

SCRIPTURES

Taken from Crisis and Trauma Counseling

By Dr H. Norman Wright

Comfort

Numbers 14:9

Deuteronomy 31:6

Psalms 27:10, 46:7, 73:23, 94:14, 103:17

Isaiah 41:17

Matthew 28:20

John 6:37-38

Peace

Exodus 33:14

Numbers 6:24-26

Psalms 85:8, 119:165

Isaiah 26:3, 32:17, 57:2

Matthew 11:29-30

John 14:27

Romans 5:1-2

Ephesians 2:14

Colossians 3:15

Fear

Deuteronomy 1:17, 7:21

1 Chronicles 16:25-26

Nehemiah 4:14

Psalms 4:8, 28:7, 56:3

Proverbs 16:6

Isaiah 35:4, 41:10

Jeremiah 15:20

Joel 3: 16

2 Corinthians 1:10

Philippians 4:9

Hebrews 13:6

Anxiety

Genesis 28:15

Job 34:12

Psalms 20:7, 50:15, 55:22, 68:19, 86:7

Proverbs 3:5-6

Isaiah 40:11, 41:13

Matthew 11:28

John 16:33

For those who feel weak

1 Chronicles 16:11

Psalms 37:10-11, 55:18, 62:11, 72:13, 142:3, 147:6

Isaiah 57:15

Jeremiah 10:6
Habakkuk 3:19
2 Corinthians 12:9
Ephesians 3:16

Despair

Psalms 46:1, 100:5, 119:116
Isaiah 40:29, 51:6
Jeremiah 32:17
Ezekiel 34:16
Daniel 2:23
Haggai 2:4
Ephesians 1:18
2 Thessalonians 3:3
Hebrews 10:35
James 1:12

Grief

Psalms 34:7, 71:20-21, 116:15, 119:28, 119:50, 121:5-8
Isaiah 43:2
2 Corinthians 1:3-4

Times of Trouble

Psalms 9:12, 34:7, 37:39-40, 46:1, 50:15, 121:5-8, 138:7
John 16:33

Feeling Depressed

Psalms 30:5, 34:18, 40:1-2, 42:11, 126:5
Zephaniah 3:17
John 10:10