

Suicide Awareness



1 MILLION
Die from suicide each year.

2nd cause of DEATH among
15-29 year olds globally.

Thats one death every
40 seconds.



On average a adult
sleeps 8 hours a night,
that is roughly 720
suicides every sleep!

It is predicted that by
2020 the rate of death
by suicide will increase
to one every **20 seconds**

There are an average
of 16 suicides per
day in the UK.

Suicide is the single
biggest killer of men
under the age of 45
in the UK.

In 2017
5,821
suicides
were
recorded in
Great Britain

Of these

1/15 attempt suicide

If you or someone you know
suffers from suicidal thoughts
please call samaritans on

116 123