

Liberating **Structures Cards**

A print-at-home card deck

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Impromptu

Networking

20 min

Rapidly share challenges and

expectactions, while building new connections

github.com/vpapadopou

Description

Inspired by Holisticon's original idea, this card deck can help you create strings easily or act as a guick reminder of each format

Attribution

Liberating Structures are developed by Henri Lipmanowicz and Keith McCandless Link: http://liberatingstructures.com

The original LS Cards were created by Holisticon AG Link: https://holisticon.de

Liberating Structures SVG icons were created by Julian Fastnacht

Link: https://github.com/jfastnacht



Liberating Structures Cards

github.com/vpapadopou

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Closing thoughts

Please keep this card with the deck, I'd really appreciate it. Have fun :)



Impromptu Networking

Share

20 min

Change partners and do the same

String With



2 minutes per person to answer the 5 min questions and connect with its pair

10 min again 2 more times

Social Network Webbing, 15% Solutions



Nine Whys

1-2-4-All

suggestions

12 min

Engage everyone

questions, ideas and

simultaneously in generating

Ask a question in response to the presentation

of an issue, or about a problem to resolve or a

Start alone, then in pairs, then groups of four,

- Space for people to work face-to-face in pairs

- Paper for participants to record observations

Make the purpose of your work together clear

Analyze

Reveal

Invitation

People

proposal put forward

then the whole group

- Chairs and tables (optional)

Space & Materials

and foursomes

and insights

20 min

Invitation

- "What do you do when working on ... (the subject matter or challenge at hand)? Please make a short list of activities."
- "Why is that important to you?"
- Keep asking, "Why? Why?" up to nine times or until participants have reached the fundamental purpose for this work

People

Start with pairs, then groups of four, then the whole group

Space & Materials

- Chairs for people to sit face-to-face
- No tables or equipment needed



1-2-4-All

Reveal

12 min

Steps

Silent self-reflection by individuals on 1 min a shared challenge, framed as a auestion

Generate ideas in pairs, building on 2 min ideas from self-reflection

Share and develop ideas from your 4 min pair in foursomes (notice similarities and differences)

Each group shares one important 5 min idea with all (repeat cycle as needed)

String With

Design Storyboards, Improv Prototyping, **Ecocycle Planning**



Nine Whys

Analyze

20 min

Each person is interviewed by their 5 min partner.

Starting with "What do you do when working on...?" the interviewer gently seeks a deeper answer by repeating the query: "Why is that important to you?"

Switch roles 5 min

Each pair shares experience and 5 min insights with another pair

Invite the whole group to reflect by 5 min asking: "How do our purposes influence the next steps we take?"

String With

Purpose-To-Practice, Generative Relationships, Wise Crowds, What, So What, Now What?

Share

Invitation

- "What big challenge do you bring to this gathering?"
- "What do you hope to get from and give this group or community?"

- Ask participants to pair up
- Invite them to find strangers or colleagues in groups/functions different from their own

Space & Materials

Open space without obstructions so participants can stand in pairs and mill about to find partners





Wicked Questions

Articulate the paradoxical challenges that a group must confront to succeed

Reveal

25 min

Invitation

Ask:

"What opposing-yet-complementary strategies do we need to pursue simultaneously in order to be successful?"

People

Ask participants to form groups of 4 to 6 people

Space & Materials

- Chairs
- Paper for participants to record observations and insights
- Small round tables (optional)



Wicked Questions

Reveal 25 min

Steps

Introduce the concept of Wicked 5 min Questions and paradox.
Give the following template: "How is it that we are ... and we are ... simultaneously?"

First alone then in small groups, generate pairs of opposites or

paradoxes using the above format

Each group selects its most impactful 5 min Wicked Question and shares it with the whole group

Whole group picks out the most powerful Wicked Questions and further refines them

String With

Improv Prototyping, Ecocycle Planning, 25/10 Crowd Sourcing, 15% Solutions, 1-2-4-All



Appreciative Interviews

Discover & build on the root causes of success

Share

Reveal

60 min

Invitation

Ask:

"Please tell a story about a time when you worked on a challenge with others and you are proud of what you accomplished. What is the story and what made the success possible? Pair up preferably with someone you don't know well"

People

- Start with pairs, then groups of 4
- Encourage groups to be diverse

Space & Materials

- Chairs for people to sit in pairs face-to-face
- Paper for participants to take notes



Appreciative Interviews

60 min

20 min

15 min

10 min

Share Reveal

Steps

In pairs, participants take turns conducting an interview and telling a success story. Pay attention to what made success possible

In groups of 4, each person retells the story of their partner. Listen for patterns in conditions/assets supporting success and take notes

Collect insights and patterns for the upon the whole group on a flip chart

Ask: "How are we investing in the assets and conditions that foster success?" and "What opportunities do you see to do more?"
Use 1-2-4-All to discuss

String With Min Specs



TRIZ

Stop counterproductive activities & behaviors to make space for innovation

Reveal

35 min

People

Ask participants to form groups of 4 to 7 people

Space & Materials

- Chairs
- Paper for participants to record observations and insights
- Small tables (optional)

String With

Ecocycle Planning, Troika Consulting, Wise Crowds, Open Space Technology



TRIZ

35 min

5 min

10 min

Reveal

Invitation & Steps

Introduce the idea of TRIZ and 5 min identify an unwanted result

"Make a list of all you can do to make sure you achieve the worst possible results."

Use 1-2-4-All

"Ask yourselves: 'Is there anything that we are currently doing that in any way, shape, or form resembles this item?' Create a second list of all your counterproductive activities/ programs/procedures."

"What first steps will help you stop what you know creates undesirable results?"

Use 1-2-4-All

Use 1-2-4-All



15% Solutions

Discover & focus on what each person has the freedom and resources to do now

Reveal

20 min

Invitation

In connection with their personal challenge or their group's challenge, ask:

- "What is your 15 percent?"
- "Where do you have discretion and freedom to act?"
- "What can you do without more resources or authority?"

People

Start alone, then groups of 2 to 4 people

Space & Materials

Chairs for people to sit in groups



15% Solutions

Reveal

20 min

Steps

First alone, each person generates 5 min their own list of 15% Solutions

Individuals share their ideas with a small group, one person at a time (3 min per person)

Group members provide consultation 28 min to one another (asking clarifying questions and offering advice), one person at a time (5-7 min per person)

String With

Troika Consulting, Wise Crowds, Open Space Technology, Integrated~Autonomy, Helping Heuristics



Troika Consulting

Get practical and imaginative help from colleagues immediately

Help

Reveal

30 min

Invitation

Invite the group to explore the questions:

- "What is your challenge?"
- "What kind of help do you need?"

People

- Ask participants to form groups of 3 people
- People with diverse backgrounds and perspectives are most helpful

Space & Materials

- Groups of 3 chairs, knee-to-knee seating preferred
- No tables



Troika Consulting

30 min

2 min

2 min

Reveal Help

Stens

Invite participants to reflect on the 1 min consulting question they plan to ask when they are the clients

The first client shares their question

Consultants ask clarifying questions 2 min

Client turns their back to consultants. 5 min The two consultants generate ideas, suggestions, coaching advice

Client turns around and shares what were the most valuable things

Switch to next person and repeat 22 min

String With

Helping Heuristics, Nine Whys, Heard-Seen-Respected



What? So What? Now What? W³

Together, look back on progress to date and decide what adjustments are needed

Analyze

45 min

Invitation

After a shared experience, ask three questions to reflect in a way that builds understanding and spurs coordinated action while avoiding unproductive conflict

Start alone, then groups of 5 to 7 people, then the whole group

Space & Materials

- Chairs for people to sit in small groups
- Paper to make lists
- Flip chart may be needed with a large group to collect answers
- Small tables & Talking object (optional)



What? So What? Now What? W³

Analyze 45 min

Steps

Individuals work 1 min alone on "What happened? What did you notice, what facts or observations stood out?"

Then, 2-7 mins in small groups

Salient facts are shared with the whole group and collected

Repeat the same process with: "Why is that important? What patterns or conclusions are emerging? What hypotheses can I/ we make?"

Then with:

"Now what? What actions make sense?"

18 min

8 min

3 min

13 min



Discovery & Action Dialog

Discover, invent and unleash local solutions to chronic problems

Reveal

50 min

People

- Facilitator works with a partner to serve as a recorder
- Total group size should be between 5-15
- Diversity in roles and experience is an important asset

Space & Materials

- DADs take place in a local setting or unit
- Groups may be standing or sitting around a
- Paper, flip chart or projection equipment is needed to record insights and actions

String With

Improv Prototyping



Discovery & Action Dialog

Reveal

50 min

Invitation & Steps

State the purpose of the initiative 5 min being discussed and the DAD and invite brief round-robin introductions

Ask the 7 questions one by one: 60 min

- 1. How do you know the problem is exists?
- 2. How do you contribute the solution?
- 3. What prevents you from doing this or taking these actions all the time?
- 4. Do you know anybody who is able to frequently solve the problem and overcome barriers? What made their success possible?
- 5. Do you have any ideas?
- 6. What needs to be done to make it

happen? Any volunteers?
Ask the recorder to recap insights
7. Who else needs to be involved?
5 min



Shift & Share

Spread good ideas and make informal connections with innovators

Share

90 min

Invitation

Visit several innovators who will share something new or innovative

People

- Presenters set up their individual stations
- Whole group is split into the same number of small groups as there are presenters
- Groups stay together while they rotate through all the innovation stations

Space & Materials

- Large space where 5 to 8 stations (with chairs) can be set up far enough from each other to minimize interference
- Space for a display as needed by presenters



Shift & Share

Share

90 min

10 min

Steps

Describe the process: 5 min Groups will move from station to station for a 10-minute presentation and brief questions & feedback period

Each group goes to a different station, where presenters conduct their sessions

Participants ask questions or provide 2 min feedback

Groups move to the next station 1 min

Repeat until groups have visited all stations

String With

Improv Prototyping, What? So What? Now What?



25/10 Crowd Sourcing

Rapidly generate & sift a group's most powerful actionable ideas

Reveal

30 min

Invitation

Ask:

"If you were ten times bolder, what big idea would you recommend? What first step would you take to get started?"

People

Start alone, mill around, then in pairs

Space & Materials

- Open space without chairs or tables
- Index cards (one for each participant)

String With

Open Space, Agreement-Certainty Matrix, Ecocycle Planning



25/10 Crowd Sourcing

Reveal

30 min

Steps

Explain the process and demonstrate 5 min

Every participant writes their bold 5 min idea on an index card

People mill around and cards are passed from person to person (mill and pass only - no reading). When the bell rings, people stop passing cards and pair up to exchange thoughts on the cards in their hands. Participants individually rate the idea on their card with a score of 1 to 5 and write it on the back of the card

Conduct four more rounds

Find the top ten best-scoring ideas 5 min

Ask: "What caught your attention?"



Wise Crowds

Tap the wisdom of the whole group in rapid cycles

Reveal

Help

15 min

Invitation

Ask each participant to be the "client" when their turn comes and briefly describe their challenge and ask for help

Ask the other participants to act as a group of "consultants" whose task is to help the "client" and offer advice or recommendations

People

- Groups of 4 to 5 people
- Mixed groups across functions, levels and disciplines are ideal

Space & Materials

- Groups of 4 or 5 chairs arranged around small tables or in circles without tables
- Paper for participants to take notes



Wise Crowds

Reveal Help 15 min

Steps

The client presents their challenge 2 min and asks for help

Consultants ask clarifying questions 3 min

The client turns their back to the 8 min consultants and gets ready to take

Consultants ask questions and offer advice and recommendations, working as a team

The client provides feedback to the consultants: what was useful and what they take away

String With

Helping Heuristics + Heard-Seen-Respected, Nine Whys, Troika Consulting, What I Need From You, Appreciative Interviews



Min Specs

Specify only the absolute "Must do's" & "Must not do's" for achieving a purpose

Strategize

45 min

Invitation

In the context of a challenging activity, a new initiative, or a strategic bottleneck, invite participants to generate a list of all the do's and don'ts they should pay attention to in order to achieve a successful outcome (Max Specs) Ask participants to reduce the previous list to the absolute minimum needed to achieve their purpose (Min Specs)

People

Start alone, then small groups of 4 to 7, then the whole group

Space & Materials

- Groups of 4 to 7 chairs around small tables
- Paper to record Max and Min Specs



Min Specs

Strategize

45 min

1 min

12 min

2 min

Steps

Starting alone, each participant generates their Max Specs list

Repeat the process, this time in small 5 min groups. Make list as complete as possible

Each group sifts through the list one item at a time and eliminates every rule that gets a positive answer to: "If we broke or ignored this rule, could we still achieve our purpose?"

Do a second round if needed 15 min

Consolidate across groups to the shortest possible list

String With

Simple Ethnography, Nine Whys



Improv Prototyping

Develop effective solutions to chronic challenges while having serious fun

Reveal

20 min

Invitation

Identify a chronic challenge in your work, then playfully experiment, invent, and discover better ways to address the challenge by acting out the situation and possible solutions

People

- One small group of players on "the stage"
- All others, the observers, in small groups in front or around the stage

Space & Materials

Open space or stage with chairs for everyone

String With

Design StoryBoards, Shift & Share, User Experience Fishbowl



Improv Prototyping

Reveal

20 min

2 min

Steps

Explaing the process

Describe the scenario 3 min

Players on stage enact the scene 3-5 min

Each group debriefs with 1-2-4-All to 5 min identify successful and unsuccessful

"chunks" from the observed scene

Each group pieces together the

successful chunks into a new prototype. Volunteers act out the new prototype for their own group

Participants from one of the groups who believe they have an improved prototype come on stage and enact their version for the whole group (Repeat as necessary)

3-5 min

5 min



Helping Heuristics

Practice progressive methods for helping others, receiving and asking for help

Help

15 min

Invitation

Participants view all human interactions as offers that are either accepted or blocked

Groups of 3: two participants interacting faceto-face in the roles of client (with a challenge to share) and coach plus one observer (roles can change between rounds)

Space & Materials

Standing participants, no chairs or tables

Share

Invitation

People

groups of 3-4 people

Space & Materials

- Microphones (optional)

Troika Consulting, Wise Crowds, What I Need From You, Improv Prototyping, Simple Ethnography

Ask those in the fishbowl to describe their

experience - the good, the bad and the ugly -

to do it in conversation with each other as if

avoid presenting to the audience

- One inner circle group of 3-7 people

- Chairs as needed in an outer circle

informally, concretely, and openly. Invite them

the audience wasn't there. Firmly, ask them to

- One outer circle with multiple small satellite

- 3-7 chairs in circle in the middle of the room

User Experience

Share know-how gained

from experience with a

larger community

50 min

Fishbowl



Helping Heuristics

2 min

2 min

2 min

2 min

15 min Help

Stens

discoveries

Explain the process

"Quiet Presence": Coach accepts all offers with compassionate listening

"Guided Discovery": Coach accepts 2 min all offers, guiding inquiry for mutual

"Loving Provocation": Coach interjects advice, accepting and blocking as needed when they see something that the client does not

"Process Mindfulness": Coach and client accept all offers from each other, while noticing how novel possibilities are amplified

Debrief in the group 5 min



User Experience

50 min

2 min

Groups in outer circle formulate

4 min

circle are answered. Back-and-forth interaction between inner and outer circles goes on as needed

String With



Fishbowl

Share

Explain configuration and steps

10-25 min Inner circle conversation goes on until it ends on its own

observations and questions

Questions submitted to the inner 10-25 min

Debrief using What? So What? 10-15 min Now What? and ask: "What seems possible now?"

Improv Prototyping, 25/10 Crowd Sourcing, Ecocycle Planning, Simple Ethnography, Shift & Share



Conversation Cafe

Engage everyone in making sense of profound challenges

Share

50 min

Invitation

Invite all participants to gather in small groups to listen to one another's thoughts and reflect together on a shared challenge

People

- Mixed, diverse groups of 5-7 participants
- One person to act as the host a participant whose role is to gently intervene when another participant visibly fails to observe one of the six Conversation Cafe agreements

Space & Materials

- Groups of 5 to 7 chairs around small tables
- Talking object
- Markers and one or two pieces of flip-chart paper per table (optional)



Conversation Cafe

Share

50 min

Steps

State the theme of the conversation. usually in the form of a question and explaing the process

Each person shares what they are 1 min p.p. thinking, feeling, or doing about the theme or topic

Each person shares thoughts and 1 min p.p. feelings after having listened to everybody at the table

20-40 min Open conversation

Each member shares "takeaways" 5-10 min

String With

What? So What? Now What?, 15% Solutions, Design StoryBoards, Open Space Technology, User Experience Fishbowl



Heard, Seen, Respected (HSR)

Practice deeper listening and empathy with colleagues

Help

35 min

Invitation

- Tell a story to a partner about a time when you felt you were not heard, seen or respected
- Ask listeners to avoid any interruptions except for asking clarifying questions

People

In pairs for the storytelling, then foursomes

Space & Materials

Chairs facing each other, a few inches between knees

String With

Troika Consulting, Generative Relationships STAR, Appreciative Interviews, Helping Heuristicsm Conversation Cafe



Heard, Seen, Respected (HSR)

Help

50 min

Steps

Introduce the purpose of HSR: 3 min To practice listening without trying to fix anything or make any judgments

One at a time, each person has 7 minutes to share their story

Partners share with one another the 5 min experiences of listening and storytelling

In a foursome, participants share reflections using 1-2-4, asking. "What patterns are revealed in the stories? What importance do you assign to the pattern?"

Whole group reflects on how HSR could be used to address challenges revealed by the patterns

5 min

15 min

5 min



Drawing Together

Reveal insights and paths forward through non-verbal expression

Reveal

40 min

Invitation

Invite participants to tell a story about a challenge they face or a common challenge, using only five symbols and no words

People

Start alone, then in groups of 1-4 people, then the whole group

Space & Materials

- Open wall with tapestry paper or flip charts
- Water-based markers

Symbols

Circle: wholeness, Rectangle: support, Triangle: goal, Spiral: change, Star Person: relationship



Drawing Together

Reveal

40 min

10 min

10 min

5 min

Stens

Introduce the concept and symbols 5 min

Practice drawing the symbols 5 min

Working individually, combine the symbols to create the first draft of a story about "the journey" of working on a challenge or an innovation

Create a second draft. Refine the story by dramatizing the size,

placement and color of the symbols

Invite another individual or the small group to interpret your drawings. The person who has done the drawing does not speak

Ask the whole group: "Together, what 5 min do the drawings reveal?"



Design **Storyboards**

Define step-by-step elements for bringing initiatives or meetings to productive endpoints

Plan

50 min

Invitation

Invite a design team (a representative subset of the group) to create a detailed plan, including visual cues, for how participants will interact to achieve their purpose

1-2-All or 1-All in rapid cycles for each step

Space & Materials

- Open wall with tapestry paper or flip charts
- Large Post-its and/or LS Cards
- Blank storyboard



Design Storyboards

2-5 min

Plan 50 min Steps

Evaluate the standard approach you 5-10 min would normally use for this session

Clarify the purpose of working

purpose statement if needed

together (use Nine Whys if needed)

Reexamine and strengthen the 2-5 min

Reexamine and decide who needs to 2-5 min participate or be involved

Brainstorm microstructures that 5-10 min could achieve the purpose

Select the best microstructures 2-10 min (choose one plus a backup)

Determine the questions and process 2-5 min you will use to evaluate your design



Celebrity Interview

Reconnect the experience of leaders and experts with people closest to the challenge at hand

Share

45 min

Invitation

- Invite the celebrity to let go of their formal presentation or speech and answer the harder questions in a casual "talk show" format
- Invite group members to listen, see the person behind the celebrity and write down questions with colleagues

People

Whole group for the interview, 1-2-4 to generate questions

Space & Materials

- Interviewer and celebrity in the front of the room where everyone can see and hear the interaction
- Large cards to collect questions



Celebrity Interview

Share

45 min

Interviewer welcomes and introduces 3 min the celebrity & topic to be discussed

Interviewer asks questions that the 15-30 min audience would be expected to ask

Participants generate additional 5-10 min questions in a 1-2-4 conversation and write them on cards

Interviewer sifts the cards, looking 5-10 min for patterns and asking additional questions to the celebrity

Interviewer makes closing comments, 1 min thanks the celebrity

String With

User Experience Fishbowl, Open Space Technology, Discovery & Action Dialogue, What I Need From You



Social Network Webbing

Map informal connections and decide how to strengthen the network to achieve a purpose

Share

Help

60 min

Invitation

Invite members of a core working group with a shared purpose to create a map of their network and decide how to expand and strengthen it

People

- 1-2-4-All to generate names of key groups
- Whole group to generate names of people in the network and construct the map

Space & Materials

- Open wall with tapestry paper or multiple flip-chart pages
- Post-it notes in at least 8 colors
- Bold-tip black pens



Social Network Webbing

Help **Share** 60 min

Steps

Create a legend of all the key groups 5 min in the network and assign a Post-it color or symbol for each (1-2-4-All)

Each member writes their name on a 5 min Post-it and puts it in the wall

20 min "What people do you know that are active in this work?"

"Who else would you like to include in this work?"

Create a spider-web-like map

Draw connecting lines to illustrate 15 min influencing patterns

Devise strategies to strengthen the 10 min network

String With

15% Solutions, Design StoryBoards, 1-2-4-All



What I Need From You (WINFY)

Surface most essential needs across functions and accept or reject requests for support

Help

65 min

Invitation

Invite participants to ask for what they need from others to be successful in reaching a specific goal

People

- 3-7 functional clusters (unlimited members)
- One spokesperson from each cluster

Space & Materials

- Chairs for a group of 3 to 7 people to sit in a circle in the middle of the room
- Paper for participants to take notes

String With

Helping Heuristics, Integrated~Autonomy, Appreciative Interviews, Ecocycle Planning



What I Need From You (WINFY)

Help

Stens

Explain the process

3 min

65 min

Clusters use 1-2-4-All (or 1-2-All) to 5-15 min make a list of their top needs from each of the other clusters in the room using the format: "What I need from you is ... "

Spokespersons gather and state their 15 mi top two needs 1-by-1 to each other

Spokespersons (with group) write down one of four responses to each request: Yes, No, I will try, Whatever

Spokepersons repeat their requests 10 min and share their responses (No discussion! No elaboration!)

Debrief with W³ 15 min



Open Space Technology

Liberate inherent action and leadership in large groups

Reveal

90 min

Invitation

Invite participants to co-construct the agenda by posting sessions that they will convene on topics they are passionate about

People

- Start together in one large circle (or as many concentric circles as needed)
- Continue with groups of various sizes selforganized around agenda topics

Space & Materials

- Chairs in concentric circles in a large room
- Large blank agenda posted on wall. It should include slots for enough concurrent sessions to accommodate what is likely to emerge given the challenge and the number of participants



Open Space Technology

Reveal

90 min

5 min

Steps

Facilitator introduces the concept and mechanics of Open Space including the *Law of Two Feet* and its Four Principles

"Marketplace" opens: participants 15 min propose topics plus a time and space for groups to meet

Conveners facilitate sessions. 2x30 min Groups develop recommendations and action plans. Notes are taken and published or posted

Debrief, proceedings distributed and 10 min closing

String With

Before: Celebrity Interview, Appreciative

Interviews, TRIZ

After: 25/10 Crowd Sourcing



Generative Relationships

Reveal and understand relationship patterns that create value or dysfunctions

Analyze

25 min

Invitation

Invite participants to assess their working group or team in terms of four attributes:

- S Separateness (diversity)
- **T** Tuning (listening, reflecting on challenges)
- A Action (opporunities to act on ideas)
- R Reason to work together

People

Start alone, then small groups, then the whole group

Space & Materials

- Tables for small groups of 4, with a STAR compass graphic and pens for each individual
- A STAR compass graphic on a flip-chart page for each small group & one for the whole group



Generative Relationships

Analyze

25 min

5 min

5 min

5 min

Step

Participants individually assess where 5 min the team is in regard to each of the four elements

In small groups, participants place a dot along each compass point, then talk with their neighbors (1-2-4) about their placements, looking for consensus and differences

Small groups decide what type of results are generated by the pattern of interaction they have identified

Small groups brainstorm action steps to boost elements needing attention

Whole group assembles list of action steps and decides: "What first steps can we take right now?"



Agreement-Certainty Matrix

Sort challenges into simple, complicated, complex and chaotic domains

Analyze

45 min

Invitation

Categorize challenges as simple, complicated, complex or chaotic & place them in the matrix

People

Start alone, groups of 4-6, whole group

Space & Materials

- Chairs for groups with or without small tables
- Long open wall with a large tapestry paper illustration of the matrix
- One blank matrix for every participant
- Post-it notes and markers for everybody

String With

Critical Uncertainties, Purpose-To-Practice, Ecocycle, Panarchy, Integrated~Autonomy



Agreement-Certainty Matrix

Analyze

45 min

Stens

Participants individually generate list 5 min of challenges

Participants place challenges in their 5 min individual matrixes

Discuss in pairs 5 min

In a group of 4-6: find points of agreement, difference & mismatches

Everyone post their challenges on 5 min the large wall matrix

In small groups: "What pattern do we 5 min see? Do any mismatches stand out that we should address?"

Whole group: Share reflections and 10 min decide next steps



Simple Ethnography

Observe and record actual behaviors of users in the field

Analyze

75 min

Invitation

Invite participants to silently observe people with experience relevant to the challenge at hand and then follow up with interviews for more insight

People

In 1s or 2s distributed among sites being observed, whole group for debrief

Space & Materials

- Local setting (workplace, client organization, neighborhood) with a convenient space for sharing findings, photos, and videos
- Notebook, camera, video (optional)



Simple Ethnography

75 min

Analyze

Steps

Explain the problem and situation 5 min

Identify sites to observe and people 5 min to shadow

Visit sites and observe interacti- 10-180 min ons and activities without speaking.
Record details & internal reflections

Select behaviors that address the 20-180 min challenge and interview individuals

Regroup and use 1-2-4-All to 15 min compare notes and find patterns

Write up observations 10-20 min

Feed insights into brainstorming and 10 min prototyping efforts (Repeat process as needed)



Integrated Autonomy

Move from either-or to robust both-and solutions

Strategize 80 min

Invitation

"Will our purpose be best served by increased local autonomy, customization, competition, and freedom among units/sites? Or by increased integration, standardization, and control among units/sites? Or both?"

People

Start alone, then small groups of 4, then the whole group

Space & Materials

- Chairs for people to sit in groups of 4, with or without small tables
- "Integrated Autonomy Worksheet" for each participant and a large one on the wall
- Paper for recording activities and action steps

??

Integrated Autonomy

Strategize

80 min

5 min

10 min

Steps

Introduce the idea

1-2-4-All to generate a list of activities requiring attention

Groups of four pick and work on one 10 min activity from the list

1-2-4 to develop action steps for 10 min standardization/customization

"Which actions boost both? What modifications or ideas can be adopted to move some actions from the standardization/customization group to the common group?"

1-2-4-All to prioritize the most 10 min promising actions that promote both integration and autonomy

Critical Uncertainties

Develop strategies for successfully operating in a range of plausible yet unpredictable futures

Strategize

100 min

Invitation

Identify the most critical and uncertain "realities" in your operating environment or market. Which strategies can help?

People

Have a group large and diverse enough to break it up into four separate small groups

Space & Materials

- Four groups of chairs around tables
- Paper, Post-it notes, flip charts, or tapestry paper for each group

String With

Conversation Cafe, P2P, WINFY, Open Space Technology, Wicked Questions, Min Specs



Critical Uncertainties

Strategize

100 min

Step

Describe the sequence of steps 2 min

Make a list of uncertainties

5 min

Prioritize the most critical factors

10 min

Select the two most critical and most uncertain, place on grid as X and Y.

Four quadrants are created

Each group writes a scenario for one quadrant, shares it, brainstorms strategies and shares them

40 min

Select robust and hedging strategies

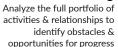
Groups debrief with W³

10 min

Groups share their debriefs and select a Now What to follow

10 min

Ecocycle Planning



Analyze

Strategize

95 min

Invitation

View, organize, and prioritize current activities using four developmental phases: birth, maturity, creative destruction and renewal. Formulate action steps linked to each phase

People

1-2-4-All, small groups for action steps

Space & Materials

- Chairs in groups of 4, with or without tables
- Blank Ecocycle map worksheet for each participant & large version posted on the wall
- Post-it notes for each activity

String With

Panarchy, 1-2-4-All, WINFY, Open Space



Ecocycle Planning

5 min

5 min

40 min

15 min

20 min

10 min

Analyze Strategize 95 min

Steps

Introduce the idea of the Ecocycle

Generate individual activity list

Place activities on the Ecocycle, 2-4-All with Post-its on the big wall map

Decide for activities with consensus which to stop and which to start

Create first-action steps for items in the Rigidity and the Poverty trap

Ask all the groups to focus on all the activities for which there is no

activities for which there is no consensus. When possible, create first-action steps to handle each one



Panarchy

Understand how embedded systems interact, evolve, influence the spread of innovation and transform

Analyze

Strategize

120 min

Invitation

What is contributing to the existence of a challenge at levels above and below you?

People

1-2-4-AII

Space & Materials

- Room with unobstructed flat wall
- Blank Panarchy chart handout
- Large wall-poster version of Panarchy chart
- Post-it notes for each participant
- Flip-chart pages for the Panarchy graphic

String With

Ecocycle Planning, 1-2-4-All, WINFY, Social Network Webbing, Celebrity Interview



Panarchy

Analyze Strategize 120 min

Steps

Introduce the idea of the Panarchy 5 min (and the Ecocycle if needed)

Identify the levels of the Panarchy 30min

Identify obstacles and opportunities 50 min

Create and share action steps 25 min

Debrief using What? So What? Now 15 min What? and prioritize the next possible steps

(Please refer to the book or website for detailed instructions)



Purpose-To-Practice (P2P)

Define the five essential elements for a resilient & enduring initiative

Plan

120 min

Invitation

Invite all or most stakeholders to participate in the design of their new initiative in order to specify its five essential elements: purpose, principles, participants, structure and practices

People

- Start with 1-2-4-All
- Whole group for finalizing each element

Space & Materials

- Chairs and small tables for people to work in groups of 4
- Large wall with poster paper for recording the P2P result for each element
- Five worksheets for each participant , one for each of the five elements



Purpose-To-Practice (P2P)

Plan	120 min
Steps	
Introduce the idea of P2P	5 min
Use 1-2-4-All to clarify purpose	10 min
In groups of four, compare, sift ar amplify the top ideas	nd 10 min
As a whole group, integrate them and finalize ideas for Purpose	nes 10 min
Repeat process to clarify principle participants, structure and practic	,
After each element: "Has this element shed new light suggests revisions to previous elements?"	5 min that
Debrief using W ³ in small groups prioritize next steps as a whole g	