### ORIGINS OF BEHAVIORAL NEUROSCIENCE

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## 1.4 Ancient Greece-4th Century, BC

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- From here, we get the four humors (fluids).
- Galen thought that these fluids are what control the brain, NOT the brain structure itself. Think of the purpose of canned vegetables. The tin container does not actively contribute to the liquid / vegetables; rather, it is disposable.
- These ideas were jumpstarted by the invention of aqueducts. The movement of water was so important from aqueducts, so the idea this idea was extended to the brain.

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- Again, this is adding to the idea that liquids (which can flow through things and cause movements) are responsible for the brain's functionality.

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- From this, he posited that the human body is a material entity functioning as a machine (like animals)—these are known as reflexes.
- But, the mind is nonmaterial and free from the laws of the universe and was uniquely human.
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- What is the basic relationship between mental events and physical events?
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- A new world view at the end of the Renaissance.
  - Replace Rationalism with Scientific Method.
- Closer look at the substance of the brain:
  - Gray and white matter change the way we look at the brain. That is, why would these parts of the brain that are clearly different, be different if the brain is used just to move fluids around.
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- Johannes Müller came up with the doctrine of Specific Nerve Energies.
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  - For example, if you stimulate the optic nerve, you will see something. If you stimulate the auditory nerve, you will hear something.
- Spawned the *Great Debate*: Is the brain a homogenous mass or is it made up of different parts?

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- Franz Joseph Gall and Johann Spurzheim thought the bumps and groves on the head were due to the size of the brain parts.
- They concluded that the size of the brain parts was correlated to the use of that part.
- This is known as *phrenology*.
- Localization of Functions—brain function can be localized to regions, pathways, or neurons.
  - Basically, if you cut out a piece of brain, and the animal (a pigeon) is no longer able to do a specific task, then that part of the brain is responsible for that task.
  - However, it turns out that these pigeons were able to relearn the task, so the brain is not as localized as we thought (this research is from Flourens).
- Aggregate Field Theory—the brain is a homogenous mass.
  - Complex brain functions emerge from the collective interactions of numerous simple neuronal activities.
  - Unlike localizationist models, this theory emphasizes the distributed nature of cognitive processes across neural networks.
- *Pierre Flourens* (1794–1867)
  - Studied the effect of brain damage with pigeons and supported the Aggregate Field Theory.
- Paul Broca (1824–1880)
  - Found a patient who *could speak* but could *not understand language*.
  - After the patient died, Broca found a lesion in the *left frontal lobe*.
  - This area is now known as *Broca's area*.
  - This area is responsible for *speech production*.
  - These results put us back into the realm of Localization of Function.



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### 1.12 Same Resolution?

- Modified Aggregate Field Theory
  - Karl S. Lashley (1890-1958)
    - The Principles of Mass Action
      - Complex behavior—such as learning—is dependent on the total mass of the brain.
    - Equipotentiality
      - Specialization of function is not tied to specific brain regions.
      - All parts of the cortex contribute equally to complex behavior.
    - Vicarious functioning
      - If one part of the brain is damaged, another part can take over.

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Table 1.1: Key Figures in the Great Debate: Localization vs. Aggregate Theory

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# SKIP CHAPTER 2

Most of the content from Chapter 2 has been blended with Chapter 3.

### STRUCTURE OF THE NERVOUS SYSTEM

## 3.1 Neuroanatomy

Neuroscience is the study of the nervous system. Behavioral neuroscience is understanding the nervous system's underlying behavior.

### 3.1.1 Nervous System Structure

### Structural Nervous System

How are neurons organized into systems?

- Central Nervous System (CNS)
  - Brain
  - Spinal Cord
- Peripheral Nervous System (PNS)

#### Functional Nervous System

What are the 'jobs' of the nervous system?

- Somatic Nervous System
  - Skeletal Muscles (Striated)
  - Sensory information in
  - Voluntary motion out
- Autonomic Nervous System
  - Uses smooth muscles
  - Glands
  - Sympathetic Nervous System
    - Fight or Flight
    - Heart rate, blood pressure, respiration, and alertness.
  - Parasympathetic Nervous System
    - Rest and Digest
  - Enteric Nervous System



- A mesh-like system of neurons that governs the function of the gastrointestinal system.
- AKA: 'Second Brain'
- GI problems are correlated with psychological disorders.
- The GI track houses a lot of our microbiota.
- Fecal Microbiota Transplant
  - Rat studies showed that when a skinny rat has a fecal transplant from a fat rat, the skinny rat becomes fat. This works in reverse too.
  - Therefore, the microbiota change the behavior of the rat.
- Elevated Plus Maze
  - A test to measure anxiety in rats.
  - The rats with the fecal transplant from the anxious rats were more anxious.
  - This is huge! This shows that the microbiota can change if a rat is anxious or not!

## 3.2 Meninges

- Cover the outside of the nervous system.
  - Three for the CNS and two for the PNS.
  - The PNS does not use the arachnoid mater.
- Dura Mater
  - "Hard Mother"
  - The outermost layer.
  - Tough and fibrous.
  - Contains blood vessels.
  - Early anatomists called it "pachymeninges" because similar to elephant skin.
- Arachnoid Mater = "Spider Mother"
  - Middle layer.
  - Web-like structure.
  - Contains blood vessels.
  - Subarachnoid Space
    - Between the arachnoid and Pia mater.
    - Contains cerebrospinal fluid (CSF).
  - Arachnoid trabeculae



- Web-like structures that connect the arachnoid mater to the Pia mater.
- Allows for the subarachnoid space to be filled with CSF.
- *Pia Mater* = "Soft Mother"
  - Innermost layer.
  - Thin and delicate.
  - Flows over every sulcus (grooves), fissure (deep indentations), and gyri (bumps).
  - Follows the contours of the brain and spinal cord.
- Meningitis
  - Inflammation of the meninges.
  - Can cause symptoms such as headache, fever, a stiff neck, or hallucinations.

# 3.3 Cerebrospinal Fluid (CSF)

- Similar to blood plasma.
- Functions of CSF
  - Protection
    - Failures:
      - Brain is injured.
      - AND even Contrecoup—when the brain is injured on the opposite side of the impact—injuries.
      - Chronic Traumatic Encephalopathy (CTE)
        - Old name: Dementia Pugilistica (boxer's dementia).
        - Symptoms (not exhaustive): Memory loss, confusion, impaired judgment, impulse control problems, aggression, depression, Parkinson's-like symptoms, insomnia, and progressive dementia.
        - Causes ventricular enlargement. In other words, the larger your ventricles, the less brain matter you have.
        - Also causes atrophy of the fornix. The fornix is a C-shaped bundle of nerve fibers in the brain that acts as the major output tract of the hippocampus.
        - Tau are abnormally phosphorylated aggregate into tangles. They accumulate both inside neurons and even released into extracellular space.
  - The CSF also moves neurotransmitters, waste, hormones, nutrients, and other substances from one place to another.
    - For example, the CSF moves  $\beta$ -amyloid (in-between cells) from the brain to the blood.



- Choroid Plexus
  - Ependymal cells
    - Lines the lateral ventricles.
    - These are the cells that produce the CSF.
  - If the choroid plexus is not working properly, it can cause hydrocephalus.
  - Hydrocephalus
    - "Water on the brain"
    - Swelling of the brain due to the accumulation of CSF.
  - Derives from the Pia mater.

#### 3.3.1 Flow of CSF

- Lateral ventricles
  - CSF is produced here and flows through the interventricular foramen.
- Third Ventricle
  - Looks like a duck's head.
  - Is connected to the *pituitary gland* through the *infundibulum*.
- The CSF routed through the medial longitudinal fissure and into the *Superior Sagittal Sinus*.
- Interperducular Fossa
  - The space between the two cerebral peduncles.
- Interventricular Foramen
  - Connects the lateral ventricles to the third ventricle.
- Cerebral Aqueduct
  - Connects the third and fourth ventricles.
- Central Canal
  - Connects the fourth ventricle to the spinal cord.
  - For remembering purposes, the *cerebral* aqueduct is in the *brain* and the central canal is in the spinal cord.
- Subarachnoid Space
  - Foramen of Magendie (Medial) and Luschka (Lateral)
    - Two tiny little holes in the fourth ventricle.



### 3.3.2 Dumping of CSF

- Arachnoid Villi/Granulations
  - Absorbed into blood stream from the superior sagittal sinus.

### 3.3.3 Getting Some CSF Out -or- Putting Something Into It

- Where would you have them stick that needle?
  - Dural Sac
    - Enlarged space in the lumbar region.
    - Testing and introduction of anesthetic agents.
    - Epi = Something in
  - Lumbar Puncture
    - AKA: Spinal Tap.
    - Tap = Taking something out

### 3.4 Cranial Nerves

#	Name	Type	Information Carried	
I	Olfactory	S	Smell	
II	Optic	$\mathbf{S}$	Vision	
III	Oculomotor	M	Eye movement, pupil constriction	
IV	Trochlear	M	Eye movement	
V	Trigeminal	В	Touch to face, motor control of mandibles	
VI	Abducens	M	Eye movement	
VII	Facial	В	Taste and facial expression	
VIII	(Vestibulocochlear)	S	Hearing	
IX	Glossopharyngeal	В	Taste and swallowing	
X	Vagus	В	Taste and sensation from neck, thorax, abdomen,	
			swallowing, control of larynx, parasympathetic	
			nerves to heart and viscera	
XI	Spinal Accessory	M	Movement of shoulders	
XII	Hypoglossal	M	Movement of tongue	

### 3.4.1 Mnemonic for Cranial Nerves

Old Opie occasionally tries trigonometry and feels very gloomy, vague, and hypoactive.



### 3.5 Terms

- Santiago Ramon y Cajal (1911)
  - Used the Golgi stain to show that neurons are separate cells.
- Soma Cell Body
- *Dendrites* "Branches"
  - Purpose is to increase the surface area of the neuron, so it can receive the most amount of information.
- Axon terminal botton The ends of the neuron that send information.
- Glial cells Support cells by insulating the axon for better communication.
- Myelin sheath Insulates the axon.
- Nodes of Ranvier Gaps in the myelin sheath.
- *Unmylinated axons* are called grey matter.
- Ganglion A collection of cell bodies in the PNS.
- Nerve A collection of axons in the PNS.
- *Nucleus* A collection of cell bodies in the CNS.
- *Tract* A collection of axons in the CNS.

Grey Matter	White Matter
Cell bodies	Myelinated axons
Dendrites	
Unmyelinated axons	

Table 3.1: Gray vs. White Matter

	Gray Matter	White Matter
Location	Cell Bodies	Axons
CNS PNS	Nucleus Ganglion	Tract Nerve

Table 3.2: Differentiation of Gray and White Matter in the CNS and PNS



### 3.6 Brainstem

### 3.6.1 Hindbrain

- Myenlencephalon
  - Medulla Oblongata
    - Enlargement of the cord.
    - Lots of gray matter.
    - Reticular Formation
      - A network of nuclei.
      - Regulates sleep, wakefulness, and arousal.
      - Also regulates heart rate, blood pressure, respiration, and skeletal muscle tone.
    - Pyramids
      - Two ridges on the ventral surface.
        - Voluntary motor system.
    - Olives
      - Audition and motor learning.
      - Located on the lateral surface.
- $\bullet \ \ Metence phalon$ 
  - *Pons* "Bridge"
    - White matter on the outside and gray on the inside.
    - Locus Coeruleus
      - Produces norepinephrine.
      - The norepinephrine is sent to the forebrain.
  - Cerebellum
    - Caudal portion of the brain.
    - Balance, hand/eye coordination, soothes movements.
    - Shifting attention between vision and hearing, sensory timing (judging rhythms), language, emotional control, and reward valuation.
    - Cerebellar agenesis the cerebellum is not developed.

#### 3.6.2 Midbrain

#### Mesencephalon

- Techtum = "Roof"
  - Superior Colliculus Visual Reflexes
    - Pupils opening and closing in response to light.



- Inferior Colliculus Auditory Reflexes
- Colliculus = "Little Hill"
- Pineal Gland Melatonin
- *Tegmentum* = "Floor"
  - Substantia Nigra = "Black substance."
    - Get its black coloring from the creation of dopamine.
    - Clearly, this brain structure makes a majority of dopamine (1 of 3).
  - Red Nucleus Motor coordination.
    - Get its red color from iron oxidation.
    - Connects to the cerebellum for that motor coordination.
  - Periaqueductal Gray Area Opioids.
    - Peri = around, so peri-aqueductual = around-the cerebral aqueduct.
    - Handles endogenous pain relief.

#### 3.6.3 Forebrain

#### Diencephalon

- Thalamus
  - Massa Intermedia = intermediate mass. This connects the two halves together.
  - Made up of many specific relay nuclei.
    - Lateral Geniculate Nucleus Vision
    - Dorsal Medial Nucleus Pain
      - Routes the pain from the thalamus to the prefrontal cortex.
  - ... and of non-specific relay nuclei.
    - Nucleus Reticularis Promotes wakefulness.
      - Goes to different parts of the brain, not just one specific part like the specific relay nuclei.
- Hypothalamus
  - Irregular shape, size of a thumbnail.
  - Encases the ventral part of the third ventricle.
  - Survival of the individual
    - Eating
    - Drinking (water)
      - Salt regulation
    - Suprachiasmatic Nucleus



- Circadian rhythms
- Daily fluctuations of temperature
- Survival of the species
  - Territoriality
  - Sexual activity
  - Reproduction
- Integration of information
  - Endocrine system
  - Autonomic nervous system

### Telencephalon

- Corpus callosum
  - Connects the two hemispheres.
  - Remember that the neurons in this structure go from lateral to lateral, and not from dorsal to ventral.
  - Creates the roof of the lateral ventricles.
  - Agenesis of the cc
    - AKA: Callosal Agenesis
    - Vision impairments,
    - hypotonia,
    - poor motor coordination,
    - delays in motor milestones,
      - (Such as sitting and walking.)
    - cognitive disability,
      - (Disability in complex problem solving.)
    - and social difficulties.
      - (Missing subtle social cues maybe cause of impaired fair processing.)
  - Corpus Callosotomy Split brain surgeries.
    - Used to treat epilepsy.
    - Gives information about lateralization of hemispheres.
    - Left Hemisphere
      - language
      - serial events
    - Right Hemisphere
      - creativity
      - synthesis



#### • Basal Ganglia

- Function:
  - Initiation of Voluntary Movements.
  - Click here for Parkinson's continuation.
- Curls laterally around the thalamus.
- Striatum
  - Caudate Nucleus = "Nucleus with a Tail"
    - Obsessive Compulsive Disorder (OCD)
      - MIXED RESULTS
        - Too much activity, too large.
    - Romantic Love
      - Fisher, Aron, and Brown
        - Anthropologist used fMRI with a picture of neutral and romantic partners.
        - The CN activity was increased for loved one.
    - Larger in folks with incredible episodic memories (superior autobiographical memory).
      - How large? 7-8 SDs larger.
  - Putamen = "Shell"
  - Nucleus Accumbens
    - Nucleus Accumbens Septi = "Nucleus leaning against the septum."
      - Where the head of the caudate and the most anterior portion of the putamen come together.
      - Plays an important role in reinforcement, pleasure, and addiction.
- Globus Pallidus = "Pale Globe"
- *Note:* When people mention the putamen and the globus pallidus, they call it the lentiform nucleus.
- Limbic System
  - Hippocampus
    - In charge of moving memories from short-term to long-term.
    - Emotion, selective attention, learning, and memory.
  - Amyqdala
    - In charge of emotions.
    - Fear and aggression, territoriality, odor processing, and sexual activity.
    - Amygdala and Fear
      - 1930's.



- Lesions to amygdala in monkeys.
- Many things happened...
  - Exploratory behavior of objects (put in mouth-hyperorality).
  - Hypersexuality.
  - Loss of fear.
    - Freezing, increased heart rate, hair standing on end, etc.
    - Lost their fear of the human experimenters.
- Kluver-Bucy Syndrome
  - Damaging the anterior temporal lobes.
  - Herpes encephalitis and trauma.
  - Loss of normal fear and anger responses.
- Facial mimicry
  - Seeing fear in others lead to fear expression.
  - AND has amygdala activity.
- Other things
  - Social networks (Bickart et al., 2010)
    - Size and complexity of social network + correlated with amygdala size.
    - MAYBE: More effectively identify, learn about, and recognize socioemotional cues.
  - Political views (Rees et al., 2011)
    - Took extreme liberals and extreme conservatives and found that the more extreme conservatives had a larger amygdala than the extreme liberals.
- How burnout is related to your brain...
  - Worse at suppressing negative emotions.
  - Big amygdala & weak connection to frontal lobe.
- Cinqulate Gyrus
  - Selective attention.
  - Love (like the cingulate gyrus)
    - Same studies show increased activity for loved ones.
  - Pain.
    - Serves as alarm for distress
    - Association of the emotional components and the sensory components of pain.
    - Sympathetic pain (empathy).
    - Social rejection.
      - Eisenberger (1990s)
      - Cyberball



- A computer game where you play catch.
- The other players stop throwing the ball to you.
- The cingulate gyrus lights up.
- Fornix
- Mammillary Bodies
- Septal Nucleus

#### Cerebral Cortex

- Cortex = "bark"
- Many convolutions
  - Sulci/fissures
  - Gyri
- Gray matter.
- 6 Layers
- Four lobes
  - Frontal Lobe
    - Executive functions, motor control, and language production (Broca's area).
  - Parietal Lobe
    - Lips, toes, and spacial awareness.
  - Temporal Lobe
    - Memory, hearing, and language comprehension (Wernicke's area).
  - Occipital Lobe
    - Vision
  - How they are separated:
    - Frontal  $\leftrightarrow$  Parietal: Central Sulcus
    - Parietal  $\leftrightarrow$  Occipital: Parieto-Occipital Sulcus
    - Temporal ↔ Frontal/Parietal: *Lateral Sulcus (Sylvian Fissure)*
- Nucleus Accumbens



### 3.7 Parkinson's Disease

- Bradykinesia
  - Slowness of movement.
- Akinesia
  - Difficulty initiating voluntary movements.
- Rigidity
  - Increased muscle tone.
- Tremors
  - Involuntary shaking of hands and jaw most prominent at rest.

# 3.8 Alzheimer's Disease

- Progressive memory loss.
- Affects the cortex and hippocampus.
- Suffers from both retrograde and anterograde amnesia.

### HOW NEURONS PROCESS INFORMATION

### NEW NOTES FOR 02/26/25

### 6.1 The Neuron

- Definition: Basic information processing unit of the NS.
- Similarities to an animal cell:
  - Cell membrane: Separates the inside of the cell from the outside environment.
  - *Nucleus*: Contains the genetic material of the cell.
  - Organells: Carry out the basic functions of the cell.
    - *Mitochondria*: Produce energy for the cell.
    - Endoplasmic Reticulum: Synthesizes proteins.
    - Golgi Apparatus: Packages proteins for transport.
    - Lysosomes: Break down waste products.
  - Basic cellular processes.
- Differences:
  - Special "morphology" (shape).
  - Communicate through an electrochemical process.

#### 6.1.1 Structure of the Neuron

(Mostly a recap of Terms)

- Soma
- $\bullet$  Dendrite
- *Axon*
- Terminal Arboriza Branches at the end of the axon.
- Terminal Buttons End of the terminal arboriza.
- Axon Hillock
- Myelin



- Not all axons have it.
- Glial cells / 70% Lipid / Nodes of Ranvier.
- Mutliple Sclerosis (MS) Demyelination.

### 6.1.2 Support cells in the Nervous System

- Glia/Glial Cells/ Neuroglia Support cells.
  - Capable of cell division after birth/communication.
  - Make up half of the volume, but are 10-50 times more numerous. (The other half is made up of neurons.)
  - CNS:
    - *Macroglia* Large glial cells.
      - Astrocytes Star-shaped cells that provide physical support to neurons, clean up debris, and provide nutrients to neurons.
        - *Note* that these cells do not help neurons grow when they are damaged. In fact, they inhibit growth by proliferating and forming a scar.
      - Oligodendrocytes "few branches (in contrast to Astrocytes)" Form myelin sheath around multiple axons in the CNS.
    - Microglia Small cells that remove debris from injured or dead cells.
    - Ependymal Glia Line the ventricles of the brain and spinal cord. (Remember the CSF?)
  - PNS:
    - Satellite Cells Provide nutrients and physical support to neurons.
    - Schwann Cells Form myelin sheath around axons in the PNS. These cells are monogamists; they wrap their arms around one axon.
      - Neuronal Regeneration.
  - The Myelin Sheath is composed of Oligodendrocytes in the CNS and Schwann Cells in the PNS.
  - *Phagocytosis* When an injury occurs, the glial cells divide and eat the dead cells. (Done by Microglia and Schwann Cells.)
  - Maintenance of Internal Consistency.
    - When neurons undergo rapid firing, they release potassium ions. Astrocytes absorb these ions to maintain the internal consistency of the neuron.

### NEW NOTES FOR 02/28/25



### 6.1.3 Are Glial Cells Contributing to Alzheimer's Disease?

- Normally,
  - Beta amyloid cleared away through microglia.
- IF beta amyloid builds up too much, Tau INSIDE cells builds up.
- This leads to inflammation, which maybe leads to the problems of Alzheimer's.

### 6.2 Different Kinds of Neurons

- Based on Structure
- Based on Function

### 6.2.1 Structural Classification of Neurons

- Unipolar/Pseudounipolar
  - The difference: The axon and dendrite are fused together.
- Bipolar
- Multipolar

### 6.2.2 Functional Classification of Neurons

- Sensory Neurons (Afferent)
  - Carry information from the sensory receptors to the CNS.
  - Unipolar.
  - "Afferent" "bearing or conducting inward"
- Interneurons
- Motor Neurons (Efferent)
  - Carry information from the CNS to the muscles and glands.
  - Multipolar.
  - "Efferent" "conducting outward"
- Remember: Ad = towards Ex = from Ferro = I carry.



### 6.3 Neural Communication

- 2 Systems of Neuronal Communication:
  - Binary
    - All or none.
  - Analogue
    - Graded, matter or degree.

### 6.3.1 Binary System ("Off" and "On")

- The Resting Membrane Potential (RMP): "OFF"
  - -70 mV (relative to the outside).
  - Understand the cell membrane.
    - Phospholipid Bilayer Hydrophobic tails and hydrophilic heads.
    - Semipermeability.
      - Lipid, lipid soluble, small, and neutral.
    - Embedded Proteins Channels and pumps.
      - 4 Jobs We Care About:
        - Receptors
          - High specificity and affinity.
          - "Places where things can bind to the cell and cause a change."
        - Channels.
          - Gated Channels: Ligand gated channels. Voltage gated channels.
        - *Pumps* Active transport.
        - *Enzymes* Breaks down neurotransmitters.
- The Action Potential (AP): "ON"