SOUP

Lentil, Veggie Minestrone, Grilled Chicken Noodle, Weekly Special

22 AED *large*	**15** AED *small*

GRAB N' GO

Fresh Fruit Salad	15

SNACK

Bruschette Maretti	6/10	Pop Chips	19	On the Go Fusion Snack	9
Vegetable Chips	15	Be-Kind Bars	9	Fresh Cookies	10
Gourmet Chips	9	Nutella Pop Tart	14	Banana Nutella Loaf Cake	14

SIP

Soft Drinks	5	Aquafina Water	5	Lipton Iced Tea	6
Acqua Panna Water	11	Mangajo Premium Iced Tea	12	Fresh Orange Juice	14
S.Pellegrino Sparkling Water	14	Ganic Vitamin Water	15	Coffee (Selection)	14

just SMOOTHIE -BAR-

24 AED

STRAWBERRY BANANA
Soy Milk, Strawberries, Banana, Greek Yogurt, Agave Nectar

DETOX CLEANSE
Fresh Baby Spinach, Lemon, Apple, Pineapple

VITAMIN C KICK
Coconut Milk, Fresh Orange, Mango, Pineapple

BERRY WILD
Blueberries, Strawberries, Banana, Greek Yogurt, Agave Nectar

TROPIC SPINACH THUNDER
Fresh Spinach, Coconut Milk, Banana, Pineapple

PEANUT BUTTER WARRIOR
Soy Milk, Banana, Peanut Butter, Agave Nectar

CHOCOLATE BANANA SPLIT
Coconut Milk, Banana, Dates, Cacoa Powder

ORANGE SPINACH POWER JUICE
Fresh Baby Spinach, Fresh Orange, Banana

OJ SHOT
6 AED
Fresh Squeezed Orange Juice Shot

EXTRA ADD-ONS......6 AED
- Honey
- Whey Protein
- Fresh Baby Spinach

Orders & Catering (04) 365 2222
comments@justsalad.ae | justsalad.ae

LOCATIONS

Jumeirah Lake Towers (JLT)
Indigo Tower
Cluster D

Opening in 2014
Business Bay
Bay Square

Jumeirah
Al Wasl Road

We deliver!

Order Online
We deliver! (04) 365 2222
JUSTSALAD.AE

REUSE YOUR BOWL & GET 2 FREE ESSENTIALS
10 AED

Due to the seasonality of certain items, our menu is frequently changing
Please visit justsalad.ae for our most up to date menu

VALUE / CHEF-DESIGNED

Substitute tofu for any protein

		SALAD	WRAP
CAESAR Romaine, Shaved Parmesan, Whole Wheat Croutons Suggested Dressing: Caesar	tofu/chicken shrimp/salmon	37 +2	36 +2
THAI CHICKEN CRUNCH Romaine-Red Cabbage Mix, Grilled Chicken, Shredded Carrots, Celery, Crunchy Onions Suggested Dressing: Asian Sesame	chicken shrimp/salmon	38 +2	37 +2
BUFFALO CHICKEN Romaine, Buffalo Chicken, Pepper Jack Cheese, Celery, Tortilla Strips Suggested Dressing: Buttermilk Ranch		42	41
ASIAN SESAME GRAIN Mesclun-Romaine-Red Cabbage Mix, Grilled Chicken, Wheat Berries, Quinoa, Edamame Suggested Dressing: Asian Sesame		45	44
MEDITERRANEAN MIX VEGETARIAN Romaine, Chickpeas, Crumbled Feta, Black Olives, Lentils, Cucumbers, Pita Chips Suggested Dressing: Olive Oil/Balsamic Vinegar		38	37

HEALTH / CHEF-DESIGNED

	SALAD	WRAP
HUDSON VALLEY MIX VEGETARIAN Baby Spinach-Red Cabbage Mix, Pumpkin, Broccoli, Apples, Goat Cheese, Beets, Pumpkin Seeds, Whole Wheat Croutons Suggested Dressing: Low-Fat Horseradish Chive	49	48
IMMUNITY BOWL Mesclun-Romaine Mix, Grilled Salmon, Pumpkin, Dried Cranberries, Wheat Berries, Cucumbers Suggested Dressing: Lemon Vinaigrette	49	48
THE CALIFORNIA Romaine, Grilled Chicken, Sliced Avocado, Egg Whites, Cherry Tomatoes, Almond Flakes Suggested Dressing: Balsamic Vinaigrette	40	39
BUFFALO LOLLO ROSSO CAESAR Lollo Rosso-Romaine Mix, Grilled Chicken, Shaved Parmesan, Whole Wheat Croutons, Celery, Shredded Carrots Suggested Dressing: Spicy Buffalo 🌶🌶	43	42
ROASTED TURKEY HEALTH COBB Romaine, Roasted Turkey, Egg Whites, Cherry Tomatoes, Avocado, Swiss Cheese Suggested Dressing: Buttermilk Ranch	46	45

AWESOME / CHEF-DESIGNED

	SALAD	WRAP
PESTO CHICKEN PARADISE Romaine, Grilled Chicken, Broccoli, Sundried Tomatoes, Red Onions, Fresh Mozzarella Suggested Dressing: Pesto Vinaigrette	43	42
TANDOORI FIRE Romaine, Tandoori Red Hot Chicken, Feta Cheese, Pita Chips, Cucumbers, Red Onions Suggested Dressing: Low-Fat Yogurt Cucumber	41	40
SMOKEHOUSE STEAK Romaine, Charbroiled Steak, Crumbled Feta, Black Beans & Corn, Jalapenos, Tortilla Strips Suggested Dressing: Smoky Poblano Ranch	45	44
CHIPOTLE COWBOY Romaine, Grilled Chicken, Pepper Jack Cheese, Black Beans, Cilantro, Crunchy Onions, Avocado Suggested Dressing: Chipotle Vinaigrette	45	44

CUSTOM SALADS & WRAPS

33 AED

MIX & MATCH GREENS

ROMAINE
LOLLO ROSSO +4
BABY SPINACH +9
ICEBERG
MESCLUN +5
RED CABBAGE
ARUGULA +8

WRAPS
WHOLE WHEAT

4 FREE essentials Additional toppings 3AED each
+2 more essentials when you reuse your bowl

ESSENTIALS

VEGGIES
Artichoke Hearts
Asparagus STEAMED
Avocado
Beets FRESH
Black Beans
Black Beans & Corn
Black Olives
Carrots SHREDDED
Celery
Chickpeas
Cilantro (Coriander)
Corn
Cucumbers
Green Peppers
Heart of Palm
Jalapenos FRESH
Parsley
Pasta
Pumpkin STEAMED
Red Onions
Red Peppers
Rocket Leaves (Jarjeer)
Spring Onions
Tomatoes (Cherry)
Wheat Berries
White Mushrooms
Radish
Egg Whites
Hard-Boiled Eggs

FRUIT
Green Apple
Mandarin Oranges
Pomegranate
Raisins

GRAINS & NUTS
Almonds FLAKES
Lentils
Pumpkin Seeds
Quinoa
Sunflower Seeds

CRUNCH
Crispy Wontons
Croutons WHOLE WHEAT
Crunchy Onions
Pita Chips
Tortilla Strips

PREMIUM
Broccoli STEAMED	4
Dried Cranberries	5
Edamame	5
Pine Nuts	4
Portabello Mushrooms	6
Tomatoes (sundried)	5
Walnuts	4

PROTEIN
Chicken Breast GRILLED	9
Buffalo Chicken GRILLED	9
Pesto Chicken GRILLED	9
Tandoori Chicken GRILLED	9
Turkey Breast ROASTED	9
Turkey Bacon GRILLED	9
Tofu SESAME GRILLED	8
Tuna Chunks	8
Steak CHARBROILED	11
Shrimp GRILLED	10
Salmon GRILLED	10

CHEESE
Crumbled Blue	6
Crumbled Feta	4
Fresh Baby Mozzarella	5
Cheddar	4
Goat Cheese	6
Halloumi	5
Mozzarella	4
Pepper Jack	4
Shaved Parmesan	5
Swiss	6

ORIGINAL DRESSINGS
Cider Shallot Vinaigrette
Smoky Poblano Ranch
Pesto Vinaigrette
Lemon Vinaigrette
Chipotle Vinaigrette
Moroccan Tahini
White Balsamic Vinaigrette

LOW-FAT
Horseradish Chive
Yoghurt Cucumber
Chilled Avocado
Far East Mandarin
Spicy Buffalo

FAT-FREE
Fresh Half Lemon
Lemon Juice
Red Grape Vinegar
Balsamic Vinegar

CLASSIC DRESSINGS
Asian Sesame
Balsamic Vinaigrette
Blue Cheese
Buttermilk Ranch
Caesar
Italian Vinaigrette
Ranch
Olive Oil
Olive Oil / Balsamic Vinegar
Olive Oil / Lemon Juice

SEASONAL DRESSING
Pomegranate Molasses
Smokey Tandoori
Date Balsamic Vinaigrette
Garlic Aioli
Date Chilly Lime

Nutritional Key
- 🟧 Low Carb
- 🟪 Gluten-free
- 🟦 No Cholesterol
- ⬜ No Dairy
- 🟥 Vegan
- 🟩 Low Fat