* Client registers
  1. Create a new User record
  2. Create a new AdjustClient record
* Client update
  1. Update client info with picture
* Client program request
  1. Choose a specialist
  2. Get the chose specialist’s id
  3. Create a BodyComposition record
  4. Create an AdjustProgram record with done=false designed=false and paid=false with specialistId as the id chosen and set clientId as AdjustClient id of current user
  5. Get adjustProgram from Price entity and deduct the number from AdjustClient number of tokens
  6. Set AdjustProgram of AdjustClient paid=true
* Specialist designs program
  1. Get the AdjustProgram record that has designed=false and paid=true
  2. Create a FitnessProgram record
  3. Create a NutritionProgram record
  4. Complete AdjustProgram record and set designed=true
* Client gets designed program
  1. Find the AdjustProgram record in AdjustClient record of the client and find the record that has done=false and designed=true