

# Suicide Awareness



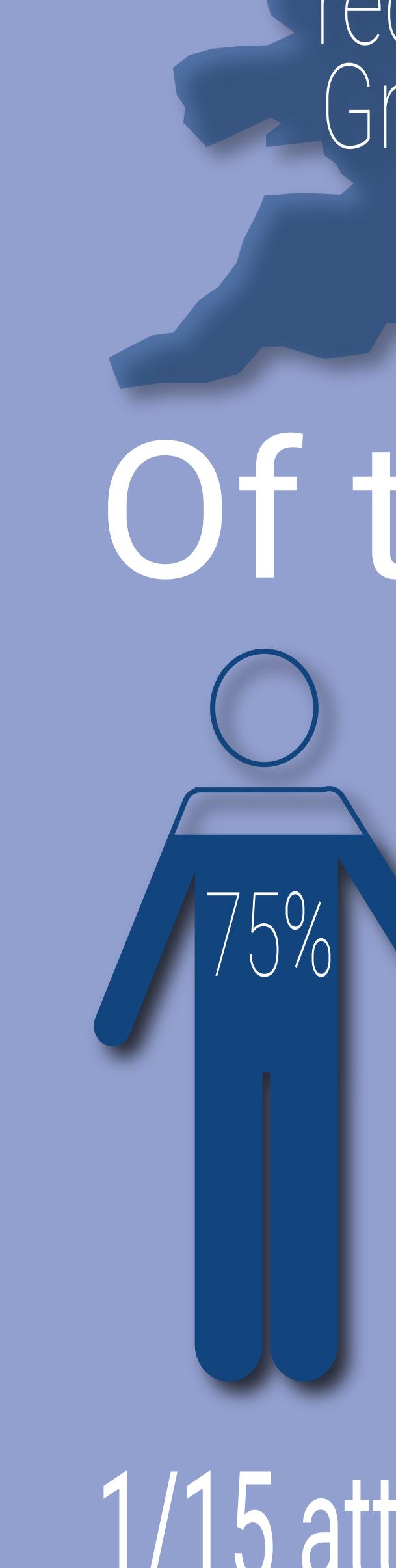
1 MILLION  
Die from suicide each year.

2<sup>nd</sup> cause of DEATH among  
15-29 year olds globally.

Thats one death every  
40 seconds.



On average a adult  
sleeps 8 hours a night,  
that is roughly 720  
suicides every sleep!



There are an average  
of 16 suicides per  
day in the UK.

75%  
25%

1/15 attempt suicide

116 123

If you or someone you know  
suffers from suicidal thoughts  
please call samaritans on

116 123