Exercise	μControl	μEnhanced	p-value
1	9.72	6.74	0.25
2	2.05	3.68	80.0
3	9.65	8.79	0.89
4	4.46	6.24	0.25
5	5.73	6.35	0.73
6	3.83	3.44	0.77
7	4.63	5.16	0.72
8	2.14	1.69	0.70