

HairCare Pro Prescription

For: Harshad

- Hyaluronic Acid: Look for shampoos, conditioners, and leave-in treatments containing hyaluronic acid. Apply from mid-length to ends on damp hair.
- Argan Oil: Use a few drops of argan oil as a serum on damp or dry hair to add shine and combat frizz.

Wash Frequency: 1-2 times a week

Tips:

- Use lukewarm water when washing your hair, as hot water can strip natural oils and worsen dryness.
- Consider a weekly deep conditioning mask to hydrate your straight, dry hair.
- Minimize heat styling as much as possible. If you must use heat, always apply a heat protectant spray.
- Use a boar bristle brush to distribute natural oils from your scalp down the hair shaft for added shine.