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FrostHack-2023

Port_8080

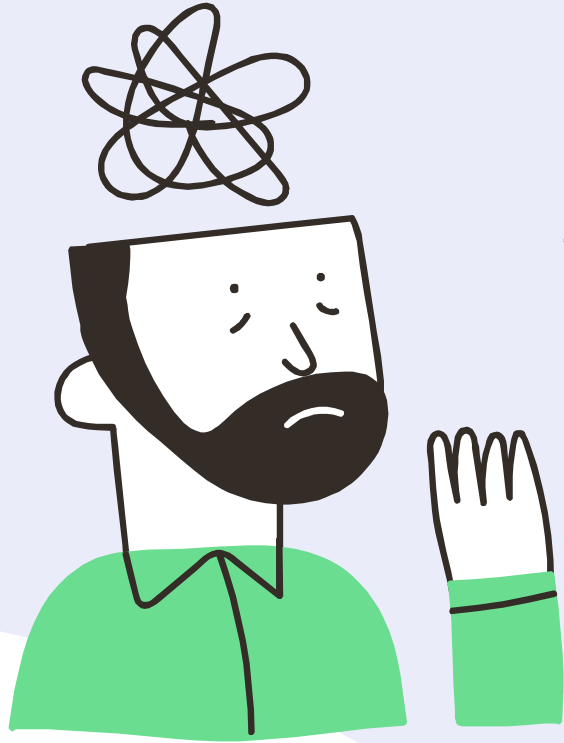
Final Project Submission

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Look Within

A WebApp based holistic platform
for your Mental WellBeing





Idea

A WebApp, where users can sign-in with their e-mails, and monitor their Mental Health using various tools

Segments

01

Sign-in

Users can create their accounts, and sign-in

02

Home

The home page, from where the user can navigate to various sections

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03

Resources

Mental Health resources, including podcasts, relaxing and inspirational music and videos

Future Segments

04

Tools

Measurement of various body parameters, that define your mental health

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05

Community

Contribute to the community as a psychiatrist or get consulted by one!!

Tech Stack

- ☐ HTML
- ☐ CSS
- ☐ Express.js
- ☐ Auth0
- ☐ Node.js
- ☐ Embedded JavaScript (EJS)



THANKS!!