

It is well known that there are seven interstitial layers (kalā) in between the bodily tissues (dhātu). Poison passing through these one by one produces the toxic reaction (vega).⁴⁷⁶

⁴⁷⁶ See note 435 above.

- The interval taken by the deadly substance (kālakalpa), propelled ($\sqrt{u}h$) by air (samīraṇa), to cut the layers of skin is known as the "pulse interval (vegāntara)".⁴⁷⁷
- In the first pulse, an animal has a swollen body, is distressed and broods.⁴⁷⁸
 - In the second, it dribbles somewhat,⁴⁷⁹ the hair stands up on its body, and it has pain $(\sqrt{p}\bar{q})$ in the heart.
- The third stage brings headache and it breaks the ears and necks. 480 In the fourth, the bewildered creature trembles and gnashing its teeth, it gives up life.
- Some experts say that elephants have three toxic reactions.⁴⁸¹
 So, at the first toxic reaction, an bird becomes bewildered and is confused from that point on. At the second, the bird is distressed and, crying out, it dies.

Some people claim that where birds are concerned, there is really just a single toxic reaction (vega) and that amongst animals like cats and mongooses, poison does not take much effect.⁴⁸²

⁴⁷⁷ Dalhaṇa on 5.4.41 (Su 1938: 574) glossed कालकल्प as मृत्युसदृशं विषं "the poison resembles death."

⁴⁷⁸ The verb ্যান্টো "meditate, be thoughtful, brood" is unexpected here and in the second class, an epic form. Dalhaṇa on 5.4.42 (Su 1938: 574) noted that some manuscripts did not include the text about animals from this point on. The fact that these verses are present in the Nepales witnesses testifies to their antiquity.

⁴⁷⁹ The Nepalese witnesses use लालि-, not लाला-, for "saliva."

⁴⁸⁰ The scribe of MS H emended the text to read কত্ত্মীৰ with the vulgate. Intransitive use of pass. भञ्ज.

⁴⁸¹ On अन्तःस्वेद as "elephant," cf. Arthaśāstra 9.1.46 (Kangle 1965a: v. 1, 219; Olivelle 2013: 351): हस्तिनो ह्यन्तःस्वेदाः कुष्ठिनो भवन्ति ॥ ४६ ॥.

⁴⁸² See on this subject: T. L. Brunton and Fayrer 1909: 39-40; S. A. Minton and M. R. Minton 1969: 88-89 (references taken from HIML: 1B, 399, n. 124).

Kalpasthāna 5: Therapy for those Bitten by Snakes

Introduction

Literature

A brief survey of this chapter's contents and a detailed assessment of the existing research on it to 2002 was provided by Meulenbeld.⁴⁸³

⁴⁸³ HIML: IA, 294–295. In addition to the translations mentioned by Meulenbeld (HIML: IB, 314–315), a translation of this chapter was included in P. V. Sharma 1999–2001: 3, 35–45.

Passage numbers refer to the canonical numbering of the vulgate edition (Su 1938).

- 1 Now we shall explain the procedure (*kalpa*) that is the therapy for someone bitten by a snake.⁴⁸⁴
- For a person bitten on a limb by any snake, one should first of all make a strong binding, at four fingers measure above the bite.⁴⁸⁵
- 4 Poison does not move around into the body if it is prevented by bandages (*ariṣṭā*) or by any other soft items of cloth (*plota*), leather (*carmānta*) or bark.⁴⁸⁶
- 5 Where a bandage (*bandha*) is not suitable, one should raise the bite up and then cauterize it.⁴⁸⁷ Suction, cutting and cauterizing are recommended in all cases.
- 6 Suction will be good after filling the mouth with earth $(p\bar{a}msu)$. Alternatively, the snake should be bitten by the person who knows that they have just been bitten. 489

⁴⁸⁴ On कल्प, see note 439.

⁴⁸⁵ Application of a tourniquet is deprecated by modern establishment medicine, which relies on antivenom medications (e.g., Pillay 2013: 150–151 et passim in the literature). The vulgate introduces the word अरिष्टा at this point. This may be a borrowing from Ci.23.251cd (Ca 1941: 582).

⁴⁸⁶ It is hard to translate the word अरिष्टा otherwise than "bandage," as referred to by ब-भीयात् in the previous verse, and apparently similar to items of cloth etc., and called a बन्ध in the next verse. But in general Sanskrit literature, including medical literature, the word (in masc. gender) means either "an alcoholic tonic" or "an omen of death," (1.30.3 (Su 1938: 137)), or is a plant name. This raises a question mark over its unique meaning in the present context. The Aṣṭāṅgaḥṛdayasaṃḥitā (Utt.36.42cd (Ah 1939: 910)) seems to be a gloss on अरिष्टा, saying "An expert in mantras may bind using a braid made of silk etc., empowered with mantras" (see also 5.5.8 (Su 1938: 575)). On problems that can arise from tying a bandage too tightly, see 5.5.56 (Su 1938: 577) below.

⁴⁸⁷ The vulgate reads उत्कृत्य "having excised" rather than translate उद्धृत्य "having raised up."

⁴⁸⁸ The vulgate recommends cloth, not earth (5.5.6 (Su 1938: 574)).

⁴⁸⁹ The syntax is odd here, and the vulgate has removed the difficulties. Dalhaṇa on 5.5.6 (Su 1938: 574) noted that one should hold the snake firmly and give a good bite to its head and tail (हस्ताभ्यामुपसंगृह्य पुच्छे वक्रे च सर्पः सम्यग् दष्टव्यः). Our colleague Dr Madhu K. Paramesvaran reports that this procedure is known in Malayalam viṣavaidya treatises and is practiced in Kerala, though rarely: "this practice has been described as one of

7 Now, one should in no way cauterize someone bitten by a Maṇḍalin. Because of the over-abundance of poison in the bile (*pittaviṣa*), that bite will be lethal as a result of cauterization.⁴⁹⁰

The application of mantras

- 8 An expert in mantras should tie on a bandage $(ariṣṭ\bar{a})$ too, with mantras. But they say that a bandage that is tied on with cords and so on causes the poison to be purified.⁴⁹¹
- 9 Mantrās prescribed by gods and holy sages (*brahmarṣi*), that are imbued with truth and religious power (*tapas*) are inexorable and they rapidly destroy intractable poison.
- Drugs cannot eliminate poison as quickly as the application of mantras imbued with religious power (*tapas*) and imbued with truth, holiness (*brahma*) and religious power.⁴⁹²
- 11 The mantras should be received by a person who is abstaining from women, meat and mead (*madhu*), who has a restricted diet, and who is pure and lying on a bed of halfa grass.
- For the mantras to be successful, one should diligently worship the deity ($devat\bar{a}$) with perfume, garlands, and oblations ($upah\bar{a}ra$), as well as sacrificial offerings (bali), and with mantra repetition (japa) and rituals.⁴⁹³
 - the first-response cares for snakebite in most of the Malayalam texts of Vishavaidya. I have never seen this happening in real life and my teachers used to consider it to be a method (albeit a bit outrageously dangerous) for self-reassurance by the patient." (Paramesvaran 2023). Cf. the Viṣavaidya text edited by Mahādeva Śāstrī (1958).
- 490 Verses 5.4.29, and 37 above note that the venom of Mandalins particularly irritates the bile.
- 491 Dalhaṇa on 5.5.8 (Su 1938: 575) clarified that on the one hand the bandage must be accompanied with mantras, but on the other hand, it may also be used without mantras. The verse seems to put two points of view.
- 492 Dalhaṇa on 5.5.10 (Su 1938: 575) noted that mantras like "kurukullā" and "bheruṇḍā" are explained in other treatises and therefore not explained further in his commentary. These two mantras are the names of tantric Śaiva and Buddhist goddesses. For a study on this specific subject see Slouber (2016b). HIML: IIB, 151, n. 344 provides a bibliography to 2002 of studies on Kurukullā, who is mentioned in Māhuka's *Haramekhalā*, and Meulenbeld 2008a: 30–34 includes discussion of Bheruṇḍa as a bird, with related terms.
- 493 Dalhaṇa on 5.5.12 (Su 1938: 575) noted that उपहार includes incense, while बिल refers to sacrifice with an animal (सपश्नेवेद्य).

But mantras pronounced illicitly or that are deficient in accents (*svara*) and letters do not give success. So antitoxic (*agada*) procedures need to be employed.

Blood letting

- A skilled physician should puncture a duct $(sir\bar{a})$ which is located on the limb $(s\bar{a}kh\bar{a}sray\bar{a})$, and comes from the bite and the general area. If the poison has spread, one on the forehead should be pierced.
- 15 The blood being drawn out draws away all the poison. 494 Therefore one should cause blood to flow, for that is his very best procedure.
- 16 After incising (*pracchāna*) the area around the bite, one should smear it with antidotes and sprinkle it with water infused with sandalwood and cuscus grass.⁴⁹⁵

Internal medications

- One should make him drink various antidotes together with milk, honey and ghee. If they are unavailable, the earth of black ants can be good.⁴⁹⁶
- 18 Alternatively, he should consume orchid tree, siris and purple calotropis or white siris too. He should not drink sesame oil or horse gram, nor wine or Indian jujube.
- 19 But after drinking any other liquid at all, he should throw up after drinking it. For on the whole, poison is easily removed by means of vomiting.

⁴⁹⁴ The Nepalese version uses a present passive participle construction here, that is less common than the vulgate's locative absolute. The Nepalese version states that it is the blood coming out of the patient that carries away the venom; the vulgate text says merely that the venom emerges while the blood comes out.

⁴⁹⁵ সম্ভান is the second of the two methods of blood letting described in the vulgate text of the *Suśrutasaṃhitā* at 1.14.25 (Su 1938: 64); this verse does not appear in the Nepalese version of the *Suśrutasaṃhitā*.

⁴⁹⁶ This refers to earth taken from an anthill. In South Asia, there is a long tradition of considering such earth to be beneficial and even holy (e.g., Irwin 1982).

Therapies at each pulse of toxic reaction

20 In the case of hooded snakes, when there is a toxic reaction (*vega*) first one should let blood. At the second, one should make him drink an antidote (*agada*) together with honey and ghee.⁴⁹⁷

- At the third one should use errhines and collyrium $(a\tilde{n}jana)$ that destroy poison.⁴⁹⁸ At the fourth, when he has vomited, the physician should make him drink a gruel $(yav\bar{a}g\bar{u})$ that destroys poison.
- At the fifth and sixth toxic reactions one should make the person drink something that aids cooling, that is cleansing and tīkṣṇa (sharp), and a well-regarded gruel too.
- But at the seventh, one should purge (\sqrt{sodh}) his head with a sharp sternutatory.⁴⁹⁹

In the case of Mandalins

- 24 Amongst Maṇḍalins, the earliest toxic reaction (*vega*) should be treated in the same way as with Darvīkaras.⁵⁰⁰
- 25 At the second, one should make him drink ghee and honey and then make him vomit.⁵⁰¹
- At the third, one should give the purged patient healthy gruel. At the fourth and the fifth too, one should do the same as for the Darvīkara.
- 497 This section reproduces some of the therapies from $Su\acute{s}rutasamhit\bar{a}$ 5.2.40–43 (Su 1938: 566) on the stages of slow poisoning $(d\bar{u}s\bar{v}isa)$ by plant poisons; see translation on p. 133 above.
- 498 The rare word नस्तः "from or into the nose" in नस्तःकर्म "errhine" is supported by both Nepalese manuscripts. The term is more common in the *Carakasaṃhitā*, occurring eleven times, e.g., at 1.20.13 (Ca 1941: 114), 2.1.36 (Ca 1941: 203), et passim. The *Carakasaṃhitā* describes how collyriums, especially रसाञ्चन, cause phlegm to flow, thus clearing the eyes (1.5.14–19 (Ca 1941: 38–39)). This could be appropriate in expelling poisons.
- 499 The vulgate adds a half-verse here recommending the application of a collyrium ($a\tilde{n}$ -jana) to a cut made on the patient's head.
- 500 The vulgate again adds a half-verse here, recommending the "crow's foot" incision on the patient's head. On this procedure, described in *Carakasaṃhitā* 6.23.66–67 (Ca 1941: 574), see Wujastyk 2003*b*: 145. This text is not supported here, as it was not in the Nepalese text at *Suśrutasaṃhitā* 5.2.43 (Su 1938: 566) either. See footnote 382, p. 134 above. As stated there, it appears that this procedure was known in the tradition of the *Carakasaṃhitā*, but not in the earliest text of the *Suśrutasaṃhitā*.
- 501 Again, the vulgate text differs substantively, adding another half-verse. But the general idea of the treatment is the similar.

At the sixth, wholesome things from the group of plants starting with cottony jujube should be drunk and a sweet antidote. And at the seventh, a wholesome antidote that destroys poison in a sternutatory (avapīḍa). 503

In the case of Rājimats

- Now, Amongst Rājimats, one should let blood at the first toxic shock.⁵⁰⁴
- At the second, a patient who has vomited should be made to drink an antidote that destroys poison. At the third, fourth and fifth, the rule that applies to the Darvīkara is suitable.
- 30 At the sixth, use a very sharp collyrium (añjana), and at the seventh a sternutatory (avapīḍa). There is a prohibition on using blood-letting for pregnant women, children and the elderly.
- In those who are in pain because of poison, it is advised that the prescribed procedures be applied gently.

31ab In animals

In goats and sheep, bleeding and collyriums are the same as for people. 32cd In cows and horses, that is twice as much; three times as much for buffalos and camels, four times for elephants and simply (*kevala*) for all birds. 505506



⁵⁰² The "group of 17 plants beginning with cottony jujube" (काकोल्यादि गण) is described at *Suśrutasaṃhitā* 1.38.35–36 (Su 1938: 167). These plants pacify the bile, blood and wind and increase phlegm, body-weight, semen and breastmilk.

⁵⁰³ The अवपीड is described at Suśrutasaṃhitā 4.40.44–45 (Su 1938: 556), where it is also recommended for victims of snakebite. It is a type of head-evacuant. Commenting on that passage, Dalhaṇa cited "other treatises" as saying that अवपीड treatment was suitable for restoring the consciousness of those who have been poisoned. He also quoted a text by an authority called Videha, that says the same. Videha was an author known to Dṛḍhabala (according to Cakrapāṇidatta) and often cited in the Madhukośa on the topic of eye diseases (HIML: IA, 132 et passim). See also Mahākośa: 1, 62–63.

⁵⁰⁴ The vulgate text says that the blood-letting should be done with a gourd. It also has an extra half-verse here, prescribing an antitoxin to be drunk together with honey and ghee.

⁵⁰⁵ Dalhaṇa on 5.5.32 (Su 1938: 576) explained "simply for all birds" as meaning that birds should receive just drugs, and not blood-letting or collyriums. See p. 158 for the toxic reactions in birds and other animals.

One should consider carefully with one's intellect the location, constitution (prakrti), suitability ($s\bar{a}tmya$), the season, the poison, and the strength or weakness of the toxic reaction and then proceed with therapy.⁵⁰⁷

- 47–48ab One should eliminate this poison completely. It is extremely hard to overcome. For even a small amount remaining can strongly bring about a toxic reaction.⁵⁰⁸
- 48cd–49 Or it may lead to dejection, pallor, fever, cough and headaches, dessication, swelling, catarrh, poor vision, disinterest in food (aruci) or rigidity ($j\bar{a}dyat\bar{a}$).⁵⁰⁹ And in such cases one should apply the cure as appropriate.⁵¹⁰
- One should also treat the secondary ailments (*upadrava*) of a poisoned patient each as appropriate.

 Now, after the bandage (*ariṣṭā*) has been removed and after the place marked by it has been quickly incised (*pracchāna*) one may see poison that has leaked out there, and a toxic reaction may strongly result.

⁵⁰⁶ The vulgate includes several verses after this sentence that give a recipe and also a list of specific items like place and constitution that should be given careful consideration. Dalhaṇa on 5.5.33 (Su 1938: 576) cited the opinions of Gayadāsa and Jejjaṭa on this recipe but stated that he preferred to follow the contrasting opinions of Vṛddhavāgbhaṭa (1.25.24cd-25aba (As 1980: 184)) and Suśruta (4.31.29cd-30ab (Su 1938: 511)) on this topic, as well as several citations "another work" (तन्त्रान्तर) that is unidentified.

⁵⁰⁷ The vulgate here has twelve verses not found in the Nepalese version. These verses explicitly switch subject away from assesments according to toxic reactions and to the treatment of both mobile and immobile poisons, starting from physical symptoms such as swelling and discolouration as well as humoral theory. At the point where the vulgate summarizes the extra verses, saying that cases should be treated "according to their humors" (यथादोषं), the Nepalese witnesses have "as is appropriate" (यथायोगं, 5.5.49cd (Su 1938: 577)). This suggests that the text has been edited to fit the insertion of the verses referring to humoral therapy. These verses also include therapies such as the crow's foot treatment (see footnotes 382 and 499, pp. 134, 163 above) and the beating of drums that have been smeared with antidotes, as discussed in Suśrutasaṃlhitā 5.6 (Su 1938: 580–582) (see p. 169 below).

⁵⁰⁸ The word अवतिष्ठं "remaining" is hard to parse. It cannot be a णमुल् formation (Pāṇini 3.4.22 ff), because of the root's reduplication, and should not be a present participle because it is not neuter. However, lack of gender concord is not unknown in Epic Sanskrit; several of the examples cited by Oberlies (2003: § 10.2.1) even involve present participles without gender concord. Cf. Edgerton 1953: 1, § 6.12 for examples in BHS.

⁵⁰⁹ Dalhaṇa on 5.5.49ab (Su 1938: 577) reported a reading from Jejjaṭa of स्तैमित्य "immobility" instead of प्रतिश्याय "catarrh."

⁵¹⁰ The vulgate introduces दोष theory here, which is absent in the Nepalese version.

- 52.1 Once the poison has disappeared one can conquer irritated wind using items that restrain the wind.⁵¹¹
 - One can conquer bile using substances that remove bile-fever (*pittajvara*), with decoctions, oleation and purges, combined with substances that remove poison, with the exception of sesame oil (*taila*), wine, horse gram, and mangosteen.⁵¹²
 - One can conquer phlegm with the group that starts with golden shower tree, together with honey.⁵¹³
 - If the the bandage (ariṣṭā) is bound tightly, or if it is incised (pracchita) with sharp ointment or with the remnants of the poison, then when the limb swells up, the the flesh weeps, smells a great deal, is putrid (sīrṇa) is designated "poison-stink (viṣapūti)."514
- One may be certain that a person has been struck by something poisoned (digdha) if their wound immediately starts to suppurate has black blood that flows and is inflamed, as well as having black, weeping and exceptionally foul-smelling flesh coming out of the wound and also someone who has thirst, fainting (mūrcchā), fever and a temperature.⁵¹⁵
- One who is known to have these exact symptoms may have poison in their wound that is † given by mistake.† And they may have a wound that has been hit by something poisoned (digdha) and is full of poison. And others are sick because of a wound that stinks because of poison. The wise person debrides the excess flesh of such people and then, after removing the blood by means of leeches and after removing the humours from above and below, he should irrigate with cold bark decoctions from milky trees. And he should ap-

⁵¹¹ This half-verse is is not present in the vulgate, but has broadly the same sense as 5.5.52cd (Su 1938: 577), that is not present in the Nepalese version.

⁵¹² The vulgate reads "fish" in place of "wine."

⁵¹³ The आरंबधगण is listed at *Suśrutasaṃhitā* 1.38.6 (Su 1938: 164). These herbs are there explicitly said to pacify phlegm and to remove poison, etc. (1.38.7 (Su 1938: 164)).

⁵¹⁴ *Suśrutasaṃhitā* 5.5.16 (Su 1938: 575) (p. 162 above) suggests smearing an incised area with antidotes.

⁵¹⁵ The Nepalese witnesses describe someone who has been struck or hurt (क्षत, आहत), while the vulgate describes someone who is pierced (विद्ध). Dalhaṇa on 5.5.58ab (Su 1938: 576) interpreted the latter wording as being struck by a poison-smeared arrow.

ply items that destroy poison such as cloths containing ointments together with cold liquids mixed with ghee.

When the bone is injured by poisons, the very same rule should be followed as for bile poison.

61cd-63ab The following are powdered: turpeth, weaver's beam tree, liquorice, the two kinds of turmeric, the Indian madder group,⁵¹⁶ and all kinds of salt.⁵¹⁷ One may put this in a horn, together with honey. This antidote destroys poison, being employed together with drinks, collyrium (añjana), oil rubs (abhyañjana), errhines and drugs.

With its relentless potency (vīrya) and as a destroyer of the toxic reaction (vega) to poison, it is called the Great Antidote and has great power.

63cd–65ab Very fine embelia, velvet-leaf, ??, wild celery, and devil's dung, as well as Himalayan mayapple and ??, the whole group of salts, together with leadwort and honey should be placed in a cow's horn and covered with something made of cow's horn. It should be set aside for two weeks. This antidote is called Unbeaten because it conquers both stationary and mobile poisons.

65cd-68ab One should make a fine powder of the following and place them in a horn, together with honey: ??, deodar, grey orchid,

78 518

⁵¹⁶ There is no मञ्जिष्ठा group. There is a plant वक्र, so a reading मञ्जिष्ठवक्रे "Indian madder and Himalayan mayapple" is conceivable.

⁵¹⁷ There is a लवणवर्ग (1.46.313-321 (Su 1938: 236-237)).

⁵¹⁸ After this verse, the vulgate text adds five verses, 79–83, that do not appear in the Nepalese version.

Kalpasthāna 6: Beating Drums

Introduction



Uttaratantra 17: Preventing Diseases of the Pupil

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁵¹⁹

The history of couching in India has been discussed since the nineteenth century, 520

The therapies in this chapter make frequent use of collyrium ($a\tilde{n}jana$). This substance and its uses and variants are described in $Carakasamhit\bar{a}$ 1.5.14–19 (Ca 1941: 38–39). In the $Su\acute{s}rutasamhit\bar{a}$, they are included in the "group starting with $a\tilde{n}jana$ " ($a\tilde{n}jan\bar{a}digama$), that is listed at 1.38.41–42 (Su 1938: 167). They are described as valuable for counteracting blood-bile (raktapitta), poison and overheating ($d\bar{a}ha$).

Translation

- 1 Now I shall explain the counteraction (*pratiṣedha*) of diseases located in the pupil (*dṛṣṭi*).
- There are three curable ($s\bar{a}dhya$), three incurable ($as\bar{a}dhya$), and six mitigatible ($y\bar{a}pya$) diseases located in peoples eyes. Among these, three are curable ($s\bar{a}dhya$). Amongst these three, the remedy ($prat\bar{i}k\bar{a}ra$) has been stated for the one called "seeing smoke ($dh\bar{u}madar\dot{s}in$)".⁵²¹

⁵¹⁹ HIML: IA, 305-306.

⁵²⁰ Scott 1817; Breton 1826; Jack 1884; Hendley 1895; Elliot 1918; V. P. Śāstrī 1940; V. Deshpande 1999; 2000; Wujastyk 2003*b*; Fan 2005; Leffler et al. 2020.

⁵²¹ This disease and its cure are described earlier (SS.6.7.39 and SS.6.10.16 (Su 1938: 609

where is cutting with a knife related to removing bile or phlegm. When the eye is inflamed (*vidagdha*) by bile and when it is inflamed by phlegm, one should apply the method for removing bile and phlegm, using nasal medicines (*nasya*), irrigation (*seka*), application of collyrium (*añjana*), liniment (*ālepa*), and medicines cooked in a crucible (*puṭapāka*), together with an eyewash (*tarpaṇa*),⁵²² but not cutting with a blade (*śastrakṣata*).⁵²³

One should drink ghee (sarpis) prepared with the three fruits ($triphal\bar{a}$) and in the first [case where the problem is bile], and prepared with turpeth (traivrta) in the latter [case, of phlegm].

And ghee prepared with tilvaka (*tailvaka*) is wholesome in both cases, or else aged ghee on its own.

5cd–7ab In a collyrium (*añjana*), these four compounds (*yoga*) are beneficial in both cases:

• ochre (*gairika*), Sind salt (*saindhava*), long pepper (*kṛṣṇā*) and the black soot (*masī*) from cow's teeth;

- Cow's flesh (*gomāṃsa*), black pepper, siris and red arsenic (*man-aḥśilā*);
- stalk (vṛnta) from a wood apple with honey (madhu);⁵²⁴
- or the the fruits of the ??.
- 8 The physician should make a collyrium (*añjana*) with ground up metal (*kupyaka*),⁵²⁵ Asoka tree, sal tree, mango, beautyberry, lotus, blue water-lily, together with peas, emblic, myrobalans, long pepper. It should be combined with ghee and honey (*kṣaudra*).
- 9–10 Also, when bile and phlegm have developed, the physician should apply peas with the expressed juice (*svarasa*) of the flowers from mango and jambul trees.



and 614) respectively). The latter part of this verse is hard to construe and the text here may have been altered at an early period.

⁵²² These therapies are described in SS.6.18 (Su 1938: 633–640).

⁵²³ Dalhaṇa interpreted this as blood-letting (*sirāvedha*), which is discussed in SS.1.14 (Su 1938).

⁵²⁴ Wood apple (कपित्थ) in this verse is ablative singular or accusative plural, neither of which construe obviously.

⁵²⁵ A metal other than gold or silver, according to V. Jośī and N. H. Jośī (*Mahākośa*: 1, 217) (on কুप्प). The Nepalese witnesses have the rare কুप्पक rather than the vulgate's কুভাক, which makes no real sense. Perhaps lead, which is used in making contemporary collyrium.

Then this collyrium $(a\tilde{n}jana)$, matured (vipakva) with ghee and honey (ksaudra), should then be applied.

- 10–11ab Filaments ($ki\tilde{n}jalka$) of lotus and blue water-lily, with ochre (gairika), and the juice of cow-dung ($go\acute{s}akrt$) are a collyrium ($a\~{n}jana$) in the form of a pill ($gu\rlap/qik\={a}$). This is good for both day and night blindness.
- Elixir-salve ($ras\bar{a}\tilde{n}jana$), honey (kṣaudra), ghee, scramberry, together with gold and ochre, with the juice of cow-dung (gośakṛt) are for an eye afflicted with bile.
 - Alternatively, wise physician should first grind together elixir-salve (\hat{sita}) and stibnite $(sauv\bar{t}raka)$, infused $(bh\bar{a}vita)$ with the blood of birds and animals (rasa). Then he mixes it with the bile of a tortoise or with extract of rohu carp (rauhita). It should always be used with powdered collyrium $(a\tilde{n}jana)$ to quell the bile.
 - 14 Thus, a collyrium (añjana) of white teak flowers, liquorice, Indian barberry, lodh tree and elixir salve (rasāñjana) is always good as a collyrium in this case.
 - Alternatively, for those who cannot see during the day, this pill $(gudik\bar{a})$, with sandalwood, is recommended: salt $(nad\bar{\imath}ja)$, conch shell and the three spices, collyrium $(a\tilde{n}jana)$, realgar $(mana\dot{n}il\bar{a})$, the two turmerics $(rajana)^{527}$ and liver extract $(yakrdrasa)^{.528}$
 - One should grind up kohl (*srotoja*),⁵²⁹ and Sind salt (*saindhava*) and long pepper and also harenu (*harenu*). Such wicks with goats urine are good in a collyrium (*añjana*) for night blindness (*kṣaṇadāndhya*).
 - Alternatively, in such a case, grind together Indian sarsaparilla $(k\bar{a}l\bar{a}nus\bar{a}riva)^{530}$ long pepper, dried ginger $(n\bar{a}gara)$ and honey, the leaf of the scramberry $(t\bar{a}l\bar{i}\acute{a}apatra)$, the two turmerics (rajana), a conch shell and liver extract (yakrdrasa). Then shade-dried wicks take away illness (ruj).

⁵²⁶ This was Palhaṇa's preferred interpretation of rasa "juice" in this context. He also noted that some take elixir-salve (\hat{sita}) to be camphor.

⁵²⁷ Turmeric (Curcuma longa *Linn*.) and tree turmeric (Berberis aristata DC). The term *rajana* is unusual; the normal term is *rajanī*. *Rajana* occurs in *Suśrutanighaṇṭu* 158 in the sense of Ferula asafoetida, Linn.

⁵²⁸ This verse appears as no. 27 in the vulgate.

⁵²⁹ Glossed by Palhaṇa as a kind of collyrium (*añjana*). Cf. **nadk-1954** and P. V. Sharma 1982: 197–198

⁵³⁰ There are two forms of *sārivā* mentioned widely in Āyurvedic literature, the white and the black. Ideas on the identity of the black form are particularly fluid. See Sivarajan and Balachandran (ADPS: 434–438) for a clear discussion.

- 18cd–19ab Wicks made of red arsenic ($mana h sil \bar{a}$), chebulic myrobalan ($abhay \bar{a}$), the three spices (vyo sa). Indian sarsaparilla (sariva), cuttlefish bone (samudraphena), combined with goat's milk are good.
- One should cook a honey collyrium (*kṣaudrāñjana*) either in the juices of cow's urine (*gomūtra*), and bile, spirits (*madirā*), liver (*yakṛt*), and emblic (*dhātrī*) or else in the juice of the liver (*yakṛt*) of something different, or else with the extract of the three fruits (*triphalā*). One of these should be mixed with cow urine, ghee and cuttle fish (*arṇavamala*)⁵³¹ with long pepper, honey and box myrtle (*kaṭphala*). It is placed in sea salt and stored in a bamboo tube.
 - One should cook the liver of a sheep, the ghee of a goat, with long pepper and Sindh salt, honey and the juice of emblics. Then one should store it properly in a catechu box. Prepared thus, the honey collyrium (añjana) is good.
 - Alternatively, a collyrium $(a\tilde{n}jana)$ that is harenu (harenu) mixed with long pepper $(m\bar{a}gadh\bar{\iota})$, the bone and the marrow of a goat, cardamom $(el\bar{a})$ and liver, together with liver extract, is good for eyes afflicted by phlegm.⁵³²
 - Over a fire, one should cook the liver (yakṛt) of a monitor lizard (godhā) prepared with entrails (antra) and stuffed with long pepper (māgadhi). As is well known, liver (yakṛt) which is used (niṣevita) with collyrium (añjana) certainly destroys night blindness.
 - After preparing both a spleen (*plīhan*) and a liver on a spit, one should eat them both with ghee and oil.⁵³³
- 25cd–26ab As is well known, there are six diseases that can be alleviated (*yāpya*);

⁵³¹ At SS 6.12.31, Dalhaṇa glossed *arṇavamala* as cuttlefish bone (*samudraphena*). It may be worth considering whether the unusual term *arṇavamala* "ocean-filth" might refer to ambergris.

⁵³² On the identities of <code>elā</code> and <code>hareṇu</code>, Watt (Watt_Comm: 511 ff) described the former as "true" or "lesser" or "Malabar" cardamom, <code>Elettaria</code> cardamomum, Maton & White. In contrast, the "greater" cardamom is <code>Amomum</code> subulatum (that Watt discussed on p. 65) that is commonly used as an inferior substitute for <code>E. cardamomum</code>. T. B. Singh and Chunekar (GVDB: 467 f) provided an interesting discussion of <code>hareṇu</code>, noting that the term refers to two substances, first the <code>satīna</code> pulse (<code>Pisum sativum</code>, Linn.), and second an unknown fruit such as perhaps a <code>Vitex</code>. They noted, "None of the text commentators have attempted to disclose the nature of its source plant," although <code>Palhaṇa</code> described it as aromatic and identical to <code>reṇukā</code> (SS.ci.2.75).

⁵³³ We read the locative as if an instrumental; if the locative were intended then it would be the spit that would be coated with oil and ghee.

in those cases (*tatra*) one should release the blood by bloodletting. And for the sake of wellbeing one should also purge using aged ghee combined (*upahita*) with purgative aids (*aṅga*).

- When an eye-disease is caused by wind (pavanodbhava) they say that castor oil (pañcāṅgulataila) mixed with milk is good.⁵³⁴ In the case of diseases of blood (śonita) and bile (pitta), one should drink ghee with the three fruits; it is particularly cleansing.⁵³⁵ In the case of phlegm, a purgative by means of turpeth (trivṛt) is recommended. In the case of all three humours, sandal (sugandhi) in oil is prepared with it (turpeth).⁵³⁶
 - In cases of partial blindness (*timira*), aged ghee is recommended. It is good if it is kept in an iron vessel.
- 28cd–29ab One should know that ghee with the three mylobalans is always good, and it is made with what is called periploca of the woods (meṣaviṣāṇa). A man who is suffering from partial blindess should lick the finely-ground three fruits mixed with ghee off his hand (sapāṇa).537
 - 29cd Alternatively, someone afflicted by phlegm should apply them (the three fruits) mixed with oil and steeped (*pragāḍha*) in honey.
 - The very best oil, well-cooked with a decoction of cow-dung, is good in cases of partial blindness, taken as an errhine.

 In cases caused by bile, ghee by itself is good, as is oil when it arises from wind and blood.
 - 31 And in the case of wind one should apply turpeth (trivrt) based on strong mallow $(atibal\bar{a})$, and country mallow $(bal\bar{a})$ in an errhine (nasya).⁵³⁸
 - Ghee which has been extracted from milk cooked with the meat of

⁵³⁴ Palhaṇa said that the unexpressed topic of this recipe is partial blindness (*timira*).

⁵³⁵ Blood-bile (*śonita-pitta, rakta-pitta*) is a widely-recognized disease in ayurveda, but the compound here is definitely dual, which rules out that interpretation. One would expect blood-bile because the previous verse

⁵³⁶ The expression "the fragrant one in oil (*tailasugandhi*)" is puzzling. The word *sugandhi* has different referents in the *Nighaṇṭu* literature but is not common as a noun in the extant literature. "Sandal" is just one of its possible meanings.

^{537 &}quot;Off his hand" translates the adverbial *sapāṇam*, an unusual word. Ḥalhaṇa reproduced a reading close to the Nepalese recension but says that Jejjaṭa rejects it and so he also does (Su 1938: 627).

^{538 &}quot;Based on" translates *-āśrita* "depending on" which does not construe easily here. The vulgate has *śṛṭa* "cooked" which makes easier sense but is not supported by the Nepalese MSS.

- aquatic creatures and those from marshlands should be prescribed.
- tAn enclosed roasting (puṭākhya) with Sindh salt and the product of the meat of a carnivore (kravyabhuj) and a deer (eṇa), is combined with honey and ghee.⁵³⁹
 - Fat $(vas\bar{a})$ from a horse, a vulture, a snake, and a cock $(t\bar{a}mrac\bar{u}da)$, combined with mahua $(madh\bar{u}ka)$ is always good in a collyrium $(a\tilde{n}jana)$. †540
- Having prepared (nisevita) a collyrium ($a\tilde{n}jana$) made of kohl (srotas) and gradually combine it with juices (rasa), milk and ghee.⁵⁴¹ For thirty days, this collyrium ($a\tilde{n}jana$) is put in the mouth of a black snake that is covered with kuśa grass (kuśa).
- Next, a collyrium $(a\tilde{n}jana)$ that is milk containing long pepper $(m\bar{a}gadh\bar{\iota})$, lye $(ks\bar{a}raka)$ and Sindh salt (saindhava) that has been repeatedly prepared with the mouth of a black snake, is good in the case of bloodshot blindness $(r\bar{a}gin\ timira)$. 542
- They say that ghee may be produced from that and combined with sweet herbs is good as an errhine for eye-diseases caused by bile. And here, an eyewash (*tarpaṇa*) is good that is a combination that is the flesh of wild animals taken hot (*puṭāhvaya*).⁵⁴³
- 36 And realgar (*manaḥśilā*) mixed with elixir salve (*rasāñjana*) and honey is a liquid collyrium (*dravāñjana*) which is, in this case, combined with

The term 'enclosed roasting' (puṭapāka) does occur in the Suśrutasaṃhitā in the context of eye treatments, but designates a method of obtaining juice from substances by wrapping them in leaves pasted with earth and cooking the bolus on charcoal to finally extract a juice.

- 540 This verse contain irresolvable difficulties. There are no significant variants in the Nepalese MS transmission, but the text is ungrammatical. The vulgate reads substantially differently but we have nevertheless made some emendations in line with it and read the verse as two sentences.
- 541 Dalhana specified that the juices are meat soups of various animals (Su 1938: 628).
- 542 Palhaṇa described this blindness as a type of $k\bar{a}ca$ disease caused by wind (Su 1938: 628). The expression "bloodshot blindness" is an attempt to capture the idea of a blind eye that is dyed or coloured (not colour-blindness). This verse is quite different from the vulgate and also syntactically challenging.
- 543 The expression taken hot (puṭāhvaya) is a guess.

⁵³⁹ Dalhaṇa noted (Su 1938: 628a) that puṭāhvaya (see verse 35 below) is a synonym for puṭapāka, and that the process is described in the Kriyākalpa chapter, i.e., SS.6.18.33–38 (Su 1938: 635). On the puṭa process in the Suśrutasaṃhitā, which is earlier and different than that of rasaśāstra literature, see the discussion by Wujastyk (2019: 83):

- mahua (madhūka).544
- Alternatively, experts on this say that finely ground blue vitriol (tuttha) extracted from a gold mine is the "same collyrium ($sam\bar{a}\tilde{n}jana$)". 545
- Conch mixed with equal parts of sheep's horn and stibnite ($a\tilde{n}jana$) removes the impurity of the glassy opacity ($k\bar{a}ca$) because of the application of collyrium ($a\tilde{n}jana$).⁵⁴⁶
 - The extracts (rasa) produced from aflame of the forest ($pal\bar{a}\acute{s}a$), Rohīta tree ($roh\bar{\imath}ta$), 547 mahua ($madh\bar{\imath}ka$), ground with the supernatant layer (agra) of the spirits (madira) is applied.
- Alternatively, one should cook an errhine with cuscus grass (*uśīra*), lodh tree (*lodhra*), the three fruits (*triphalā*), beauty berry (*priyaṅgu*) to pacify eye diseases caused by phlegm.⁵⁴⁸
 - One should apply smoke of the bark of embelia (vidanga), velvet leaf ($p\bar{a}th\bar{a}$), white siris ($kinih\bar{\iota}$), and desert date ($ingud\bar{\iota}$); and cuscus grass ($us\bar{\iota}ra$) alone.
- A ghee that is cooked ($bh\bar{a}vita$) from a decoction of a non-flowering tree (vanaspati)⁵⁴⁹ as well as turmeric ($haridr\bar{a}$) and spikenard (nalada) is good in a eyewash (tarpaṇa).
 - Alternatively, one may have an enclosed roasting ($puṭap\bar{a}ka$) done with arid-land animals ($j\bar{a}\dot{n}gala$)⁵⁵⁰ and a plentiful amount of long pepper ($m\bar{a}gadha$), Sindh salt and honey.
- 40 A treatment $(kriy\bar{a})$ with realgar $(mana \dot{p} \dot{s} i l \bar{a})$, the three spices, conch, honey, along with Sindh salt, green vitriol $(k\bar{a}s\bar{i}sa)$ and elixir salve

⁵⁴⁴ The expression liquid collyrium (*dravāñjana*) is only known from Dalhaṇa's comments on 6.17.11ab (Su 1938: 626). The recipe in the present collyrium is different from that discussed by Dalhaṇa.

⁵⁴⁵ On *tuttha*, which may also be identified with zinc oxide or as crushed sea-urchin shells, see Falk (1991: 112 ff.); zinc oxide is a component of skin-balms but is not recommended for application in the eyes themselves. The expression "same collyrium (*samāñjana*)" is a hapax legomenon glossed inexplicably by Þalhaṇa as "a collyrium with an equal amount of fermented barley" (*tulyasauvīrāñjana*) (Su 1938: 628).

⁵⁴⁶ The ablative "from collyrium" is hard to construe, but Dalhana used this term and phrase in his commentary on 6.17.41ab (Su 1938: 629).

⁵⁴⁷ Probably Soymida febrifuga A. Juss.

⁵⁴⁸ Palhaṇa invoked a general rule ($paribh\bar{a}s\bar{a}$) to indicate that this mixture should be cooked with sesame oil.

⁵⁴⁹ These are fig trees. The *Sauśrutanighaṇṭu* (252) specifies the Udumbara. Cf. the classification in CS.1.1.71–72, 1.8, *et passim*.

⁵⁵⁰ On this term, see SS.1.35.42 (Su 1938: 157) and the discussion by Zimmermann (1999: 25–31).

 $(ras\bar{a}\tilde{n}jana).551$

 $(ml\bar{a}yin).556$

They say that an elixir salve ($ras\bar{a}\tilde{n}jana$) combined with myrobalans, treacle and dried ginger is good.⁵⁵²

- Alternatively, a collyrium (*añjana*) that has been prepared many times in the eight types of urine⁵⁵³ is put into water with the three fruits. Having stored it in the mouth of a nocturnal creature (*niśācara*)⁵⁵⁴ one should place it in a conch (*salilotthita*) for two months.⁵⁵⁵
- One should apply that collyrium (añjana) together with the flowers of mahua (madhūka) and horseradish tree (śigru) when [the disease] is caused by all [the humours].

 But alternatively, all treatments apply when blood is the cause. The procedure that removes bile is good when there is blue dot cataract
- For one who has a humour, the physician should consider the rule in all humoral cases and then smear the ointment on the face. The treatment that is good for removing watery eye (*syanda*) should be properly applied in all these humoral cases, according to the individual. The state of the individual.
- The physician should not employ substances in errhines etc., when the humours intensify, and also when disease spreads. And further, in the *Kalpa*, there is a good deal more said about collyriums, and that should be considered and then applied.⁵⁵⁹
- Someone who uses matured ghee, the three fruits, wild asparagus, as well as mung beans, emblic and barley has nothing to fear from cases

- 552 We emend हिते to हितम्, against the MSS.
- 553 See Suśrutasaṃhitā mūtravarga
- 554 Palhaṇa glossed nocturnal creature (niśācara) as "vulture," although elsewhere in the Suśrutasaṇihitā it is more commonly interpreted as a spirit or demon. In the present context, following verses 33 and 34, it is probably a snake.
- 555 We interpret "water-born (*salilotthita*)" as "conch" in line with *jalodbhava*, but the term is uncertain.
- 556 The vulgate follows Dalhaṇa in glossing $ml\bar{a}yin$ as $pariml\bar{a}ya$. The description of this condition at SS.6.7.27–28 appears to refer to "blue dot" or "cerulean" cataract. \sqrt{mlai} derivatives can mean "dark" or "black."), which is normally a different ailment.
- 557 The vulgate edition omits part of this verse (ab) combining earlier and later passages.
- 558 The term watery eye (*syanda*) refers to the specific disease *abhiṣyanda*. See SS.6.6.5, 1.46.51, etc.
- 559 Dalhaṇa noted that *Kalpa* means the Uttaratantra adhyāya 18 (Su 1938: 633 ff).







⁵⁵¹ Dalhaṇa glossed treatment $(kriy\bar{a})$ specifically as inspissation $(rasakriy\bar{a})$ (Su 1938: 629).

Translation 181

- of severe blindness (timira).
- 46 Blindness is dispelled by milk prepared with wild asparagus or in emblics, or again cooked barley (*yavaudana*) followed by the water of three fruits with plenty of ghee.
- 47 When there is bloodshot blindness (*rāgiṇi timire*), the wise physician should not cut a vein. A humour injured (*utpīḍita*) by the instrument rapidly destroys vision.
- 48 Non-bloodshot blindness ($araga\ timira$) in the first layer (paṭala) is treatable. And bloodshot blindness ($r\bar{a}gini\ timire$) in the second layer, with difficulty. And in the third layer it can be mitigated ($y\bar{a}pya$).⁵⁶⁰
- 49 I shall explain the therapy for success when there is a cataract (*liṅganāśa*) caused by phlegm. It may be white, like a full moon, an umbrella, a pearl (*muktā*) or a spiral (*āvarta*).
- Or it may be uneven, thin in the middle, streaked or have excessive shine (prabha). A humour (doṣa) in the pupil may be characterized as being painful or having blood.⁵⁶¹
- At a time that is neither too hot or too cold, the patient who has been oiled and sweated is restrained and seated, looking symmetrically at his own nose.

The wise physician should separate $(muktv\bar{a})$ two white sections from the black part (kṛṣṇa) and from the outer corner of the eye $(ap\bar{a}\dot{n}ga)$. Then he should press $(p\bar{i}d-)$ properly into the eye,⁵⁶² at the naturally-occurring (daivakṛte) opening (chidra) with a probe $(śal\bar{a}k\bar{a})$ made of copper or iron, with a tip like a barley-corn, held by a steady hand with the middle finger, forefinger and thumb, the left one with the right hand and the other one contrariwise.

When the piercing is done properly, there is the issue of a drop of liquid and a sound.⁵⁶³

⁵⁶⁰ Although the text says with difficulty (krechra), the implication is that it is untreatable ($as\bar{a}dhya$) (cf. 6.17.2 (Su 1938: 625) above). The three categories, treatable, untreatable and possibly mitigated are standard categories of triage.

⁵⁶¹ In the vulgate, and in parallel passages in the AS, the reading "it may be (*bhavet*)" is replaced with the negative "if, then not (*na ced*)" (cf. utt.17.1–3a (As 1980: 712)). These characteristics are then read as conditions that preclude surgery; for the Nepalese recension, they are simply descriptions of the appearance of a cataract.

⁵⁶² We understand the locative *nayane* as the place of pressing; other interpreters take it as an accusative dual. The idea is that the eye is held steady by the surgeon.

⁵⁶³ Dalhana remarked on 6.17.61ab (Su 1938: 630) that when the piercing is not correctly done, blood issues and there is no sound.

- The expert should moisten the exact place of piercing with a woman's breast-milk. Then he should scratch the circuit of the pupil (dṛṣṭimaṇḍala) with the tip of the probe (śalākā).⁵⁶⁴
- Without injuring, gently pushing the phlegm in the circuit of the pupil against the nose, he should remove it by means of sniffing (*ucchingana*).⁵⁶⁵
- Whether the humour is solid ($sty\bar{a}na$) or liquid (cala), one should apply sweating to the eye externally, with leaves ($bha\dot{n}ga$) that remove wind, after fixing the needle ($s\bar{u}c\bar{\iota}$) properly.⁵⁶⁶
- But if the humour cannot be destroyed or if it comes back, one should apply the piercing (*vyadha*) once again, with appropriate oils and so on.
- Now the pupil (drsti) shines like the sun (hari) in a cloudless sky; then, when objects become visible, one may slowly remove the probe $(sal\bar{a}k\bar{a}).^{567}$
- Having smeared ghee on the eye, one should cover it with a bandage. Then, he must lie down supine in a house free from disturbances.⁵⁶⁸
- At that time, he should not belch, cough, sneeze, spit or shiver. Afterwards there should be restrictions (yantrana) as in the case of someone who has drunk oil.⁵⁶⁹
- 62 Every three days one should wash it with decoctions (*kaṣāya*) that remove wind. After three days, one should sweat the eye externally because of the danger of wind.
- 564 The anatomy of the eye is described in 6.1.14-16 (Su 1938: 596). The disks or *maṇḍalas* are the circuits or disks of the eye.
- 565 Palhaṇa described sniffing (ucchingana) at 6.19.8 (Su 1938: 641), clearly intending inward sniffing.
- 566 We interpret *bhanga* as leaves, following the usage elsewhere in this sthāna 4.32.9, 6.11.5 (Su 1938: 513, 614) where *bhanga* means shoots (*pallava*). A similar procedure is described at 6.17.25a (As 1980: 716a), where sweating of the eye is done by means of the leaves of a castor-oil plant.
- 567 There are many problems with the MS readings and interpretation of this half-verse. We have inferred "sky" and emended from "free from the point (*agramukta*)" to "free from clouds (*abhramukta*)". The latter meaning is supported (in different words) by the vulgate and occurs elsewhere in Sanskrit literature.
- 568 Dalhaṇa explained disturbances specifically as dust, smoke, drafts and sunlight 6.17.67 (Su 1938: 631a).
- 569 Palhaṇa glossed "restrictions (yantraṇā)" as having a controlled diet and the other restrictions appropriate to someone who is taking oil as a preparation before further therapy (6.17.68 (Su 1938: 631)). These restrictions are also described at 6.18.28 (Su 1938: 635) and 1.16.25cd (Ah 1939: 249).

Translation 183

Having restrained himself in this way for ten days he should thereafter take a beneficial regimen (*karma*) that clears the pupil (*dṛṣṭi*) and also he should take light food in measure.

[Complications]

- When there is a misshapen eyeball (*vilocana*), the eye may fill because of the release of blood from a vein.⁵⁷⁰
 - A hard probe leads to shooting pain (\hat{sula}) , a thin to unsteadiness of the humours (dosapariplava),⁵⁷¹
- a thick-tipped probe leads to a large wound, and a sharp one may cause harm in many ways; a very irregular one may cause a discharge of water, a rigid (*sthirā*) one brings about a loss of function (*kriyāsaṅga*).⁵⁷²
- 66 Therefore, one should make a good probe that is free from these defects.

[Characteristics of the probe]

The probe should be eight finger-breadths long and in the middle it is wrapped with thread and is as thick as a thumb joint. It is shaped like a bud at both ends (*vaktra*).

67 A commendable probe should be made of silver, iron or gold (\hat{satak} - $nmbh\bar{i}$).573

⁵⁷⁰ The condition of "misshapen eye" is referred to briefly in 6.61.9 (Su 1938: 800), where Dalhana glossed it as "bent brow and eye (vakrabhrūnetra)." The vulgate's reading of "with blood (śonitena)" is easier to construe.

⁵⁷¹ There is a medically significant difference here from the vulgate, which reads "a rough (*khara*) probe" not a "thin" probe.

⁵⁷² This translation of loss of function (*kriyāsaṅga*) is given on the basis of Dalhaṇa's gloss of *kriyāsaṅgakarin* at 3.8.19 (Su 1938: 382) as "causing the destruction of actions such as moving (*gamanādikriyāvināśakarī*)."

⁵⁷³ The vulgate reads "copper (tāmra)" in place of "silver."

[Complications]

Redness, swelling, lumps, driness (coṣa), bubbling (budbuda),⁵⁷⁴ pigs' eye $(s\bar{u}kar\bar{a}kṣit\bar{a})$,⁵⁷⁵, irritation (adhimantha), etc. and other diseases arise from faults in the piercing,

- or even from bad behaviour. One should treat them each accordingly. Listen to me once again about compounds for painful red eyes. Red chalk (*gairikaḥ*), Indian sarsaparilla (*śārivā*), panic grass (*dūrvā*), and ghee ground with barley.
 - 71 This face ointment is to be used for quelling pain and redness. Or else it may be taken combined with the juice of citron (*mātuluṅga*) with sesame gently fried, mixed with white mustard (*siddhārthaka*).⁵⁷⁶ This is immediately beneficial when someone is looking for relief.
 - 72 A paste with Holostemma (payasyā),⁵⁷⁷ Indian sarsaparilla (śārivā), cassia cinnamon (patra), Indian madder (mañjiṣṭhā), and liquorice (madhukair) stirred with goat's milk, pleasantly warmed, is said to be healthy.⁵⁷⁸
 - Alternatively, it can be made in this way with Himalayan cedar, Himalayan cherry (*padmaka*) and dried ginger. Or, in the same way, with grapes, liquorice and the Lodh tree mixed with Sindh salt.
 - Alternatively, goats' milk with the Lodh tree, Sindh salt, red grapes and liquorice, cooked, should be used in irrigation because it removes pain and redness.
 - Having cooked it with liquorice, water-lily, and costus, mixed with grapes $(dr\bar{a}k\bar{s}\bar{a})$, lac $(l\bar{a}k\bar{s}\bar{a})$, white sugar $(sit\bar{a})$, with wild asparagus, Hare Foot Uraria $(prthakparn\bar{i})$, 579 nutgrass $(must\bar{a})$, liquorice, Hi-

⁵⁷⁴ Dalhaṇa glossed "bubbling (budbuda)" as "prolapse ($m\bar{a}msanirgama$) that looks like bubbles."

⁵⁷⁵ The expression "pigs' eye" appears to be a *hapax*. It was glossed as "downward vision (*adhodṛṣṭitva*)" by Dalhaṇa.

⁵⁷⁶ On the adverbial use of gently (*mṛdu*), see Gombrich 1979.

⁵⁷⁷ The identity of *payasyā* is debated (GVDB: 538), and was already in doubt at the time of Dalhaṇa but likely candidates may be those suggested by Dalhaṇa, who suggests either *arkapuṣpī* or *kṣīrakākolī*, that may be *Holostemma adakodien* Schult. and *Leptadenia reticulata* (Retz.) Wight & Arn. (ADPS: 195-196). The *Sauśrutanighaṇṭu* glosses it as *kṣīrikā* or *arkapuṣpikā* (Suvedī and Tīvārī 2000: v. 307).

⁵⁷⁸ The expression "stirred with goat's milk (*ajākṣīrārdita*)" is difficult. It may be connected with the rare root *ard* documented by Whitney (1885:15). Cf. √*ard gatau* (*Dhātupāṭha* 1.56).

⁵⁷⁹ Suvedī and Tīvārī 2000: 18.

Translation 185

malayan cherry (padmaka), and Sindh salts, one should apply it [irrigation] gently warm.

- Ghee that has been cooked in four times the amount of milk that has 76cd-77ab itself been cooked with drugs that destroy wind. 580 This has an admixture of cottony jujube $(k\bar{a}kol\bar{i})$ etc., should be prescribed in all treatments.581
- 77cd-78ab If pain does not end in this way, one should administer blood-letting to the vein of someone who has previously been oiled and sweated. Then the wise physician should apply cauterization in the advised manner.⁵⁸²
- Now listen to two excellent collyriums for making the pupils clear. 78cd–8oab After grinding the flowers of perploca of the woods (mesaśrnga), siris (śirīṣa), axelwood (dhava) royal jasmine (jātī), pearl and beryl (vaiḍūrya) with goat's milk, one should put it in a copper pot for seven days.
 - Having made it into wicks (vartti), the physician should apply it as a 80cd-81 collyrium (añjana). Alternatively, one should make kohl (srotoja), coral or a dual? (vidruma), cuttlefish bone (phena), and realgar (manahśilā) and peppers into wicks as before. One should apply these wicks, which are good in a collyrium, to steady the pupil.
 - 82 I shall again discuss the foremost collyriums at length in the *Kriyākalpa* section. Those various methods may be applied here too.



⁵⁸⁰ Palhana mentioned that these drugs include Deodar (bhadradāru) and other winddestroying drugs. The vātasamśamana group is listed in Suśrutasamhitā sūtrasthāna

⁵⁸¹ Dalhana noted that this would include errhines, ointments, etc.

⁵⁸² The vulgate reads vāpi for cāpi, so Dalhaṇa saw blood-letting and cautery as alternatives, not a sequence of treatments. Dalhana listed the places that cauterization may be applied, such as the brow, forehead, etc.

Uttaratantra 38: Diseases of the Female Reproductive System

Introduction

The chapter talks about various diseases of the female reproductive system and, in doing so, combines both aspects that go into a representation of diseases in āyurvedic literature: signs, symptoms and pathogenesis ($ni-d\bar{a}na$), on the one hand, and medical treatment ($cikits\bar{a}$), on the other. In chapters of the Uttaratantra, these two aspects are sometime dealt with in two different chapters $X-vij\bar{n}\bar{a}n\bar{i}ya$ and X-pratisedha. There are, however, many examples where this distinction is not made.

Literature

The chapter is summarized, with notes on vocabulary and references to further research literature, in HIML: IA, 313. (Tivārī 1990) dedicated a monograph to this topic, and Selby (2005a,b) has explored gyencological narratives in ayurveda.

Placement of the Chapter

In the vulgate text (Su 1938) the current chapter, 6.38, is found after the Uttaratantra's subsection on paediatrics, the *Kumāratantra*, see Table 3.583 But in the Nepalese version, this is chapter 6.58 of the Uttaratantra. And it is also counted as chapter 23 of the subsection *Kāyācikitsā*.

⁵⁸³ Or Kumārabhṛtya as this section is named in MS Kathmandu KL 699.

Section	Chapters	Internal count
Śālakyatantra	1–26	1–26
Kumāratantra	27-38	1-12
Kāyacikitsātantra	39-59	1-21
Bhūtavidyātantra	60-62	1-3
Tantrabhūṣaṇādhyāya	63–66	1-4

Table 3: Subdivisions of the Uttaratantra, in the vulgate.

Several things are noteworthy in this regard:

• In the placement of the vulgate, this chapter follows upon 6.37 *Grahotpatti* (6.35 in the Nepalese version), a chapter that talks about the origination of nine demons (*graha*) that are responsible for all children's diseases described in previous chapters of the *Kumāratantra*. In this way, the current chapter retains the general focus on the child bearing (*kaumārabhṛtya*), but, at the same time, marks a change to a distinct, less mystical approach to the topic at hand (that could originate in a cultural milieu different from that of the preceding eleven chapters). Dalhaṇa explained how the chapter fits its context in the following way:

It is appropriate that, for the sake of treating the disorders of the female reproductive system, the chapter called "Countermeasures Against Disorders of the Female Reproductive System" is taught immediately after the chapter called "The Origination of Demons (*graha*)." It is because (1) there is an explicit mention of the word "*yoni*" in the statement "born in the womb (*yoni*) of animal and human" [in 6.37.13bc (Su 1938: 667)] and because (2) the disorders of the female reproductive system are the causes for the inborn disorders of children.⁵⁸⁴

- In the placement of the Nepalese version,
 - 6. *Yonivyāpatpratiṣedha* is preceded by

⁵⁸⁴ Dalhaṇa on 6.38.1 (Su 1938: 668): ग्रहोत्पत्त्यध्यायानन्तरं 'तिर्यग्योनिं मानुषं च' इति वचनेन योने-र्नामसंकीर्तनात् कुमारजन्मविकारकारणत्वाञ्च योनेर्व्यापञ्चिकित्सितार्थं योनिव्यापत्प्रतिषेधाध्यायारम्भो यु-ज्यत [...]।

Parallels 189

- 6.56 Mūtrāghātapratiṣedha (6.58 in Su 1938) and
- 6.57 Mūtrakṛcchrapratiṣedha (6.59 in Su 1938), two chapters dealing with the diseases of the urinary tract.

The current chapter carries on with the topic of diseases that affect genitalia. In its Nepalese version, the chapter opens with two verses that explain the reasons for treating the particular set of diseases. These lack any reference to the inborn disorders of children, mentioned by Dalhaṇa, and instead highlight the importance of curing female diseases for the satisfaction of male partner.

- SS.1.3 in both Su 1938 and the Nepalese version lists the chapter at the place where it is found in the vulgate.⁵⁸⁵
- Parallel chapters in the *Aṣṭāṅgasaṃgraha* and the *Aṣṭāṅgahṛdayasaṃ-hitā* form a part of the *Śalyatantra* section of each text.

Parallels

The current chapter is parallel in its content to *Aṣṭāṅgasaṃgraha* 6.38 and 6.39 as well as *Aṣṭāṅgahṛdayasaṃhitā* 6.33 and 6.34 (*Guhyarogavijñāna* and *Guhyarogapratiṣedha* respectively).

A close literary parallel to the first part of the chapter is found in $M\bar{a}dhavanid\bar{a}na$ (MN₃) 62, or at least its version printed in Y. T. $\bar{A}c\bar{a}rya$ (MN₃: 361). The readings of the MN₃ as it stands now usually side with the vulgate version rather than with the Nepalese. In addition to the basic text, there are several valuable pointers made in the Madhukośa, an early commentary on the MN₃. This part of the text is authored by Śrīkaṇṭhadatta, who was most like a direct student of Vijarakṣita. The latter wrote the first part of the Madhukośa, up to chapter 32, and, what is more, can be dated to the late eleventh or early twelfth centuries.⁵⁸⁶

Another most interesting parallel is found in $Carakasamhit\bar{a}$ 6(Ci).30.

⁵⁸⁵ See 1.3.37ab (Su 1938: 15): नैगमेषचिकित्सा च ग्रहोत्पत्तिः सयोनिजा ॥. 586 Meulenbeld 1974b: 22–26.

Philological notes

Metrical alterations

The original opening verses

From verse *Suśrutasaṃhitā* 6.38.5.1 onwards, the Nepalese version of the text continues with three hemistichs in the same classical *upajāti* metre (the syllabic pattern above).⁵⁸⁸ By contrast, the vulgate contains two complete verses (four hemistichs) in the *anuṣṭubh* metre, again with only loosely-related content.⁵⁸⁹ The three final hemistichs of this group are borrowed verbatim from the *Carakasaṃhitā*.⁵⁹⁰ We can be sure of the direction of borrowing because one of these shared verses says that the twenty kinds of diseases of the female reproductive system "have already been indicated in the *Compendium of Diseases* (rogasaṃgraha)".⁵⁹¹ This statement does not make any sense in the context of the *Suśrutasaṃhitā*, where no such Compendium exists.⁵⁹² By contrast, in the *Carakasaṃhitā* this reference points back to chapter 1.19 (Ca 1941: 109–112), which calls itself "The Compendium of Diseases".⁵⁹³ This Compendium lists all the diseases dealt with in later sections of the text, and specifically mentions the twenty diseases of female reproductive system.⁵⁹⁴ Even the vocabulary and wording of this

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587 Suśrutasaṃhitā 6.38.3–4ab (Su 1938: 668).
588 The metre of these verses is not perfect.
589 Suśrutasaṃhitā 6.38.4cd–6ab (Su 1938: 668).
590 Carakasaṃhitā 6.30.7cd–8 (Ca 1941: 634).
591 Suśrutasaṃhitā 6.38.5ab (Su 1938: 668): विंशतिर्व्यापदो योनेर्निर्दिष्टा रोगसंग्रहे ॥ ← Carakasaṃhitā 6.30.7cd (Ca 1941: 634).
592 The remark was not commented on by Ḍalhaṇa.
593 Carakasaṃhitā 1.19.9cd (Ca 1941: 112): रोगाध्याये प्रकाशिताः.
594 Carakasaṃhitā 1.19.3 (Ca 1941: 110): विंशतिर्योनिव्यापदः।
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passage is identical to the later verses. It is beyond doubt that this passage originated in the *Carakasaṃhitā* and was borrowed by the editors of the vulgate text of the *Suśrutasaṃhitā*. 595

⁵⁹⁵ The above three hemistichs in anuṣṭubh are also repeated in the MN_3 62.1–2ab. Given that the subsequent verses in the MN_3 stem from the $Su\acute{s}rutasamhit\bar{a}$, it is likely that MN_3 62.1–2ab too was borrowed from from the $Su\acute{s}rutasamhit\bar{a}$ and not from its original location in the $Carakasamhit\bar{a}$).

Translation

- 1 And now I shall explain the countermeasures against disorders of the female reproductive system (*yonivyāpat*).⁵⁹⁶
- *3 Since for good men, a woman is the most pleasurable thing, therefore a physician should diligently attend to the diseases located in the female reproductive system (*yoni*), because he is entirely devoted to it (that is, to curing these diseases) for the sake of (people's) happiness.⁵⁹⁷
- *4 A corrupted female reproductive system (yoni) cannot consume semen $(b\bar{\imath}ja)$, and therefore, the woman cannot take a fetus (that is, become pregnant). She gets severe prolapses $(ar\acute{s}as)$, abdominal lump (gulma) and similarly many other diseases (roga).
- *5 Humours (doṣa), wind $(v\bar{a}ta)$, etc., corrupted due to faulty medical treatment $(mithyopac\bar{a}ra)$, 598 sexual activity, fate, and also defects (doṣa) of menstrual blood $(\bar{a}rtava)$ and semen $(b\bar{\imath}ja)$, produce various diseases in the female reproductive organ (yoni). These 20 diseases are taught here distinctly and one by one along with their treatment

⁵⁹⁶ On this broad understanding of the term *yoni* as "female reproductive system" see Das 2003: pp. 572–5.

⁵⁹⁷ As our translation indicates, the sentence construction does not allow an unambiguous identification of who or what is the referent of the pronoun *tad* in the compound form *tadadhīna* 'devoted to it.' Our current understanding is that *tad* refers to the 'most pleasurable thing' mentioned in pāda a. It could, however, also refer to 'them,' that is, the 'good men.'

⁵⁹⁸ In our translation of the compound मिथ्योपचार, we decided for the technical meaning of the term उपचार, that is, "medical application" or "treatment." The combination मिथ्या+उप- $\sqrt{=}$ र् is attested several times in medical literature. At least once, at *Caraka*saṃhitā 3.3.38 (Ca 1941: 245), it is given an explicit gloss by Cakrapāṇidatta: मिथ्यो-पचरितानिति असम्यक् चिकित्सितान् "... given improper therapy". In the Suśrutasaṃhitā (Su 1938), it is used once in a passage (6.18.30 (Su 1938: 635)) where it refers specifically to the wrong application of irrigation (tarpaṇa) and roasting (puṭapāka), both of which are mentioned in the previous verse. Another use of the compound in a similar meaning is found in a citation from Bhoja's work quoted by Gayadāsa at Suśrutasaṃhitā 2.5.17 (Su 1938: 287): श्वित्रं तु द्विविधं प्रोक्तं दोषजं व्रणजं तथा। तत्र मिथ्योपचारा-द्धि व्रणस्य व्रणजं स्मृतम् ॥ "... arises from wrong treatment of the wound." In contrast to this, the parallel verse in Suśrutasamhitā 6.38.5ab (Su 1938: 668) = Carakasamhitā 6.30.8 (Ca 1941: 634) = MN₃ 62.1 reads मिथ्याचार "wrong conduct." All commentators (Cakrapāṇidatta on the Carakasaṃhitā, Śrīkaṇṭhadatta on the MN₃, and Dalhaṇa on the Suśrutasaṃhitā) explain that the wrong conduct stands here specifically for unwholesome diet. The parallel in *Aṣṭāṅgaḥṛdayasaṃhitā* 6.33.27 (Ah 1939: 895) = *Aṣṭāṅ*gasaṅgraha 6.38.34a (As 1980: 829) plainly reads दुष्तभोजन "corrupted food" instead.

Translation 193

(bheṣaja), causes (hetu) and signs (cihna).

- *6.1 Because of wind (*vāta*), female reproductive organ (*yoni*) becomes:
 - 1. udāvartā (udāvartā),
 - 2. called Infertile (vandhyā), and
 - 3. Sprung (plutā),
 - 4. Flooded (pariplutā), and
 - 5. Windy (vātalā).
- *6.2 And because of choler (*pitta*), occur:
 - 1. With bloodloss (raktakṣayā),
 - 2. Vomiting (*vāminī*), and
 - 3. Causing a Fall (*sraṃsanī*),
 - 4. Child-murderess (putraghnī), and also
 - 5. Bilious / Choleric (*pittalā*).
- *7.1 And because of phlegm (*kapha*) occur:
 - 1. Extremely Excited (atyānandā),
 - 2. Protuberant (karninī), and
 - 3. & 4. two Caraṇī (caraṇī), and
 - 5. other Phlegmatic (*śleṣmalā*).
- *7.2 And similarly there are other (kinds of morbid female reproductive system) involving all *doṣa*s:
 - 1. Impotent (*śandhī*),
 - 2. With testicles (andīnī),
 - 3. two Huge (mahatī),
 - 4. With a needle-like opening (sūcīvaktrā),
 - 5. Sarvātmikā (sarvātmikā).

Uttaratantra 65: Rules of Interpretation

Literature

Meulenbeld offered an annotated overview of this chapter and a bibliography of earlier scholarship to 2002.⁵⁸⁸ Other explorations of this topic include Nārāyaṇa 1949; Dasgupta 1952; Oberhammer 1968; TYV; Lele 1981; Scharfe 1993; Mejor 2000; A. Singh 2003.

Frauwallner 1958 discussed the influence of the *tantrayuktis* in the Sāṅkhya tradition. Preisendanz (2013: 105–106, fn. 109) provided further references to the discussion of *yukti* in Buddhist literatures. Manevskaia (2008) gave examples of the use of tantrayuktis in Buddhist commentarial literature. Chevillard (2009) discusses the translation of the *tantrayuktis* in Tamil literary tradition, with a specific focus on *Tolkāppiyam* and its commentaries.

Early Sources

An ancient tradition of enumerating the *tantrayuktis* served as a foundational source not only for medical texts but also for works in various other disciplines, including Arthaśāstra, philosophy, and even grammar. The *Suśrutasaṃhitā* stands as the earliest Āyurvedic text that presents a compilation of a list of *tantrayuktis* followed by their definitions and usage. Mentions to Tantrayuktis are also found in the *Carakasaṃhitā* 8.12 (Ca 1941) which introduce four additional *tantrayuktis*. However, the *tantrayuktis* remain undefined in the *Carakasaṃhitā*.

The Arthaśāstra

The enumeration and definitions of the *tantrayuktis* in the *Suśrutasaṃhitā* closely parallel their treatment in the *Arthaśāstra*. *Tantrayuktis* are discussed in the fifteenth and final chapter of the *Arthaśāstra*, called the *Tantrayukti*. For a side-by-side comparison of the *tantrayuktis* in the *Suśrutasaṃhitā* and the *Arthaśāstra*, please refer to Table 4.

The Yuktidīpikā

Yuktidīpikā (circa late sixth to early eighth century), an anonymous commentary on Īśvarakṛṣṇa's Sāṅkhyakārikā, initiates its discourse with a detailed discussion of the characteristics of a scientific treatise, some of which align with the tantrayuktis.⁵⁹⁰ In the Yuktidīpikā, these terms are referred to as tantraguṇa or tantrasampat. They are: (1) sūtropapatti (2) pramāṇopapatti (3) avayavopapatti (4) anyūnatā (5) saṃśayokti (6) nirṇayokti (7) uddeśa (8) nirdeśa (9) anukrama (10) saṃjñā and (11) upadeśa.⁵⁹¹ Apart from these, the Yuktidīpikā also exemplifies (12) utsarga (general rule), (13) apavāda (exception), and (14) atideśa (extended application). However, utsarga and apavāda are not considered tantrayuktis in other comprehensive lists. The Yuktidīpikā further states that while other tantrayuktis can be demonstrated in a similar manner, since they are peripheral topics, the text does not delve into their discussion.⁵⁹²

Tamil literature

Discussions on the *tantrayuktis* are also found in Tamil technical literature, the earliest of which is the *Tolkāppiyam*.⁵⁹³ A list of 32 *tantrayuktis*, called

⁵⁸⁹ Arthaśāstra: 280–283

⁵⁹⁰ See Oberhammer 1968: 605–614 for a detailed discussion of the use of the *tantrayuktis* in the *Yuktidīpikā*.

⁵⁹¹ सूत्रप्रमाणावयवोपपत्तिरन्यूनता संशयनिर्णयोक्तिः। उद्देशनिर्देशमनुक्रमश्च संज्ञोपदेशाविह तन्त्रसम्पत्॥ Yuktidīpikā: 3

⁵⁹² एवम्प्रकारा अन्येऽपि द्रस्तव्याह् । तद्यथोत्सर्गोऽपवादोऽतिदेश इत्यादि ।...इत्येवमन्या अपि तन्त्रयुक्तयः श-क्या इह प्रदर्शयितुम् । अतिप्रसङ्गस्तु प्रकृतं तिरोदधातीति निवर्त्यते । सिद्धं तन्त्रयुक्तीनां सम्बन्धोपपत्तेस्त-न्त्रम् इदम् इति ।.Yuktidīpikā: 8

⁵⁹³ For a detailed discussion of the treatment of the *tantrayuktis* in the *Tolkāppiyam* see Chevillard 2009.

utti or tantiravutti in Tamil, are given in the 27th (the final) chapter titled Marapiyal "Chapter on conventions" of the last book called Poruļ "Matters" of the Tolkāppiyam. There is no consensus regarding the dating of the Tolkāppiyam. However, if we endorse Zvelebil's view, which posits that the final redaction of the Tolkāppiyam occurred around the fifth century AD, it follows that this section of the Tolkāppiyam cannot postdate the fifth century. If we follow the dating of Zvelebil, we can safely argue that by that time, Sanskrit tantrayuktis had already been translated into Tamil. Nevertheless, determining the correspondence between specific tantrayuktis and Tamil uttis poses a challenge. A major factor contributing to this challenge is the disagreement between two commentators of the Tolkāppiyam, namely Iļampūraṇar (11th or 12th century) and Pērāciriyar (possibly 13th century), regarding the interpretation of the list of uttis. It is still not clear which list of 32 tantrayuktis was before the author of the Tolkāppiyam.

After the *Tolkāppiyam*, several other Tamil texts refer to the *tantrayuktis*. Among them the *Yāpparuṅkalam* (possibly 10th century), the *Vīracoliyam* (11th century), *Naṇṇūl* (late 12th or early 13th century), and their commentaries hold significant importance in this context.

The Vișnudharmottarapurāņa

The third book of the *Viṣṇudharmattarapurāṇa*, believed to have been composed between the fifth and seventh centuries, includes a chapter dedicated to the *tantrayuktis*. ⁵⁹⁴ Unlike the *Arthaśāstra* and the *Suśrutasaṇhitā*, this chapter lacks illustrative examples of the *tantrayuktis*. The chapter lists 32 *tantrayuktis* followed by definitions. Notably, the list and definitions given here – we are using the critical edition by Priyabala Shah – in most cases bear a striking resemblance to those found in the *Suśrutasaṃhitā*. Given the striking alignment between the list and definitions of *tantrayuktis*, one could suggest that the *Viṣṇudharmottarapurāṇa*'s chapter on *tantrayuktis* likely draws directly or indirectly from the *Suśrutasaṃhitā* or from a common source. The designations and the order of the *tantrayuktis* in the *Viṣṇudharmottarapurāṇa* are almost identical. The only differences in the order are as follows:

1. *Viparyaya* is placed after *vidhāna* whereas in the *Suśrutasaṃhitā* it follows *arthāpatti*.

- 2. *Anumata* is placed after *vyākhyāna* whereas in the *Suśrutasaṃhitā* it follows *niṛṇaya*.
- 3. *Anāgatāvekṣaṇa* (*anāgatāpekṣaṇa* in the Nepalese version) occurs after *atikrāntāvekṣaṇa* (*atikrāntāpekṣaṇa* in the Nepalese version) whereas the order is reverse in the *Suśrutasaṃhitā*.

For a side-by-side comparison of the *tantrayukti*s in the *Suśrutasaṃhitā* and the *Viṣṇudharmottarapurāṇa*, please refer to Table 4.

The Saddanīti

A list of the 32 tantrayuktis accompanied by definitions also appear in the final chapter (*Pariccheda* 28) of the final book (book 3: *Suttamālā*) of the renowned Pali grammar *Saddanīti* composed by Aggavaṃsa in Arimaddanapura (modern Bagan, Burma) in the twelfth-century.⁵⁹⁵ Just as the *Viṣṇudharmottarapurāṇa*, this list also does not provide examples of the *tantrayuktis*. Although written in Pali, the order and the definition of the *tantrayuktis* (*tantiyutti* in Pali) closely resemble those of the *Suśrutasaṃhitā*. There are, however, a few differences:

- 1. The *tantrayukti pradeśa* is referred to as *paṭidesa* (Sanskrit *pratideśa*) and is positioned after *atidesa* (Sanskrit *atideśa*) whereas in the *Su-śrutasaṃhitā* it follows *apadeśa*.
- 2. Atikrāntāpekṣaṇa is designated as atītāpekkhana (Sanskrit atītāpekṣaṇa).
- 3. Svasanjina is designated as ananna sakasanjina (Sanskrit ananya svasanjina) and is defined with subtle variations.
- 4. Ūhya is designated as upānīya.

For a side-by-side comparison of the *tantrayukti*s in the *Suśruta Saṃhitā* and the *Saddanīti*, please refer to Table 4.

Table 4: Tantrayuktis in $Su\acute{s}rutasamhit\bar{a}$ (S), $Vișnu-dharmottarapur\bar{a}na$ (V), $Artha\acute{s}\bar{a}stra$ (A), and $Saddan\bar{\imath}ti$ (N)

Sequence	Terms	Definitions
(S) 1. (V) 1.	adhikaraṇa adhikaraṇa	तत्र यमर्थमधिकृत्योच्यते तदधिकरणम् । तत्र यमर्थमधिकृत्योच्यते तदधिकरणम् ।
(A) 1. (N) 1.	adhikaraṇa adhikaraṇa	यमर्थमधिकृत्योच्यते तदधिकरण । तत्थ यं अधिकिच्च वुच्चति, तं अधिकरणं ।
(S) 2.	yoga	येन वाक्यं युज्यते स योगः। यथा व्यत्यासेनो- क्तानां सन्निकृष्टविप्रकृष्टानां पदार्थानाम् एकी- करणम्।
(V) 2. (A) 3.	yoga yoga	येन वाक्यार्थो युज्यते स योगः। वाक्ययोजना योगः।
(N) 2.	yoga	पुब्बापरवसेन वुत्तानं सन्निहितासन्निहितानं प- दानं एकीकरणं योगो;।
(S) 3.	padārtha	योऽर्थोऽभिहितः सूत्रे पदे वा स पदार्थः। पदस्य पदयोः पदानां वा योऽर्थः स पदार्थः। अपरिमि- ताश्च पदार्थाः।
(V) 3.	padārtha	योऽर्थो विधिकृतः सूत्रपदे स पदार्थः।
(A) 4.	padārtha	पदावधिकः पदार्थः।
(N) 3.	padattha	सुत्तपदेसु पुब्बापरयोगतो यो अत्थो विहितो, सो पदत्थो।
(S) 4.	hetvartha	यदुक्तं साधनं भवति स हेत्वर्थः।
(V) 4.	hetvartha	यदन्यद्युक्तिमदर्थस्य साधनं स हेत्वर्थः।
(A) 5.	hetvartha	हेतुरर्थसाधको हेत्वर्थः।
(N) 4.	hetuattha	यं वुत्तत्थसाधकं, सो हेतुअत्थो।
(S) 5.	uddeśa / samuddeśa	समासवचनं स्मुद्देशः।
(V) 5.	uddeśa	समासवचनमुद्देशः।
(A) 6.	uddeśa	समासवाक्यमुद्देशः।
(N) 5.	uddesa	समासवचनं उद्देसो।
(S) 6.	nirdeśa	विस्तरवचनं निर्देशः।
(V) 6.	nirdeśa	विस्तरवचनं निर्देशः।
(A) 7.	nirdeśa	व्यासवाक्यं निर्देशः।
(N) 6.	niddesa	वित्थारवचनं निद्देसो।

Soguence	Torms	Definitions
Sequence	Terms	Deminons
(S) 7.	upadeśa	एवमित्युपदेशः।
(V) 7.	upadeśa	एवमेवेत्युपदेशः।
(A) 8.	upadeśa	एवं वर्तितव्यमित्युपदेशः।
(N) 7.	upadesa	एवन् ति उपदेसो।
(S) 8.	apadeśa	अनेन कारणेनेत्यपदेशः।
(V) 8.	apadeśa	अनेन कारणेनेत्यपदेशः।
(A) 9.	apadeśa	एवमसावाहेत्यपदेशः।
(N) 8.	apadesa	अनेन कारणेना ति अपदेसो।
(S) 9.	pradeśa	प्रकृतस्यातिक्रान्तेन साधनं प्रदेशः।
(V) 9.	pradeśa	प्रकृतस्यानागतेन साधनं प्रदेशः।
(A) 11.	predeśa	वक्तव्येन साधनं प्रदेशः।
(N) 10.	paṭidesa	पकतस्स अनागतेन अत्थसाधनं पटिदेसो।
(S) 10.	atideśa	प्रकृतस्यानागतेन साधनम् अतिदेशः।
(V) 10.	atideśa	अतिक्रमणेन अतिदेशः।
(A) 10.	atideśa	उक्तेन साधनमतिदेशः।
(N) 9.	atidesa	पकतस्स अतिक्कन्तेन साधनं अतिदेसो।
(S) 11.	apavarga	अभिप्रमृज्यापकर्षणमपवर्गः ।
(V) 11.	apavarga	अभिप्रायानुकर्षणमपवर्गः ।
(A) 22.	apavarga	अभिप्लुतव्यपकर्षणमपवर्गः।
(N) 11.	apavagga	अतिव्यापेत्वा अपनयनं अपवग्गो।
(S) 12.	vākyaśeṣa	येन पदेनानुक्तेन वाक्यं समाप्यते स वाक्य- शेषः।
(V) 12.	vākyaśeṣa	येनार्थः परिसमाप्यते पदेनाहार्येण स वाक्य-
, ,	·	शेषः।
(A) 17.	vākyaśeṣa	येन वाक्यं समाप्यते स वाक्यशेषः।
(N) 12.	vākyadosa	येन पदेन अवुत्तेन वाक्यपरिसमापनं भवति, सो वाक्यदोसो।
(S) (V)		
(A) 12.	иратāпа	दृष्टेनादृष्टस्य साधनमुपमानम्।
(N)		
(S) 13.	arthāpatti	यदकीर्तितमर्थादापद्यते सार्थापत्तिः।
(V) 13.	arthāpatti	यदकीर्तितमर्थादापद्यते सार्थापत्तिः।

Sequence	Terms	Definitions
(A) 13.	arthāpatti	यदनुक्तमर्थादापद्यते सार्थापत्तिः।
(N) 13.	atthāpatti	यद् अकित्तितं अत्थतो आपज्जति, सा अत्था-
		पत्ति ।
(S) 14.	viparyaya	यद्यस्य प्रातिलोम्यं तद्विपर्ययः।
(V) 20.	viparyaya	तस्य प्रातिलोम्यं विपर्ययः।
(A) 16.	viparyaya	प्रतिलोमेन साधनं विपर्ययः।
(N) 14.	vipariyaya	यं यत्थ विहितं, तत्र यं तस्स पटिलोमं, सो वि- परिययो।
(S) 15.	prasaṅga	प्रकरणान्तरेण समानः प्रसङ्गः।
(V) 14.	prasaṅga	प्रकरणाभिहितोऽर्थः केनचिदुपोद्घातेन पुनरु-
, , ,	, 0	च्यमानः प्रसङ्गः।
(A) 15.	prasaṅga	प्रकरणान्तरेण समानोऽर्थः प्रसङ्गः।
(N) 15.	pasaṅga	पकरणन्तरेन समानो अत्थो पसङ्गो ।
(S) 16.	ekānta	यदवधारणेनोच्यते स एकान्तः।
(V) 15.	ekānta	यथा तथा स एकान्तः।
(A) 26.	ekānta	सर्वत्रायत्तमेकान्तः।
(N) 16.	ekānta	सब्बथा यं तथा, सो एकान्तो।
(S) 17.	anekānta	क्वचित्तथा क्वचिदन्यथा सोऽनेकान्तः।
(V) 16.	anekānta	क्वचित्तथा क्वचिदन्यथाऽसावनेकान्तः।
(A)		
(N) 17.	anekānta	यो पन कत्थचि अञ्जथा सो अनेकान्तो।
(S) 18.	pūrvapakṣa	यस्तु निःसंशयमभिधीयते स पूर्वपक्षः।596
(V) 17.	pūrvapakṣa	प्रतिषेधवचनं पूर्वपक्षः।
(A) 24.	pūrvapakṣa	प्रतिषेद्धव्यं वाक्यं पूर्वपक्षः।
(N) 18.	pubbapakkha	[यो] तु निस्सन्देहम् अभिधीयते, सो पुब्बप- क्खो।
(S) 19.	nirṇaya	तस्योत्तरं निर्णयः।
(V) 18.	nirṇaya	उत्तरवचनं निर्णयः।
(A) 25.	uttarapakṣa	निर्णयवाक्यमुत्तरपक्षः।
(N) 19.	niṇṇaya	तस्स यं उत्तरं, सो निण्णयो ।
(S) 20.	anumata	परमतमप्रतिषिद्धमनुमतम् ।
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⁵⁹⁶ This definition of *pūrvapakṣa* in the Nepalese version is problematic.

Sequence	Terms	Definitions
(V) 25.	anumata	परमतमप्रतिषिद्धमनुमतम् ।
(A) 18.	anumata	परवाक्यमप्रतिषिद्धमनुमतम्।
(N) 20.	anumata	परमतम् अप्पटिसिद्धं अनुमतं।
(S) 21.	vidhāna	प्रकरणानुपूर्व्यादभिहितं विधानम् ।
(V) 19.	vidhāna	प्रकरणानुपूर्वं विधानम्।
(A) 2.	vidhāna	शास्त्रस्य प्रकरणानुपूर्वी विधानम् ।
(N) 21.	vidhāna	पकरणानुपुब्बं विधानं ।
(S) 22.	anāgatāpekṣaṇa	एवं वक्ष्यतीत्यनागतापेक्षणम् ।
(V) 22.	anāgatāpekṣaṇa	परत्र वक्षामीत्यनागतावेक्षणम् ।
(A) 27.	anāgatāvekṣaṇa	पश्चादेवं विहितमित्यनागतावेक्षणम् ।
(N) 22.	anāgatāpekkhana	एवं वक्खामि ति अनागतापेक्खनं।
(S) 23.	atikrāntāpekṣaṇa	इत्युक्तमित्यतिक्रान्तापेक्षणम् ।
(V) 21.	atikrāntāpekṣaṇa	इत्युक्तमतिक्रान्तावेक्षणम् ।
(A) 28.	atikrāntāvekṣaṇa	पुरस्तादेवं विहितमित्यतिक्रान्तावेक्षणम्।
(N) 23.	atītāpekkhana	इति वुत्तन् ति अतीतापेक्खनं ।
(S) 24.	saṃśaya	उभयहेतुनिदर्शनं संशयः।
(V) 23.	saṃśaya	उभयतो हेतुदर्शनं संशयः।
(A) 14.	saṃśaya	उभयतो हेतुमानर्थः संशयः।
(N) 24.	saṃsaya	उभयहेतुदस्सनं संसयो।
(S) 25.	vyākhyāna	तत्रातिशयोपवर्णनं व्याख्यानम् ।
(V) 24.	vyākhyāna	तत्रातिशयवर्णनातिव्याख्यानम् ।
(A) 19.	vyākhyāna	अतिशयवर्णना व्याख्यानम् ।
(N) 25.	vyākhyāna	संवण्णना व्याख्यानम् ।
(S) 26.	svasaṃjñā	अन्यशास्त्रासामान्या स्वसंज्ञा।
(V) 26.	svasaṃjñā	परैरसम्मतः शब्दः स्वसंज्ञा ।
(A) 23.	svasaṃjñā	परैरसमितः शब्दः स्वसंज्ञा ।
(N) 26.	anaññā sakasaññā	भूतानं पवत्ता आरम्भचिन्ता अनञ्जा, सस्स सा-
		धारणा सकसञ्जा।
(S) 27.	nirvacana	लोकप्रथितमुदाहरणं निर्वचनम्।
(V) 27.	nirvacana	लोके प्रतीतमुदाहरणं निर्वचनम्।
(A) 20.	nirvacana	गुणतः शब्दनिष्पत्तिर्निर्वचनम्।
(N) 27.	nibbacana	लोकप्पतीतम् उदाहरणं निब्बचनं।

Sequence	Terms	Definitions
(S) 28. (V) 28. (A) 21. (N) 28. (S) 29. (V) 29. (A) 29. (N) 29. (S) 30. (V) 30. (A) 30.	nidarśana nidarśana nidarśana nidassana niyoga niyoga niyoga niyoga vikalpa vikalpa vikalpa	दृष्टान्तव्यक्तिर्निदर्शनम्। तद्युक्तिनिदर्शनं दृष्टान्तः। दृष्टान्तो दृष्टान्तयुक्तो निदर्शनम्। दिट्ठन्तसंयोगो निदस्सनं। इदमेवेति नियोगः। एवेति नियोगः। एवं नान्यथेति नियोगः। इदम् एवा ति नियोगो। । इदं वेदं वेति विकल्पः। अनेन वानेन वेति विकल्पः।
(N) 30. (S) 31. (V) 31. (A) 31. (N) 31. (S) 32. (V) 32. (A) (N) 32.	vikappa samuccaya samuccaya samuccaya samuccaya ūhya ūhya ūhya upānīya	इदं वा ति विकप्पो। । इदं चेदं चेति समुच्चयः। अनेन चानेन चेति समुच्चयः। संखेपवचनं समुच्चयो। यदनिर्दिष्टं बुद्धिगम्यं तदूह्यम्। अत्र यदनिर्दिष्टं युक्तिगम्यं तदूह्यम्। अनुक्तकरणमूह्यम्। यद् अनिद्दिट्ठं बुद्धिया अवगमनीयं, तद् उपानी- यन् ति।

Āyurvedic literature

Primary texts

While references to *tantrayuktis* can be found across various disciplines, Āyurveda places a particular emphasis on their discussion, especially evident in key texts of Āyurveda, such as the *Caraka*- and the *Suśruta- saṃ-hitās*, as well as the *Aṣṭāṅgasaṅgraha*. The *Carakasaṃhitā* and *Aṣṭāṅgasaṅgraha* present an identical list of *tantrayuktis* contained in a stanza of four

anuṣṭubh verses.⁵⁹⁷ However, unlike the *Suśrutasaṃhitā* they lack explicit definitions and examples. This list of the *tantrayuktis* appear in the final chapter of the last book in both *Carakasaṃhitā* (41b–45a, chapter 12, *Siddhisthāna*) and *Aṣṭāṅgasaṅgraha* (150–153, chapter 50, *Uttarasthāna*). The same has been quoted by Aruṇadatta in his commentary *Sarvāṅgasundarī* on the *Aṣṭāṅgaḥṛḍaya* while elucidating the concept of *tantraguṇa* (qualities of the system).⁵⁹⁸ Notably, this list consists of 36 *tantrayuktis* instead of 32 found in the *Suśrutasaṃhitā* and other texts. The additional four are: *prayojana* (objective), *pratyutsāra* (rebuttal), *uddhāra*, and *sambhava* (origin).

The presence of identical verses enumerating the tantrayuktis in the Aṣṭāṅgahṛdayasaṃhitā, Carakasaṃhitā and Sarvāṅgasundarī strongly suggests a shared origin. However, a critical issue arises due to the absence of a comprehensive critical edition of the chapter 12 of the Siddhisthāna of the Carakasaṃhitā, leaving uncertainty about the total number of tantrayuktis recognized by Dṛḍhabala in this section. The problem arises from different readings of the half-verse that occurs right before the list of 36 tantrayuktis. In MS Kathmandu NAK 1/1648 (dated 1183 AD, the oldest dated manuscript of the Carakasaṃhitā known to us), the reading of this verse is: पद्गिराद्धिविचित्राभिभूषि तं तन्त्रयुक्तिभिः॥ This number of 36 tantrayuktis perfectly agrees with the following list of the 36 tantrayuktis. A similar reading is found in Trikamji's 1933 Carakasaṃhitā

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597 तत्राधिकरणं योगो हेत्वर्थोऽर्थः पदस्य च।
    प्रदेशोद्देशनिर्देशवाक्यशेषाः प्रयोजनम्॥
    उपदेशापदेशातिदेशार्थापत्तिनिर्णयाः।
    प्रसङ्गैकान्तनैकान्ताः सापवर्गो विपर्ययः॥
    पूर्वपक्षविधानानुमतव्याख्यानसंशयाः।
    अतीतानागतापेक्षास्वसंज्ञोह्यसमुच्चयाः॥
    निदर्शनं निर्वचनं नियोगोऽथ विकल्पनम्।
    प्रत्युत्सारस्तथोद्धारः सम्भवस्तन्त्रयुक्तयः॥
    Aṣṭāṅgasaṅgraha 6.50.150–153a (As 1980: 959).
                                                               Carakasaṃhitā 8.12.41b–45a
    (Ca 1941: 736) reads almost the same. The only two variants are (1) अतीतानाग-
    तावेक्षा... and (2) निर्वचनं संनियोगो विकल्पनम्.
598 Aruṇadatta on the Aṣṭāṅgaḥṛdayasaṃḥitā 6.40.78 (Ah 1939: 946).
599 We know from internal textual evidence that the Siddhisthāna of the Carakasamhitā in
    which the list of the tantrayuktis appear was originally authored by Drdhabala, who
    lived in a town called Pancanada sometime between 300 and 500 AD.
    Cf. अखण्डार्थं दृढबलो जातः पञ्चनदे पुरे।
    कृत्वा बहुभ्यस्तन्त्रेभ्यो विशेषोञ्छशिलोच्चयम्॥
    सप्तदशौषधाध्यायसिद्धिकल्पैरपुरयत्।
    8.12.39-40a (Ca 1941: 735)
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edition which contains only the mūla-text. 600 However, although most of the other editions consist of the same reading, a number of editions show quite a lot of discrepancies with the number. For example, Trikamji's 1941 edition of the Carakasamhitā reads the same half-verse as षड्विंशता विचित्राभिभृषितं तन्त्रयुक्तिभिः। 8.12.41a (Ca 1941: 735). In the same edition, the reading of Cakrapāni's *Āyurvedadīpikā* supports the reading: षड्गिंशत्तन्त्रयुक्तिभिर्भृषितमपुरयदृढबल इति योजना. However, after this verse, the same edition consists of the versified list of the 36 tantrayuktis and commenting on these verses, the *Āyurvedadīpikā* confirms the total number of the tantrayuktis as 36: इत्येताः षद्विंशत्तन्त्रयुक्तयो व्याहृताः।. 601 Moreover, the edition of Rāmaprasāda Vaidyopādhyāya reads the half-verse as— पञ्च-त्रिंशद्विचित्राभिर्भूषितं तन्त्रयुक्तिभिः. 602 Rāmaprasāda Vaidyopādhyāya excludes ūhya. 603 The same reading is found in Satīśacandra Śarmā's third edition of the Carakasamhitā. 604 However, adding more troubles to it, Satīśacandra Sarmā, in his Bengali translation, says that there are 34 tantrayuktis (even though the main Sanskrit text of his edition counts 35). Then he in fact illustrates 36 tantrayuktis making a remark that states—

"in Gaṅgadhara's reading, there are 36 tantrayuktis because he counts saṃśaya twice in his commentary. But 35 was reckoned in his mūla-text. Another manuscript reckons 34 tantrayuktis excluding apadeśa. This edition reads thirty-five instead of thirty-four or thirty-six." 605

In the edition of Narendranātha Senagupta and Balāicandra Senagupta that includes Cakrapāṇi's *Āyurvedadīpikā* and Gaṅgādhara's *Jalpakalpataru*, the Sanskrit *mūla* and the *Jalpakalpataru* enumerate 36

⁶⁰⁰ षद्विंशता विचित्राभिभूषितं तन्त्रयुक्तिभिः॥ 8.12.70a (Ca 1933: 972).

⁶⁰¹ Ca 1941: 737.

⁶⁰² Ca 1911: 1913.

⁶⁰³ Understanding the tantrayukti samuccaya as asamuccaya, he reads the verse where ūhya appears as— अतीतानागतापेक्षा स्वसंज्ञा ह्यसमुञ्चयाः. Surely, this reading is erroneous as the plural ending after samuccaya does not make sense.

⁶⁰⁴ Ca 1923: 1020. His first edition, however, reads the half-verse the same as the reading in Ca 1933. (Ca 1904: 884)

^{605 &}quot;গঙ্গাধর পাঠ— তন্ত্রযুক্তি ছত্রিশ প্রকার। তিনি টীকাতে সংশয়কে দুই বার উল্লেখ করিয়া ছত্রিশ প্রকার গণনা করিয়াছেন, কিন্তু তাঁহার মূলে পঁয়ত্রিশ প্রকার আছে; গ্রন্থান্তরে ৩৪ প্রকার আছে; তাহাতে 'অপদেশ' ধর্ত্তব্য হয় নাই। এই অনুবাদের মূলে চতুন্ত্রিংশৎ বা ষট্ত্রিংশৎ স্থুলে পঞ্চত্রিংশৎ লিখিত হইল।" Ca 1923: 1022.

tantrayuktis. However, in the same edition, the Āyurvedadīpikā reads, पञ्च- त्रिंशत्तन्त्रयुक्तिभिर्भूषितमपूरयदृढबल इति योजना. 606 Again, after the illustrations of the 36 tantrayuktis it reads, इत्येताः षट्टिंशत्तन्त्रयुक्तयो व्याहृताः. 607 In his edition of the Tantrayuktivicāra, Muthuswami also mentions that 35 tantrayuktis are reckoned in the Carakasaṃhitā. 608 Jivānanda Vidyāsagara's edition gives no number at all— तथा च ता विचित्राभिभ्षितं तन्त्रयुक्तिभिः. 609

Commentaries on the Carakasamhitā prior to Cakrapāni's Ayurvedadīpikā, such as the Carakanyāsa of Bhaṭṭāra Hariścandra (c. mid-sixth century) or *Nirantarapadavyākhyā* of Jejjaṭa (c. 7th or 8th century AD) do not help much because the extant portions of these commentaries do not include the concerned section of the 12th chapter of the Siddhisthāna. However, Hariscandra was possibly not aware of the total number and the list of the tantrayuktis in the final chapter of the Siddhisthāna because he discussed the *tantrayuktis* right at the beginning of his commentary and showed no indication to the awareness about the discussion on the tantrayuktis at the end of the text. Moreover, he discusses 40 tantrayuktis instead of 36. It is not yet settled whether or not Hariscandra was aware of Drdhabala's redaction of the Carakasamhitā. However, Hariścandra's treatment of the *tantrayuktis* supports the latter.⁶¹⁰. It is clear from Cakrapāṇi's commentary on the Carakasamhitā that in the version of the text he commented upon contained the four verses that list the 36 tantrayuktis. It is, however, not improbable that the four verses that list the 36 tantrayuktis were later added to the Carakasanhitā sometime between the sixth (the date of Hariscandra) and the eleventh century (the date of Cakrapāṇi) and the discrepancy appeared when the previous verse that gives the total number of the tantrayuktis was not properly emended by the scribes complying with the following list of 36 tantrayuktis. There is a need of a critical edition of the twelfth chapter of the Siddhisthāna of the *Carakasamhitā* to address these issues definitely.

⁶⁰⁶ N. Senagupta and B. Senagupta 1928–33: III, 3814. 607 N. Senagupta and B. Senagupta 1928–33: III, 3822. 608 'पञ्चत्रिंशद्विचेत्राभिर्भूषितं तन्त्रयुक्तिभिः।' इति चरके। द्वात्रिंशदिति सुश्रुतः।(fn.2 TYV:2). 609 Ca 1877: 961. 610 HIML: IA, 189.

Commentaries

The commentators who extensively delved into the discussion of the *tantra-yuktis* are Hariścandra, the author of *Carakanyāsa*, and Aruṇadatta, who authored his commentary *Sarvāṅgasundarī* on the *Aṣṭāṅgahṛdaya* of Vāgbhaṭa. Hariścandra meticulously defined and analyzed 40 *tantrayuktis* at the beginning of his work. The four additional *tantrayuktis* are: *paripraśna* (question), *vyākaraṇa* (grammatical clarification), *vyutkrāntābhidhāna* (overpassing statement) and *hetu* (means of knowledge).⁶¹¹

Arunadatta, while discussing the concept of tantraguna at the end of the Astāngahrdaya, provided an elaborate description of tantrayuktis, considering them as part of a system of ninety-five tantragunas. Śrīdāsapandita (14th century), a commentator on the *Aṣṭāngahṛdaya*, echoed Aruṇadatta's exploration of tantrayuktis in the beginning of his commentary, Hrdayabodhikā.612 Thus, both Hariścandra and Śrīdāsapandita engage with this topic right at the beginning, underscoring the significance they attribute to the subject. Other noteworthy commentators who discussed the topic of tantrayukti are Cakrapāṇi (11th century) and Indu (sometime between 8th and 12th century). Cakrapāṇi and Indu defined and illustrated the tantrayuktis mentioned in the Carakasamhitā and the Astāngasangraha, respectively. They affirm the inclusion of the four additional tantrayuktis in Hariścandra's list. Cakrapāṇi, aligning them with existing concepts, incorporates paripraśna, vyākarana, and vyutkrāntābhidhāna under the tantrayuktis uddeśa, vyākhyāna, and nirdeśa, respectively. According to him, hetu serves as an overarching term encompassing all *pramāṇa*s (means of knowledge) such as pratyaksa (perception) and others. Indu, however, outlines three possible reasons for not incorporating these tantrayuktis into the list: (1)

612 HIML: IA, 680.

⁶¹¹ This text has only been published once (only until the third chapter of Sūtrasthāna) by Masta Ram Shastri from Lahore in 1932/33. (HIML: IB, 290) Unfortunately, it is currently inaccessible to us. Although some fragmented manuscripts of the Carakanyāsa exist, for this section (Chapter 1, Sūtrasthāna), we were able to consult only MS MS Jamnagar GAU 114. This is a recent apograph with several lacunae and corruptions. The list of the tantrayuktis provided in the Carakanyāsa is as follows (with some emendations made in the reading): तन्त्रस्य युक्तयोऽधिकरणाद्याश्चत्वारिंशत्।... युक्तय-स्तावद्धिकरणं योगो हेत्वर्थ उद्देश उपदेशोऽपदेशोऽतिदेशः प्रदेशो निर्णयोऽर्थापत्तिर्वाक्यशेषः प्रयोजनं प्रसङ्ग एकान्तोऽनेकान्तो विपर्ययोऽपवर्गः पूर्वपक्षो विधानमनुमतं व्याख्यानं परिप्रश्नो व्याकरणमतीतापेक्षणमनागतापेक्षणं संशयः स्वसंज्ञोह्यः समुच्चयो निदर्शनं निर्वचनं नियोगो विकल्पः प्रत्युत्सार उद्धारः सम्भवो व्युत्क्रान्ताभिधानं हेतुरिति।

they lack direct mention in the main text, (2) they could be considered as falling within the scopes of already enumerated *tantrayuktis*, or (3) they are not recognized as *tantrayuktis*. *Jalpakalpataru*, a nineteenth-century commentary on the *Carakasaṃhitā* by Gaṅgādhara Kavirāja from Bengal also discusses the *tantrayuktis*. He defines the *tantrayuktis* most often as defined in the *Suśrutasaṃhitā* making explicit quotations from the *Suśrutasaṃhitā* itself.

Monographs

two texts authored by Āyurvedic scholars exclusively delve into the topic of *tantrayukti*. The first is the *Tantrayuktivicāra* by a physician named Nīlamegha (also known as Vaidyanātha), while the second is called the *Tantrayukti*, which is a sort of recast of the former by an anonymous author. The anonymous author describes himself as being from the same lineage as Nīlamegha and asserts that Nīlamegha belongs to the same lineage of Bhiṣagārya (also known as Nārāyaṇa Bhiṣaj). Both Nīlamegha and the author of Tantrayukti are likely from Kerala or coastal Karnataka. According to Koļatteri Śaṅkaramenon and Meulenbeld, Nīlamegha flourished in the first half of ninth century. The *Tantrayukti* was very likely composed after the sixteenth century.

⁶¹³ Kolatteri Sankaramenon, the first editor of the *Tantrayuktivicāra*, believes that Nīlamegha hails from Kerala. This conclusion is drawn from Nīlamegha's reference to his guru as Sundara, whom Sankaramenon identifies as the same individual credited with composing the *Lakṣaṇāmṛta*, a treatise on toxicology. This assertion is plausible because the only known manuscript of *Tantrayuktivicāra* belongs to a member of one of the Aṣṭavaidya families of Kerala, aligning with the Vāgbhaṭa school, to which Nīlamegha also belongs.((HIML: IIA, 143)) On the other hand, the anonymous author of the *Tantrayukti* associates Nīlamegha with the lineage of Bhiṣagārya, who hails from Uṇṭuru, a village located 3 kilometers from Gokarṇa which is in coastal Karnataka.(Nārāyaṇa 1949: 30).

⁶¹⁴ Nīlamegha mentions Vāhaṭa (Vāgbhaṭa), Indu, and Jejjaṭa in his work. This places him definitively after the seventh century. The Buddhist influence in the Tantrayukti indicates a date not much later than 800 AD. (TYV: अवतारिका ५–६, HIML: IIA, 143.)

⁶¹⁵ From the explicit mention of Nīlamegha and Bhiṣagārya in the work *Tantrayukti*, we can say that the author flourished after them. Determining the date of Bhiṣagārya is problematic. However, since the Kairalī commentary on the *Aṣṭāṅgaḥṛdayasaṃhitā* frequently quotes from Bhiṣagārya's *Abhidhānamañjarī*, it indicates that Bhiṣagārya predates the composition of this commentary. Meulenbeld suggests the end of the seventeenth century as the terminus post quem for the Kairalī (HIML: IA, 675).

Nīlamegha's *Tantrayuktivicāra* is a versified text accompanied by an autocommentary. The text comprises eighteen verses plus a hemistich, resulting in a total of 37 hemistichs. Each hemistich serves as a definition for a *tantrayukti*. Nīlamegha enumerates a total of 36 *tantrayuktis*, as mentioned in the *Aṣṭāṅgasaṅgraha* and *Carakasaṃhitā*. The additional hemistich defines *aviparyaya*, which, according to Nīlamegha, is sometimes considered instead of *viparyaya*. This substitution occurs when one understands that the negative prefix *a*- is deleted due to a *pūrvarūpa sandhi*— $sāpavargaḥ + aviparyayaḥ \rightarrow sāpavargo viparyayaḥ$ (See footnote 597.).

The text of the *Tantrayukti* includes some verses at the beginning and end, where the author discusses the lineage of Nīlamegha. The author explicitly states that his text is a revised version of Nīlamegha's *Tantrayuktivicāra* because the available manuscripts were mostly corrupt. It is evident that there are substantial reproductions of parts of the *Tantrayuktivicāra* and its autocommentary. The total number of *tantrayuktis* and their enumeration remains identical to that of the *Tantrayuktivicāra*. What distinguishes it from the *Tantrayuktivicāra* is the incorporation of a list of other *tantraguṇas* and 14 *tantradoṣas*. This list of *tantraguṇas* includes 15 types of *vyākhyā*, 7 types of *kalpanā*, 20 types of *āśraya*, and 17 types of metaphoric and metonymic devices, such as *tācchīlya* and so on.

Tantrayukti-inventories

It is evident from the discussion on the early sources that all these listings of the *tantrayukti*s in the early sources can be grouped into two categories. For the ease of our following discussion, we name these two inventories as (1) earlier listing and (2) later listing.

Moreover, he views $Abhidh\bar{a}nama\tilde{n}jar\bar{\iota}$ as a work composed after the sixteenth century, citing details within it that affirm its posteriority to the $R\bar{a}janighan\mu u$ and $Bh\bar{a}vaprak\bar{a}\acute{s}a$ (HIML: IIA, 442).

616 वैद्यनाथोपसृष्टानां लक्ष्यलक्षणवाप्नुषाम् ॥ तासां प्रायः प्रकाशानां दुर्लेखापङ्कदूषणात् । क्रियते साम्प्रतं कृच्छादुद्धृत्य परिमार्ज्जनम् ॥ Nārāyaṇa 1949: 1

Earlier Listing

The four inventories of tantrayuktis from the Arthaśāstra, Suśrutasaṃhitā, Viṣṇudharmottarapurāṇa, and Saddanīti belong to what we call the "earlier Listing." The reason to call this listing as "earlier listing" is: two early Sanskrit texts, viz., the Arthaśāstra and the Suśrutasaṃhitā consists of this listing. The Tamil list of the tantrayuktis as found in the Tolkāppiyam also belongs to this group, even though not all of the uttis in this list might correspond accurately to the Sanskrit and Pali lists. A defining characteristic of this listing is that each inventory explicitly states the total number of tantrayuktis as thirty-two. Even though there are sometimes different tantrayuktis enumerated in different lists, the total count always remains consistent at 32. As demonstrated in Table 4, the Sanskrit and Pali lists are similarly ordered and are always accompanied by similar or identical definitions. This list appears across diverse disciplines.

Later Listing

The "later listing" is the one we find in the Aṣṭāṅgasaṅgraha, Caraka-saṃhitā, the commentaries on the Carakasaṃhitā, Aṣṭāṅgasaṅgraha and Aṣṭāṅgahṛdayasaṃhitā and the two monographs, the Tantrayuktivicāra and Tantrayukti. This list has sprung from a single source— a versified list of thirty-six tantrayuktis comprising four verses that appear in the Aṣṭāṅgasaṅgraha, Carakasaṃhitā and Aruṇadatta's commentary on the Aṣṭāṅgahṛdayasaṃhitā. It remains unclear whether these verses initially appeared in the Dṛḍhabala's redaction of the Carakasaṃhitā or Vāgbhaṭa's Aṣṭāṅgasaṅgraha. Unlike the "earlier Listing," this list lacks definitions of the tantrayuktis. Definitions and illustrations are given by the authors of the commentaries and monographs as discussed in the previous section. Although Hariścandra's list includes 40 tantrayuktis instead of 36, his enumeration aligns more closely with "later listing" than the earlier one. Despite the earlier listing's corss-disciplinary appearance, the later listing

⁶¹⁷ तद् द्वात्रिंशद् युक्तियुक्तम् । (5.1.3 Kangle 1965a: 1, 280) "that (Arthaśāstra) is furnished with thirty-two logical methods of the system", तत्र द्वात्रिंशत् तन्त्रयुक्तयो भवन्ति । (Suśrutasaṃ-hitā6.64.2) "there are thirty-two logical methods of the system", battiṃsa tantiyuttiyo bhavanti/ (Suttamālā, 28 Saddanīti 3: 920) "there are thirty-two logical methods of the system", எண்ணான்கு உத்தியின்... "It employs thirtytwo rules of criticism regarding writing." (Naṇṇūl: 9–10)

Terminology 221

notably influences the field of Āyurveda, likely due to the popularity of Vāgbhaṭa's works. The *Suśrutasaṃhitā*, incorporating the "earlier listing" distinguishes itself among Āyurvedic texts that list the *tantrayuktis*.

Terminology

The terms have been translated into English in numerous books and articles. English renditions of the terms can be found in English translations of the *Suśrutasaṃhitā* such as in Singhal and Mitra 1980: 171–172, and P. V. Sharma 1999–2001: 3, 631–639; in translations of the *Carakasaṃhitā* such as in R. K. Sharma and B. Dash 2006: 436–444 and in Shree Gulabkunverba Ayurvedic Society 1949: 1050, in the translation of the *Arthaśāstra* such as in Shamasastry 1951: 459, Kangle 1965a: 593, Unni 2006: 1103 and Olivelle 2013, and by K. Srikanta Moorthy in TYV: Appendix xi–xxxiv. They are also found in various books and articles dedicated to discussing the *tantrayuktis* such as in Oberhammer 1968: 601–602, Solomon 1976–78: 1, 72, Lele 1981: 34–155, 2006: 36–150 and so on. German translations of the terms can be found in Meyer 1926: 663–664 (German translation of the *Arthaśāstra*) and in Prets and Prandstetter 1991–2006.

The definitions of *tantrayukti*s exhibit numerous variations across different texts. Here we will discuss each of the *tantrayukti*s that occur in the *Suśruta Saṃhitā* in comparison with their definitions in other texts. As indicated in Table 4, the definitions of *tantrayukti*s in the *Suśrutasaṃhitā* are frequently either identical or nearly identical to those found in the *Arthaśāstra*, *Viṣṇudharmottarapurāṇa* and *Saddanīti*. Therefore, unless the definitions in these two texts notably deviate from those in the *Suśrutasaṃhitā*, we will not make explicit references to them in the subsequent elucidation of the terms.

1. adhikarana

Adhikaraṇa appears as the first tantrayukti in all traditional enumerations. It is among those tantrayuktis for which there is little disagreement concerning its definition. This tantrayukti functions as a structural and interpretative device. With a tautological expression, the Suśrutasaṇhitā defines adhikaraṇa as something, with reference to which statements are made. While defining adhikaraṇa, the text employs the same verb, adhi- kṛ- (to refer),

whence the noun *adhikaraṇa* has been derived. The text supplies examples of *rasa* (taste) and *doṣa* (humour), for which two chapters of the *Uttaratantra*, namely chapter 62 ($K\bar{a}yacikits\bar{a}$ 27) and chapter 65 ($K\bar{a}yacikits\bar{a}$ 30) are dedicated. Clearly, *adhikaraṇa* is the topic or theme.

Cakrapāṇi and Gaṅgādhara define adhikaraṇa in almost the same way as does the Suśrutasaṇhitā.⁶¹⁹ Aruṇadatta's definition is similar but he specifies that adhikaraṇa can be of an entire discipline (śāstra), or a book (sthāna) of it, or a chapter (adhyāya), or a section (prakaraṇa), or even of a sentence (vākya).⁶²⁰ However, in the commentaries of Hariścandra and Indu, we explore two more aspects of the concept of adhikaraṇa. According to Hariścandra, adhikaraṇa is the reason or ground referring to which the authors direct their discourse. For example, diseases create misery and the authors of Āyurveda began their discussion addressing them.⁶²¹ Thus disease is the adhikaraṇa or theme of their discussion. Indu identifies adhikaraṇa as a binding force that links ideas. According to him, adhikaraṇa as an introductory reference and it exposes a general statement to a specific context.⁶²²

Nīlamegha defines adhikaraṇa using the Paninian terminology. According to him, adhikāraṇa is the locus in which the tātparya, "reference" lies. 623 Adhikaraṇa is one of the six kāraka-s (a sort of semantic roles recognized by Sanskrit grammarians). Pāṇini calls it a locus (ādhāra). 624 Through metaphorical extensions, the idea of a locus can apply to abstract domains and not merely to physical locus. In traditional Sanskrit grammar, a metonymic or metaphorical domain is called vaiṣayika adhikaraṇa. Patañjali considers vaiṣayika as one of the three types of adhikaraṇa. Patañjali considers vaiṣayika as one of the tantrayukti adhikaraṇa. He quotes Aṣṭāṅgahṛdaya-saṃhitā Sūtrasthāna 1.5b-6a and explains how the eight limbs of Āyurveda

⁶¹⁸ They are chapters 63 and 66 in A (Su 1938: B).

⁶¹⁹ यमर्थमधिकृत्य प्रवर्तते कर्ता। यथा "विघ्नभूता यदा रोगा" इत्यादि। अत्र रोगादिकमधिकृत्यायुर्वेदो महिष्किः कृत इति 'रोगाः' इत्यधिकरणम्। Āyurvedadīpikā (Ca 1941: 736). तद् यमर्थमधिकृत्योच्यते; Jalpakalpataru (N. Senagupta and B. Senagupta 1928–33: III, 3815).

⁶²⁰ तत्र अधिकरणं नाम, यद्धिकृत्य प्रवर्तते शास्त्रं स्थानमध्यायं प्रकरणं वाक्यं वा ।... (Ah 1939: 947).

⁶²¹ तत्राधिकरणं नाम यन्निमित्तमधिकृत्य प्रवर्तते कर्ता।... उत वा विघ्नभूता यदा रोगाः प्रादुर्भूताः तदिदं निमि-त्तमधिकृत्य जगदनुकम्पया महर्षिभिरयमायुर्वेद आगमः। एवमधिकरणव्याख्या वर्णयितव्या। MS Jamnagar GAU 114, p.4–5.

⁶²² अधिकरणं प्रस्तावः सामान्येनोक्तमप्यर्थजातं यद्गलाद्विशेषेऽवस्थाप्यते तद्धिकरणम् । (As 1980: 959).

⁶²³ तत्राधरोऽधिकरणं तात्पर्यं तत्र तिष्ठति । 1[2]muth-1976.

⁶²⁴ आधारोऽधिकरणम् । *Aṣṭādhyāyī* 1.4.45.

⁶²⁵ On Aṣṭādhyāyī 6.1.72 Mahābhāṣya: 3, 51.

Terminology 223

serve as the *adhikaraṇa*s of *cikitsā* "treatment". In Nīlamegha's understanding, *adhikaraṇa* "theme" is the domain of a reference. The *Tantrayukti* repeats Nīlamegha's idea but it also adds different types of *adhikaraṇa* as suggested by Aruṇadatta.

In the *Tolkāppiyam*, however, the equivalent expression for this *tantrayukti* remains unclear, as commentators, namely Iļampūraṇar and Pērāciriyar, list the item differently. In Sastri's translation of the *Tolkāppiyam*, *adhikaraṇa* was identified with *atikāra murai*, the second element in Iḷampūraṇar's list. Sastri translates this expression as "deciding the extent where one serves as *adhikāra sūtra* or a word or words in a sūtra taken along with the *sūtra*-s that follow."626 However, Dikshitar, in his brief article on the *tantrayuktis*, equates *adhikaraṇa* with *nutaliyatu arital*, the first element in Pērāciriyar's list, and translates it as "that division of a book which centers around a chief topic and deals wholly with that topic."627 Clearly, Dikshitar's interpretation stands close to our definition of *adhikaraṇa*. Sastri's interpretation, on the other hand, corresponds to the concept of *adhikāra* "heading" and *anuvṛtti* "recurrence" in the *sūtra* literature, especially in Pāṇini's *Aṣṭādhyāyī*.628

The translators usually translated this *tantrayukti* as "topic" or "subject matter".

2. yoga

This tantrayukti typically occupies the second position in most lists, except in the Arthaśāstra where it appears third following vidhāna. Functioning as a syntactic and semantic tool, yoga, as defined in the Suśrutasaṃhitā, represents the faculty responsible for the cohesion of a sentence. If we consider the main purpose of the tantrayuktis as narrated in the Suśrutasaṃhitā, namely, cohesion of a sentence (vākyayojana) and cohesion of meaning (arthayojana), it becomes evident that this tantrayukti is one of the fundamental tantrayuktis functioning as the device for vākyayojana. The Suśrutasaṃhitā further describes yoga as a syntactic connection between words, facilitating the linking of words even when they are in reverse order or placed apart. However, this paraphrased statement is absent

⁶²⁶ P. S. S. Sastri 2002: 233. 627 Dikshitar 1930: 85

⁶²⁸ See Chevillard 2009: 111.

in the vulgate; instead, it appears in the commentary of Dalhana with a minor variation. The definitions of *yoga* in the *Viṣṇudharmottarapurāṇa* and *Arthaśāstra* closely mirror that of the *Suśrutasaṃhitā*. However, the *Viṣṇudharmottarapurāṇa*'s definition introduces a slight variation by including the term *artha* "meaning". According to this definition, *yoga* is that by which the meaning of a sentence coheres. The *Arthaśāstra* employs a nominalized verb in a compound noun instead of a relative clause— *vākyayojanā* "connecting a sentence". The definition we find in the *Saddanīti* is close to the paraphrased part of the definition of the *Suśrutasamhitā*. 630

For illustration, a verse from chapter 18 of the Cikitsāsthāna is quoted in the *Suśrutasaṃhitā*—

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तैलं पिबेञ्चामृतवल्लिनिम्बहंसाह्वयावृक्षकपिप्पलीभिः।
सिद्धं बलाभ्याञ् च सदेवदारु हिताय नित्यं गलगण्डरोगे॥<sup>631</sup>
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In this verse, the noun sesame oil (*tailam*) appears at the beginning of the first hemistich, while its adjective cooked (*siddham*) is placed at the beginning of the final hemistich. Despite not being colocated, the *tantrayukti yoga* effectively connects them, facilitating our comprehension of the intended meaning. Evidently, this exemplifies a device for linking words within a sentence.

In the commentaries of Hariścandra, Indu, Cakrapāṇi and Aruṇa, however, the *tantrayukti yoga* is used in a broader sense. In these interpretations, *yoga* serves not only as a device for cohesion within a sentence but also fosters coherence among sentences in a discourse. Hariścandra identifies three alternative interpretations of yoga. Aruṇadatta also interprets yoga in a similar fashion but instead of three alternatives he talks about the first two alternatives of Hariścandra. In the first alternative, yoga is coherence between the main statement ($s\bar{u}tra$) and its gloss ($bh\bar{a}sya$). Aruṇadatta expands its scope to coherence between mention (uddeśa) and description (nirdeśa) as well.⁶³³ In the second alternative, yoga is

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629 See 6.65.9 (Su 1938: 815).
630 See Table 4.
631 4.18.47 (Su 1938: 474).
632 योगो नाम योजना ग्रन्थानां यथार्थसूत्रभाष्यसूत्रयोः... पञ्चलक्षणो वा योगः। प्रतिज्ञाहेतूदाहरणनिगमनानि...
यदिह युज्यते स योग इत्येके। (MS Jamnagar GAU 114, p.5.)
633 योगो नाम योजना, उद्देशनिर्देशयोः सूत्रभाष्ययोर्वा। 6.40.80 (Ah 1939: 947).
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Terminology 225

reasoning (yukti) having five types: (1) pratijñā "proposition", (2) hetu "reason", (3) udāharana "exemplification" (4) upanaya "application", and (5) nigamana "conclusion", resembling the five-membered syllogism of inference (anumāna) in the Nyāya-Vaiśesika school.⁶³⁴ Hariścandra also notes a different understanding of this tantrayukti by some others. In this sense, yoga is connectedness. This alternative definition is close to that of the Suśrutasamhitā. In Indu's interpretation, yoga is lexical cohesion, as he understands yoga as a relation between a word and its meaning or a sentence and its meaning. 635 Cakrapāni, while defining yoga in a fashion similar to the Suśrutasamhitā, exemplifies it as a connection between five logical elements, namely pratijñā, hetu, udāharaṇa, upanaya and nigamana, conflating the definition of yoga with Hariścandra's second alternative i.e. yoga is reasoning (yukti). 636 Nīlamegha defines yoga as connecting words one by one coherently.⁶³⁷ As he further explains in the autocommentary with examples from the Aṣṭāngahṛdayasamhitā, it is evident that he understands yoga as coherence between a part of a sentence and the discourse. 638 Neither V. R. Ramachandra Dikshitar nor P. S. Subrahmanya Sastri identified the tantrayukti yoga with any utti mentioned in the *Tolkāppiyam*. ⁶³⁹

The word yoga derives from the Sanskrit root \sqrt{yuj} "to connect" with the primary suffix $GHa\tilde{N}$, which is often used for creating action nouns. In Sanskrit technical literature, the term yoga is used in a broad sense to mean any kind of linguistic connection or connectedness. In the $Astadhya\bar{y}\bar{i}$ of Pāṇini, it often refers to the connection with a word or a word-element. Hence, it refers to a morphosemantic or syntaco-semantic connection. Patañjali uses this term several times in his $Mah\bar{a}bh\bar{a}sya$. In the $Susrutasamhit\bar{a}$ the word yoga is primarily used to mean the connection between words in a sentence. According to this definition and illustration, it is primarily intrasentential cohesion. Unlike the later commentators on the works of Caraka and Vāgbhaṭa, it does not extend the scope of this term to inter-sentential

⁶³⁴ युक्तिर्वा योगः, प्रतिज्ञा हेतुर्दृष्टान्त उपनयो निगमनमिति पञ्चविधः। 6.40.80 (Ah 1939: 947).

⁶³⁵ योगो नाम योगः सम्बन्धः स च पदार्थयोर्वाक्यार्थयोर्वा । 6.50.150a (As 1980: 959).

⁶³⁶ योगो नाम योजना व्यस्तानां पदानामेकीकरणम् । उदाहरणं तावद्यथा प्रतिज्ञाहेतूदाहरणोपनयनिगमनानि । 8.12.41 (Ca 1941: 736).

⁶³⁷ योगः पदानामेकैकमर्थौचित्येन योजना । 2[3]muth-1976.

⁶³⁸ I TYV: 3.

⁶³⁹ Chevillard 2009: 84.

⁶⁴⁰ Joshi and Roodbergen 1991: 64.

cohesion and coherence. Keeping in mind such definition given in the <code>Suśrutasaṃhitā</code>, we translate the term as cohesion even though no other translators of the <code>tantrayuktis</code> used this translation. In some other contexts, however, <code>yoga</code> can be extended to coherence. Both coherence and cohesion are derived from the Latin verb <code>cohaere-(<con-"with" haereō</code> "cling") "to cling together." In other translations of the <code>tantrayuktis</code> (see p. 221), <code>yoga</code> is variously translated as employment, arrangement, conjoiner, connecting, concomitance, uniting, union, rational linking, joining and so on. We preferred the term cohesion because the other options are either too narrow or too vague. 'Employment' is rather <code>prayoga</code>, not <code>yoga</code>. 'Rational linking' disregards the grammatical aspect of <code>yoga</code>. 'Conjoiner', 'connecting', 'union', 'uniting' or 'arrangement' are vague and they do not reflect the technical import of the term <code>yoga</code>.

3. padārtha

In the earlier listing, padārtha follows yoga, while in the later listing, this tantrayukti is enumerated after hetvartha, possibly due to metrical requirements. The Suśrutasaṃhitā dedicates more words to describing this tantrayukti than any other early texts.

The description in the *Suśrutasaṃhitā* commences with the definition of *padārtha*, which is articulated as the meaning conveyed in an aphorism or a word. It then delves into the literal interpretation of the term *padārtha*. The straightforward meaning of the compound *padārtha*, obtained by dissecting its components—*pada* "word," and *artha* "meaning"—is "the meaning of one or more words." After presenting the literal interpretation of *padārtha*, the *Suśrutasaṃhitā* provides the rationale why mere word meanings cannot suffice as the *tantrayukti padārtha*—since a word or words may have multiple meanings. Therefore, as a *tantrayukti*, the term *padārtha* denotes the meaning of a word or words within a specific context.⁶⁴¹ Dalhaṇa also supports this perspective, indicating that the term *padārtha* refers to a specific meaning of a word or words.⁶⁴²

In (Su 1938), a variant reading of the definition of padārtha is noted: सूत्र-पदे in the place of सूत्रे पदे वा. It remains unclear which reading was available

⁶⁴¹ See fn. 662.

⁶⁴² अधुना बहुषु पदार्थेषु निर्धार्य विशिष्टपदार्थग्रहणाय पदार्थबहुत्वं प्रतिपादयति— अपरिमिता इत्यादि। Dalhaṇa on 6.65.10 (Su 1938: 816).

Terminology 227

to Dalhaṇa. He proposed an etymological meaning of the word pada, defining it as that by which a meaning is understood, and includes sūtra under the semantic scope of pada. Essentially, he viewed sūtra as a type of pada because, by conveying a meaning, a sūtra falls under the category of pada, which by definition signifies a meaning-conveying unit. This interpretation does not separate sūtra and pada as distinct entities. Thus, if Dalhaṇa's reading of the text is सूत्रे पदे वा, he perceived pada as a synonym or an alternative term for sūtra. On the other hand, if the reading was सूत्रपदे, he understood the meaning of the word सूत्रपदे as pada (a meaning-conveying unit) in the form of a sūtra. The editor of (Su 1938) offered a more straightforward explanation of the variant reading सूत्रपदे—a word (pada) in a sūtra is a sūtrapada. The Viṣṇudharmottarapurāṇa adopts a definition of padārtha close to this variant reading, stating that padārtha is the meaning employed in a word of a sūtra (see table 4).

The tantrayukti padārtha is illustrated with two examples in the Su-śrutasaṃhitā. In the first example, three polysemous words—sneha, sveda and abhyañjana— are provided. Dalhana gave various meanings of these words—sneha can mean lubricity or grease or affection; sveda can mean sauna either with fire (sāgni) or without fire (niragni); abhyañjana may mean the black eye make-up or oil rub (abhyaṅga). In the case of such polysemy, padārtha or signification will be the meaning which coheres with the prior and subsequent elements (pūrvāparayogasiddha). The definition of this tantrayukti in Saddanīti corresponds to this explanation. Thus, padārtha is that meaning which fits the context.

The second example is taken from the very beginning of the first chapter of the $S\bar{u}trasth\bar{u}na$ that says वेदोत्पत्तिमध्यायं व्याख्यास्यामः, "I shall narrate the chapter on the origin of knowledge (veda)." The problem is, what does this word "veda" refer to? Is it the Veda, as in $S\bar{u}maveda$? Or something derived from the roots $\sqrt{vi(n)}d$ or \sqrt{vid} ? Context ("prior and subsequent elements") can help us to know that "veda" means only $\bar{u}uveda$ and that the $Su\acute{s}rutasamhit\bar{u}$ is talking about the origin of $\bar{u}uveda$, specifically. This same issue is also addressed by Dalhana at 1.1.1 (Su 1938: 1).

⁶⁴³ अन्ये तु सूत्रपदे इति पठित्वा व्याख्यानयन्ति--- सूत्रस्य पदं सूत्रपदं तस्मिन् योऽर्थः स पदार्थः। fn.2 (Su 1938: 813).

^{644 &}quot;तत्र स्नेहराब्दे निर्दिष्टे हि गुणप्रेमसर्पिषां त्रयाणामर्थानामुपपत्तिर्दृश्यते, स्वेदराब्देनापि साग्निनिरग्निकयोरू-ष्मणोः प्राप्तिः, अञ्चनशब्देनापि नयनाञ्चनाभ्यङ्गयोः प्राप्तिः" Dalhaṇa on 6.65.10 (Su 1938: 816). 645 See table 4.

Notes on Significant Variants

 [] ...द्वितीये पादे... The Nepalese version reads द्वितीये पादे which would properly mean the second quarter of the first line; the vulgate reads तृतीये पादे "third quarter" which seems more correct.

यत्र तु स्नेहस्वेदाभ्यञ्जनेषु...पूर्वापरयोगसिद्धो भवति । There is a dangling relative clause, योऽर्थः, in the Nepalese version that is avoided in the vulgate recension by the addition of स ग्रहीतव्यः. There are two possible explanations for this discrepancy: firstly, the missing main clause may have been present in the archetype but inadvertently omitted in the Nepalese version due to a scribal error. Alternatively, the main clause could have been elliptical in the archetype. The scribes of the Nepalese manuscripts accurately transmitted the text. However, at some stage during the transmission process, the main clause was supplied as an attempt to rectify the ungrammatical sentence. The interpolation may also stem from Dalhana's commentary in which the exact clause was used.⁶⁴⁶ Considering the principle *lectio difficilior potior*, we may posit that the second scenario is more plausible. This is because the subject of the main clause can be inferred from the subject of the previous sentence, and within the context, the meaning of the sentence remains totally intelligible even without the explicit main clause.

सामवेदादयश्च वेदाः। Both , Su 1938 and the excerpts from the Suśruta-saṃhitā cited in the Jalpakalpataru read ऋग्वेदादयस्तु वेदाः, "Rgveda and so on are the Vedas." Traditionally, the Rgveda, being the earliest composed Veda, is often considered the prototype. However, the selection of Sāmaveda as the prototype in the Nepalese Version of the Suśruta-saṃhitā is intriguing. This choice brings to mind a verse from the Bhagavadgīta where Kṛṣṇa declares, वेदानां सामवेदोऽस्मि⁶⁴⁷, "I am the Sāmaveda among the Vedas." With its incorporation of musical elements, the Sāmaveda holds a unique charm compared to the Rgveda. Thus, the decision to prioritize the Sāmaveda as the prototype may stem from its intrinsic appeal or enchantment rather than chronological precedence. 648

⁶⁴⁶ तत्र योऽर्थ इत्यादि। पूर्वोक्तपरोक्तवाक्यसम्बन्धेनोपपन्नो योऽर्थो भवति स ग्रहीतव्य इत्यर्थः Þalhaṇa on 6.65.10 (Su 1938: 816).

^{647 10.22} BhaGī: 456.

⁶⁴⁸ Cf. Madhusūdana Sarasvatī's comment on the same verse: चतुर्णां वेदानां मध्ये गानमा-

Terminology 229

...विद विन्द इत्येतयोश्च धात्वोः... Three issues need to be addressed here: (1) nomenclature of the verb roots in Sanskrit, (2) the homonymy of vid, and (3) variant readings in , Su 1938 and Jalpakalpataru.

- (1) The text suggests the etymology of the word *veda* by mentioning two verb roots, namely *vinda* and *vida*. It is worth noting that there are multiple ways of representing Sanskrit verb roots, even within traditional Sanskrit grammar like that of Pāṇini. Verb roots are presented in various forms, including mere lexical root forms, 649 forms ending in $^{-a}$, 650 ending in $^{-i}$, 651 or with the ending $^{-ti}$ in the present stem, 652 or sometimes with indicatory sounds (*anubandha*) as found in the $Dh\bar{a}tup\bar{a}tha^{653}$ In the reading of the Nepalese version of the $Su\acute{s}rutasamhit\bar{a}$, the second option, representing the verbs with a final $^{-a}$, is adopted.
- (2) The second issue pertains to the homonymy of vid in Sanskrit $Dh\bar{a}tup\bar{a}thas$, where at least four homonymous verbs are mentioned. They all belong to different classes and signify different meanings: \sqrt{vid} "to know" belongs to the second class $(ad\bar{a}di)$ or the root class), \sqrt{vid} "to find, to attain" to the sixth class $(tud\bar{a}di)$ or the suffixally accented thematic class), \sqrt{vid} "to consider" to the 7th class $(tud\bar{a}di)$ or the athematic nasal infix class) and \sqrt{vid} "to exist" to the fourth class $(div\bar{a}di)$ or the thematic ya-suffix class). A 10th-class verb \sqrt{vid} is also mentioned in the $Dh\bar{a}tup\bar{a}tha$ but this appears to be derived from the other vid verbs with a pleonastic causative suffix. The 4th-class vid is also originally a derivative of the other vid verbs formed with the passive suffix. The sixth-class verb vid belongs to a subclass called vid vid

धुर्येणातिरमणीयः सामवेदोऽहमस्मि (10.22 BhaGī: 456), "amongst the four Vedas I am the Sāmaveda, which is extremely delightful due to its musical charm."

⁶⁴⁹ E.g. as \sqrt{gup} , \sqrt{tij} , and \sqrt{kit} are mentioned in गुप्तिज्किद्भ्यः सन् (Aṣṭādḥyāyī: 3.1.5).

⁶⁵⁰ E.g. as \sqrt{gam} , \sqrt{han} , \sqrt{vid} , and $\sqrt{vi\acute{s}}$ are mentioned in विभाषा गमहनविद्विशाम् (Aṣṭād-hyāyī: 7.2.68).

⁶⁵¹ E.g. as \sqrt{mrj} is mentioned in मृजेर्विभाषा (Aṣṭādhyāyī: 3.1.113).

⁶⁵² E.g. as \sqrt{as} , \sqrt{vac} , and \sqrt{khya} are mentioned in अस्यतिवक्तिंख्यातिभ्योऽङ् (Aṣṭād-hyāyī: 3.1.52).

⁶⁵³ E.g. as \sqrt{i} is mentioned in इषुगिमयमां छः (Aṣṭādhyāyī: 6,7.3.77). Cf. इषुम्ँ इच्छायाम् ($Dh\bar{a}tup\bar{a}tha~6.78$).

⁶⁵⁴ Cf. सत्तायां विद्यते ज्ञाने वेत्ति विन्ते विचारणे। विन्दते विन्दति प्राप्तौ श्यन्लुक्श्नम्शेष्विदं क्रमात्॥ (SiddhKau: 402).

6th class. The form vinda is, therefore, the present stem of the sixth-class verb $vid.^{655}$ The other one may be the 2nd- or the 7th-class vid. The nominalized form of all of these verbs, using the suffix $GHa\tilde{N}$, is veda. This is where the ambiguity appears.

(3) In , Su 1938, the verbs are represented as they appear in the Paninian Dhātupāṭha, with indicatory letters (anubandha) and meanings attached to the roots: विद विचारणे, विदू लाभे. 656 However, the citation from the Jalpakalpataru presents another variant— विद् विचारणे विद् विचरित कि. In both of these variants, the meanings of the verb roots appear. The verbs mentioned here are the 7th- and the 6th-class √vid respectively. The absence of meanings attached to the verb roots in the Nepalese version suggests the preservation of an older form of the text. 658

...धात्वोरेकार्थः। पश्चात् पदं भवति...

Characteristics of the Manuscript Transmission

⁶⁵⁵ Mentioning verbs in their present stem forms is not uncommon. The same 6th class verb \sqrt{vid} is mentioned as vinda in this rule: अनुपसर्गाल्लिम्पविन्दधारिपारिवेद्युदेजिचेतिसाति-साहिभ्यश्च (Aṣṭādhyāyī: 3.1.138).

^{656 6.65.10 (}Su 1938: 813).

⁶⁵⁷ N. Senagupta and B. Senagupta 1928–33: 3, 3816.

⁶⁵⁸ Scholars believe that meanings were not initially attached to verb roots in the original Paninian *Dhātupāṭha* and were later additions, possibly by Bhīmasena. See Cardona 1976: 161–163.

Translation 231

Translation

1 Now we shall explain the chapter called, "the enunciation of the logical methods of the system (*tantrayukti*)."

3 There are thirty-two logical methods of the system. They are as follows:

1.	topic (adhikaraṇa)	18.	objection (pūrvapakṣa)
2.	cohesion (yoga)	19.	determination (nirṇaya)
3.	signification (padārtha)	20.	consent (anumata)
4.	premise (hetvartha)	21.	itemization (vidhāna)
5.	mention (samuddeśa)	22.	future reference
6.	description (nirdeśa)		(anāgatāpekṣaṇa)
7.	prescription (upadeśa)	23.	past reference
8.	statement of reason (apadeśa)		(atikrāntāpekṣaṇa)
9.	indication (<i>pradeśa</i>)	24.	doubt (saṃśaya)
10.	prediction (atideśa)	25.	explication (<i>vyākhyāna</i>)
11.	exception (apavarga)	26.	field-specific term
12.	ellipis (<i>vākyaśeṣa</i>)		(svasaṃjñā)
13.	implication (arthāpatti)	27.	interpretation (nirvacana)
14.	contraposition (viparyaya)	28.	illustration (<i>nidarśana</i>)
15.	recontextualization	29.	compulsion (niyoga)
	(prasaṅga)	30.	option (vikalpa)
16.	invariable statement (<i>ekānta</i>)	31.	aggregation (samuccaya)
17.	variable statement (anekānta)	32.	deducible ($\bar{u}hya$)

- 4 It is said about this, "what is the purpose of these methods?" The answer is, "cohesion of a sentence and cohesion of meaning". 659
- 5-6 There are two verses about this:

The logical methods of the system prohibit statements employed by people who do not speak the truth. They also bring about the validity of one's own statements. And they also clarify meanings that are stated back to front, that are implicit, unclear and any that are partially stated.

⁶⁵⁹ Dalhaṇa on 6.65.4 (Su 1938: 815) explained "cohesion of a sentence" as "connecting up a sentence that is not connected," and "cohesion of meaning" as "clarifying or making appropriate a meaning that is implied or inappropriate."

- 8 Among them, "topic (*adhikaraṇa*)" refers to the object, with reference to which statements are made, such as flavour (*rasa*) or humour (*doṣa*). 660
- "Cohesion (*yoga*)" is that by which a sentence coheres, as when words that are in a reversed order, whether placed close or apart, have their meanings unified.

Sesame oil he should drink, with heart-leaved moonseed creeper, neem tree, maidenhair fern, Indrajao, and long pepper

that is cooked with heart-leaf sida and country mallow, and deodar, always for a benefit in the case of the disease goitre.

In this verse, one ought to say, first, "one should drink cooked...." However, the word "cooked" is used in the second line.⁶⁶¹ Unifying the meanings of words in this way, even though they are far apart, is cohesion.

The meaning that is conveyed in an aphorism $(s\bar{u}tra)$ or a word is called signification $(pad\bar{a}rtha)$. The meaning that is attached to one or more words is the meaning of the words $(pad\bar{a}rtha)$. There are innumerable meanings of a word or words.⁶⁶²

Where two or three meanings of words such as *sneha*, *sveda* or *añjana* appear to be possible, the signification is the one that coheres with prior and subsequent elements. For example, when it is said that, "We are

⁶⁶⁰ The idea here is that "rasa" may be the topic of a chapter, and statements in that chapter are all understood to be about that topic

⁶⁶¹ See note 1 on 228.

⁶⁶² Contrary to the translations by previous translators Singhal and Mitra and P. V. Sharma, we believe that there is a distinction in how the term padārtha is employed in the first sentence, which serves as the definition of this tantrayukti, and in the two subsequent sentences, which pertain to the non-technical understanding of the word padārtha. We have translated the initial use of the word padārtha as "signification" and the subsequent use as "meanings of a word or words." Without presupposing the distinct usage of the word padārtha in this passage, the statement, अपरिमिताश्च पन्दार्थाः, might seem out of context, as it would not make sense to assert that there are innumerable padārthas once the text has already specified that padārtha refers to the particular meaning conveyed in a sūtra or a word. Furthermore, the subsequent illustration featuring three polysemic words—sneha, sveda, and añjana—also supports our argument. Through these examples, the text advocates for the perspective that in cases where a word has multiple meanings, only the interpretation that aligns with the preceding and subsequent elements should be regarded as padārtha.

Translation 233

going to explain the chapter on the *veda*-origin" the mind may be confused about which "*veda*" will be spoken about. *Sāmaveda* and so on are the Vedas. Taking note of the prior and subsequent elements, the two roots *vind* "find" and *vid* "know" have a single meaning. Subsequently, the understanding takes place that there is a wish to talk about the origin of *āyurveda*. So that is the meaning of the word.

- The sense of the cause (hetvartha) is a statement that is a premiss ($s\bar{a}dhana$). For example, just as a lump of earth is moistened by water, so a wound is moistened by substances like milk with green gram.⁶⁶⁴
- 12 A mention (*samuddeśa*) is a brief statement such as "spike (*śalya*)". 665
- 13 A description (*nirdeśa*) is a detailed statement. For example, "in the body or exogenous". 666
- "Prescription (*upadeśa*)" refers to statements like "it should be this way." For example, one should not stay awake at night; one should not sleep during the day.
- "Statement of reason" refers to statements like "this happens because of this." For example, in the sentence "Sweet substances increase



⁶⁶³ The Nepalese text here is hard to follow, and the vulgate has a significantly different reading. But the problem situation seems to be as follows. The <code>Suśrutasaṃhitā</code> opens with a statement saying that it will describe the "origin of the <code>veda"</code> (<code>vedotpatti</code>). The problem is, what does this word "<code>veda"</code> refer to? Is it the Veda, as in Sāmaveda? Or something derived from the roots <code>vind</code> or <code>vid</code>? Context ("prior and subsequent elements") can help us to know that "<code>veda"</code> means only "āyurveda" and that the <code>Suśrutasaṃhitā</code> is talking about the origin of ayurveda, specifically. This same issue is also addressed by Dalhaṇa at 1.1.1 (<code>Su1938:1</code>).

⁶⁶⁴ The way this principle is expressed here seems to be describing the application of a general principle (water makes things wet) to a specific context. We can know the moistening of a wound because we know the more general case of moistening earth. However, etymologically, हेल्वर्थ does not mean "analogy," but rather, something like "purpose of the reason." The phrase "the sense of cause" that we have used leans on the use of the term in commentaries on the <code>Aṣṭādhyāyī</code> (<code>Kaumudī</code> on 2.3.23). The vulgate of the <code>Suśrutasaṃhitā</code> rewrites the principle, making it clearer that the principle means "clarification by analogy." Cf. also Cakrapāṇi's discussion at Si.12.41 (Ca 1941: 736), where he explained the principle as using an explanation from one situation to clarify another situation. Cf. <code>Arthaśāstra 5.1.13</code> (Olivelle 2013: 436), which is also unclear.

⁶⁶⁵ Generally, शल्य refers to any painful foreign body embedded in the flesh that requires surgical removal.

⁶⁶⁶ This is a reference to 1.26.4 (Su 1938: 121) where বাল্য is described in more detail as being of two kinds.

- phlegm," the reason is stated.667
- Substantiation of the subject matter through past evidence is "indication (*pradeśa*)." For example, he pulled out Devadatta's splinter (*śalya*), therefore he will pull out Yajñadatta's.
- Substantiation of the subject matter through a future event is "prediction (atideśa)." For example, if his wind moves upwards, that will cause him to have colic."668
- A deviation after generalization is exception (*apavarga*). For example, those afflicted by poison should not go through sudorific treatment other than the cases of poisoning by urinary worms.
- Ellipsis (*vākyaśeṣa*) refers to an unstated word that completes a sentence. For example, despite not mentioning the word 'person', when mentioning someone as 'the one having a head, hands, feet, flanks, and abdomen,' it's apparent that the reference is to a person.
- arthāpatti (*Implication*) refers to an unstated idea that becomes evident through context. For example, when one said, "We will eat rice" it becomes evident from the context that he did not wish to drink gruel.
- When there is the reversal of it it is contraposition (*viparyaya*). For example, when it is said, "Weak, dyspneic, and fearful people are difficult to treat," the converse holds true: "Those who are strong and so on are easily treatable."
- Recontextualization (*prasaṅga*) refers to a concept common to another section. For example, a concept belonging to another section is brought up by mentioning it repeatedly throughout.
- Invariable statement ($ek\bar{a}nta$) is one that is stated with certainty. For example, turpeth causes purgation; emetic nut induces vomiting.
- Variable statement (*anekānta*) is one that is true in one way in some cases and in another way elsewhere. For example, some teachers identify the main element as substance, others as fluid, some as semen, and some as digestion.
- A first point of view ($p\bar{u}rvapak$;a) is something stated with certainty. For example, how are the four types of diabetes caused by wind incurable?



⁶⁶⁷ A techical term also in Nyāyaśāstra (Jhalakīkar 1978: 54).

⁶⁶⁸ A techical term also in Nyāyaśāstra (Jhalakīkar 1978: 6–7).

⁶⁶⁹ The adverb निःसंशयम् is problematic: the example expresses a query or doubt, the opposite of certainty, which is answered in the next passage. It would seem to make more sense to read something like यस् तु ससंशयम् अभिधीयते स पूर्वपक्षः, but our manu-

Translation 235

Its answer is determination. For example, afflicting the body and trickling downwards, it creates urine mixed with fat, fatty tissues, and marrow. Thus, those caused by wind are incurable.

ample, when vasā / medas / maj

- 28 Consent refers to others' opinion that is not rejected. For example, when the assertor says that there are six flavours and that somehow gets accepted with affirmation, it is termed consent.
- 29 Itemization (*vidhāna*) refers to sequentially ordered statements within a chapter. For example, the eleven lethal points of thigh are mentioned sequentially in a chapter.
- 30 A statement like "Thus will be stated" is future reference (anāg-atāpekṣaṇa) such as when he says in the Sūtrasthāna, "I will mention it in the Cikitsāsthāna."
- A statement like "Thus has been stated" is past reference (atikrāntāpekṣaṇa) such as when one says in the Cikitsāsthāna, "As mentioned in the Sūtrasthāna..."
- An indication pointing to causes on both sides is doubt (*saṃśaya*). For example, a blow to ⁶⁷⁰ is fatal, whereas cutting hands and feet is not fatal.
- An elaborate description is explication (*vyākhyāna*). For example, the twenty-fifth entity, , is being explicated here. Thus, no other Āyurvedic texts discuss entities beginning with matters.
- Field-specific term ($svasamj\tilde{n}\bar{a}$) is uncommon in other field of studies. The term used in one's own systems is called field-specific term, such as in this system, denotes honey and ghee, and denotes ghee, sesame oil and fat.
- A customary potrayal is interpretation (*nirvacana*). For example, one goes along the shade fearing heat.
- Providing examples is illustration (*nidarśana*). For example, just as fire spreads rapidly in a dry forest when accompanied by wind, a wound intensifies affected by wind, bile, and phlegm.
- 37 A statement like "This is the only way..." ...compulsion (*niyoga*). For example, one should consume only a healthy diet.
- A statement like "This and this..." is option (*vikalpa*). For example, in the section on meat, the major ones are blackbuck, deer, quail and part-

Does bhūtādi a compound or it means

scripts are unanimous in their reading.

⁶⁷⁰ तलहृदय is one of the muscle-group of lethal points mentioned in 3.6.7 (Su 1938: 370).

ridge.671

A summarized statement is aggregation (*samuccaya*).⁶⁷² For example, let there be rice with meat broth, rice with milk, or burley with ghee.

A meaningful reading of these two rules would be 39 idam vedam veti vikalpah / yathā rasodanah kṣīrodanah saghṛtā vā yavāgūr bhavatv iti // 38 saṃkṣepavacanam samuccayah / yathā māṃsavarge eṇahariṇalāvatittirāḥ pradhānā iti

What is not explicitly stated but can be understood through discernment is deducible ($\bar{u}hya$). For example, in the section on rules of foods and drinks, four types of foods and drinks are mentioned—masticable (bhak sya), edible (bhojya), suckable (lehya), and drinkable (peya). Thus, while four types are needed to be stated, two types are actually mentioned. Here it is deducible that in the section on foods and drinks, by specifically mentioning two types, the four types are also mentioned. Furthermore, a masticable item is not excluded from the category of food because it shares the same characteristic of solidity. A suckable item is not excluded from being classified as a drink because it shares the same characteristic of liquidity. Four types of aliments are rare. They are usually just twofold. Therefore, lord Dhanvantari says "Twofold is popular".

⁶⁷¹ The example here matches समुच्चय (next text), not विकल्प. There seems to have been a metathesis of terms. Y. T. Ācārya and N. R. Ācārya (Su 1945: 1005, footnote 6) notes that this text and the next have been swapped in the Calcutta edition that includes Hārāṇacandra's commentary Bhaṭṭācārya 1910–17: 2, in the same way as in the Nepalese version.

⁶⁷² As stated in the previous footnote, the example here is of विकल्प, not समुच्चय.

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CDIAL Turner, R. L. (1966–85), A Comparative Dictionary of the Indo-Aryan Languages (London, New York, Toronto: Oxford University Press), ISBN: 0197135501, URL; With Indexes compiled by Dorothy Rivers Turner (OUP, London, 1969), Phonetic Analysis by R. L. and D. R. Turner (OUP, London, 1971), and Addenda and Corrigenda edited by J. C. Wright (School of Oriental and African Studies, London, 1985).

DED₂ Burrow, Thomas, and Emeneau, Murray B. (1984), *A Dravidian Etymological Dictionary* (2nd edn., Oxford: Clarendon Press), ark:/13960/t4wj06g26, URL.

EWA Mayrhofer, Manfred (1986–2001), Etymologisches Wörterbuch des Altindoarischen (Heidelberg: Carl Winter, Universitätsverlag), ISBN: 3-533-03826-2.

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HIML Meulenbeld, Gerrit Jan (1999–2002), A History of Indian Medical Literature, 5 vols. (Groningen: E. Forsten), ISBN: 9069801248.

IOLR Eggeling, Julius, et al. (1887–1935), Catalogue of the Sanskrit Manuscripts in the Library of the India Office (London: Secretary of State for India), ark:/13960/s2kbk5zcrg9.

KEWA Mayrhot

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MW Monier-Williams, Monier, Leumann, E., Cappeller, C., et

al. (1899), A Sanskrit–English Dictionary Etymologically and Philologically Arranged, New Edition (Oxford: Clarendon

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NAK National Archives of Kathmandu.

Nannūl Sripathi, Muthu Krishna (1995) (ed.), Nannūl: A pereptive

and comprehensive translation in English (Madurai: MK Sri-

pathi).

NCC Raghavan, V., et al. (1949–), New Catalogus Catalogorum, an

Alphabetical Register of Sanskrit and Allied Works and Authors, 39 vols. (Madras University Sanskrit Series; Madras: University of Madras); v.1: revised edition, 1968. Searchable at

https://vmlt.in/ncc/.

NGMCP NGMCP (2014), "Nepal-german Manuscript Cataloguing

Project. Online Title List and Descriptive Catalogue," Universität Hamburg and Deutsche Forschungsgemeinschaft,

URL.

PW Böhtlingk, Otto, and Roth, Rudolph (1855-75), Sanskrit-

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PWK Böhtlingk, Otto (1879), Sanskrit-wörterbuch in kürzerer

fassung (St. Petersburg: Kaiserlichen Akademie der

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RORI Rajasthan Oriental Research Institute.

Śabdasindhu Gupta, Umeśachandra, and Sena, Nagendra Nātha (1983),

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Index of Manuscripts

Numbers after the final colon refer to pages in this book.

```
Bikaner RORI 5157: 116

Cambridge CUL Add.1693: 112

Hyderabad Osmania 137-3(b): 45

Kathmandu KL 699: 40, 46, 115, 187

Kathmandu NAK 1-1079: 13, 24, 41, 46

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Kathmandu NAK 5-333: 13, 41, 46, 112, 117, 142

MS Jamnagar GAU 114: 217

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Thanjavur TMSSML 10773: 238
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aconite leaf (?) (viṣapatrikā) Unknown. Cf.
                                              barley (yava) Hordeum vulgare, L. See
   perhaps, vatsanābha (wolfsbane). Cf.
                                                  HK: 752: 99
   GVDB: 373: 125
                                              bearded premna (vasuka) Premna barbata
'alas, alas' (hālāhala) unknown. See Cf.
                                                  Wall. (\leftarrow vasuhatta), according to
   Sodhalanighantu p.43 (sub bola) =
                                                  Cakrapāṇidatta. See the discussion by
   stomaka = vatsanābha:
                                                  T. B. Singh and Chunekar
Alexandrian laurel (punnāga)
                                                  (GVDB: 362–363), where other
   Calophyllum inophyllum, L. See
                                                  candidate species such as Osmanthus,
   AVS: 1, 338, NK: 1, #425:
                                                  Calotropis, and Trianthema are
amaranth (tandulīyaka) Amaranthus
                                                  discussed. T. B. Singh and Chunekar
   hypochondriacus, L. See King 321,
                                                  (GVDB: 363) note that when vasuka is
                                                  mentioned with vasira, two varieties of
   NK: 1, #144, Potter<sub>rev</sub>: 15. Cf.
                                                  salt are often meant (see vasukavasirā).
   AVS: 1, 121: 118
                                                  See also NK: #1299 who identifies it
arjun (arjuna) Terminalia arjuna, Bedd.
   See HK: 738: 36, 65
                                                  with Indigofera enneaphylla, Linn.
                                                  (Birdsville Indigo), apparently without
ash gourd (k\bar{u}sm\bar{a}nda) \rightarrow puspaphala.
                                                  controversy: 65
   Beninkasa hispida, (Thunb.) Cogn. See
                                              beautyberry (priyangu) \rightarrow śyāmā.
   AVS: 2, 1127; cf. AVS: 1, 261:
Asoka tree (aśoka) Saraca indica Linn.,
                                                  Callicarpa macrophylla, Vahl. See
                                                  AVS: 1, 334, NK: 1, #420. Some say also
   GVDB: 26: 90, 92, 174
                                                  Setaria italica Beauv. GVDB: 263-264.
atis root (śrngīvisa) Aconitum
                                                  See also GVDB: 413: 36, 136, 141, 174
   heterophyllum, Wall. ex Royle. See
   AVS: 1, 42, NK: 1, #39:
                                              beautyberry (śyāmā) Callicarpa
axlewood (dhava) Anogeissus latifolia
                                                  macrophylla, Vahl. See AVS: 1, 334,
                                                  NK: 1, #420: 94, 116, 118
   (Roxb. ex DC.) Wall. ex Guill & Perr.
   See AVS: 1, 163 f, Chopra: 20: 36, 65, 140
                                              beggarweed (amśumatī) Desmodium
                                                  gangeticum (L.) DC (Dymock: 1, 428,
bamboo leaves (venupatrikā) Bambusa
   bambos, Druce. See NK: 1, #307: 118
                                                  GJM1: 602, NK: 1, #1192; ADPS: 382,
                                                  414 and AVS: 2, 319, 4.366 are
banyan (nyagrodha) Ficus bengalensis, L.
   See HK: 748:
                                                  confusing): 136
banyan (vaṭa) Ficus bengalensis Linn.,
                                              beggarweed (vid\bar{a}rigandh\bar{a}) \rightarrow \dot{s}\bar{a}laparn\bar{\iota}.
   GVDB: 356:66
                                                  Desmodium gangeticum (L.) DC. See
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#1192; ADPS: 382, 414 and AVS: 2, 319, 4.366 are confusing: 45, 99, 290 beggarweed ($\delta \bar{a} laparn\bar{i}$) $\rightarrow sthir\bar{a}$. Desmodium gangeticum (L.) DC. See Dymock: 1, 428, GJM1: 602, NK: 1, #1192; ADPS: 382, 414 and AVS: 2, 319, 4.366 are confusing: Bengal quince (bilva) Aegle marmelos (L.) Corr. See AVS: 1, 62, Chevallier 159, NK: 1, #62, (MW: 732a): 65, 90, 92, 96, 287 'big poison' (mahāviṣa) unknown. See ?: 'big thorn apple' (mahākarambha) Datura metel, L.?. See thorn apple (karambha): bitumen (adrija) \rightarrow śilājit. A tar-like, black, resinous rock exudate. See Mahākośa: 1, 21:151 black cardamom (Xharenu) Amomum subulatum, Roxb.?. See PVS Caraka 2.734, AVS: 1, 128, NK: 1, #154, pace GVDB: 467-468: black creeper (pālindī) Ichnocarpus frutescens, (L.) R.Br. or Cryptolepis buchanani, Roemer & Schultes. See AVS: 3, 141, 145, 203, NK: 1, #1283, 1210, ADPS: 434. Palhana on SS 5.1.82 identified *pālindī* with *trivṛt* (turpeth) and T. B. Singh and Chunekar (GVDB: 246) supported this as a usual identification: 118, 121, 135, 136 black pepper (marica) Piper nigrum, L. See ADPS: 294, NK: 1, #1929: 100, 174 black pepper $(vall\bar{\imath}ja) \rightarrow marica$. Piper nigrum, L.?. See NK: 1, #1929; Rā.6.115, Dha.4.85, Dha.2.88: blackboard tree (saptachada) Alstonia scholaris R. Br. GVDB: 420: 117 blackbuck (harina) Antilope cervicapra, L. See BIA: 270 IW: 95, 165, et passim: 121 'blade' (kartarīya) unknown. See ?: blue water-lily (utpala) Nymphaea stellata, Willd. See GJM1: 528, IGP 790; Dutt: 110, NK: 1, #1726: 27, 116, 135, 136, 174, 175

Dymock: 1, 428, GJM1: 602, cf. NK: 1,

- bottle gourd ($\bar{a}l\bar{a}b\bar{u}ka$) Lagenaria siceria (Molina) Standl. See IGP 645, NK: 1, #1419:
- bull's head (*gokṣura*) Tribulus terrestris L. GVDB: 144–145, 193. A component of lesser five roots: 284
- bull's head (*trikaṇṭaka*) → bull's head (*gokṣura*) GVDB: 193. A component of lesser five roots: 290
- bulrush (*kaśeru*) "Two species, Scirpus kysoor Roxb., and S. grossus Linn. f. are used" GVDB: 85. Also kaśeruka and kaseru: 94, 95, 98
- calamine lotion (*amṛtāsaṅga*) → amṛtāsaṅga. Zinc carbonate. See NK: 2, #56:
- camphor $(karp\bar{u}ra) \rightarrow \hat{s}\bar{\imath}ta\hat{s}iva$. Cinnamomum camphora, (L.) Sieb. See IGP 253:
- cannabis (*vijayā*) Cannabis sativa, L. See AVS: 1, 356, NK: 1, #442:
- caper (*karīra*) Capparis decidua (Forsk.) Edgew. See AVS: 1, 368, (MW: 255b):
- cardamom ($el\bar{a}$) Elettaria cardamomum, Maton. See AVS: 2, 360, NK: 1, #924, Potter_{rev}: 66: 90, 136, 141
- carmarī (carmarī) unknown. See ?:
- carray cheddie $(g\bar{a}ngeruk\bar{\iota}) \rightarrow v$ iśvadevā. Canthium parviflorum, Lam. See AVS: 1, 366 f:
- cassia cinnamon (*patra*) Cinnamomum tamala, (Buch.-Ham.) Nees. See AVS: 2, 84, NK: 1, #589: 90, 96, 118, 136
- castor oil tree (gandharvahasta) $\rightarrow eranda$. GVDB: 135, K&B: 3, 2277: 41, 92
- castor-oil (*eraṇḍa*) Ricinus communis, L. See NK: 1, #2145, Chopra: 214: 46
- catechu (*khadira*) Senegalia catechu (L.f.)
 P. J. Hurter & Mabb = Acacia catechu
 Willd. GVDB: 129–130: 65
- certain minerals ($t\bar{a}r\bar{a}vit\bar{a}ra$) Unknown. It is not even certain that these are minerals. The variant reading in the vulgate, $t\bar{a}rah$ sut $\bar{a}rah$ was glossed by Dalhaṇa on 5.3.14 (Su 1938: 568) as follows $t\bar{a}ro$

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rūpyam, sutārah pāradah, "tāra means
   silver; sutāra means mercury.": 140
Ceylon iron wood (kṣīrikā) Mimusops
   hexandra, Roxb. (GVDB: 126-127):
chaff (kāndana) The word kāṇḍana is not
   found in dictionaries; kandana is
   threshing, separating the chaff from the
   grain in a mortar. Cf. Hemādri's
   Caturvargacintāmaņi (PWK: 2, 8)
   (Śiromaṇi 1873: 1, 138: 21, citing the
   Vāyupurāna): 29, 293
chaulmoogra (tuvaraka) Hydnocarpus
   wightiana Blume, but see the
   discussion by (GVDB: 188) for the
   difficulties in identifying tuvaraka. See
   also AVS: 3, 185–188:
chebulic myrobalan (harītakī) Terminalia
   chebula Retz. GVDB: 466: 97, 117
cherry (elavālu) Prunus cerasus, L.?. See
   BVDB 58, NK: 1, #2037, GVDB: 58: 136
chir pine (sarala) Pinus roxburghii, Sarg.
   GVDB: 423: 65, 98
chital deer (pṛṣata) Axis axis, Erxleben. See
   BIA: 292, IW: 93: 121
'choice tree' (varadāru) unknown. See ?:
chukar partridge (cakora) Alectoris chukar.
   See Woodcock 1980: 45:
cinnamon (tvac) Cinnamomum cassia,
   Blume. See NK: 1, #579:
citron (mātulunga) Citrus medica, Linn.
   GVDB: 276, 306. Also spelled
   mātulinga, mātulanga, mātulānga: 65, 96,
   101, 102
cluster fig (udumbara) Ficus racemosa, L.
   See ADPS: 487:
cobra's saffron (nāgapuṣpa) → nāgakeśara.
   Mesua ferrea, L. See NK: 1, #1595,
   GVDB: 220: 136
common crane (krauñca) Grus grus. See
   Woodcock 1980: 47:
common mallow (suvarcalā) perhaps
   Malva sylvestris, L. A difficult plant to
   identify, see T. B. Singh and Chunekar
   (GVDB: 280, 440–441):
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common mallow (sūryāvarta) Malva

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sylvestris, L. Cakrapānidatta and
   Dalhana identify it with suvarcalā, itself
   a difficult plant to identify. Perhaps
   Helianthus, see T. B. Singh and
   Chunekar (GVDB: 280):
common smilax (śvadamśtra) Smilax
   aspera L., GVDB: 414:65
corky coral tree (pāribhadra) Erythrina
   suberosa Roxb. See GVDB 245: 140
costus (kustha) Saussurea costus, Clarke.
   See NK: 1, #2239: 90, 96, 118, 136, 141
cottony jujube (kākolī) Ziziphus
   mauritanica, Lam. See IGP: 1233,
   NK: 1, #2663; IGP 1233. Cf. NK: 1,
   #1170:89, 95, 96, 164
country mallow (atibalā) Abutilon
   indicum, (L.) Sweet, but may be other
   kinds of mallow, e.g., Sida rhombifolia,
   L.. See NK: 1, #11, IGP: 1080, NK: 1,
   #2300, ADPS: 71, 77: 45, 95, 98, 232
country sarsaparilla (anantā) Hemidesmus
   indicus, (L.) R. Br. See ADPS: 434,
   AVS: 3, 141–5, NK: 1, #1210. But see
   GVDB: 13 for complications that may
   suggest that it is to be equated with
   sārivā, which may sometimes be
   Cryptolepis or Ichnocarpus fruitescens
   R. Rr. (GVDB: 429-431): 45, 125, 135,
   136, 140
crape jasmine (nata) \rightarrow crape jasmine
   GVDB: 215: 285, 288
crape jasmine (tagara) Tabernaemontana
   divaricata (L.) R.Br. ex Roem. &
   Schultes. See GJM1: 557, AVS: 5, 232.
   Synonym of crape jasmine. But some
   say Valeriana jatamansi, Jones. See
   GVDB: 173-174 for discussion (and
   charming comments on brain-liquid
   testing). Some say tagara is Indian
   rose-bay or Indian valerian, but there
   remain many historical questions about
   the ancient and regional identities of
   this plant See, e.g., AVS: 5, 334, 345. See
   also IGP: 1147: 90, 96, 118, 136, 285, 288
crimson trumpet-flower tree (pāṭalā)
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DC. See GJM1: 573, AVS: 5, 192 ff, ADPS: 362 f, AVS: 3, 1848 f, IGP 1120, Dymock: 3, 20 ff: 140, 287 cucumber (trapusa) Cucumis sativus, L. See AVS: 2, 231, NK: 1, #731: cuscus grass (uśīra) Andropogon murcatus, Retz. Also "vetiver grass." See NK: 1, #180: 66, 118, 162 datura (dhattūra) Datura metel, L. See AVS: 2, 305 (cf. Abhidhānamañjarī), NK: 1, #796 ff. Potter_{rev}: 292 f, ADPS: 132: 42 deodar (bhadradāru) Cedrus deodara, (Roxb.ex D.Don) G. Don. See AVS 41, NK: 1, #516: 36, 95, 99, 136 deodar (devadāru) Cedrus deodara (Roxb.) Loud. GVDB: 206-207: 65, 96, 232 deodar (suradāru) see deodar (devadāru): 167 devil's dung (hingu) Ferula foetida Regel., GVDB: 471-472: 66, 67, 167 dhaman tree $(dhanva\dot{n}ga) \rightarrow dhammana$? Grewia tiliaefolia, Vahl. See AVS: 3, 104, IK, AVS: 1, 386, IGP 529 (tiliifolia): dried ginger $(n\bar{a}gara) \rightarrow dried$ ginger (śunthī) GVDB: 221–222: 67 dried ginger (śunthī) Zingiber officinale, Roscoe. See ADPS: 50, NK: 1, #2658, AVS: 5, 435, IGP: 1232: 94, 286 dried meat (vallūra) MW: 929, *Mahākośa*: 1, 730. The term is used, rarely, in both the CS (1.5.10) and SS (1.13. 16, 6.42.75–76). It is a Dravidian loanword and occurs in the Arthaśāstra etc. (KEWA: 3, 167): 28 drum-giver (?) (lambaradā) Unknown; cf. GVDB: 348: 125 elixir salve ($ras\bar{a}\tilde{n}jana$) $\rightarrow a\tilde{n}jana$. See Indian barberry: 36, 46 embelia (vidanga) Embelia ribes, Burm. f. See ADPS: 507, AVS: 2, 368, NK: 1, #929, Potter_{rev}: 113: 36, 65, 90, 136, 167 emblic (āmalaka) Phyllanthus emblica, L.

Stereospermum chelonides, (L. f.) A.

See AVS: 4, 256: 65, 97, 98, 174 emetic nut (karaghāta) Probably a synonym for karahāṭa (emetic nut), q.v., GVDB: 74: 286 emetic nut (karahāta) Randia dumetorum, Lamk. See GVDB: 291–292 and NK: 1, #2091. T. B. Singh and Chunekar (GVDB: 74, 77-78) noted that it may be a synonym for karaghāta, emetic nut, and pointed rather to Gardenia turgida Roxb. on the basis of local knowledge in U. P.: 286, 290 emetic nut (madana) Randia dumetorum, Lamk. See NK: 1, #2091: 116, 234 false daisy (bhrnga) Eclipta prostrata (L.) L. See GVDB: 288: 65 false daisy (subhangura) (su) bhangura = bhrnga? Eclipta prostrata (L.) L. See GVDB: 288: 124 fermented rice-water ($dh\bar{a}ny\bar{a}mla$) $\rightarrow k\bar{a}\tilde{n}j\bar{i}$, kāñjikā, sauvīra. GVDB: 458, NK: 2, appendix VI, #18: 43, 44 fern (ajaruhā) Nephrodium species GVDB: 7, uncertain. Perhbaps Christella dentata(Forssk.) Brownsey & Jermy, which is reported to have folk applications against skin diseases in India: 120 fire-flame bush (dhātakī) Woodfordia fruticosa (L.) Kurz. See AVS: 5, 412, NK: 1, #2626:65, 117 five roots (pañcamūla) Described at Suśrutasamhitā 1.38.66-69 (Su 1938: 169). There are two pañcamūlas, the laghupañcamūla (the lesser five roots) and bṛhatpañcamūla (greater five roots), with differing properties. Combined they are called daśamūla (ten roots). See also Mahākośa: 1, 468:65 five-leaved chaste tree (śephālikā) Vitex negundo, L. See NK: 1, #2603 (cf. use

of leaves), IGP: 1210a, MW: 1088b:

monosperma (Lam.) Taub. GVDB: 241.

flame-of-the-forest (palāśa) Butea

pālāśa in some sources: 66, 92, 287 GVDB 37:140 flame-of-the-forest (pālāśa) See golden shower tree $(r\bar{a}javrkṣa) \rightarrow r\bar{a}jadruma$ flame-of-the-forest (palāśa). The variant = āragvadha. Cassia fistula L. See name with long initial vowel appears in GVDB: 37:65 Nepalese manuscripts: golden shower tree (āragvadha) Cassia flax (atasī) Linum usitatissimum, L. See fistula L. GVDB: 37–38. The plant has NK#1495:95 many synonyms.: 97, 166 'foam-stone' (phenāśma) unknown. See ?: gourd (alābu) Lagenaria siceraria Standl. fragrant lotus (saugandhika) A type of GVDB: 25. Some say Lagenaria kumuda or utpala (GVDB: 457): 27 vulgaris, Seringe (NK: 1, #1419) but galangal (galangala) Alpinia galanga (L.) this is not appropriate for blood-letting: 23, 24, 116, 164 Sw. Identified with grey orchid in Kerala (ADPS: 398). The name is greater five roots (brhatpañcamūla) borrowed from Chinese, perhaps via Described at Suśrutasamhitā 1.38.68-69 Persian or Arabic (Peter: 2, 304), and (Su 1938: 169). Consists of Bengal the name does not occur in early quince, migraine tree, Indian trumpet āyurvedic literature (GVDB): 287 tree, crimson trumpet-flower tree, and galls (karkaṭa) Rhus succedanea, L. See white teak: 286, 289, 290, 295 NK: 1, #2136: green gram (*māsa*) Vigna radiata (L.) R. garden pea (kalāya) Pisum sativum, L. See Wilcz. See ADPS: 296, IGP 1204: 36, AVS: 4, 308, IGP 901; cf. NK: 1, #1940: 95, 233 garjan oil tree (aśvakarna) Dipterocarpus grey orchid (rāsnā) Vanda tessellata turbinatus Gaertn. f. See GVDB: 28, (Roxb.) Hook. ex G.Don, usually. But Chopra: 100: 140 Pluchea lanceolata, Oliver & Hiern, is a 'gentle' (somā) Ruta graveolens, L., or more common identification in Punjab Sarcostemma brevistigma, W & A, etc. and Gujarat (GVDB: 337-338); Alpinia See NK: 1, #2179, 2228; Potter_{rev}: 262: galanga (L.) Sw. is more common in giant potato ($ks\bar{\imath}ravid\bar{a}r\bar{\imath}$) possibly \rightarrow Kerala (ADPS: 398; Peter: 2, 303–318), kṣīraśukla. Ipmoea mauritiana, Jacq. See though this is usually identified with ADPS: 510, AVS: 3, 222, AVS: 3, 1717 ff: galangal. As all authorities note, the 95, 289, 291-293 identification of this plant is debated. ginger (mahausadha) Zingiber officinale, Sivarajan and Balachandran Roscoe. See ADPS: 50, NK: 1, #2658, (ADPS: 398–401) note that sources IGP: 1232: 121 describe it as having leaves like cardamom and sweet-smelling roots 'gladdener' (nandana) unknown. See ?: and that "there is great confusion with gold (hema) gold: 136 regard to the identity of the drug.": 65, gold and sarsaparilla (*surendragopa*) 94, 96, 167, 287 Unknown. Dalhana on 5.3.15 'gutboiler' (antrapācaka) unknown. See ?: (Su 1938: 568) glossed *surendra* as "gold" and gopā as "Indian hairy bergenia (pāṣāṇabheda) Bergenia sarsaparilla." He also noted other ligulata (Wall.) Engl. GVDB: 246-247: opinions that *surendra* was "Tellicherry 65 bark": 140 halfa grass (darbha) Demostachya golden shower tree (rājadruma) rājadruma bipinnnata Stapf. GVDB: 201. Synonym = āragvadha. Cassia fistula L. See of kuśa: 67, 95

95, 161 hare foot uraria ($prthakparn\bar{i}$) \rightarrow hare foot uraria (pṛśniparṇī) and ?? (mūrvā) GVDB: 257. A component of lesser five roots: 97, 290 hare foot uraria ($pr\acute{s}niparn\bar{\iota}$) $\rightarrow sah\bar{a}$? Uraria lagopoides, DC. and U. picta Desv. See GVDB: 257-258, GJM1: 577, Dymock: 1, 426, AVS: 1, 750 ff, NK: 1, #2542; ADPS: 382, AVS: 2, 319 and AVS: 4, 366 are confusing. Also called pṛthakparṇī. A component of lesser five roots: 94, 95, 288 heart-leaf sida (balā) Sida cordifolia, Linn. See ADPS: 71, NK: 1, #2297: 45, 95, 98, 100, 136, 232 heart-leaved moonseed ($amrt\bar{a}$) $\rightarrow gud\bar{u}c\bar{\iota}$. Tinospora cordifolia, (Willd.) Hook.f. & Thoms.? See ADPS: 38, NK: 1, #2472, 624, Dastur #229: 118, 134 heart-leaved moonseed (gudūcī) Tinospora cordifolia, (Thunb.) Miers. ADPS: 38, NK: 1, #2472 & #624, Dastur #229, GVDB: 141–142. Also identified as Cocculus cordifolius DC. by Nadkarni (NK) and others (see also the Tropicos botanical database): 65, 96 heart-leaved moonseed (somavallī) Tinospora cordifolia (Thunb.) Miers. GVDB: 456. Likely, but uncertain: 118 heart-leaved moonseed creeper (amrtavalli) See amrtā: 232 heliotrope (hastiśunda) \rightarrow ibhagandhā? Heliotropium indicum, L. See

AVS: 3, 136, NK: 1, #1203:

Potter_{rev}: 151: 119

henna (madayantikā) Lawsonia inermis, L.

See AVS: 3, 303, NK: 1, #1448,

hill myna (sārikā) Acridotheres tristis

tristis, L., etc. See Ali #1006, Dave

(1985: 28 ff.), Woodcock (1980: 119):

Himalayan mayapple (*vakra*) Podophyllum emodi, Wall. (NK:#1971). But perhaps

halfa grass (kuśa) Desmostachya bipinnata,

(L.) Stapf. GVDB: 111, AVS: 2, 326:

a synonm of crape jasmine and crape jasmine, q.v. (GVDB: 354): 141, 167 Himalayan monkshood ($ativis\bar{a}$) $\rightarrow vis\bar{a}$ Aconitum heterophyllum Wall. GVDB: 12, NK: 1, #39. Also "atis roots": 88, 119, 121, 141 Himalayan monkshood ($vis\bar{a}$) $\rightarrow ativis\bar{a}$ GVDB: 12, 373: 293 hogweed (punarnavā) Boerhaavia diffusa, L. See ADPS: 387, AVS: 1, 281, NK: 1, #363:97,119,135 Holostemma creeper $(j\bar{\imath}vant\bar{\imath}) \rightarrow$ sūryavallī? Holostemma ada-kodien, Schultes. See ADPS: 195, AVS: 3, 167, 169, NK: 1, #1242: 98, 292 honey (kṣaudra) Eight varieties of honey are described in the SS (NK: 2, Appendix 192). *Ksaudra* is the product of a small bee of tawny colour, called ksudra: 103, 121 horned pondweed (śaivāla) also śaivāla, śevāra. Zannichellia palustris L. The uncertainties of this identification are discussed by T. B. Singh and Chunekar (GVDB: 409). Sometimes identified with scutch grass (*dūrvā*) (GVDB: 409). Identified as Ceratophyllum demersum Linn. ("hornwort") by AVS: 2, 56–57x: 96, 288, 293 hornwort (jalanīlikā) Ceratophyllum demersum, L. See AVS: 2, 56, IGP 232: hornwort (jalaśuka) $\rightarrow jalanīlikā$. Ceratophyllum demersum, L. See AVS: 2, 56, IGP: 232. T. B. Singh and Chunekar (GVDB: 166) suggest horned pondweed. Dalhana noted on 1.16.19 (Su 1938: 79) that some people interpret it as a poisonous, hairy, air-breathing, underwater creature: 45 horse gram (kaulattha) See horse gram (*kulattha*): 162 horse gram (kulattha) Macrotyloma uniflorum (Lam.) Verdcourt, syn.

Dolichos biflorus, L., D. uniflorus,

Lam., GVDB: 109, Kew: sub

- Macrotyloma uniflorum: 99, 100, 166, 288
- horseradish tree (*śigru*) Moringa oleifera Lam. See IGP 759, GJM1: 603, Dymock: 1, 396: 96, 97
- hyacinth bean $(\pm imb\bar{\imath})$ Dolichos lablab, L. See NK: 1, #870:
- hyacinth beans (*niṣpāva*) Lablab purpureus (L.) Sweet (1826) **gvdp**: 87
- Indian antelope (*eṇa*) Antilope cervicapra, L. See BIA: 70:
- Indian barberry (añjana) → rasāñjana, dāruharidrā. Berberis aristata, DC. Dymock: 1, 65, NK: 1, #335, GJM1: 562, IGP: 141: 46, 120, 286
- Indian barberry (*dāruharidrā*) Berberis aristata, DC. See Dymock: 1, 65, NK: 1, #685, GJM1: 562, IGP 141: 135, 136, 289
- Indian barberry $(d\bar{a}rv\bar{i}) \rightarrow$ Indian barberry $(d\bar{a}ruharidr\bar{a})$ GVDB: 203: 175
- Indian barberry (*kālīyaka*) → *dāruharidrā*, *añjana*. Berberis aristata, DC. See Dymock: 1, 65, NK: 1, #685, GJM1: 562, IGP: 141: 118
- Indian beech (*naktamāla*) Pongamia pinnata, (L.) Pierre. See AVS: 4, 339, NK: 1, #2003: 36, 92
- Indian ipecac (payasyā) Uncertain.

 Possibly Tylophora indica (Burm.f.)

 Merr. Perhaps a synonym of panacea
 twiner, giant potato, purple roscoea,
 and plants like asthma plant and Gulf
 sandmat (GVDB: 237–238). Also
 "curds" when not a plant: 45, 96, 292
- Indian jujube (sauvīra) Zizphus jujuba Mill., GVDB: 458, MBG: sub jujuba:
- Indian jujube (sauvīraka) Zizphus jujuba Mill., GVDB: 458, MBG: sub jujuba: 95, 162
- Indian kudzu (*vidārī*) → *payasyā*. Pueraria tuberosa (Willd.) DC. See ADPS: 510, AVS: 1, 792 f, AVS: 4, 391; not Dymock: 1, 424 f. See GJM2: 444, 451, AVS: 1, 187, but AVS: 3, 1719 = Ipmoea mauritiana, Jacq: 45, 65

- Indian laburnum (śampāka) Cassia fistula, L. See ADPS: 48, AVS: 2, 11 ff, AVS: 2, 854, IGP 215:
- Indian laurel (*plakṣa*) Ficus microcarpa, L. f. See ADPS: 377:
- Indian madder (*mañjiṣṭhā*) Rubia cordifolia, L. See IGP, Chopra: 215, GVDB: 289: 41, 136, 167
- Indian mottled eel (varmimatsya) Almost certainly the mottled eel. MW: 962c noted that the varmi fish "is commonly called vāmi." The "vam fish," or "বান মাছ (bān māch)" in Bengal, is a marine and freshwater eel, Anguilla bengalensis. It is the most common eel in Indian inland waters and a prized food fish (Froese and Pauly 2022). However, some NIA languages identify the "vam" fish with the Indian Pike Conger, Congresox talabonides (Bleeker) (Talwar and Kacker 1984: 235, 236): 25
- Indian mustard (*sarṣapa*) Brassica juncea, Czern. & Coss. See AVS: 1, 301, NK: 1, #378: 28
- Indian pennywort (maṇḍūkaparṇī) Centella asiatica (L.) Urban. See GVDB: 290, ADPS: 289–291:
- Indian sarsaparilla (*sārivā*) → *anantā*. Hemidesmus indicus, (L.) R. Br. ADPS: 434, AVS: 3, 141–5, NK: 1, #1210; and black creeper, pālindī. Ichnocarpus frutescens, (L.) R.Br. or Cryptolepis buchanani, Roemer & Schultes AVS: 3, 141, 3.145, 3.203, NK: 1, #1283, 1210, ADPS: 434: 135, 136, 287
- Indian snakeroot (*sarpagandhā*) Rauvolfia serpentina, (L.) Benth. ex Kurz. See NK: 1, #2099, ADPS: 439, GVDB: 425; cf. SS 5.5.76–78:
- Indian spinach (*pūtīkā*) Basella alba, L. See NK: 1, #318 (rubra), ADPS: 489, AVS: 1, 253, IGP 129b:
- Indian trumpet tree (*śyonāka*) Oroxylum indicum (L.) Benth. ex Kurz. GVDB: 172–173. A component of

greater five roots: 289

- Indian trumpet tree (*ṭiṇṭuka*) → Indian trumpet tree (*śyonāka*). Oroxylum indicum (L.) Benth. ex Kurz.
 GVDB: 172–173. A component of greater five roots: 287
- indigo (*nīlinī*) Indigofera tinctoria, L. See NK: 1, #1309:
- Indrajao (*indrayava*) see *vṛkṣaka* (Indrajao) Holarrhena pubescens Wall. ex G.Don 1837 GVDB: 376, 45 and 84: 88
- Indrajao (*vṛkṣaka*) → *indrayava*, *indrabīja*, *kaliṅga*, and *kuṭaja*. Holarrhena pubescens Wall. ex G.Don 1837 GVDB: 376, 45 and 84: 67, 232, 290
- jackfruit (*panasa*) Artocarpus heterophyllus, Lam. See NK: 1, #249, IGP 99:
- jambul (*jambū*) Syzygium cumini, (L.) Skeels. See ADPS: 188, NK: 1, #967, Potter_{rev}: 168, Wujastyk 2003*a*: 117, 174
- jasmine (*mālatī*) Jasminium grandiflorum, L. See NK: 1, #1364: 118
- jequirity ($gu\~nj\=a$) Abrus precatorius, L. See AVS: 1, 10, NK: 1, #6, Potter $_{rev}$: 168: 124, 125
- jequirity ($k\bar{a}lak\bar{u}ta$) Abrus precatorius, L.? Cf. RRS 21.14. See AVS: 1, 10, NK: 1, #6, Potter_{rev}: 168:
- 'juice-cooker' (sārapāka) unknown. See ?: (?) (karaṭā) Not in GVDB. Cf. perhaps karahāṭa (emetic nut): 125
- khesari pea (*tripuṭa*) tripuṭa(kalāya). Lathyrus sativus, L. See IGP 651, NK: 1, #1439:
- koel (*kokila*) Eudynamys scolopacea. See Woodcock 1980: 66:
- kumudvatī ($kumudvat\bar{\iota}$) unknown. See ?: kutki ($ariṣṭ\bar{a}$) Picrorhiza kurroa Royle ex Benth. $\rightarrow kaṭuk\bar{a}$ (kutki) q.v. (GVDB: 22–23):
- kutki (*kaṭukā*) Picrorhiza kurroa Royle ex Benth. (GVDB: 64–65): 88, 103, 290
- lac (*jatu*) Kerria lacca (Kerr.). See http://www.icar.org.in/ilri/default.htm:

- lac (*lākṣā*) Kerria lacca (Kerr.). See GJM1: 445, NK: 2, #32. Watt (Watt_{Comm}: 1053–1066) is characteristically informative, and is definite about the antiquity of lac in India: 141
- lāmajja grass (*lāmajj*) Andropogon iwarancusa, Roxb. See NK: 1, #176:
- lāmajja grass ($u\acute{s}\bar{\imath}rabheda$) \rightarrow $l\bar{a}majja$. Andropogon iwarancusa, Roxb. See NK: 1, #176:
- leadwort (*agniśikhā*) Plumbago zeylanica (or rosea?), L. See NK: 1, #1966, 1967: 290
- leadwort (*citraka*) Plumbago zeylanica (or indica?), L. See RĀ. 6.124, ADPS: 119, NK: 1, #1966, 1967: 36, 66, 88, 92, 102, 167
- leadwort ($p\bar{a}laka$) \rightarrow citraka. Plumbago zeylanica (indica? rosea?), L. See Rā. 6.124, ADPS: 1, 119, NK: 1, #1966, 1967:
- leadwort (*vidyutśikhā*) Synonym of *agniśikhā* (leadwort), q.v.: 125
- lesser five roots (*laghupañcamūla*)

 Described at *Suśrutasaṃhitā* 1.38.66–67 (Su 1938: 169). Consists of bull's head, poison berry, yellow-fruit nightshade, hare foot uraria, and beggarweed: 284, 286, 288, 295, 297
- liquorice (?) (*klītaka*) Glycyrrhiza glabra, L.? GVDB: 123–124 discuss the many difficulties in identifying this plant: 124
- liquorice (*madhuka*) see *yaṣṭīmadhuka*: 45, 65, 94–99, 101, 121, 134, 136, 167, 175
- liquorice (yaṣṭīmadhuka) Glycyrrhiza glabra, L. AVS: 3, 84, NK: 1, #1136, GVDB: 329 f.: 46
- 'little bamboo' (*veṇukā*) Bambusa bambos, Druce?. See NK: 1, #307:
- lodh tree (*lodhra*) Symplocos racemosa, Roxb. See GJM1: 597, ADPS: 279 f, NK: 1, #2420. T. B. Singh and Chunekar (GVDB: 351–352) notes that there are two varieties, S. racemosa, qualified as śāvara, and S. crataegoides

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Buch.-Ham. for paṭṭikā lodhra: 36,
                                                   anacarium, L. See NK: 1, #2269,
                                                   AVS: 5, 98: 92, 120, 291
   136, 175
lodh tree (rodhra) Symplocos racemosa,
                                               medhshingi (vijayā2) Dolichandrone
   Roxb. See ADPS: 279, NK: 1, #2420:
                                                   falcata (DC.) The Sauśrutanighantu
lodh tree (\dot{savara}) \rightarrow lodhra. Symplocos
                                                   gives a number of synonyms for vijayā
   racemosa, Roxb. See ADPS: 279, NK: 1,
                                                   (Suvedī and Tīvārī 2000: 5.77, 10.143).
   #2420:
                                                   But one of them, viṣāṇī (also
                                                   meṣaśṛṅgī), is sometimes equated with
long pepper (māgadha) Piper longum, L.
                                                   Dolichandrone falcata (DC.) Seemann
   See NK: 1, #1928; but cf. AVS: 3, 245:
                                                   (ADPS: 518; GVDB: 373 f, a plant used
                                                   as an abortifacient and fish poison
long pepper (pippalī) Piper longum, L. See
                                                   (NK: #862): 125
   ADPS: 374, NK: 1, #1928: 65, 92, 97, 98,
                                               Midday flower (bandhūka) Pentapetes
   101–103, 121, 136, 174, 232
lotus (nalina) \rightarrow sacred lotus (kamala)
                                                   phoenicea, L. See NK: 1, #1836,
                                                   GVDB: 268:
   GVDB: 218: 174, 175
lotus stalk (mṛṇāla) "Leaf stalk of sacred
                                               migraine tree (agnimantha) Premna
                                                   corymbosa, Rottl. See AVS 1927,
   lotus" GVDB: 318: 96
luffa (garāgarī) → gargaraka? Luffa
                                                   ADPS: 21, NK: 1, #2025, AVS: 4, 348;
                                                   GJM1: 523: = P. integrifolia/serratifolia,
   echinata, Roxb. See NK: 1, #1517:
                                                  L: 134, 287
luffa (kośātaka) = koṣītak\bar{\imath}, luffa:
                                               milk-white (kṣīraśuklā) An unidentified
luffa (koṣātakya) Luffa cylindrica, (L.) M. J.
   Roem. or L. acutangula, (L.) Roxb. See
                                                   plant. GVDB: 126: see purple roscoea
                                                   and giant potato: 45, 293
   ADPS: 252, NK: 1, #1514 etc:
                                               mongoose (nakula) nakula. Urva edwardsii
luffa (kos\bar{\imath}tak\bar{\imath}) = koś\bar{a}tak\bar{\imath}. Luffa cylindrica,
                                                   or the often sympatric U.
   (L.) M. J. Roem. or L. acutangula, (L.)
   Roxb. ADPS: 252-253, NK: 1, #1514 etc.
                                                   auropunctatus (small Indian
                                                   mongoose, usually an eater of smaller
   GVDB: 121: 116, 134, 291
                                                   creatures than snakes) (BIA: ch. 5), On
luffa gourd (kośavat\bar{\imath}) = kos\bar{\imath}tak\bar{\imath}, luffa: 134
                                                  mongooses and snakes, see BIA: 98-99;
mahua (madhūka) Madhuca longifolia,
                                                  IW: 112: 121
   (Koenig) Macbride. See AVS: 3, 362 f:
                                               monitor lizard (godhā) Varanus
                                                   bengalensis, Schneider. See
maidenhair fern (hamsāhvayā) Adiantum
                                                   Reptiles: 58: 45, 121
   lunaluatum Burm f. GVDB: 463: 232
                                               monkey jack (lakuca) Artocarpus lakoocha,
Malay beechwood (\acute{s}r\bar{\imath}parn\bar{\imath}) \rightarrow k\bar{a}\acute{s}mar\bar{\imath}.
                                                   Roxb. ex Buch.-Ham. See GJM1: 597,
   Gmelina arborea Linn., GVDB: 412,
                                                   IGP 99, IPM 3.2338f., pace AVS: 1, 215:
   96-97:65
                                               'muddy' (kardama) unknown. See ?:
mango (āmra) Mangifera indica Linn.
                                               mung beans (mudga) Phaseolus radiatus L.
   GVDB: 37: 117, 174
                                                   GVDB: 310-311: 95, 98, 180
mangosteen (amla) Garcinia pedunculata
                                               mung beans (māṣaka) Phaseolus mungo
   Roxb. ex Buch.-Ham. See GVDB: 20-21:
                                                   Linn. GVDB: 308: 118
marking-nut tree (aruskara) Semecarpus
                                               munj grass (nārācaka) Saccharum
   anacardium L. See bhallātaka
                                                   bengalense, Retz.?. See NK: 1, #2184:
   (marking-nut tree): 125
                                               myrobalan (abhayā) Terminalia chebula,
marking-nut tree (bhallātaka) Semecarpus
                                                   Retz. See ADPS: 172, NK: 1, #2451,
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myrobalans (pathyā) Terminalia chebula Retz. See NK: 1, #2451: 174 natron (suvarcikā) Sodium carbonate. NK: 2, #45. Dalhana identifies suvarcikā with svarjikṣāra 4.8.50 (Su 1938: 441): 102, 136 neem tree (*nimba*) Azadirachta indica A. Juss. GVDB: 226: 42, 232 nutgrass (kuruvinda) Unknown. Dalhana on 5.3.15 (Su 1938: 568) glossed the term as nutgrass, but noted other opinions that it was a whetstone or a very special metallic gem. T. B. Singh and Chunekar (GVDB: 108) added that it could be a variety of rice, sastika dhānya: 140 nutgrass (*mustaka*) Cyperus rotundus, L. See ADPS: 316, AVS: 2, 296, NK: 1, #782: nutgrass (*mustā*) Cyperus rotundus, L. See ADPS: 316, AVS: 2, 296, NK: 1, #782: 292 oleander spurge (*snuhī*) Euphorbia neriifolia, L., or E. antiquorum, L. See ADPS: 448, AVS: 2, 388, AVS: 3, 1, NK: 1, #988, IGP 457b: orchid tree (kovidāra) Bauhinia purpurea Linn. or B. variegata Linn. (probably the former), GVDB: 120, AVS: 1, 256–260: 162 orpiment (haritāla) Arsenii trisulphidum. See NK v. 2, p. 20 ff: panacea twiner (arkaparṇī) See arkapuṣpī, panacea twiner: panacea twiner $(arkapusp\bar{\imath}) \rightarrow arkaparn\bar{\imath}$, Tylophora indica (Burm. f.) Merr. GVDB: 23–24. Maybe identical to Indian ipecac, giant potato and similar sweet, milky plants. See GVDB: 24, 127, 238, 441, 443 for discussion. For discussion in the context of Holostemma creeper, see ADPS: 195

and AVS: 3, 171. The etymology of the

name suggests Helianthus annus Linn.,

Potter_{rev}: 214: 88, 134, 141

but this plant is native to the Americas: 135, 289, 292 parakeet (śuka) Psittacula krameri/eupatria/cyanocephala. See Woodcock 1980: 64: peacock (*mayūra*) Pavo cristatus. See Woodcock 1980: 39: peas (hareņu) hareņu = satīna. Pisum sativum, L. T. B. Singh and Chunekar (GVDB: 419–420, 467–468) notes that two plants are usually meant under this name, but there is no agreement on the identity of the second: 96, 135, 136, 141, 174 peepul tree (aśvattha) Ficus religiosa, L. See ADPS: 63: 143 'pendent' (lambā) unknown. GVDB: 348. Known only from Suśrutasaṃhitā 5.2.5. Identified by Monier-Williams et al. (MW: 897) on no sound basis as "a kind of bitter gourd or cucumber": periploca of the woods (*meṣaśṛṅga*) Gymnema sylvestre (Retz.) R. Br. See AVS: 3, 107, NK: 1, #1173: 120 phalsa (parūṣaka) Grewia asiatica Linn., GVDB: 238:66 pheasant peacock (jīvajīvaka) jīvajīvaka. ?. See?: plants like asthma plant and Gulf sandmat (*kṣīrinī*) various milky plants, perhaps including Euphorbia hirta Linn. (asthma plant) and E. microphylla Heyne (Gulf sandmat) (GVDB: 127): plumed cockscomb (*indīvara*) Uncertain; possibly Celosia argentea Linn. But see the useful discussion in GVDB: 44–45. Possibly another name for thorn apple (*karambha*), q.v.: 295 pointed gourd (paṭola) Trichosanthes dioica, Roxb. GVDB: 232-233: 96, 134 poison berry (bṛhatī) Solanum violaceum,

Ortega. See ADPS: 100, NK: 1, #2329,

AVS: 5, 151: 92, 97, 135, 136, 290

poison-altar (?) (viṣavedikā) Unknown.

Possibly, at a guess, viṣamuṣṭika procera Wall. in this context. But the (strychnine tree)? GVDB: 373 Or viṣā identification is uncertain. Possibly (Himalayan monkshood): 125 connected to milk-white or giant pomegranate (dādima) Punica granatum potato: 95, 289, 291 Linn. GVDB: 201–202: 65, 101, 102 racket-tailed drongo (bhrngarāja) Dicrurus pondweed (paripelavā) Normally a neuter paradiseus. See Woodcock 1980: 123: noun. T. B. Singh and Chunekar radish (mūlaka) Raphanus sativus, L. See (GVDB: 238, 264-265, 409) argued that NK: 1, #2098: 99, 100 plava and śaivāla are the same thing, and rajmahal hemp (morata) $\rightarrow m\bar{u}rv\bar{\iota}$, Marsdenia tenacissima (Roxb.) Wight may be either Zannichellia palustris, L., or Potamogeton pectinatus, L: 136 et Arn. Good discussion at pondweed (śevāla) Zannichellia palustris GVDB: 314-316, 324: 134 L. See horned pondweed: 27, 28 rajmahal hemp $(m\bar{u}rv\bar{\iota}) \rightarrow mora\underline{\iota}a$, Marsdenia tenacissima (Roxb.) Wight portia tree (pārīsa) Thespesia populnea et Arn. Good discussion at (L.) Sol. ex. Corr. See ADPS: 352: GVDB: 314–316, 324: prickly chaff-flower (apāmārga) rattan (vetra) Calamus rotang, L. See Achyranthes aspera, L. See GJM1: 524 f, AVS: 1, 39, ADPS: 44 f, AVS: 3, 2066 f, AVS: 1, 330, NK: 1, #413: Dymock: 3, 135: 41, 45, 95, 293 red chalk (*gairika*) gairika: 136 prickly chaff-flower (vasira) also vaśīra. red gourd (bimbī) Coccinia indica, W. & A. Perhaps Achyranthes aspera, L. See PVS 1994.4.715; NK: 1, #534: 116 GVDB: 362 describes several possible ribbed gourd (karkotaka) Luffa acutangula, identities, including *sūryāvarta*, prickly (L.) Roxb.? (Mormodica chaff-flower and *markatatrna*. See also cochinchinensis, Spreng.? Cf. Luffa vasukavasira (GVDB: 363): 65, 293 tuberosa). See AVS: 3, 347 (NK: 1, prickly chaff-flower (vaśira) See prickly #1640 1643; NK: 1, #1520): chaff-flower: rice grains (tandula) Oriza sativa, Linn. prickly-leaved elephant's foot $(gojihv\bar{a}) \rightarrow$ Same as unhusked rice (*śāli*) GVDB: 174; or just "grains": 29 gojī. Elephantopus scaber, L. See rice-grain chaff (śālitandulakāndana) See AVS: 2, 357: purging nut $(dravant\bar{\imath}) \rightarrow m\bar{u}$ șikaparnī. chaff: 28 Jatropha curcas, L. See AVS: 3, 261, rock salt (saindhava) See NK: 2, M#48, NK: 1, #1374: Watt_{Comm}: 963–971: 28, 65, 102 purging nut (*mūṣikā*) Jatropha curcas, L. rosha grass (dhyāmaka) Cymbopogon See AVS: 3, 261, NK: 1, #1374: 120 martinii (Roxb.) Wats. See AVS: 2, 285, NK: 1, #177:136 purple calotropis (arka) Calotropis gigantea, (L.) R. Br. See ADPS: 52, sacred lotus (kamala) Nelumbo nucifera AVS: 1, 341, NK: 1, #427, Potter_{rev}: 57, Gaertn., GVDB: 73-74: 291 Chopra IDG: 305–308: 36, 45, 92, 162 sacred lotus (padma) Nelumbo nucifera, purple calotropis (*khadyotaka*) \rightarrow arka? Gaertn. See NK: 1, #1698: 27, 96, 118 Calotropis gigantea, (L.) R. Br. See sacred lotus (prapundarīka) Nelumbo ADPS: 52, AVS: 1, 341, NK: 1, #427, nucifera, Gaertn. See Dutt 110, NK: 1, Potter_{rev}: 63: #1698: purple roscoea (ksīrakākolī) GVDB: 89 sage-leaved alangium (ankolla) Alangium notes that many physicians use Roscoea salvifolium (Linn. f.) Wang.

GVDB: 5-6: 117 sage-leaved alangium (ankota) Alangium salvifolium, (L. f.) Wang. See AVS: 1, 77; cf. NK: 1, #88: sal $(ś\bar{a}las\bar{a}ra) \rightarrow ?? (ś\bar{a}la)$: sal group of trees (śālasārādi) śālasārādi is a group (gaṇa) of twenty-three trees listed at 1.38.8–9 (Su 1938: 165), Mahākośa: 1,898:66 sal tree ($\delta \bar{a}l\bar{a}$) Shorea robusta, Gaertn.f. See AVS: 5, 124: 174 sandalwood (bhadraśriya) Santanlum album Linn. See white sandalwood (*bhadraśrī*): 96 sandalwood (candana) Santalum album, L. See ADPS: 111, NK: 1, #2217: 66, 96, 98, 136, 162, 296 sappan wood (patanga) Caesalpinia sappan, L. See AVS: 1, 323, AVS: 2, 847 f: sappanwood (pattānga) Also pattanga. Caesalpinia sappan, L. AVS: 1, 323, K&B: 2,847 f, GVDB: 234:46 scaly, red-streaked fish (cilicima) An unidentified fish that is absolutely not to be eaten with milk. Described in Bhela (1.12.7), Caraka (1.26.83) and Suśruta (1.20.8, 13). Circular, red streaks, round eyes and prominent scales, and "normally goes on land.": scarlet mallow (bandhujīva) Pentapetes phoenicea, L. NK: #1836, GVDB: 268: 119 scented pavonia (bālaka) Pavonia odorata, Willd. See ADPS: 498, NK: 1, #1822: scented pavonia (toya) → bālaka? Pavonia odorata, Willd. ADPS: 498, NK: 1, #1822: scramberry (tālīśa) T. B. Singh and Chunekar (GVDB: 179, 458–459) discusses the several identifications and regional differences in identifying this plant. Taxus baccata Linn. is a common

candidate, as is Flacourtia jangomas

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(Lour.) Raeusch. (scramberry): 96, 175
scutch grass (dūrvā) Cynodon dactylon
   (Linn.) Pers. (GVDB: 205): 288
selu plum (śelu) Cordia myxa, L. non
   Forssk. See GJM1: 529 (2), IGP: 291b, cf.
   AVS: 3, 1677 f; cf. AVS: 2, 180 (C.
   dichotoma, Forst.f.), NK: 1, #672 (C.
   latifolia, Roxb.): 97, 134
sesame (tila) Sesamum indicum L.
   GVDB: 183:
sesame oil (taila) Sesamum indicum L.
   GVDB: 183: 45, 162
sheep (urabhra) Ovis orientalis, Gmelin?.
   See BIA 249:
silk-cotton tree (śālmalī) Bombax
   malabarica. See Issar: 152:
siris (śirīsa) Albizia lebbeck, Benth. See
   AVS: 1, 81, NK: 1, #91, GVDB: 399-400.
   Cf. white siris: 134, 162, 174, 296
siris seeds (śirīṣamāṣaka) Albizia lebbeck,
   Benth. See AVS: 1, 81, NK: 1, #91: 117
small-flowered crape myrtle (sidhraka)
   Lagerstroemia parviflora Roxb. See
   GVDB: 432: 140
'snake mallow' (mah\bar{a}bal\bar{a}) \rightarrow sahadevā.
   Sida spinosa, L. See NK: 1, #2301,
   ADPS: 74, Index Kewensis:
'snake-killer' (sarpaghāti) unknown. See ?:
snakeroot (sugandh\bar{a}) \rightarrow sarpagandh\bar{a}
   Rauvolfia serpentina Benth. ex. Kurz.
   See sarpagandhā. But may be
   Aristolochia indica Linn. Has been
   identified with nākulī, or gandhanākulī.
   See (GVDB: 219, 436): 124
snowball plant (ajaśrngī) T. B. Singh and
   Chunekar (GVDB: 8) says that this is a
   common climber of Suśruta's
   vallīpañcamūla group (1.38.72
   (Su 1938: 169)) and suggests that it may
   be Saussurea gossypiphora. If it is a
   synonym of uttamāranī it may be
   Pergularia daemia (Forssk.) Chiov.
   (trellis vine) (GVDB: 49):
soda crystals (suvarjikā) Sodium
   carbonate. See NK: 2, #45:
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spiked ginger lily (śatī) Hedychium
                                                 pubescens Wall. ex G.Don, with
   spicatum Sm. in A. Rees,
                                                 Wrightia tinctoria and W. arborea
   GVDB: 386–387. Also sometimes śaṭhī:
                                                considered GVDB: 101-102,
                                                 ADPS: 267-270: 92, 287
spikenard (jatāmāmsī) Nardostachys
   jatamansi DC GVDB: 163, etc:
                                             ten roots (daśamūla) Described at
spikenard (māmsī) Nardostachys
                                                 Suśrutasaṃhitā 1.38.70–71 (Su 1938: 169)
   grandiflora, DC. See NK: 1, #1691: 136
                                                 as a combination of the lesser five roots
spikenard (nalada) \rightarrow māmsī.
                                                 and the greater five roots: 286
   Nardostachys grandiflora, DC. See
                                             thorn apple (karambha) Datura metel, L.
   NK: 1, #1691: 115
                                                See GVDB: 76 for useful discussion.
spiny bitter cucumber (karkāruka)
                                                 Also, AVS: 2, 305 (cf.
   Momordica cochinchinensis (Lour.)
                                                 Abhidhānamañjarī), NK: 1, #796 ff.
                                                 Potter<sub>rev</sub>: 292 f, ADPS: 132. Possibly the
   Spreng., (Thunb.) Cogn.
   SeeAVS: 2, 1135, IGP 754 (or Beninkasa
                                                 same plant as plumed cockscomb
   hispida?AVS: 2, 1127; cf. AVS: 1, 261):
                                                 (indīvara) (GVDB: 76, 44–45): 125,
                                                 284, 292
strychnine tree (visamustika) Strychnos
   nux vomica Linn. GVDB: 373: 292
                                             three heating spices (tryūṣaṇa) śuṇṭhī
sugar (sitā) Dalhaṇa makes this equation
                                                 (Dried ginger) Zingiber officinale,
                                                 Roscoe. ADPS: 50, NK: 1, #2658,
   at 1.37.25 (Su 1938: 162): 136
                                                 AVS: 5, 435, IGP 1232, pippalī (long
sugar (śarkara) Saccharum officinarum,
                                                 pepper) Piper longum, L.ADPS: 374,
   Linn. NK: #2182: 121
                                                 NK: 1, #1928, and marica (black
sugar cane (iksu) Saccharum officinarum,
   Linn. NK: #2182: 121
                                                 pepper) Piper nigrum, L.ADPS: 294,
                                                 NK: 1, #1929: 67, 135
sunflower (s\bar{u}ryavall\bar{\iota}) \rightarrow \bar{a}dityavall\bar{\iota},
                                             three-leaf soapberry (aristaka) Sapindus
   sūryamukhī, Helianthus annūs Linn.
                                                 trifoliatus L. (GVDB: 22):
   GVDB: 35, 443: 134
                                             three-leaved caper (varuna) Crataeva
swan (hamsa) hamsa. ?. See ?:
                                                 magna (Lour.) DC. See AVS: 2, 202; cf.
sweet flag (vacā) Acorus calamus Linn. See
                                                NK: 1, #696: 120
   GVDB: 352-355: 95, 102
                                             top layer of fermented liquor (surāmanda)
sweet melon (ervāruka) Cucumis melo, L.
                                                 K&B: 2, 502, NK: 2, appendix VI, #49,
   See AVS: 2, 227;AVS: 2, 1140-3, IGP
                                                 McHugh 2021: 39: 43, 44
   325-6, NK: 1, #729 (C. momordica):
                                             tree cotton (kārpāsa) G. arboreum L.
sweet plants (madhuravarga) The sweet
                                                 ADPS: 231. Pace the identifications of
   plants are enumerated at
                                                 T. B. Singh and Chunekar (GVDB: 92,
   Suśrutasaṃhitā 1.42.11. See also
                                                 247), since G. barbadense L. is native to
   GVDB: 127: 45
                                                South America and G. herbaceum L.
sweet-scented oleander (aśvamāra) Nerium
                                                 which is native to Africa: 42, 295
   oleander, L. See ADPS: 223, NK: 1,
                                             tree cotton (picu) See tree cotton (kārpāsa):
   #1709:
sweet-scented oleander (aśvamāraka)
                                                 44, 46
   Nerium oleander, L. See ADPS: 223,
                                             turmeric (gaurī) Curcuma longa, L. See
                                                 ADPS: 169, AVS: 2, 259, NK: 1, #750: 96
   NK: 1, #1709: 124
teak (śāka) Tectona grandis, L.f. See
                                             turmeric (haridrā) Curcuma longa Linn.
   AVS: 5, 245, (MW: 1061):
                                                 GVDB: 465: 97, 135, 141, 167
                                             turmeric (rajanī) Curcuma longa, L.
Tellicherry bark (kuṭaja) Holarrhena
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ADPS: 169, AVS: 2, 259, NK: 1, #750:
   28, 136
turpeth (trivrt) \rightarrow trvrt\bar{a}. Operculina
   turpethum (Linn.) Silva Manso =
   Ipmoea turpethum R. Br. GVDB: 197.:
   90, 121, 167, 234, 284
two kinds of salt (vasukavasira) See the
   discussion by T. B. Singh and Chunekar
   (GVDB: 362–363), who note that when
   vasuka is mentioned together with
   vasira, two varieties of salt are often
   meant (see vasukavasirā): 65
unhusked rice (śāli) Oriza sativa, Linn.
   GVDB: 395-396: 29, 293
various kinds of honey (madhuvarga)
   Suśrutasamhitā's eight categories of
   honey. See Suśrutasaṃhitā 1.45.132 and
   Dutt: 278-279:
velvet bean (svayamguptā) Mucuna
   pruriens DC., GVDB: 461:
velvet-leaf (pāthā) Cissampelos pariera, L.
   See ADPS: 366, NK: 1, #592, GJM1: 573,
   AVS: 1, 95; cf. AVS: 2, 277: 36, 67, 88,
   102, 134, 167
velvet-mite (indragopa) Kerria lacca
   (Kerr.). Lienhard 1978: 116
verbena (bh\bar{a}r\dot{n}g\bar{\imath}) \rightarrow pha\tilde{n}j\bar{\imath}.
   Clerodendrum serratum, L. See
   AVS: 2, 121, ADPS: 87:
verbena (phañjī) Clerodendrum serratum,
   L. See AVS: 2, 121, ADPS: 87: 119
'Virāṭa's plant' (vairātaka) unknown. See ?:
watered buttermilk (udaśvit) MW: 183: 116
watermelon (kālindaka) Citrullus lanatus
   (Thumnb.) Matsum & Nak. See IGP
   257, NK: 1, #596, AVS: 2, 1149:
weaver's beam tree (muskaka) Schrebera
   swietenioides, Roxb. See AVS: 5, 88,
   Lord, NK: 1, #2246: 92, 140
weaver's beam tree (viśalyā) Schrebera
   swieteniodes Roxb. \leftarrow kuber\bar{a}k\bar{s}\bar{\iota}.
   T. B. Singh and Chunekar (GVDB: 371)
   notes that this name is a synonym for
   many other plants, including lāṅgālī,
   indravāruņi, gudūcī etc. Dalhaņa
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identified it with pātalā, kāsthapātalā,
   and agniśikhā tree, all of which may be
    called śvetamokṣaka or kuberākṣī: 167
'web-milk' (jālaksīri) unknown. See ?:
wheat (godhūma) Triticum vulgare, L. See
    HK: 744:
white babool (arimeda) Acacia
   leucophloea, (Roxb.) Willd. See
    AVS: 1, 23: 36
white calotropis (alarka) Calotropis
    procera, (Ait.) R. Br. See NK: 1, #428,
    Chopra: 46b, Chopra IDG: 305–308: 45
white clitoria (Xsit\bar{a}) Possibly \rightarrow white
    clitoria? Clitoria ternatea, L. See
    AVS: 2, 129, NK: 1, #621:
white clitoria (giry\bar{a}hv\bar{a}) \rightarrow \acute{s}vet\bar{a}. Clitoria
    ternatea, L. See AVS: 2, 129, NK: 1,
    #621:
white clitoria (\acute{s}vet\bar{a}) \rightarrow giry\bar{a}hv\bar{a}. Clitoria
    ternatea, L. See AVS: 2, 129, NK: 1,
    #621:118,296
white cutch tree (somavalka) Acacia
    polyacantha, Willd. See AVS: 1, 30, IGP
   7, GJM1: 602, AVS: 2, 935; pace NK: 1,
    #1038: 119, 140
white dammer tree (sarja) Vateria indica,
    L. See NK: 1, #2571, AVS: 5, 349 f,
    AVS: 1, 292 f, Chopra: 253a: 36, 65
white sandalwood (bhadraśrī) Santanlum
   album Linn. see sandalwood (candana)
    GVDB: 152, 282 and Carakasamhitā
   ci.4.102 (Ca 1941: 434) where it is
    contrasted with lohitacandana: 66, 294
white siris (katabhī) Albizia procera
    (Roxb.) Benth. or A. lebbeck (Linn.)
    Benth. GVDB: 63-64, AVS: 1, 81-84. Cf.
    Cf. siris: 162, 294
white siris (kinihī) Albizia procera, (Roxb.)
    Benth. See GVDB 98, NK: 1, #93: 135
white teak (k\bar{a}r\acute{s}mar\bar{\iota}) \rightarrow k\bar{a}\acute{s}mar\bar{\iota}: 175
white teak (k\bar{a}\acute{s}mary\bar{a}) \rightarrow k\bar{a}\acute{s}mar\bar{\imath}: 65
white teak (k\bar{a}\pm mar\bar{\imath}) \rightarrow k\bar{a}\pm mar\bar{\imath}, k\bar{a}\pm mar\bar{\imath},
   madhuparnī. Gmelina arborea, Roxb.
   See GJM1: 543, Trees: 51, ADPS: 240: 96,
   98, 287
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white teak (madhuparnī) \rightarrow k\bar{a} \pm mar\bar{i} : 65
                                                 NK: 1, #615:
white water-lily (kumuda) Nymphaea alba,
                                              wild sugar cane (kāndekṣu) Saccharum
   Linn. GVDB: 105: 27
                                                 spontaneum L., GVDB: 90:65
wild asparagus (bahuputr\bar{a}) \rightarrow nandana?
                                              Withania (aśvagandhā) Withania somnifera
   Asparagus racemosus, Willd. See
                                                  (L.) Dunal. See AVS: 5, 409 f,
   further wild asparagus (śatāvarī): 119
                                                  Dymock: 2, 566 f., Chevallier 150: 45,
wild asparagus (śatāvarī) Asparagus
                                                  91, 97
   racemosus, Willd. See ADPS: 441,
                                              wolfsbane (vatsanābha) Aconitum
   AVS: 1, 218, NK: 1, #264, IGP: 103,
                                                 napellus, L. See AVS: 1, 47, NK: 1, #42,
   AVS: 4, 249 ff, Dymock: 3, 482 ff:
                                                 Potter<sub>rev</sub>: 4 f. Or Aconitum
   94-96, 98, 180, 297
                                                 chasmanthum Stapf ex Holmes,
wild celery (agnika) \rightarrow may be bhall\bar{a}taka,
                                                 GVDB: 357: 283
   lāṅgalī, ajamodā, moraṭa, or agnimantha,
                                              wood apple (kapittha) Limonia acidissima,
   GVDB: 4. Uncertain A plant often cited
                                                 L. See AVS: 3, 327, NK: 1, #1021: 97,
   in Suśrutasaṃhitā, but rarely in
                                                 118, 120, 174
   Carakasamhitā (GVDB: 4). Dalhana
                                              woodrose (mūsikakarnī) Jatopha curcas, L.
   glossed it at 5.2.45 (Su 1938: 566) as
                                                 AVS: 3, 261, NK: 1, #1374. GVDB: 317;
   ajamodā but noted that others consider
                                                 ADPS: 23-25 discuss this issue well: 118
   it to be morața. There is considerable
                                              woodworm (ghuna) See note to
   complexity surrounding the
                                                  Atharvaveda 4.16:
   identification of morața/mūrvā itself and
                                              yellow-berried nightshade (kṣudrā)
   related synonyms (GVDB: 314-316):
                                                 Solanum virginianum, L. See
   134, 297
                                                 ADPS: 100, NK: 1, #2329, AVS: 5, 164:
wild celery (ajamodā) Apium graveolens,
                                                 135, 136
   L. Sometimes identified with agnika
                                              yellow-fruit nightshade (kaṇṭakārī)
   (wild celery), q.v.: 134, 167
wild chinchona (kādamba) Anthocephalus
                                                 Solanum virginianum L. (also called
   cadamba, Mig. See NK: 1, #204:
                                                 Solanthum xanthocarpum, Schrad. &
wild mustard (saurīyaka) Cleome viscosa,
                                                 Wendl.) GVDB: 68-69. A component of
   L.? (cf. Rā.4.144). See AVS: 2, 116,
                                                 lesser five roots: 290
```

298 Glossary

Glossary 299

Glossary

$\sqrt{p\bar{\iota}d}$ - pain: 158	adhyāya - sections: 18
√rakṣ - protect: 67	afflicted - upasṛṣṭa: 64
\sqrt{sodh} - purge: 163	affliction - upasarga: 120
$\sqrt{u}h$ - propelled: 158	afterbirth - aparā: 105
yoga - cohesion: 231	agada - antidote: 133, 162f - antitoxic: 162
'angry beetles' - toṭaka: 138	āgantu - external factors: 17
'bellied' - kukṣita: 139	aggregation - samuccaya: 231, 236
'cook-fish' - pākamatsya: 138	agnika - the flame: 153
'darts' - śārikā: 139	agnikarma - cauterization: 88
'earth scorpions' <i>- viśvambhara</i> : 139	agra - supernatant layer: 179
'flat insects' - picciṭā: 138	agramukta - free from the point: 182
'lids' - śārava: 139	āhāra - diet: 15
'liquors' - medaka: 139	āhārya - take away: 42
'orange-dwellers' - kaṣāyavāsika: 138	ahipatāka - thei snake flag: 153
'pepper snakes' - sarṣapaka: 138	ahorātra - day and night: 16
'poisonous snakes' - pracalāka: 138	aids - aṅga: 177
'pot insects' - kauṇḍinya: 138	air - samīraṇa: 158
'speckle-heads' - citraśīrṣa: 139	<i>ajagara</i> - constrictor: 156 - the goat
'wing-scorpions' - patravṛścika: 139	swallower: 153
'wood-enemies' - dārukāri: 139	<i>ajākṣīrārdita -</i> stirred with goat's milk:
-1. 1	184
abdomen - pakvāśa: 88	<i>ajeya</i> - invincible: 121 - "invincible": 136
abdominal lump - gulma: 192	akhiladehavyāptirūpam - takes the form of
abhayā - chebulic myrobalan: 176	pervading the whole body: 131
abhramukta - free from clouds: 182	akriya - inactive: 60
abhyaṅga - massage oil: 114, 120 - oil	ākṣepa - contractions: 57
massage: 118 - oil rub: 88, 227	ākṣepaka - convulsion: 58 - convulsions:
abhyañjana - oil rubs: 167	57
abīja - seedless: 64	alagardā - sting-gush: 25
ācamana - lavages: 66	alagarda - the hungry sting: 152
ācāra - regimen: 15	ālepa - liniment: 174
ācārika - medical advice: 44	<i>ālepana</i> - liniments: 25, 120 - ointments:
accents - svara: 162	88
accumulation - samudāya: 41 - sañcaya: 16	alleviated - <i>yāpya</i> : 176
Aconite - hālāhala: 130	alleviation - <i>pratīkāra</i> : 16
ādarśamaṇḍala - the mirror ring: 152	along these lines - evam: 17
adhikarana - topic: 231f	āmāśaya - stomach: 132f
adhimantha - irritation: 184	
adhiṣṭhāna - base, foundation: 137	amṛta - immortal: 121
- carriers: 137 - located: 15	anāgatāpekṣaṇa - future reference: 231,
ādhmāna - distension: 129 - tympanites:	235
60	ānāha - constipation: 129, 132, 136
ādhmāta - swollen: 155 adhodrstitva - downward vision: 184	aṇḍaja - born from eggs: 16
uunoursiilou - aownwara vision: 184	unutiti - With testicles: 193

anekānta - variable statement: 231	arśas - prolapses: 192
- variable statement: 234	ārtava - menstrual blood: 192 - seasonal
aṅga - aids: 177 - parts: 17	blood: 64
angamarda - bruising of the limbs: 132	arthāpatti - Implication: 234
anger - krodha: 15	arthāpatti - implication: 231
aṅgulirāji - the finger stripe: 153	<i>aruci</i> - disinterest in food: 165
animals - paśu: 16	asādhya - incurable: 64, 173 - untreatable:
añjana - application of collyrium: 174,	181
179 - collyrium: 163f, 167, 173–176,	āsaṅgima - fastening: 42
178ff, 185 - eye make-up: 114, 119	āśoka - grief: 15
- eye ointment: 120 - eye salve: 134	āśrayin - substrate: 15
- stibnite: 179	aśrupāta - weeping tears: 67
annamada - intoxication from food: 132	āsthāpana - tisane: 65
antarāyāma - emprosthotonos: 58	asthi - bones: 17
antidote - agada: 133, 162f	aṣṭhīlā - pebble: 116
antitoxic - agada: 162	asūyā - jealousy: 15
antra - entrails: 176 - gut: 133	atibalā - strong mallow: 177
ants - pipīlika: 16	atideśa - prediction: 231, 234
anubandha - indicatory sounds: 229	atikrāntāpekṣaṇa - past reference: 231, 235
anulepana - massage ointment: 114, 118	ātmaka - nature: 14
- ointment: 118	āṭopa - flatulence: 117
	atyānandā - extremely excited: 193
anumata - consent: 231, 235 anuvāsana - oily enema: 65	avadāraṇa - fissuring: 120
	avalekhana - combs: 114
apadeśa - statement of reason: 231, 233 apakṣāghāta - paralysis: 58	avapīḍa - sternutatory: 164
	āvarta - spiral: 181
apāṅga - outer corner of the eye: 181	avaśardhita - fart: 138
aparā - afterbirth: 105	axelwood - dhava: 185
apatānaka - spasmodic contraction: 57	ayana - half-year: 16
āpatantraka - spasmodic contradiction:	āyatta - depends on: 15
58	āyur - life: 24 - life, longevity: 11
apavarga - exception: 231, 234	āyurveda - the science of life: 12
apertures of the head - kha: 119	•
aphorism - sūtra: 232	babhru - the brown: 153
application of collyrium - añjana: 174,	babhrūkuṭīmukha - the brown hut mouth:
179	152
apuspa - the grass flower: 152	baddham - bound, connected: 46
araga timira - non-bloodshot blindness:	<i>balā -</i> country mallow: 177
181	bala - strength: 15
ardhakapāṭasandhika - half door-hinge: 42	bali - morsel: 114 - sacrificial offerings:
ardita - spasm of the jaw-bones: 59	161
arid-land animals - jāṅgala: 179	bandage - ariṣṭā: 160f, 165f - bandha: 160
ariṣṭā - bandage: 160f, 165f	bandha - bandage: 160
ariṣṭa - omens: 49	base, foundation - adhiṣṭhāna: 137
arṇavamala - cuttle fish: 176	<i>bāṣpa</i> - vapour: 115f, 119
arocaka - loss of appetite: 132	basti - instillation: 65

be exhausted - sāda: 133	born in in a caul - jarāyuja: 16
bearers - voḍhāra: 114	born of sweat - svedaja: 16
beauty berry - priyangu: 179	bound, connected - baddham: 46
bellyache - jaṭhara: 136	box myrtle - kaṭphala: 176
bent brow and eye - vakrabhrūnetra: 183	brahma - holiness: 161
benumbed - jāḍya: 157	brahmacāriṇī - chaste woman: 67
beryl - vaidūrya: 185	brahmarși - holy sages: 161
bhadradāru - deodar: 185	bristles - śūka: 138
bhakṣya - masticable: 236	bṛṇṇhaṇa - nourishment: 15
bhanga - leaves: 182	bruising of the limbs - angamarda: 132
bhavet - it may be: 181	bubbling - budbuda: 184
bhāvita - cooked: 179 - infused: 175	budbuda - bubbling: 184
bheṣaja - treatment: 193	bulbs - kanda: 16
bhojya - edible: 236	bull (vṛṣabha): 115
bhramaraka (drongo): 115	burning sensation in feet - pādadāha: 60
bhṛṅgarāja (racket-tailed drongo): 115	,
bīja - semen: 192	cakradhārā - rim of a wheel: 43
bile - pitta: 177	cakraka - the ringed: 153
bile-fever - pittajvara: 166	cala - liquid: 182
bilious / choleric - pittalā: 193	can be mitigated - yāpya: 181
bindurāji - the drop stripe: 153	caraṇī - caraṇī: 193
black drongo (dhūmyāṭa): 115	caraṇī - caraṇī: 193
black drongo (unumyuļu). 115 black - kṛṣṇā: 25	cardamom - elā: 176
black part - kṛṣṇa: 181	carman - pelt: 16
black soot - maṣī: 174	carmānta - leather: 160
	carnivore - kravyabhuj: 178
blanket sweating - prastara: 88	carriers - adhiṣṭhāna: 137
blindness - timira: 181	cassia cinnamon - patra: 184
blink of the eye - nimeṣa: 16	castor oil - pañcāṅgulataila: 177
blockage of the vision (<i>dṛṣṭyavarodha</i>):	cāsyāt (from his mouth): 116
156	cataract - liṅganāśa: 181
blood - rakta: 64 - rudhira: 16 - śonita: 63f	caturvarga - fourfold grouping: 17
-śonita: 177 -śonita: 64	catuștaya - four factors: 17
blood-bile - raktapitta: 173	caused by wind - pavanodbhava: 177
blood-bile - śonita-pitta, rakta-pitta: 177	causes - hetu: 193
blood-letting - sirāvedha: 174	causing a fall - sraṃsanī: 193
bloodshot blindness - rāgin timira: 178	causing the destruction of actions such
- rāgiņi timire: 181	as moving - gamanādikriyāvināśakarī:
blue dot cataract - mlāyin: 180	183
blue vitriol - <i>tuttha</i> : 179	caustic - <i>kṣāra</i> : 65, 67
bodily constiuents - dhātu: 131	cauterization - agnikarma: 88
bodily tissues - dhātu: 157	chaste woman - brahmacāriṇī: 67
body language - ingita: 114	chebulic myrobalan - <i>abhayā</i> : 176
body tissue - dhātu: 133	chedya - excision: 17
bones - asthi: 17	cheek-ear - gaṇḍakarṇa: 42
born from eggs - aṇḍaja: 16	chest - hṛd: 133

chidra - opening: 181	cooked barley - yavaudana: 181
child bearing - kaumārabhṛtya: 188	cooked - bhāvita: 179 - siddham: 224
child-murderess - putraghnī: 193	copper - tāmra: 183
chinna - segmented: 25	coral - vidruma: 185
chital deer (<i>pṛṣata</i>): 115	coṣa - driness: 184
choler - pitta: 193	cottony jujube - kākolī: 185
chyle - rasa: 31	counteraction - pratisedha: 173
chyle - rasa: 132	country mallow - balā: 177
cihna - signs: 193	cow snout - gonasa: 154
circuit of the pupil - dṛṣṭimaṇḍala: 182	cow's flesh - gomāṃsa: 174
citraka - the mark: 153	cow's urine - gomūtra: 176
citraśīrṣa - 'speckle-heads': 139	cow-dung - gośakṛt: 175
citron - mātuluṅga: 184	cow-praising - govandanā: 25
clean - pra√ sādh: 120	crabs - ucciținga: 139
cloth - plota: 160	creeper-ear - vallīkarṇa: 42
clumps - granthi: 63, 67	creepy-crawlies - sarīsṛpa: 13, 16
clusters - samplava: 16	crow's foot - kākapada: 134
cock - tāmracūḍa: 178	crow's lip - kākauṣṭha: 42
cohesion - yoga: 232	cuñcumālaka - little ring of spots: 150
cohesion - yoga: 231	curable - sādhya: 64, 173
collection - varga: 17	curds - dadhi: 117, 121
collyrium - <i>añjana</i> : 163f, 167, 173–176,	cure - siddhi: 134
178ff, 185	cured - sādhya: 136
combined - upahita: 177	cuscus grass - uśīra: 179
combs - avalekhana: 114	cutting with a blade - śastrakṣata: 174
comfort - sukha : 17	cuttle fish - arṇavamala: 176
compendium of diseases - rogasamgraha:	cuttlefish bone - phena: 185
190	-samudraphena: 176
complexion - varṇa: 15, 49	
compounds - yoga: 174	dadhi - curds: 117, 121
compressed - saṃkṣipta: 42	dadhimukha - the curd mouth: 152
compressed - saṃkṣipta: 43	dāha - overheating: 173
compulsion - niyoga: 231, 235	dainya - misery: 15
conch - salilotthita: 180	dais - pīṭha: 42
cone snails - śambūka: 138	daivakṛte - naturally-occurring: 181
congested humours - sannipāta: 17	dantamāṃsa (gum): 117
consent - anumata: 231, 235	dantaveṣṭa (tooth socket): 117
constipation - ānāha: 129, 132, 136	<i>darbhapuṣpa</i> - the grass flower: 153
constitution - prakṛti: 165	darita - torn: 149f
constrictor - ajagara: 156	dark colour - dhyāma: 130
contamination dropsy - duṣyodara: 132	dart-mouth - śańkumukhī : 26
contractions - ākṣepa: 57	dārukāri - 'wood-enemies': 139
contraposition - <i>viparyaya</i> : 231, 234	datta (given): 115
convulsion - ākṣepaka: 58	day and night - ahorātra: 16
convulsions - ākṣepaka: 57	deadly substance - kālakalpa: 158

decoction - kaṣāya: 65 - kvātha: 66, 134	doṣapariplava - unsteadiness of the
- niḥkvātha: 67	humours: 183
decoctions - kaṣāya: 114, 182	double - yamalā: 117
decomposition - kuṇapa: 63f	doubt - saṃśaya: 231, 235
deducible - ūhya: 231, 236	downward vision - adhodṛṣṭitva: 184
deer - eṇa: 178	drākṣā - grapes: 184
defects - doṣa: 192	dravāñjana - liquid collyrium: 178f
deity - devatā: 161	dravya - liquid: 167 - substance: 49
delirium - moha: 128	dried flesh - vallūraka: 42
demons - graha: 188	dried ginger - nāgara: 175
demons - graha: 188	driness - coṣa: 184
deodar - bhadradāru: 185	drinkable - peya: 236
depends on -āyatta: 15	drongo (bhramaraka): 115
depression - viṣāda: 15	<i>dṛṣṭi</i> - pupil: 173, 182f
description - nirdeśa: 231, 233	dṛṣṭimaṇḍala - circuit of the pupil: 182
desert date - ingudī: 179	dṛṣtivibhrama - faulty vision: 120
desire - icchā: 15	dṛṣṭyavarodha (blockage of the vision):
determination - nirṇaya: 231	156
devadinna - the gift of god: 152	dry rub - utsādana: 118
devatā - deity: 161	dry rubs - utsādana: 114
dhātrī - emblic: 176	dry - <i>rūkṣa</i> : 131
dhātu - bodily constiuents: 131 - bodily	duct - <i>sirā</i> : 162
tissues: 157 - body tissue: 133	ducts - sirā: 17, 88 - srotas: 155
- element: 124, 127, 129	duḥkha - suffering: 15
dhava - axelwood: 185	dumb - mūka: 60
dhūma - inhaled smoke: 114	dung beetles - varcaḥkīṭa: 138
dhūmadarśin - seeing smoke: 173	dūrvā - panic grass: 184
dhūmyāṭa (black drongo): 115	dūṣī-viṣa - slow-acting poison: 133
dhyāma - dark colour: 130 - grimy: 114	dūṣīviṣa - slow poisoning: 163
diet - āhāra: 15	- slow-acting poison: 136
digdha - poisoned: 166	dūṣīviṣāri - enemy of slow-acting poison:
dilator - pravardhanaka: 41	136 - slow-acting poison antidote:
dīpyaka - the stimulator: 153	117
discharge - praseka: 130 - srāva: 118, 120	duṣyodara - contamination dropsy: 132
disease - vyadhi: 17	dveṣa - hatred: 15
diseases - roga: 192	dvyāhika - the two-day: 153
disinterest in food - aruci: 165	dvyangulirāji - the two finger stripe: 153
disjunction - viśleṣa: 132	dwindling away - kṣaya: 132
disorders of the female reproductive	0 , . 3 3
system - yonivyāpat: 192	ear-ache - karṇaśūla: 60
distension - ādhmāna: 129	earth - pāṃśu: 160
door-hinge - kapāṭasandhika: 42	earth products - pārthiva: 16
doṣa - defects: 192 - humour: 131, 181,	earthen products - pārthiva: 17
232 - humours: 16 - humours: 192	edible - bhojya: 236
- pathology: 64	ekāṅgaroga - monoplegia: 58
Patrio1051. 04	cimily intoriopiesia. 30

ekānta - invariable statement: 234	eye salve - añjana: 134
- invariable statement: 231	eyewash - tarpaṇa: 120, 174, 178f
elā - cardamom: 176	
element - <i>dhātu</i> : 124, 127, 129	fainting - mūrcchā: 166
elephant/snake - nāga: 139	fart - avaśardhita: 138
elixir salve - <i>rasāñjana</i> : 175, 178, 180	fastening - āsaṅgima: 42
elixir-salve - rasāñjana: 175	fat - vasā: 178
elixir-salve - śīta: 175	faulty medical treatment - mithyopacāra
ellipis - vākyaśeṣa: 231	192
ellipsis - vākyaśeṣa: 234	faulty vision - dṛṣtivibhrama: 120
embelia - vidanga: 179	feeling of heat all over - paridāha: 157
emblic - dhātrī: 176	female reproductive organ - yoni: 192f
emprosthotonos - antarāyāma: 58	female reproductive system - yoni: 192
eṇa - deer: 178	field-specific term - svasamjñā: 235
enclosed roasting - puṭākhya: 178	field-specific term - svasamjñā: 231
- puṭapāka: 179	filaments - kiñjalka: 175
ends - vaktra: 183	first point of view - pūrvapakṣa: 234
enemy of slow-acting poison - dūṣīviṣāri:	fissuring - avadāraņa: 120
136	flame of the forest - palāśa: 179
energy - ojas: 49	flatulence - āṭopa: 117
eṇīpada - the deer foot: 153	flavour - rasa: 232
entrails - antra: 176	flavours - rasa: 15, 49
envy - <i>īrṣyā</i> : 15	flesh - māṃsa: 17
errhine - nasya: 177	flooded - pariplutā: 193
errhines - nasya: 120	flowering trees - vṛkṣa: 15
essence - sāra: 16	flowers - puṣpa: 16
evam - along these lines: 17	follicles - kha: 118
exception - apavarga: 231, 234	formulation - yoga: 87
excision - chedya: 17	fortnight - pakṣa: 16
expansive - vikāsin: 131	foul-smelling pus - pūtipūya: 64
expert - vicakṣaṇa: 68	four factors - catuștaya: 17
explication - vyākhyāna: 231, 235	fourfold grouping - caturvarga: 17
expressed juice - svarasa: 174	free from clouds - abhramukta: 182
extensive meaning of the collection of	free from the point - agramukta: 182
statements (vāksamūhārthavistāra):	frogs - maṇḍūka: 16
154	from his mouth (<i>cāsyāt</i>): 116
external factors - āgantu: 17	fruit trees - vanaspati: 15
extract - niryāsa: 120	fruits - phala: 16
extract of rohu carp - rauhita: 175	future reference - anāgatāpekṣaṇa: 231,
extracted juice - surasa: 67	235
extracted juice - svarasa: 119	
extracts - rasa: 179	gadgad - stammers: 60
extremely excited - atyānandā: 193	gāḍha - pinched: 44
eye make-up - añjana: 114, 119	gairika - ochre: 174f
eye ointment - añjana: 120	gairikah - red chalk: 184

gamanādikriyāvināśakarī - causing the	gum (dantamāṃsa): 117
destruction of actions such as	guṇa - qualities: 131
moving: 183	gut - antra: 133
gandakarna - cheek-ear: 42	
garlands - <i>sraj</i> : 114	haemorrhaging - śonitāgamana: 155
gauze - plota: 44	hālāhala - Aconite: 130
gavedhuka - the gavedhuka: 152	half door-hinge - ardhakapāṭasandhika: 42
geckos - gṛhagoḍikā: 138	half-year - ayana: 16
general rule - paribhāṣā: 179	hare foot uraria - <i>pṛthakparṇī</i> : 184
gently - mṛdu: 184	hareņu - hareņu: 176
ghee - sarpis: 121 - sarpis: 174	hareṇu - hareṇu: 175f
girisarpa - the mountain snake: 152	hareņu - hareņu: 175
given (datta): 115	hari - sun: 182
giving of fumes (paridhūpāyana): 155	<i>haridrā -</i> turmeric: 179
giving off fumes (paridhūpana): 155	harṣa - horripilation: 132
glassy opacity - kāca: 179	- overexcitement: 15
godhā - monitor lizard: 176	hastābharaṇaka - the hand decoration:
gold - śātakumbhī: 183	153
gomāṇṣa - cow's flesh: 174	hatred - dveṣa: 15
gomūtra - cow's urine: 176	herbs - oṣadhi: 15
gonasa - cow snout: 154	hetu - causes: 193
gośakṛt - cow-dung: 175 - juice of	<i>hetvartha</i> - premise: 231 - the sense of the
cow-dung: 175	cause: 233
govandanā - cow-praising: 25	himalayan cherry - padmaka: 184f
graha - demons: 188 - demons: 188	hīnakarṇa - reduced-ear: 42
grahaṇī (seat of fire in the gut): 156	hoarseness - pāruṣya: 129
grahaṇī - seat of fire in the gut: 156	holiness - brahma: 161
	holostemma - payasyā: 184
granthi - clumps: 63, 67 - knots: 130	holy sages - brahmarși: 161
- lumps: 118, 129	honey collyrium - kṣaudrāñjana: 176
grapes - drākṣā: 184	honey - kṣaudra: 174f - madhu: 174
gṛdhrasī - sciatica: 59	- madhus: 115
great aconite - mahāviṣa: 130	horripilation - harṣa: 132
great antidote - mahāgada: 25	horseradish tree - śigru: 180
great fragrance - mahāsugandha: 120	hot all over (samantatastāpaḥ): 155
great poison - mahāviṣa: 130	hot over the whole body
greed - lobha: 15	(sarvāṅgasantāpaḥ): 155
green vitriol - kāsīsa: 179	hṛd - chest: 133
gṛhadhūma - soot: 143	huge - mahatī: 193
gṛhagoḍikā - geckos: 138	human being - puruṣa: 14f, 17
grief - āśoka: 15	humoral colligation - sannipāta: 64
grimy - dhyāma: 114	humour - doṣa: 131, 181, 232
grooming - vilekhana: 67	humours - doṣa: 16
gruel - <i>yavāgū</i> : 134, 163	humours - doṣa: 192
guḍikā - pill: 175	
gulma - abdominal lump: 192	icchā - desire: 15

if, then not -na ced: 181	irritation - adhimantha: 184 - prakopa: 16
ilikinī - the ilikinī: 153	<i>īrṣyā -</i> envy: 15
illness - ruj: 175	it may be - bhavet: 181
illustration - nidarśana: 231, 235	itemization - vidhāna: 235
immortal - amṛta: 121	itemization - vidhāna: 231
implication - arthāpatti: 231	items created by time - kālakṛta: 16f
<i>Implication -</i> arthāpatti: 234	
impotent - śaṇḍhī: 193	jādya - benumbed: 157
in those cases - tatra: 177	jādyatā - rigidity: 165
in yama's direction - yāmya: 143	jala - water: 24
inactive - akriya: 60	jalaukas - water-dwellers: 24
incised - pracchāna: 165 - pracchita: 166	jāṅgala - arid-land animals: 179
incising - pracchāna: 162	jangama - mobile: 124 - moving: 15, 17
incurable - asādhya: 64, 173	<i>japa</i> - mantra repetition: 161
indian madder - mañjiṣṭhā: 184	jarāyuja - born in in a caul: 16
indian sarsaparilla - kālānusāriva: 175	jaṭhara - bellyache: 136
- sāriva: 176 - śārivā: 184	jātī - royal jasmine: 185
indication - pradeśa: 231, 234	jealousy - <i>asūyā</i> : 15
indicatory sounds - anubandha: 229	joints - sandhi: 17
indigo - $n\bar{l}\bar{l}$: 117	juice extract - svarasa: 16
indragopa - red velvet mites: 16	juice of cow-dung - gośakṛt: 175
indrāyudhā - rainbow: 25	juices - rasa: 178
infertile - vandhyā: 193	<i>jyotīratha</i> - the chariot of light: 153
inflamed - saṃrambha: 45 - vidagdha: 174	kāsa alassy apasity, 470
infused - bhāvita: 175	kāca - glassy opacity: 179
ingita - body language: 114	kākapada - crow's foot: 134
iṅgudī - desert date: 179	kākauṣṭha - crow's lip: 42
inhaled smoke - dhūma: 114	kākolī - cottony jujube: 185
inherent factors - svabhāva: 17	kalā - interstitial layers: 157 - layer: 147
inherent - svābhāvika: 15	- layers of skin: 158 - minutes: 16
injured - <i>utpīḍita</i> : 181	kālakalpa - deadly substance: 158
inspissation - rasakriyā: 180	kālakṛta - items created by time: 16f kālānusāriva - indian sarsaparilla: 175
instillation - basti: 65	kalāyakhañja - lathyrism: 59
intended - vyākhyāta: 17	<i>kalka</i> - mash: 136 - paste: 65f
interpretation - nirvacana: 231, 235	<i>kalpa</i> - procedure: 147, 160 - rule: 137
interstitial layers - <i>kalā</i> : 157	kāma - lust: 15
intestines - pakvādhāna: 133 - pakvāśaya:	kaṇabha - wasps: 139
117, 132	kanda - bulbs: 16
intoxication from food - annamada: 132	kanṭaka - spots: 119
invariable statement - ekānta: 234	kapālacūrṇa - powdered earthenware
invariable statement - ekānta: 231	crockery: 43
invincible - ajeya: 121	kapāṭasandhika - door-hinge: 42
irregularities - vaiṣamya: 15	<i>kapha</i> - mucus: 119 - phlegm: 129, 132f,
irrigated - pratipūraņa: 119	156, 193
irrigation - seka: 174 - tarpaṇa: 192	150, 193 kapilā - tawny: 26
11115ation - эски. 1/4 - ші риіш. 192	καριια - tawity. 20

kapittha (wood apple): 174	kṛṣṇā - black: 25
karburā - mottled: 25	kṛṣṇa - black part: 181
kardama - the mud: 153	kṛṣṇā - long pepper: 174
karma - regimen: 183	kṛṣṇasarpa - the black snake: 152
karman - therapies: 17	kṛṣṇodara - the black belly: 152
karṇaśūla - ear-ache: 60	kṣaṇadāndhya - night blindness: 175
karnavyadha - piercing the ear: 39	kṣāra - caustic: 65, 67
karninī - protuberant: 193	kṣāraka - lye: 178
karṣū - trench sweating: 88	kṣaudra - honey: 174f
kaṣāya - decoction: 65 - decoctions: 114,	kṣaudrāñjana - honey collyrium: 176
182 - the ochre: 153	kṣaya - dwindling away: 132
kaṣāyavāsika - 'orange-dwellers': 138	kṣīṇa - low volume: 63 - wasted: 44
kāśipati - lord of kāśī: 113	<i>kṣīra</i> - milky sap: 124, 127, 129 - sap: 16
kāsīsa - green vitriol: 179	kṣīrikāpuṣpa - the milk flower: 153
kāṣṭhā - trice: 16	kukṣita - 'bellied': 139
kaṭphala - box myrtle: 176	kūkuṭa - the kūkuṭa: 152
kaumārabhṛtya - child bearing: 188	kunakha - ugly nails: 67
kaundinya - 'pot insects': 138	киṇapa - decomposition: 63f - smell of
kavala - mouthwash: 118	decomposition: 64
kevala - simply: 164	kunta - small insects: 16
kha - apertures of the head: 119	kupyaka - metal: 174
-follicles: 118	kuśa grass - <i>kuśa</i> : 178
khaluşa - the khaluşa: 153	kuśa - kuśa grass: 178
khaṇḍaphaṇa - the break hood: 152	kuṣṭha - pallid skin disease: 67, 133
khañja - limpness: 59	kuṭī - sauna: 88
khara - rough: 183	kvātha - decoction: 66, 134
kikkisāda - the worm eater: 153	lac - <i>lākṣā</i> : 184
kinihī - white siris: 179	lākṣā - lac: 184
kiñjalka - filaments: 175	lame - paṅgu: 59
kitchen - mahānasa: 114	lathyrism - <i>kalāyakhañja</i> : 59
kiṭipa - lice: 138	lavages - ācamana: 66
knots - granthi: 130	layer - kalā: 147 - paṭala: 181
knowledge - veda: 11, 227	layers of skin - kalā: 158
kohl - <i>srotas</i> : 178 - <i>srotoja</i> : 175, 185	leather - carmānta: 160
koṣṭha - trunk of the body: 156	leaves - bhanga: 182 - patra: 16
koṣṭukaśīrṣa - synovitis of knee join: 59	lehya - suckable: 236
koṭha - skin disease: 132	lekhana - scarification: 15
kravyabhuj - carnivore: 178	lice - kiṭipa: 138
<i>kṛcchra</i> - with difficulty: 181	life - āyur: 24
<i>kriyā</i> - procedures: 14, 17 - treatment: 17,	life, longevity - āyur: 11
65, 179f	limpid - viśada: 131
<i>kriyākāla</i> - the time for therapies: 17	limpness - khañja: 59
kriyāsaṅga - loss of function: 183	linga - symptom: 119 - symptoms: 132
kṛmi - worms: 16	linganāśa - cataract: 181
krodha - anger: 15	liniment - ālepa: 174

liniments - ālepana: 25, 120	mahāpadma - the great lotus: 152
liquid - cala: 182	mahāpanasaka - the big jackfruit: 152
liquid collyrium - dravāñjana: 178f	mahāsarpa - the great snake: 152
liquid - dravya: 167	mahāśīrṣa - the big head: 152
liquorice - madhukair: 184	mahāsugandha - great fragrance: 120
little ring of spots - cuñcumālaka: 150	mahatī - huge: 193
liver extract - yakṛdrasa: 175	mahāviṣa - great aconite: 130 - great
liver - yakṛt: 176	poison: 130
lobha - greed: 15	mahua - madhūka: 178ff
located - adhiṣṭhāna: 15	mākuli - mākuli: 154
located on the limb - śākhāśrayā: 162	mākuli - mākuli: 154
lodh tree - lodhra: 179	
lodhra - lodh tree: 179	mākuli - mākuli: 154
logical methods of the system	malice - mātsarya: 15
- tantrayukti: 231	māṃsa - flesh: 17
lohitākṣa - the red eye: 152f	māṃsanirgama - prolapse: 184
long pepper - kṛṣṇā: 174 - māgadha: 179	manaḥśilā - realgar: 175, 178f, 185 - red
- māgadhī: 176 - māgadhi: 176	arsenic: 174, 176
	mānasa - mental: 15
- māgadhī: 178	maṇḍala - round blotches: 132
loose stool - vidbheda: 129, 140	maṇḍūka - frogs: 16
lord of kāśī - kāśipati: 113	mañjiṣṭhā - indian madder: 184
loss of appetite - arocaka: 132	mantra repetition - japa: 161
loss of function - kriyāsaṅga: 183	manual agitation - pāṇimantha: 88
lotus-mouth - pundarīkamukhī: 26	manyāstambha - stiffness of the neck: 157
lotus-splittable - utpalabhedyaka: 42	manyāsthambha - rigidity of neck: 59
lotus-spots - padminīkaṇṭaka: 119	mardana - rubbing: 88
low volume - kṣīṇa: 63	markaṭa - monkey: 130
lumps - granthi: 118, 129	marks with a knife - śastrapada: 28
lust - kāma: 15	māruta - wind: 64
lūtā - spiders: 13	māsa - month: 16
lye - kṣāraka: 178	mash - kalka: 136
madanaka - the intoxicator: 152	maṣī - black soot: 174
	massage oil - abhyaṅga: 114, 120
madhu - honey: 174 - mead: 161	massage ointment - anulepana: 114, 118
madhūka - mahua: 178ff	masticable - bhakṣya: 236
madhukair - liquorice: 184	mātsarya - malice: 15
madhus - honey: 115	mātuluṅga - citron: 184
madira - spirits: 179	matured - vipakva: 175
madirā - spirits: 176	mead - madhu: 161
māgadha - long pepper: 179	
māgadhi - long pepper: 176	meaning of the words - padārtha: 232
māgadhī - long pepper: 176, 178	medaka - 'liquors': 139
mahāgada - great antidote: 25	medical advice - ācārika: 44
mahākapota - the big pigeon: 152	medicines cooked in a crucible
mahākṛṣṇa - the big black: 152	- puṭapāka: 174
mahānasa - kitchen: 114	men - nara: 138

menstrual blood - ārtava: 192	mūrcchā - fainting: 166 - stupor: 116
mental - mānasa: 15	mūṣikā - mouse: 26
mention - samuddeśa: 231, 233	mūṣika - rodents: 13
<i>meṣaśṛṅga</i> - perploca of the woods: 185	mustā - nutgrass: 184
<i>meṣaviṣāṇa</i> - periploca of the woods: 177	mustaka - <i>mustaka</i> : 130
metal - kupyaka: 174	mustaka - mustaka: 130
metamorphopsia - viparītadarśana: 155	-
milk - payas: 121	na ced - if, then not: 181
milky sap - kṣīra: 124, 127, 129	nāḍī - tube: 88
mimmira - mumbles: 60	nadīja - salt: 175
minutes - kalā: 16	nāga - elephant/snake: 139
misery - dainya: 15	nāgara - dried ginger: 175
miśrakacikitsa - various treatments: 46	nalada - spikenard: 179
misshapen eyeball - vilocana: 183	nara - men: 138
mithuna - pair: 235 - triad: 235	nasal medicine - nasya: 134
mithyopacāra - faulty medical treatment:	nasal medicines - nasya: 174
192	nasya - errhine: 177 - errhines: 120 - nasal
mitigatible - yāpya: 173	medicine: 134 - nasal medicines: 174
mlāyin - blue dot cataract: 180	nasya - snuff: 114
mobile - jangama: 124	nasya - snuff: 119
moha - delirium: 128	naturally-occurring - daivakṛte: 181
monitor lizard - godhā: 176	nature - ātmaka: 14
monkey - markaṭa: 130	needle - sūcī: 182
monkey - narkaja. 130 monkey - vānara: 138	nemīsandhānaka - rim-join: 42 - rim-join:
monoplegia - ekāṅgaroga: 58	43
month - māsa: 16	nidarśana - illustration: 231, 235
	night blindness - kṣaṇadāndhya: 175
morsel - bali: 114	niḥkvātha - decoction: 67 - stewed juice:
mottled - karburā: 25	134
mouse - mūṣikā : 26	ทนีโ - indigo: 117
mouthwash - kavala: 118	nimeṣa - blink of the eye: 16
moving - jangama: 15, 17	nipping with the mouth
mṛdu - gently: 184	- mukhasaṃdaṃśā: 138
mucous - śleṣman: 157	nirdeśa - description: 231, 233
mucus - kapha: 119	nirṇaya - determination: 231
<i>muhūrta</i> - three-quarters of an hour: 16	nirvacana - interpretation: 231, 235
mūka - dumb: 60	nirvedhima - ready-split: 42
<i>mukhasaṇḍaṇṣʿā</i> - nipping with the	nirviṣa - without venom: 149
mouth: 138	<i>niryāsa</i> - extract: 120 - resin: 16, 124, 126,
muktā - pearl: 181	129
muktvā - separate: 181	niśācara - nocturnal creature: 180
mūla - root: 15 - roots: 16	nișevita - prepared: 178 - used: 176
mūlaka - mūlaka: 130	nivāta - no wind: 16
mūlaka - mūlaka: 130	niyoga - compulsion: 231, 235
multi-joins - vyāyojima: 42	no wind <i>- nivāta</i> : 16
mumbles - mimmira: 60	nocturnal creature - niśācara: 180

non-bloodshot blindness - araga timira:	pain - śūla: 133
181	pair - mithuna: 235
non-flowering tree - vanaspati: 179	pāka - sepsis: 120
nourishment - bṛṇṇhaṇa: 15	pākamatsya - 'cook-fish': 138
numbness - svāpa: 120	pakṣa - fortnight: 16
nutgrass - mustā: 184	pakṣāghāta - paralysis: 58
	pakvādhāna - intestines: 133
objection - pūrvapakṣa: 231	pakvāśa - abdomen: 88
oblations - upahāra: 161	pakvāśaya - intestines: 117, 132
oceanic - sāmudrikā: 25	palāśa - flame of the forest: 179
ochre - gairika: 174f	pālindaka - the morning glory: 152
off his hand - sapāṇa: 177	pallava - shoots: 182
oil massage - abhyanga: 118	pallid skin disease - kuṣṭha: 67, 133
oil rub - abhyanga: 88, 227	<i>pāṃśu</i> - earth: 160
oil rubs - abhyañjana: 167	panasaka - the jackfruit: 152
oil - sneha: 16	pañcāṅgulataila - castor oil: 177
oil stripe - <i>snigdharāji</i> : 154	paṅgu - lame: 59
oily enema - anuvāsana: 65	panic grass - dūrvā: 184
oily stripe - snigdharāji: 154	pāṇimantha - manual agitation: 88
ointment - anulepana: 118 - pralepa: 116,	paralysis - apakṣāghāta: 58
119	paralysis of arms and back - viśvañci: 59
ointments - ālepana: 88	paralysis - pakṣāghāta: 58
ojas - energy: 49 - vital energy: 15	pārāvata - the pigeon: 153
oleation - sneha: 88	paribhāṣā - general rule: 179
omens - ariṣṭa: 49	paridāha - feeling of heat all over: 157
opening - chidra: 181	paridhūpana (giving off fumes): 155
ophidian - sarpita: 149	paridhūpāyana (giving of fumes): 155
option - vikalpa: 231, 235	pariplutā - flooded: 193
or not distorted - vāvikṛtā: 117	parisarpa - the snake around: 152
oṣadhi - herbs: 15 - remedies: 17	parīṣeka - shower: 118
oṣadhī remedies: 15	parśvabheda - ribs crack: 133
outer corner of the eye - apāṅga: 181	pārthiva - earth products: 16 - earthen
overexcitement - harṣa: 15	
overheating - dāha: 173	products: 17 partial blindness - <i>timira</i> : 177
pacification - saṃśamana: 15 - upaśama:	particulars - vikalpa: 17
16	parts - aṅga: 17
pada - word: 227	pāruṣya - hoarseness: 129
pādadāha - burning sensation in feet: 60	past reference - atikrāntāpekṣaṇa: 231, 235
padārtha - meaning of the words: 232	paste - kalka: 65f
- signification: 231f	paśu - animals: 16
padma - the lotus: 152	paṭala - layer: 181
padmaka - himalayan cherry: 184f	pāthā - velvet leaf: 179
padminīkaṇṭaka - lotus-spots: 119	pathology - dosa: 64
pain - √ <i>pīḍ</i> : 158	patra - cassia cinnamon: 184 - leaves: 16
pain and injury - vedanābhighāta: 12	patravrścika - 'wing-scorpions': 139

pavanodbhava - caused by wind: 177	$pra\sqrt{kuth}$ - rot: 117
payas - milk: 121	prabha - shine: 181
payasyā - holostemma: 184	pracalāka - 'poisonous snakes': 138
pearl - muktā: 181	pracchāna - incised: 165 - incising: 162
pebble - aṣṭhīlā: 116	pracchita - incised: 166
pelt - carman: 16	practical purposes - prayojanavat: 16
periploca of the woods - meṣaviṣāṇa: 177	pradeśa - indication: 231, 234
perploca of the woods - meṣaśṛṅga: 185	pragāḍha - steeped: 177
person - puruṣa: 235	prakopa - irritation: 16
pervasive - vyavāyin: 131	<i>prakṛti</i> - constitution: 165 - temperament:
peya - drinkable: 236	15
phala - fruits: 16	pralāpa - ranting: 128
phena - cuttlefish bone: 185	pralepa - ointment: 116, 119
phlegm - kapha: 129, 132f, 156, 193	prasaṅga - recontextualization: 234
phlegmatic - śleșmalā: 193	- recontextualization: 231
physical - śārīravad: 17	praseka - discharge: 130
picciţā - 'flat insects': 138	prastara - blanket sweating: 88
<i>pīd</i> press: 181	<i>pratīkāra -</i> alleviation: 16 - remedy: 173
piercing the ear - kaṛṇavyadha: 39	pratipūraṇa - irrigated: 119
piercing - vyadha: 182	pratisāraņa - rub: 117 - rubbing: 117
pigs' eye - sūkarākṣitā: 184	pratiședha - counteraction: 173
pilindaka - the pilindaka: 152	pravardhanaka - dilator: 41
pill - guḍikā: 175	prayojanavat - practical purposes: 16
pinched - gāḍha: 44	prediction - atideśa: 231, 234
pingalā - ruddy: 26	premise - hetvartha: 231
pipīlika - ants: 16	premiss - sādhana: 233
pith - sāra: 124, 126, 129	prepared - niṣevita: 178
pīṭha - dais: 42	prepared with tilvaka - tailvaka: 174
pitta - bile: 177 - choler: 193	prepared with turpeth - traivṛta: 174
pittajvara - bile-fever: 166	prescription - upadeśa: 233
pittalā - bilious / choleric: 193	prescription - upadeśa: 231
pittaviṣa - poison in the bile: 161	press - pīḍ-: 181
plīhan - spleen: 176	priest - <i>upādhyāya</i> : 68
plota - cloth: 160 - gauze: 44	priyangu - beauty berry: 179
plutā - sprung: 193	probe - śalākā: 181f
poison in the bile - pittaviṣa: 161	procedure - kalpa: 147, 160
poison-stink - viṣapūti: 166	procedures - kriyā: 14, 17
poisoned - digdha: 166	prolapse - māṃsanirgama: 184
poṭa throat - poṭagala: 154	prolapses - arśas: 192
poṭagala - poṭa throat: 154	propelled - $\sqrt{u}h$: 158
potency - vīrya: 167	protect - √ <i>rakṣ</i> : 67
poultice - upanāha: 88	protuberant - karṇinī: 193
powdered earthenware crockery	pṛṣata (chital deer): 115
- kapālacūrṇa: 43	pṛṣata - the speckled: 152
<i>pra√ sādh</i> - clean: 120	<i>pṛthakparṇī</i> - hare foot uraria: 184

pulse interval - vegāntara: 158	-juices: 178 - the blood of birds and		
puṇḍarīka - puṇḍarīka: 130	animals: 175		
puṇḍarīka - puṇḍarīka: 130 - the lotus:	rasakriyā - inspissation: 180		
153	rasāñjana - elixir salve: 175, 178, 180		
puṇḍarīkamukha - the lotus mouth: 152	- elixir-salve: 175		
puṇḍarīkamukhī - lotus-mouth: 26	rauhita - extract of rohu carp: 175		
pupil - <i>dṛṣṭi</i> : 173, 182f	ready-split - nirvedhima: 42		
purge - √ <i>śodh</i> : 163	realgar - manaḥśilā: 175, 178f, 185		
purification - saṃśodhana: 15	recontextualization - prasanga: 231		
puruṣa - human being: 14f, 17 - person:	recontextualization - prasanga: 234		
235	red arsenic - manaḥśilā: 174, 176		
pūrvapakṣa - first point of view: 234	red chalk - gairikaḥ: 184		
- objection: 231	red velvet mites - indragopa: 16		
puṣpa - flowers: 16	reduced-ear - hīnakarṇa: 42		
puṣpābhikīrṇnābha - the flower sprinkle	regimen - ācāra: 15 - karma: 183		
beauty: 152	religious power - tapas: 161		
puṣpapāṇḍu - the pale as a flower: 152	remedies - oṣadhi: 17 - oṣadhī-: 15		
puṣpasakalī - the flower all: 153	remedy - pratīkāra: 173		
puṭāhvaya - taken hot: 178	resin - <i>niryāsa</i> : 16, 124, 126, 129		
puṭākhya - enclosed roasting: 178	restrictions - yantraṇā: 182		
puṭapāka - enclosed roasting: 179	retas - semen: 63		
- medicines cooked in a crucible: 174	rheum - upadeha: 119		
-roasting: 192	ribs crack - parśvabheda: 133		
pūtipūya - foul-smelling pus: 64	rigid - sthirā: 183		
- stinking pus: 63	8		
putraghnī - child-murderess: 193	rigidity - jāḍyatā: 165		
putrid - śīrṇa: 166	rigidity of neck - manyāsthambha: 59		
	rim of a wheel - cakradhārā: 43		
qualities - guṇa: 131	rim-join - nemīsandhānaka: 42		
	rim-join - nemīsandhānaka: 43		
racket-tailed drongo (bhṛṅgarāja): 115	rjusarpa - the straight snake: 152		
rāgin timira - bloodshot blindness: 178	roasting - puṭapāka: 192		
rāgiņi timire - bloodshot blindness: 181	rodents - mūṣika: 13		
rainbow - <i>indrāyudhā</i> : 25	roga - diseases: 192		
rainy seasons - varṣā: 16	rogasanıgraha - compendium of diseases:		
rajana - turmerics: 175	190		
<i>rājicitra</i> - the stripe speckle: 153	rohīta - rohīta tree: 179		
rājimat - striped snake: 134	rohīta tree - rohīta: 179		
rakta - blood: 64	root - mūla: 15		
raktakṣayā - with bloodloss: 193	roots - mūla: 16		
raktamaṇḍala - the red ring: 152	rot - $pra\sqrt{kuth}$: 117		
raktapitta - blood-bile: 173	rough - khara: 183		
ranting - pralāpa: 128	round blotches - maṇḍala: 132		
rarified - sūkṣma: 131	royal jasmine - jātī: 185		
rasa - chyle: 132 - chyle: 31 - extracts: 179	<i>rtu</i> - season: 16, 67		
- flavour: 232 - flavours: 15, 49	rub - pratisāraņa: 117		

rubbing - mardana: 88 - pratisāraņa: 117 - unmardana: 88	sannipāta - congested humours: 17 - humoral colligation: 64
ruddy - pingalā : 26	sap - kṣīra: 16
rudhira - blood: 16	sapāṇa - off his hand: 177
ruj - illness: 175	sāra - essence: 16 - pith: 124, 126, 129
rūkṣa - dry: 131	śārava - 'lids': 139
rule - kalpa: 137	śārikā - 'darts': 139
2010 / / / / / / / / / / / / / / / / / /	śārīravad - physical: 17
sacrificial offerings - bali: 161	sarīsṛpa - creepy-crawlies: 13, 16
sāda - be exhausted: 133	<i>śārivā</i> - indian sarsaparilla: 184
ṣaḍaṅga - the six part: 153	sāriva - indian sarsaparilla: 176
ṣaḍdharaṇa - six-units: 87	sarpiș - ghee: 121
sādhana - premiss: 233	sarpis - ghee: 174
<i>sādhya -</i> curable: 64, 173 - cured: 136	
saindhava - salt: 134 - sind salt: 174f	sarpita - ophidian: 149 - serpented: 149
-sindh salt: 178	sārṣapa - sārṣapa: 129
śākhāśrayā - located on the limb: 162	sārṣapa - sārṣapa: 129
śalākā - probe: 181f	sarṣapaka - 'pepper snakes': 138
salilotthita - conch: 180 - water-born: 180	sarvakṛṣṇa - the all black: 152
saliva - śleșman: 116	sarvāṅgasantāpaḥ (hot over the whole
salt - nadīja: 175 - saindhava: 134	body): 155
śalya - spike: 233 - splinter: 234	sarvātmikā - sarvātmikā: 193
samāñjana - same collyrium: 179	sarvātmikā - sarvātmikā: 193
samantatastāpaḥ (hot all over): 155	śastrakṣata - cutting with a blade: 174
śambūka - cone snails: 138	<i>śastrapada -</i> marks with a knife: 28
same collyrium - samāñjana: 179	śātakumbhī - gold: 183
samīraņa - air: 158	sātmya - suitability: 165
śaṃkhapāla - the conch keeper: 152	sauna - kuṭī: 88
saṃkṣipta - compressed: 43	sauvīraka - stibnite: 175
-compressed: 42	sāvarikā - sāvarikā: 26
samplava - clusters: 16	sāvarikā - sāvarikā : 26
saṃrambha - inflamed: 45	scarification - lekhana: 15
saṃśamana - pacification: 15	sciatica - gṛdhrasī: 59
saṃśaya - doubt: 231, 235	scramberry - tālīśapatra: 175
saṃśodhana - purification: 15	season - rtu: 16, 67
samuccaya - aggregation: 231, 236	seasonal blood - ārtava: 64
samudāya - accumulation: 41	seat of fire in the gut (graha $n\bar{\imath}$): 156
samuddeśa - mention: 231, 233	seat of fire in the gut - grahaṇī: 156
samudraphena - cuttlefish bone: 176	secondary ailments - upadrava: 165
sāmudrikā - oceanic: 25	sections - adhyāya: 18
saṃvatsara - year: 16	seedless - abīja: 64
sañcaya - accumulation: 16	seeing smoke - dhūmadarśin: 173
sandal - sugandhi: 177	segmented - chinna: 25
saṇḍhī - impotent: 193	seka - irrigation: 174
sandhi - joints: 17	semen - bīja: 192
śańkumukhī - dart-mouth: 26	semen - retas: 63

separate - muktvā: 181	sneha - oil: 16 - oleation: 88
sepsis - pāka: 120	sniffing - ucchingana: 182
serpented - sarpita: 149	<i>snigdharāji -</i> oil stripe: 154 - oily stripe:
sesame oil - taila: 166 - tailam: 224	154
sharp - tīkṣṇa: 163	snuff - nasya: 119
shine - prabha: 181	snuff - nasya: 114
shooting pain - śūla: 183	sole-heart - talahṛdaya: 235
shoots - pallava: 182 - udbhid: 16	solid - styāna: 182
shower - parīṣeka: 118	soma creeper (somalatā): 116
shrubs - vīrudh: 15	somalatā (soma creeper): 116
siddham - cooked: 224	śoṇita - blood: 64
siddhārthaka - white mustard: 184	śonita - blood: 177
siddhi - cure: 134	śoṇita - blood: 63f
side-effects - upadrava: 120, 136	śonita-pitta, rakta-pitta - blood-bile: 177
signification - padārtha: 231f	śonitāgamana - haemorrhaging: 155
signs - cihna: 193	śonitena - with blood: 183
<i>śigru -</i> horseradish tree: 180	soot - gṛhadhūma: 143
simply - kevala: 164	spasm of the jaw-bones - ardita: 59
sind salt - saindhava: 174f	spasmodic contraction - apatānaka: 57
sindh salt - saindhava: 178	spasmodic contradiction - āpatantraka:
sinews - snāyu: 17	58
<i>sirā</i> - duct: 162 - ducts: 17, 88	sperm - śukra: 63
sirāvedha - blood-letting: 174	sphoṭa - spots: 119f
siris - śirīṣa: 185	spiders - lūtā: 13
śirīṣa - siris: 185	spike - śalya: 233
śīrṇa - putrid: 166	spikenard - nalada: 179
śiśuka - the kid: 152	spiral - āvarta: 181
śīta - elixir-salve: 175	spirits - madira: 179 - madirā: 176
sitā - white sugar: 184	spleen - plīhan: 176
six-units - ṣaḍdharaṇa: 87	splinter - śalya: 234
skin (<i>tvac</i>): 147	spots - kaṇṭaka: 119 - sphoṭa: 119f
skin disease - koṭha: 132	sprung - plutā: 193
skin - tvak: 16f	sraj - garlands: 114
sleep - svāpa: 129	sraṃsanī - causing a fall: 193
śleṣmalā - phlegmatic: 193	srāva - discharge: 118, 120
śleṣman - mucous: 157 - saliva: 116	śreyas - welfare: 12
slice of flesh - vadhra: 46f	srotas - ducts: 155 - kohl: 178 - tubes: 157
slow poisoning - dūṣīviṣa: 163	<i>srotoja -</i> kohl: 175, 185
slow-acting poison antidote - dūṣīviṣāri:	stalk - vṛnta: 174
117	stammers - gadgad: 60
slow-acting poison - dūṣī-viṣa: 133	statement of reason - apadeśa: 231, 233
- dūṣīviṣa: 136	stationary - sthāvara: 15, 17, 124
small insects - kunta: 16	steeped - pragāḍha: 177
smell of decomposition - kuṇapa: 64	sternutatory - avapīḍa: 164
snāyu - sinews: 17	stewed juice - niḥkvātha: 134

sthāvara - stationary: 15, 17, 124	svasamjñā - field-specific term: 231
sthirā - rigid: 183	- field-specific term: 235
stibnite - añjana: 179 - sauvīraka: 175	svedaja - born of sweat: 16
stick-ear - yaṣṭīkarṇa: 42	śvetadara - the white rip: 152
stiffness of the neck - manyāstambha: 157	svetahanu - the white jaw: 153
sting-gush - alagardā: 25	śvetakapota - the white pigeon: 152
	śvetamaṇḍala - the white ring: 152
stings - śūla: 139	swollen - ādhmāta: 155
stinking pus - pūtipūya: 63	syanda - watery eye: 180
stirred with goat's milk - ajākṣīrārdita:	symptom - liṅga: 119
184	symptoms - liṅga: 132
stomach - āmāśaya: 132f	synovitis of knee join - koṣṭukaśīrṣa: 59
strength - bala: 15	•
striped snake - rājimat: 134	taila - sesame oil: 166
strong mallow - atibalā: 177	tailam - sesame oil: 224
stupor - mūrcchā: 116	tailasugandhi - the fragrant one in oil: 177
styāna - solid: 182	tailvaka - prepared with tilvaka: 174
substance - dravya: 49	take away <i>- āhārya</i> : 42
substrate - <i>āśrayin</i> : 15	taken hot - puṭāhvaya: 178
sūcī - needle: 182	takes the form of pervading the whole
sūcīvaktrā - with a needle-like opening:	body - akhiladehavyāptirūpam: 131
193	talahṛdaya - sole-heart: 235
suckable - <i>lehya</i> : 236	tālīśapatra - scramberry: 175
suffering - duḥkha: 15	tāmra - copper: 183
sugandhi - sandal: 177	tāmracūḍa - cock: 178
suitability - sātmya: 165	tantrayukti - logical methods of the
śūka - bristles: 138	system: 231
śukapatra - the white leaf: 153	tantuka - the stretch: 152
sūkarākṣitā - pigs' eye: 184	tapas - religious power: 161
sukha - comfort: 17	tarpaṇa - eyewash: 120, 174, 178f
śukra - sperm: 63	-irrigation: 192
sūkṣma - rarified: 131	<i>tatra</i> - in those cases: 177 - the tatra: 153
śūla - pain: 133 - shooting pain: 183	tawny - kapilā: 26
-stings: 139	temperament - prakṛti: 15
sun - <i>hari</i> : 182	the all black - sarvakṛṣṇa: 152
supernatant layer - agra: 179	the bamboo leaf - venupatraka: 152
surasa - extracted juice: 67	the big black - mahākṛṣṇa: 152
· · · · · · · · · · · · · · · · · · ·	the big cow snout - vrddhagonasa: 152
<i>sūtra -</i> aphorism: 232 <i>svabhāva -</i> inherent factors: 17	the big head - mahāśīrṣa: 152
	the big jackfruit - mahāpanasaka: 152
svābhāvika - inherent: 15	the big pigeon - mahākapota: 152
svāpa - numbness: 120 - sleep: 129	the black belly - kṛṣṇodara: 152
svara - accents: 162	the black snake - kṛṣṇasarpa: 152
svarasa - expressed juice: 174 - extracted	the blood of birds and animals - rasa: 175
juice: 119 - juice extract: 16	the break hood - khaṇḍaphaṇa: 152
śvāsa - wheezing: 129	the brown - babhru: 153

the brown hut mouth - babhrūkuṭīmukha:	the red ring - raktamaṇḍala: 152
152	the ringed - cakraka: 153
the chariot of light - <i>jyotīratha</i> : 153	the science of life -āyurveda: 12
the conch keeper - śaṃkhapāla: 152	the sense of the cause - hetvartha: 233
the curd mouth - dadhimukha: 152	the six part - ṣaḍaṅga: 153
the deer foot - eṇīpada: 153	the snake around <i>- parisarpa</i> : 152
the drop stripe - bindurāji: 153	the speckled - pṛṣata: 152
the finger stripe - aṅgulirāji: 153	the stimulator - dīpyaka: 153
the flame - agnika: 153	the straight snake - <i>rjusarpa</i> : 152
the flower all - puṣpasakalī: 153	the stretch - tantuka: 152
the flower sprinkle beauty	the stripe speckle - rājicitra: 153
- puṣpābhikīrṇnābha: 152	the tatra - tatra: 153
the fragrant one in oil - tailasugandhi: 177	the three fruits - <i>triphalā</i> : 179
the gavedhuka - gavedhuka: 152	the three spices - vyoṣa: 176
the gift of god - devadinna: 152	the time for therapies - kriyākāla: 17
the goat swallower - ajagara: 153	the two finger stripe - dvyangulirāji: 153
the grass drier - tṛṇaśoṣaka: 153	the two-day - dvyāhika: 153
the grass flower - apuṣpa: 152	the variegated - vicitra: 152
- darbhapuṣpa: 153	the white jaw - svetahanu: 153
the great lotus - mahāpadma: 152	the white leaf - śukapatra: 153
the great snake - mahāsarpa: 152	the white pigeon - śvetakapota: 152
the hand decoration - hastābharaṇaka:	the white ring - śvetamaṇḍala: 152
153	the white rip - śvetadara: 152
the hungry sting -alagarda: 152	the worm eater - kikkisāda: 153
the ilikinī - ilikinī: 153	the year-snake - varṣāhīka: 153
the intoxicator - madanaka: 152	thei snake flag - ahipatāka: 153
the jackfruit - panasaka: 152	therapies - karman: 17
the khaluṣa - khaluṣa: 153	three fruits - <i>triphalā</i> : 174, 176
the kid - śiśuka: 152	three-quarters of an hour - muhūrta: 16
the kūkuṭa - kūkuṭa: 152	tīkṣṇa <i>- sharp</i> : 163
the little tree - vṛkṣaka: 153	timira - blindness: 181 - partial
the lotus mouth - puṇḍarīkamukha: 152	blindness: 177
the lotus - padma: 152 - puṇḍarīka: 153	tisane - <i>āsthāpana</i> : 65
the mark - citraka: 153	tooth socket (dantaveṣṭa): 117
the milk flower - kṣīrikāpuṣpa: 153	topic - adhikaraṇa: 231f
the mirror ring - ādarśamaṇḍala: 152	torn - darita: 149f
the morning glory - pālindaka: 152	toṭaka - 'angry beetles': 138
the mountain snake - girisarpa: 152	toxic reaction - <i>vega</i> : 148, 157f, 163, 167
the mud - kardama: 153	-viṣavega: 156
the ochre - kaṣāya: 153	traivṛta - prepared with turpeth: 174
the pale as a flower - puṣpapāṇḍu: 152	treatable - yāpya: 136
the pigeon - pārāvata: 153	treatment - <i>bheṣaja</i> : 193 - <i>kriyā</i> : 17, 65,
the pilindaka - pilindaka: 152	179f
the rain cloud - valāhako: 152f	trench sweating - karṣū: 88
the red eve - lohitāksa: 152f	triad - mithuna: 235

trice - kāṣṭhā: 16	<i>uttarabasti</i> - urethral instillation: 65f		
triphalā - the three fruits: 179 - three	ununuousii arettitai itistiilatioii. 051		
fruits: 174, 176	vadhra - slice of flesh: 46f		
<i>trivṛt</i> - turpeth: 177	vaiḍūrya - beryl: 185		
tṛṇaśoṣaka - the grass drier: 153	vaiṣamya - irregularities: 15		
trunk of the body - koṣṭha: 156	vakrabhrūnetra - bent brow and eye: 183		
tube - $n\bar{a}d\bar{i}$: 88	vāksamūhārthavistāra (extensive meaning		
	of the collection of statements): 154		
tubes - srotas: 157	vaktra - ends: 183		
turmeric - haridrā: 179	vākyaśeṣa - ellipis: 231 - ellipsis: 234		
turmerics - rajana: 175	valāhako - the rain cloud: 152f		
turpeth - trivrt: 177	vallīkarṇa - creeper-ear: 42		
tuttha - blue vitriol: 179	vallūraka - dried flesh: 42		
tvac (skin): 147	vāminī - vomiting: 193		
tvak - skin: 16f	vānara - monkey: 138		
tympanites - ādhmāna: 60	vanaspati - fruit trees: 15 - non-flowering		
ucchingana - sniffing: 182	tree: 179		
ucciținga - crabs: 139	vandhyā - infertile: 193		
udāvartā - udāvartā: 193	vapour - bāṣpa: 115f, 119		
	*		
udāvartā - udāvartā: 193	varaki - wasps: 139		
udbhid - shoots: 16	varcaḥkīṭa - dung beetles: 138		
udveṣṭana - writhing: 128	varga - collection: 17		
ugly nails - kunakha: 67	variable statement - anekānta: 231		
<i>ūhya</i> - deducible: 231, 236	variable statement - anekānta: 234		
unmardana - rubbing: 88	various treatments - miśrakacikitsa: 46		
unsteadiness of the humours	varṇa - complexion: 15, 49		
- doṣapariplava: 183	varṣā - rainy seasons: 16		
untreatable - asādhya: 181	varṣāhīka - the year-snake: 153		
upadeha - rheum: 119	vartti - wick: 41 - wicks: 185		
<i>upadeśa</i> - prescription: 231 - prescription:	vasā - fat: 178		
233	vāta - wind: 192f		
ирādhyāya - priest: 68	vātalā - windy: 193		
<i>upadrava</i> - secondary ailments: 165	vāviķṛtā - or not distorted: 117		
- side-effects: 120, 136	veda - knowledge: 11, 227		
<i>upahāra -</i> oblations: 161	vedanābhighāta - pain and injury: 12		
upahita - combined: 177	<i>vega</i> - toxic reaction: 148, 157f, 163, 167		
upanāha - poultice: 88	vegāntara - pulse interval: 158		
upaśama - pacification: 16	velvet leaf - pāthā: 179		
upasarga - affliction: 120	venupatraka - the bamboo leaf: 152		
upasṛṣṭa - afflicted: 64	vicakṣaṇa - expert: 68		
urethral instillation - uttarabasti: 65f	vicitra - the variegated: 152		
used -niṣevita: 176	vidagdha - inflamed: 174		
uśīra - cuscus grass: 179	vidanga - embelia: 179		
utpalabhedyaka - lotus-splittable: 42	viḍbheda - loose stool: 129, 140		
utpīḍita - injured: 181	<i>vidhāna</i> - itemization: 235 - itemization:		
utsādana - dry rub: 118 - dry rubs: 114	231		

vidruma - coral: 185	wheezing - śvāsa: 129
vikalpa - option: 231, 235 - particulars: 17	white mustard - siddhārthaka: 184
vikāsin - expansive: 131	white siris - kinihī: 179
vilekhana - grooming: 67	white sugar - sitā: 184
vilocana - misshapen eyeball: 183	wick - vartti: 41
vipakva - matured: 175	wicks - vartti: 185
viparītadarśana - metamorphopsia: 155	wild animals - vyāla: 16
viparyaya - contraposition: 231, 234	wind - māruta: 64 - vāta: 192f
vīrudh - shrubs: 15	windy - vātalā: 193
vīrya - potency: 167	with a needle-like opening - sūcīvaktrā:
viṣāda - depression: 15	193
viśada - limpid: 131	with blood - śonitena: 183
viṣapūti - poison-stink: 166	with bloodloss - raktakṣayā: 193
viṣavega - toxic reaction: 156	with difficulty - kṛcchra: 181
viśleṣa - disjunction: 132	with testicles - aṇḍīnī: 193
viśvambhara - 'earth scorpions': 139	without venom - nirvișa: 149
<i>viśvañci -</i> paralysis of arms and back: 59	womb - <i>yoni</i> : 188
vital energy - ojas: 15	wood apple (<i>kapittha</i>): 174
voḍhāra - bearers: 114	word - pada: 227
vomiting - vāminī: 193	worms - <i>kṛmi</i> : 16
<i>vṛddhagonasa</i> - the big cow snout: 152	writhing - udveṣṭana: 128
vṛkṣa - flowering trees: 15	Wilding uncegimu. 120
vṛkṣaka - the little tree: 153	uakrdraca - livor ovtract: 175
vṛnta - stalk: 174	yakṛdrasa - liver extract: 175
vṛṣabha (bull): 115	yakṛt - liver: 176
vyadha - piercing: 182	yamalā - double: 117
vyadhi - disease: 17	yāmya - in yama's direction: 143
vyākhyāna - explication: 231, 235	yantraṇā - restrictions: 182
vyākhyāta - intended: 17	yāpya - alleviated: 176 - can be mitigated
vyāla - wild animals: 16	181 - mitigatible: 173 - treatable: 136
vyāna breath - vyāna: 156	yaṣṭīkarṇa - stick-ear: 42
vyāna - vyāna breath: 156	<i>yavāgū</i> - gruel: 134, 163
vyavāyin - pervasive: 131	yavaudana - cooked barley: 181
vyāyojima - multi-joins: 42	year - saṃvatsara: 16
vyoṣa - the three spices: 176	yoga - cohesion: 232 - compounds: 174 - formulation: 87
wasps - kaṇabha: 139 - varaki: 139	yoni - female reproductive organ: 192f
wasted - kṣṇṇa: 44	- female reproductive system: 192 - womb: 188
water - <i>jala</i> : 24 water-born - <i>salilotthita</i> : 180	<i>yonivyāpat -</i> disorders of the female
water-dwellers - jalaukas: 24	reproductive system: 192
watery eye - syanda: 180	yuga - yuga: 16
weeping tears - aśrupāta: 67	yuga - yuga: 16
welfare - śreyas: 12	<i>yugu</i> - yuga: 16 "invincible" - <i>ajeya</i> : 136
wenare - siegus. 12	пічністые - иједи. 130

Todo list

Can't be "sedation"
find out about uttarabasti
Perhaps kalka here could also mean the Terminalia Bellerica (विभीतक). 90
Euphorbia Antiquorum (Antique spurge)
The webpage https://hindi.shabd.in/vairagya-shatakam-bhag-
acharya-arjun-tiwari/post/117629 says that this verse belongs
to the $N\bar{\imath}tiratna$. I could not find this text
The provisional edition should be modified accordingly 97
There, Dalhana comments that deliberation on avapīḍa had been
done earlier when it was mentioned. Find that description to
know more details
Search for the section where the treatment of \bar{a} k p
Make the first letter of sentence capital
?
?
?
(?)
Cf. Arthaśāstra 1.21.8
I'm still unhappy about this verse
Mention this in the introduction as an example of the scribe know-
ing the vulgate
fn about sadyas+
Bear's bile instead of deer's bile
punarṇṇavā in the N & K MSS
śrita for śṛta
explain more
Medical difference from Sharma

	example where the vulgate clarifies that these should be used sep-	
	arately; appears to be a gloss inserted into the vulgate text	120
	The two uses of prāpta are hard to translate. prāptā $h \rightarrow k$ ṣipram is	
	an example of the vulgate banalizing the Sanskrit text to make	
	sense of a difficult passage	12 0
	$\sqrt{\text{vyadh not }\sqrt{\text{vedh (also elsewhere and for the ears)}}$, causative	
	optative	
	-> ativiṣa	
	Look up the ca. reference	130
	Come back to the issue of "kalpa". Look up passages in the Kośa.	
	write footnote: don't repeat ativiṣā; vulgate similar to H	141
	material corresponds to SS.1.45.205ab, where it describes how al-	
	cohol affects the body.	143
	Or "There are 20 phanins and 6 mandalins. The same number are	
	known. There are 13 Rājīmats." Or even, "there are 20 Phaṇins	
	and six of them are Mandalins." Are phanins really the same as	
	darvīkaras?	149
	grammar	
	ri- ṛ-?	-
	varṇa means "colour" elsewhere?	
	write note on pariṣekān pradehāṃś	
	where is cutting with a knife related to removing bile or phlegm	
	maṣī burned charcoal. Find refs	
	find ref	_
	Check out these refs	
	meaning of kalpa	
	or a dual?	
	Footnote here about who is speaking to whom	
	a kind of asthma?	
	Not happy with the last part	
_	connecting with the previous pāda?	
	(atyartha? excessive?)	
	fordvādaśādikaḥ)? not clear to me, is it dvādaśādhikaḥ?	-
	(any better medical terms for them?)	-
	(since the word lagha is not clear to me)	-
	(Not too happy with it.)	
	(not sure about it)	199
	(Not in vulgate)	

(I am looking for a better translation)
(I'd need to rework on it)
(I'd need to rework on it and think about the sequencing of the
number)
(āmadoṣa? Not too sure)
(2nd hemistich is incomplete)
(not too sure about the meaning of vyapada)200
not so sure about sodāvarte
not so sure about it, MW mentions others like Cordia Myxa and
Alangium hexapetalum
not sure about it
(sāmāhāya- any better word?)
Not so happy with this translation
(Not happy with it)
(the second hemistich is incomplete)
can śṛta mean here boiled milk? Not happy with the last part 203
the rest of the text is unclear to me
(not so sure about it). [ghṛtābhyaṅgonavasthāsu should it be like
ghṛtābhyaṅgo 'navasthāsu?, svedā lepaḥ ghṛtābhyaṅgonavas-
thāsu ca yojayet] (Not so happy with the translation) 204
See also Dalhana at 1.1.1 (Su 1938: 1)
See chapter 40 of Sūtrasthāna
vasā / medas / majjan
Does bhūtādi a compound or it means ahaṅkāra or ego? 235