



PAULA HOLZ



Bachelor in Sociology and Communication and Media Studies

Expected Graduation: 2026

EDUCATION

2013 - 2021 High School Diploma (Abitur)
Gymnasium Allee, Hamburg

since 2022 Bachelor Studies
Universität Bremen, Bremen, Germany
Sociology, Communication and Media Studies

PRACTICAL EXPERIENCE

2021 - 2025 Various mini-jobs in hospitality, healthcare, childcare
Skills: Communication and teamwork skills, stress resistance and flexibility

February - April 2025 Internship “Landesfrauenrat Bremen”
Public Relations and Social Media

INTERNATIONAL EXPERIENCE

April - August 2022 Work and Travel
Australia and Indonesia

September 2025 - January 2026 Erasmus semester abroad
Universidade da Madeira

CONTACT

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SKILLS AND INTERESTS

Languages German (nativ speaker), English (fluent)

Other skills WordPress, MS Office, R-Studio, Gimp