

Objectives

At the end of the module we will know:-

1. Why is ethics so important in human society?
2. What are the theories for making value ethical judgements?
3. How to apply these theories of ethics?
4. How to be sensitive about the ethical values of an action?

Human Values

- Values that are essential for human existence.
- Values satisfy a human need or desire
- Values : 1. Means of Goodness
2. Good in Themselves

Value of a thing lies in how it fulfill its need or satisfy a desire

For someone who don't know Latin, a book of Latin will have no values

Values that are essential for human existence known as human values

If no body pays tax what will happen to the country.

What if cheating becomes illegal.

If books, notes are not allowed and cheating allowed: one who have studied the most I will become the looser.

Human values necessary

discipline brings efficiency
chaotic then difficult
discipline as a value is

Einstein on Human Values.

Each of us is here for a brief sojourn; for what purpose he knows not, though he sometimes thinks he feels it. But from the point of view of daily life, without going deeper, we exist for our fellow men-- in the first place for those on whose smiles and welfare all our happiness depends, and next for all those unknown to us personally with whose destinies we are bound up by the tie of sympathy.

Dalai Lama on Human Values

Secular Ethics and Human Values

Personal Values

Compassion

Empathy

Altruism

Large View

Mindfulness

Desires

Happiness

Peace

Prosperity

The distance is nothing its only the first step that is difficult.

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Good Health
Equal Opportunity
Inclusiveness
Self esteem
Harmony

Social Expectation

Infrastructure
Safety
Community Health
Communal Harmony
Education
Livelihood
Peaceful Coexistence

Ethics - What??

The term is derived from the Greek word *ethos* which can mean custom, habit, character or disposition.

Why - For Whom?

Means and Ends

- Consequentialism
- Duty Ethics or Deontological Ethics
- Virtue Ethics

Hedonism -

An axiological system that evaluates

Pursuit of pleasure as a highest good

Hedonism (Greek philosopher who believed that the world is a random combination of atoms)

- Carvaka and Epicurus and that pleasure is the highest good.
- Hedonism; Materialism; Epicurianism
- Eat, drink and Be Merry.

Modern Hedonism.

- Michel Onfray
- Ethical Hedonism
- He defines Hedonism "as an introspective attitude to life based on taking pleasure yourself and pleasuring others, without harming yourself or anyone else."

Where does The Ethics come from.

- God and religion
- Human conscience and intuition
- A rational moral cost-benefit analysis of actions and their effects

31 Jan 2017 Ethics in theory and Practice

Hedonism

Psychological

Ethical

Pleasure for you and others

Absence of pain for you and others

Henry Sidgwick

Paradox of hedonism

pleasure paradox.

Utilitarianism

Utilitarianism

Bentham

Stuart Mill

Sedgwick

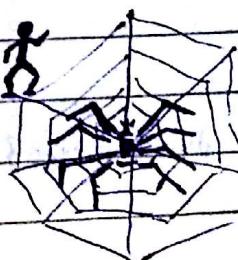
- Maximization of utility
- Maximum good for maximum people
- Maximum happiness for maximum people
- Of all the things a person might do at any given moment, the morally right action is the one with the best overall consequences.

ACT UTILITARIANISM / RULE UTILITARIANISM

- Whether acts are good or bad depends on moral rules.
- Moral rules are chosen solely on the basis of their consequences.
- An action is morally right if and only if it does not violate the set of rules of behaviour whose general acceptance in the community would have the best consequences that is, at least as good.

RULE UTILITARIANISM

- Problem:
- Less Flexible
- Remedy: Apply basic rules, together



CONSEQUENTIALISM CRITICISM

Deontological / Duty Ethics (Immanuel Kant)

- Human beings are rational
- They have free will
- Choice, wish and will
- Pure reason / Practical reason / Pure Practical reason **Premium**
- End right / good



CATEGORICAL IMPERATIVES

HYPOTHETICAL CATEGORICAL

Acting such a way that you

5/Jan/2017

Ethics - Why and for whom???

TED' Devdutt Bhatnagar

Categorical Imperative

Moral Maxim 1: Act only acc. to that maxim whereby you can at the same time will that it should become a universal law without contradiction.

If you are unfair to others, others will be unfair to you, can't complain.

Moral Maxim 2: Act in such a way that you treat humanity, whether in your own person or in the person of any other, never merely as a means of

Moral Maxim 3:

Bhagwad Geeta and Kant

maxim
↓

Human beings are rational.

Principal

They have free will
choice, wish

Philosophy of Karma: Bhagavad Gita

Karmany e Vadhikaraste,

Never aspire for the
consequences.

Ma Phaleshou Vadacharana,

Those who do not think
about deed and not
on consequences.

Ma Karuna Phala Netur

Bhurnaty Sangostha Akarmani.

Soul is always devotee

Non doer

(Not doing anything)

Mother India

4. 4. 2. 1 Based on their qualities (does not say that
Brahmins are the superior one), in this ~~universe~~ (universe)

If you do what is being assigned to you

Chatur Varnam mayaa Srishtam

Guna Karma Vishayashata

Tatva Kartaram Apि Maam.

Viddhi Kartaram AVYAYAM

Tat Tavam Asi

Aham brahm asmi

Premium

Philosophy of Karma

Therefore, arise, thou son of Kunti! Brace
Thine arm for conflict

Bhagavad Gita and Kant

- o What is the battle field of Kurukshetra if it is not the battle field of life?
- o Who is Arjuna if he is not an ordinary mortal endowed with both reason and sense?
- o Who is Krishna if he is not the voice of God echo in every man?
- o Who are the Kauravas and others standing in array before Arjuna if they are not the lower passions and temptations?

If air is clean place will look better and people can pay better and money can be given to less developed country thus saying that buy pollution free environment

Duty Ethics
if utilitarianism

Three Maxims of Kant

Because less developed die at young age,
old age disease not possible.

Cost of life of the people of country
where per capita income is more is
more.

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Categorical Imperative

Justice as fairness

Veil of ignorance

When we make a rule for the society, we are wearing
veil of ignorance. We don't know where will this lead to.
Will they form of hierarchy in the society if
he knows that he will be placed at the lowest
level of hierarchy, will he make/ form the
hierarchy even then.

Even for the Utilitarianism point of view
transferring pollution to less developed country is
not good.

Ethics of Identity

What is in the name???

Self and Other

Go to hospital, bed laying, you have cold
There is no ~~can~~ crowd hear physician.
Two physician of same age, same experience.
Mr Sharma and other one is Mr Meena.
Which would you prefer? If Mr Sharma
and Mr Khan.

हे अराम अमर अकबर Anthony

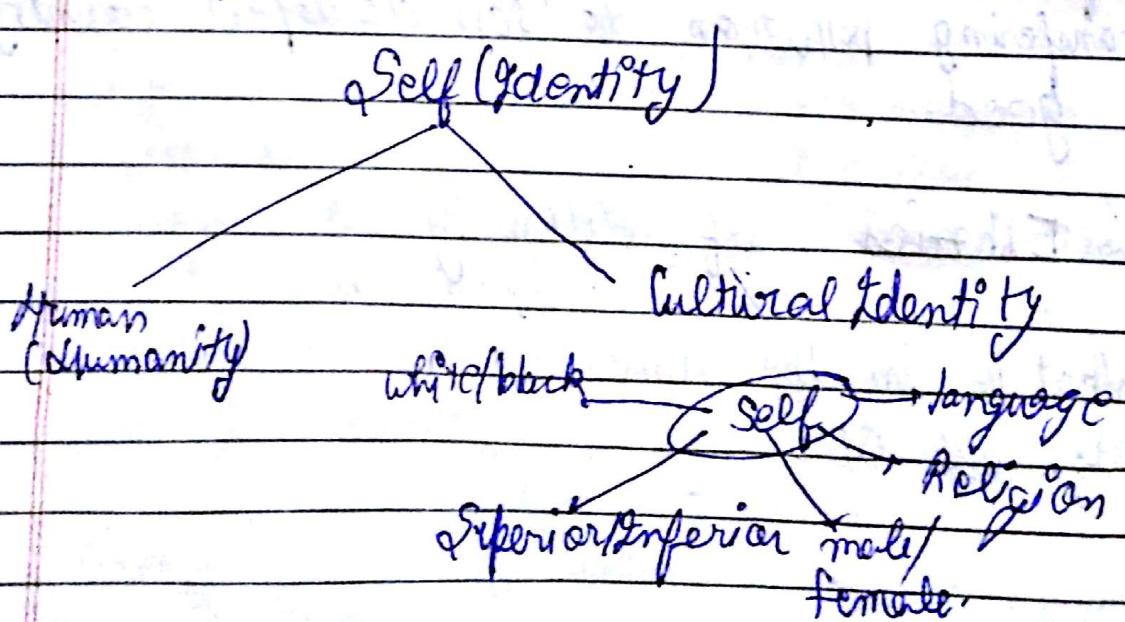
Race and Racism;

African enslaved by Britishers in USA (not them)
White ~~superior~~ superior
Blacks ~~inferior~~ inferior

Ethnicity and the Holocaust

Gender

Self as projection:
Black & atheist
white - black
Self and acting someone else



There is a projection of ourself. Sense of superior/inferior causes problem. Sense of empathy comes if we start feeling others.

→ Thandie Newton: Embracing otherness, embracing myself.

Happiness

Happiness is the meaning and the purpose of life,
the whole aim and end of human existence

- Aristotle

Quest of happiness is perennial, perpetual.
It is a state of mind.

→ American Declaration of freedom.

→ Happiness and its calculation.

→ Happiness, wealth and power.

May add to pleasure but not only thing that makes life happy.

Authentic Happiness

→ Dr Martin Seligman

Positive emotion

Engagement

Meaning

Engagement (when doing something we are completely lost)
and engrossed in a particular thing

PERMA

Meaning and ^(completely) purpose

Relationship Accomplishment

Positive Emotions.

(Positive outlook to everything)

How + why we are to
pursue anything.

Engagement comes if the signature strength matches with the challenging task.

A person should have both behaviour characteristic some kind of sense of humor

Start to recognise our signature strength then analyse that

Relationship:

Happiness also depends on quality / kind of relationship which u have with others. Trust people or not defines we will be happy for long term or not

meaning / purpose

Initially ~~use~~ exciting or some time later boring. Contributing towards the growth of the society. Not only serving myself but ~~somes~~ serving others too.

Finding the purpose of task. Bigger than myself. Then we finding meaning purpose

Achievement

Achieving something for

Work towards achieving that

Talent is always secondary

Rather we working towards achieving those things become reason for our happiness.

Is it possible to see the development

Can we enhance the signature strength of particular

IQ itself is handicapped.

Matthieu Ricard: The habits of happiness.

Happiness is not outside, it is within.
Pleasure is outside based on sensation.
Happiness is state of feeling serenity.
Deep down in the consciousness if we attain
the state of happiness we will feel
fulfilled and feeling serenity.

If inner condition is stronger

Mind is like a mirror, kind of feeling we have
given it. For -ve emotion there is always
a antidot

Train to have +ve emotion. Greed → Generosity.
-ve and +ve emotion don't exists together
one at a time. Train your mind by
meditation. Hatred give different causes ^{confused} happiness.
Possible to find happiness, love, compassion.

Euthanasia

The painless killing of a patient suffering from
an incurable and painful disease or in an
irreversible coma.

Value Education and Ethics

PERMA

~ Dr Martin Seligman

Adelaide Thinker in Residence

P Positive Emotions
E Engagement
R Relationships
M Meaning
A Accomplishment

→ Positive Emotions
Joy, Comfort, Happiness

- one of the element of positive psychology is simple
- one of the element of positive psychology is good relationship

→ Engagement

→ Good Relationship

Discovery says that we can teach good relationship to our children

→ Meaning

Belonging to and Serving something you think is bigger than the self.

The self ~~is~~ is the side of meaning

→ Accomplishment



Positive Emotion

Write down three things that went well today and why they went well?

If we do that we will have less depression, less anxiety, higher life expectation



Engagement

The one with the music, to be in flow, to use one's signature strength

How can you have more flow in life?

PERMA Engagement

Using Signature Strength

www.authenticstrength.org

Smile

douche

genuine
genuine

tell it by the eyes
by muscle length
when we tell
cannot be tell
by the lips

Stewardship

smile for a living

There are two kind of smile

Southern Smile: genuine smile

Stewards Smile: who smile for their smile

Utah

live longer than the one
in Nevada.

Get up at dawn
Go to sleep at sunset
Don't drink
Believe in God.

Nevada

live shorter than the one
in Utah

drink all night
Have drug addiction
Sexual diseases
Don't believe in god.

Can you raise your positive emotion

signature Strengths

Gratitude

Kindness

Sense of humor

→ Close your eyes think of something you don't like doing
at work that you pretty much have to do at least
once a week

Do that task using your highest strength (signature
strength)

Character and Teaching

→ What do we really want to teach?

Social Navigation

Rhetoric

Character

→ Via Signature Strengths

→ Great Teachers

→ Right Hand Side of The Report Card.

Rhetoric

- How to tell a good story
- How to write a good story.
- How to ask the right questions
- How to put the people you are talking to in touch with what's best inside of them

Social Navigation

- How to get an dull to like you
- How to get along with peers

Character

If you start measuring something it goes up

Heart		
CEO's Teachers Focus on Self	• Zest • Hope • Curiosity	• Gratitude • Love • Religiousness • Humor • Kindness • Forgiveness • Teamwork • Beauty • Social Intelligence
	• Leadership	Focus on Others
PROFESSORS	• Creativity • Bravery • Learning • Perspective	ADMINISTRATOR • Fairness • Modesty • Honesty • Prudence • Open-mindedness • Persistence • Self Regulation
	MIND	

Learned

Learned Optimism

contingent: true by virtue of the way things in fact are and not contingent by logical necessity.

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Contiguous: Sharing a common border

[Mathieu Ricard :] The habits of happiness
(Molecular Biologist In Pasteur Institute)

Hermitage

No one wakes up thinking "May I suffer all day"

Some says:

"Happiness is right now"

We seek happiness still we runs towards suffering because we don't know what is happiness

Pleasure

Pleasure is contingent upon time, upon its object, upon the place

It is something of...
...changes of nature

A chocolate cake

is delicious

Not so much

disgust

Happiness

Well being

By Buddhist definition

Well being is not just a mere pleasurable sensation. It is a deep sense of serenity and fulfillment. A state that actually pervades and

underlies all emotional states and all the joys and sorrows

that can come one's way

This state can be achieved even when we are sad

Fleeting: Lasting for a very short time.

Permeate: Spread through and be perceived in every part

Serenity: The state of being calm, peaceful, and untroubled

Virtue: Behavior showing high moral standards, a quality considered morally good or desirable in a person

Abaode: A place of residence
Paradise: An ideal or idyllic place or state

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Q How to proceed in the quest of happiness?

Control of outer world is limited.

Our mind tell us about outer condition

Everything happy

↑
sentence for destroying happiness.

Inner condition

Mind translates

Dalai Lama once in Portugal and lot of construction going on everywhere. So one evening he said "look you are doing all these things but isn't it nice, also to build something within? And he said "without that even if you get a high tech flat on the 100th floor of a super-modern and comfortable building, if you are deeply unhappy within all you are going to look for is a window from which to jump".

Q How to nurture the condition for happiness?

Anger, hatred, jealousy, arrogance, obsessive desire,
Strong grasping

Don't leave us in good state

Mind is cognitive

All the emotions are fleeting which can be altered

Want to harm and be good at same time, not possible

Auxiliary: Providing supplementary or additional help and support

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Grasping: avaricious, greedy.

Detrimental: tending to cause harm

Invoke: enter so as to subjugate or occupy it.

Tormented: Experiencing or characterized by severe physical or mental suffering.

Generosity: The quality of being kind and generous

Cognition: The mental action or process of acquiring knowledge and understanding through thought, experience and sense

Cognitive: relating to cognition

These are Natural antidotes to the emotions that are destructive to our inner well-being.

Principal of Mind Training

Instead of looking outside look at the anger.

If we do this many time anger will not come

Mind Training Matters

The way our mind functions

Perpetuate: Make ~~something~~ (something) continue indefinitely

Obsess: preoccupy or fill the mind of (someone) continually and to a troubling extent