

# Patrick Ly

## Full Stack Developer

Well-qualified Full Stack Developer familiar with wide range of programming utilities and languages. Knowledgeable of backend and frontend development requirements.

### Work History

2015-11 -  
2021-02

#### Technical Services Specialist

*Korman Plastic Surgery, Mountain View, CA*

- Met and consulted with patients to obtain medical information, including current symptoms and medical history, goals, needs and wrote out treatment plans to get them to their aesthetic goals.
- Performed Non-Invasive Body Contouring procedures using modalities such as cryolipolysis, HIFEM, and radio-frequency based on what was discussed in the treatment plan.
- Prepared and maintained records of patient progress and services performed to report changes in patient condition.

2014-03 -  
2015-10

#### Personal Trainer/Web Developer

*Relentless Fitness, Philadelphia, PA*

- Coded websites using HTML, CSS, JavaScript and jQuery languages.
- Converted graphic designs to usable web images using Adobe Photo Shop.
- Designed specific workout systems for individual clients based on performance ability.
- Developed, planned and led personal and group fitness sessions as well as well-known specialty fitness programs.
- Screened clients and performed client assessments.
- Organized files and created new system for personal fitness plans, records and contracts.

2012-12 -  
2014-03

#### Personal Trainer

*City Fitness Philly, Philadelphia, PA*

- Consulted with clients to define personal health needs,

### Contact

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<https://www.linkedin.com/in/patrick-ly-aa280717a/>

#### WWW

<https://patrickvly.github.io/>

### Skills

HTML

●●●●●  
Excellent

JavaScript

●●●●●  
Excellent

CSS

●●●●●  
Excellent

Node.js

●●●●●  
Very Good

Express

●●●●●  
Very Good

React

●●●●●  
Excellent

formulate effective fitness, nutritional or rehabilitation plans and improve overall well-being.

- Designed and conducted speed training and conditioning clinics to help students enhance sports performance and prevent injury.
- Created individualized exercise, nutrition and strength and conditioning programs to facilitate weight loss and encourage healthy lifestyle.

**2009-04 -  
2012-05**

### **Personal Trainer**

*Fitness SF, San Francisco, CA*

- Created inspirational physical training initiatives to foster healthy lifestyle decisions.
- Trained clients during strength training, cardiovascular exercise and stretching.
- Educated clients about long-term health benefits of balanced diets and exercise programs.

## **Education**

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**University of California Berkeley** *2021*

Full Stack Development

**San Jose State University** *2010-2012*

Kinesiology

**De Anza College** *2008-2010*

General Education