“must not be a recent convert”

Titus is seemingly for new churches and Ephesus for older churches

IVP Commentary on Titus and 1st and 2nd Timothy states:

*“But the situation in Crete, where the churches were younger, was not the same as that which we find in Ephesus, where a body of elders already existed...*

*Titus's task of appointing elders from among recent converts (notice that in this case Paul cannot rule out recent converts; compare 1 Tim 3:6) must not have been easy.”*Page 229

Lest they think this is weak exegesis it was written by this guy – he could be wrong but you would be hard pressed to say he does not know how to study the question.   
  
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*1-2 Timothy and Titus* (The IVP New Testament Commentary Series) Downers Grove IVP Academic: 2010 by Philip H. Towner

1 Timothy 3:6 New International Version (NIV)

**6**He must not be a recent convert, or he may become conceited and fall under the same judgment as the devil.