

Annual Report - Sports

Session 2024 – 25

The Fitness Week, organized from August 26 to August 30 in celebration of National Sports Day, was a comprehensive initiative aimed at promoting physical activity, healthy competition, and overall well-being within the university community. The event aimed to promote a collaborative spirit and a commitment to leading healthier lives among participants by offering a variety of physical exercise opportunities through a carefully selected series of activities. The hostellers were taken into consideration when organizing the event, and their health and well-being were given special attention.

AMITY UNIVERSITY PRESENTS

FITNESS WEEK

2024-25

FIT AMITY, FIT INDIA

FITNESS WEEK **26 - 30** **AUGUST**

DAY 1 (26/08/24)	MARATHON
DAY 2 (27/08/24)	YOGA
DAY 3 (28/08/24)	ZUMBA
DAY 4 (29/08/24)	SELF-DEFENSE WORKSHOP & SHOW MATCH
DAY 5 (30/08/24)	SPORTS LADDER

Day 1: Marathon (August 26, Monday)



- **Venue:** Amity Main Gate to Ajivali and back (7 km)
- **Timings:** 06:30 AM - 08:30 AM
- **Participants:** 103

Event Flow:

- **Assembly:** The event began with the assembly of students and faculty at 06:30 AM, ensuring all participants were present and accounted for before the marathon commenced. This also provided an opportunity for a final briefing on the route and safety protocols.
- **Arrival of Dignitaries:** The Honourable Vice Chancellor (VC) and Heads of Departments/Institutes arrived at 06:35 AM. Their presence was pivotal in emphasizing the importance of fitness and sports within the academic environment.
- **Inaugural Address:** At 06:37 AM, the Hon. VC delivered an inspiring address, highlighting the objectives of Fitness Week and encouraging participants to embrace the challenges ahead.
- **Marathon Start:** The marathon officially began at 06:45 AM with the green signal from the Hon. VC. The route, spanning from the Amity Main Gate to Ajivali and back, was carefully mapped out to ensure safety and a seamless experience for all participants.
- **Completion:** By 08:00 AM, the marathon was successfully completed by all participants. This was a testament to their dedication and physical endurance, setting a positive tone for the rest of the week.
- **Photo Session and Medal Distribution:** At 08:15 AM, a group photo session was conducted to capture the enthusiasm and collective spirit of the participants. Followed by medal distribution to the top 10 girls and boys.
- **Refreshments:** Refreshments were served at 08:20 AM, allowing participants to replenish their energy after the rigorous activity.



Logistical Arrangements:

- **Safety Measures:** An ambulance equipped with a first aid kit was on standby throughout the event to address any medical emergencies.
- **Hydration:** Water stations were strategically placed along the marathon route, ensuring participants remained hydrated.

- **Route Marking:** The marathon route was clearly marked with chalk and ropes, preventing any confusion or deviation from the planned course.
- **Dress Code:** Participants adhered to the mandatory dress code of sportswear and appropriate footwear, contributing to their comfort and performance.

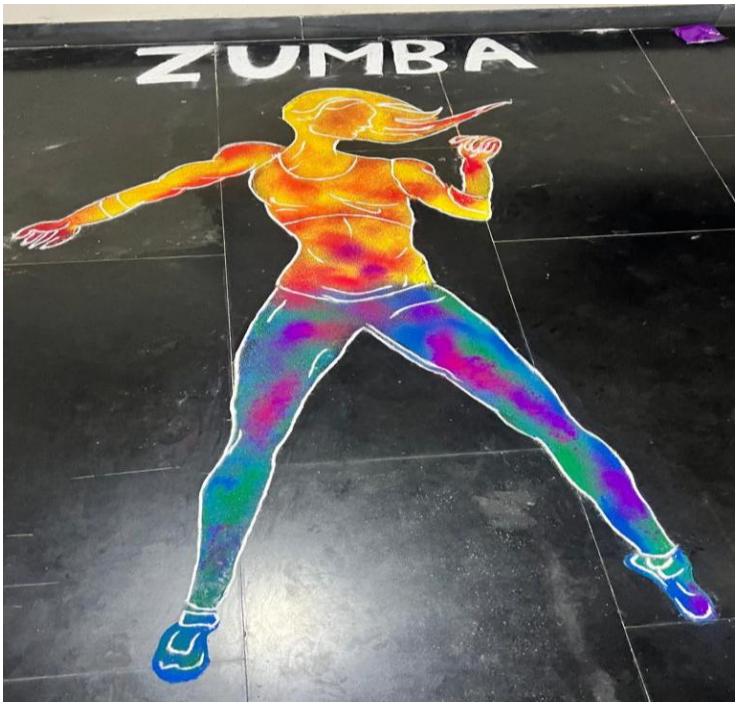




Day 2: Yoga Session (August 27, Tuesday)



Day 3: Zumba Session (August 28, Wednesday)



Day 4: Self-Defence Workshop & Martial Arts Show Match





Day 5: Sports Ladder (August 30, Friday)



SANGATHAN 2024

Victory and defeat is a part of sports but its true sportsmanship that makes you a class apart. Sangathan signifies this very essence of Amity University Mumbai in a magnificent sporting event that gathers students from all departments. The event promotes life skills and qualities such as brotherhood, team spirit, dynamic leadership, inspirational motivation, respect towards one another, a love for the game, acknowledging failure with humility and evolving on to a better version of ourselves as we progress towards success.

The preparation for Sangathan 2024 started with the formation of the organizing committee which worked day and night for the success of the event. A total of 19 departments were divided into following 8 clusters:

1. ABS
2. RICS + CII + ASAS + AILA
3. ASAP + ASFA + AITT + ASL
4. ASET + AIT
5. AIB + AIIT+AIP
6. ASCO + AFS
7. ALS + ASFDT
8. AIBAS

The 8 clusters were appointed with two cluster co-ordinators each. The event was started on 26th August, 2024, with the Torch Lighting Ceremony. The torch was lit in front of the main gate of the Amity University Mumbai, and it travelled across all the 19 departments along with non-teaching quarters. And finally, the Mashal was lit in front of by Honourable Vice Chancellor Dr. A W Santhosh Kumar. The games were conducted for a total of 30 days where 200+ matches were played by our very own students.

Outdoor Games	
Basketball	Kabaddi
Kho-Kho	Lawn Tennis
Football/Futsal	Box cricket
Handball	Volleyball
Athletics	Tug of War
Indoor Games	
Badminton	Carrom
Chess	Table Tennis

After the end of these 30 days of nail-biting, adrenalin pumping, and even some surprise elements, one cluster battled the odd and finally won the Sangathan 2024 Championship Trophy. Along with all these sporting events faculty games were also conducted in the beginning of Sangathan where we have seen a huge number of participants from faculties of all 19 departments. This was accompanied by a spectacular March Past display by all the 8 clusters.

Standings	Cluster	Points
1 st	AIB + AIIT+AIP	191
2 nd	ASET + AIT	184
3 rd	AIBAS	150
4 th	ABS	128
5 th	ASAP + ASFA + AITT + ASL	50
6 th	ALS + ASFDT	49
7 th	ASCO + AFS	44
8 th	RICS + CII + ASAS + AILA	21

The closing ceremony was conducted on 11th October 2024 with the medals being distributed and the trophies were presented to the 2nd Runner Up, 1st Runner Up and Winner trophy being distributed to AIBAS, ASET + AIT & AIB + AIIT+AIP Cluster by Honourable Vice Chancellor respectively.

BANNER RAISING CERemony





TORCH RELAY CEREMONY





MARCH PAST









INDOOR SPORTS





OUTDOOR SPORTS















