

# Dhirendra Paudel

## UX Designer in Training

Dhirendra Paudel  
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I'm trying to create  
mental health  
experience through  
design.

**2021 - present**

**User Experience - Mental Health and Yoga Pvt Ltd**

As in the user experience department I act as an internal consultancy to the business units of Mental Health and Yoga Pvt Ltd. I am working as branding designer, website designer, logo designer and deliver a better user experience for their services.

**2015 - 2019**

**Academic Researcher - Southern Medical University**

As a postgraduate student I worked alongside my tutor to carry out various research activities. The most valuable lesson from this time was how to digest content and gather insights from results. The studies we conducted were published in various journals.

**2014 - present**

**Personal Branding**

Over this years I acted as the website designer and maintainer for [paudeldhirendra.com.np](http://paudeldhirendra.com.np).

### Education

Master of Medicine in Psychiatry and  
Mental Health (M.Med. Psych.)  
Southern Medical University  
2015 - 2019

Bachelor of Medicine (M.B.B.S)  
Tribhuvan University  
2004 - 2011

### Other Achievements

Certified Publons Academy Peer Reviewer  
Publons Academy  
May 2021

ToT on Mental Health  
National Health Training Center  
December 2020

Scholarship for Master of Medicine in  
Psychiatry and Mental Health  
Ministry of Education: Kathmandu, NP  
August 2015

Scholarship for Bachelor of Medicine and  
Bachelor of Surgery  
Ministry of Education and Sports:  
Kathmandu, NP  
January 2005

References available on request