

Learn How Humana Benefits Can Benefit You!

At *Your* Austin Guidance Center



Plan Refresher: Q&A Tuesday, Feb. 10 | 6 to 7 pm

Find out how Humana benefits can benefit you during this information session with Humana sales representatives. This is your opportunity to ask questions and find out about all the features and “extras” each plan offers.

Call **(512) 808-2820** (TTY: **711**) for more information and ask for a calendar with the center’s monthly events.

Humana.

Your Austin Guidance Center is here to help you live a healthier, happier life through fitness classes, health and wellness seminars, social activities, and more – at no cost to you!

Your Austin Guidance Center

10710 Research Blvd., Ste. 120
Austin, Texas 78759
(512) 808-2820 (TTY: **711**)

Open Monday through Friday
9 am to 5 pm
Humana.com/GuidanceCenter

Please do not reply to this email; although we'd love to hear from you, this email box is not monitored. For questions about your health plan, please contact the Customer Care number on the back of your Humana ID card (TTY: **711**).

If you don't want us to contact you by email, you can [unsubscribe](#) from our online community. For more information about Humana coverage or the company providing these benefits, please visit Humana.com.

The program(s) and services(s) described is/are not insurance and is/are neither contractually offered nor guaranteed under Humana insurance policies. They may be provided by a third party, discontinued at any time, and are subject to geographic availability.

This information is provided for educational purposes only. It is not to be used for medical advice, diagnosis, or treatment. Consult your doctor if you have questions or concerns.

Humana
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