



David Crist <cdedavidcrist@gmail.com>

vision for holistic transformation

1 message

Tara <contara@protonmail.com>
Reply-To: Tara <contara@protonmail.com>
To: cdedavidcrist@gmail.com

Mon, Nov 27, 2017 at 10:48 AM



ConTara: Nov 2017 Newsflash

**"Mentoring and
disciple-making
are one and the
same. They
require
relationship and
accountability on
top of knowledge
building."**

*Last month I attended the training of trainers part 1 on Community Health Education (CHE, pronounced "chay"). We had fun learning the **12 CHE principles**, represented by the blocks above, through interacting with stories, skits, and role plays. They showed how CHE can be a model to promote community transformation. Now, I would like to share more with you about how I believe that CHE can be partnered with Disciple Making Movements (DMM) and used in India where I hope to serve next year...*

Contagious Disciple
Making by David
Watson & Paul
Watson (2014)



I give thanks for:

- you! Thanks for reading along and praying for me!
- safe travels to India and Thailand over the last 2 months
- my patients and co-workers at Esperanza Health Center that I have grown to love and appreciate over the last 4 years
- my home fellowship the Hunting Park House Church and many other prayer partners who have walked with me in this process of

What does Community Health Education have to do with Disciple Making Movements?

What is DMM?

A method for church planting movements, DMM is an obedience based discipleship process in which disciples who make disciples grows into churches that plant other churches. It is focused on training, teaching, and mentoring. Here are the 7 practices that Watson & Watson describe in their book as essential elements:

1. Disciples who make disciples

How is it that 12 disciples who walked with Jesus could start a movement that has grown to 2 billion followers in 2000 years? The core of the great commission was that disciples are called to make other disciples. By **multiplication**, just as CHE trains trainers who train others, multiplying disciples who make disciples leads to **sustainability** in discipleship and church planting.

2. Prayer

We recognize it is not all about the strategy but how the **Spirit leads**. Prayer is key for movements to happen. After all it is God who is doing the moving! Including of us too!

3. Persons of Peace

Finding the "Luke 10:6" person is an important

preparing for transition
to India next year

–my house on Franklin
Street which has been a
haven of rest for my
housemate Janira and
myself as well as our
communities of faith

–my 2009 honda
accord that will take me
and my dog Sidney
back home from
Pennsylvania to Texas,
weather permitting in
December



–my family back in
Texas that I will see for
Christmas and spend
more time with in the
new year

–my God who never
fails to surprise me
with His faithfulness
and friendship on this
journey

–answer to prayer to
have patience during all
the transitions coming
up, passionate patience
to be precise!

step also in the process of CHE work, as you need
a local "champion" within a community who
catches the vision. They can help you raise
awareness and meet with key leaders to find
those who want to be trained in CHE. It's all about
having an **invitation** into a community.

4. Engagement

Both CHE and DMM work require **relationship building**, one-on-one and in groups. An important CHE principle is **facilitating and not doing the work** – yes, even the health education work. It's about training the local people on how they can train others to live healthy lives. You have to engage with your trainers and community health educators. This naturally leads to the next DMM practice...

5. Leadership Development

In order to **develop mature Christian leaders**, you have to commit to letting them grow. Rather than allowing dependency, you have to help them find a way to **use local resources**. As their own lives become healthier and transformed then they are in a position to share that with others.

6. Discovery Groups

Okay, here is the part many of you were waiting for... what does health have to do with following Jesus or reading the Bible? And how does discovering what the Bible teaches help us to live healthier lives? Actually, the idea of **integration**

We continue to
shout our praise
even when we're
hemmed in with
troubles, because
we know how
troubles can
develop
passionate
patience in us...

-Romans 5:3-5

**What are you
thankful for?**

of our physical and spiritual lives may come easier for another worldview besides our western traditional one. The awareness that our spiritual, physical, emotional, and mental health influence our lives can be seen especially in the life and ministry of Jesus. The emphasis with CHE is on the **preventative and not curative/treatment** side of medicine, and discovering how to prevent illness.

7. Establishing Churches

The last 2 CHE principles of **community ownership** and **development and not relief work** help us think about how to approach church planting among people groups who don't have any churches. Rather than viewing an unreached group of people as in need of an outside savior (namely *ourselves*), we encourage the group (and *ourselves*) to see how Jesus is already present working among them. For those doing discovery groups, there is a natural opportunity for groups that respond to Jesus to continue to meet as a fellowship as they learn to follow and trust Him.

As people are transformed from the inside out, they grow into the body of which Christ is the head. They "own" their church as well as the development of CHE work.

In the next edition of *ConTara*, you will hear more about upcoming transitions, starting with a silent auction next weekend!

Click the link for more info to attend...

Invitation to December 2nd Silent Auction

Copyright © 2017 CONTARA, All rights reserved.
You are receiving this email by invitation.

Tara's mailing address is:
CONTARA
4221 N. Franklin St.
Philadelphia, PA 19140

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

The MailChimp logo is displayed in a white, cursive script font, centered within a gray rectangular box.