Andrey Klebanov A Translation of the New Edition of the Suśrutasamhitā

Jason Birch Dominik Wujastyk

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Abstract

The Suśruta Project is producing a new Sanskrit text edition of the Su-śrutasaṃhitā based on the early Nepalese manuscripts. As we gradually transcribe and edit the manuscripts, we are producing this new translation of the classic work.

 $^{\,}$ 1 $\,$ MS Kathmandu KL 699, MS Kathmandu NAK 1-1079, and MS Kathmandu NAK 5-333.

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Kalpasthāna, adhyāya 2

Translation

- 1 And now I shall explain the one giving the knowledge of stationary poisons.¹⁰⁰
- 3 It is said that there are two kinds of poisons, stationary (*sthāvara*) and mobile (*jaṅgama*). The former dwells in ten places, the latter has sixteen locations.
- 4 Traditionally, the ten are: root, leaf, fruit, flower, bark, milky sap $(k \cdot \bar{s} ira)$, pith $(s \bar{a} ra)$, resin $(niry \bar{a} sa)$, the element $(dh \bar{a} tu)$ s, and the tuber.
- 5 In that context,
 - the eight root-poisons are:
 - liquorice (klītaka)¹⁰¹,
 - sweet-scented oleander (aśvamāraka)¹⁰²,
 - jequirity $(gu\tilde{n}j\bar{a})^{103}$,
 - aconite (subhangurā \rightarrow bhangura = ativisā?)¹⁰⁴,
 - ? $(karaṭ\bar{a} \rightarrow karagh\bar{a}ṭa \rightarrow karah\bar{a}ṭa?)^{105}$, and ending with
 - leadwort (vidyutśikhānta \rightarrow agni- or rakta-śikhā?) 106 , and
 - cannabis $(vijay\bar{a})^{107}$;
- the five leaf-poisons are:

- 101 Glycyrrhiza glabra, L.; see AVS 3.84, NK #1136
- 102 Nerium oleander, L.; see ADPS 223, NK #1709
- 103 Abrus precatorius, L.; see AVS 1.10, NK #6, Potter 168
- 104 Aconitum ferox, Wall. ex Ser.; see NK #39, "parts used: dried tuberous roots."
- 105 ?; see ?
- 106 Plumbago zeylanica (or rosea?), L.; see NK #1966, 1967
- 107 Cannabis sativa, L.; see AVS 1.356, NK #442
- Jequirity does indeed contain a dangerous toxin called Abrin in its seeds and to a lesser extent in its leaves, but apparently not in its roots or bulb. Abrin is not harmful if eaten, but an infusion of the bruised (not boiled) seeds injected or rubbed in the eyes can be fatal (NK). The dose can be quite small. Large doses of the root-extract of rauwolfia can be fatal. In large doses luffa is emetic and a drastic purgative. The roots of both rose and white leadwort are very toxic. It is at present uncertain whether cannabis was known in India at Suśruta's time (meul-sear).

¹⁰⁰ No reference is made to Dhanvantari (see Birch, Wujastyk, Klebanov, Parameswaran, et al. 2021).

- 'poison-leaf' (*viṣapatrikā*)¹⁰⁹,
- 'dangling' $(lamb\bar{a})^{110}$,
- 'choice tree' (varadāru)¹¹¹,
- thorn apple (karambha)¹¹², and
- 'big thorn apple' (mahākarambha)¹¹³;

• the twelve fruit-poisons are:

- kumudvatī (kumudvatī)¹¹⁴,
- 'little bamboo' (*venukā*)¹¹⁵,
- thorn apple (*karambha*)¹¹⁶,
- 'big thorn apple' (mahākarambha)¹¹⁷,
- ribbed gourd (*karkoṭaka*)¹¹⁸,
- black cardamom (harenu)¹¹⁹,
- purple calotropis (*khadyotaka* \rightarrow *arka*?)¹²⁰,
- carmar \bar{i} (carmar \bar{i})¹²¹,
- heliotrope (ibhagandhā → hastiśuṇḍa?)¹²²,
- 'snake-killer' (sarpaghāti)¹²³,
- 'gladdener' (nandana)124, and

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109 unknown; see?
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- 112 Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.
- 113 Datura metel, L.?; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.
- 114 unknown; see?
- 115 Bambusa bambos, Druce?; see NK #307
- 116 Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.
- 117 Datura metel, L.?; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.
- 118 Luffa acutangula, (L.) Roxb.? (Mormodica cochinchinensis, Spreng.? Cf. Luffa tuberosa); see AVS 3.347 (NK #1640, 1643; NK #1520)
- 119 Amomum subulatum, Roxb.?; see PVS Caraka 2.734, AVS 1.128, NK #154
- 120 Calotropis gigantea, (L.) R. Br.; see ADPS 52, AVS 1.341, NK #427, Potter 63
- 121 unknown; see?
- 122 Heliotropium indicum, L.; see AVS 3.136, NK #1203
- 123 unknown; see?
- 124 unknown; see?

¹¹⁰ unknown; see?

¹¹¹ unknown; see?

- 'juice-cooker' $(s\bar{a}rap\bar{a}ka)^{125}$; '126
- the five flower-poisons are:
 - rattan $(vetra)^{127}$,
 - wild chinchona (*kādamba*)¹²⁸,
 - black pepper $(vall\bar{\eta}a \rightarrow marica)^{129}$,
 - thorn apple (karambha)¹³⁰, and
 - big thorn apple (*mahākarambha*)¹³¹;
- the seven bark, pith $(s\bar{a}ra)$ and resin $(niry\bar{a}sa)$ poisons are:
 - 'gutboiler' (antrapācaka) 132,
 - 'blade' (kartarīya)¹³³,
 - wild mustard (saurīyaka)¹³⁴,
 - emetic nut $(karagh\bar{a}ta \rightarrow karah\bar{a}ta? \rightarrow madana)^{135}$,
 - thorn apple (*karambha*)¹³⁶,
 - wild asparagus (*nandana* \rightarrow *bahuputrā*?)¹³⁷, and
 - munj grass (*nārācaka*)¹³⁸;¹³⁹
- the three milky sap $(k \bar{s} \bar{t} r a)$ -poisons are:
 - purple calotropis ($kumudaghn\bar{\imath} \rightarrow arka?$)¹⁴⁰,¹⁴¹

¹²⁵ unknown; see?

¹²⁶ Bamboo is not toxic. Heliotrope flowers are abortifacient in large doses.

¹²⁷ Calamus rotang, L.; see AVS 1.330, NK #413

¹²⁸ Anthocephalus cadamba, Miq.; see NK #204

¹²⁹ Piper nigrum, L.?; see NK #1929; Rā.6.115, Dha.4.85, Dha.2.88

¹³⁰ Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

¹³¹ Datura metel, L.?; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

¹³² unknown; see?

¹³³ unknown; see?

¹³⁴ Cleome viscosa, L.? (cf. Rā.4.144); see AVS 2.116, NK #615

¹³⁵ Randia dumetorum, Lamk.; see NK #2091

¹³⁶ Datura metel, L.; see AVS 2.305 (cf. Abhidhānamañjarī), NK #796 ff., Potter 292 f., ADPS 132.

¹³⁷ Asparagus racemosus, Willd.; see ADPS 441, AVS 1.218, NK #264, IGP 103, IMP 4.2499ff., Dymock 482ff.

¹³⁸ Saccharum bengalense, Retz.?; see NK #2184

¹³⁹ The bark of wild asparagus (Asparagus racemosus, Willd.) is toxic.

¹⁴⁰ Calotropis gigantea, (L.) R. Br.; see ADPS 52, AVS 1.341, NK #427, Potter 63

¹⁴¹ The name of this poison, kumuda-ghnī, means 'lotus killer'. In Sanskrit literature, the

- oleander spurge $(snuh\bar{\iota})^{142}$, and
- 'web-milk' (jālakṣīri)¹⁴³;
- the two element $(dh\bar{a}tu)$ -poisons are:
 - 'foam-stone' (phenāśma)144, and
 - orpiment $(harit\bar{a}la)^{145}$; 146
- the thirteen tuber-poisons are:
 - jequirity $(k\bar{a}lak\bar{u}ta)^{147}$, 148
 - wolfsbane (*vatsanābha*)¹⁴⁹,
 - Indian mustard (sarṣapa) 150
 - leadwort $(p\bar{a}laka \rightarrow citraka)^{151}$,
 - 'muddy' (kardama)¹⁵², the
 - 'Virāṭa's plant' (vairāṭaka)¹⁵³,
 - nutgrass (*mustaka*)¹⁵⁴,

kumuda lotus is associated with the moon, since it blossoms by night. Since the sun causes this lotus to close, it is therefore an 'enemy' of the lotus. One of the chief words for the sun, *arka*, is also the name of *Calotropis gigantea*, which indeed has a milky juice which is a violent purgative, poison and abortifacient.

- 142 Euphorbia neriifolia, L., or E. antiquorum, L.; see ADPS 448, AVS (2.388), 3.1, NK #988, IGP 457b
- 143 unknown; see?
- 144 unknown; see?
- 145 Arsenii trisulphidum; see NK v. 2, p. 20 ff.
- 146 **Dutt-1922** conjectured that 'foam-stone' may be impure white arsenic obtained by roasting orpiment.
- 147 Abrus precatorius, L.? Cf. RRS 21.14.; see AVS 1.10, NK #6, Potter 168.
- 148 The much later (perhaps sixteenth century) alchemical *Rasaratnasamuccaya* of pseudo-Vāgbhaṭa (21.14) says that the *kālakūṭa* poison, here translated as 'jequirity', is similar to '*kākacañcu*' or 'Crow's Beak', which is indeed a name for the plant jequirity or *Abrus precatorius*, L., more commonly called *guñjā* (not to be confused with *gañjā*). The black seed-pod is described as having a 'sharp deflexed beak' in botanical descriptions, so the Sanskrit name is quite graphic and appropriate. The poisonous scarlet seeds of *A. precatorius* can have a distinct black dot or tip, which could perhaps be translated '*kāla-kūṭa*', or 'Black Tip'.

The *Rājanighanṭupariśiṣṭa* (9.35) gives *kālakūṭaka* as a synonym for *kāraskara*, or *Strychnos nux-vomica*, L., whose seeds are notoriously poisonous.

- 149 Aconitum napellus, L.; see AVS 1.47, NK #42, Potter 4 f.
- 150 Brassica juncea, Czern. & Coss.; see AVS 1.301, NK #378
- 151 Plumbago zeylanica (indica? rosea?), L.; see Rā. 6.124, ADPS 119, NK #1966, 1967
- 152 unknown; see?
- 153 unknown; see?
- 154 Cyperus rotundus, L.; see ADPS 316, AVS 2.296, NK #782

- atis root (śṛṅgīviṣa)¹⁵⁵,
- sacred lotus (*prapuṇḍarīka*)¹⁵⁶,
- radish (mūlaka)¹⁵⁷,
- 'alas, alas' (hālāhala)¹⁵⁸,
- 'big poison' (*mahāviṣa*)¹⁵⁹, and
- galls (*karkaṭa*)¹⁶⁰. 161

Thus, there are fifty-five stationary poisons.

6 There are believed to be four kinds of wolfsbane, two kinds of nutgrass, and six kinds of Indian mustard. But the rest are said to be unique types.

The effects of poisons

7–10 Root-poisons cause writhing (udvestana), moaning (pralapa), and delirium (moha). Leaf-poison is known for causing yawning, writhing limbs, and wheezing ($\dot{s}v\bar{a}sa$). Fruit-poisons cause swelling of the scrotum, a burning feeling, and a repugnance for food. Flower-poisons will cause vomiting, distension ($\bar{a}dhm\bar{a}na$), and delirium (moha). The use of bark, pith ($s\bar{a}ra$) and resin ($niry\bar{a}sa$) poisons will cause foul-smelling breath, coarseness ($p\bar{a}rusya$), a headache, and a flow of phlegm (kapha). The milky sap ($ks\bar{i}ra$)-poisons make one froth, 162 and make the tongue feel heavy. The element ($dh\bar{a}tu$)-poisons give one a pain in the chest,

¹⁵⁵ Aconitum heterophyllum, Wall. ex Royle; see AVS 1.42, NK #39

¹⁵⁶ Nelumbo nucifera, Gaertn.; see Dutt 110, NK #1698

¹⁵⁷ Raphanus sativus, L.; see NK #2098

¹⁵⁸ unknown; see Cf. Sodhalanighantu p.43 (sub bola) = stomaka = vatsanābha

¹⁵⁹ unknown; see?

¹⁶⁰ Rhus succedanea, L.; see NK #2136

¹⁶¹ Leadwort root is a powerful poison. Nutgrass is tuberous, but non-toxic. Atis has highly toxic tuberous roots. Neither sacred lotus nor galls are toxic. The 'alas, alas' poison (hālāhala) is the mythical poison produced from the churning of the ocean at the time of creation: it occurs in medical texts such as the present one, and commentators identify it with one or other of the lethal poisons such as wolfsbane or jequirity. agra-indi makes the intriguing suggestion that the word hālāhala, possibly to be identified with Pāṇini's hailihila (P.6.2.38), may be of Semitic origin, although his evidence seems uncertain (stei-pers cites Persian halāhil 'deadly (poison)' as a loan from Sanskrit). mayr-kurz also cites a claim for an Austro-Asiatic origin for the word.

¹⁶² This is indeed the observed effect of the milky sap of Calotropis procera, R. Br. (NK).

make one faint, and cause a burning feeling on the palate. These poisons are classified as ones which are normally lethal after a period of time.

11–17 Symptoms of tuber poisoning

The tuber-poisons, though, are severe. I shall talk about them in detail. With jequirity $(k\bar{a}lak\bar{u}ta)^{163}$, there is numbness, trembling, and rigidity. With wolfsbane $(vatsan\bar{a}bha)^{164}$, there is rigidity of the neck, and the faeces, urine, and eyes become yellow. With Indian mustard $(sarṣapa)^{165}$, the wind becomes defective $(v\bar{a}tavaigunya)$, there is constipation $(\bar{a}-n\bar{a}ha)$, and lumps (granthi) start to appear. With leadwort $(p\bar{a}laka \rightarrow cit-raka)^{166}$, everyone agrees that there is weakness in the neck, and speech gets jumbled. With the one called 'muddy' $(kardama)^{167}$, there is a discharge (praseka), the faeces pour out, and the eyes turn yellow. With the 'Virāṭa's plant' $(vairāṭaka)^{168}$, one's limbs hurt, and one's head becomes ill. With nutgrass $(mustaka)^{169}$, one's arms and legs grow stiff, and start to tremble.

- With atis root $(\dot{s}\dot{r}\dot{n}g\bar{\imath}v\dot{\imath}\dot{s}a)^{170}$, one's limbs grow weak, there is a burning feeling.
- With sacred lotus (*prapuṇḍarīka*)¹⁷¹, one's eyes go red, and one's belly becomes distended.
- 16b With radish $(m\bar{u}laka)^{1/2}$ es, one is drained of colour, one vomits, one has hiccups, distension, and passes out.
- 17a With 'alas, alas' (hālāhala)¹⁷³, a man starts, after a while, to gasp and turn brown.

¹⁶³ Abrus precatorius, L.? Cf. RRS 21.14.; see AVS 1.10, NK #6, Potter 168.

¹⁶⁴ Aconitum napellus, L.; see AVS 1.47, NK #38, Potter 4 f.

¹⁶⁵ Brassica juncea, Czern & Coss.; see AVS 1.301, NK #378

¹⁶⁶ Plumbago zeylanica (indica? rosea?), L.; see Rā. 6.124, ADPS 119, NK #1966, 1967

¹⁶⁷ unknown; see?

¹⁶⁸ unknown; see?

¹⁶⁹ Cyperus rotundus, L.; see ADPS 316, AVS 2.296, NK #782

¹⁷⁰ Aconitum heterophyllum, Wall. ex Royle; see AVS 1.42, NK #39

¹⁷¹ Nelumbo nucifera, Gaertn.; see Dutt 110, NK #1698

¹⁷² Raphanus sativus, L.; see NK #2098

¹⁷³ unknown; see Cf. Sodhalanighantu p.43 (sub bola) = stomaka = vatsanābha

- 17b With 'big poison' (*mahāviṣa*)¹⁷⁴, one gets violent knots (*granthi*) and stabbing pains in the heart.
- 18a With galls (*karkaṭa*)¹⁷⁵, one leaps up laughing and gnashing one's teeth.
- These thirteen cited poisons which originate from tubers are fearfully potent. Experts know them all by these ten features: they are traditionally said to be dry $(r\bar{u}k sa)$, hot, sharp, rarified $(s\bar{u}k sa)$, fast-acting, pervasive, expansive (vik sa), limpid (visada), light, and indigestible.
- 19b- Because of their dryness they cause inflammation of the wind; their heat inflames the choler and blood. Because of their sharpness they unhinge the mind, and they cut through the connections with the sensitive points (*marman*). Because of being rarified they infiltrate and disconnect the parts of the body. Because they are fast-acting they kill quickly, and because of their pervasiveness they blend with one's physical constitution (*prakṛti*). Because they expand they destroy the humour (*doṣa*)s, element (*dhātu*)s, and the impurities. Because they are limpid they overflow, because they are light they are difficult to cure, and because they are indigestible they are hard to eliminate. And so they cause long suffering.
 - One can be certain that any poison which is instantly lethal, whether it be stationary, mobile, or artificial, will have all ten of these features.

Slow-acting poison

- A poison, whether it be stationary, mobile, or artificial, which has not completely gone from the body, but which is worn out or damaged by anti-toxic medicine, or else dried up by blazing fire, wind, or sunshine, or which has just lost its virulence by itself, becomes a 'slow-acting poison $(d\bar{u}s\bar{v}isa)$ '. Because it has lost its potency it is no longer lethal. It is surrounded by phlegm (kapha) and has an aftermath that lasts for years.
- If he is suffering from this, his stools and complexion deteriorate, he gets bad breath and a nasty taste in his mouth, and is very thirsty. He faints, vomits, his speech is slurred, and he is depressed. Also, he has the symptoms of contaminated dropsy (*duṣyodara*).¹⁷⁶

¹⁷⁴ unknown; see?

¹⁷⁵ Rhus succedanea, L.; see NK #2136

^{176 &#}x27;Contaminated dropsy' (duṣyodara or dūṣyudara) is described elsewhere as a condition

- 28 If it lodges in his stomach (āmāśaya), his wind and phlegm become diseased; if it lodges in his intestines (pakvāśaya), his wind and choler become diseased. The man's hair and body are ruined, and he looks like a bird whose wings have been chopped off.
- 29a-c If it lodges in one of the body tissue (*dhātu*)s such as the chyle (*rasa*), it causes the diseases that were described as arising from the elements, and it rapidly becomes inflamed on nasty days which are cold and windy.
- Now listen to the preliminary signs of such a case: sleepiness, heaviness, yawning, slackness (viśleṣa) and exhilaration (harṣa), and a chafing of the limbs (aṅgamarda). Next, it causes food-mania (annamada) and indigestion, appetite-loss (arocaka), round blotches (maṇḍala), skin disease (koṭha), and delirium (moha). The body tissues dwindle away (kṣaya), the feet, hands, and face get swollen, dropsy develops, and there is vomiting and diarrhoea. Perhaps his colour may drain away and he may faint or have irregular fever (viṣamajvara). It may cause heightened, powerful thirst.
 - These various disorders are of many different types: one poison may produce madness, while another one may cause constipation $(\bar{a}n\bar{a}ha)$, and yet another may deplete the semen. One may cause slurred speech, while another pallid skin disease (kustha).
 - Traditionally, 'slow-acting poison' $(d\bar{u}s\bar{\iota}-visa)$ is so called because it corrupts $(d\bar{u}sayate)$ the body tissue $(dh\bar{a}tu)s$. This corruption is caused by repetitively keeping to certain locations, times, foods, and sleeping in the daytime.

34- The stages of slow poisoning

In the first shock of having taken a stationary poison, a person goes a brown colour, his tongue becomes stiff, he grows faint, and starts to gasp.

- In the second, he trembles, collapses, has a burning feeling, as well as a sore throat. When the poison reaches the stomach $(\bar{a}m\bar{a}\dot{s}aya)$, it causes pain in the chest (hrd).
- 36 In the third, the roof of his mouth goes dry, he gets violent shooting

which arises when women of ill-character mix nail clippings, hair, urine, faeces, or menstrual blood with a man's food, in order to gain power over him (2.7.11–13).

- pains (\hat{sula}) in the stomach $(\bar{a}m\bar{a}\hat{s}aya)$, and his eyes swell up and go a nasty, yellow colour.
- In the fourth shock, it causes the stomach and intestines to sting (toda), he gets hiccups, a cough, a rumbling in the gut (antra), and his head becomes very heavy.
- 38 In the fifth he dribbles phlegm (*kapha*), is drained of colour, his joints crack (*parvabheda*), all his humours are inflamed, and he also has a pain in his belly (*pakvādhāna*).
- 39a In the sixth, his consciousness is annihilated and he completely loses control of his bowels.
- 39b In the seventh, his shoulders, back and loins break, and he is finished.

Remedies for the stages of slow poisoning

- In the first shock of the poison, he should vomit and be sprinkled with cold water. Then he should be made to drink an antidote (*agada*) together with honey and ghee.
- In the second, he should vomit as before, and then be given a purgative to drink.
- In the third, it is good for him to drink an antidote and take a nasal medicine (nasya) as well as an eye salve ($a\tilde{n}jana$).
- 42a In the fourth, he should drink a medical antidote mixed with oil.
- In the fifth, he should be prescribed the antidote together with a decoction ($kv\bar{a}tha$) of honey and liquorice (madhuka)¹⁷⁷.
 - In the sixth, the cure is the same as for diarrhoea. And in the seventh, he should have medicated powder blown up his nose, and after having a 'crow's foot ($k\bar{a}kapada$)' cut made on his head, he should have a piece of bloody meat put on it.¹⁷⁸
 - 44 In the intervals between each shock, assuming that the above actions

¹⁷⁷ Glycyrrhiza glabra, L.; see AVS 3.84, NK #1136

¹⁷⁸ Suśruta explains the term <code>avapīḍa</code> 'medicated nasal powder' as the procedure either of administering nasal drops (<code>avapīḍa</code>), or blowing medicated powder into the nose (4.40.44–46): it is particularly recommended for unconscious or incapable patients. The 'crow's-foot' procedure is also recommended later in the 'Section on Procedures' (5.5.24a) in cases of snake-bite. It is also described by Caraka (see p. ?? below).

have been performed, one should give the patient cold porridge together with ghee and honey, to take away the poison.

Both kinds of poison are destroyed by a porridge prepared with the stewed juice $(niṣkv\bar{a}tha)$ of the following: luffa $(koṣ\bar{a}takya)^{179}$, migraine tree $(agnimantha)^{180}$, velvet-leaf $(p\bar{a}th\bar{a})^{181}$, 'sun-creeper' $(s\bar{u}ryavall\bar{\iota} \to j\bar{\iota}vant\bar{\iota}?)^{182}$, heart-leaved moonseed $(amrt\bar{a})^{183}$, myrobalan $(abhay\bar{a})^{184}$ s, siris $(sir\bar{\imath}ṣa)^{185}$, white siris $(kinih\bar{\iota})^{186}$, selu plum $(selu)^{187}$, white clitoria $(giry\bar{a}hv\bar{a})^{188}$, the two kinds of turmeric $(rajan\bar{\iota})^{189}$, the two hogweed $(punarnav\bar{a})^{190}$ s (red and white), black cardamom $(harenu)^{191}$, the three pungent spices (trikatu) (dried ginger $(sunth\bar{\iota})^{192}$, long pepper $(pippal\bar{\iota})^{193}$, and black pepper $(marica)^{194}$), the two Indian sarsaparillas $(s\bar{a}rive)$ (country sarsaparilla $(anant\bar{a})^{195}$ and black creeper $(p\bar{a}lind\bar{\iota})^{196}$) and country mallow $(bal\bar{a})^{197}$.

¹⁷⁹ Luffa cylindrica, (L.) M. J. Roem. or L. acutangula, (L.) Roxb.; see ADPS 252, NK #1514 etc.

¹⁸⁰ Premna corymbosa, Rottl.; see IMP 1927, ADPS 21, NK #2025, AVS 4.348; GJM 523: = P. integrifolia/serratifolia, L.

¹⁸¹ Cissampelos pariera, L.; see ADPS 366, NK #592, GJM 573, IMP 1.95; cf. AVS 2.277

¹⁸² Holostemma ada-kodien, Schultes; see ADPS 195, AVS 3.167, NK #1242, IMP 3.1619

¹⁸³ Tinospora cordifolia, (Willd.) Hook.f. & Thoms.?; see ADPS 38, NK #2472 & 624, Dastur #229

¹⁸⁴ Terminalia chebula, Retz.; see ADPS 172, NK #2451, Potter 214

¹⁸⁵ Albizia lebbeck, Benth.; see AVS 1.81, NK #91

¹⁸⁶ Albizia procera, (Roxb.) Benth.; see GVDB 98, NK #93

¹⁸⁷ Cordia myxa, L. non Forssk.; see GJM 529 (2), IGP 291b, cf. IMP 3.1677f; cf. AVS 2.180 (C. dichotoma, Forst.f.), NK #672 (C. latifolia, Roxb.)

¹⁸⁸ Clitoria ternatea, L.; see AVS 2.129, NK #621

¹⁸⁹ Curcuma longa, L.; see ADPS 169, AVS 2.259, NK #750

¹⁹⁰ Boerhaavia diffusa, L.; see ADPS 387, AVS 1.281, NK #363

¹⁹¹ Amomum subulatum, Roxb.?; see PVS Caraka 2.734, AVS 1.128, NK #154

¹⁹² Zingiber officinale, Roscoe.; see ADPS 50, NK #2658, AVS 5.435, IGP 1232

¹⁹³ Piper longum, L.; see ADPS 374, NK #1928

¹⁹⁴ Piper nigrum, L.; see ADPS 294, NK #1929

¹⁹⁵ Hemidesmus indicus, (L.) R. Br.; see ADPS 434, AVS 3.141-5, NK #1210

¹⁹⁶ Ichnocarpus frutescens, (L.) R.Br. or Cryptolepis buchanani, Roemer & Schultes; see AVS 3.141, 3.145, 3.203, NK #1283, #1210, ADPS 434

¹⁹⁷ Sida cordifolia, L.; see ADPS 71, NK #2297

47-49 The 'invincible' ghee

There is a famous ghee called 'Invincible' (ajeya). It rapidly destroys all poisons and 'always conquers'. It is made with a mash (kalka) of the following plants: liquorice (madhuka)¹⁹⁸, Indian rosebay (tagara)¹⁹⁹, costus (kuṣṭha)²⁰⁰, deodar (bhadradāru)²⁰¹, black cardamom (hareṇu)²⁰², Alexandrian laurel (punnāga)²⁰³, cherry (elavāluka)²⁰⁴, cobra's saffron (nāgapuṣpa)²⁰⁵, water-lily (utpala)²⁰⁶, white clitoria (sitā \rightarrow śvetā?)²⁰⁷, embelia (viḍaṅga)²⁰⁸, sandalwood (candana)²⁰⁹, cassia cinnamon (patra)²¹⁰, 'going-to-my-darling' (priyaṅgu)²¹¹, rosha grass (dhyāmaka)²¹², the two turmerics (ordinary turmeric (rajanī)²¹³ and Indian barberry (dāruharidrā)²¹⁴), the two Indian nightshade (bṛhatī)s (poison berry (bṛhatī)²¹⁵ and yellowberried nightshade (kṣudrā)²¹⁶), the two Indian sarsaparillas (sārive) (country sarsaparilla (anantā)²¹⁷ and black creeper (pālindī)²¹⁸), beggarweed (sthirā \rightarrow śālaparṇī)²¹⁹, and 'spotted-leaf' (sahā \rightarrow pṛśni-

¹⁹⁸ Glycyrrhiza glabra, L.; see AVS 3.84, NK #1136

¹⁹⁹ Tabernaemontana divaricata (L.) R.Br. ex Roem. & Schultes.; see GJM 557, AVS 5.232

²⁰⁰ Saussurea costus, Clarke; see NK #2239

²⁰¹ Cedrus deodara, (Roxb.ex D.Don) G. Don; see AVS 41, NK #516

²⁰² Amomum subulatum, Roxb.?; see PVS Caraka 2.734, AVS 1.128, NK #154

²⁰³ Calophyllum inophyllum, L.; see AVS 1.338, NK #425

²⁰⁴ Prunus cerasus, L.?; see BVDB 58, NK #2037

²⁰⁵ Mesua ferrea, L.; see NK #1595

²⁰⁶ Nymphaea stellata, Willd.; see GJM 528, IGP 790; Dutt 110, NK #1726

²⁰⁷ Clitoria ternatea, L.; see AVS 2.129, NK #621

²⁰⁸ Embelia ribes, Burm. f.; see ADPS 507, AVS 2.368, NK #929, Potter 113

²⁰⁹ Santalum album, L.; see ADPS 111, NK #2217

²¹⁰ Cinnamomum tamala, (Buch.-Ham.) Nees; see AVS 2.84, NK #

²¹¹ Callicarpa macrophylla, Vahl.; see AVS 1.334, NK #420

²¹² Cymbopogon martinii (Roxb.) Wats; see AVS 2.285, NK #177

²¹³ Curcuma longa, L.; see ADPS 169, AVS 2.259, NK #750

²¹⁴ Berberis aristata, DC.; see Dymock 1.65, NK #685, GJM 562, IGP 141

²¹⁵ Solanum violaceum, Ortega; see ADPS 100, NK #2329, AVS 5.151

²¹⁶ Solanum virginianum, L.; see ADPS 100, NK #2329, AVS 5.164

²¹⁷ Hemidesmus indicus, (L.) R. Br.; see ADPS 434, AVS 3.141-5, NK #1210

²¹⁸ Ichnocarpus frutescens, (L.) R.Br. or Cryptolepis buchanani, Roemer & Schultes; see AVS 3.141, 3.145, 3.203, NK #1283, #1210, ADPS 434

²¹⁹ Desmodium gangeticum (L.) DC; see Dymock 1.428, GJM 602, NK #1192; ADPS 382, 414 and AVS 2.319, 4.366 are confusing

 $parn\bar{\imath})^{220}$.

50-52 Curing the 'slow-acting' poison

Someone suffering from 'slow-acting (dūsīvisa) poison should be well sweated, and purged both top and bot-Then he should in all cases be made to drink the following antidote which removes 'slow-acting poison':

Take long pepper $(pippal\bar{\imath})^{221}$, rosha grass $(dhy\bar{a}maka)^{222}$, spikenard $(m\bar{a}ms\bar{\imath})^{223}$, lodh tree $(s\bar{a}vara \rightarrow lodhra)^{224}$, nutgrass $(paripelava \rightarrow plava \rightarrow must\bar{a}?)^{225}$, soda crystals $(suvarcik\bar{a} \rightarrow suvarjik\bar{a})^{226}$, cardamom $(s\bar{u}ksmail\bar{a})^{227}$, 'scented pavonia' $(toya \rightarrow b\bar{a}laka)^{228}$, and 'gold-chalk' ochre (kanakagairika). This antitoxin, taken with honey, eliminates 'slow-acting poison'. It is called 'slow-acting poison antidote $(d\bar{u}s\bar{i}vis\bar{a}ri)$ ', and there is no situation where it is not recommended.

- feeling, hiccups, constipation (ānāha), depletion of the semen, distension, diarrhoea, fainting, illness in the heart, bellyache (jaṭhara), madness, trembling, or others, then one should treat each one in its own terms, as well as using the anti-toxic medicines.
 - 'Slow-acting poison' is curable $(s\bar{a}dhya)$ if caught immediately; it is treatable $(y\bar{a}pya)$ if it is of a year's standing; but it cannot be cured in someone who has unhealthy habits or who is weak $(ks\bar{i}na)$.

²²⁰ Uraria lagopoides, DC; see GJM 577, Dymock 1.426, IMP 1.750ff., NK #2542; ADPS 382, AVS 2.319 4.366 are confusing

²²¹ Piper longum, L.; see ADPS 374, NK #1928

²²² Cymbopogon martinii (Roxb.) Wats; see AVS 2.285, NK #177

²²³ Nardostachys grandiflora, DC.; see NK #1691

²²⁴ Symplocos racemosa, Roxb.; see ADPS 279, NK #2420

²²⁵ Cyperus rotundus, L.; see ADPS 316, AVS 2.296, NK #782

²²⁶ Sodium carbonate; see NK 2, p. 101

²²⁷ Elettaria cardamomum, Maton; see AVS 2.360, NK #924, Potter 66

²²⁸ Pavonia odorata, Willd.; see ADPS 498, NK #1822

Thus ends the second chapter, called 'on the knowledge of stationary poisons', in the Procedures Section of Suśruta's *Compendium*.

Abbreviations

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HIML Meulenbeld, Gerrit Jan (1999–2002), A History of Indian

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9069801248.

KL *Kaiser Library* (n.d.).

MW Monier-Williams, Monier, Leumann, E., Cappeller, C., et al. (1899), A Sanskrit–English Dictionary Etymologically and Philologically Arranged, New Edition (Oxford: Clarendon Press); 1970 reprint.

NAK National Archives of Kathmandu (n.d.).

NCC Raghavan, V. et al. (1949–), New Catalogus Catalogorum, an Alphabetical Register of Sanskrit and Allied Works and Authors, 39 vols. (Madras University Sanskrit Series; Madras: University of Madras); v.1: revised edition, 1968.

NGMCP (2014), 'Nepal-german Manuscript Cataloguing Project. Online Title List and Descriptive Catalogue', Universität Hamburg and Deutsche Forschungsgemeinschaft, URL.

RORI Rajasthan Oriental Research Institute (n.d.).

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Glossary

'gold-chalk' ochre	chafing of the limbs	vikāśin 40
kanakagairika 45	aṅgamarda 41	eye salve
'invincible'	chest	añjana 42
ajeya 44	hṛd 41	, .
.,,-9 44	chyle	food-mania
ādhmāna	rasa 41	annamada 41
distension 38	coarseness	
agada	pāruṣya 38	granthi
0	constipation	knots 40
antidote 42	ānāha 39, 41, 45	lumps 39
ajeya	crow's foot	gut
'invincible' 44	kākapada 42	antra 42
āmāśaya	curable	
stomach 41f	sādhya 45	harṣa
ānāha	suunyu 45	exhilaration 41
constipation 39, 41,	decoction	hṛd
45	kvātha 42	chest 41
aṅgamarda	delirium	humour
chafing of the		doṣa 40
limbs 41	moha 38, 41 dhātu	
añjana		indian nightshade
eye salve 42	body tissue 41	bṛhatī 44
annamada	element 34, 37f, 40	indian sarsaparillas
food-mania 41	discharge	sārive 43f
antidote	praseka 39	intestines
agada 42	distension	pakvāśaya 41
antra	ādhmāna 38	irregular fever
gut 42	doṣa	viṣamajvara 41
appetite-loss	humour 40	
arocaka 41	dry	jaṅgama
arocaka	rūkṣa 40	mobile 34
appetite-loss 41	dūṣīviṣa	jaṭhara
avapīḍa	slow-acting poison	bellyache 45
nasal drops 42	45	joints crack
nasai drops 42	dūṣīviṣāri	parvabheda 42
1. De-	slow-acting poison	
belly	antidote 45	kākapada
pakvādhāna 42	dwindle away	crow's foot 42
bellyache	kṣaya 41	kalka
jaṭhara 45		mash 44
body tissue	element	kanakagairika
dhātu 41	dhātu 34, 37f, 40	'gold-chalk' ochre
bṛhatī	exhilaration	45
indian nightshade	harṣa 41	kapha
44	expansive	phlegm 38, 40, 42

knots	pakvāšaya	sthāvara <mark>34</mark>
granthi 40	intestines 41	stewed juice
koṭha	pallid skin disease	niṣkvātha 43
skin disease 41	kuṣṭha 41	sthāvara
kṣaya	рāruṣya	stationary 34
dwindle away 41	coarseness 38	sting
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