Understanding **Overdraft**

overdraft occurs when you spend more money than you have available in your checking account, resulting in a negative balance



institutions offer overdraft protection, but relying on this service without fully understanding how it works can create a cycle of overdraft and NSF (non-sufficient funds) fees that's hard to break out of

Most

financial

OVERDRAFT SCENARIOS



you're unaware of your account balance. Be mindful by reading your monthly statements, by checking

It's easy to overdraw your checking account if

ACCOUNT BALANCE IGNORANCE

your account balance regularly, and by tracking your expenses with a checkbook register or with a budgeting app. HOLD ON When you make certain purchases like paying for gas at the pump, a hold can be placed on your debit card. This means that a larger portion of

your available debit balance is "frozen" until the transaction goes through. If you're already close to overdrawing your account, a hold can trigger a negative account balance without your realizing it.

Even if you're hyper-vigilant about your account balances and expenses, the time and order in which



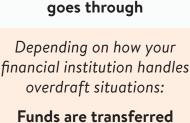
transactions are processed can sometimes wreak

PROCESSING LIMITATIONS

havoc on your account balance. Be aware of your financial institution's holding periods so that you don't end up spending money you don't have. OVERDRAFT PROTECTION VS. OPTING OUT

Let's say that you're buying a brand-new gadget at the store. Your last paycheck hasn't cleared, so you're unaware that your current available balance is only \$150. The gadget

costs \$160. You pull out your debit card and... DEBIT



from your savings account

to cover the transaction

OR Your account then

OVERDRAFT

PROTECTION

The transaction

becomes overdrawn, resulting in a negative balance

You avoid the inconvenient situation of having your card declined CONSIDER

BENEFIT

an NSF (non-sufficient funds) fee for having a negative balance

You may be charged

a recurring fee until your balance is positive

If you frequently overdraw your account, you may be able to pay a monthly fee to reduce

You may also be charged

your total fee costs

not go through BENEFIT You avoid a negative balance and any potential

NSF (non-sufficient

funds) fees that go

WITHOUT

OVERDRAFT PROTECTION

Your card gets declined

and the transaction does

along with it **CONSIDER** Having your card declined

can be inconvenient and embarrassing

In emergency situations,

it can be extremely

troubling

DID YOU

KNOW?

According to Regulation E,

consumers have the ability to opt out of overdraft

protection for any

You may be charged an overdraft fee

debit card or ATM transaction

HOW TO STAY AHEAD OF THE FEES Set up alerts

you of your balance. You can receive a daily text message or email with your balance. In addition, you can usually set up an alert for a specific account balance. For example, you may want to receive a text message when your account balance reaches \$200, so that you receive sufficient notice to add more funds or curtail your spending.

CREDIT

Most financial institutions will allow you to set up alerts that will inform

Find a better way to borrow Sometimes, you just need to borrow money until the next paycheck arrives.

Although the best advice is to build an emergency fund so that you are not dependent upon borrowing, this isn't always possible. In order to protect yourself from the high costs of short-term borrowing, consider taking out a credit card with a low interest rate for emergencies. Credit unions usually charge the lowest interest rates on credit cards. These products will not offer rewards, but they tend to offer lower interest rates that can be useful if you need a short-term loan. Keep in mind that having a credit card does not give you a license to spend money you do not have—it should be used in an emergency situation for items that you

Balance your checkbook Balancing your checkbook gives you power-the power of knowing exactly

need, not items that you want and cannot afford.

how much money is available to you. Whether you use a checkbook register, a spreadsheet on your computer or an app on your mobile device, balancing your checkbook is a good habit to form.



