

Check us out online at
JustSalad.com



REUSABLE BOWLS
2 FREE ESSENTIALS every time
you reuse your JUST SALAD bowl

"Transparency in
nutrition is essential
at Just Salad. Our new
website allows customers
to figure out exactly what
our salads can do for them"
- Chef Laura

**ONLINE
NUTRITION
CALCULATOR**
You know it is
delicious. Now you
can see how nutritious!

CATERING
Choose a
Build Your Own
Salad Bar or prepared
Salad and Wrap
platters.



order online

**ORDER
ONLINE**
For pick-up
or delivery
our new
system is
quick & easy



LOYALTY CARD
Save money on every visit.

Custom Salads & Wraps \$6.95

Mix & Match

Greens Baby Spinach Iceberg Romaine Mesclun Arugula +75¢
Wraps Plain Whole Wheat

4 Free Essentials Additional toppings 50¢
and dressing 55¢ each
+2 more when you re-use
your JS bowl

Healthy
Choices

LOW
SODIUM
NO DAIRY
VEGAN

NO
CHOLESTEROL
NO SUGAR
NO CARBS
LOW CARB
GLUTEN
FREE

Essentials

Almonds *toasted*
Apples *granny smith*
Artichoke Hearts *roasted*
Asparagus *steamed*
Banana Peppers
Barley
Beets
Black Beans & Corn
Broccoli *steamed*
Butternut Squash
Carrots *shredded*
Celery
Chickpeas
Chinese Noodles
Corn
Croutons *multigrain*
Cucumbers *seedless*
Dried Cranberries
Edamame
Eggplant *roasted*
Egg Whites
Grape Tomatoes
Green Peppers
Hard Boiled Egg
Lentils
Mandarin Oranges
Pumpkin Seeds
Radishes
Red Onions
Roasted Red Peppers
String Beans
Sun-dried Tomatoes
Tortilla Strips
Walnuts
Wheatberries
White Beans
White Mushrooms

Extras

Premiums
Avocado *haas* .75
Hearts of Palm .95
Hummus .95
Olives *kalamata* .75
Portabella Mushrooms .75
Sesame Grilled Tofu .95

Meats

Crispy Bacon 1.50
Crispy Turkey Bacon 1.75
BBQ Chicken *all natural* 2.25
Buffalo Chicken *all natural* 2.25
Grilled Chicken *all natural* 1.95
Pesto Chicken *all natural* 2.25
Sesame Chicken *all natural* 2.25
Honey Glazed Turkey 1.99

Cheese

Aged White Cheddar .55
Crumbled Blue Cheese 1.00
Crumbled Feta 1.00
Fresh Mozzarella 1.00
Goat Cheese 1.50
Reduced Fat Cheddar .75
Reduced Fat Swiss .75
Shaved Parmesan 1.00

Seafood

Albacore Tuna 2.50
Low Fat Tuna Salad 2.50
Pesto Grilled Shrimp 3.25
Soy-Glazed Salmon 3.99

Dressings

Just Salad Originals

Asian Sesame ☐ ☒ ☒
Chilled Avocado ☒ ☒ ☒ ☒
Lemon Vinaigrette ☒ ☒ ☒ ☒
Rosemary Balsamic ☒ ☒ ☒ ☒
Sherry Shallot ☒ ☒ ☒ ☒
Vinaigrette
Shitake Ginger ☒ ☒ ☒ ☒
Smoky Poblano Ranch ☒ ☒
Spicy Thai Peanut ☒ ☒
White Balsamic ☒ ☒ ☒

Just Salad Classics

Balsamic Vinaigrette ☒ ☒
Buttermilk Ranch ☒ ☒
Caesar Dressing ☒ ☒
Italian Vinaigrette ☒ ☒ ☒ ☒
Olive Oil/Balsamic Mix ☒ ☒ ☒ ☒

Low Fat

Balsamic Vinaigrette ☒ ☒ ☒
Caribbean Citrus ☒ ☒ ☒ ☒
Horseradish Chive ☒ ☒
Yogurt Cucumber ☒ ☒ ☒

Fat Free

Far East Mandarin ☒ ☒ ☒ ☒
Fresh Lemon Juice ☒ ☒ ☒ ☒ ☒
Honey-Herb Dijon ☒ ☒ ☒
Ranch Dressing ☒ ☒
Raspberry Vinaigrette ☒ ☒ ☒ ☒
Tofu-Herb Dijon ☒ ☒ ☒ ☒ ☒

We Deliver

212.244.1111

Order online at
JustSalad.com



just salad

Menu

by Chef Laura
Pensiero

www.
chef4life
.com

Re-use your Just Salad bowl and get 2 Free Essentials

www.justsalad.com

Phone: 212-244-1111 Fax: 212-244-1121

600 Third Avenue (between 39TH and 40TH Streets)

320 Park Avenue (enter on 51ST Street)

30 Rockefeller Plaza (Concourse Level between 49TH and 50TH Streets)

134 West 37th Street (between 7TH Ave and Broadway)

100 Maiden Lane (between Gold & Pearl Streets)

30-34 Cochrane Street, Central, Hong Kong

19 Des-Voeux Road, Central, Hong Kong

Order online at



SeamlessWeb

Your health is of utmost concern to us. Please be aware that Just Salad products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from preparation on site

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