SOCIAL INTERNSHIP DOMAINS

1. **Health and Hygiene**

2. **Village Infrastructure**

3. **Water Conservation**

4. **Energy Utilization and Efficiency**

5. **Community Actions**

6. **Agriculture**

7. **Water and Sanitation**

8. **Waste Management**

9. **Digital Literacy & ICT for Rural Development**

10. **Women Empowerment & Gender Equality**

11. **Renewable Energy & Sustainability**

12. **Nutrition & Food Security**

13. **Disaster Preparedness & Community Resilience**

14. **Cultural Heritage and Community Narratives**

15. **Green Innovations & Tree Plantation**

16. **Livelihood and Entrepreneurship**

17. **Rural/Urban Education**

18. **Sports and Wellness Engagement**

19. **Skill Identification and Development**

20. **Mental Health & Well-Being**

Domain 1: Health and Hygiene

Mapped SDG Goals:

- **SDG 3:** Good Health and Well-being

- **SDG 6:** Clean Water and Sanitation

- **SDG 4:** Quality Education (health education)

Domain 1: Health and Hygiene

Key Objectives:

- Promote awareness about personal and community hygiene.

- Understand grassroots challenges in public health and sanitation.

- Educate communities about preventive healthcare and wellness practices.

Activities:

1. Organize free health check-up camps in collaboration with local PHCs.

2. Conduct hygiene awareness sessions, including handwashing demonstrations.

3. Distribute hygiene kits: soaps, sanitary pads, ORS, etc.

4. Educate on menstrual hygiene through group discussions.

5. Train school children on hygiene practices through games and storytelling.

6. Coordinate village cleanliness drives with youth participation.

7. Promote use of clean drinking water through awareness posters.

8. Visit local Anganwadis and observe healthcare practices for mothers and children.

9. Facilitate yoga and meditation sessions for physical and mental wellness.

10. Prepare case studies on local health issues based on observations and surveys.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation with community and mapping of health facilities.
Day 2	Conduct household-level hygiene survey & data collection.
Day 3	Handwashing and sanitation demo at school. Menstrual hygiene awareness session with adolescent girls.
Day 4	Community cleanliness drive and street play.
Day 5	Water purification awareness – demo and posters.
Day 6	Mental health awareness and yoga session.
Day 7	Draft case study and conduct focused group discussion.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your household have access to a clean drinking water source? (Yes/No)

2. Do you wash your hands with soap before eating and after using the toilet? (Yes/No)

3. Do women in the household use sanitary pads or hygienic alternatives? (Yes/No)

4. Does your family use a toilet, or do any members practice open defecation? (Yes/No)

5. Have all members received basic health check-ups in the past year? (Yes/No)

6. Do you treat water before drinking (boiling, filtering)? (Yes/No)

7. Is there a soap or handwash available in the house at all times? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there a functioning health center or PHC within 5 km of the village? (Yes/No)

2. Are regular health awareness camps conducted in your village? (Yes/No)

3. Are there public toilets available and maintained in the village? (Yes/No)

4. Does the village have a drainage system for waste water? (Yes/No)

5. Are drinking water sources tested periodically for safety? (Yes/No)

6. Is there a system for collecting and disposing solid waste? (Yes/No)

7. Are hygiene and sanitation topics taught in local schools? (Yes/No)

Domain 2: Village Infrastructure

Mapped SDG Goals:

- **SDG 9:** Industry, Innovation, and Infrastructure
- **SDG 11:** Sustainable Cities and Communities
- **SDG 6:** Clean Water and Sanitation

Domain 2: Village Infrastructure

Key Objectives:

- Assess the quality and availability of basic infrastructure in the village.

- Identify gaps in roads, housing, drainage, electricity, and public utilities.

- Collaborate with local bodies to suggest and document improvements.

Activities:

1. Conduct a survey of existing roads, water supply, street lighting, and housing.

2. Identify poorly maintained infrastructure (broken roads, blocked drains, etc.).

3. Document GPS-based maps of key village infrastructure.

4. Visit Panchayat office to understand public works budgeting and planning.

5. Interview locals on problems faced due to lack of infrastructure.

6. Facilitate a discussion with youth and elders on ideal village design.

7. Create awareness posters about government schemes (e.g., PM Awas Yojana).

8. Assist in creating infrastructure need assessments or proposals.

9. Facilitate interactive presentations on smart, sustainable infrastructure.

10. Document and submit a visual report or presentation of findings.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introductory village walk and infrastructure mapping. Survey of roads, drainage, and electricity facilities.
Day 2	Household-level survey on housing, sanitation, and water supply.
Day 3	Community interaction on challenges in infrastructure.
Day 4	Meetings with Panchayat for public works data.
Day 5	Youth-led community mapping of common spaces and needs.
Day 6	Presentation of findings to local leadership.
Day 7	Wrap-up: student reflections, report writing, and feedback.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your house have access to electricity? (Yes/No)

2. Is there a water tap or borewell nearby your house? (Yes/No)

3. Does your house have a toilet facility? (Yes/No)

4. Is the road to your house paved or all-weather accessible? (Yes/No)

5. Is your house connected to a drainage or waste water outlet? (Yes/No)

6. Have you faced any flooding or waterlogging recently? (Yes/No)

7. Are you aware of any government schemes for house construction? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Are the main roads in your village in usable condition? (Yes/No)

2. Is there street lighting in public areas at night? (Yes/No)

3. Is there a functioning public toilet facility in the village? (Yes/No)

4. Does the village have a regular water supply system? (Yes/No)

5. Are there any ongoing construction or development projects? (Yes/No)

6. Is there a space for community gatherings or Gram Sabha meetings? (Yes/No)

7. Is there a drainage system to manage storm or waste water? (Yes/No)

Domain 3: Water Conservation

Mapped SDG Goals:

- **SDG 6:** Clean Water and Sanitation
- **SDG 13:** Climate Action
- **SDG 15:** Life on Land

Domain 3: Water Conservation

Key Objectives:

- Raise awareness on the importance of conserving water resources.

- Understand traditional and modern water harvesting methods.

- Engage communities in assessing water usage and wastage.

- Encourage implementation of simple, low-cost water-saving solutions.

Activities:

1. Survey water sources like wells, handpumps, ponds, tanks, and taps.

2. Conduct awareness sessions on water conservation and waterborne diseases.

3. Organize Jal Shramdaan (voluntary labor for cleaning ponds or tanks).

4. Promote rainwater harvesting methods (install mini models).

5. Track daily household water consumption and identify wastage points.

6. Display posters on "Save Water at Home" tips in schools and Panchayat areas.

7. Collaborate with schoolchildren for water pledge campaigns.

8. Conduct field visits to farms using drip or sprinkler irrigation.

9. Organize village-level quiz or competitions on water wisdom.

10. Prepare a village water resource map and highlight at-risk areas.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction and village mapping of water bodies. Survey of household water use and wastage.
Day 2	Awareness session on clean water and hygiene.
Day 3	Visit to nearby traditional water conservation structures.
Day 4	Poster-making and slogan campaign with schoolchildren.
Day 5	Jal Shramdaan – cleaning or restoring a local water body.
Day 6	Rainwater harvesting models and demonstrations.
Day 7	Water pledge activity with households.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your house receive regular water supply for daily needs? (Yes/No)

2. Do you store rainwater for household use? (Yes/No)

3. Are there any leaks or overflow points in your water system? (Yes/No)

4. Do you treat or filter drinking water? (Yes/No)

5. Have you been educated about water conservation practices? (Yes/No)

6. Is wastewater reused in your home (e.g., for gardening)? (Yes/No)

7. Are you aware of the amount of water your household uses daily? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Are traditional water bodies (ponds, wells) in use and maintained? (Yes/No)

2. Has the village faced water shortage in the past year? (Yes/No)

3. Are there any rainwater harvesting structures in public areas? (Yes/No)

4. Is there a village-level committee for water management? (Yes/No)

5. Has the village received any government support for water projects? (Yes/No)

6. Are drip or sprinkler irrigation techniques used by farmers? (Yes/No)

7. Is awareness about water conservation promoted in schools or Panchayat? (Yes/No)

Domain 4: Energy Utilization and Efficiency

Mapped SDG Goals:

- **SDG 7:** Affordable and Clean Energy
- **SDG 12:** Responsible Consumption and Production
- **SDG 13:** Climate Action

Domain 4: Energy Utilization and Efficiency

Key Objectives:

- Promote awareness on the importance of energy conservation and efficiency.

- Assess the usage of conventional and renewable energy sources in rural settings.

- Encourage adoption of sustainable energy practices at household and community levels.

Activities:

1. Conduct household surveys on energy consumption and sources.

2. Create awareness on electricity-saving practices and energy bills.

3. Promote the use of energy-efficient devices (e.g., LED bulbs, solar cookers).

4. Organize street plays or poster campaigns on renewable energy.

5. Visit homes using solar panels or biogas units and document success stories.

6. Collaborate with local electricians or technicians to conduct demos on energy saving.

7. Educate schoolchildren on the importance of switching off unused appliances.

8. Identify areas with low electrification and suggest alternatives like solar lights.

9. Support local institutions (schools, Anganwadis) to adopt sustainable energy.

10. Develop community-based ideas for decentralized renewable energy use.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation and energy use mapping in village. Household survey on electricity, fuel, and energy use.
Day 2	Awareness session on energy-saving tips and benefits.
Day 3	Poster making and display on energy conservation.
Day 4	Interact with local electricians or energy workers.
Day 5	Engage schoolchildren in "Energy Champions" activities.
Day 6	Propose a mini solar project or light efficiency campaign.
Day 7	Present findings and suggestions to Panchayat.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your household have a regular electricity connection? (Yes/No)

2. Do you use LED bulbs or energy-efficient lights? (Yes/No)

3. Are you aware of the monthly electricity consumption of your household? (Yes/No)

4. Do you turn off lights and appliances when not in use? (Yes/No)

5. Do you use any form of renewable energy (solar, biogas)? (Yes/No)

6. Is cooking done using LPG or clean energy sources? (Yes/No)

7. Are energy-saving tips discussed or promoted in your family? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Does the village have 100% household electrification? (Yes/No)

2. Are street lights operational throughout the village? (Yes/No)

3. Are there any solar street lights or solar-powered buildings in the village? (Yes/No)

4. Are renewable energy sources discussed in Gram Sabha or community forums? (Yes/No)

5. Are any institutions (schools, clinics) using solar power or efficient appliances? (Yes/No)

6. Are villagers aware of government schemes for renewable energy? (Yes/No)

7. Are there any local entrepreneurs offering solar or energy-saving products? (Yes/No)

Domain 5: Community Actions

Mapped SDG Goals:

- **SDG 11:** Sustainable Cities and Communities
- **SDG 16:** Peace, Justice and Strong Institutions
- **SDG 17:** Partnerships for the Goals

Domain 5: Community Actions

Key Objectives:

- Foster active community participation for local development.

- Strengthen collective problem-solving through volunteerism and civic engagement.

- Involve students in real-time social issues and empower grassroots leadership.

Activities:

1. Identify pressing local issues through Gram Sabha discussions or interviews.

2. Assist in organizing community meetings, clean-up drives, or awareness rallies.

3. Work with local self-help groups (SHGs) or youth clubs for social causes.

4. Create posters and flyers for campaigns on waste segregation, anti-drug use, etc.

5. Conduct story-sharing circles to listen to community experiences and needs.

6. Facilitate intergenerational dialogue between youth and elders.

7. Collaborate with Panchayat for executing a small civic improvement task.

8. Promote leadership among youth through idea generation and action plans.

9. Organize a "Community Appreciation Day" to celebrate local efforts.

10. Develop a community action report and share it during a village meeting.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to the village and interaction with leaders.
Day 2	Identification of local problems through discussions.
Day 3	Household visits and survey to validate issues.
Day 4	Planning a community-led action or awareness campaign.
Day 5	Execution of community task (e.g., clean-up, awareness).
Day 6	Mid-point reflection and feedback session with community.
Day 7	Involvement of youth in ideation and solution-building.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you attend community meetings or Gram Sabha regularly? (Yes/No)

2. Have you volunteered for any village improvement activity? (Yes/No)

3. Do you believe local issues can be solved through community efforts? (Yes/No)

4. Are you aware of any SHG, youth club, or social group in the village? (Yes/No)

5. Have you ever reported a problem to the Panchayat or community leader? (Yes/No)

6. Do you receive information about local initiatives or meetings? (Yes/No)

7. Would you be willing to participate in future community actions? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Are Gram Sabha meetings conducted regularly and openly? (Yes/No)

2. Is there active participation from youth and women in village development? (Yes/No)

3. Are there any community service groups or SHGs functioning effectively? (Yes/No)

4. Does the community organize any social or development campaigns annually? (Yes/No)

5. Are there systems for reporting and addressing local grievances? (Yes/No)

6. Has the village initiated any citizen-led projects recently? (Yes/No)

7. Are public resources (e.g., playgrounds, halls) used for social engagement? (Yes/No

Domain 6: Agriculture

Mapped SDG Goals:

- **SDG 2:** Zero Hunger
- **SDG 12:** Responsible Consumption and Production
- **SDG 13:** Climate Action
- **SDG 15:** Life on Land

Domain 6: Agriculture

Key Objectives:

- Understand local agricultural practices, cropping patterns, and challenges.

- Promote sustainable farming techniques and climate-resilient practices.

- Connect farmers with information on government schemes and innovations.

Activities:

1. Interact with farmers to understand cropping cycles, irrigation, and soil practices.

2. Create awareness on organic farming, mixed cropping, and natural pesticides.

3. Demonstrate composting and kitchen-waste reuse for home gardens.

4. Assist in mapping farmland and water resources using mobile apps or charts.

5. Collect data on crop yields, pest issues, and climate effects.

6. Organize a workshop on government schemes for farmers (PM-KISAN, soil card, etc.).

7. Document best farming practices from experienced farmers.

8. Prepare farm-level reports on challenges and local solutions.

9. Promote use of indigenous seeds and biodiversity conservation.

10. Conduct farmer-youth dialogue on sustainable agriculture.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to local agricultural landscape and mapping.
Day 2	Farm visits and interaction with small and marginal farmers.
Day 3	Household survey on agricultural practices.
Day 4	Organic and sustainable farming awareness sessions.
Day 5	Soil health and composting demo.
Day 6	Workshop on government schemes and farmer entitlements.
Day 7	Youth-farmer roundtable for knowledge sharing.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your family own or lease farmland? (Yes/No)

2. Do you use chemical fertilizers or pesticides regularly? (Yes/No)

3. Are you aware of organic or natural farming techniques? (Yes/No)

4. Do you practice crop rotation or mixed cropping? (Yes/No)

5. Have you received any training or extension services from agriculture officers? (Yes/No)

6. Have you applied for any government farming scheme (PM-KISAN, etc.)? (Yes/No)

7. Do you have irrigation facilities for your land? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is agriculture the primary occupation for most families in the village? (Yes/No)

2. Are there any common irrigation resources like canals or tanks? (Yes/No)

3. Is there a Krishi Vigyan Kendra or agricultural extension office nearby? (Yes/No)

4. Are government agricultural schemes widely known in the village? (Yes/No)

5. Do farmers in the village face major pest or crop failure issues? (Yes/No)

6. Are there any local groups promoting organic or sustainable farming? (Yes/No)

7. Are local markets easily accessible to farmers for selling produce? (Yes/No)

Domain 7: Water and Sanitation

Mapped SDG Goals:

- **SDG 6:** Clean Water and Sanitation
- **SDG 3:** Good Health and Well-being
- **SDG 13:** Climate Action
- **SDG 11:** Sustainable Cities and Communities

Domain 7: Water and Sanitation

Key Objectives:

- Understand the status of water access, quality, and sanitation infrastructure.

- Promote water conservation and safe sanitation practices at the household and community levels.

- Support behavioral change through awareness and clean village initiatives.

Activities:

1. Conduct surveys to map water sources and sanitation facilities in the village.

2. Support water testing and awareness on safe drinking practices.

3. Organize rallies or street plays on "Save Water, Safe Water".

4. Promote construction and use of household toilets (Swachh Bharat focus).

5. Demonstrate water-saving techniques (e.g., rainwater harvesting models).

6. Collaborate with the Panchayat for community cleanliness drives.

7. Educate children and families about the linkage between hygiene and health.

8. Encourage separation of wastewater and clean water channels.

9. Document the functionality of community toilets and drainage systems.

10. Create and distribute info-leaflets or posters on waterborne disease prevention.

Sample 10-Day Schedule:

Day	Activity
Day 1	Village orientation and water/sanitation mapping.
Day 2	Household surveys on water access and toilet usage.
Day 3	Awareness drive on clean water practices and health.
Day 4	Cleanliness campaign near water bodies or public toilets.
Day 5	Rainwater harvesting or water-saving model creation. Demonstration on safe storage and treatment of water.
Day 6	School-based activities: quiz, drawing on sanitation.
Day 7	Community rally on "No Open Defecation".
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you have access to safe drinking water at home? (Yes/No)

2. Is drinking water stored in a covered container? (Yes/No)

3. Do you treat water before drinking (boil/filter)? (Yes/No)

4. Does your household have a toilet that is in use? (Yes/No)

5. Do you wash hands with soap after using the toilet? (Yes/No)

6. Do you reuse any household wastewater (e.g., for gardening)? (Yes/No)

7. Are drains around your house cleaned regularly? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Are the village water sources tested regularly for quality? (Yes/No)

2. Is there a functional drainage or sewage system in the village? (Yes/No)

3. Are public toilets available and maintained in the village? (Yes/No)

4. Is open defecation still practiced in parts of the village? (Yes/No)

5. Are there visible efforts to conserve water in the community? (Yes/No)

6. Are awareness programs on water and sanitation conducted? (Yes/No)

7. Is there community involvement in maintaining cleanliness of water sources? (Yes/No)

Domain 8: Waste Management

Mapped SDG Goals:

- **SDG 11**: Sustainable Cities and Communities
- **SDG 12:** Responsible Consumption and Production
- **SDG 13:** Climate Action
- **SDG 3:** Good Health and Well-being

Domain 8: Waste Management

Key Objectives:

- Understand the waste generation patterns at household and community levels.

- Promote segregation, recycling, and safe disposal of solid and liquid waste.

- Encourage zero-waste practices and community-led cleanliness drives.

Activities:

1. Conduct household-level awareness on segregation of biodegradable and non-biodegradable waste.

2. Assist in setting up waste segregation bins in public spaces.

3. Organize community clean-up drives (roadsides, water bodies, schools).

4. Educate on composting organic waste at home or community level.

5. Create posters or conduct skits on reducing single-use plastics.

6. Collaborate with the Panchayat or local NGOs for waste collection mapping.

7. Document types and volumes of waste generated in the area.

8. Promote alternatives to plastic bags and packaging materials.

9. Visit local waste disposal sites and document gaps or best practices.

10. Encourage children to take a "Clean Home, Clean School" pledge.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation and assessment of waste management practices.
Day 2	Household survey on waste generation and disposal.
Day 3	Awareness on segregation and setting up demo bins.
Day 4	Clean-up drive with community volunteers and students.
Day 5	Composting demo using household or organic waste.
Day 6	School-based session on plastic-free lifestyles.
Day 7	Skit/street play on "Clean Village, Green Village".
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you segregate waste at home (wet/dry/plastic)? (Yes/No)

2. Do you compost your kitchen or garden waste? (Yes/No)

3. Do you reuse or recycle plastic and glass items? (Yes/No)

4. Does your household dispose of waste daily? (Yes/No)

5. Are you aware of the harms of single-use plastic? (Yes/No)

6. Do you use cloth or jute bags for shopping? (Yes/No)

7. Are you willing to participate in a community clean-up drive? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there a regular waste collection system in the village? (Yes/No)

2. Are there community bins installed for waste segregation? (Yes/No)

3. Are clean-up activities conducted regularly in public places? (Yes/No)

4. Are there any community-level composting or waste reuse projects? (Yes/No)

5. Is the community aware of waste segregation importance? (Yes/No)

6. Are school children involved in cleanliness or waste campaigns? (Yes/No)

7. Are plastic-free campaigns conducted in the village? (Yes/No)

Domain 9: Digital Literacy & ICT for Rural Development

Mapped SDG Goals:

- **SDG 4:** Quality Education

- **SDG 5:** Gender Equality

- **SDG 8:** Decent Work and Economic Growth

- **SDG 9:** Industry, Innovation, and Infrastructure

- **SDG 10:** Reduced Inequalities

Domain 9: Digital Literacy & ICT for Rural Development

Key Objectives:

- Bridge the digital divide by enhancing digital awareness and access in rural areas.
- Equip villagers, especially youth and women, with basic digital skills.
- Promote the use of digital tools for education, banking, health, and government services.

Activities:

1. Conduct basic computer and smartphone literacy sessions.
2. Help villagers access government e-services (e.g., Aadhaar updates, e-SHRAM, PAN).
3. Teach usage of digital payment apps like UPI, PayTM, PhonePe, etc.
4. Organize awareness on cyber safety, OTP fraud, digital hygiene.
5. Assist students in using online learning platforms or digital learning apps.
6. Facilitate creation of email IDs and basic internet browsing tutorials.
7. Support women in accessing online self-help or skilling programs.
8. Document challenges to digital access (e.g., connectivity, device availability).
9. Provide demo sessions on digital tools for farming, weather forecasts, etc.
10. Collaborate with local Common Service Centres (CSCs) for outreach.

Sample 10-Day Schedule:

Day	Activity
Day 1	Village visit and interaction to assess digital access. Household-level survey on mobile and internet usage.
Day 2	Awareness camp on benefits of digital tools and government apps.
Day 3	Basic smartphone usage session for elderly and women.
Day 4	UPI and online payment training for shopkeepers and farmers.
Day 5	Safety session on OTP, scam calls, and secure transactions.
Day 6	Online learning and YouTube as a learning tool for youth.
Day 7	Support villagers to register on DigiLocker, e-SHRAM, etc.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you have access to a smartphone at home? (Yes/No)

2. Does any member of your family use the internet regularly? (Yes/No)

3. Do you know how to make a digital payment? (Yes/No)

4. Have you ever faced fraud or scam while using digital platforms? (Yes/No)

5. Do your children attend online classes or use learning apps? (Yes/No)

6. Are you aware of government e-services available online? (Yes/No)

7. Have you heard of DigiLocker or e-SHRAM? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is internet or mobile network connectivity available throughout the village? (Yes/No)

2. Is there a Common Service Centre (CSC) accessible in the village? (Yes/No)

3. Are any digital literacy programs regularly conducted in the village? (Yes/No)

4. Are local students provided digital access for learning? (Yes/No)

5. Are women and elders actively using smartphones or digital services? (Yes/No)

6. Are there any awareness sessions on online safety or fraud prevention? (Yes/No)

7. Is there a public space or center with computers/internet access? (Yes/No)

Domain 10: Women Empowerment & Gender Equality

Mapped SDG Goals:

- **SDG 5**: Gender Equality

- **SDG 3**: Good Health and Well-being

- **SDG 4**: Quality Education

- **SDG 8**: Decent Work and Economic Growth

- **SDG 10**: Reduced Inequalities

Domain 10: Women Empowerment & Gender Equality

Key Objectives:

- Understand the socio-economic conditions of women and gender roles in rural areas.

- Promote equal participation of women in education, livelihood, and leadership.

- Raise awareness on women's rights, safety, health, and digital inclusion.

Activities:

1. Conduct household surveys on women's education, employment, and decision-making roles.

2. Facilitate sessions on women's health, hygiene, and menstrual education.

3. Organize workshops on government schemes for women (e.g., Beti Bachao, Ujjwala Yojana).

4. Encourage village women to join or form SHGs (Self Help Groups).

5. Conduct digital literacy training specifically for women.

6. Invite local women entrepreneurs to share experiences.

7. Promote girls' education through school visits and family outreach.

8. Assist women in applying for ID cards, health schemes, or vocational training.

9. Conduct role plays or street theatre on gender roles and safety.

10. Map out gender-based challenges in access to resources or leadership.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction and interaction with women leaders and SHGs. Household survey focused on women's roles and access to resources.
Day 2	Awareness session on women's rights, safety, and equality.
Day 3	Health & hygiene education with focus on menstruation and nutrition.
Day 4	Digital literacy training camp for women and girls.
Day 5	Government schemes awareness (Ujjwala, Sukanya Samriddhi, etc.).
Day 6	Community street play or poster-making on gender equality.
Day 7	Support women to apply for ID cards or skill schemes.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Are all girls in the household currently enrolled in school? (Yes/No)

2. Does any woman in the household earn an independent income? (Yes/No)

3. Do women participate in household financial decisions? (Yes/No)

4. Are sanitary pads or menstrual hygiene products easily available? (Yes/No)

5. Is any woman in your family part of a Self-Help Group (SHG)? (Yes/No)

6. Do women in the household use mobile phones or the internet? (Yes/No)

7. Are women aware of government schemes for their benefit? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there an active Mahila Mandal or SHG group in the village? (Yes/No)

2. Are awareness sessions on gender equality held in the village? (Yes/No)

3. Do girls in the village continue education beyond Class 10? (Yes/No)

4. Are women encouraged to participate in Panchayat or community decisions? (Yes/No)

5. Are women trained or supported in vocational skills or trades? (Yes/No)

6. Is there social acceptance of equal rights and safety for women? (Yes/No)

7. Is domestic violence or gender-based discrimination discussed openly? (Yes/No)

Domain 11: Renewable Energy & Sustainability

Mapped SDG Goals:

- **SDG 7:** Affordable and Clean Energy
- **SDG 13:** Climate Action
- **SDG 12:** Responsible Consumption and Production
- **SDG 11:** Sustainable Cities and Communities
- **SDG 9:** Industry, Innovation, and Infrastructure

Domain 11: Renewable Energy & Sustainability

Key Objectives:

- Promote awareness and understanding of renewable energy sources.

- Encourage sustainable practices in energy usage in households and communities.

- Identify opportunities for introducing solar, biogas, or energy-efficient alternatives.

Activities:

1. Conduct awareness sessions on different renewable energy sources (solar, wind, biogas).

2. Identify energy consumption patterns at household and village level.

3. Organize demo sessions on solar lights, cookers, and lanterns.

4. Promote the use of improved cookstoves to reduce indoor pollution.

5. Collaborate with NGOs or agencies promoting renewable energy solutions.

6. Facilitate energy audits of schools or public buildings.

7. Educate on government schemes/subsidies for renewable energy installation.

8. Support farmers in learning about solar-powered irrigation systems.

9. Help create posters, street plays, or campaigns on energy conservation.

10. Explore possibility of small-scale renewable energy pilot initiatives.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation on renewable energy and sustainability.
Day 2	Household-level energy usage and lighting survey.
Day 3	Awareness camp on benefits of solar and clean energy.
Day 4	Demonstration of solar-powered devices and cookstoves.
Day 5	Interaction with a renewable energy expert/NGO.
Day 6	School session on energy conservation habits.
Day 7	Public campaign: posters, slogans, street plays.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you use solar-powered devices at home? (Yes/No)

2. Are you aware of solar energy benefits? (Yes/No)

3. Do you experience frequent electricity outages? (Yes/No)

4. Would you be willing to adopt solar lights or cookers if affordable? (Yes/No)

5. Do you use an LPG stove or firewood for cooking? (Yes/No)

6. Are you aware of biogas as an energy option? (Yes/No)

7. Do you try to reduce unnecessary electricity usage at home? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there any renewable energy installation in the village? (Yes/No)

2. Are there streetlights or community buildings powered by solar energy? (Yes/No)

3. Are villagers aware of government schemes for solar or biogas installations? (Yes/No)

4. Are there common power outages in the village? (Yes/No)

5. Is there any local initiative to promote sustainable energy? (Yes/No)

6. Do community members express interest in using renewable sources? (Yes/No)

7. Is there any NGO or agency working on clean energy in the village? (Yes/No)

Domain 12: Nutrition & Food Security

Mapped SDG Goals:

- **SDG 2:** Zero Hunger
- **SDG 3:** Good Health and Well-being
- **SDG 12:** Responsible Consumption and Production
- **SDG 1:** No Poverty
- **SDG 13:** Climate Action

Domain 12: Nutrition & Food Security

Key Objectives:

- Assess the nutritional status and food availability in rural households.

- Raise awareness on balanced diets, child and maternal nutrition, and kitchen gardening.

- Promote sustainable and affordable practices to improve food security.

Activities:

1. Conduct nutritional awareness sessions for children, women, and elders.

2. Help families understand the components of a balanced diet using visual charts.

3. Survey households on food availability, meal frequency, and malnutrition indicators.

4. Promote kitchen gardening using local seeds and organic compost.

5. Educate on the importance of iron, protein, and micronutrient-rich foods.

6. Collaborate with Anganwadis or PHCs to gather nutrition data.

7. Support immunization and Vitamin A/Iron supplementation drives.

8. Organize cooking demos of nutritious low-cost meals.

9. Identify malnourished children and recommend local health resources.

10. Create nutrition posters and handouts for distribution.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to food security and nutrition in the community.
Day 2	Household-level survey on food access and dietary habits.
Day 3	Awareness session on balanced diets with Anganwadi collaboration.
Day 4	Demonstration on kitchen gardening (selection of location, seeds).
Day 5	Cooking demo: local, low-cost nutritious meals.
Day 6	Visit to local PHC/Anganwadi for nutritional record review.
Day 7	Nutrition camp focused on children and pregnant women.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Does your family eat three meals a day regularly? (Yes/No)

2. Do children in your family consume fruits or vegetables daily? (Yes/No)

3. Is anyone in your household facing chronic underweight or anemia? (Yes/No)

4. Do you have access to affordable and nutritious food? (Yes/No)

5. Are you aware of the concept of a balanced diet? (Yes/No)

6. Do you have a kitchen garden or grow any food at home? (Yes/No)

7. Do pregnant or lactating women in your home get extra nutrition? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there an active Anganwadi center in the village? (Yes/No)

2. Are nutrition awareness sessions regularly conducted? (Yes/No)

3. Is child malnutrition observed in the village? (Yes/No)

4. Are children and women receiving mid-day meals or supplementary nutrition? (Yes/No)

5. Is kitchen gardening practiced at a community level or promoted locally? (Yes/No)

6. Are there local sources of nutritious food (e.g., pulses, fruits, dairy)? (Yes/No)

7. Is there a community space for health or nutrition workshops? (Yes/No)

Domain 13: Disaster Preparedness & Community Resilience

Mapped SDG Goals:

- **SDG 13:** Climate Action
- **SDG 11:** Sustainable Cities and Communities
- **SDG 3:** Good Health and Well-being
- **SDG 9:** Industry, Innovation and Infrastructure
- **SDG 17:** Partnerships for the Goals

Domain 13: Disaster Preparedness & Community Resilience

Key Objectives:

- Understand the vulnerability of rural areas to natural and man-made disasters.

- Promote awareness about disaster risk reduction and emergency response.

- Build resilience through community-based preparedness plans and training.

Activities:

1. Conduct awareness sessions on types of disasters common to the region.

2. Identify local hazards and community vulnerabilities through field surveys.

3. Facilitate mock drills or emergency response simulations in schools/villages.

4. Assist in preparing community disaster management plans.

5. Interact with local officials, fire services, or emergency teams.

6. Promote use of first aid kits and create family-level emergency plans.

7. Educate on safe construction practices and climate-resilient structures.

8. Conduct training on basic first aid, CPR, and rescue techniques.

9. Design posters and pamphlets on dos and don'ts during disasters.

10. Map evacuation routes and safe zones within the village.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to disaster types and risks in the area.
Day 2	Household-level survey on disaster awareness and preparedness.
Day 3	Mapping vulnerable areas and infrastructure in the village.
Day 4	Interaction with local disaster response personnel (health).
Day 5	Session on community-based disaster risk reduction.
Day 6	School-based workshop on emergency preparedness and first aid.
Day 7	Demonstration of basic rescue and CPR techniques.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Has your home ever been affected by a natural disaster? (Yes/No)

2. Do you have an emergency contact plan for your family? (Yes/No)

3. Do you keep basic first aid and emergency supplies at home? (Yes/No)

4. Are you aware of the nearest shelter or safe zone in your village? (Yes/No)

5. Have you ever participated in any disaster preparedness training? (Yes/No)

6. Do you know how to respond in case of fire, flood, or earthquake? (Yes/No)

7. Is your home structure resistant to extreme weather conditions? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

1. Has the village experienced disasters in the past five years? (Yes/No)

2. Is there a community disaster management plan in place? (Yes/No)

3. Are community members trained in basic first aid and evacuation? (Yes/No)

4. Are there designated safe shelters or high-ground areas in the village? (Yes/No)

5. Are emergency kits or alarms available in public institutions? (Yes/No)

6. Has the village conducted any mock drills in the past year? (Yes/No)

7. Is there a disaster response team or coordination with nearby towns? (Yes/No)

Domain 14: Cultural Heritage and Community Narratives

Mapped SDG Goals:

- **SDG 11** – Sustainable Cities and Communities

- **SDG 4** – Quality Education

- **SDG 8** – Decent Work and Economic Growth

- **SDG 17** – Partnerships for the Goals

Domain 14: Cultural Heritage and Community Narratives

Key Objectives:

- Recognize and document the rich cultural heritage and traditions of rural communities.

- Understand the role of oral narratives, folk art, crafts, and architecture in local identity.

- Promote intergenerational knowledge sharing and cultural preservation.

- Create awareness about the importance of safeguarding intangible cultural heritage.

Activities:

- Conduct interviews with village elders to document oral histories and folklore.

- Identify and record traditional arts, crafts, dances, and rituals.

- Help schools organize cultural exhibitions or storytelling sessions.

- Create photo or video documentaries on local heritage.

- Map culturally significant landmarks or historical places in the village.

- Promote the use of local language and idioms in digital storytelling.

- Assist artisans in branding or digitizing their craft for wider reach.

- Organize a "Culture Day" or heritage walk with youth and elders.

- Support creation of murals or public art installations reflecting local identity.

- Encourage community archiving of songs, recipes, rituals, and tools.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to cultural preservation and SDG links.
Day 2	Visit to traditional artisans, craftspeople, and elders.
Day 3	Survey of cultural practices, dress, cuisine, and dialects.
Day 4	Heritage mapping – significant places, temples, homes, or monuments.
Day 5	Organize a storytelling or folk-art session in local school.
Day 6	Digital documentation: Audio-visual recording of practices or interviews.
Day 7	Assist community in creating a local heritage archive or exhibition.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Do you or your family practice any traditional art or craft? (Yes/No)
- Is there a family tradition or story passed down generations? (Yes/No)
- Do you speak or understand a local dialect/language? (Yes/No)
- Are traditional festivals celebrated regularly in your home? (Yes/No)
- Do you preserve or display any ancestral tools, clothes, or items? (Yes/No)
- Are your children aware of family cultural practices? (Yes/No)
- Would you support efforts to preserve your local culture? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

- Is there a known story, legend, or tale about the village's origin? (Yes/No)
- Are there any living folk artists, storytellers, or performers in the village? (Yes/No)
- Is there a local effort to preserve cultural heritage (festivals, crafts)? (Yes/No)
- Does the village celebrate a unique cultural event annually? (Yes/No)
- Are historical or religious sites in the village maintained properly? (Yes/No)
- Is traditional attire worn during festivals or important functions? (Yes/No)
- Would the community be open to creating a cultural archive or museum? (Yes/No)

Domain 15: Green Innovations & Tree Plantation

Mapped SDG Goals:

- **SDG 13** – Climate Action

- **SDG 15** – Life on Land

- **SDG 12** – Responsible Consumption and Production

- **SDG 6** – Clean Water and Sanitation

- **SDG 7** – Affordable and Clean Energy

Domain 15: Green Innovations & Tree Plantation

Key Objectives:

- Promote environmental awareness through active tree plantation and greening efforts.

- Introduce sustainable and eco-friendly innovations at the village level.

- Encourage adoption of green technologies like solar lights, composting, and rainwater harvesting.

- Foster community involvement in climate-resilient and eco-conscious practices.

Activities:

- Conduct a village-wide awareness drive on environmental protection.

- Organize a tree plantation drive with school children and community members.

- Identify native species for plantation suitable to the local climate and soil.

- Promote use of composting pits and organic waste management at the household level.

- Install or demonstrate low-cost green technologies (solar lamps, rainwater filters, etc.).

- Design and paint wall murals or signs promoting green habits.

- Create a community green patch or herbal garden.

- Conduct training or workshops on zero-waste practices and upcycling.

- Introduce the concept of Miyawaki forests or vertical gardens in public spaces.

- Collaborate with the Panchayat to adopt green village initiatives.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to green living, SDGs, and sustainability in rural context. Community and household-level survey on environmental practices.
Day 2	Tree plantation: Identifying native species and planting drive.
Day 3	Workshop on composting and organic waste management.
Day 4	Field visit to a farm or site using green innovation (solar, biogas).
Day 5	Conduct a green innovation demonstration – e.g., solar cooker, compost pit.
Day 6	Community clean-up and beautification of a public space.
Day 7	Herbal or kitchen garden creation at a school or Anganwadi center.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Do you segregate dry and wet waste at home? (Yes/No)

- Do you use organic compost or natural fertilizers for your plants or fields? (Yes/No)

- Do you have any trees or vegetable plants around your house? (Yes/No)

- Are you aware of the harmful effects of plastic on soil and water? (Yes/No)

- Do you use solar lights or clean energy alternatives in your home? (Yes/No)

- Have you participated in any community plantation or clean-up activity? (Yes/No)

- Would you be willing to maintain a tree planted by you near your house? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

- Is there a common green area or garden in the village? (Yes/No)

- Has the village conducted tree plantation drives in the last year? (Yes/No)

- Are public spaces kept clean and free of litter? (Yes/No)

- Are there waste management or composting systems available for the community? (Yes/No)

- Does the Panchayat promote or support eco-friendly practices? (Yes/No)

- Are any green technologies (solar panels, biogas, etc.) being used in public spaces? (Yes/No)

- Would the community be willing to adopt a long-term green action plan? (Yes/No)

Domain 16: Livelihood and Entrepreneurship

Mapped SDG Goals:

- **SDG 1** – No Poverty

- **SDG 8** – Decent Work and Economic Growth

- **SDG 9** – Industry, Innovation and Infrastructure

- **SDG 5** – Gender Equality

- **SDG 17** – Partnerships for the Goals

Domain 16: Livelihood and Entrepreneurship

Key Objectives:

- Understand rural economic activities and identify local income-generation opportunities.

- Promote entrepreneurial thinking among rural youth and women.

- Support the creation or strengthening of micro-enterprises and self-help groups (SHGs).

- Introduce students to grassroots business models and sustainable livelihood strategies.

Activities:

- Conduct household economic profiling and income source identification.

- Map existing businesses, self-help groups (SHGs), and informal enterprises.

- Facilitate skill-development sessions (e.g., tailoring, food processing, crafts).

- Interact with local entrepreneurs and document their success stories.

- Assist SHGs in branding, marketing, or basic digital literacy.

- Create sample business model canvases for small rural enterprises.

- Organize workshops on financial literacy, budgeting, and savings.

- Introduce digital tools for inventory, sales, or record-keeping.

- Support youth clubs in developing startup ideas aligned with rural needs.

- Encourage village-level exhibitions to showcase local products or services.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to rural livelihoods and entrepreneurship concepts. Conduct household-level economic survey.
Day 2	Visit to local SHGs, artisans, or micro-enterprises.
Day 3	Document success stories of small businesses in the village.
Day 4	Financial literacy and budgeting workshop in the community.
Day 5	Group session on business planning and value addition.
Day 6	Create promotional material for a local product or service.
Day 7	Exhibition or small fair to showcase village entrepreneurship efforts.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Does anyone in your family run a small business or self-employment activity? (Yes/No)

- Are you a member of a Self-Help Group (SHG) or cooperative? (Yes/No)

- Do you have access to loans or credit from banks or microfinance? (Yes/No)

- Do you maintain records of your income and expenses? (Yes/No)

- Have you received any training in skills like tailoring, handicrafts, or food processing? (Yes/No)

- Are you aware of government schemes that support entrepreneurship? (Yes/No)

- Would you like to start your own business if given support? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

- Are there functioning Self-Help Groups (SHGs) or cooperatives in the village? (Yes/No)

- Is there a common space or market for showcasing and selling local products? (Yes/No)

- Are there successful local entrepreneurs in the village? (Yes/No)

- Are training or workshops on entrepreneurship conducted regularly? (Yes/No)

- Do villagers have access to banking or financial services? (Yes/No)

- Are women and youth actively engaged in income-generating activities? (Yes/No)

- Would the community support the idea of a rural innovation or startup hub? (Yes/No)

Domain 17: Rural/Urban Education

Mapped SDG Goals:

- **SDG 4:** Quality Education
- **SDG 10:** Reduced Inequalities
- **SDG 5:** Gender Equality
- **SDG 17:** Partnerships for the Goals

Domain 17: Rural/Urban Education

Key Objectives:

- Understand the current state of education access and quality in rural and urban fringe areas.

- Identify challenges faced by children, schools, and teachers in these regions.

- Support schools in basic teaching, extracurricular activities, and infrastructure needs.

- Promote community involvement in education and lifelong learning.

Activities:

- Assist teachers in conducting classes or remedial support for slow learners.

- Organize storytelling sessions and creative arts classes.

- Create or revive libraries, learning corners, or reading spaces.

- Conduct awareness campaigns on school enrollment and dropout prevention.

- Facilitate career guidance or digital literacy workshops.

- Coordinate health checkups and sanitation awareness in schools.

- Improve school infrastructure (cleaning, painting, charts, seating mats).

- Involve parents and community in school development plans.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation with school and understanding current needs. Household survey to identify children out of school or irregular
Day 2	Support classes or storytelling for children
Day 3	Awareness campaign on RTE Act, Enrollment, gender parity
Day 4	Organize creative activity: drawing, quiz, poster-making
Day 5	Parent meeting or interaction session
Day 6	Build or beautify library or reading space
Day 7	Career guidance / inspirational talks for older students
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Are all children in the household currently enrolled in school?

- Has any child in the household dropped out of school in the past year?

- Do children in the home receive help with homework or studies?

- Is there a separate place or time for study in your home?

- Do you attend parent-teacher meetings at school?

- Are girls given equal priority for education in your family?

- Do you feel the school is accessible and supportive for your child?

Community/Village-Level Survey Questionnaire (Yes/No):

- Is there a government or private school within the village?

- Do most children attend school regularly?

- Has the village taken any step to reduce dropouts?

- Are school facilities such as toilets, drinking water, and lights available?

- Are teachers regular and active in the school?

- Has the school conducted awareness drives in the last year?

- Does the school engage with the local community or panchayat?

Supplementary Holiday Engagement Plan:

Holiday-Specific Objectives:

- Ensure continuity of learning during school holidays.

- Foster creativity, critical thinking, and collaboration through informal learning.

- Build community bonds by involving parents, youth, and elders.

Suggested Holiday Engagement Activities:

Type	Activity	Description
Learning Circle	Community Study Group	1–2 hour sessions in community spaces.
Skill Building	Art & Craft Workshops	Drawing, painting, paper folding, clay modeling.
Literacy Drive	Storytelling Circles	Village elders or youth narrate stories.
Science Fun	Simple Experiments	Volcano models, balloon rockets, water filters.
Digital Exposure	Mobile-Based Learning	Offline apps, digital stories.
Cultural Expression	Mini Talent Show	Poems, singing, storytelling.
Library Corner	Mobile Book Cart	Book donations and lending.
Joy of Giving	School Kit Drive	Kids help pack and donate kits.
Parent Involvement	Game Day	Parent-child quizzes and games.
Festival of Learning	2-Day Learning Fair	Showcase children's work and creativity.

Revised Household Survey (Yes/No):

- Do your children attend learning sessions during holidays?

- Are you aware of free educational programs in the village?

- Would you support educational games/workshops?

- Do you believe in learning through storytelling and play?

- Would you attend parent engagement sessions?

- Do holiday sessions help your child retain learning?

Revised Community/Village Survey (Yes/No):

- Is there a learning space for children during holidays?

- Are local volunteers/youth involved in education?

- Have holiday learning camps been organized before?

- Do parents support informal learning activities?

- Are school resources made available during holidays?

- Are local teachers or elders willing to help in sessions?

Domain 18: Sports and Wellness Engagement

Mapped SDG Goals:

- **SDG 3** – Good Health and Well-being
- **SDG 4** – Quality Education
- **SDG 5** – Gender Equality
- **SDG 10** – Reduced Inequalities
- **SDG 17** – Partnerships for the Goals

Domain 18: Sports and Wellness Engagement

Key Objectives:

- Promote physical health, teamwork, and leadership through sports activities.

- Use sports as a medium for social development and youth engagement.

- Foster community bonding and inclusion through recreational events.

- Encourage regular physical activity to improve mental and physical well-being.

Activities:

- Conduct village-wide sports and fitness assessments.

- Organize inter-school and inter-village games (e.g., kabaddi, kho-kho, volleyball).

- Set up sports clinics or coaching sessions for children and youth.

- Create awareness on nutrition, wellness, and the importance of exercise.

- Promote inclusive participation – girls, differently-abled, and elders.

- Help form youth clubs or physical fitness groups.

- Design a village-level wellness and sports action plan.

- Engage in yoga and mindfulness sessions.

- Collaborate with local PE teachers or sports coaches.

- Distribute low-cost sports kits or recycled play materials.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to health and wellness through sports. Baseline fitness check-ups and surveys.
Day 2	Sports training camp for youth (e.g., kabaddi, kho-kho).
Day 3	Organize fitness awareness session – yoga, nutrition.
Day 4	School-level sports quiz or drawing competition.
Day 5	Team-building and leadership games.
Day 6	Friendly sports matches with awards.
Day 7	Workshop on women's participation in sports.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Do children in your family engage in regular physical activity? (Yes/No)

- Does your household encourage participation in sports or fitness? (Yes/No)

- Are children in your family aware of basic health and hygiene practices? (Yes/No)

- Is there a designated space for play or exercise near your home? (Yes/No)

- Do girls in your family participate in sports activities? (Yes/No)

- Are you aware of the health benefits of regular physical exercise? (Yes/No)

- Would you support a regular sports program in your village? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

- Are there any regular sports or fitness activities organized in the village? (Yes/No)

- Is there an open ground or facility available for sports events? (Yes/No)

- Do schools have trained physical education instructors? (Yes/No)

- Are girls and differently-abled individuals encouraged to play? (Yes/No)

- Have there been any community-level tournaments in the past year? (Yes/No)

- Are health camps or fitness awareness drives held regularly? (Yes/No)

- Would the community support building a sports or wellness center? (Yes/No)

Domain 19: Skill Identification and Development

Mapped SDG Goals:

- **SDG 4** – Quality Education
- **SDG 8** – Decent Work and Economic Growth
- **SDG 10** – Reduced Inequalities
- **SDG 5** – Gender Equality
- **SDG 17** – Partnerships for the Goals

Domain 19: Skill Identification and Development

Key Objectives:

- Identify and document local skills, talents, and traditional know-how among rural communities.

- Promote awareness about skill-based employment opportunities and vocational training.

- Encourage youth to explore career paths based on their aptitudes and local relevance.

- Support capacity-building by linking rural talents to appropriate learning platforms.

Activities:

- Conduct skill-mapping surveys at household and village levels.

- Organize career guidance sessions and aptitude-based activities.

- Facilitate demonstrations or exhibitions of local talents and crafts.

- Collaborate with local artisans, professionals, or vocational trainers.

- Identify traditional occupations like pottery, weaving, carpentry, and tailoring.

- Introduce digital or modern skills – computer literacy, design, coding, etc.

- Link youth with ongoing government or NGO-led skill development schemes.

- Assist in preparing portfolios or resumes for skilled individuals.

- Promote gender-inclusive skill training.

- Create a village-level skills directory or digital repository.

Sample 10-Day Schedule:

Day	Activity
Day 1	Introduction to importance of skill development and SDG mapping. Household-level skill and occupation survey.
Day 2	Community interaction with skilled individuals and artisans.
Day 3	Session on career awareness and vocational pathways for youth. Exhibition of traditional skills or live demonstrations.
Day 4	Organize a basic training session (e.g., tailoring, mobile repair, design).
Day 5	Women and youth skill discovery games and resume-building.
Day 6	Digital awareness or basic computer training for interested groups.
Day 7	Formation of a local skill development committee.
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

- Does anyone in your family possess a traditional or modern skill (e.g., tailoring, farming techniques, design)? (Yes/No)

- Have family members ever received any formal skill-based training? (Yes/No)

- Are youth in your household interested in vocational training or learning a trade? (Yes/No)

- Do you know about any government schemes for skill development? (Yes/No)

- Would your family members participate in free skill workshops if offered? (Yes/No)

- Are women or girls in your household encouraged to learn new skills? (Yes/No)

- Is there access to any training center or vocational school nearby? (Yes/No)

Community/Village-Level Survey Questionnaire (Yes/No):

- Are there individuals in the village with expertise in traditional crafts or trades? (Yes/No)

- Has any formal skill mapping or training been done in your village before? (Yes/No)

- Are there youth groups interested in learning employable skills? (Yes/No)

- Are there ongoing training programs from NGOs or the government? (Yes/No)

- Is there a common space available for hosting training sessions? (Yes/No)

- Do people in the village show interest in modern skills like computers, marketing, or digital work? (Yes/No)

- Would the village support the idea of a local Skill Hub or Training Center? (Yes/No)

Domain 20: Mental Health & Well-Being

Mapped SDG Goals:

- **SDG 3** – Good Health and Well-being
- **SDG 4** – Quality Education (mental health literacy)
- **SDG 5** – Gender Equality (addressing gender-based stressors)
- **SDG 10** – Reduced Inequalities (improving access to care)

Domain 20: Mental Health & Well-Being

Key Objectives:

- Raise awareness of mental health issues and destigmatize seeking help.

- Identify common stressors and coping mechanisms in the community.

- Equip students and villagers with basic psychosocial support skills.

- Promote practices (e.g., mindfulness, peer support) that enhance resilience.

Activities:

1. **Baseline Survey**: Assess perceptions of mental health and common concerns.

2. **Awareness Workshops**: Interactive sessions on stress, anxiety, and depression.

3. **Peer-Support Circles**: Small group discussions for sharing experiences.

4. **Mindfulness & Relaxation**: Yoga/meditation/drawing therapy to teach coping skills.

5. **Mental Health First Aid**: Basic training on listening, empathy, and referral.

6. **School Clubs**: Help establish a "Wellness Club" that meets weekly.

7. **Parent & Teacher Sessions**: Build capacity for spotting warning signs in youth.

8. **Resource Mapping**: Identify local counsellors, helplines, support groups.

9. **Creative Expression**: Art, poster-making, or drama to express emotions.

10. **Community Presentation**: Share findings, stories, and propose a village mental health plan.

Sample 10-Day Schedule:

Day	Activity
Day 1	Orientation and baseline survey on mental health perceptions.
Day 2	Workshop: "What Is Mental Health?" – myths, facts, and stigma. Peer-support circle: sharing common stresses and coping ideas.
Day 3	Yoga/Mindfulness session for stress reduction. Mental Health First Aid training for basic listening and referral.
Day 4	School Wellness Club launch: activities and leadership roles.
Day 5	Parent–teacher meet: spotting signs of distress in children/adolescents.
Day 6	Creative therapy: art or drama to depict emotional well-being.
Day 7	Map and connect with local mental health resources (PHC, NGOs, helplines).
Day 8	Preparation and Submission of Final Report and Presentation
Day 9	Preparation and Submission of Final Report and Presentation
Day 10	Preparation and Submission of Final Report and Presentation

Household-Level Survey Questionnaire (Yes/No):

1. Do you feel comfortable talking about stress or sadness with family members?

2. Has anyone in your household ever sought professional help for stress or depression?

3. Do you practice any relaxation technique (prayer, meditation, exercise)?

4. Have you or your children faced bullying or social isolation recently?

5. Do you know of any local helpline or counsellor you could contact?

6. Does your household experience severe job, financial, or relationship stress?

7. Would you participate in a free community mental wellness session?

Community/Village-Level Survey Questionnaire (Yes/No):

1. Is there any awareness program on mental health conducted here in the past year?

2. Are community members open to discussing mental health issues publicly?

3. Is there a trained counsellor or social worker accessible locally?

4. Do local schools include mental well-being topics in their curriculum?

5. Has the village faced a surge in substance abuse or self-harm incidents?

6. Are there any peer-support or self-help groups active here?

7. Would community leaders support a permanent "Wellness Circle" or meeting space?