

DZUKOU VALLEY

# **TURBO TREKKERZ**

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# **ABOUT DZUKOU VALLEY**

The mesmerising Dzukou Valley lies at the **border between Nagaland and Manipur.** The valley, layered with a stunning green carpet of grass, dotted with wildflowers, criss-crossed with streams flowing from the mountains is perhaps what paradise looks like. The famous **Dzukou Lily** blooms during monsoon and makes the valley more colourful and gorgeous. The 2438 metre high valley is said to be located at the bottom of a large crater of an extinct volcano. **The valley is located behind Japfu peak, the second highest peak in Nagaland.** 



The mesmerising Dzukou Valley

There are two routes to reach the valley, one starting from Zakhama and the other from Viswema, both of these villages located not too far from Kohima, the capital of Nagaland. The trail that starts from Zakhama is steep and more difficult to ascend which is why the Viswema route is a more ideal choice.

#### PERMITS FOR NAGALAND

## INDIAN NATIONALS

- Indian citizens need to obtain an Inner Line Permit to enter Nagaland.
- The easiest and most convenient option is to <u>apply for the Inner Line Permit online</u>. You need to upload scanned copies of an identity proof and your photograph. A minimum fee is charged.
- You could also obtain the permit by making a physical application from the Nagaland House in the following cities: Delhi, Kolkata, Shillong or Guwahati.
- The permit can also be obtained from the DC Court in Dimapur. But it is advisable to not wait till the last moment when you have the option to apply in prior through online means. You would surely not want to get stranded in Dimapur for a couple of extra days.
- The permit is valid for a span of 30 days.

# FOREIGN NATIONALS

- Foreign Nationals except from citizens belonging to China, Pakistan and Afghanistan do not need any permit to visit Nagaland.
- However, they need to report to their nearest police station and get themselves registered within 24 hours of their arrival.
- Citizens of China, Pakistan and Afghanistan need to obtain a Protected Area Permit.

#### THE JOURNEY IS GETTING STARTED

Kohima would be the base where you need to start your final journey from. To reach **Kohima**, your travel would most ideally be divided into three segments:

- 1. Fly to Guwahati.
- 2. Take a train from Guwahati to Dimapur, the nearest railhead to Kohima. You can alternatively fly from Guwahati to Dimapur to save time.
- 3. From Dimapur, you can either take the shared Tata Sumos to Kohima or buses. This segment of the road journey through the hills is really a fascinating one.

Kohima is a lively and vibrant town with chic cafes, pretty guest houses and churches. If you are short on time you may leave for the trek the next day but I'd advise you to spend an extra day in Kohima and explore the town. A leisurely walk through the quiet neighbourhoods, visit to the churches and war cemeteries and treating yourself with sumptuous meals at cosy cafes is what you could indulge in, if you end up spending an extra day in Kohima.



A view of Kohima, Nagaland

#### WHERE TO STAY

Airbnb: Tipfu Lodge and Cafe Food Prints | Sede Homestay | The Oak Room

Hotels: Hotel Eden | Hotel Japfu | Hotel Lavisto

#### TREK TOWARDS DZUKOU VALLEY

Start early on the day you intend to ascend to Dzukou Valley. As said earlier, there are two routes to make it to Dzukou Valley. But the Viswema route is preferred more as it is considered easier to ascend through this route. Hence, this blog will put out the details of starting the trek from Viswema.

In Kohima, you would find Tata Sumos heading to Viswema, calling out for passengers. A seat in these shares sumos would cost somewhere around 50 Indian Rupees, which is a convenient option for solo travelers or small groups. For larger groups, it is advisable to hire an entire vehicle and ask them to drive a few extra kilometers to drop you all the way till the starting point of the trek in Viswema. If you do not manage to do this, it might be a little difficult to find a vehicle in Viswema if you do not bump into other trekkers who agree to give you a lift. If you find a vehicle from the motorable road in Viswema, this 8 km stretch till the starting point of the trek would cost you about INR 1500. It is better to arrange for a vehicle till the trailhead; else you lose a lot of time.

The first 45 minute to an hour long walk will be steep, taking you through mountains to reach a resting point from where you will walk through the valley. You will encounter mist, sometimes drizzles as you proceed higher. As you reach the resting point in an hour or so, you could take a break to soak in the stunning landscapes and the fresh breeze. An exhilarating journey awaits you from here.



The trail leading to the Valley

As you start walking forward from this point, the trail will start to get covered with wildflowers, Dzukou Lilies and tall grasses making you feel as if you have landed on a slice of the Garden of Eden. The rest house or camping sites are somewhere around 2 hours from here. As you reach the top, you will be mesmerised to have a look at the verdant valley with a blanket of grass and wildflowers. Do not miss the sunset from the valley. If the skies are clear, you will witness the sun drop down behind the uneven slopes of the valley, creating an atmosphere of mystery and excitement.

#### WHERE TO STAY IN DZUKOU VALLEY

Dzukou Valley has a rest house with two dormitories and a couple of private rooms. These options will only provide you with a roof over your head, in a bare minimum cost (INR 50 for the dormitory and INR 300 for the private rooms). They do provide foams for the floor and blankets at extra cost. The charges are flat 50 rupees per item you rent. Even if you rent a couple of things from them, it is best to carry your own sleeping bag even if you have decided to stay in these facilities. They have basic common washrooms. And there are options for vegetarian meals.



The rest house in Dzukou valley

The alternative option is to carry your own tents and camp near the rest house. I am personally more inclined towards this idea as it makes your experience more complete as you stay closer to nature. Cooking your own meal with the backdrop of sun setting against an emerald green valley is not something you experience every day.



Camping at Dzukou Valley

#### WHAT TO DO IN DZUKOU VALLEY?

Explore the valley, the sparkling streams and the natural caves. You should always take the help of a local to approach these caves as the trails are not demarcated. Watch the clouds float and create patterns which seems like an artist stroking his brush on a huge canvas.

Wake up early on the next day to witness the first light of the day. It is a surreal sight you wouldn't want to miss at any cost.



Clouds floating over the Valley

#### BID FAREWELL TO THE VALLEY

You can start to descend at mid-day. The descend can be made both towards Viswema or Zakhama. If you are comfortable, descending to Zakhama is a better option as it makes you experience both the trails.

# TRAVEL ITINARARY

- Day 1 Arrive in Guwahati
- Day 2 Fly/train it to Dimapur; Transfer from Dimapur to Kohima
- Day 3 Explore Kohima
- Day 4 Start your trek to Dzukou Valley; spend the day at Dzukou Valley
- Day 5 Descend down and stay at Zakhama/Viswema
- Day 6 Zakhama/Viswema to Kohima; Kohima to Dimapur; Dimapur to Guwahati
- Day 7 Fly out from Guwahati

#### FEES PER PERSON

Туре	Fees	Days/Nights	Age Group
Ahemadabad to Kohima, Kohima to dzukou valley	Rs. 13,999/-	7 Days 6 Nights	15-35

### **BEST TIME TO VISIT**

It is mostly the period after the Hornbill festival that most travelers trek to Dzukou Valley after having attended the festival. If you have plans to attend the Hornbill festival then add this trek with your trip.

To talk about best views, it is the early monsoon and post monsoon phase when the valley is most beautiful. The green becomes more prominent with beautiful wildflowers covering the valley and you can also sight the Dzukou Lilies during this time.

In winters, the valley turns white in snow making it a winter wonderland. It is a whole different experience to trek to Dzukou Valley in winter. The temperatures fall drastically so you need to be prepared enough if you are planning to head here in winters.

#### THINGS TO CARRY ON TREK

- 1. Sleeping Bag
- 2. Head Torch
- 3. Thermal layers
- 4. Toiletries
- 5. Dry food
- 6. Emergency medicines, band aids
- 7. A raincoat or poncho
- 8. Powerbank, backup batteries for camera
- 9. Your identity proofs and photocopies of the same

#### **INCLUSIONS**

- Accommodation
- Daily Breakfast and Dinner
- Private Vehicle as per itinerary

#### **EXCLUSIONS**

- Airfare
- 5% GST Will Be Applicable On Total Tour Cost.
- Cost for supplementary service, optional Tours, Up-gradation Charges, Guide, Sightseeing, entrance fees.
- Cost for Insurance Premiums, Rafting Charges or water sport activities.
- Cost for service provided on a personal request.
- Cost for personal expenses such as laundry, bottled water, soft drinks, incidentals, porter Charges, tips etc.
- Cost of meals (Lunch & Dinner)
- Cost of Sight seeing
- Difference in cost arising due to change in Taxes by the Government which will have to be collected directly on arrival .
- Difference in cost arising due to change in Fuel price.
- Difference in cost arising due to extra usage of vehicle, other than scheduled & mentioned in the itinerary.
- Anything which is not mentioned in inclusions.
- All monuments are from outside unless mentioned in inclusions.

#### THINGS TO BE REMEMBER

- The trek is actually of just two days. Most of your days are spent on the road to make it to Kohima. If you have lesser days in hand, cancel out the extra day to explore Kohima.
- It is advisable to hire a local guide to accompany you on this trek if you are going by your own. Else, there are lots of travel companies who organize these experiential trips.
- **Jan Shatabdi Express** from Guwahati is a train that runs on a convenient time to reach Dimapur. You can easily find Vehicles to head to Kohima on the same day.
- While you are in the valley and also in general, please keep it in mind to use dustbins and not to litter any place.
- On your entire journey, be prepared to adjust with basic amenities. You are traveling to a remote destination. The thrill lies in nature, enjoy that.
- You need to pay a one-time entry fee at the rest house; INR 50 for Indians and INR 100 for foreigners.
- Refrain from carrying food wrapped in plastic packets.
- Carrying a water bottle is a must.
- In Kohima, there are lesser number of vehicles running on Sundays so plan your trip accordingly.
- Do check the <u>Official Website of Nagaland Tourism</u> to know the latest SOPs related to Covid19.