

# How to shop for the best food for dogs, according to experts

*By Mili Godio*

Being a pet parent comes with its fair share of responsibilities, like providing a comfy [dog bed](#) (that is, [if you don't let them sleep in your own](#)), entertaining them with [toys](#) and, most importantly, feeding them a nutritious diet. Ensuring your dog has the right food can offer multiple health benefits, including helping them maintain a healthy weight, according to experts.

“Commercially processed canned or kibble foods are formulated to meet dogs’ nutritional needs for proteins, fats, carbohydrates, vitamins and minerals — they’re convenient, consistent and readily available, and they undergo a process of quality control and inspection that is meant to catch any contaminants or pathogens before they affect pets or people,” says [Dr. Lori Teller](#), a board-certified veterinarian and former president of the American Veterinary Medical Association.

To help you in your search, we consulted veterinarians and animal nutrition experts on what to keep in mind when shopping for the best dog food. Below are some highly rated options based on their guidance.

**SKIP AHEAD** [\*How to determine the best food for your dog\*](#)

**Selected. Our top picks**





Best for puppies

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