

Sample SOP for MPH

Compelled by the desire to help people by finding a cure for the most pressing diseases, my background in pharmacy and experience in the healthcare sector has taken a rapid shift when the global pandemic hit the shores of India. By collaborating with the medical team, I have strived to deliver the best medical treatment for COVID-19 patients, and the commotion of doubts that had lighted up began taking different meanings, which I struggled to decipher even while clearing the misconceptions regarding the pandemic. Further, my foray into the development of the Pfizer-BioNTech COVID-19 vaccine and subsequent experience in pharmacovigilance has enabled me to envision how a scientific finding and new policy could alter the lives of people for good. This inspired me to be at the cusp of the public health domain and I aspire to challenge the frontiers of my knowledge and skills to control the spread of diseases and promote public health. Thus, I found that the Master of Public Health program at the University of Saskatchewan would help me mould my career on a noble and challenging path.

As the thought of discovering new medicines and aiding in curing diseases have always appealed to me, it was effortless for me to decide my vocation in the pharmacy field and as such, I pursued my Doctor of Pharmacy degree in 2015 at XYZ University. Among the diverse subjects I learned, I realised that I was more inclined to the areas of _____, _____ and _____. Having graduated in 2021 with 81.2%, this learning platform laid the foundation in the public health domain as it equipped me with essential skills in the diagnosis and treatment of diseases and monitoring the patients.

Through the internship embedded in the program, I worked through the most difficult times of the pandemic by analysing data, dispensing medicines and providing psychological support to those who tested positive. My involvement in studying the Adverse Drug Reactions inched me closer to the field of public health and my stint at Indegene Lifesystems Pvt Ltd after my graduation furthered my interest in it. Serving as a Drug Safety Associate, I worked on the project of Pfizer-BioNTech COVID-19 vaccine. While I thought that the major concern was to stimulate an immune response in people, my experience made me realise that safeguarding the public health unfolded different layers in it. As the hurdles of public health restrictions, publishing of data, distribution of vaccines and financial and ethical concerns need to be crossed to ensure the health and well-being of public, I was motivated to learn more about it and be of service to others. I realised that public health is the best field where I could impact the lives of people and hence, I decided to upskill and advance my understanding in the area through an MPH program. The Master of Public Health program at the University of Saskatchewan would train me to become an adept public health professional through its rigorous curriculum. The program offers integrated learning opportunities in the 5 core disciplines of public health in Biostatistics, Epidemiology, Environmental Health Sciences, Health Services Administration, and Social and Behavioural Sciences. With this knowledge, I could identify the risk factors in the spread of diseases and determine the best way to deploy resources by interpreting health data. I would also be able to devise public health policies and programs with an understanding of the environmental factors that affect the health of a community and through a proper management and administration. Besides, learning about social and behavioural sciences would enable me to analyse different lifestyle patterns and social context and thereby, form effective public health solutions based on them. . The opportunity to partake in a practicum greatly excited me as I would attain real-world exposure to the field in a global context. This would further help me to implement my learnings in my home country and strengthen the health infrastructure of India.

The MPH program would prepare me for professional practice and leadership in public health and I intend to leverage my skills and knowledge to address the public health challenges in India such as the rise in communicable and non-communicable diseases, limited public health institutes and health disparities between the rich and poor. India. As an aspiring public health professional, I would take advantage of my experiences and exposure to bring in adequate healthcare resources in the form of efficient workforce, improved facilities and sufficient funds to develop a responsive health system. As I wish to provide equal and quality services to the vulnerable sections of society, I would try to understand the barriers that impede the proper delivery of health services to them, be it the difficulty to gain access to their areas or their unhygienic living conditions, based on which I would harness my power to integrate equity goals in policies and offer them the much needed service.

Being one of the top research-intensive, medical doctoral universities in Canada that is committed to providing hands-on practical education to students, I believe that studying at the University of Saskatchewan would enable me to garner new perspectives, which would illuminate my career deeds. With state-of-the-art facilities that include Canadian Light Source synchrotron, and one of the world's most advanced containment level 3 vaccine research and teaching facilities, I assume that my academic expedition at the University of Saskatchewan would be inspiring. I look forward to gaining in-depth knowledge in public health at your respected university and I assure you that I would maximise my learning opportunities in Canada to build a fruitful career as a Public Health Educator/Public Health Project Manager in India.