

# Paul Beggs

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🌐 PaulBeggs

## Education

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### Hendrix College

*Bachelor of Arts in Mathematics and Psychology*

**Conway, AR**

Expected May 2026

- GPA: 3.4/4.0
- *Selected Coursework:* Linear Algebra, Statistics, Brain & Behavior, Cognitive Psychology, and Research Methods.

## Work Experience

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### Licensed Pharmaceutical Technician

*CVS Health*

**Cape Girardeau, MO**

February 2022 – Present

- Worked closely with patients that have chronic illnesses to ensure they receive the correct medications.
- Learned new medical-specific terminology to effectively communicate with patients and other healthcare professionals.
- Advocated on behalf of patients for insurance claims, and worked with insurance companies to ensure patients received the correct medications.

## Certifications & Training

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### Applied Suicide Intervention Skills Training (ASIST)

*LivingWorks Education* [🔗](#)

**Conway, AR**

August 2024

- Participated in an intensive program specifically designed for intervening for people who are suicidal.
- Practiced the *Pathway for Assisting Life* (PAL) Model in depth:
  - **Connecting with Suicide:** Techniques for initiating sensitive, non-triggering conversations and establishing trust.
  - **Understanding Choices:** Proficiency in guiding individuals through their choices while respecting autonomy and addressing complex emotions.
  - **Assisting Life:** Skilled in providing structured support, exploring safety plans, and fostering a commitment to life, enhancing readiness for psychiatric research involving vulnerable populations.

### CPR & AED Certified

*American Red Cross*

**Conway, AR**

August 2024

- Completed training in CPR and AED for adults, children, and infants.
- Proficient in recognizing and responding to life-threatening emergencies.
- Learned how to provide immediate care until advanced medical personnel arrive.

### NARCAN® Certified

*Addiction Studies at University of Central Arkansas*

**Conway, AR**

August 2024

- Completed training in the administration of NARCAN® nasal spray for opioid overdose reversal.
- Learned how to recognize the signs of an opioid overdose and quickly move the person into the recovery position.

### Mental Health First Aid

*National Council for Mental Wellbeing* [🔗](#)

**Conway, AR**

August 2024

- Trained in recognizing the signs and symptoms of mental health and substance use challenges.
- Learned how to offer initial help and guide a person toward appropriate care.
- Practiced the *ALGEE* action plan.

## Volunteer Experience

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### Sexual Assault Crisis Intervention Training

[RAINN](#) 

**Virtual**

February 2024 – July 2024

- Completed 80 hours of RAINN training on trauma-informed communication and support techniques for survivors of abuse.
- Practiced active listening, crisis intervention, and de-escalation strategies.
- Learned how to provide resources and referrals to survivors of sexual assault.

## Leadership & Involvement

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### Member

*Hendrix College Psychology Club*

**Conway, AR**

August 2024 – Present

- Participated in discussions on current research in psychology and mental health.
- Networked with peers and faculty to learn about research opportunities and internships.

### Member

[Kappa Delta Pi International Honor Society](#) 

**Conway, AR**

May 2024 – Present

- Recognized for academic excellence and commitment to education.

### Student Mentor

[Student Outreach Additional Recourses \(SOAR\)](#) 

**Conway, AR**

August 2024 – Present

- Mentored first-year students in their transition to college life, providing guidance with an emphasis on social matters.
- Facilitated group discussions on topics such as time management, study skills, and mental health.

## Technical Skills

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- **Software:** Microsoft Office Suite, Google Workspace, Adobe Creative Suite, and R.
- **Data Analysis:** Experience with data visualization, statistical analysis, and machine learning.
- **Research:** Proficient in conducting literature reviews, data collection, and data analysis.