THE TAROT OF THE SPIRIT
(MASTER CARD)

I DEDICATE THESE TAROT CARDS TO AYU KHEANDRO, WITHOUT HER LOVE I WOULD STILL BE LOST;
I DEDICATE THESE TAROT CARDS TO RAMANA MAHARSHI, WITHOUT HIS TEACHINGS ON SELF-INQUIRY I WOULD NOT HAVE KNOWN THAT ONE MUST FOCUS ON THE SOURCE OF THE "I" THOUGHT;
I DEDICATE THESE TAROT CARDS TO ECKHART TOLLE, WITHOUT HIS TEACHINGS ON THE INNER BODY I WOULD NOT HAVE KNOWN THAT, WHILE GENTLY FOCUSING ATTENTION ON THE "I" THOUGHT, ONE MUST SIMULTANEOUSLY FEEL THE WHOLE BODY FROM WITHIN.

THE PHRASES PRESENT IN THESE TAROT CARDS WERE CREATED INSPIRED BY THE TEACHINGS OF THE SPIRITUAL MASTERS MENTIONED ABOVE, WHILE THE IMAGES WERE GENERATED BY ARTIFICIAL INTELLIGENCE UNDER MY ARTISTIC DIRECTION, DRAWING FROM VARIOUS PAINTING STYLES.
THESE TAROT CARDS, WHICH I HAVE NAMED "THE TAROT OF THE SPIRIT," CONTAIN 33 CARDS, PLUS THIS CARD, CALLED "THE MASTER CARD." WHEN THIS CARD IS "DRAWN," ITS MEANING IS TO STRENGTHEN THE FEELING OF DEVOTION.
THIS TAROT DECK IS USED IN A WAY THAT IS DIFFERENT FROM ALL OTHERS AND HAS THE UNIQUE CHARACTERISTIC OF BEING A "SELF-READING" DECK. IT DOES NOT REQUIRE ANY KNOWLEDGE OF HOW TAROT WORKS, NOR DOES IT INCLUDE ANY "GUIDEBOOK" OR INSTRUCTION MANUAL.
SIMPLY OPEN THE PDF FILE — FOR EXAMPLE WITH THE "BOOKS" APP ON IPHONE — BRING YOUR HANDS TOGETHER AT THE CENTER OF YOUR CHEST AS A GESTURE OF INNER GATHERING, AND MENTALLY ASK A QUESTION. THEN, WITH YOUR EYES CLOSED, SCROLL THROUGH THE PDF AND STOP AT RANDOM: IF A CARD APPEARS, THAT IS THE ANSWER. IF INSTEAD THE BACK OF A CARD APPEARS, THEN TAKE THE CARD IMMEDIATELY TO ITS LEFT. THEN YOU MAY ASK ANOTHER QUESTION, AS LONG AS YOU STILL HAVE QUESTIONS TO ASK.
THIS DECK IS OFFERED FOR FREE. IF IT HAS TOUCHED YOUR HEART AND YOU WISH TO SUPPORT ITS SPREAD, YOU MAY LEAVE A DONATION TO THE IBAN LISTED ON THE BACK OF THE LAST CARD AND ON THE BACK OF OTHER CARDS AS WELL.

HAPPY READING TO EVERYONE FROM PATRIZIO FIORENZA!

ॐ

THE SWIMMER

LIKE A SWIMMER WHO DIVES INTO DEEP WATER TO RECOVER A SUNKEN TREASURE,
CONTROLLING VOICE AND BREATH,
FEELING THE WHOLE BODY FROM WITHIN AS A SINGLE FIELD OF ENERGY,
ONE SHOULD DIVE DEEPLY WITHIN ONESELF
IN SEARCH OF THE SOURCE OF THE “I” THOUGHT.

ॐ

SPIRIT

I AM THE SPIRIT
THAT DWELLS IN MY BODY,
I AM THE AWARENESS
THAT PERVADES MY LIMBS,
I AM THE CONSCIOUSNESS
IN WHICH THE SUN APPEARS.
WITHOUT ME,
WOULD THE STARS EXIST?

ॐ

NO ONE

THE SOUND OF THE SEA,
THE ROAR OF THE WIND,
THE SAND ON THE SKIN,
THE SUN HIGH IN THE SKY.

AND...
SUDDENLY...
THERE IS NO ONE...

THERE ARE NO MEMORIES,
THERE IS NO IDENTITY,
I AM NOT SEPARATE FROM REALITY.

ॐ

THE WHITE TREE

I AM HERE UNDER THE WHITE TREE
WAITING FOR THE LAST ROPE TO BREAK,
I AM PRESENT WITHIN MY ENTIRE BODY,
MY MIND IS OPEN LIKE SPACE.
PLEASURE AND PAIN HAVE A SINGLE FLAVOR,
THE VOID PERMEATES ME, OUTSIDE AND WITHIN.
THOUGHTS ARISE AND FADE,
I ATTRIBUTE TO THEM NO SENSE OF IDENTITY.
I LOOKED WITHIN MYSELF
AND FOUND NO ONE.
I AM ONLY WAITING
FOR GOD TO CUT THE LAST THREAD
AND TAKE ME WITH HIM FOREVER.

PURPLE BACK – AUTHOR'S NOTE

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THE LIE

**EVERYTHING
YOUR
MIND
SAYS
IS
A
LIE.**

**STOP BELIEVING ALL YOUR STORIES.
IF YOU KNOW IT'S NOT YOU,
WHY CARE IF THE MIND IS CALM OR RESTLESS?**

ॐ

THE SEARCH FOR THE "I"

SILENCE IS THE ONLY TRUTH.

SILENCE IS THE SOURCE OF THE "I" THOUGHT.

"WHO AM I?" IS THE MOST IMPORTANT QUESTION.

"WHO AM I?" MEANS SEARCHING WITHIN ONESELF WHENCE THE "I" THOUGHT ARISES.

WHILE ASKING "WHO AM I?" AND LOOKING FOR THE ORIGIN OF THE "I" THOUGHT, ONE MUST BE PRESENT IN EVERY CELL OF THE BODY.

BEING PRESENT IN THE BODY MEANS FEELING THE WHOLE BODY FROM WITHIN AS A SINGLE FIELD OF ENERGY.

IF OTHER THOUGHTS ARISE, ASK AGAIN: "TO WHOM DO THESE THOUGHTS ARISE?"
THE IMPLICIT ANSWER IS: "TO ME."
THEN ASK AGAIN: "WHO AM I?"

ॐ

DISCIPLINE

THE THREE RULES THAT A SEEKER SHOULD FOLLOW ARE:
MODERATION IN FOOD,
MODERATION IN SLEEP,
MODERATION IN SPEECH.

THE THREE POISONS THAT A SEEKER SHOULD AVOID ARE:
THE POISON OF IGNORANCE,
THE POISON OF HATRED,
THE POISON OF ATTACHMENT.

ॐ

THE PRISTINE MEDITATION

IN THE PRISTINE MEDITATION, DO NOT MEDITATE WITH THE INTELLECT.
DO NOT ALTER AN UNDISTURBED STATE WITH FABRICATION.
DO NOT REGARD THOUGHTS AS DEFECTS.
DO NOT MEDITATE WITH THE AIM OF ACHIEVING A STATE WITHOUT THOUGHTS.
FEELING THE WHOLE BODY FROM WITHIN AS A SINGLE FIELD OF ENERGY:
REST IN THE MIND'S OWN WAY AND OBSERVE FROM A DISTANCE.

ॐ

THE SYNCHRONIZATION OF MIND AND BODY

ATTENTION TRANSFORMS EVERYTHING INTO ITSELF!
SYNCHRONIZE MIND AND BODY IN THE SEARCH FOR BEING:
FEELING THE WHOLE BODY FROM WITHIN AS A SINGLE FIELD OF ENERGY,
FOCUS ALL ATTENTION ON THE SOURCE OF THE THOUGHT "I."

PRESENT WITHIN EVERY CELL OF YOUR BODY,
SEEK THE ONE WHO IS MEDITATING AND
IMMERSE YOURSELF COMPLETELY IN THE THOUGHT "I."

MIND AND BODY TOGETHER,
GO EVER DEEPER WITHIN YOURSELF.

ॐ

KNOWLEDGE
KNOWLEDGE IS NOT HAVING THE ANSWER TO EVERYTHING,
BUT HAVING NO MORE QUESTIONS.
BURN ALL BOOKS,
BURN EVERYTHING YOU THINK YOU HAVE LEARNED,
YOU ARE KNOWLEDGE ITSELF.

ॐ

NON-DUALITY

WHEN THE MIND IS CALM,
THE BOUNDARY
BETWEEN INSIDE AND OUTSIDE THE BODY
DISSOLVES,
AND INNER AND OUTER SPACE
BECOME ONE.

ॐ

SILENCE

SILENCE PERVADES EVERYTHING,
EVERYTHING IS BORN IN SILENCE,
EVERYTHING DIES IN SILENCE.

SILENCE IS WHAT WE ARE,
SILENCE IS THE SPACE BETWEEN TWO BREATHS,
SILENCE IS THE MIND MERGING WITH THE “I” THOUGHT.
FEEL THE SILENCE THAT LIES
DEEP WITHIN YOUR BEING.
LET YOURSELF BE ABSORBED BY SILENCE,
BECOME ONE WITH IT.

ॐ

BODY AWARENESS

BEGIN TO FEEL YOUR HANDS FROM WITHIN.
FOCUS ON THE SENSATION
OF FEELING YOUR HANDS FROM WITHIN.

THEN BEGIN TO FEEL YOUR FEET FROM WITHIN.
FOCUS ON THE SENSATION
OF FEELING YOUR FEET FROM WITHIN.

NOW FEEL YOUR HANDS AND FEET FROM WITHIN,
SIMULTANEOUSLY.
BEGIN TO ADD TO THIS SENSATION
THE PERCEPTION OF ARMS, LEGS, ABDOMEN, HEAD,
UNTIL YOU CAN FEEL
THE WHOLE BODY FROM WITHIN
AS A SINGLE FIELD OF ENERGY.

ॐ

DO NOT BE DISTRACTED

DO NOT BE DISTRACTED
MEANS KEEPING YOUR ATTENTION ALWAYS FOCUSED WITHIN,
MEANS BEING AWARE OF YOUR THOUGHTS AND EMOTIONAL STATES.

DO NOT BE DISTRACTED
MEANS BEING AWARE OF AWARENESS ITSELF,
OF THE ONE WHO OBSERVES THOUGHTS AND EMOTIONAL STATES.

DO NOT BE DISTRACTED
MEANS BEING AWARE OF BOTH THE BACKGROUND AND THE IMAGES.

AND IF YOU NOTICE THAT YOU’VE BEEN DISTRACTED?
THE MOMENT YOU NOTICE YOU’VE BEEN DISTRACTED,
PRESENCE HAS ALREADY RETURNED.

ॐ

MEDITATION ON THE MEDITATOR

CLOSE YOUR EYES.
FOCUS THE MIND AND THE GAZE BETWEEN THE EYEBROWS.
DO NOT MOVE YOUR EYELIDS OR EYEBROWS.
KEEP LOOKING AT THE POINT BETWEEN THE EYEBROWS,
FOCUSING YOUR ATTENTION THERE.
DO NOT REPEAT ANY MANTRA OR NAME.
DO NOT IMAGINE ANYTHING.
WHO IS THE ONE WHO OBSERVES?
SEARCH FOR THE ONE WHO IS MEDITATING,
MEDITATE ON THE MEDITATOR.

ॐ

THE MIND

YOU ARE NOT YOUR MIND,
BUT THAT WHICH ILLUMINATES IT.
YOU ARE THE OBSERVER,
THE IMPERSONAL WITNESS,
THE ONE WHO WATCHES IN SILENCE.

DO NOT FIGHT YOUR THOUGHTS,
FOR BY OPPOSING THEM
YOU ONLY MAKE THEM STRONGER.
LISTEN TO YOUR MIND IMPARTIALLY,
DO NOT JUDGE WHAT YOU HEAR:
WHETHER GOOD OR BAD,
IT IS ONLY A THOUGHT — IT IS NOT YOU.

OBSERVE YOUR THOUGHTS
LIKE MEANINGLESS SOUNDS,
DO NOT GIVE THEM AN IDENTITY.
DO NOT BELIEVE
WHAT THE MIND TELLS YOU:
ALL YOUR THOUGHTS,
WITHOUT EXCEPTION, ARE LIES.

WHEN A THOUGHT ARISES,
DO NOT LOOK AT WHAT ARISES:
FEELING YOUR WHOLE BODY FROM WITHIN,
BE THAT WHICH KNOWS THE ARISING.
LIKE AN OAK STAKE IN HARD GROUND,
REMAIN STEADFAST IN THE AWARENESS THAT KNOWS.

YOU ARE BEYOND THOUGHT:
YOU ARE THE OPEN SPACE
IN WHICH THOUGHTS APPEAR AND DISAPPEAR.

GREEN BACK – AUTHOR'S NOTE

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IL GUERRIERO DI LUCE

THE WARRIOR OF LIGHT KEEPS THE MIND TURNED INWARD AND IS CONSTANTLY FOCUSED ON THE "I" THOUGHT;
THE WARRIOR OF LIGHT ALWAYS FEELS HIS WHOLE BODY FROM WITHIN;
THE WARRIOR OF LIGHT IS PRESENT WITHIN EVERY CELL OF HIS BODY;
THE WARRIOR OF LIGHT MEDITATES ON THE MEDITATOR;
THE WARRIOR OF LIGHT DIVES EVER DEEPER INTO HIMSELF;
THE WARRIOR OF LIGHT IS NEVER DISTRACTED: HE IS COMPLETELY CENTERED IN THE PRESENT MOMENT;
THE WARRIOR OF LIGHT KNOWS HE IS NOT HIS MIND AND DOES NOT BELIEVE ANY OF HIS THOUGHTS;
THE WARRIOR OF LIGHT DOES NOT IDENTIFY WITH HIS THOUGHTS OR EMOTIONS: HE IS THE SILENT WITNESS BEYOND THEM.

THE WARRIOR OF LIGHT HAS NO DESIRES;
THE WARRIOR OF LIGHT HAS NO ATTACHMENTS;
THE WARRIOR OF LIGHT HAS NO HOPES NOR FEARS;
THE WARRIOR OF LIGHT IS FREE OF ALL AMBITION;
THE WARRIOR OF LIGHT IS HUMBLE AND NEVER COMPARES;
THE WARRIOR OF LIGHT ACCEPTS EVERYTHING THAT HAPPENS, WITHOUT JUDGMENT;
THE WARRIOR OF LIGHT KNOWS HE HAS NO IDENTITY;
THE WARRIOR OF LIGHT IS READY TO DIE AT ANY MOMENT, TO MERGE WITH THE CLEAR LIGHT OF REALITY.

THE WARRIOR OF LIGHT HAS NO REFERENCE POINT;
THE WARRIOR OF LIGHT CUTS CONCEPTS AT THE ROOT;
THE WARRIOR OF LIGHT HAS NO IDEAS ABOUT REALITY;
THE WARRIOR OF LIGHT HAS NO MORE QUESTIONS;
THE WARRIOR OF LIGHT KNOWS HE WAS NEVER BORN AND WILL NEVER DIE;
THE WARRIOR OF LIGHT IS PURE CONSCIOUSNESS, WITHOUT THOUGHTS;
THE WARRIOR OF LIGHT HAS A COMPASSIONATE HEART, FILLED WITH LOVE FOR ALL HUMANITY.

ॐ

DUPLICATION

OBSERVE THE “I” AND OBSERVE THAT WHICH OBSERVES THE “I” THOUGHT.

ONLY ONE OF THE TWO IS YOU.

ONLY ONE OF THE TWO IS REAL.

ॐ

ENLIGHTENMENT

ENLIGHTENMENT IS THE EGO'S LAST DISAPPOINTMENT.

ENLIGHTENMENT IS NOT OF THE PERSON; IT IS THE DISAPPEARANCE OF THE PERSON.

ENLIGHTENMENT IS THE DISAPPEARANCE OF THE SEEKER.

ENLIGHTENMENT IS THE TOTAL ABSENCE OF DESIRES.

ॐ

WHO AM I?

WHO AM I?
IS
THE MOST IMPORTANT QUESTION.

WHO AM I MEANS SEARCHING WHENCE,
WITHIN ONESELF,
THE “I” THOUGHT ARISES.

ॐ

ON THE SPIRITUAL PATH
IT DOES NOT MATTER HOW MANY TIMES YOU FALL,
BUT HOW MANY TIMES YOU RISE.
PERFECTION DOES NOT MATTER,
WHAT MATTERS IS GIVING YOURSELF FULLY.
PERSEVERANCE IS WHAT WILL TAKE YOU TO THE SUMMIT.
THAT SAID, IT IS FOOLISH TO REPEAT THE SAME MISTAKE TWICE.

ॐ

DO NOT WORRY

DO NOT EVER WORRY ABOUT ANYTHING,
EVERY WORRY IS JUST A THOUGHT.

GOD,
THE SILENCE THAT DWELLS DEEP WITHIN YOUR BEING,
WILL NEVER FORGET YOU.

DO NOT WORRY,
BREATHE,
YOU ARE ALIVE.

NOW
IS THE ONLY THING
THAT MATTERS..

ॐ

NON-ATTACHMENT

OUR POSSESSIONS SHOULD BE TREATED
IN THE SAME WAY A GOVERNMENT OFFICIAL
ADMINISTERS PUBLIC FUNDS:
NON-ATTACHMENT MEANS NOT CONSIDERING ANYTHING AS OUR OWN.

OUR WORK SHOULD BE DONE
AS IF THERE WERE NO "I" TO CLAIM THE CREDIT:
NON-ATTACHMENT MEANS NOT CONSIDERING ONESELF THE DOER.

OUR LIFE SHOULD BE LIVED
AS IF WE WERE PURE WITNESSES:
NON-ATTACHMENT MEANS REALIZING THAT WE ARE NOT THE BODY.

COMPETITION

THE EGO LIVES ON COMPETITION:
NEVER COMPARE YOURSELF WITH ANYONE.

NEVER FEEL SUPERIOR TO ANYONE,
NEVER FEEL INFERIOR TO ANYONE,
REGARD EVERYONE AS YOURSELF.

EVERY RIVER HAS ITS OWN COURSE,
BUT IN THE END THEY ALL MERGE INTO THE OCEAN.

ॐ

THE VIRTUES

HUMILITY IS THE FIRST VIRTUE,
IT CORRESPONDS TO THE VOID.

HONESTY IS THE SECOND VIRTUE,
IT CORRESPONDS TO CLARITY.

PATIENCE IS THE THIRD VIRTUE,
IT CORRESPONDS TO LOVE.

ॐ

THE BREATH OF THE DIAMOND

DIRECT YOUR ATTENTION TO THE CENTER OF THE CHEST,
AT A POINT CLOSER TO THE BACK,
WHILE SIMULTANEOUSLY FOCUSING ON THE "I" THOUGHT.

NOW,
KEEPING YOUR ATTENTION AT THE CENTER OF THE CHEST,
INHALE INTO THE "I" THOUGHT,
HOLD THE BREATH IN THE "I" THOUGHT,
EXHALE INTO THE "I" THOUGHT.
REPEAT A NEW CYCLE.

ॐ

FREEDOM

**GOD IS SEEKING YOU
WITH THE SAME INTENSITY
WITH WHICH YOU ARE SEEKING HIM.**

**THE DESIRE FOR GOD WILL BURN ALL OTHER DESIRES.
GRACE, IN FACT, IS NOTHING BUT YOUR DESIRE FOR FREEDOM:
THAT IS GRACE.**

ॐ

REIKI

REIKI IS THE UNIVERSAL ENERGY

TO USE REIKI:
PLACE YOUR HANDS ON THE BODY OF THE SICK PERSON,
SEEKING TO ESTABLISH A CONNECTION OF LOVE WITH THEM,
FOCUS ON THE "I" THOUGHT UNTIL IT DISAPPEARS.
WHEN THERE IS NO ONE LEFT,
YOU HAVE BECOME A CHANNEL,
A MEANS THROUGH WHICH
THE ENERGY OF THE ABSOLUTE, REIKI, CAN HEAL.

REMEMBER:
TO BECOME A CHANNEL OF THE UNIVERSAL ENERGY,
YOU MUST DISAPPEAR.

ॐ

NOT TO REACT

YOU ARE NOT THE VOICE IN YOUR HEAD,
YOU ARE NOT THE THINKER!

YOU ARE NOT YOUR EMOTIONS,
THEY ARE SIMPLE AGGREGATES OF THOUGHTS
THAT ARE FELT IN THE BODY.

TO DISIDENTIFY FROM THOUGHTS AND EMOTIONS,
YOU MUST LEARN NOT TO REACT!
YOU MUST NOT OPPOSE YOUR THOUGHTS OR YOUR EMOTIONS,
BUT YOU MUST REMAIN AS A SIMPLE WITNESS,
WHATEVER HAPPENS — DO NOT REACT!
LIFE WILL BRING YOU THE SAME SITUATIONS AGAIN
UNTIL YOU LEARN
NOT TO REACT.

YOU ARE NOT THE BODY

YOU ARE NOT YOUR BODY,
BUT THE BODY IS WITHIN YOU,
SINCE YOU CAN BE AWARE OF IT.
ACT AS IF YOUR BODY WERE A MACHINE,
ACT AS IF YOU WERE NOT THE BODY.
YOU ARE THE LIFE WITHIN THE BODY,
THE SAME INVISIBLE FORCE
THAT MOVES THE PLANETS,
THAT MAKES TREES GROW,
THAT ALTERNATES DAY AND NIGHT,
THAT MOVES THE WAVES OF THE OCEAN,
THAT MAKES YOUR HEART BEAT,
THAT MAKES YOU BREATHE,
THAT MAKES ATOMS APPEAR AND DISAPPEAR.

ॐ

THE SAMADHI ON THE “I” THOUGHT

SAMADHI ARISES WHEN THE MEDITATOR IS ABLE TO MERGE COMPLETELY WITH THE OBJECT OF THEIR CONCENTRATION.
THE OBJECT MAY BE SOMETHING CONCRETE OR ABSTRACT, IT MAY BE OUTSIDE OR INSIDE THE BODY.

ANY SAMADHI THAT TAKES AS ITS OBJECT SOMETHING OTHER THAN THE “I” THOUGHT DOES NOT LEAD TO THE REALIZATION OF THE DIVINITY INHERENT IN MAN.
ONLY THE SAMADHI CENTERED ON THE “I” THOUGHT CAN LEAD TO TRUE SPIRITUAL EVOLUTION.

THE REASON IS SIMPLE: THE NATURE OF EXISTENCE IS PURE, NEUTRAL AWARENESS.
ATTENTION ITSELF IS GOD.
WHEN ONE OBSERVES THE “I” WITH THE FULL POWER OF ONE’S ATTENTION, THE LATTER — THAT IS, THE AWARENESS THAT OBSERVES — TRANSFORMS THE “I” INTO ITSELF: INTO PURE AWARENESS.

IN THAT PROCESS, THE EGO, WHICH IS NOTHING OTHER THAN THE “I” THOUGHT, IS ABSORBED BY THE VERY ACT OF OBSERVATION, UNTIL IT DISSOLVES INTO THE UNIVERSAL WITNESS.

THIS ACT OF OBSERVATION MUST BE DONE WITH BODY AND MIND:
FEEL THE WHOLE BODY FROM WITHIN AS A SINGLE FIELD OF ENERGY
WHILE
FOCUSING ALL OF YOUR ATTENTION ON THE SOURCE OF THE “I” THOUGHT.

ॐ

THE UNIVERSAL CREATOR
YOU ARE WHAT
YOU THINK YOU ARE
IN YOUR HEART.
STOP THINKING
YOU ARE A MAN:
CONSIDER YOURSELF
DIVINE.

ॐ

GIVE THANKS

OPEN YOURSELF COMPLETELY AND RELAX.
RELAX YOUR BODY AND YOUR MIND COMPLETELY.
YOU HAVE NOTHING TO DO.
YOU ARE ALREADY PERFECT AS YOU ARE,
YOUR LIFE IS ALREADY PERFECT AS IT IS.

AT LEAST FOR TODAY, GIVE THANKS,
GIVE THANKS AND GIVE THANKS.

LAST PAGE – AUTHOR'S NOTE

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