users

id	int
password	varcharint
fname	String
lname	String
phone	Integer
email	varchar
address	varchar

reviews

id	int
user_id	int
recipes_id	int
review	text
created_at	datetime

recipes

id	int
recipe	varchar
recipe_name	String
date_baked	datetime
ingredients	String

ingredients

id	int
ingredient_name	String