

# 1 The Allen–Cahn equation

Let  $\Lambda > 0$  and define the flat torus  $\mathbb{T} = [0, \Lambda)^d \subset \mathbb{R}^d$ , where we as usual assume periodic boundary conditions. Then for  $u: [0, \infty) \times \mathbb{T} \rightarrow \mathbb{R}^N$  and some potential  $W: \mathbb{R}^N \rightarrow [0, \infty)$ , the *Allen–Cahn equation* with parameter  $\varepsilon > 0$  is given by

$$\partial_t u = \Delta u - \frac{1}{\varepsilon^2} \partial_u W(u). \quad (1.1)$$

To understand this equation better, we consider the *Cahn–Hilliard energy* which assigns to  $u$  for a fixed time the real number

$$E_\varepsilon(u) := \int_{\mathbb{T}} \frac{1}{\varepsilon} W(u) + \frac{\varepsilon}{2} \|\nabla u\|^2 \, dx. \quad (1.2)$$

If everything is nice and smooth, we can compute that under the assumption that  $u$  satisfies equation 1.1, we have that

$$\frac{d}{dt} E_\varepsilon(u) = \int_{\mathbb{T}} \frac{1}{\varepsilon} \partial_u W(u) \partial_t u + \varepsilon j j$$