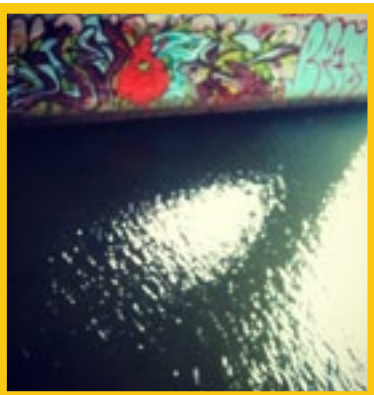


SUMMER HAVEN

IMMERSE YOURSELF IN RECOVERY, SUN & FUN

Summer Experiences for College Students in Recovery

Welcome to summer 2013 at The Haven, a time to relax, breathe, be healthy and have a great time with sober friends. We are opening up our Haven at USC recovery community to college students in recovery who want to enrich their lives and hang out in a setting with other college students who feel just like they do and are facing the same challenges. Students who are new to recovery (30 days minimum), as well as new high school graduates in recovery, 18 and over, are welcome.



Bring your friends (discounts apply when two or more students come together) and head to sunny California for a summer of recovery support and enrichment, sports & recreation, new life adventures and a Haven community dedicated to keeping it fun,



keeping each other safe and getting the most from college summer living---clean and sober.

Meet Our Haven Team

The Summer Haven is led by USC Program Director "Dr. Nick", a clinical psychologist specializing in dual-diagnosis treatment. Dr. Nick is joined by Recovery Coach Jerry Ross, the Haven's Community Engagement Director, along with our rock star Haven student House Managers Danny Buchan and Emma Ross.



Danny Buchan

Summer Haven Men's House Manager

Danny is a senior Biochemistry major at UCLA where he thrives in the pursuit of knowledge. With over 2 years in recovery, Danny demonstrates the path of physical, mental, and spiritual well-being, always a student of meditation and enjoying the sweet moments of life. As a Haven leader, he strives to make life gratifying and valuable for all.



Emma Ross

Summer Haven Women's House Manager

Emma is a Junior at California State University Northridge with five plus years in recovery. She is a Certified Nurse Assistant and is passionate about giving back to the community through her work in the health care field. Emma has served as a Regional Alumni Volunteer for the Betty Ford Center for over four years. Having gotten into recovery

at 19, she brings great insight and hope for young people and students wanting to change their lives.

"Dr. Nick" Techentin

Summer Haven Program Director "Dr. Nick" is a clinical psychologist specializing in dual-diagnosis treatment and is our Program Director at The USC Haven. He holds a doctorate in psychology and has been program director of an exclusive Malibu rehab. An alum of USC, Dr. Nick's has extensive experience with co-occurring disorders that affect many college students like depression, anxiety, mood disorders, pain disorders, personality disorders and



trauma. Dr. Nick was trained, post-doctorate, in the neurobiology and holistic treatment of substance abuse. He brings with him the respect and professionalism every student seeking long-term recovery deserves.

Recovery Enrichment: Three Weekly Sessions



Jerry Ross

Summer Haven Community Engagement Director

Jerry is an Academy Award and Emmy nominated Supervising Sound Editor with over three decades in the feature film and entertainment industry including recent work on "The Walking Dead" for AMC and a debut playing the role of "Johnny from Malibu" in Francis Ford Coppola's film "Apocalypse Now." For Recovery Grads, Jerry serves as Director of Community Engagement responsible for connecting Haven students with fun and healthy outings and communities. He has held a Regional Alumni Volunteer position at The Betty Ford Center for nearly a decade and has 14 years in long-term recovery himself.

Two Summer Haven Programs

Session 1: June 16-22

Session 2: July 14-20

Session 3: August 11-17

Our weekly recovery enrichment sessions will take place during three different weeks, with arrivals on Sunday afternoon/evening and departures on Saturday morning. Students have the option to live at The Haven at USC during the week at an additional cost or to participate on a day basis.



Students will participate in an immersive, engaging week designed to inspire the mind, body and spirit. Experiences will take advantage of many of the resources that the USC Haven and Southern California have to offer including recovery enrichment, sporting and recreation and outings:

Recovery Enrichment : Inspiring the Spirit

- Groups with Dr. Nick
- Meditation with Guided teaching
- Interactive workshop: "Telling the Truth on Stage"
- Yoga

Sports & Recreation: Inspiring the Body

- Beach Outings: Paddle boarding, Surfing, Kayaking
- Hiking
- Rollerblading
- Cycling

Outings: Inspiring the Mind (Outings to be selected by the group in Sunday evening orientation meeting)

- Downtown LA Scavenger Hunt
- Cooking Experience with LA Chef
- Warner Brothers Studio VIP Tour & Experience
- Museums*: Getty, Getty Villa (Malibu), Museum of Tolerance, Exposition Park (walking distance from Haven: California Science Center, Museum of Natural History)
- Lake Arrowhead: Boating, Wake Boarding, Water Skiing, Fishing
- Hollywood Tour
- Amusement Parks *: Magic Mountain, Disneyland, Knott's Berry Farm

* Additional Fees for Entrance

The cost is \$775 per week and includes breakfast & lunch each day. An additional \$500 per week is charged for live in. For live in, students are required to bring bedding/sleeping bags, pillow, towels and all personal items for the week.



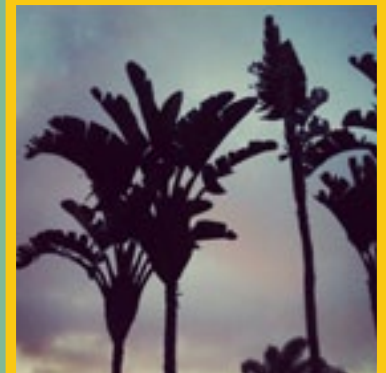
For More Information
Please contact us at
310 822 1234 or at
info@recoverygrads.com

The Haven Residential Program

Our summer program opens The Haven at USC to all college students in recovery. The Haven residential recovery model is based on industry leading best practices – in other words, we go with what works. Students share rooms with another same sex roommate in two bedroom apartments at The University Gateway, a redefined modern environment for student living, adjacent to the USC campus, with 24 hour secu-

rity, cardio & weight training, state of the art computer room, rooftop decks, super-market, convenience store and restaurants. We provide 24/7 support with live-in House Managers who understand addiction and recovery. Dr. Nick, our Program Director and Recovery Coach, meets with students two times a week to help them create and monitor a summer wellness plan which will include educational

or volunteer opportunities, 12-step meetings (or other effective recovery modality), routine drug testing and very cool activities and outings that take advantage of the hip and happening landscape across LA and Southern California. The minimum stay is one month and the cost is \$2,500 per month, including food. Students are also able to participate in the weekly Summer Haven enrichment programs at a reduced cost. Scholarships are available.



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Name _____
Address _____
Email Address _____
Phone Number _____
College/Year or Level _____
How did you hear about us? _____
Sobriety Date _____
Have you been in treatment for substance use before? If so, when and where? _____
Parents/ Guardians Contact information: _____

Please check which program(s) you are interested in:

Weekly Summer Enrichment Sessions (please check Session(s))

- ☐ Session 1: June 16-22
☐ Session 2: July 14-20
☐ Session 3: August 11-17

Summer Haven Residential Program (please check Month(s))

- ☐ June
☐ July
☐ August

A \$100 deposit is required with this application to reserve your space in the Summer Haven program. Space is limited. Application forms can be mailed to: Recovery Grads, 13924 Panay Way, Suite 401, Marina Del Rey, CA 90292. Please enclose check or credit card information below:

Credit Card: VISA Mastercard Card No. _____ Exp. _____

Signature _____ Date _____

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