



## GROUP LUNCH BAGS

Wrap Lunch - \$12.99 | Salad Lunch - \$14.99

Minimum 8 people

CHOOSE ANY ONE OF OUR  
CHEF-DESIGNED SALADS OR WRAPS

\* LUNCH COMES  
WITH ANY 2  
ITEMS FROM  
OUR SIP &  
CHIPS



### SOUP

**SOUP** \$4.49 (S) \$5.49 (L)

Veggie Split Pea  
Minestrone  
Chicken Noodle  
Weekly Soup Special

### SNACKS

#### CHIPS

Deep River Chips.....\$2.15  
Pop Chips.....\$2.15  
Stacy's Pita Chips.....\$2.15  
FSTG Tortilla Chips.....\$2.15  
Beanitos Chips.....\$2.15

#### SIP

Poland Spring Bottled Water.....\$1.90  
Poland Spring Sparkling Water.....\$2.00  
Snapple.....\$2.20  
Vitamin Water.....\$2.75  
Can Soda.....\$1.50

### HEALTHY SIDES

#### FRUIT SALAD PLATTER

\$3.99 / person

Sliced fresh Cantaloupe, Honeydew Melon,  
Strawberries, Blueberries

#### CHEESE PLATTER

\$29.99 (Feeds 6-10 people)

Reduced-Fat Cheddar, Pepper Jack,  
Reduced Fat Swiss, Fresh Mozzarella.  
Served with Grape Tomatoes

#### CRUDITÉ PLATTER

\$29.99 (Feeds 6-10 people)

Sliced fresh Celery, Carrots, Green Peppers,  
and Asparagus. Served with a choice of Blue  
Cheese or Buttermilk Ranch dressing

#### COOKIE PLATTER

\$3.99 / person

Protein Bakery Chocolate Chocolate Chip Cookies,  
Peanut Butter White Chocolate Chip Cookies, and  
Black & White Blondies

## JUST SALAD CATERING SERVICE

Our dedicated Catering Manager will gladly assist you with all of your catering needs.  
We strive to provide the freshest lunch options available with personalized, quality service.

- Freshly baked Ciabatta bread platter comes free with every salad order!
- All Wraps and Chef-Designed Salads are labeled in detail for allergy purposes
- All dressings come on the side automatically
- All catering orders are set up professionally and efficiently by our Just Salad staff
- All orders come complete with plenty of napkins, utensils, serving bowls and spoons

### PAYMENT

Acceptable forms of payment include American Express, Visa, Mastercard, and Discover.  
We also accept Cash on Delivery, and company checks. Gratuity is not included. For orders  
more than \$200, a 12.5% gratuity will be automatically applied.

### CANCELLATION

We will do our best to accommodate all catering needs. We require a standard 24 hour  
cancellation notice. Same day cancellations will be subject to a 50% charge.



justsalad

# • CATERING. •

SALADS • WRAPS • DESSERTS • FRESH SOUPS

PHONE: (212) 244-1111

EMAIL: [CATERING@JUSTSALAD.COM](mailto:CATERING@JUSTSALAD.COM)

“Eat healthy, enjoy food, live well,  
and never sacrifice flavor.”

- CHEF LAURA PENSIERO

VISIT [JUSTSALAD.COM/CATERING](http://JUSTSALAD.COM/CATERING)





## CHEF-DESIGNED PLATTERS! AVAILABLE AS SALADS OR WRAPS

SERVED ON  
TASTY WHOLE  
WHEAT  
WRAPS!

### CHICKEN CAESAR

Romaine, Roasted Chicken,  
Shaved Parmesan, Multigrain Croutons

Suggested Dressing: Caesar

### THAI CHICKEN CRUNCH

Romaine, Red Cabbage, Roasted Chicken,  
Carrots, Celery, Crispy Wontons

Suggested Dressing: Spicy Thai Peanut

### BUFFALO CHICKEN

Romaine, Buffalo Chicken, Pepper Jack  
Cheese, Celery, Tortilla Strips

Suggested Dressing: Buttermilk Ranch

### ASIAN SESAME GRAIN

Mesclun-Romaine-Red Cabbage Mix,  
Roasted Chicken, Wheat Berries,  
Quinoa, Edamame, Crispy Wontons

Suggested Dressing: Asian Sesame

### MEDITERRANEAN MIX VEGETARIAN

Romaine, Chickpeas, Crumbled Feta, Lentils,  
Kalamata Olives, Cucumbers, Pita Chips

Suggested Dressing: Olive Oil/Balsamic Mix

### HUDSON VALLEY MIX VEGETARIAN

Baby Spinach, Butternut Squash,  
Broccoli, Apples, Goat Cheese, Beets,  
Pumpkin Seeds, Multigrain Croutons

Suggested Dressing: Low-Fat Horseradish Chive

### IMMUNITY BOWL

Mesclun, Grilled Salmon, Butternut Squash,  
Dried Cranberries, Wheat Berries, Cucumbers

Suggested Dressing: Lemon Vinaigrette

### THE CALIFORNIA

Romaine, Roasted Chicken, Avocado,  
Egg Whites, Tomatoes, Toasted Almonds

Suggested Dressing: Low-Fat Balsamic Vinaigrette

### BUFFALO KALE CAESAR

Kale-Romaine Mix, Roasted Chicken,  
Parmesan, Multigrain Croutons, Celery, Carrots

Suggested Dressing: Spicy Buffalo

### ROASTED TURKEY HEALTH COBB

Romaine, Roasted Turkey, Egg Whites,  
Tomatoes, Avocado, White Cheddar

Suggested Dressing: Buttermilk Ranch

### PESTO CHICKEN PARADISE

Arugula-Mesclun Mix, Roasted Chicken,  
Broccoli, Tomatoes, Red Onions,  
Fresh Mozzarella

Suggested Dressing: Kale-Pesto Vinaigrette

### THE ULTIMATE FALAFEL VEGETARIAN

Romaine-Red Cabbage Mix, Baked Falafel, Red  
Onions, Cucumbers, Tomatoes, Pita Chips

Suggested Dressing: Moroccan Tahini

### TANDOORI FIRE

Romaine, Tandoori Red Hot Chicken,  
Feta, Pita Chips, Cucumbers, Red Onions

Suggested Dressing: Low-Fat Yogurt Cucumber

### SMOKEHOUSE STEAK

Romaine, Grilled Steak, Crumbled Feta,  
Black Beans & Corn, Jalapenos, Tortilla Strips

Suggested Dressing: Smoky Poblano Ranch

### CHIPOTLE COWBOY

Romaine, Roasted Chicken, Black Beans,  
Pepper Jack Cheese, Cilantro, Avocado  
Crunchy Onions,

Suggested Dressing: Chipotle Vinaigrette

## . PLATTER SIZES .

	SMALL \$80.99	MEDIUM \$124.99	LARGE \$165.99
<b>SALADS</b>	<b>6-10 PEOPLE</b>	<b>11-15 PEOPLE</b>	<b>16-20 PEOPLE</b>
<b>WRAPS &amp; ASSORT -MENT</b>	<b>12 HALF- WRAPS &amp; UP TO 3</b>	<b>22 HALF- WRAPS &amp; UP TO 5</b>	<b>32 HALF- WRAPS &amp; UP TO 6</b>

\* All salad orders  
are served with a  
fresh ciabatta bread  
platter. All dressings  
come on the  
side.

## . YOU BE THE CHEF .

The custom salad option!

Choose a Small, Medium, or Large Size

Two Greens  
Four Essentials  
One Extra  
One Dressing

Select options from our  
Custom Salad Bar menu

## . CUSTOM SALAD BAR .

### FRESH

#### GREENS

Baby Spinach Kale Mesclun  
Red Cabbage Romaine Arugula

#### ESSENTIALS

Asparagus STEAMED Egg Whites  
Banana Peppers Hard-Boiled Eggs  
Beets FRESH FRUIT  
Black Beans Apples GRANNY SMITH  
Black Beans & Corn Dried Cranberries  
Broccoli STEAMED GRAINS & NUTS  
Button Mushrooms Almonds TOASTED  
Carrots SHREDDED Lentils  
Celery Pumpkin Seeds  
Chickpeas Quinoa  
Cilantro Walnuts  
Corn Wheat Berries  
Cucumbers SEEDLESS CRUNCH  
Edamame Crispy Wontons  
Green Peppers Croutons MULTIGRAIN  
Jalapenos FRESH Crunchy Onions  
Red Onions Tortilla Strips  
Red Peppers ROASTED Pita Chips  
Tomatoes

\* Minimum of  
8 people for  
Catering

### EXTRAS

#### PREMIUMS

Avocado  
Kalamata Olives  
Portabella Mushrooms  
Butternut Squash ROASTED  
Tomatoes ROASTED

#### PROTEINS

Falafel BAKED  
Chicken ANTIBIOTIC-FREE  
Buffalo Chicken ANTIBIOTIC-FREE  
Tandoori Red Hot Chicken  
Turkey HOUSE-ROASTED  
Turkey Bacon CRISPY  
Tofu ORGANIC SESAME GRILLED  
Steak GRASS-FED  
Shrimp SUSTAINABLE  
Salmon SUSTAINABLE

#### CHEESE

Crumbled Blue  
Crumbled Feta  
Fresh Mozzarella  
Goat Cheese MONTCHEVRÉ  
Sharp White Cheddar CABOT  
Pepper Jack CABOT  
Shaved Parmesan

### DRESSINGS

#### ORIGINAL

Chipotle Vinaigrette 140 Cal  
Smoky Poblano Ranch 120 Cal  
Spicy Thai Peanut 135 Cal  
Kale-Pesto Vinaigrette 150 Cal  
Lemon Vinaigrette 120 Cal  
Sherry Shallot Vinaigrette 140 Cal  
Moroccan Tahini 40 Cal

#### LOW-FAT

Balsamic Vinaigrette 60 Cal  
Horseradish Chive 30 Cal  
Yogurt Cucumber 30 Cal  
Sweet & Creamy Sriracha 15 Cal  
Spicy Buffalo 5 Cal

#### FAT-FREE

Fresh Half Lemon 5 Cal  
Honey-Herb Dijon 45 Cal  
Ranch 30 Cal  
Red Wine Vinegar 0 Cal  
Balsamic Vinegar 10 Cal

#### CLASSIC

Asian Sesame 125 Cal  
Blue Cheese 160 Cal  
Caesar 180 Cal  
Balsamic Vinaigrette 140 Cal  
Buttermilk Ranch 150 Cal  
Olive Oil / Balsamic Vinegar 130 Cal  
Olive Oil 240 Cal  
Italian Vinaigrette 140 Cal

## . PACKAGES .

#### SILVER

\$10.99/person  
.....  
2 Greens  
8 Essentials  
2 Extras  
3 Dressings

#### GOLD

\$12.99/person  
.....  
3 Greens  
12 Essentials  
3 Extras  
4 Dressings

#### PLATINUM

\$14.99/person  
.....  
4 Greens  
16 Essentials  
4 Extras  
5 Dressings

\*all packages come with ciabatta bread!

PLEASE ASK ABOUT OUR SEASONAL  
INGREDIENTS & DRESSINGS!

### Nutritional Key

Low Carb (<5g) Contains No Milk  
Contains No Gluten Contains Fish  
Vegan

CHOPPER  
RENTAL  
\$99 / per  
hour

TOPPER  
RENTAL  
\$49 / per  
hour



# WINTER SEASONAL

## WARM RUSTIC GRAIN BOWL 670 Cal

Quinoa-Lentil-Wheatberry Mix, Pinch of Arugula, Walnuts, Roasted Cauliflower, Broccoli Coins, Shaved Parmesan, Carrots, Roasted Tomatoes

Kale-Pesto Vinaigrette 150 Cal

## ARTISANAL ANGUS 290 Cal

Arugula & Romaine, Grass-Fed Steak, Grape Tomatoes, Freshly Ground Salt & Pepper, Shaved Parmesan,

Lemon Vinaigrette 120 Cal

## NEW YEAR'S RESOLUTION 420 Cal

Kale, Red Cabbage & Romaine, Turkish Figs, Goat Cheese, Seedless Cucumbers, Walnuts

Balsamic Vinegar 10 Cal

## JAMAICAN JAMMIN' 400 Cal

Romaine & Red Cabbage, Jerk Chicken, Black Beans & Corn, Onion Crunch, Carrots

Zesty Mango-Lime 65 Cal

## SEASONAL DRESSING

Zesty Mango-Lime 65 Cal

## SEASONAL INGREDIENTS

Jerk Chicken | Roasted Cauliflower

Turkish Figs | Broccoli Coins Free Essential