

## **Ryan Panagrosso**

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### **Skills/Qualifications**

- BioWork Certification
- PADI Advanced Open Water Scuba Diving Certification
- American Sailing Association ASA 101 Certification 2019
- Secret Security Clearance
- Computer skills in Microsoft Word, Excel, PowerPoint, Outlook
- 4 years of college lab work
- Experienced in following SOPs
- Focus on safety first

### **Work Experience**

#### **Human Resource Specialist in the US Army National Guard**

October 2016 – Present

- Maintained personal equipment and ensured other equipment was cleaned and correctly stored after use.
- Successfully managed a small diverse group of individuals in conduct of individual tasks and assignments.
- Instructed group physical training to a group of 10 soldiers.
- Helped soldiers maintain and improve their weight training by instructing proper form.
- Selected to provide instruction to more than 40 soldiers.
- Maintained a clean and sanitized working space.
- Ensured safe procedures were followed at ranges.
- Followed SOPs to ensure equipment was properly accounted for and maintained.
- Trained to aid personnel with setting up insurances, help with pay issues, and personnel tracking which includes one on one contact engaging remotely or face-to-face.
- Engaged with a large diverse group of individuals from different backgrounds.

### **Education**

#### **University of North Carolina Wilmington (UNCW)**

October 2017 – May 2023

GPA: 3.023

Bachelor's in Marine Biology with a focus on Conservation.

- Two years of academic laboratory experience in General chemistry, Organic chemistry, and Genetics.
- Familiar in distillation techniques. gas chromatography, and IR spectroscopy
- Familiar with lab equipment and experienced in data entry in Excel.
- Well versed in Microscopy and studying microorganisms.
- Familiar with biological sampling techniques such as gill net fishing, trawling, and dredging.
- Experience in species identification
- Involved in Scuba club from 2019-2022
- Involved in Plastic Ocean project from 2020-2021
- Involved in Marine Mammal Stranding Program 2023
  - Received Level A data sheet training.

#### **BioWork Certificate at Central Carolina Community College (CCCC)**

June 2021

- Familiarized with cGMP and SOPs.
- Practiced and familiar with gowning procedures for aseptic environments and environmental monitoring.
- Experienced using autoclave, incubator, and bio hoods
- Experience in creating growth medium.

#### **National Outdoor Leadership School (NOLS)**

Summer 2014

30-day wilderness trip learning risk management, conservation, and leadership skills.