

PAULA HOLZ



Bachelor in Sociology and Communication and Media Studies

Expected Graduation: 2026

EDUCATION

2013 - 2021

High School Diploma (Abitur)
Gymnasium Allee, Hamburg

since 2022

Bachelor Studies
Universität Bremen, Bremen, Germany
Sociology, Communication and Media Studies

PRACTICAL EXPERIENCE

2021 - 2025

Various mini-jobs in hospitality, healthcare, childcare
Skills: Communication and teamwork skills, stress resistance and flexibility

**February -
April 2025**

Internship "Landesfrauenrat Bremen"
Public Relations and Social Media

INTERNATIONAL EXPERIENCE

**April -
August 2022**

Work and Travel
Australia and Indonesia

**September 2025 -
January 2026**

Erasmus semester abroad
Universidade da Madeira

CONTACT

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SKILLS AND INTERESTS

Languages

German (nativ speaker), English (fluent)

Other skills

WordPress, MS Office, R-Studio, Gimp