

	Helpful	Hamper
	to achieving the objective	achieving the objective
Internal origin (attributes of the system)	<ul><li>Strengths</li><li>1. Innovating</li><li>2. Coding skills (Python and VBA)</li><li>3. Teamwork</li></ul>	<ol> <li>Weaknesses/Areas for further development</li> <li>Limited experience in work</li> <li>Pacing self in public speaking</li> <li>Risk taking</li> </ol>
External origin (attributes of the environment)	<ol> <li>Opportunities</li> <li>Promotions at work</li> <li>Taking on short courses</li> <li>Network</li> </ol>	<ol> <li>Al replacing job</li> <li>Constant learning to maintain job on top of busy workload</li> <li>Uncertainty in sector</li> </ol>

Kaplan Open Learning 2019