



HENDRIX

COLLEGE

Counseling Theories & Practice

PSYC 243 01

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Author

Paul Beggs

BeggsPA@Hendrix.edu

Instructor

Prof. Sarah Root, Ph.D.

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CHAPTER 1

INTRODUCTION AND OVERVIEW

2.0.1 Managing Your Personal Values

- Therapists have a responsibility to be aware of their own values and set aside personal beliefs, so they do not “contaminate the counseling process” (aka, Bracketing).

2.0.2 Becoming an Effective Multicultural Counselor

- Acquiring Competencies in Multicultural Counseling
 - Diversity-competent practitioners
 - * Beliefs and attitudes
 - * Knowledge
 - * Flexibility with Intervention Strategies