

# GROUP LUNCH BAGS

Wrap Lunch - \$11.99 | Salad Lunch - \$12.99

Minimum 8 people

CHOOSE ANY ONE OF OUR

CHEF-DESIGNED SALADS OR WRAPS



# SOUP

## SOUP \$3.49 (S) \$5.49 (L)

Veggie Split Pea Minestrone Chicken Noodle **Weekly Soup Special** 

# SNACKS

# SIP

Poland Spring Bottled Water	\$1.69
Poland Spring Sparkling Water	.\$1.79
Snapple	\$1.99
Vitamin Water	\$2.50
Can Soda	\$1.29

# **CHIPS**

Deep River Chips	\$1.99
Pop Chips	
Stacy's Pita Chips	
FSTG Tortilla Chips	
Reanfield's Chins	



# **HEALTHY SIDES**

# FRUIT SALAD PLATTER

\$3.99 / person

Sliced fresh Cantaloupe, Honeydew Melon, Strawberries, Blueberries

## CHEESE PLATTER

\$29.99 (Feeds 6-10 people)

Reduced-Fat Cheddar, Pepper Jack. Reduced Fat Swiss, Fresh Mozzarella. Served with Grape Tomatoes

# CRUDITÉ PLATTER

\$29.99 (Feeds 6-10 people)

Sliced fresh Celery, Carrots, Green Peppers, and Asparagus. Served with a choice of Blue Cheese or Buttermilk Ranch dressing

## COOKIE PLATTER

\$3.99 / person

Protein Bakery Chocolate Chocolate Chip Cookies, Peanut Butter White Chocolate Chip Cookies, and Black & White Blondies

# **IUST SALAD CATERING SERVICE**

Our dedicated Catering Manager will gladly assist you with all of your catering needs. We strive to provide the freshest lunch options available with personalized, quality service.

- Freshly baked Ciabatta bread platter comes free with every salad order!
- All Wraps and Chef-Designed Salads are labeled in detail for allergy purposes
- All dressings come on the side automatically
- All catering orders are set up professionally and efficiently by our Just Salad staff
- All orders come complete with plenty of napkins, utensils, serving bowls and spoons

# PAYMENT

Acceptable forms of payment include American Express, Visa, Mastercard, and Discover. We also accept Cash on Delivery, and company checks. Gratuity is not included. For orders more than \$200, a 12.5% gratuity will be automatically applied.

# CANCELLATION

We will do our best to accommodate all catering needs. We require a standard 24 hour cancellation notice. Same day cancellations will be subject to a 50% charge.



# · CATERING.

SALADS • WRAPS • DESSERTS • FRESH SOUPS

PHONE: (212) 244-1111 EMAIL: CATERING@JUSTSALAD.COM

66 Eat healthy, enjoy food, live well, and never sacrifice flavor. ??

- CHEF LAURA PENSIERO











# · SALAD & WRAP PLATTERS ·

ASK ABOUT OUR SEASONAL INGREDIENTS

### CHICKEN CAESAR

Romaine, All-Natural Chicken. Shaved Parmesan, Multigrain Croutons Suggested Dressing: Caesar

#### THAI CHICKEN CRUNCH

Iceberg-Romaine Mix, Red Cabbage, All-Natural Chicken, Shredded Carrots. Sliced Celery, Crispy Wontons Suggested Dressing: Spicy Thai Peanut

#### **BUFFALO CHICKEN**

Iceberg-Romaine Mix, All-Natural Buffalo Chicken, Pepper Jack Cheese, Sliced Celery, Tortilla Strips Suggested Dressing: Buttermilk Ranch

#### ASIAN SESAME GRAIN

Iceberg-Mesclun-Red Cabbage Mix. All-Natural Chicken, Wheat Berries, Quinoa, String Beans, Crispy Wontons Suggested Dressing: Asian Sesame

# MEDITERRANEAN MIX VEGETARIAN

Romaine, Chickpeas, Crumbled Feta Cheese. Kalamata Olives, Lentils, Seedless Cucumbers Suggested Dressing: Olive Oil/Balsamic Mix

#### HUDSON VALLEY MIX VEGETARIAN

Baby Spinach, Roasted Butternut Squash,

Broccoli, Diced Apples, Goat Cheese, Beets, Pumpkin Seeds, Multigrain Croutons Suggested Dressing: Low-Fat Horseradish Chive

#### IMMUNITY BOWL

Mesclun, Grilled Salmon, Roasted Butternut Squash, Dried Cranberries, Wheat Berries, Seedless Cucumbers Suggested Dressing: Lemon Vinaigrette

#### THE CALIFORNIA

Iceberg, All-Natural Chicken, Sliced Avocado, Egg Whites, Grape Tomatoes, Toasted Almonds Suggested Dressing: Low-Fat Balsamic Vinaigrette

#### **BUFFALO CAESAR**

Romaine, All-Natural Chicken, Shaved Parmesan, Multigrain Croutons, Celery, Shredded Carrots Suggested Dressing: Spicy Buffalo

## ROASTED TURKEY HEALTH COBB

Iceberg-Romaine Mix. House-Roasted Turkey. Sliced Egg Whites, Grape Tomatoes, Low-Fat Swiss Cheese, Sliced Avocado Suggested Dressing: Buttermilk Ranch

**Assorted Wrap Platters are Available!** (call for details!)

Served on tasty, WHOLE WHEAT wraps!

SMAL

6-10

people

MEDIUM 11-15 people

\$124.99 \$80.99



\$165.99

16-20

people



### PESTO CHICKEN PARADISE

Arugula-Mesclun Mix. All-Natural Pesto Chicken, Broccoli, Roasted Tomatoes, Fresh Mozzarella, Thinly Sliced Red Onions Suggested Dressing: Olive Oil/Balsamic Mix

#### TEXAS TWO STEP

Romaine, All-Natural Buffalo Chicken. Black Beans & Corn, Roasted Red Peppers, Green Peppers, Reduced-Fat Cheddar Suggested Dressing: Chilled Avocado

## SMOKEHOUSE STEAK

Iceberg, Charbroiled Steak, Crumbled Feta. Black Beans & Corn, Jalapenos, Tortilla Strips Suggested Dressing: Smoky Poblano Ranch

#### CHIPOTLE COWBOY

Romaine-Iceberg Mix, All-Natural Chicken. Pepper Jack Cheese, Black Beans, Cilantro. Crunch Onions®, Sliced Avocado Suggested Dressing: Chipotle Vinaigrette



The custom salad option! Choose a Small, Medium, or Large Size

> Two Greens Four Essentials One Extra One Dressing

(Select options from our Custom Salad Bar menu)

ASK ABOUT OUR **SEASONAL INGREDIENTS!** 

# · CUSTOM SALAD BAR ·

# FRESH

**GREENS** 

Minimum of 8 people for Catering

Arugula **Baby Spinach** Iceberg Mesclun Romaine Kale

### **ESSENTIALS**

**VEGGIES Artichoke Hearts** 

**Asparagus** STEAMED

**Banana Peppers** 

**Beets** FRESH

**Black Beans** Black Beans & Corn

**Broccoli** STEAMED Carrots SHREDDED

Celerv Chickpeas Cilantro

Corn **Cucumbers** SEEDLESS

**Edamame Green Peppers** 

**Jalapenos** FRESH **Red Onions** 

Red Peppers ROASTED **String Beans** 

**Tomatoes** 

**White Mushrooms Egg Whites Hard-Boiled Eggs** FRUIT

**Apples** Granny Smith **Dried Cranberries Mandarin Oranges GRAINS & NUTS** 

Almonds TOASTED

Lentils

**Pumpkin Seeds** Quinoa

**Walnuts** 

**Wheat Berries** CRUNCH **Crispy Wontons** 

**Croutons** MULTIGRAIN **Onion Crunch ®** 

**PLATINUM** 

\$14.99 /person

. . . . . .

4 Greens

5 Dressinas

**Tortilla Strips** 

# · PACKAGES ·

#### SILVER GOLD

\$10.99/person . . . . . .

2 Greens

\$12.99/person . . . . . . 3 Greens

12 Essentials 3 Dressinas 4 Dressinas

\*all packages come with ciabatta bread!

# **EXTRAS**

## **PREMIUMS**

avocado hearts of palm kalamata olives portabella mushrooms butternut squash roasted tomatoes

# **PROTEINS**

crispy turkey bacon all-natural buffalo chicken all-natural chicken all-natural pesto chicken house-roasted turkey sesame grilled tofu charbroiled steak

# CHEESE

cabot pepper jack crumbled bleu cheese crumbled feta fresh mozzarella montchevré goat cheese reduced-fat cheddar reduced-fat swiss shaved parmesan

# **SEAFOOD**

albacore tuna grilled shrimp (add \$3.50 per serving) grilled salmon (add \$4.50 per serving)

# **Nutritional Key**

- Low Carb (<5g)</p> Contains No Milk ■ Contains No Gluten ■ Vegan
- Low Cholesterol



CHOPPER RENTAL \$99 / per hour



# DRESSINGS

# ORIGINAL

**Sherry Shallot Vinaigrette 140 Cal** Smoky Poblano Ranch 130 Cal Spicy Thai Peanut 140 Cal White Balsamic 170 Cal Lemon Vinaigrette 150 Cal

Chinotle Vinaigrette 150 Cal.

# I.OW-FAT

Balsamic Vinaigrette 70 Cal Horseradish Chive 40 Cal **Yogurt Cucumber 20 Cal** Chilled Avocado 35 Cal Sweet & Creamy Sriracha 25 Cal Far East Mandarin 25 Cal Spicy Buffalo 5 Cal New L

# FAT-FREE

Fresh Half Lemon 5 Cal Honev-Herb Diion 45 Cal Ranch 30 Cal Red Wine Vinegar o Cal Balsamic Vinegar 10 Cal

# CLASSIC

Asian Sesame 130 Cal Bleu Cheese 160 Cal Caesar 190 Cal Balsamic Vinaigrette 150 Cal **Buttermilk Ranch** 150 Cal Italian Vinaigrette 150 Cal

Olive Oil / Balsamic Vinegar 120 Cal Olive Oil 240 Cal

PSSST.. ASK ABOUT OUR SEASONAL INGREDIENTS!





# **TANDOORI FIRE**

Romaine Lettuce, Tandoori Red Hot Chicken, Feta Cheese, Pita Chips, Seedless Cucumbers, Red Onions Suggested Dressing: Low-Fat Yogurt Cucumber



# **FALL SUPERFOOD**

Spinach, Kale, Red Cabbage Mix, Butternut Squash, Spicy Broccoli, Pumpkin Seeds, Wheatberries, Fresh Beets, Sesame Grilled Tofu Suggested Dressing: Sherry Shallot Vinaigrette



# **INDIAN SUMMER**

Spinach and Romaine Mix, House Roasted Turkey, Corn, Walnuts, Green Apples, Reduced Fat Cheddar Suggested Dressing: Fig Balsamic Vinaigrette



# **AUTUMN CHICKEN CAESAR**

Romaine Lettuce, Shaved Parmesan, Multigrain Croutons, Fresh Bartlett Pear, Grilled Chicken, Dried Cranberries Suggested Dressing: Caesar



# SEASONAL DRESSING: Fig Balsamic

Vinaigrette 190 Cal



SEASONAL INGREDIENTS:
Tandoori Red Hot Chicken,
Spicy Broccoli, Pita Chips,
Fresh Bartlett Pear