| 시작 시간 | 종료 시간 | 학습할 것 | 점수(1~5) | 점수 이유 | 보완할 것 |
|-------|-------|-------|---------|-------|-------|
| 8:00  | 8:30  |       |         |       |       |
| 8:30  | 9:00  |       |         |       |       |
| 9:00  | 9:30  |       |         |       |       |
| 9:30  | 10:00 |       |         |       |       |
| 10:00 | 10:30 |       |         |       |       |
| 10:30 | 11:00 |       |         |       |       |
| 11:00 | 11:30 |       |         |       |       |
| 11:30 | 12:00 |       |         |       |       |
| 12:00 | 12:30 |       |         |       |       |
| 12:30 | 13:00 |       |         |       |       |
| 13:00 | 13:30 |       |         |       |       |
| 13:30 | 14:00 |       |         |       |       |
| 14:00 | 14:30 |       |         |       |       |
| 14:30 | 15:00 |       |         |       |       |
| 15:00 | 15:30 |       |         |       |       |
| 15:30 | 16:00 |       |         |       |       |
| 16:00 | 16:30 |       |         |       |       |
| 16:30 | 17:00 |       |         |       |       |
| 17:00 | 17:30 |       |         |       |       |
| 17:30 | 18:00 |       |         |       |       |
| 18:00 | 18:30 |       |         |       |       |
| 18:30 | 19:00 |       |         |       |       |
| 19:00 | 19:30 |       |         |       |       |
| 19:30 | 20:00 |       |         |       |       |
| 20:00 | 20:30 |       |         |       |       |
| 20:30 | 21:00 |       |         |       |       |
| 21:00 | 21:30 |       |         |       |       |
| 21:30 | 22:00 |       |         |       |       |
| 22:00 | 22:30 |       |         |       |       |
| 22:30 | 23:00 |       |         |       |       |
| 23:00 | 23:30 |       |         |       |       |
| 23:30 | 0:00  |       |         |       |       |
| 0:00  | 0:30  |       |         |       |       |
| 0:30  | 1:00  |       |         |       |       |
| 1:00  | 1:30  |       |         |       |       |
| 1:30  | 2:00  |       |         |       |       |