### TO ORDER

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emotional bliss



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### WELCOME TO EMOTIONAL BLISS

Our goal is to bring you bigger, better and more emotional orgasms.

Many women who use traditional vibrators say they are dissatisfied with the quality and strength of their orgasms. Even for women who do not normally use vibrators, we know that an orgasm is not always a 'given' and that sometimes, for a variety of reasons, it is difficult to achieve orgasm. We have responded to this need with our new generation of intimate massagers by reinventing their function, shape and texture to tease a more powerful climax. Replicating a phallus is no longer recognised as the optimum shape to reach intense orgasms, neither are over-designed, expensive products that often don't work.

Working with sex therapist Julia Cole, Relate and the BASRT (The British Association for Sexual and Relationship Therapy), we set out to conceive a range of intimate massagers that do more than simply look good. And our customers tell us we have succeeded because we have created products that focus on women's key physical needs such as stimulating the external nerve endings around the clitoris and vaginal lips rather than internally where most people believe arousal originates.

The first step towards a fulfilling sex life is knowledge. For this reason we have provided the Sexologist Section of the website to help people understand how and why our bodies work, both sexually and physically. With more knowledge and a greater understanding of your body you will achieve heightened sexual fulfillment, something we all deserve ...

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### JULIA COLE

Julia Cole is a qualified couples counsellor, psychosexual therapist, counselling and therapy supervisor.

Julia says:

'During my work over the past twenty two years I became aware that so many women wanted a vibrator that they could feel comfortable with. They didn't want penile shapes or vibrators that came from the back of a magazine or a sexshop. They wanted a vibrator that stimulated the clitoris and the all-important 'orgasmic platform' (the two inches/50 mm) at the entrance of the vagina. They also asked for a vibrator that actually worked – that gave them the right vibration to achieve orgasm.

As there was nothing on the market that fulfilled this, I have worked with Emotional Bliss to design and manufacture a superb range of intimate massagers that provide the correct stimulation that is needed to achieve multiple orgasms. You can also feel confident that the Emotional Bliss website is friendly and informative without being offensive or intimidating. Emotional Bliss intimate massagers are a brand new way for women to choose and buy their first intimate massager that lives up to its promise – and gives superior sexual satisfaction.



### SETTING THE SCENE

Congratulations on selecting your EB Intimate Massager.
You are about to enter a world of increased sexual stimulation and arousal.

Creating a relaxed, sensuous environment to enjoy your EB massager is important, whether you intend to use it alone or with a partner.

Try the following suggestions to create the right mood and get the most out of your intimate massager.

- Start by setting the scene in the room you wish to use. Soft lighting or candles will create a warm and relaxed atmosphere. You may also like to use an aromatherapy oil burner to perfume the room with a seductive scent.
- Choose musky aromas to arouse your sexual senses.
  Play some music to create the right mood. You could choose a romantic song to put you in the right frame of mind, or a track with a strong bass beat that will match

your growing sexual excitement.

- Think about where you are going to use your massager.
   If you are seated on a chair, sofa or bed, cover it with a slippery satin or a crisp cotton sheet, a soft blanket or a duvet. Different kinds of fabric will give different skin sensations soft and gentle or sensuous and caressing that can add to your arousal.
- Once you have arranged the ideal venue, concentrate on yourself. Bathing or showering beforehand can help your skin to feel smooth and sexy, especially if you use a light bath or shower oil.
- Spend time caressing and stroking your body all over before you start. If you want your intimate massager to warm up, switch it on to the maximum setting for a few minutes ahead of use (excluding the Isis or Chandra as they are both fixed speeds).







The Isis looks and works like a finger, except the vibrations it creates are a big improvement on nature. It's small and discreet and set at a vibration of 80Hz - the speed proven most likely to stimulate orgasms in women. Use the Isis to tease your clitoris or vaginal lips directly. You Little Wonder!

Slip it on and this little wonder becomes an extension of your finger. It is practically silent and is fully rechargeable so it can run for 2-3 hours – plenty of time to reach that ultimate orgasm (or more than one).

We've included three different-sized finger bands so you can find the right size for you and your partner.

CHANDRA

The Chandra acts like a vibrating finger that you can use to stimulate your clitoris or vaginal lips directly. It's slightly bigger than its little sister Isis but it is still very discrete. With a powerful vibrating speed of 110 Hz the Chandra gives a more intense vibration for women who are looking for that little bit extra. Slip it on and the Chandra becomes an extension of your finger.

We've included three different-sized finger bands, so you can find the right size for you and your partner, and it's fully rechargeable so it can run for 45-60 minutes.

BOTH PERFECT FOR YOU... AND HIM!

### OPERATING ISIS AND CHANDRA

The Isis or Chandra should not be submerged in water.

#### TURN ON -OFF

To vibrate press the (1) button once

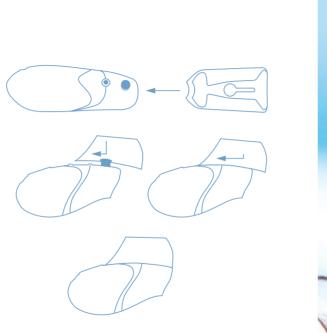
To switch off press the (1) button once

#### FINGER CLIP

There are 3 finger clips supplied, choose the correct size, and slide the clip as shown. **Do not** twist the finger clip as this will damage the mushroom shaped nipple.

#### CHARGING

- Plug the charger unit into a mains wall socket then connect the small plug into the top of the Isis or Chandra (the clip does not have to be removed).
- The Isis or Chandra should not be used when connected to the charger. This will reduce the operating life of the motor.
- 3. The Isis and Chandra will illuminate when connected, this signifies the charging has begun. Place on charge for 12 hours.
- 4. For the best results always recharge after use.
- 5. The Isis or Chandra left uncharged for long periods of time may cause damage to the battery.
- 6. Only use the Emotional Bliss charger supplied.







# FEMBLOSSOM

Offers unique vibrating sensations and requires little movement to operate.

If you're looking for more than just clitoral stimulation, the Femblossom will reach those other sensitive places that deserve arousal too.

The Femblossom's unique, curved design simultaneously caresses the clitoris and the ultra-sensitive lips of the vagina resulting in stronger orgasms. Choose between the different speed settings to find the vibration that suits your mood then use the Femblossom to stroke gently for the optimum sensation.

As the Temperature Rises ... While the 'single click' function makes for easier, quieter operation and the variable speed vibration improves arousal, the integral heat function helps to tease and excite your body ...and You're Soon Red-Hot ...

A TIP! ......Switch On, select the maximum setting and

leave for 10 – 15 minutes before use.

DO NOT cover with a blanket or pillow as this will result in overheating damaging your intimate massager.





# WOMOLIA

The ultimate massager.

The angled tip of Womolia is perfect for directly stimulating the clitoris but it also reaches the ultra sensitive 'orgasmic platform', the first two inches at the entrance of the vagina. Once you're fully aroused, pushing the tip into your vagina will help you enjoy an intense orgasm.

Choose between the different speed settings to find the level of vibration that suits your mood then lie back and treat yourself to a clitoral orgasm – and find out what you have been missing all these years.

As the Temperature Rises ... While the 'single click' function makes for easier, quieter operation and the variable speed vibration improves arousal, the integral heat function helps to tease and excite your body ...and You're Soon Red-Hot ...

A TIP! ......Switch On, select the maximum setting and leave for 10 - 15 minutes before use.

DO NOT cover with a blanket or pillow as this will result in overheating damaging your intimate massager.



### OPERATING FEMBLOSSOM AND WOMOLIA



### MODE (I) BUTTON

**To start** your EB intimate massager, gently press once [single click] the Mode button and the LED will

**To stop**, repeat the same process, [single click].

If your EB intimate massager is started whilst the battery is low then the LED will flash 3 times and will not start. Please place on charge for 12 hours.



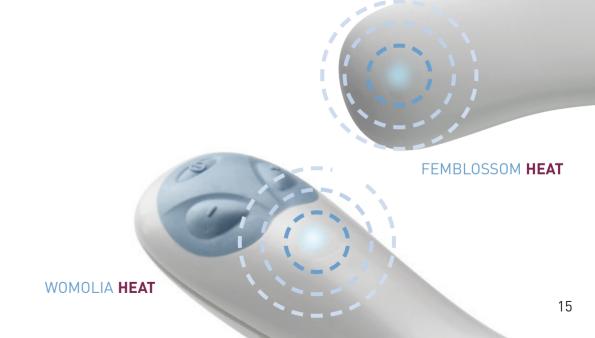
There are two buttons — and \_\_\_\_\_, these allow you to change the vibrations to suit your mood. \_\_\_\_\_\_ will select the following programmed setting and \_\_\_\_\_\_ will decrease the setting. The LED will blink once to indicate a change in vibration. There are 3 individual setting on each of the 3

**Reset Function:** To reset your Intimate Massager insert the adaptor plug as you would normally during charging, check the blue EB Logo is illuminated then remove the adaptor plug. Your Intimate Massager is now reset.

### LED FUNCTIONS

For Femblossom and Womolia

LED State	Comments
on	the massager is switched on
off	the massager is switched off
blink twice	(+) selecting the setting
slow flashing	low battery warning
fast flashing	the massager is about to switch off
	Charging Mode
slow phasing	the unit is on a 12 hour charging cycle
constant	fully charged



### MASSAGE MODES

Note: The intensity of the vibration and heat may vary +/-10% due to the battery or the motor.



DESCRIPTION

HEAT

### LUBRICANT

Emotional Bliss Water Based and Silicon Based lubricants are both extra concentrated making it longer lasting designed to enhance your Emotional Bliss experience:

- Provides long-lasting lubrication
- Non-greasy and odourless
- Tasteless
- Water soluble
- Condom Safe



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### USING YOUR IMTIMATE MASSAGER

Different things work for different women, so these are only suggestions on how to use your massager









Take time and have fun finding out what works for you, just be patient, relax and enjoy!

- Try wearing silky pants or a thong and run your massager over your vagina and clitoris.
- When you begin to feel aroused, take off your underwear and squeeze a little EB Lubricant on your vaginal lips and clitoris. Use a circling motion over the whole area, but pay particular attention around your clitoris.
- Now try a circling movement around your vaginal lips and up and around your clitoris and back down again to your vaginal lips. As you become more excited, apply a little more pressure and speed to heighten the sensations
- Slide your massager backwards and forwards over you vaginal lips and clitoris. Then try gently circling the clitoris for more intense stimulation
- As you become more aroused, place the head of your massager directly on your clitoris and alternate pressing and releasing your hold – play around with the vibration settings to find the perfect vibration.
- Once you feel highly aroused, circle the clitoris repeatedly with your massager. When you feel close to orgasm, press your massager on and around the clitoris.

#### FEMBLOSSOM TIP

Find one of the different vibration settings that you feel comfortable with and place the Femblossom so that the curve with the bumpy surface is next to your clitoris. The vibration control buttons will be facing away from your body, so you can easily change speed without having to stop what you're doing.

Slide your massager backwards and forwards over you vaginal lips and clitoris. Then try gently circling the clitoris for a more intense stimulation

As you reach orgasm, press your massager tightly against the whole vulval area to reach an intense climax.

#### WOMOLIA TIP

When you feel ready, try inserting the tip of your massager to a maximum of 50mm. A gentle rocking motion as you push the tip into your vagina will boost the pleasurable sensations



# USING YOUR INTIMATE MASSAGER

vibrations

WITH YOUR PARTNER

Let your imagination be your guide.

Emotional Bliss massagers are designed.

Emotional Bliss massagers are designed for women, but your partner can join in the action too. Incorporating your massager into your foreplay and lovemaking can be a lot of fun for both of you.

Don't just concentrate on the obvious areas – experiment using your massager on some other highly sensitive erogenous zones, try stroking each other's nipples with the vibrator. Areas like the inside of the elbow, the back of the knee and the nape of the neck are also highly charged with sensitive nerve endings that respond well to the vibrations.

During penetrative sex, if the woman holds her massager against her clitoris while her male partner enters her vagina from the front or behind you will both feel the

Most men enjoy the vibration sensation on their testicles. Using a little EB Lubricant, stroke the underneath of the scrotum for added stimulation during oral sex. Or you could try very gently caressing the head of the penis with the massager.

Many men also enjoy having the area around the buttocks and anus stimulated. (Always clean your intimate massager after any kind of anal contact, as infections can easily spread from the anus to the vagina or mouth).

THE POSSIBILITIES ARE ENDLESS. HAVE FUN EXPLORING!



### THE FOUR PHASES OF FEMALE SEXUAL RESPONSE

#### PHASE 01

#### Arousal

Touching, caressing and stroking causes the vaginal lips and clitoris to begin to enlarge as the blood flow into them increases. The vagina then begins to extend and widen.

Time: 1-5 minutes

PHASE 02 - Time: 5 - 10minutes

#### Increased excitement

Further caressing, especially oral sex, cause the clitoris to become fully erect. The vagina begins to produce moisture (lubrication) from specially adapted glands along its walls. The vaginal lips and clitoris then begin to deepen in colour. Internally, the cervix and womb begin to rise inside the

#### PHASE 03

#### Plateau

Continuing arousal causes this phase of extreme sexual excitement. The clitoris slips back under its hood of skin and the woman may feel the first waves of muscle spasm, which signals the closeness of her orgasm. Her cervix and womb are lifted high inside the abdominal cavity. She will have a greater degree of lubrication. The top of the vagina balloons out, forming a receptive pool for any possible semen to arrive.

### Time: 10-15 minutes

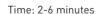
Time: 5-10 minutes

#### PHASE 04

#### Orgasm

The vaginal walls, cervix, the uterus and anal and urethral sphincters contract rhythmically. This is experienced as incredibly pleasurable. Orgasm in women usually lasts between 20 seconds to a minute. Women are capable of multiple orgasms and can be stimulated to orgasm several times in one love making session, although not every woman needs this kind of stimulation.

After orgasm, the womb and cervix return to their usual positions, the clitoris becomes soft again and the blood flow to the vagina and lips returns to its non-aroused state.





### ONE FOR THE BOYS

At Emotional Bliss we recognise that vibrators can heighten men's sensations and sexual fulfillment as well as their partner's.

Whether you're on your own or having fun with your partner, Emotional Bliss has come up with some techniques that should definitely spice things up for you. And remember, don't forget the lubricant, as the slipperier things are, the more enhanced your pleasure...

#### TECHNIQUES TO TRY

Explore your body: When you feel aroused you can choose to bring yourself to orgasm fast and hard as a quickie is sometimes all we need to remove that pent up frustration. However the solo experience can become more sensationally satisfying if we sometimes pay more attention to the rest of our bodies. This could include stroking the inner arms and thighs, the back of the neck and your nipples which are just as sensitive in men as they are in women. Then lead down and gently tease your scrotum, perineum and eventually your anus. When you no longer have the patience to carry on then move to give direct stimulation to your penis.

Vary your grip: When masturbating try varying your grip on your penis as this can create new sensations and may even feel as if someone else is doing it for you.....make your hand tight and then relaxed, use both hands or even reverse your grip. Even just change hands and don't forget to vary the speed from fast to a breathtaking slow.

#### DIFFERENT POSITION FOR ONE

The Forehand: This is the one that most men do – the 'missionary' of solo sex. Wrap your fingers around the shaft of your penis so your thumb is at the head. As you glide your hand up and down the shaft of the penis your thumb will give direct stimulation to the coronial ridge (the underside of your penis where your foreskin is or in circumcised men where it was attached) – your most sensitive spot!

**The Backhand:** Just trying the Forehand but in the opposite direction. Instead of having your thumb at the head of your penis it will now be at the bottom of the shaft with your fingers giving you some sizzling sensations to your head. If you masturbate normally using your right hand why not swap to your left to give you a different feeling altogether?

**An Extra hand:** An old wives tale but completely true....try sitting on your hand until it goes completely numb. Then begin to masturbate and you will feel as if someone else is doing it for you.

Pelvic Thrusts: Hold your penis with one hand at the bottom and then make a fist in the air above with the other hand. Then thrust your penis into the fist by lifting your pelvis up and down in a rhythmic motion. Emotional Bliss recommends using plenty of lubrication in order to enhance the sensations as this will feel as though you have your own vagina to play with.

Double Fists: Make a fist with both of your hands and place them on top of each other in the air just above your penis. Make sure that you have applied plenty of lubricant and then slide your fists back and forth over your penis. Vary the speed to give your self a different sensation or even keep tightening your grip to give a more intense feeling.

**Twisting:** This is a mixture of doing the Forehand grip and the Backhand. Start at the base of your penis with a forehand grip and then firmly glide to the head of your penis where you will change your hand to a backhand grip to go forward so your fingers will go down first to the base of your penis. Then repeat the process by backing your hand up in reverse.

Take a Break: Why not masturbate until you are close to your climax and then just stop. While you begin to lose your erection start to masturbate again and then repeat the process over and over again until you can no longer hold your orgasm. This takes will power but it will help intensify your orgasm as well as help you if you suffer from premature ejaculation.

Other Areas: Don't forget to stimulate the other sensitive areas of your body while you masturbate. Why not try gently cupping your scrotum and giving it a gentle tug, or try stroking and massaging the area between your scrotum and anus while you give direct stimulation to your penis. The anus has a high concentration of nerve endings that when stimulated can give an increase in your sexual pleasure and arousal. Lubricate the area well and massage with your finger slowly pushing it in and out. Along the first two inches of the front wall of your anus is your prostate gland which is also known to be the male q-spot. Some men can orgasm through direct stimulation of this alone, however others agree that it can heighten any sensations that your may have. When you are fully aroused and close to orgasm gently

push your finger inside your anus where you will feel a soft fleshy lump, gently press and massage against this whilst you rub your penis. This will give you a more intense feeling as if you are being masturbated internally and it could also give you a stronger orgasm.

Boys Toys: It has to be known that toys are not just for girls, but they are also an enhancement for men too. The vibrations that they cause can feel intimately 'buzzing' when they are gently run up and down the shaft of your penis. They can also give a sizzling sensation when they are run over your scrotum and perineum but also a more intense experience when they're used to tickle your anus; however during anal play you should make sure that the vibrator you are using has a flared base. Try holding one between your hands as you run it up and down your penis whilst you masturbate using plenty of lubrication so the friction doesn't become too much. Emotional Bliss' silicone lubricant is recommended for this as it is non-sticky and non-abrasive to plastics.

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### ADAPTOR

#### Charging:

Plug the EB Adaptor into a mains wall socket, and then connect the small plug into the back of your EB Intimate Massager. Whilst charging the LED will phase "On and then Off" slowly, after 12 hours the LED will stop phasing "On and Off" and will remain "On" to indicate a full charge.

If left connected to the adaptor for more than 12 hours no damage will be caused, the batteries will simply be kept topped-up. If only part charged, the massager will work for a shorter period of time

#### Technical Specification for the charger:

Input Voltage: 100V-240V AC 50 / 60Hz

Output Voltage: 9V DC

### CLEANING

Simply use a mild soap to clean your EB Intimate
Massager before and after each use. Don't submerge
your massager completely in water - just rinse under a
tap, avoiding the charger socket. Avoid using cleansing
wipes, as this could affect the medical-grade plastic over
time and don't clean your massager while it is plugged
into the mains or switched on.

## STORAGE

Your Emotional Bliss massager is supplied with a specially designed storage box to accommodate all the

# ANTIBACTERIAL AGENTS

All Emotional Bliss Massagers have an antibacterial agent incorporated into the manufacturing process of the soft plastic. The antibacterial system incorporates some of the latest technology used in medical research to provide long-term protection.

When in contact with moisture, the outer layer of the chemical matrix in the plastic slowly dissolves, releasing silver ions to the surface. As one layer is hydrolysed releasing silver ions, another layer is exposed, which in turn is hydrolysed and so on. A simple analogy is peeling an onion – as you remove one layer, a new one below is revealed. The silver ions are the biologically active component and are 99.9% or even 99.999% effective against a wide range of micro-organisms.

### EB QUALITY GUARANTEE

#### EB QUALITY GUARANTEE

Marital aids and adult toys have been sold around the world for many years, yet there is no recognised safety standard set out for this type of product.

Emotional Bliss hopes to blaze a trail for greater testing and quality in the market. We have invested in high-quality components with high medical standards to produce the first intimate massagers on the global market that achieve full product liability.

We at Emotional Bliss are proud to be pioneers and to set standards globally with our attention to the function, design and materials used in our products.



emotional bliss

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