

Question 1. Consider the Ridge regression problem

$$\hat{\beta}_{\text{ridge}} = \arg \min_{\beta \in \mathbb{R}^p} \|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2.$$

Follow the steps below to explicitly construct an example of a matrix X and a vector y for which $\hat{\beta}_{\text{ridge}}$ does not have a single entry equal to 0 for all $\alpha > 0$.

(a) Let $X = \mathbf{1}_{1 \times p}$ and $y = 1$. Prove that for any $t > 0$, the optimization problem

$$\min \sum_{i=1}^p \beta_i^2 \text{ such that } \sum_{i=1}^p \beta_i = t$$

admits a unique solution $\beta_i = t/p$ for all $i = 1, \dots, p$. (Note: You may want to use the method of Lagrange multipliers).

(b) Now, assume $\sum_{i=1}^p \beta_i = t$. Use part (a) to conclude that

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 \geq (1 - t)^2 + \alpha \cdot \frac{t^2}{p},$$

with equality if and only if $\beta_i = t/p$ for all i .

(c) Verify that the function $f(t) = (1 - t)^2 + \alpha \cdot \frac{t^2}{p}$ has a global minimum at $t^* = \frac{p}{\alpha + p}$ and that $f(t^*) = \alpha/(\alpha + p)$. Hence

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 \geq \frac{\alpha}{\alpha + p}$$

with equality if and only if $\beta = \frac{1}{\alpha + p} \cdot \mathbf{1}_{p \times 1}$.

(d) Conclude that the solution of the Ridge regression problem with X and y given above is $\hat{\beta}_{\text{ridge}} = \frac{1}{\alpha + p} \cdot \mathbf{1}_{p \times 1}$.

Solution 1.

(a) First, we wish to show that $\min \sum_{i=1}^p \beta_i^2$ such that $\sum_{i=1}^p \beta_i = t$ admits a unique solution $\beta_i = t/p$ for all $i = 1, \dots, p$. This will be shown using the method of Lagrange multipliers. Let $f(\beta_1, \beta_2, \dots, \beta_p) = \sum_{i=1}^p \beta_i^2$, and let $g(\beta_1, \beta_2, \dots, \beta_p) = \sum_{i=1}^p \beta_i - t$. Note that

$$\nabla f(\beta_1, \beta_2, \dots, \beta_p) = \begin{bmatrix} 2\beta_1 \\ 2\beta_2 \\ \vdots \\ 2\beta_p \end{bmatrix}, \text{ and } \nabla g(\beta_1, \beta_2, \dots, \beta_p) = \begin{bmatrix} 1 \\ 1 \\ \vdots \\ 1 \end{bmatrix}$$

Then we can solve $\nabla f(\beta_1, \beta_2, \dots, \beta_p) - \lambda \nabla g(\beta_1, \beta_2, \dots, \beta_p) = 0$ to obtain our minimum:

$$\begin{bmatrix} 2\beta_1 \\ 2\beta_2 \\ \vdots \\ 2\beta_p \end{bmatrix} = \lambda \begin{bmatrix} 1 \\ 1 \\ \vdots \\ 1 \end{bmatrix} \Rightarrow \beta_i = \frac{\lambda}{2}, \forall i = 1, \dots, p$$

Substituting this into $\sum_{i=1}^p \beta_i = t$, we get

$$\sum_{i=1}^p \frac{\lambda}{2} = t \Rightarrow \frac{p\lambda}{2} = t \Rightarrow \lambda = \frac{2t}{p}$$

And thus, $\beta_i = \frac{\lambda}{2} = \frac{2t}{2p} = \frac{t}{p}$ for all $i = 1, \dots, p$ is the unique solution that minimizes $\sum_{i=1}^p \beta_i^2$.

(b) From the first part of the problem, we know that

$$\sum_{i=1}^p \beta_i^2 \geq \sum_{i=1}^p \left(\frac{t}{p}\right)^2 = p\left(\frac{t^2}{p^2}\right) = \frac{t^2}{p}.$$

And thus,

$$\alpha \|\beta\|_2^2 = \alpha \sum_{i=1}^p \beta_i^2 \geq \alpha \frac{t^2}{p}$$

Next, notice that, since $X = \mathbf{1}_{1 \times p}$, we have that $X\beta = \sum_{i=1}^p \beta_i = t$. And so,

$$\|y - X\beta\|_2^2 = \|1 - t\|_2^2 = (1 - t)^2$$

Putting this all together, we get

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 \geq (1 - t)^2 + \alpha \frac{t^2}{p}$$

as desired. Notice that since $\|y - X\beta\|_2^2 = (1 - t)^2$, we can simplify the above inequality:

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 \geq (1 - t)^2 + \alpha \frac{t^2}{p}$$

$$(1 - t)^2 + \alpha \|\beta\|_2^2 \geq (1 - t)^2 + \alpha \frac{t^2}{p}$$

$$\alpha \|\beta\|_2^2 \geq \alpha \frac{t^2}{p}$$

$$\sum_{i=1}^p \beta_i^2 \geq \frac{t^2}{p}$$

From part (a), we have a unique solution $\beta_i = \frac{t}{p} \forall i$ that minimizes the sum. Thus, we achieve equality only by minimizing the sum:

$$\frac{t^2}{p} = \sum_{i=1}^p \left(\frac{t}{p}\right)^2 = \sum_{i=1}^p \beta_i^2 \geq \frac{t^2}{p}$$

In other words, we achieve equality if and only if $\beta_i = t/p$ for all $i = 1, \dots, p$.

(c) First, we wish to verify that $f(t) = (1-t)^2 + \alpha \frac{t^2}{p}$ has a global minimum at $t^* = \frac{p}{\alpha+p}$. To do this, we take the derivative and set it equal to zero:

$$f'(t^*) = -2(1-t^*) + 2\alpha \frac{t^*}{p} = 0$$

$$2t^* - 2 + \frac{2\alpha}{p}t^* = 0$$

$$t^* \left(\frac{2p+2\alpha}{p} \right) = 2$$

$$t^* = \frac{p}{\alpha+p}$$

To verify that it is a minimum, we examine the second derivative:

$$f''(t^*) = 2 + \frac{2\alpha}{p}$$

Since p and α are both positive, $f''(t^*) > 0$, and so we have a minimum. Since $f(t)$ is quadratic, we have a unique minimum.

$$f(t^*) = \left(1 - \frac{p}{\alpha+p}\right)^2 + \alpha \frac{\left(\frac{p}{\alpha+p}\right)^2}{p} = \left(\frac{p+\alpha-p}{p+\alpha}\right)^2 + \frac{\alpha p}{(\alpha+p)^2} = \frac{\alpha^2}{(p+\alpha)^2} + \frac{\alpha p}{(p+\alpha)^2} = \frac{\alpha(\alpha+p)}{(\alpha+p)^2} = \frac{\alpha}{\alpha+p}$$

Next, applying this to our result from part (b), we see that

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 \geq (1-t)^2 + \alpha \frac{t^2}{p} \geq \frac{\alpha}{\alpha+p}$$

Note, the first inequality obtains equality if and only if $\beta_i = t/p$ for all $i = 1, \dots, p$. The second inequality obtains equality if and only if $t = \frac{p}{p+\alpha}$. Putting this together, we see that

$$\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2 = \frac{\alpha}{\alpha+p}$$

if and only if $\beta_i = \frac{\frac{p}{p+\alpha}}{p} = \frac{1}{p+\alpha}$ for all $i = 1, \dots, p$.

(d) If $\beta = \frac{1}{\alpha+p} \cdot \mathbf{1}_{p \times 1}$, parts (a), (b), and (c) have shown that $\|y - X\beta\|_2^2 + \alpha \|\beta\|_2^2$ is minimized. Note, this only applies for $X = \mathbf{1}_{1 \times p}$ and $y = 1$. Thus, this is the solution to the Ridge regression problem for this specific case.

Question 2. Suppose $X \in \mathbb{R}^{n \times p}$ has orthonormal columns and $y \in \mathbb{R}^{n \times 1}$. Show that the solution of the lasso problem

$$\hat{\beta}^{lasso} = \arg \min_{\beta \in \mathbb{R}^p} \frac{1}{2} \|y - X\beta\|_2^2 + \alpha \|\beta\|_1 \quad (\alpha > 0)$$

is obtained by soft-thresholding the least squares solution, i.e.,

$$\hat{\beta}_i^{lasso} = \text{sgn}(\hat{\beta}_i^{LS}) (|\hat{\beta}_i^{LS}| - \alpha)_+ \quad (i = 1, \dots, p),$$

where $\hat{\beta}^{LS}$ denotes the least squares solution of the problem,

$$\text{sgn}(x) = \begin{cases} 1 & x > 0 \\ -1 & x < 0 \\ 0 & x = 0 \end{cases},$$

and where $(x)_+ := \max(x, 0)$.

Solution 2.

First, note that since $X \in \mathbb{R}^{n \times p}$ has orthonormal columns, $X^T X = I$, $\|X_i\|_2^2 = 1$, and so

$$\beta^{LS} = (X^T X)^{-1} X^T y = I^{-1} X^T y = X^T y$$

From our notes, we know that $x^* = \eta_{\alpha/\|X_i\|_2^2}^S(\frac{X_i^T(y - X_{-i}x_{-i})}{X_i^T X_i})$ is the solution to the lasso problem, which can be simplified as

$$x^* = \eta_{\alpha/1}^S(\frac{X_i^T y - X_i^T X_{-i}x_{-i}}{1}) = \eta_{\alpha}^S(X_i^T y - X_i^T X_{-i}x_{-i})$$

But $X_i^T X_{-i}$ is the $1 \times (p-1)$ all zero matrix, and so $X_i^T X_{-i}x_{-i} = 0$. So we have

$$x^* = \eta_{\alpha}^S(X_i^T y) = \eta_{\alpha}^S(\beta_i^{LS}) = \text{sgn}(\beta_i^{LS})(|\beta_i^{LS}| - \alpha)_+$$

as desired.