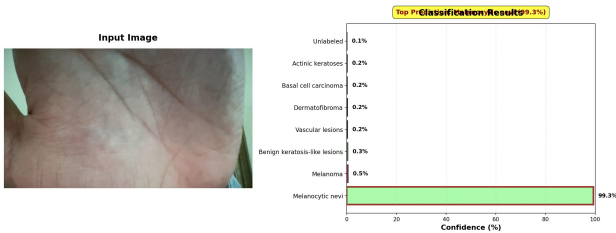


Patient Information

Name: ravi
Age: 21 Gender: Male
Location: Bengaluru, Karnataka, India



Diagnosis Summary

Condition: Melanocytic nevi Confidence: 99.3% Risk: Low Risk
Common moles - Monitor for changes

Medical Insights (AI)

Patient: Ravi
Age: 21 years
Gender: Male
Location: Bengaluru, Karnataka, India

> * Disclaimer

> The information below is based on an AI generated prediction and is ***not a medical diagnosis**. It should not replace a professional evaluation by a qualified clinician. If you notice any changes in the lesion or have concerns, please seek prompt medical attention.

Condition Overview

Melanocytic nevi (commonly known as moles) are benign growths of melanocytes, the pigment producing cells in the skin.

- **Typical appearance:** Well defined borders, uniform color (brown, black, tan, or flesh colored), and a diameter usually less than 6 mm.
- **Commonality:** Millions of people worldwide have one or more nevi; they are a normal part of human skin variation.
- **Risk assessment:** In this case, the AI model indicates a ***low risk** for malignant transformation, but regular self monitoring remains recommended.

Important Precautions

- **Regular self examination**
 - Check the mole for changes in size, shape, color, or texture.
 - Use the ABCDE rule (Asymmetry, Border irregularity, Color variation, Diameter >6 mm, Evolution over time).
- **Sun protection**
 - Apply broad spectrum SPF 30+ sunscreen daily, even on cloudy days.
 - Wear protective clothing, hats, and sunglasses when outdoors.
- **Avoid prolonged sun exposure**
 - Limit time in direct sunlight, especially between 10 a.m. and 4 p.m.
- **Prompt medical review**
 - If any change is observed, schedule an appointment with a dermatologist or primary care provider.
 - Do not attempt self treatment or removal unless instructed by a healthcare professional.
- **Document changes**
 - Take clear photos of the mole over time to aid clinical assessment.

> ***Key reminder:** Even low risk nevi can occasionally evolve into melanoma. Early detection improves outcomes, so professional evaluation is essential whenever changes are noted.

Next Steps

1. ***Set a reminder** for a yearly skin check, especially if you have multiple or atypical moles.
2. ***Maintain a skin diary:** record any new moles or changes to existing ones.
3. ***Consult a dermatologist** if you notice any of the ABCDE signs or if the mole becomes itchy, painful, or bleeds.

Final Note: This AI generated insight is informational only. For a definitive diagnosis and personalized management plan, please consult a qualified healthcare professional.