

A Dynamic Prioritization Approach: Breaking the Transmission Chain for Optimal Utilization of Covid-19 Vaccines.

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Abstract: The severity of the pandemic and the limited supply of vaccines, calls for a methodical and targeted approach in prioritizing vaccine distribution, with the main focus on breaking the transmission chain, instead of focusing on entire tiers of population groups. Some sections of these groups, which might be static and may not be directly in the transmission chain, can instead continue to be under strict social distancing and isolation protocols that are already in place, until more numbers of vaccines can be produced. The limited supply of vaccines can then be redirected to the sections which are at a high risk of transmission, thus helping to curb disease progression. This strategy must be implemented in conjunction with restrictive Covid protocols that are already in place, in order to shelter vulnerable groups and minimize loss of lives, until more vaccines are made available to reach every section of the population. This comprehensive approach will also ensure that ethical principles are being followed to include the disadvantaged by protecting the vulnerable population groups, while at the same time, methodically targeting the population group sub-sections that are in the high-risk category for spreading the virus and which are also a part of the dynamic and mobile population, mostly responsible for virus transmission. This will control the spread of the outbreak to a certain extent, help bring about the revival of the economy and buy time until more numbers of vaccines can be developed, to vaccinate more than two-thirds of the world's population.

Index Terms: Dynamic Prioritization, Virus Transmission Chain, Optimal Vaccine Utilization.

INTRODUCTION:

The release of the SARS-CoV-2 vaccines in record time, signals the beginning of a challenging journey to reach the end of a pandemic that has brought the entire world to a standstill over the past year. Prioritizing vaccine distribution, an endlessly debated topic that has brought up complex ethical dilemmas, is now the next important step.

Vaccine developers estimate that they will develop sufficient doses for one third of the world's population by the end of 2021 [1]. While some countries have pre-booked doses, more than 189 countries have joined the COVAX initiative, which assures coverage to at least 20% of the population of participating countries in the first phase [2].

Even presuming a high vaccine efficacy rate, it will take years before the vaccine can bring this pandemic under control [29]. Vaccines alone cannot be relied upon and the importance of mass

testing, contact tracing and physical distancing cannot be over-emphasized [36]. *The WHO*, the CDC (USA) and JCVI (UK) have given guidance based on a values framework and ethical principles [3], [4], [5], [6].

However, if the course of the disease progression is analyzed since the first outbreak, it can be seen that it has affected different population groups with differing degrees of severity. Although research is still ongoing in the study of the transmission and spread of the virus, the current evidence clearly reveals the transmission routes and the impact of breaking the transmission chain to contain the outbreak [7]. This prioritization approach has been divided into two stages, Phase one and Phase Two.

METHODOLOGY-PHASE ONE:

Frontline workers: The utmost priority, as agreed by most expert panels, must be given to all **frontline healthcare** workers. Priority must then be given to **essential services** workers across all groups, in the public domain, for whom social distancing is limited or not possible [26], [42].

The **immuno-compromised** patients across all age groups, and those with chronic diseases that put them at a higher risk of contracting the virus, (other than those in isolated hospital or care home settings), who need to travel to their workplaces, live with extended family or live in crowded areas must be vaccinated in phase one. Pregnant women have been excluded from vaccinations, as clinical trials were not done for this category.

Natural immunity: Studies have shown that the immune memory of the virus persisted for six months in the blood samples of previously infected patients, showing both B cells (humoral or antibody-mediated immunity) and T lymphocytes (cell-mediated immunity) [9], [10], [11]. In another study, George Kassiotis et al. found that roughly 5 percent of the uninfected adult study participants had antibodies that recognized SARS-CoV-2 [10], [11]. Kari Stefansson et al. found in their study that 90% of recovered participants showed antibodies against the virus which peaked in two months and remained in the same level for two more months [11], [12]. A study by Wajnberg et al. found stable antibody levels in recovered patients for three to five months [11], [13]. Greninger et al. at the University of Washington, School of Medicine in Seattle in their study showed statistically significant evidence that neutralizing antibodies acquired during SARS-CoV-2 infection protected previously infected patients against reinfection [14]. These studies show that patients who were **previously infected** with and have recovered from the virus, in the past two months (except frontline workers) can be excluded from Phase one of the vaccination priority until the next phase [22], [34].

Over-crowded urban areas: Rader, Benjamin et al. showed in their study [32] that residents in crowded cities and densely populated urban centers are prone to outbreaks and must be prioritized. This is not seen in uncrowded cities where people stay in their own neighborhoods. This was also seen in a study [33], where the outbreak patterns differed between resource-poor settings and wealthier places, according to a contact-tracing study done in India.

Children and the young adult population: Studies have shown that children not previously infected, showed antibodies in their blood, which probably explained their mild or no symptoms [17], [11]. Children and young adults were less likely to have symptoms and some study results implied that virus transmission spread rapidly from child to child [11], [15]. Although they are the group with a high risk of transmission, children can be excluded from phase one, as clinical trials

have not been completed for them. Till then, strict measures of social distancing, face masks and hand hygiene are to be implemented in schools [16], [8], while all staff and caregivers on the campus who are immuno-compromised and/or are over the age of 60, should be vaccinated. This can be applied to Universities as well.

The elderly population: The elderly in long-term care homes have been given utmost priority in all recommendations. However, with Covid 19 protocols in force now, the healthy elderly populaces who are isolated in care homes are more protected than those in crowded areas. The long-term care home residents can be excluded from the vaccinations in phase one whilst strict Covid19 protocols can be continued and their external caregivers must be vaccinated. An outbreak among University students in Wisconsin [11] spilled into a care home nearby leading to two deaths, making it imperative that strict isolation measures be followed in elderly care homes, allowing contact only with vaccinated caregivers. Likewise, in an outbreak at three childcare centers in Georgia, a CDC Team investigation found that it was an external staff member who was the first known case [19], [18]. On the other hand, a research team in Shanghai, China, found that the greatest risk of transmission was between people who lived together in extended family settings [21], [11]. All persons above 60, who live in extended family settings or who need to commute to workplaces and also those living in crowded, dense housing areas must be included in phase one of vaccinations. A study in [30] highlights another important issue. They predicted that restricted occupancy at super spreader ‘points of interest’ determined by data collected from sources, was an effective measure to control transmission. In [35], it was determined that infection rates among the disadvantaged racial and socioeconomic groups was higher, due to mobility differences, as these groups were not able to reduce their mobility into crowded areas during the pandemic [35]. This group must be included in phase one, after accounting for the exclusions highlighted earlier.

DISCUSSION:

The current focus should be on slowing down the virus spread, while sheltering vulnerable population groups [20]. This can be achieved by using the limited vaccines available in phase one to target and break the virus transmission chain, while ensuring that all vulnerable and high-risk individuals are protected, until trials ensure vaccine safety for all categories and enough numbers are made available to vaccinate larger sections of the population.

Instead of vaccinating entire levels of population groups, this approach of dynamically prioritizing within a group will ensure that the limited numbers of the vaccine are being used to precision, to ensure that the virus spread is contained, while ensuring ethical guidelines are being considered, by attending to all sections of the population. This idea can be somewhat be understood using the analogy of drip irrigation in areas of severe water shortage.

Analyzing impact to design Phase Two: It is vital to accurately estimate the impact of the vaccine program and this is best done using mathematical models [28]. A combination of mathematical modeling and statistics can be used to study the impact of phase one, and these results can be used to determine the way forward in **Phase Two**. Although the use of Artificial Intelligence is shown to be limited in prediction and tracking of infection, [25] it can be utilized in vaccine prioritization, provided the criteria fed into the algorithm has been decided by policy makers and experts, to ensure ethical concerns are given the right priority.

The UAE Perspective

The United Arab Emirates has implemented timely measures to ensure that the outbreak did not spiral out of control. The UAE has recorded a mortality rate of 0.5 per cent in the pandemic, among the lowest in the world [44]. The UAE has launched the Hope Coalition initiative to facilitate the distribution of 6 billion doses around the world, increasing this capacity to 18 billion by the end of 2021, showing global responsibility [74]. A patent for an Artificial Intelligence-based vaccine priority system has been filed in the UAE, using an inventive method based on the analysis of data collected, to decide who should get vaccinated first in order to halt the spread of the virus [25]

CONCLUSION:

Although a detailed prioritization strategy is not within the scope of this essay, an attempt has been made to highlight how a methodological and scientific approach to prioritize population groups for vaccination.

To put things in perspective, it is apt to quote the news article in the website: The Conversation, published on 3 Sept. 2020, “With a full-scale public health campaign behind it, that will mean prioritizing those who are driving transmission, not those who are most vulnerable. As counterintuitive as such a strategy may appear, plenty of evidence shows this would be the right approach” [40].

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