

PDF version: Problem Statement

Although many parental control apps exist, they often only partially limit usage, fail to synchronize across multiple devices, or can be bypassed by tech-savvy children. These limitations frequently lead to family conflict, stress, and frustration. Also, existing solutions may raise privacy concerns or fail to support the development of healthy screen-time habits. As a result, a simple, reliable tool that helps parents enforce balanced screen use across devices while minimizing conflict and protecting children's autonomy and privacy does not currently exist.