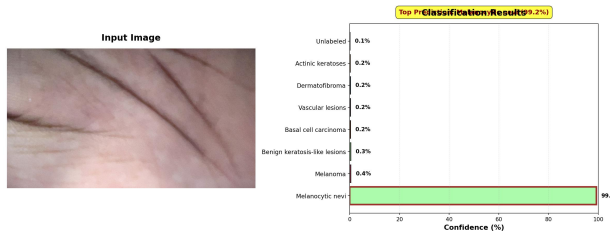


## Patient Information

Name: puneeth

Age: 67 Gender: Male

Location: Bashettihalli, Karnataka, India



## Diagnosis Summary

Condition: Melanocytic nevi Confidence: 99.2% Risk: Low Risk

Common moles - Monitor for changes

## Medical Insights (AI)

### # Condition Overview

#### Melanocytic nevi (moles)

- A melanocytic nevus is a benign growth composed of pigment producing melanocytes.
- They typically appear as small, dark colored spots ranging from a few millimeters to a centimeter in diameter.
- Most nevi are stable in size, shape, and color, but a minority can undergo changes that warrant medical evaluation.

### # Important Precautions

- Regular Self Examination**
- Inspect all skin areas (including scalp, behind the ears, between toes, and the back) for any new lesions or changes in existing moles.

- Use the ABCDE rule:
- **A**symmetry
- **B**order irregularity
- **C**olor variation
- **D**iameter >6 mm
- **E**volution (changes over time)
- **Professional Evaluation**
- If any mole changes in size, shape, color, or becomes itchy, painful, or bleeds, schedule an appointment with a dermatologist or primary care provider.
- In Karnataka, you may consider visiting a reputable dermatology clinic in Bangalore or a local hospital in Bashettihalli for a dermoscopic examination.
- **Sun Protection**
- Wear broad spectrum SPF 30+ sunscreen, protective clothing, and sunglasses daily, especially during peak UV hours (10 a.m.-4 p.m.).
- Reapply sunscreen every 2 hours and after swimming or sweating.
- **Record Keeping**
- Photograph any new or changing lesions and keep a log of dates and observations.
- Share this information with your healthcare provider during visits.
- **Avoid Self Treatment**
- Do not attempt to remove or treat moles at home.
- Only a qualified professional should perform biopsies or excisions.

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#### > **\*Disclaimer**

> The AI model's prediction (Melanocytic nevi, 99.25 % confidence, Low Risk) is an informational tool and **\*not** a definitive medical diagnosis.

> Please consult a licensed healthcare professional for an accurate assessment, personalized advice, and appropriate follow up.