

# Suman Rana

ACTOR. DOCTOR. ENTREPRENEUR.



## ABOUT ME

Born in the serene landscapes of Kishtwar, Jammu & Kashmir, I am a unique blend of intellect, creativity, and purpose. With a Ph.D. in Health Management (Obstetrics & Gynaecology), certifications in ACLS & BLS, and affiliations with leading hospitals and international research bodies, my journey began in medicine but expands far beyond it.

A passionate storyteller and artist, I've explored acting, modeling, dance, fashion, writing, and MMA—bringing authenticity and depth to every frame I inhabit. With experience behind and in front of the camera, I've collaborated with top national and global brands.

## SPECIAL SKILLS

**Languages:** Fluent in Hindi, English, Punjabi, Haryanvi, Rajasthani, and Urdu.

**Dance:** Proficient in Bollywood and various Folk Dance styles.

**Physical & Wellness:** Skilled in Yoga, Meditation, Swimming, and basic Horse Riding. Comfortable with animals (including insects/reptiles) and children. Capable of performing stunts.

**Communication:** Strong seminar and communication skills.

**Medical Knowledge (Relevant for specific roles):** Ph.D. in Health Management with specializations in Obstetrics & Gynaecology. Certified in ACLS (Advanced Cardiovascular Life Supports) and BLS (Basic Life Support).

**Philanthropic Endeavors:** Involved with Suman Rana's Trust for older age & Orphan Kids, and leads a private team dedicated to street animals & human care.

## PERSONAL INFORMATION

**Full Name :** Suman Rana

**Nationality :** Indian भारतीय

**Born :** 3 April, Kishtwar, J&K

**Height :** 5 foot 7 Inch

**Vitals :** 34-26-36

**Shoe Size :** 6 (EU 38)

**Skin Tone :** Pinkish, Fair, Even, No Marks

**Hair Color :** Satanic Brown

**Eye Color :** Dark Brown

**Tattoo :** Small Tattoo on the right ankle

**Medical History :** No Marks, No Allergy

**Passport :** Valid, frequent traveller

**Marital Status :** Single, Never Married

**Resident :** Mumbai, Maharastra, India

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