

# ISO Load Forecast

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06/27/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1231   | 1644   | 665    | 1014   | 1027   | 2289   | 736    | 255    | 6144   | 533   | 1590 | 17128 |
| 01:00 | 1186   | 1579   | 635    | 971    | 972    | 2149   | 700    | 242    | 5902   | 530   | 1539 | 16405 |
| 02:00 | 1156   | 1532   | 607    | 941    | 930    | 2045   | 678    | 230    | 5707   | 525   | 1497 | 15848 |
| 03:00 | 1140   | 1506   | 589    | 925    | 905    | 1983   | 663    | 221    | 5557   | 521   | 1479 | 15489 |
| 04:00 | 1152   | 1512   | 582    | 930    | 898    | 1971   | 668    | 220    | 5520   | 525   | 1484 | 15462 |
| 05:00 | 1184   | 1550   | 594    | 955    | 915    | 2013   | 696    | 224    | 5649   | 534   | 1514 | 15828 |
| 06:00 | 1240   | 1629   | 635    | 1000   | 958    | 2123   | 736    | 246    | 6020   | 549   | 1570 | 16706 |
| 07:00 | 1289   | 1691   | 679    | 1061   | 1010   | 2259   | 758    | 264    | 6417   | 562   | 1657 | 17647 |
| 08:00 | 1302   | 1706   | 704    | 1098   | 1037   | 2389   | 755    | 279    | 6704   | 566   | 1734 | 18274 |
| 09:00 | 1298   | 1691   | 716    | 1124   | 1037   | 2463   | 742    | 288    | 6864   | 568   | 1801 | 18592 |
| 10:00 | 1298   | 1691   | 722    | 1153   | 1045   | 2523   | 730    | 291    | 6909   | 573   | 1873 | 18808 |
| 11:00 | 1283   | 1683   | 722    | 1193   | 1053   | 2553   | 718    | 293    | 6904   | 579   | 1930 | 18911 |
| 12:00 | 1267   | 1684   | 723    | 1236   | 1072   | 2583   | 714    | 299    | 6886   | 577   | 1989 | 19030 |
| 13:00 | 1265   | 1717   | 721    | 1284   | 1091   | 2628   | 716    | 305    | 6852   | 579   | 2068 | 19226 |
| 14:00 | 1274   | 1753   | 711    | 1332   | 1104   | 2670   | 727    | 305    | 6801   | 581   | 2130 | 19388 |
| 15:00 | 1294   | 1800   | 717    | 1373   | 1117   | 2720   | 746    | 314    | 6768   | 581   | 2158 | 19588 |
| 16:00 | 1325   | 1824   | 721    | 1405   | 1152   | 2742   | 786    | 324    | 6754   | 585   | 2177 | 19795 |
| 17:00 | 1378   | 1854   | 725    | 1422   | 1187   | 2772   | 817    | 334    | 6717   | 586   | 2196 | 19988 |
| 18:00 | 1403   | 1876   | 707    | 1461   | 1191   | 2727   | 842    | 329    | 6468   | 589   | 2189 | 19782 |
| 19:00 | 1424   | 1889   | 687    | 1453   | 1185   | 2653   | 873    | 315    | 6278   | 595   | 2153 | 19505 |
| 20:00 | 1423   | 1864   | 670    | 1415   | 1165   | 2595   | 875    | 299    | 6131   | 590   | 2081 | 19108 |
| 21:00 | 1397   | 1825   | 657    | 1384   | 1136   | 2516   | 862    | 288    | 6007   | 586   | 2055 | 18713 |
| 22:00 | 1329   | 1739   | 630    | 1305   | 1073   | 2384   | 813    | 270    | 5801   | 571   | 1973 | 17888 |
| 23:00 | 1253   | 1640   | 596    | 1211   | 999    | 2231   | 764    | 249    | 5567   | 559   | 1872 | 16941 |

06/28/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1168   | 1526   | 572    | 1140   | 923    | 2093   | 715    | 236    | 5365   | 563   | 1830 | 16131 |
| 01:00 | 1121   | 1465   | 548    | 1080   | 874    | 1981   | 682    | 225    | 5191   | 558   | 1754 | 15479 |
| 02:00 | 1087   | 1424   | 527    | 1037   | 842    | 1899   | 658    | 215    | 5052   | 552   | 1699 | 14992 |
| 03:00 | 1075   | 1401   | 513    | 1010   | 828    | 1850   | 645    | 206    | 4975   | 547   | 1662 | 14712 |
| 04:00 | 1074   | 1397   | 507    | 998    | 820    | 1844   | 642    | 206    | 4943   | 547   | 1645 | 14623 |
| 05:00 | 1081   | 1408   | 511    | 1002   | 826    | 1856   | 650    | 207    | 4972   | 552   | 1632 | 14697 |
| 06:00 | 1093   | 1424   | 524    | 1016   | 850    | 1912   | 666    | 215    | 5100   | 558   | 1627 | 14985 |
| 07:00 | 1117   | 1449   | 559    | 1048   | 888    | 2040   | 681    | 234    | 5339   | 572   | 1671 | 15598 |
| 08:00 | 1156   | 1485   | 600    | 1085   | 930    | 2231   | 695    | 257    | 5609   | 584   | 1728 | 16360 |
| 09:00 | 1173   | 1519   | 638    | 1100   | 970    | 2390   | 700    | 278    | 5866   | 588   | 1787 | 17009 |
| 10:00 | 1182   | 1534   | 669    | 1142   | 985    | 2544   | 704    | 299    | 6099   | 588   | 1856 | 17602 |
| 11:00 | 1184   | 1573   | 685    | 1203   | 1001   | 2672   | 696    | 313    | 6282   | 592   | 1902 | 18103 |
| 12:00 | 1190   | 1634   | 710    | 1232   | 1036   | 2807   | 702    | 322    | 6420   | 594   | 1932 | 18579 |
| 13:00 | 1210   | 1672   | 727    | 1250   | 1078   | 2926   | 707    | 333    | 6499   | 592   | 1945 | 18939 |
| 14:00 | 1245   | 1685   | 738    | 1266   | 1115   | 3016   | 714    | 335    | 6580   | 594   | 1960 | 19248 |
| 15:00 | 1284   | 1731   | 753    | 1286   | 1163   | 3072   | 728    | 341    | 6695   | 599   | 1977 | 19629 |
| 16:00 | 1349   | 1774   | 770    | 1307   | 1220   | 3134   | 762    | 349    | 6778   | 602   | 1987 | 20032 |
| 17:00 | 1412   | 1823   | 783    | 1324   | 1261   | 3191   | 804    | 353    | 6831   | 606   | 1991 | 20379 |
| 18:00 | 1444   | 1879   | 776    | 1353   | 1294   | 3156   | 851    | 354    | 6788   | 613   | 1995 | 20503 |
| 19:00 | 1466   | 1901   | 773    | 1364   | 1303   | 3072   | 891    | 351    | 6677   | 617   | 1985 | 20400 |
| 20:00 | 1471   | 1890   | 769    | 1338   | 1286   | 2986   | 899    | 346    | 6613   | 615   | 1956 | 20169 |
| 21:00 | 1450   | 1857   | 761    | 1310   | 1263   | 2897   | 891    | 336    | 6586   | 611   | 1929 | 19891 |
| 22:00 | 1381   | 1764   | 738    | 1236   | 1199   | 2759   | 847    | 316    | 6452   | 596   | 1860 | 19148 |
| 23:00 | 1303   | 1651   | 701    | 1148   | 1122   | 2588   | 791    | 294    | 6239   | 586   | 1764 | 18187 |

06/29/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1231   | 1548   | 682    | 1063   | 1055   | 2444   | 731    | 280    | 6011   | 576   | 1688 | 17309 |
| 01:00 | 1179   | 1478   | 648    | 1000   | 989    | 2289   | 690    | 264    | 5786   | 569   | 1612 | 16504 |
| 02:00 | 1138   | 1426   | 617    | 954    | 938    | 2168   | 660    | 248    | 5600   | 563   | 1560 | 15872 |
| 03:00 | 1118   | 1398   | 594    | 925    | 907    | 2087   | 641    | 234    | 5471   | 557   | 1524 | 15456 |
| 04:00 | 1105   | 1376   | 579    | 908    | 883    | 2052   | 631    | 228    | 5382   | 559   | 1509 | 15212 |
| 05:00 | 1092   | 1367   | 572    | 897    | 872    | 2025   | 629    | 223    | 5335   | 560   | 1486 | 15058 |
| 06:00 | 1083   | 1357   | 576    | 879    | 876    | 2031   | 624    | 225    | 5382   | 564   | 1464 | 15061 |
| 07:00 | 1093   | 1341   | 598    | 867    | 904    | 2122   | 620    | 241    | 5537   | 568   | 1481 | 15372 |
| 08:00 | 1115   | 1280   | 627    | 848    | 947    | 2278   | 652    | 261    | 5747   | 585   | 1481 | 15821 |
| 09:00 | 1122   | 1253   | 659    | 824    | 998    | 2436   | 652    | 285    | 5991   | 591   | 1518 | 16329 |
| 10:00 | 1122   | 1229   | 692    | 843    | 1023   | 2609   | 642    | 312    | 6224   | 592   | 1572 | 16860 |
| 11:00 | 1131   | 1232   | 711    | 885    | 1038   | 2744   | 618    | 329    | 6399   | 596   | 1626 | 17309 |
| 12:00 | 1151   | 1290   | 736    | 918    | 1077   | 2886   | 624    | 343    | 6506   | 597   | 1689 | 17817 |
| 13:00 | 1200   | 1356   | 757    | 957    | 1110   | 3003   | 623    | 358    | 6585   | 594   | 1749 | 18292 |
| 14:00 | 1234   | 1399   | 762    | 976    | 1145   | 3103   | 612    | 362    | 6647   | 593   | 1798 | 18631 |
| 15:00 | 1269   | 1486   | 774    | 1028   | 1203   | 3195   | 611    | 367    | 6731   | 597   | 1857 | 19118 |
| 16:00 | 1353   | 1577   | 797    | 1114   | 1269   | 3281   | 649    | 380    | 6809   | 606   | 1932 | 19767 |
| 17:00 | 1442   | 1673   | 813    | 1210   | 1322   | 3367   | 699    | 386    | 6887   | 618   | 2000 | 20417 |
| 18:00 | 1504   | 1776   | 814    | 1277   | 1357   | 3342   | 753    | 382    | 6895   | 623   | 2036 | 20759 |
| 19:00 | 1547   | 1879   | 811    | 1334   | 1371   | 3236   | 826    | 376    | 6816   | 628   | 2061 | 20885 |
| 20:00 | 1566   | 1947   | 810    | 1371   | 1356   | 3139   | 892    | 373    | 6799   | 632   | 2050 | 20935 |
| 21:00 | 1532   | 1926   | 799    | 1369   | 1310   | 3035   | 891    | 360    | 6797   | 626   | 2036 | 20681 |
| 22:00 | 1426   | 1805   | 758    | 1283   | 1212   | 2834   | 828    | 331    | 6627   | 609   | 1954 | 19667 |
| 23:00 | 1322   | 1676   | 707    | 1182   | 1108   | 2603   | 764    | 301    | 6349   | 596   | 1848 | 18456 |

06/30/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1256   | 1580   | 673    | 1092   | 1030   | 2453   | 707    | 280    | 6115   | 576   | 1780 | 17542 |
| 01:00 | 1202   | 1520   | 637    | 1036   | 972    | 2297   | 671    | 260    | 5899   | 571   | 1715 | 16780 |
| 02:00 | 1170   | 1470   | 608    | 998    | 932    | 2177   | 647    | 245    | 5708   | 566   | 1669 | 16190 |
| 03:00 | 1152   | 1450   | 588    | 978    | 908    | 2104   | 636    | 233    | 5587   | 564   | 1645 | 15845 |
| 04:00 | 1159   | 1464   | 583    | 986    | 899    | 2095   | 642    | 231    | 5581   | 565   | 1649 | 15854 |
| 05:00 | 1187   | 1516   | 600    | 1020   | 914    | 2137   | 666    | 237    | 5738   | 575   | 1680 | 16270 |
| 06:00 | 1247   | 1547   | 646    | 1041   | 943    | 2259   | 677    | 259    | 6150   | 587   | 1724 | 17080 |
| 07:00 | 1324   | 1549   | 707    | 1071   | 990    | 2449   | 669    | 283    | 6644   | 595   | 1803 | 18084 |
| 08:00 | 1350   | 1526   | 744    | 1098   | 1030   | 2625   | 634    | 300    | 7044   | 597   | 1883 | 18831 |
| 09:00 | 1352   | 1495   | 769    | 1116   | 1067   | 2766   | 593    | 316    | 7335   | 597   | 1959 | 19365 |
| 10:00 | 1355   | 1515   | 796    | 1156   | 1110   | 2889   | 566    | 334    | 7505   | 596   | 2056 | 19878 |
| 11:00 | 1370   | 1536   | 822    | 1212   | 1150   | 3001   | 554    | 356    | 7651   | 599   | 2127 | 20378 |
| 12:00 | 1397   | 1625   | 857    | 1259   | 1214   | 3141   | 587    | 382    | 7794   | 603   | 2179 | 21038 |
| 13:00 | 1462   | 1753   | 893    | 1327   | 1301   | 3300   | 655    | 408    | 7910   | 612   | 2262 | 21883 |
| 14:00 | 1488   | 1808   | 912    | 1377   | 1400   | 3401   | 715    | 421    | 7972   | 610   | 2282 | 22386 |
| 15:00 | 1522   | 1901   | 948    | 1444   | 1477   | 3508   | 753    | 443    | 8090   | 619   | 2335 | 23040 |
| 16:00 | 1636   | 1996   | 981    | 1531   | 1569   | 3625   | 810    | 466    | 8196   | 628   | 2390 | 23828 |
| 17:00 | 1771   | 2115   | 1006   | 1619   | 1636   | 3731   | 884    | 481    | 8235   | 644   | 2432 | 24554 |
| 18:00 | 1862   | 2233   | 995    | 1683   | 1663   | 3703   | 946    | 482    | 8024   | 656   | 2427 | 24674 |
| 19:00 | 1927   | 2329   | 971    | 1701   | 1670   | 3585   | 1015   | 470    | 7817   | 663   | 2402 | 24550 |
| 20:00 | 1946   | 2366   | 948    | 1700   | 1642   | 3450   | 1067   | 454    | 7660   | 663   | 2329 | 24225 |
| 21:00 | 1882   | 2300   | 923    | 1654   | 1566   | 3309   | 1048   | 432    | 7578   | 657   | 2293 | 23642 |
| 22:00 | 1741   | 2143   | 867    | 1535   | 1428   | 3063   | 962    | 396    | 7304   | 640   | 2187 | 22266 |
| 23:00 | 1601   | 1988   | 804    | 1411   | 1290   | 2790   | 890    | 356    | 6904   | 623   | 2059 | 20716 |

07/01/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1498   | 1847   | 758    | 1300   | 1192   | 2617   | 822    | 334    | 6530   | 610   | 1975 | 19483 |
| 01:00 | 1432   | 1766   | 721    | 1227   | 1120   | 2467   | 783    | 311    | 6299   | 602   | 1891 | 18619 |
| 02:00 | 1383   | 1703   | 687    | 1174   | 1064   | 2353   | 755    | 296    | 6119   | 597   | 1830 | 17961 |
| 03:00 | 1351   | 1669   | 665    | 1139   | 1028   | 2288   | 741    | 283    | 6007   | 590   | 1794 | 17555 |
| 04:00 | 1347   | 1671   | 656    | 1134   | 1013   | 2283   | 739    | 278    | 6015   | 591   | 1786 | 17513 |
| 05:00 | 1373   | 1718   | 672    | 1160   | 1026   | 2342   | 765    | 284    | 6202   | 597   | 1814 | 17953 |
| 06:00 | 1418   | 1811   | 723    | 1217   | 1059   | 2476   | 815    | 305    | 6674   | 606   | 1878 | 18982 |
| 07:00 | 1487   | 1913   | 794    | 1316   | 1133   | 2706   | 863    | 332    | 7248   | 618   | 1985 | 20395 |
| 08:00 | 1525   | 1983   | 848    | 1377   | 1208   | 2959   | 882    | 357    | 7735   | 622   | 2055 | 21551 |
| 09:00 | 1567   | 2007   | 896    | 1376   | 1293   | 3198   | 878    | 385    | 8120   | 628   | 2080 | 22428 |
| 10:00 | 1631   | 2034   | 947    | 1358   | 1402   | 3432   | 866    | 417    | 8400   | 632   | 2104 | 23223 |
| 11:00 | 1671   | 2036   | 995    | 1348   | 1488   | 3650   | 845    | 447    | 8632   | 630   | 2099 | 23841 |
| 12:00 | 1700   | 2059   | 1033   | 1344   | 1563   | 3844   | 826    | 475    | 8825   | 627   | 2096 | 24392 |
| 13:00 | 1750   | 2084   | 1065   | 1363   | 1622   | 4007   | 821    | 495    | 8986   | 628   | 2130 | 24951 |
| 14:00 | 1767   | 2029   | 1079   | 1357   | 1658   | 4120   | 785    | 501    | 9072   | 634   | 2138 | 25140 |
| 15:00 | 1790   | 2000   | 1095   | 1372   | 1681   | 4203   | 766    | 509    | 9140   | 639   | 2161 | 25356 |
| 16:00 | 1829   | 1997   | 1096   | 1406   | 1702   | 4214   | 792    | 513    | 9163   | 645   | 2211 | 25568 |
| 17:00 | 1891   | 2032   | 1096   | 1457   | 1714   | 4208   | 842    | 511    | 9118   | 649   | 2243 | 25761 |
| 18:00 | 1924   | 2086   | 1067   | 1520   | 1697   | 4106   | 894    | 502    | 8837   | 652   | 2255 | 25540 |
| 19:00 | 1958   | 2148   | 1031   | 1549   | 1673   | 3929   | 962    | 487    | 8550   | 658   | 2242 | 25187 |
| 20:00 | 1968   | 2194   | 998    | 1559   | 1641   | 3755   | 1029   | 466    | 8339   | 661   | 2185 | 24795 |
| 21:00 | 1904   | 2144   | 965    | 1530   | 1569   | 3564   | 1014   | 443    | 8153   | 656   | 2163 | 24105 |
| 22:00 | 1766   | 2001   | 906    | 1422   | 1441   | 3281   | 936    | 408    | 7799   | 640   | 2068 | 22668 |
| 23:00 | 1626   | 1848   | 838    | 1304   | 1309   | 2979   | 864    | 369    | 7361   | 624   | 1942 | 21064 |

07/02/2025

| Hour  | CAPITL | CENTRL | DUNWOD | GENESE | HUD VL | LONGIL | MHK VL | MILLWD | N.Y.C. | NORTH | WEST | NYISO |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|------|-------|
| 00:00 | 1517   | 1718   | 783    | 1210   | 1207   | 2764   | 792    | 340    | 6954   | 605   | 1860 | 19750 |
| 01:00 | 1442   | 1640   | 740    | 1142   | 1130   | 2596   | 747    | 315    | 6666   | 597   | 1777 | 18792 |
| 02:00 | 1380   | 1579   | 702    | 1090   | 1066   | 2458   | 715    | 296    | 6423   | 590   | 1717 | 18016 |
| 03:00 | 1339   | 1546   | 673    | 1058   | 1021   | 2369   | 696    | 281    | 6248   | 586   | 1680 | 17497 |
| 04:00 | 1330   | 1549   | 660    | 1053   | 1000   | 2340   | 695    | 273    | 6187   | 587   | 1669 | 17343 |
| 05:00 | 1348   | 1593   | 669    | 1075   | 999    | 2366   | 720    | 278    | 6314   | 594   | 1688 | 17644 |
| 06:00 | 1358   | 1613   | 710    | 1086   | 992    | 2456   | 715    | 291    | 6726   | 597   | 1723 | 18267 |
| 07:00 | 1370   | 1581   | 765    | 1103   | 1003   | 2624   | 680    | 308    | 7207   | 601   | 1781 | 19023 |
| 08:00 | 1336   | 1531   | 797    | 1105   | 994    | 2795   | 616    | 319    | 7587   | 598   | 1823 | 19501 |
| 09:00 | 1294   | 1463   | 819    | 1077   | 974    | 2941   | 556    | 328    | 7839   | 596   | 1841 | 19728 |
| 10:00 | 1260   | 1433   | 841    | 1060   | 965    | 3079   | 506    | 342    | 7983   | 595   | 1868 | 19932 |
| 11:00 | 1238   | 1411   | 853    | 1053   | 968    | 3200   | 475    | 354    | 8063   | 594   | 1880 | 20089 |
| 12:00 | 1249   | 1438   | 873    | 1070   | 1020   | 3322   | 477    | 373    | 8116   | 595   | 1891 | 20424 |
| 13:00 | 1309   | 1515   | 899    | 1116   | 1097   | 3468   | 509    | 390    | 8192   | 599   | 1944 | 21038 |
| 14:00 | 1369   | 1545   | 926    | 1158   | 1182   | 3628   | 527    | 408    | 8303   | 605   | 1976 | 21627 |
| 15:00 | 1457   | 1611   | 975    | 1221   | 1278   | 3815   | 566    | 435    | 8486   | 616   | 2022 | 22482 |
| 16:00 | 1557   | 1690   | 1009   | 1289   | 1383   | 3965   | 638    | 457    | 8612   | 630   | 2080 | 23310 |
| 17:00 | 1670   | 1792   | 1027   | 1352   | 1471   | 4073   | 720    | 470    | 8639   | 642   | 2120 | 23976 |
| 18:00 | 1743   | 1908   | 1014   | 1416   | 1513   | 4038   | 796    | 469    | 8429   | 648   | 2121 | 24095 |
| 19:00 | 1790   | 2015   | 983    | 1453   | 1531   | 3879   | 884    | 457    | 8163   | 652   | 2126 | 23933 |
| 20:00 | 1813   | 2078   | 956    | 1468   | 1515   | 3707   | 959    | 440    | 7981   | 651   | 2068 | 23636 |
| 21:00 | 1758   | 2034   | 931    | 1445   | 1448   | 3547   | 953    | 421    | 7867   | 641   | 2050 | 23095 |
| 22:00 | 1628   | 1898   | 874    | 1343   | 1326   | 3268   | 877    | 385    | 7568   | 623   | 1960 | 21750 |
| 23:00 | 1497   | 1762   | 809    | 1238   | 1199   | 2970   | 809    | 346    | 7180   | 611   | 1848 | 20269 |