Specialist
userId: Long
firstName: String
lastName: String
image: Blob
stars: int
programs: List<Program>
clientLimit: int

Price
adjustProgram: Double

AdjustProgram
createdAt: Date
bodyCompositionBefore: BodyComposition
bodyCompositionAfter: BodyComposition
nutritionProgram: NutritionProgram
fitnessProgram: fitnessProgram
expirationDate: Date
designed: Boolean
clientId: Long
specialistId: Long
done: Boolean
paid: Boolean

AdjustClient
userId: Long
firstName: String
lastName: String
birth: Date
image: Blob
token: Double
score: Double
programs: List<Program>
tutorials: List<Long>

BodyComposition
createdAt: Date
height: Double
width: Double
bmi: Double
bodyComposition: Blob
bloodTest: Blob

Conversation
clientId: Long
specialistId: Long
messages: List<ChatMessage>

ChatMessage
clientId: Long
specialistId: Long
text: String
voice: Blob

BuyToken
name: String
amount: Double
date: Date
client: Client

AdjustTutorial
title: String
description: String
thumbnail: Blob
content: Blob
tokenPrice: Double
clients: List<AdjustClient>

FitnessProgram
type: String
workouts: List<Workout>
description: String

NutritionProgram
dailyCalories: Double
proteinPercentage: int
carbsPercentage: int
fatPercentage: int
meals: List<Meal>

Workout
dayNumber: int
excercise: Excercise
sets: int
repsMin: int
repsMax: int

Excercise
number: int
name: String
muscle: String
equipment: String
picture: Blob

Meal
name: String
number: int
lowFatDairyUnit: int   #glass
mediumFatDairyUnit: int   #glass
highFatDairyUnit: int   #glass
lowFatMeatUnit: int   #30 grams
mediumFatMeatUnit: int   #30 grams
highFatMeatUnti: int   #30 grams
breadUnit: int   #30 grams
cerealUnit: int   #30 grams
riceUnit: int   #30 grams
pastaUnit: int   #30 grams
fruitUnit: int   #glass
vegetableUnit: int   #glass
fatUnit: int   #teaspoon

1..n